

East London Semi Final

12 March 2008

	ORANGE		YELLOW		GREEN		BLUE		WHITE		BLACK		MAROON		SKY	
	Coopers		Jo Richardson		St Angela's & Lister		Hackney Free & Mossbourne Academy		Cardinal Pole		Barking Abbey		Reddon Court & Campion		Eastlea	
	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys
TRACK																
Obstacle Relay	24	24	20	20	18	18	10	10	14	12	16	22	24	16	12	14
2 Lap Race	16	20	22	18	22	11	12	18	22	19	12	12	17	18	13	22
4 Lap Race	15	16	19	22	19	21	9	13	23	23	23	16	15	15	12	10
6 Lap Race	15	10	14	16	16	13	9	12	11	15	14	11	12	14	10	9
8 Lap Paarlauf	18	16	24	18	22	24	10	12	14	10	20	24	16	24	12	14
4 x 2 Lap Relay	18	18	24	14	18	22	10	10	22	24	14	16	20	20	12	12
FIELD																
Shot	16	11	20	23	18	20	13	15	24	23	19	14	14	16	14	14
Speed Bounce	22	24	24	20	17	16	11	12	15	11	17	16	18	19	16	20
Standing Long Jump	17	20	24	22	16	20	11	11	22	14	19	21	17	13	11	16
Standing Triple Jump	16	18	20	17	18	23	10	10	20	17	22	18	17	18	13	16
Vertical Jump	14	15	24	21	19	10	12	17	18	21	20	20	20	22	10	12
Total	191	192	235	211	203	198	117	140	205	189	196	190	190	195	135	159
Combined Total	383		446		401		257		394		386		385		294	
Overall Position	6		1		2		8		3		4		5		7	

Girls		Obstacle Relay		2 Lap Race					4 Lap Race					6 Lap Race			8 Lap Paarlouf		4x2 Lap Relay		
Colour	Team	Time in secs	Position / Points	Name / No		Time in secs	A or B Rank	Position / Points	Name / No		Time in secs	A or B Rank	Position / Points	Name / No		Time in secs	Position / Points	Time in secs	Position / Points		
ORANGE	Coopers	24.3	1	1		25.4	A 6	11	1		55.5	A 5	12			32.7	2	48.7	4	44.5	4
			2		25.4	B 4	5	2		58.8	B 6	3									
		24															15				
YELLOW	Jo Richardson	26.4	1		23.9	A 2	15	1		54.9	A 3	14			33.2	3	44.0	1	40.7	1	
			2		24.3	B 2	7	2		56.3	B 4	5									
		20														14					24
GREEN	St Angela's & Lister	26.8	1		23.8	A 1	16	1		55.3	A 4	13			32.3	1	47.5	2	44.5	4	
			2		25.1	B 3	6	2		55.9	B 3	6									
		18														16					22
BLUE	Fleakney Free & Massbourne	38.8	1		27.0	B 6	3	1		63.6	A 8	9			54.6	8	61.7	8	62.6	8	
			2		26.3	A 8	9	2													
		10														9					10
WHITE	Cardinal Pole	29.2	1		24.0	A 3	14	1		52.7	A 1	16			34.5	6	54.5	6	40.9	2	
			2		24.0	B 1	8	2		55.4	B 2	7									
		14														11					23
BLACK	Barking Abbey	28.7	1		26.0	A 7	10	1		55.3	B 1	8			33.2	3	48.2	3	45.4	6	
			2		27.2	B 7	2	2		54.5	A 2	15									
		16														14					20
MAROON	Reddon Court & Campton	24.3	1		26.8	B 5	4	1		56.3	A 6	11			33.6	5	49.5	5	44.2	3	
			2		25.1	A 4	13	2		57.5	B 5	4									
		24														12					16
SKY	Eastlea	33.6	1		25.2	A 5	12	1		68.3	B 7	2			47.6	7	57.8	7	51.1	7	
			2		27.5	B 8	1	2		61.8	A 7	10									
		12														10					12

Girls		Shot				Speed Bounce				Standing Long Jump				Standing Triple Jump				Vertical Jump						
Colour	Team	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points			
ORANGE	Coopers	1	Georga	5.45	B 3	6		66	A 2	15		1.88	A 6	11	Abbie	4.98	A 7	10	Grace	36	B 6	3		
		2	Laura	5.90	A 7	10		64	B 2	7		1.80	B 3	6	grace	4.98	B 3	6	Irina	42	A 6	11		
						16					22					17					16			
YELLOW	Jo Richardson	1	Tomi	7.53	A 3	14		72	A 1	16		2.20	A 1	16	Sacaha	6.38	A 1	16	Gemma	47	B 1	8		
		2	Becky	5.45	B 3	6		70	B 1	8		2.06	B 1	8	Bintu	4.70	B 5	4	Delona	63	A 1	16		
						20					24					24					20			
GREEN	St Angela's & Lister	1	Francesca	6.05	A 6	11		61	A 6	11		1.60	B 5	4	Elaine	4.52	B 6	3	Sasaene	40	B 5	4		
		2	Eddisca	6.00	B 2	7		59	B 3	6		1.92	A 5	12	frankie	5.84	A 2	15	Emma	53	A 2	15		
						18					17					16					18			
BLUE	Hackney Free & Mossbourne	1		5.30	B 5	4		46	B 7	2		1.38	B 7	2	Shakera	4.30	B 8	1	Jahmala	41	A 7	10		
		2	Monique	5.48	A 8	9		54	A 8	9		1.62	A 8	9	Ella	4.72	A 8	9	Berwan	35	B 7	2		
						13					11					11					10			
WHITE	Cardinal Pole	1	Grace	8.55	A 1	16		58	B 4	5		2.06	A 2	15	Divine	5.28	B 2	7	Femi	43	B 4	5		
		2	Femi	7.47	B 1	8		59	A 7	10		1.84	B 2	7	Teniola	5.56	A 4	13	Susanna	51	A 4	13		
						24					15					22					20			
BLACK	Barking Abbey	1	Emma	8.00	A 2	15		63	A 5	12		2.04	A 3	14	Fasia	5.54	B 1	8	Priya	47	B 1	8		
		2	Fasio	5.30	B 5	4		58	B 4	5		1.64	B 4	5	Emma	5.60	A 3	14	Crstal	49	A 5	12		
						19					17					19					22			
MAROON	Reddon Court & Campion	1	Lauren	6.83	A 4	13		66	A 2	15		2.02	A 4	13	Mackayla	5.36	A 5	12	Lauren	52	A 3	14		
		2	Elle	4.38	B 8	1		54	B 6	3		1.60	B 5	4	Lauren	4.74	B 4	5	Rebecca	45	B 3	6		
						14					18					17					17			
SKY	Eastlea	1	Jade	4.76	B 7	2		66	A 2	15		1.68	A 7	10	Tomi	5.24	A 6	11	Tomi	39	A 8	9		
		2	Bobaj	6.44	A 5	12		44	B 8	1		1.32	B 8	1	Fieona	4.50	B 7	2	Bobj	34	B 8	1		
						14					16					11					13			

Boys		Obstacle Relay		2 Lap Race					4 Lap Race					6 Lap Race			8 Lap Paarlaf		4x2 Lap Relay		
Colour	Team	Time in secs	Position / Points	Name / No			Time in secs	A or B Rank	Position / Points	Name / No			Time in secs	A or B Rank	Position / Points	Name / No		Time in secs	Position / Points	Time in secs	Position / Points
ORANGE	Coopers	19.3	1	1		24.00	B 4	5	1		53.4	A 5	12	28.4	7	47.4	5	38.4	4		
				2		23.30	A 2	15	2		54.9	B 5	4								
				24			20			16			10							16	
YELLOW	Jo Richardson	21	3	1		23.80	A 6	11	1		52.4	B 1	8	20.4	1	44.2	4	40.5	6		
				2		23.90	B 2	7	2		52	A 3	14								
				20			18			22			16							18	
GREEN	St Angela's & Lister	21.8	4	1		23.90	A 7	10	1		51.2	A 2	15	24.8	4	43.7	1	37	2		
				2		28.10	B 8	1	2		53.9	B 3	6								
				18			11			21			13							24	
BLUE	Fleckney Free & Massbourne	24.1	8	1		26.20	B 7	2	1		54	A 6	11	24.9	5	48.8	7	49.2	8		
				2		23.20	A 1	16	2		59.8	B 7	2								
				10			18			13			12							12	
WHITE	Cardinal Pole	23	7	1		23.90	B 2	7	1		52.7	B 2	7	22	2	52.2	8	36.7	1		
				2		23.60	A 5	12	2		50.8	A 1	16								
				12			19			23			15							10	
BLACK	Barking Abbey	20.9	2	1		24.70	B 6	3	1		53.3	A 4	13	25.2	6	43.7	1	39	5		
				2		24.40	A 8	9	2		57.2	B 6	3								
				22			12			16			11							24	
MAROON	Reddon Court & Cammion	22	5	1		23.50	A 3	14	1		54.3	A 7	10	22.5	3	43.7	1	37.8	3		
				2		24.50	B 5	4	2		54.7	B 4	5								
				16			18			15			14							24	
SKY	Eastlea	22.4	6	1		23.60	B 1	8	1		66.1	A 8	9	34.3	8	47.6	6	47.8	7		
				2		23.50	A 3	14	2		67	B 8	1								
				14			22			10			9							14	

Boys		Shot				Speed Bounce				Standing Long Jump				Standing Triple Jump				Vertical Jump							
Colour	Team	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points				
ORANGE	Coopers	1	Nick	6.70	A 7	10		72	A 1	16	Enis	1.98	B 2	7	Nick	5.00	B 7	2	Nick	43	B 6	3			
		2	Ethan	5.20	B 8	1		66	B 1	8	Reece	2.02	A 4	13	temi	6.30	A 1	16	Temi	48	A 5	12			
																							11	24	20
YELLOW	Jo Richardson	1	Elliott	8.54	B 1	8		70	A 3	14	Daniel	2.12	A 3	14	Connor	6.00	A 5	12	Connor	50	A 4	13			
		2	Omar	8.95	A 2	15		62	B 3	6	Umar	2.00	B 1	8	Alfie	5.60	B 4	5	Alfie	50	B 1	8			
																							23	20	22
GREEN	St Angela's & Lister	1	Lance	6.55	B 3	6		68	A 4	13	Cory	1.80	B 5	4	Cory	5.86	B 1	8	Joshua	42	A 8	9			
		2	Alpha	8.80	A 3	14		56	B 6	3	Myles	2.22	A 1	16	Myles	6.20	A 2	15	Reece	35	B 8	1			
																							20	16	20
BLUE	Hackney Free & Mossbourne	1	Brittany	7.68	A 4	13		63	A 6	11	Tosin	1.68	A 8	9	Tosin	4.54	B 8	1	Kevin	48	A 5	12			
		2	Charles	5.40	B 7	2		44	B 8	1	Kevin	1.68	B 7	2	Omar	5.70	A 8	9	Jordan	47	B 4	5			
																							15	12	11
WHITE	Cardinal Pole	1	Alfred	7.05	B 2	7		60	A 8	9	Junior	1.62	B 8	1	Kennedy	5.68	B 2	7	Eric	55	A 3	14			
		2	Kevin	6.65	A 1	16		49	B 7	2	Lemar	2.02	A 4	13	Alfred	5.74	A 7	10	Emanuel	49	B 2	7			
																							23	11	14
BLACK	Barking Abbey	1	Adam	6.32	B 4	5		62	A 7	10	Abiola	1.94	B 3	6	Abiola	5.68	B 2	7	Vdonne	64	A 1	16			
		2	Fahmi	6.60	A 8	9		62	B 3	6	Udonna	2.20	A 2	15	Jordan	5.94	A 6	11	Abdul	45	B 5	4			
																							14	16	21
MAROON	Reddon Court & Cambion	1	Preye	7.45	A 5	12		60	B 5	4	Josh	1.72	A 7	10	Liam	5.32	B 5	4	Percysam	59	A 2	15			
		2	David	5.95	B 5	4		71	A 2	15	Alex	1.72	B 6	3	Preeye	6.10	A 3	14	Finbar	49	B 2	7			
																							16	19	13
SKY	Eastlea	1	Maliq	6.85	A 6	11		66	A 5	12	Samuel	1.88	A 6	11	Joshua	5.20	B 6	3	Samuel	47	A 7	10			
		2	Dami	5.45	B 6	3		66	B 1	8	Marique	1.82	B 4	5	Eric	6.04	A 4	13	Lennox	38	B 7	2			
																							14	20	16