



# Norwich Union Fun in Athletics Festival

West Midlands Regional Festival

Coventry Sports & Leisure Centre

Sunday 13 January 2008

We welcome teams today from ...

|                                |        |
|--------------------------------|--------|
| Birmingham                     | red    |
| Herefordshire & Worcestershire | yellow |
| Shropshire                     | green  |
| Solihull                       | blue   |
| Staffordshire                  | purple |
| Warwickshire                   | orange |

















# Results Sheet

# 1 + 1 Lap Relay

**Competition:**

NUFIA-West Midlands Regional Festival Under 11 Boys

**Venue:**

Coventry Sports &amp; Leisure Centre

**Date**

13 Jan 2008

| Ranking | Code | Team                           | Colour | Heat | Final | Performance | Points |
|---------|------|--------------------------------|--------|------|-------|-------------|--------|
| 1       | 05   | Staffordshire                  | purple | 25.9 | 0.0   | 25.9        | 30.0   |
| 2       | 01   | Birmingham                     | red    | 26.2 | 0.0   | 26.2        | 28.0   |
| 3       | 03   | Shropshire                     | green  | 26.4 | 0.0   | 26.4        | 26.0   |
| 4       | 06   | Warwickshire                   | orange | 26.5 | 0.0   | 26.5        | 24.0   |
| 5       | 04   | Solihull                       | blue   | 26.7 | 0.0   | 26.7        | 22.0   |
| 6       | 02   | Herefordshire & Worcestershire | yellow | 26.9 | 0.0   | 26.9        | 20.0   |

# Results Sheet

# 4 x 1 Lap Relay

**Competition:**

NUFIA-West Midlands Regional Festival Under 11 Boys

**Venue:**

Coventry Sports &amp; Leisure Centre

**Date**

13 Jan 2008

| Ranking | Code | Team                           | Colour | Heat | Final | Performance | Points |
|---------|------|--------------------------------|--------|------|-------|-------------|--------|
| 1       | 05   | Staffordshire                  | purple | 52.8 | 0.0   | 52.8        | 30.0   |
| 2       | 01   | Birmingham                     | red    | 53.1 | 0.0   | 53.1        | 28.0   |
| 3       | 03   | Shropshire                     | green  | 53.5 | 0.0   | 53.5        | 26.0   |
| 4       | 06   | Warwickshire                   | orange | 54.1 | 0.0   | 54.1        | 24.0   |
| 5       | 02   | Herefordshire & Worcestershire | yellow | 55.4 | 0.0   | 55.4        | 22.0   |
| 6       | 04   | Solihull                       | blue   | 57.0 | 0.0   | 57.0        | 20.0   |

# Results Sheet

# 6 Lap Paarlauf

**Competition:**

NUFIA-West Midlands Regional Festival Under 11 Boys

**Venue:**

Coventry Sports &amp; Leisure Centre

**Date**

13 Jan 2008

| Ranking | Code | Team                           | Colour | Heat   | Final | Performance | Points |
|---------|------|--------------------------------|--------|--------|-------|-------------|--------|
| 1       | 01   | Birmingham                     | red    | 1:21.8 | 0.0   | 1:21.8      | 30.0   |
| 2       | 06   | Warwickshire                   | orange | 1:22.2 | 0.0   | 1:22.2      | 28.0   |
| 3       | 03   | Shropshire                     | green  | 1:25.9 | 0.0   | 1:25.9      | 26.0   |
| 4       | 05   | Staffordshire                  | purple | 1:28.6 | 0.0   | 1:28.6      | 24.0   |
| 5       | 02   | Herefordshire & Worcestershire | yellow | 1:29.1 | 0.0   | 1:29.1      | 22.0   |
| 6       | 04   | Solihull                       | blue   | 1:30.5 | 0.0   | 1:30.5      | 20.0   |

# Results Sheet

# Over and Under Relay

**Competition:**

NUFIA-West Midlands Regional Festival Under 11 Boys

**Venue:**

Coventry Sports &amp; Leisure Centre

**Date**

13 Jan 2008

| Ranking | Code | Team                           | Colour | Heat   | Final | Performance | Points |
|---------|------|--------------------------------|--------|--------|-------|-------------|--------|
| 1       | 02   | Herefordshire & Worcestershire | yellow | 1:17.2 | 0.0   | 1:17.2      | 30.0   |
| 2       | 05   | Staffordshire                  | purple | 1:18.6 | 0.0   | 1:18.6      | 28.0   |
| 3       | 03   | Shropshire                     | green  | 1:18.9 | 0.0   | 1:18.9      | 26.0   |
| 4       | 01   | Birmingham                     | red    | 1:19.6 | 0.0   | 1:19.6      | 24.0   |
| 5       | 06   | Warwickshire                   | orange | 1:20.1 | 0.0   | 1:20.1      | 22.0   |
| 6       | 04   | Solihull                       | blue   | 1:24.3 | 0.0   | 1:24.3      | 20.0   |

# Results Sheet

# Hurdles Relay

**Competition:**

NUFIA-West Midlands Regional Festival Under 11 Boys

**Venue:**

Coventry Sports &amp; Leisure Centre

**Date**

13 Jan 2008

| Ranking | Code | Team                           | Colour | Heat   | Final | Performance | Points |
|---------|------|--------------------------------|--------|--------|-------|-------------|--------|
| 1       | 03   | Shropshire                     | green  | 1:00.0 | 0.0   | 1:00.0      | 30.0   |
| 2       | 01   | Birmingham                     | red    | 1:00.1 | 0.0   | 1:00.1      | 28.0   |
| 3       | 06   | Warwickshire                   | orange | 1:02.7 | 0.0   | 1:02.7      | 26.0   |
| 4       | 04   | Solihull                       | blue   | 1:04.1 | 0.0   | 1:04.1      | 24.0   |
| 5       | 02   | Herefordshire & Worcestershire | yellow | 1:04.7 | 0.0   | 1:04.7      | 22.0   |
| 6       | 05   | Staffordshire                  | purple | 1:06.1 | 0.0   | 1:06.1      | 20.0   |

# Results Sheet

# Grand Prix

**Competition:**

NUFIA-West Midlands Regional Festival Under 11 Boys

**Venue:**

Coventry Sports &amp; Leisure Centre

**Date**

13 Jan 2008

| Ranking | Code | Team                           | Colour | Heat   | Final | Performance | Points |
|---------|------|--------------------------------|--------|--------|-------|-------------|--------|
| 1       | 02   | Herefordshire & Worcestershire | yellow | 58.7   | 0.0   | 58.7        | 30.0   |
| 2       | 06   | Warwickshire                   | orange | 59.2   | 0.0   | 59.2        | 28.0   |
| 3       | 03   | Shropshire                     | green  | 1:00.5 | 0.0   | 1:00.5      | 26.0   |
| 4       | 04   | Solihull                       | blue   | 1:01.4 | 0.0   | 1:01.4      | 24.0   |
| 5       | 01   | Birmingham                     | red    | 1:03.7 | 0.0   | 1:03.7      | 22.0   |
| 6       | 05   | Staffordshire                  | purple | 1:04.6 | 0.0   | 1:04.6      | 20.0   |

# Results Sheet

# Balance Test

## Competition:

NUFIA-West Midlands Regional Festival Under 11 Boys

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| Ranking | Team                           | Colour | Total | Points |
|---------|--------------------------------|--------|-------|--------|
| 1       | Shropshire                     | green  | 174   | 30     |
| 2       | Herefordshire & Worcestershire | yellow | 147   | 28     |
| 3       | Solihull                       | blue   | 142   | 26     |
| 4       | Warwickshire                   | orange | 130   | 24     |
| 5       | Staffordshire                  | purple | 123   | 22     |
| 6       | Birmingham                     | red    | 103   | 20     |

| Ranking | Team                           | Colour | BibNo | Name                   | Total |
|---------|--------------------------------|--------|-------|------------------------|-------|
| 1=      | Herefordshire & Worcestershire | yellow | 11    | Frazer Hotchkiss       | 60    |
| 1=      | Shropshire                     | green  | 8     | Kyle Gladwin           | 60    |
| 1=      | Solihull                       | blue   | 5     | George Wilcox          | 60    |
| 1=      | Warwickshire                   | orange | 12    | Matias Watkins         | 60    |
| 5       | Shropshire                     | green  | 15    | Edward Ellis-Cooper    | 58    |
| 6=      | Shropshire                     | green  | 11    | George Watson          | 56    |
| 6=      | Staffordshire                  | purple | 12    | James Rowland          | 56    |
| 8=      | Solihull                       | blue   | 1     | Max Ward               | 49    |
| 8=      | Warwickshire                   | orange | 14    | Thomas Bentley         | 49    |
| 10      | Herefordshire & Worcestershire | yellow | 7     | Jonathon Grech         | 48    |
| 11      | Birmingham                     | red    | 12    | Lucas Muckley          | 43    |
| 12      | Herefordshire & Worcestershire | yellow | 5     | Reece Snookes-Hathaway | 39    |
| 13      | Birmingham                     | red    | 11    | Shaquille Hemmings     | 36    |
| 14      | Staffordshire                  | purple | 9     | Harry Robins           | 35    |
| 15      | Solihull                       | blue   | 9     | Takumu Hirano          | 33    |
| 16      | Staffordshire                  | purple | 10    | Luke Wilkins           | 32    |
| 17      | Birmingham                     | red    | 10    | Lewis Fennell          | 24    |
| 18      | Warwickshire                   | orange | 9     | Luke Beardsmore        | 21    |

# Results Sheet

# Chest Push

## Competition:

NUFIA-West Midlands Regional Festival Under 11 Boys

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Coventry Sports & Leisure Centre

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| Ranking | Team                           | Colour | Total | Points |
|---------|--------------------------------|--------|-------|--------|
| 1       | Warwickshire                   | orange | 13.25 | 30     |
| 2       | Herefordshire & Worcestershire | yellow | 13.00 | 28     |
| 3       | Shropshire                     | green  | 11.75 | 26     |
| 4=      | Birmingham                     | red    | 11.50 | 22     |
| 4=      | Solihull                       | blue   | 11.50 | 22     |
| 4=      | Staffordshire                  | purple | 11.50 | 22     |

| Ranking | Team                           | Colour | BibNo | Name             | Best |
|---------|--------------------------------|--------|-------|------------------|------|
| 1       | Warwickshire                   | orange | 4     | Alex Mills       | 7.00 |
| 2       | Herefordshire & Worcestershire | yellow | 13    | Lewis Smallman   | 6.75 |
| 3       | Shropshire                     | green  | 1     | Bradley Coldwell | 6.50 |
| 4       | Warwickshire                   | orange | 10    | Luke Bromley     | 6.25 |
| 5       | Herefordshire & Worcestershire | yellow | 1     | Matthew Glover   | 6.25 |
| 6       | Staffordshire                  | purple | 5     | Gareth Donaldson | 6.25 |
| 7       | Solihull                       | blue   | 8     | Nick Coupland    | 6.00 |
| 8       | Birmingham                     | red    | 6     | Joseph Clamp     | 5.75 |
| 9       | Birmingham                     | red    | 4     | Shaquil Osmani   | 5.75 |
| 10      | Solihull                       | blue   | 13    | Shanley Garner   | 5.50 |
| 11      | Shropshire                     | green  | 13    | Richard Godfrey  | 5.25 |
| 12      | Staffordshire                  | purple | 10    | Luke Wilkins     | 5.25 |

# Results Sheet

# Javelin

## Competition:

NUFIA-West Midlands Regional Festival Under 11 Boys

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Coventry Sports & Leisure Centre

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| Ranking | Team                           | Colour | Total | Points |
|---------|--------------------------------|--------|-------|--------|
| 1=      | Herefordshire & Worcestershire | yellow | 38    | 29     |
| 1=      | Warwickshire                   | orange | 38    | 29     |
| 3       | Staffordshire                  | purple | 37    | 26     |
| 4=      | Birmingham                     | red    | 30    | 23     |
| 4=      | Shropshire                     | green  | 30    | 23     |
| 6       | Solihull                       | blue   | 29    | 20     |

| Ranking | Team                           | Colour | BibNo | Name                   | Best |
|---------|--------------------------------|--------|-------|------------------------|------|
| 1       | Warwickshire                   | orange | 12    | Matias Watkins         | 20   |
| 2       | Herefordshire & Worcestershire | yellow | 5     | Reece Snookes-Hathaway | 19   |
| 3       | Herefordshire & Worcestershire | yellow | 6     | Luke Sinclair          | 19   |
| 4       | Staffordshire                  | purple | 2     | Charlie Lowe           | 19   |
| 5       | Staffordshire                  | purple | 11    | Harrison Travis        | 18   |
| 6       | Warwickshire                   | orange | 11    | Harry Pitt             | 18   |
| 7       | Shropshire                     | green  | 9     | Joe McFarlane          | 16   |
| 8       | Birmingham                     | red    | 3     | Haydn Francis          | 16   |
| 9       | Solihull                       | blue   | 11    | Julian Kay             | 15   |
| 10      | Shropshire                     | green  | 14    | Sam Johnson            | 14   |
| 11      | Birmingham                     | red    | 14    | Dominic Rayment        | 14   |
| 12      | Solihull                       | blue   | 4     | Joe Wightman           | 14   |

# Results Sheet

# Sitting Throw

## Competition:

NUFIA-West Midlands Regional Festival Under 11 Boys

## Venue:

Coventry Sports & Leisure Centre

## Date

13 Jan 2008

| Ranking | Team                           | Colour | Total | Points |
|---------|--------------------------------|--------|-------|--------|
| 1       | Herefordshire & Worcestershire | yellow | 17.00 | 30     |
| 2       | Warwickshire                   | orange | 15.25 | 28     |
| 3=      | Solihull                       | blue   | 14.00 | 25     |
| 3=      | Staffordshire                  | purple | 14.00 | 25     |
| 5       | Birmingham                     | red    | 13.75 | 22     |
| 6       | Shropshire                     | green  | 13.50 | 20     |

| Ranking | Team                           | Colour | BibNo | Name             | Best |
|---------|--------------------------------|--------|-------|------------------|------|
| 1       | Birmingham                     | red    | 7     | Jason Williams   | 8.75 |
| 2       | Herefordshire & Worcestershire | yellow | 8     | Jacob Phipps     | 8.75 |
| 3       | Solihull                       | blue   | 7     | Daniel Millichap | 8.50 |
| 4       | Warwickshire                   | orange | 5     | George Ball      | 8.25 |
| 5       | Herefordshire & Worcestershire | yellow | 12    | Alex Trigg       | 8.25 |
| 6       | Staffordshire                  | purple | 6     | Sam Evans        | 7.75 |
| 7       | Warwickshire                   | orange | 13    | Rory Sinott      | 7.00 |
| 8       | Shropshire                     | green  | 5     | Peter Stringer   | 7.00 |
| 9       | Shropshire                     | green  | 3     | James Morris     | 6.50 |
| 10      | Staffordshire                  | purple | 4     | James Russell    | 6.25 |
| 11      | Solihull                       | blue   | 10    | Niall Carney     | 5.50 |
| 12      | Birmingham                     | red    | 15    | Michael Elvins   | 5.00 |

# Results Sheet

# Speed Bounce

## Competition:

NUFIA-West Midlands Regional Festival Under 11 Boys

## Venue:

Coventry Sports & Leisure Centre

## Date

13 Jan 2008

| Ranking | Team                           | Colour | Total | Points |
|---------|--------------------------------|--------|-------|--------|
| 1       | Birmingham                     | red    | 162   | 30     |
| 2       | Staffordshire                  | purple | 154   | 28     |
| 3       | Warwickshire                   | orange | 151   | 26     |
| 4       | Shropshire                     | green  | 143   | 24     |
| 5       | Solihull                       | blue   | 139   | 22     |
| 6       | Herefordshire & Worcestershire | yellow | 136   | 20     |

| Ranking | Team                           | Colour | BibNo | Name                    | Total |
|---------|--------------------------------|--------|-------|-------------------------|-------|
| 1       | Warwickshire                   | orange | 3     | Alex Kempton            | 60    |
| 2       | Birmingham                     | red    | 1     | Robert Stroud           | 57    |
| 3       | Birmingham                     | red    | 2     | Kane Densley            | 55    |
| 4=      | Staffordshire                  | purple | 3     | Elliot Richie           | 54    |
| 4=      | Warwickshire                   | orange | 1     | Adam Shaw               | 54    |
| 6       | Staffordshire                  | purple | 1     | Cameron Brown           | 51    |
| 7       | Birmingham                     | red    | 5     | Rio Yearwood            | 50    |
| 8=      | Herefordshire & Worcestershire | yellow | 4     | Scott White             | 49    |
| 8=      | Shropshire                     | green  | 4     | Joe Baker               | 49    |
| 8=      | Staffordshire                  | purple | 4     | James Russell           | 49    |
| 11      | Solihull                       | blue   | 6     | Matt Sullivan           | 48    |
| 12=     | Shropshire                     | green  | 6     | Dominic Gardner         | 47    |
| 12=     | Shropshire                     | green  | 7     | Zach Williams           | 47    |
| 12=     | Solihull                       | blue   | 11    | Julian Kay              | 47    |
| 15=     | Herefordshire & Worcestershire | yellow | 15    | Dilon Norris-Storey-Day | 44    |
| 15=     | Solihull                       | blue   | 12    | Henry Barton            | 44    |
| 17      | Herefordshire & Worcestershire | yellow | 10    | Connor Layton           | 43    |
| 18      | Warwickshire                   | orange | 6     | Gerard McGahey          | 37    |

# Results Sheet

# Standing Long Jump

## Competition:

NUFIA-West Midlands Regional Festival Under 11 Boys

## Venue:

Coventry Sports & Leisure Centre

## Date

13 Jan 2008

| Ranking | Team                           | Colour | Total | Points |
|---------|--------------------------------|--------|-------|--------|
| 1       | Shropshire                     | green  | 6.06  | 30     |
| 2       | Birmingham                     | red    | 6.04  | 28     |
| 3       | Herefordshire & Worcestershire | yellow | 5.63  | 26     |
| 4       | Warwickshire                   | orange | 5.52  | 24     |
| 5       | Staffordshire                  | purple | 5.44  | 22     |
| 6       | Solihull                       | blue   | 5.07  | 20     |

| Ranking | Team                           | Colour | BibNo | Name             | Best |
|---------|--------------------------------|--------|-------|------------------|------|
| 1       | Shropshire                     | green  | 5     | Peter Stringer   | 2.06 |
| 2       | Birmingham                     | red    | 7     | Jason Williams   | 2.05 |
| 3       | Birmingham                     | red    | 8     | Jesse Ijeoman    | 2.04 |
| 4       | Shropshire                     | green  | 10    | Charlie Bartlett | 2.00 |
| 5       | Shropshire                     | green  | 1     | Bradley Coldwell | 2.00 |
| 6       | Warwickshire                   | orange | 13    | Rory Sinott      | 1.99 |
| 7       | Birmingham                     | red    | 5     | Rio Yearwood     | 1.95 |
| 8       | Herefordshire & Worcestershire | yellow | 7     | Jonathon Grech   | 1.92 |
| 9       | Staffordshire                  | purple | 1     | Cameron Brown    | 1.86 |
| 10      | Staffordshire                  | purple | 8     | Max Williams     | 1.86 |
| 11      | Herefordshire & Worcestershire | yellow | 4     | Scott White      | 1.86 |
| 12      | Herefordshire & Worcestershire | yellow | 13    | Lewis Smallman   | 1.85 |
| 13      | Solihull                       | blue   | 8     | Nick Coupland    | 1.83 |
| 14      | Warwickshire                   | orange | 15    | Stephano         | 1.77 |
| 15      | Warwickshire                   | orange | 11    | Harry Pitt       | 1.76 |
| 16      | Staffordshire                  | purple | 7     | Kieran Rowley    | 1.72 |
| 17      | Solihull                       | blue   | 9     | Takumu Hirano    | 1.66 |
| 18      | Solihull                       | blue   | 12    | Henry Barton     | 1.58 |



# Results Sheet

# Target Throw

## Competition:

NUFIA-West Midlands Regional Festival Under 11 Boys

## Venue:

Coventry Sports & Leisure Centre

## Date

13 Jan 2008

| Ranking | Team                           | Colour | Total | Points |
|---------|--------------------------------|--------|-------|--------|
| 1       | Shropshire                     | green  | 39    | 30     |
| 2       | Staffordshire                  | purple | 32    | 28     |
| 3=      | Herefordshire & Worcestershire | yellow | 30    | 25     |
| 3=      | Warwickshire                   | orange | 30    | 25     |
| 5       | Solihull                       | blue   | 29    | 22     |
| 6       | Birmingham                     | red    | 23    | 20     |

| Ranking | Team                           | Colour | BibNo | Name                | Total |
|---------|--------------------------------|--------|-------|---------------------|-------|
| 1       | Shropshire                     | green  | 6     | Dominic Gardner     | 20    |
| 2       | Shropshire                     | green  | 15    | Edward Ellis-Cooper | 19    |
| 3=      | Herefordshire & Worcestershire | yellow | 3     | Jacob Ham           | 17    |
| 3=      | Warwickshire                   | orange | 7     | Jack Bewick         | 17    |
| 5=      | Solihull                       | blue   | 5     | George Wilcox       | 16    |
| 5=      | Staffordshire                  | purple | 7     | Kieran Rowley       | 16    |
| 5=      | Staffordshire                  | purple | 8     | Max Williams        | 16    |
| 8=      | Birmingham                     | red    | 13    | Jack Bevington      | 13    |
| 8=      | Herefordshire & Worcestershire | yellow | 9     | Josh Evans          | 13    |
| 8=      | Solihull                       | blue   | 2     | Keigo Okada         | 13    |
| 8=      | Warwickshire                   | orange | 3     | Alex Kempton        | 13    |
| 12      | Birmingham                     | red    | 10    | Lewis Fennell       | 10    |

# Results Sheet

# Vertical Jump

## Competition:

NUFIA-West Midlands Regional Festival Under 11 Boys

## Venue:

Coventry Sports & Leisure Centre

## Date

13 Jan 2008

| Ranking | Team                           | Colour | Total | Points |
|---------|--------------------------------|--------|-------|--------|
| 1=      | Birmingham                     | red    | 122   | 29     |
| 1=      | Solihull                       | blue   | 122   | 29     |
| 3=      | Herefordshire & Worcestershire | yellow | 121   | 25     |
| 3=      | Warwickshire                   | orange | 121   | 25     |
| 5       | Shropshire                     | green  | 116   | 22     |
| 6       | Staffordshire                  | purple | 109   | 20     |

| Ranking | Team                           | Colour | BibNo | Name                    | Best |
|---------|--------------------------------|--------|-------|-------------------------|------|
| 1       | Solihull                       | blue   | 13    | Shanley Garner          | 51   |
| 2       | Birmingham                     | red    | 2     | Kane Densley            | 46   |
| 3       | Warwickshire                   | orange | 14    | Thomas Bentley          | 44   |
| 4       | Herefordshire & Worcestershire | yellow | 1     | Matthew Glover          | 44   |
| 5       | Warwickshire                   | orange | 5     | George Ball             | 42   |
| 6       | Herefordshire & Worcestershire | yellow | 14    | Liam Sinclair-Preece    | 41   |
| 7       | Staffordshire                  | purple | 5     | Gareth Donaldson        | 41   |
| 8       | Shropshire                     | green  | 3     | James Morris            | 40   |
| 9       | Birmingham                     | red    | 9     | Luke Jones              | 39   |
| 10      | Shropshire                     | green  | 12    | Arthur Charlesworth     | 38   |
| 11      | Solihull                       | blue   | 2     | Keigo Okada             | 38   |
| 12      | Shropshire                     | green  | 2     | Joseph Mitchell         | 38   |
| 13      | Birmingham                     | red    | 11    | Shaquille Hemmings      | 37   |
| 14      | Herefordshire & Worcestershire | yellow | 15    | Dilon Norris-Storey-Day | 36   |
| 15      | Warwickshire                   | orange | 8     | Jack Cook               | 35   |
| 16      | Staffordshire                  | purple | 9     | Harry Robins            | 35   |
| 17      | Solihull                       | blue   | 3     | Adam Donohoe            | 33   |
| 18      | Staffordshire                  | purple | 11    | Harrison Travis         | 33   |