

Norwich Union Primary Fun in Athletics

North West Wales Primary Final 2005/06



Sportshall	RED Pencae		YELLOW Penmorfa		GREEN Bryn Coch		BLUE Caersws			PURPLE Llangernyw		ORANGE Hiraddug		SKY Gwernffrwd		WHITE Trefnanney	
	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys		Girls	Boys	Girls	Boys	Girls	Boys		
Yr 5 & 6																	
Obstacle Relay	26	24	24	26	30	30	28	28		28	30	26	26	30	28	24	24
1 + 1 Lap Relay	26	24	28	26	30	30	24	28		30	30	26	26	28	28	24	24
2 + 2 lap Relay	24	24	28	28	30	30	26	26		24	24	30	30	28	26	26	28
6 Lap Paarlauf	24	24	26	28	30	30	28	26		26	24	28	30	30	28	24	26
Over / Under Relay	24	24	28	28	30	30	26	26		24	28	28	26	30	30	26	24
Chest Push	24	26	26	30	30	28	28	24		29	24	24	30	29	26	26	28
Speed Bounce	24	26	26	24	30	30	28	28		28	24	30	27	26	30	24	27
Standing Long Jump	26	24	28	28	30	30	24	26		28	26	30	28	26	30	24	24
Standing Triple Jump	24	24	28	30	30	28	26	26		30	24	24	26	28	30	26	28
Vertical Jump	24	24	28	26	30	30	26	28		28	28	26	26	30	30	24	24
Soft Javelin	26	26	24	24	29	30	29	28		24	28	26	24	30	30	28	26
4 x 1 Lap Relay	24	24	28	28	30	30	26	26		30	24	26	28	28	30	24	26
Total	296	294	322	326	359	356	319	320		329	314	324	327	343	346	300	309
Combined Total		590		648		715		639			643		651		689		609
Position		4		2		1		3			3		2		1		4



www.sportshall.org

North Wales Norwich Union Fun in Athletics

The Norwich Union Fun in Athletics programme in North Wales commenced in September, with 7 county festivals taking place throughout the region with the support of Welsh Athletics, local authorities, dragon sport officers and primary schools.

The festivals were all divided into small and large school competitions, with over 90 schools participating in their local events. The winning schools from each county were then invited to participate in the first North Wales Fun in Athletics final for several years held at the North Wales regional Indoor Athletics Centre (NWIAC) located at Deeside College.

NWIAC was officially opened by Colin Jackson in January 2005; the centre provides a full range of running, jumping and throwing facilities and complements the existing 400m track. Clubs and athletes come throughout North Wales and across the border to use the facilities for individual and squad training. As part of its development programme the centre is used for local and regional sportshall athletics events, as well as the local club, Deeside AAC hosting North West sportshall competitions.

The final saw 8 schools from Conwy, Denbighshire, Flintshire and North Powys contest the event. Eventual winners of the North Wales small and large schools titles respectively were Gwernffrwd and Bryn Coch both from Flintshire.

We hope to build on the success of this regional final by encouraging all counties to attend in future years. Additionally, we aim to encourage older pupils from local secondary schools to act as helpers and hopefully progress to becoming qualified officials.

Congratulations to those involved in making this years programme a success, and we look forward to moving forward again next year.

For more information regarding athletics initiatives in Wales please go to www.welshathletics.org or contact Sarah Friday at fridays@deeside.ac.uk