

Aviva Sportshall UK Championships

East Regional Final
Sportspark, University of East Anglia, Norwich
Saturday 14 February 2009

Bedfordshire

purple

Cambridgeshire

red

Hertfordshire

green

Norfolk

orange

Suffolk

grey



2009 Regional Finals

uk:athletics 


AVIVA

Competition Results

Competition:

ASHA-East Regional Final Under 13 Girls

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Norfolk	orange	716	70	70	60	70	54	56	52	46	46	58	42	38	54
2	Hertfordshire	green	595	55	60	70	60	40	40	38	0	46	48	42	58	38
3	Bedfordshire	purple	517	55	50	50	30	42	28	26	28	48	38	42	26	54
4	Cambridgeshire	red	512	40	40	40	50	46	36	52	20	20	26	58	46	38
5	Suffolk	grey	200	0	0	0	40	16	24	0	56	24	40	0	0	0

Team Results

Bedfordshire (purple)

Competition:

ASHA-East Regional Final Under 13 Girls

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Norfolk	orange	716	70	70	60	70	54	56	52	46	46	58	42	38	54
2	Hertfordshire	green	595	55	60	70	60	40	40	38	0	46	48	42	58	38
3	Bedfordshire	purple	517	55	50	50	30	42	28	26	28	48	38	42	26	54
4	Cambridgeshire	red	512	40	40	40	50	46	36	52	20	20	26	58	46	38
5	Suffolk	grey	200	0	0	0	40	16	24	0	56	24	40	0	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
1	Joanna Hobbs	4LR	56.6	57.1			57.1	2	28
1	Joanna Hobbs	STJ	5.94	5.92	5.14	5.52	5.94	3	26
2	Chloe Oram	S	7.22	0.00	7.24	0.00	7.24	5	22
3	Sabrina Batane	HJ	1.45				1.45	2	28
4	Georgia Harris Love	SB	71				71	4=	22
5	Hannah Marshall	S	8.02	8.19	8.37	8.03	8.37	3	26
6	Lianne Hunt	6LR	1:37.3				1:37.3	3	26
6	Lianne Hunt	SB	62				62	8	16
7	Sophie Randall	2LR	26.6	26.9			26.9	5	22
7	Sophie Randall	VJ	49	50	51	0	51	3	26
8	Chloe Litchfield	2LR	27.1	0.0			27.1	6	20
8	Chloe Litchfield	SLJ	2.00	2.06	2.04	2.04	2.06	7	18
9	Natasha Hurst	SLJ	1.93	2.12	2.10	2.02	2.12	4	24
10	Jodie Kitchener	VJ	49	49	52	0	52	2	28

Team Results

Cambridgeshire (red)

Competition:

ASHA-East Regional Final Under 13 Girls

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Norfolk	orange	716	70	70	60	70	54	56	52	46	46	58	42	38	54
2	Hertfordshire	green	595	55	60	70	60	40	40	38	0	46	48	42	58	38
3	Bedfordshire	purple	517	55	50	50	30	42	28	26	28	48	38	42	26	54
4	Cambridgeshire	red	512	40	40	40	50	46	36	52	20	20	26	58	46	38
5	Suffolk	grey	200	0	0	0	40	16	24	0	56	24	40	0	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
13	Megan Edwards	2LR	25.7	25.3			25.3	2	28
13	Megan Edwards	SLJ	2.09	2.14	2.13	2.16	2.16	2	28
15	Amanda Nicholson	6LR	1:37.9				1:37.9	5	22
15	Amanda Nicholson	SB	57				57	9	14
16	Anna Goggin	S	6.23	6.67	6.75	6.82	6.82	6	20
17	Ellie Jaggard	4LR	1:00.6	0.0			1:00.6	8	16
17	Ellie Jaggard	STJ	5.50	5.80	5.86	5.36	5.86	4	24
18	Jessica Alden	SB	55				55	10	12
19	Rebecca Pedley	4LR	58.7	0.0			58.7	6	20
19	Rebecca Pedley	HJ	1.05				1.05	6	20
20	Anya Rodrigues	2LR	27.4	0.0			27.4	7	18
20	Anya Rodrigues	STJ	5.76	5.84	5.84	5.76	5.84	5	22
21	Hollie Parker	6LR	1:32.0				1:32.0	1	30
21	Hollie Parker	VJ	40	40	42	0	42	7	18
22	Halimah Banu	VJ	41	44	45	0	45	6	20
23	Alex Young	SLJ	2.31	2.13	2.16	2.28	2.31	1	30

Team Results

Hertfordshire (green)

Competition:

ASHA-East Regional Final Under 13 Girls

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Norfolk	orange	716	70	70	60	70	54	56	52	46	46	58	42	38	54
2	Hertfordshire	green	595	55	60	70	60	40	40	38	0	46	48	42	58	38
3	Bedfordshire	purple	517	55	50	50	30	42	28	26	28	48	38	42	26	54
4	Cambridgeshire	red	512	40	40	40	50	46	36	52	20	20	26	58	46	38
5	Suffolk	grey	200	0	0	0	40	16	24	0	56	24	40	0	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
25	Natasha Hadley	2LR	25.8	25.9			25.9	3	26
25	Natasha Hadley	STJ	5.94	6.54	6.34	6.24	6.54	1	30
26	Melissa Hadley	S	8.49	9.06	9.19	9.36	9.36	1	30
27	Emily Butler	6LR	1:38.9				1:38.9	6	20
28	Emma Trehearn	S	0.00	0.00	5.29	4.95	5.29	8	16
29	Nina Pitrakou	4LR	59.2	0.0			59.2	7	18
29	Nina Pitrakou	STJ	5.98	0.00	6.12	6.08	6.12	2	28
30	Daizy Lee	SLJ	2.04	2.09	2.06	2.09	2.09	6	20
31	Kara Peck	4LR	57.7	58.9			58.9	5	22
31	Kara Peck	SB	71				71	4=	22
32	Abbey Griggs	SLJ	2.08	2.11	2.10	2.06	2.11	5	22
33	Danielle Wolfe	6LR	1:41.9				1:41.9	7	18
33	Danielle Wolfe	SB	76				76	3	26
34	Jade Brooks	VJ	42	43	47	0	47	5	22
35	Abigail Freeman	2LR	29.1	0.0			29.1	9	14
35	Abigail Freeman	VJ	33	35	36	0	36	8	16

Team Results

Norfolk (orange)

Competition:

ASHA-East Regional Final Under 13 Girls

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Norfolk	orange	716	70	70	60	70	54	56	52	46	46	58	42	38	54
2	Hertfordshire	green	595	55	60	70	60	40	40	38	0	46	48	42	58	38
3	Bedfordshire	purple	517	55	50	50	30	42	28	26	28	48	38	42	26	54
4	Cambridgeshire	red	512	40	40	40	50	46	36	52	20	20	26	58	46	38
5	Suffolk	grey	200	0	0	0	40	16	24	0	56	24	40	0	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
37	Ellie Blunt	2LR	25.1	25.0			25.0	1	30
37	Ellie Blunt	SB	80				80	1	30
38	Naomi Toomes	2LR	25.9	26.0			26.0	4	24
38	Naomi Toomes	HJ	1.20				1.20	5	22
39	Katie Vickery	4LR	58.0	56.3			56.3	1	30
39	Katie Vickery	VJ	62	61	61	0	62	1	30
40	Charlotte Griffen	4LR	57.9	58.2			58.2	3	26
40	Charlotte Griffen	S	5.35	6.00	5.85	5.64	6.00	7	18
41	Catherine Lee	6LR	1:32.9				1:32.9	2	28
41	Catherine Lee	STJ	4.78	4.78	4.66	4.80	4.80	7	18
42	Sarah Kelly	6LR	1:37.7				1:37.7	4	24
42	Sarah Kelly	STJ	5.66	5.62	5.56	5.76	5.76	6	20
43	Jessica Hamilton	HJ	1.30				1.30	4	24
44	Stephanie Griffen	S	7.87	8.02	8.29	8.90	8.90	2	28
45	Lucy Hardingham	SLJ	1.83	1.74	1.97	1.93	1.97	8	16
46	Hannah Maher	VJ	49	48	49	0	49	4	24
47	Louise Stevens	SLJ	2.14	2.12	2.13	2.06	2.14	3	26
48	Suzie Flowers	SB	77				77	2	28

Team Results

Suffolk (grey)

Competition:

ASHA-East Regional Final Under 13 Girls

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Norfolk	orange	716	70	70	60	70	54	56	52	46	46	58	42	38	54
2	Hertfordshire	green	595	55	60	70	60	40	40	38	0	46	48	42	58	38
3	Bedfordshire	purple	517	55	50	50	30	42	28	26	28	48	38	42	26	54
4	Cambridgeshire	red	512	40	40	40	50	46	36	52	20	20	26	58	46	38
5	Suffolk	grey	200	0	0	0	40	16	24	0	56	24	40	0	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
49	Janine Treais	4LR	58.6	58.6			58.6	4	24
49	Janine Treais	S	7.07	7.28	7.23	7.22	7.28	4	24
50	Chelsea Wade	HJ	1.40				1.40	3	26
51	Ellie Dewild	HJ	1.45				1.45	1	30
52	Georgia Kemo	SB	71				71	4=	22
53	Chantelle Kilpatrick	2LR	28.1	0.0			28.1	8	16
53	Chantelle Kilpatrick	SB	69				69	7	18

Results Sheet

Obstacle Relay

Competition:

ASHA-East Regional Final Under 13 Girls

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	orange	1:23.7	0.0	1:23.7	70.0
2=	01	Bedfordshire	purple	1:25.4	0.0	1:25.4	55.0
2=	03	Hertfordshire	green	1:25.4	0.0	1:25.4	55.0
4	02	Cambridgeshire	red	1:28.3	0.0	1:28.3	40.0

Results Sheet

2 Lap Race

Competition:

ASHA-East Regional Final Under 13 Girls

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	Points
1	Norfolk	orange	54
2	Cambridgeshire	red	46
3	Bedfordshire	purple	42
4	Hertfordshire	green	40
5	Suffolk	grey	16

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	orange	37	Ellie Blunt	25.0	30
2	Cambridgeshire	red	13	Megan Edwards	25.3	28
3	Hertfordshire	green	25	Natasha Hadley	25.9	26
4	Norfolk	orange	38	Naomi Toomes	26.0	24
5	Bedfordshire	purple	7	Sophie Randall	26.9	22
6	Bedfordshire	purple	8	Chloe Litchfield	27.1	20
7	Cambridgeshire	red	20	Anya Rodrigues	27.4	18
8	Suffolk	grey	53	Chantelle Kilpatrick	28.1	16
9	Hertfordshire	green	35	Abigail Freeman	29.1	14

Results Sheet

4 Lap Race

Competition:

ASHA-East Regional Final Under 13 Girls

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	Points
1	Norfolk	orange	56
2	Hertfordshire	green	40
3	Cambridgeshire	red	36
4	Bedfordshire	purple	28
5	Suffolk	grey	24

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	orange	39	Katie Vickery	56.3	30
2	Bedfordshire	purple	1	Joanna Hobbs	57.1	28
3	Norfolk	orange	40	Charlotte Griffen	58.2	26
4	Suffolk	grey	49	Janine Treais	58.6	24
5	Hertfordshire	green	31	Kara Peck	58.9	22
6	Cambridgeshire	red	19	Rebecca Pedley	58.7	20
7	Hertfordshire	green	29	Nina Pitrakou	59.2	18
8	Cambridgeshire	red	17	Ellie Jaggard	1:00.6	16

Results Sheet

6 Lap Time Trial

Competition:

ASHA-East Regional Final Under 13 Girls

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	Points
	Suffolk	grey	0
1=	Cambridgeshire	red	52
1=	Norfolk	orange	52
3	Hertfordshire	green	38
4	Bedfordshire	purple	26

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cambridgeshire	red	21	Hollie Parker	1:32.0	30
2	Norfolk	orange	41	Catherine Lee	1:32.9	28
3	Bedfordshire	purple	6	Lianne Hunt	1:37.3	26
4	Norfolk	orange	42	Sarah Kelly	1:37.7	24
5	Cambridgeshire	red	15	Amanda Nicholson	1:37.9	22
6	Hertfordshire	green	27	Emily Butler	1:38.9	20
7	Hertfordshire	green	33	Danielle Wolfe	1:41.9	18

Results Sheet

8 Lap Paarlauf

Competition:

ASHA-East Regional Final Under 13 Girls

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	orange	1:52.1	0.0	1:52.1	70.0
2	03	Hertfordshire	green	1:55.9	0.0	1:55.9	60.0
3	01	Bedfordshire	purple	1:56.1	0.0	1:56.1	50.0
4	02	Cambridgeshire	red	1:58.0	0.0	1:58.0	40.0

Results Sheet

4 x 1 Lap Relay

Competition:

ASHA-East Regional Final Under 13 Girls

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Hertfordshire	green	51.6	0.0	51.6	70.0
2	04	Norfolk	orange	51.7	0.0	51.7	60.0
3	01	Bedfordshire	purple	52.6	0.0	52.6	50.0
4	02	Cambridgeshire	red	55.0	0.0	55.0	40.0

Results Sheet

4 x 2 Lap Relay

Competition:

ASHA-East Regional Final Under 13 Girls

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	orange	1:44.2	0.0	1:44.2	70.0
2	03	Hertfordshire	green	1:47.0	0.0	1:47.0	60.0
3	02	Cambridgeshire	red	1:48.9	0.0	1:48.9	50.0
4	05	Suffolk	grey	1:51.0	0.0	1:51.0	40.0
5	01	Bedfordshire	purple	1:52.5	0.0	1:52.5	30.0

Results Sheet

High Jump

Competition:

ASHA-East Regional Final Under 13 Girls

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	Points
	Hertfordshire	green	0
1	Suffolk	grey	56
2	Norfolk	orange	46
3	Bedfordshire	purple	28
4	Cambridgeshire	red	20

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Suffolk	grey	51	Ellie Dewild	1.45	30
2	Bedfordshire	purple	3	Sabrina Batane	1.45	28
3	Suffolk	grey	50	Chelsea Wade	1.40	26
4	Norfolk	orange	43	Jessica Hamilton	1.30	24
5	Norfolk	orange	38	Naomi Toomes	1.20	22
6	Cambridgeshire	red	19	Rebecca Pedley	1.05	20

Results Sheet

Shot

Competition:

ASHA-East Regional Final Under 13 Girls

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	Points
1	Bedfordshire	purple	48
2=	Hertfordshire	green	46
2=	Norfolk	orange	46
4	Suffolk	grey	24
5	Cambridgeshire	red	20

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	green	26	Melissa Hadley	9.36	30
2	Norfolk	orange	44	Stephanie Griffen	8.90	28
3	Bedfordshire	purple	5	Hannah Marshall	8.37	26
4	Suffolk	grey	49	Janine Treais	7.28	24
5	Bedfordshire	purple	2	Chloe Oram	7.24	22
6	Cambridgeshire	red	16	Anna Goggin	6.82	20
7	Norfolk	orange	40	Charlotte Griffen	6.00	18
8	Hertfordshire	green	28	Emma Trehearn	5.29	16

Results Sheet

Speed Bounce

Competition:

ASHA-East Regional Final Under 13 Girls

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	Points
1	Norfolk	orange	58
2	Hertfordshire	green	48
3	Suffolk	grey	40
4	Bedfordshire	purple	38
5	Cambridgeshire	red	26

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Norfolk	orange	37	Ellie Blunt	80	30
2	Norfolk	orange	48	Suzie Flowers	77	28
3	Hertfordshire	green	33	Danielle Wolfe	76	26
4=	Bedfordshire	purple	4	Georgia Harris Love	71	22
4=	Hertfordshire	green	31	Kara Peck	71	22
4=	Suffolk	grey	52	Georgia Kemo	71	22
7	Suffolk	grey	53	Chantelle Kilpatrick	69	18
8	Bedfordshire	purple	6	Lianne Hunt	62	16
9	Cambridgeshire	red	15	Amanda Nicholson	57	14
10	Cambridgeshire	red	18	Jessica Alden	55	12

Results Sheet

Standing Long Jump

Competition:

ASHA-East Regional Final Under 13 Girls

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	Points
	Suffolk	grey	0
1	Cambridgeshire	red	58
2=	Bedfordshire	purple	42
2=	Hertfordshire	green	42
2=	Norfolk	orange	42

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cambridgeshire	red	23	Alex Young	2.31	30
2	Cambridgeshire	red	13	Megan Edwards	2.16	28
3	Norfolk	orange	47	Louise Stevens	2.14	26
4	Bedfordshire	purple	9	Natasha Hurst	2.12	24
5	Hertfordshire	green	32	Abbey Griggs	2.11	22
6	Hertfordshire	green	30	Daizy Lee	2.09	20
7	Bedfordshire	purple	8	Chloe Litchfield	2.06	18
8	Norfolk	orange	45	Lucy Hardingham	1.97	16

Results Sheet

Standing Triple Jump

Competition:

ASHA-East Regional Final Under 13 Girls

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	Points
	Suffolk	grey	0
1	Hertfordshire	green	58
2	Cambridgeshire	red	46
3	Norfolk	orange	38
4	Bedfordshire	purple	26

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	green	25	Natasha Hadley	6.54	30
2	Hertfordshire	green	29	Nina Pitrakou	6.12	28
3	Bedfordshire	purple	1	Joanna Hobbs	5.94	26
4	Cambridgeshire	red	17	Ellie Jaggard	5.86	24
5	Cambridgeshire	red	20	Anya Rodrigues	5.84	22
6	Norfolk	orange	42	Sarah Kelly	5.76	20
7	Norfolk	orange	41	Catherine Lee	4.80	18

Results Sheet

Vertical Jump

Competition:

ASHA-East Regional Final Under 13 Girls

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	Points
	Suffolk	grey	0
1=	Bedfordshire	purple	54
1=	Norfolk	orange	54
3=	Cambridgeshire	red	38
3=	Hertfordshire	green	38

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	orange	39	Katie Vickery	62	30
2	Bedfordshire	purple	10	Jodie Kitchener	52	28
3	Bedfordshire	purple	7	Sophie Randall	51	26
4	Norfolk	orange	46	Hannah Maher	49	24
5	Hertfordshire	green	34	Jade Brooks	47	22
6	Cambridgeshire	red	22	Halimah Banu	45	20
7	Cambridgeshire	red	21	Hollie Parker	42	18
8	Hertfordshire	green	35	Abigail Freeman	36	16