

A background image showing a person in a white shirt and dark shorts performing a vault over a horse jump. The scene is set in an indoor arena with a wooden floor and a yellow wall. The person is in mid-air, with their body arched over the jump. The jump is a dark-colored horse with a white saddle cloth. The person's arms are extended forward, and their legs are tucked under their body. The overall scene is brightly lit, and the image has a slightly faded, artistic quality.

Norwich Union Fun in Athletics Festival

East Regional Festival

Sportspark, University of East Anglia, Norwich

Saturday 17 November, 2007

We welcome teams today from...

Bedfordshire

red

Herts Pegasus

yellow

Herts Phoenix

green

Norfolk Lions

blue

Norfolk Tigers

purple

Suffolk

orange

The Cats

sky

Competition Results

Competition:

NUFIA-East Regional Festival Under 11 Boys

Venue:

Sportspark, Norwich

Date

17 Nov 2007

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Herts Phoenix	green	463	30	30	30	30	30	30	30	26	28	25	30	28	28	30	28	30
2	Norfolk Lions	blue	422	24	22	26	28	26	28	28	28	26	25	27	30	26	24	26	28
3	Bedfordshire	red	406	28	26	28	18	28	22	26	30	30	28	18	24	18	26	30	26
4	Herts Pegasus	yellow	371	26	20	24	26	24	24	22	20	24	21	21	26	24	22	23	24
5	The Cats	sky	370	20	28	18	20	22	26	24	23	19	30	27	22	22	28	19	22
6	Norfolk Tigers	purple	319	18	18	22	22	20	20	18	23	19	21	21	20	20	18	19	20
7	Suffolk	orange	283	22	24	20	24	0	0	20	0	22	18	24	18	30	20	23	18

Team Results

Bedfordshire (red)

Competition:

NUFIA-East Regional Festival Under 11 Boys

Venue:

Sportspark, Norwich

Date

17 Nov 2007

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Herts Phoenix	green	463	30	30	30	30	30	30	30	26	28	25	30	28	28	30	28	30
2	Norfolk Lions	blue	422	24	22	26	28	26	28	28	28	26	25	27	30	26	24	26	28
3	Bedfordshire	red	406	28	26	28	18	28	22	26	30	30	28	18	24	18	26	30	26
4	Herts Pegasus	yellow	371	26	20	24	26	24	24	22	20	24	21	21	26	24	22	23	24
5	The Cats	sky	370	20	28	18	20	22	26	24	23	19	30	27	22	22	28	19	22
6	Norfolk Tigers	purple	319	18	18	22	22	20	20	18	23	19	21	21	20	20	18	19	20
7	Suffolk	orange	283	22	24	20	24	0	0	20	0	22	18	24	18	30	20	23	18

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Stephen Green	STJ	5.01	5.25	5.00		5.25	10
1	Stephen Green	TT	10	8	3	1	22	1
2	Cameron Brown	SB	36				36	18
2	Cameron Brown	STJ	4.51	4.52	4.80		4.80	16
3	James Kirby	TT	8	8	3	0	19	4=
3	James Kirby	VJ	37	41	42		42	8
4	Dan Bannell	VJ	39	38	41		41	9
5	Ben Tilney	BT	14	15	15	15	59	2
5	Ben Tilney	CP	6.00	6.50	6.25		6.50	3
6	Simon Taylor	BT	4	13	15	8	40	12
6	Simon Taylor	CP	6.00	6.75	7.75		7.75	1
7	Kiren Gonzalez	J	21	18	20		21	2
7	Kiren Gonzalez	SLJ	1.56	1.62	1.63		1.63	16
8	Lewis Archer	J	16	16	15		16	5
8	Lewis Archer	SLJ	1.70	1.75	1.80		1.80	9
9	Sion MacGregor	BT	15	15	15	15	60	1
9	Sion MacGregor	VJ	33	36	34		36	11
10	Harry Boyle	SB	53				53	2=
10	Harry Boyle	STJ	5.30	5.50	5.46		5.50	4
11	Alex Robertson Welsh	ST	7.75	7.00	7.50		7.75	2
11	Alex Robertson Welsh	SB	47				47	10

Team Results

Herts Pegasus (yellow)

Competition:

NUFIA-East Regional Festival Under 11 Boys

Venue:

Sportspark, Norwich

Date

17 Nov 2007

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Herts Phoenix	green	463	30	30	30	30	30	30	30	26	28	25	30	28	28	30	28	30
2	Norfolk Lions	blue	422	24	22	26	28	26	28	28	28	26	25	27	30	26	24	26	28
3	Bedfordshire	red	406	28	26	28	18	28	22	26	30	30	28	18	24	18	26	30	26
4	Herts Pegasus	yellow	371	26	20	24	26	24	24	22	20	24	21	21	26	24	22	23	24
5	The Cats	sky	370	20	28	18	20	22	26	24	23	19	30	27	22	22	28	19	22
6	Norfolk Tigers	purple	319	18	18	22	22	20	20	18	23	19	21	21	20	20	18	19	20
7	Suffolk	orange	283	22	24	20	24	0	0	20	0	22	18	24	18	30	20	23	18

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Joe McQuad	SB	53				53	2=
1	Joe McQuad	STJ	4.59	4.73	4.28		4.73	17
2	Jimmy Dalton	SB	41				41	14=
2	Jimmy Dalton	VJ	36	39	39		39	10
3	Stewart George	CP	4.75	5.50	4.75		5.50	8
3	Stewart George	SLJ	1.68	1.78	1.75		1.78	10
4	Matt Hollis	CP	5.25	4.75	4.25		5.25	10
4	Matt Hollis	SLJ	1.70	1.62	1.74		1.74	11
5	Daniel Sturgess	J	12	12	12		12	12
5	Daniel Sturgess	VJ	33	43	38		43	7
6	Joe Day	SB	48				48	6=
6	Joe Day	STJ	5.27	5.26	5.25		5.27	7
7	Sam Hartnup	ST	5.00	6.00	5.00		6.00	9
7	Sam Hartnup	STJ	5.15	5.02	5.30		5.30	6
8	Kelsey Henrique	BT	15	3	15	15	48	8
8	Kelsey Henrique	J	16	13	15		16	9
8	Kelsey Henrique	TT	8	5	1	1	15	7
9	Deep Oozageer	BT	2	15	3	7	27	17
9	Deep Oozageer	TT	7	4	0	0	11	11
9	Deep Oozageer	VJ	32	29	26		32	17
10	Daniel Villalleal	ST	5.50	5.75	6.00		6.00	8
10	Daniel Villalleal	SLJ	1.81	1.67	1.55		1.81	8

Team Results

Herts Phoenix (green)

Competition:

NUFIA-East Regional Festival Under 11 Boys

Venue:

Sportspark, Norwich

Date

17 Nov 2007

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Herts Phoenix	green	463	30	30	30	30	30	30	30	26	28	25	30	28	28	30	28	30
2	Norfolk Lions	blue	422	24	22	26	28	26	28	28	28	26	25	27	30	26	24	26	28
3	Bedfordshire	red	406	28	26	28	18	28	22	26	30	30	28	18	24	18	26	30	26
4	Herts Pegasus	yellow	371	26	20	24	26	24	24	22	20	24	21	21	26	24	22	23	24
5	The Cats	sky	370	20	28	18	20	22	26	24	23	19	30	27	22	22	28	19	22
6	Norfolk Tigers	purple	319	18	18	22	22	20	20	18	23	19	21	21	20	20	18	19	20
7	Suffolk	orange	283	22	24	20	24	0	0	20	0	22	18	24	18	30	20	23	18

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Callum Scutt	SB	52				52	4=
1	Callum Scutt	STJ	5.62	5.71	5.42		5.71	1
2	Daniel Betts	SB	52				52	4=
2	Daniel Betts	VJ	40	45	47		47	3
3	Patrick Semark	J	20	19	19		20	3
3	Patrick Semark	SLJ	1.78	1.66	1.88		1.88	5
4	Charlie Manning	J	15	15	14		15	10
4	Charlie Manning	VJ	43	49	48		49	1
5	Louis Affor	ST	7.00	6.75	6.75		7.00	4
5	Louis Affor	STJ	4.98	5.08	4.66		5.08	13
6	Adam Thorpe	ST	5.50	6.75	7.00		7.00	5
6	Adam Thorpe	STJ	5.42	5.28	5.30		5.42	5
7	Sam Jones	BT	15	7	15	15	52	6
7	Sam Jones	SLJ	1.84	1.90	1.86		1.90	4
8	James Jones	BT	13	8	10	12	43	11
8	James Jones	SLJ	1.81	1.81	1.72		1.81	7
9	Zac Veitch	SB	43				43	13
10	Ralph Adams-Hale	CP	6.00	7.00	6.50		7.00	2
11	Jon Ludlow	CP	6.00	6.25	6.25		6.25	4
12	Josh Cracknell	TT	10	6	2	1	19	4=
12	Josh Cracknell	VJ	43	41	42		43	5
13	Jasper Carr	BT	15	2	15	15	47	9
13	Jasper Carr	TT	10	6	4	0	20	3

Team Results

Norfolk Lions (blue)

Competition:

NUFIA-East Regional Festival Under 11 Boys

Venue:

Sportspark, Norwich

Date

17 Nov 2007

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Herts Phoenix	green	463	30	30	30	30	30	30	30	26	28	25	30	28	28	30	28	30
2	Norfolk Lions	blue	422	24	22	26	28	26	28	28	28	26	25	27	30	26	24	26	28
3	Bedfordshire	red	406	28	26	28	18	28	22	26	30	30	28	18	24	18	26	30	26
4	Herts Pegasus	yellow	371	26	20	24	26	24	24	22	20	24	21	21	26	24	22	23	24
5	The Cats	sky	370	20	28	18	20	22	26	24	23	19	30	27	22	22	28	19	22
6	Norfolk Tigers	purple	319	18	18	22	22	20	20	18	23	19	21	21	20	20	18	19	20
7	Suffolk	orange	283	22	24	20	24	0	0	20	0	22	18	24	18	30	20	23	18

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Joe Hooton	SB	48				48	6=
1	Joe Hooton	STJ	5.00	5.04	5.26		5.26	8
2	Ross Gilbert	CP	5.50	5.25	5.25		5.50	7
2	Ross Gilbert	SLJ	1.90	1.96	1.98		1.98	2
3	Samuel Green	SB	54				54	1
3	Samuel Green	VJ	47	46	45		47	2
4	William Moore	CP	5.75	6.00	5.75		6.00	5
4	William Moore	SLJ	1.82	1.87	1.86		1.87	6
5	Cameron McKie	J	18	19	17		19	4
5	Cameron McKie	STJ	4.86	4.80	4.94		4.94	15
6	Ryan Martin	SB	48				48	6=
7	Elliot Hurren	BT	10	6	15	15	46	10
7	Elliot Hurren	SLJ	1.55	1.44	1.44		1.55	18
8	Sam Cornell	BT	10	15	10	15	50	7
8	Sam Cornell	TT	8	3	0	1	12	9=
9	Toby Price	BT	15	15	15	9	54	4
9	Toby Price	ST	5.75	5.75	5.50		5.75	10
10	Cane Simmonds	J	13	16	16		16	6
10	Cane Simmonds	VJ	41	43	44		44	4
11	Jamie Howe	TT	8	10	3	0	21	2
11	Jamie Howe	VJ	28	32	32		32	15
12	Jonathon Tomes	ST	5.25	6.75	7.00		7.00	6
12	Jonathon Tomes	STJ	5.13	5.07	4.94		5.13	12

Team Results

Norfolk Tigers (purple)

Competition:

NUFIA-East Regional Festival Under 11 Boys

Venue:

Sportspark, Norwich

Date

17 Nov 2007

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Herts Phoenix	green	463	30	30	30	30	30	30	30	26	28	25	30	28	28	30	28	30
2	Norfolk Lions	blue	422	24	22	26	28	26	28	28	28	26	25	27	30	26	24	26	28
3	Bedfordshire	red	406	28	26	28	18	28	22	26	30	30	28	18	24	18	26	30	26
4	Herts Pegasus	yellow	371	26	20	24	26	24	24	22	20	24	21	21	26	24	22	23	24
5	The Cats	sky	370	20	28	18	20	22	26	24	23	19	30	27	22	22	28	19	22
6	Norfolk Tigers	purple	319	18	18	22	22	20	20	18	23	19	21	21	20	20	18	19	20
7	Suffolk	orange	283	22	24	20	24	0	0	20	0	22	18	24	18	30	20	23	18

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Braydon Harrison	STJ	3.86	4.04	4.04		4.04	19
1	Braydon Harrison	TT	6	6	0	0	12	9=
2	Tom Lake	SB	40				40	16=
2	Tom Lake	SLJ	1.58	1.63	1.58		1.63	17
3	Andrew Hadingham	STJ	5.05	4.06	4.01		5.05	14
3	Andrew Hadingham	TT	6	0	2	1	9	13
4	Joesph Clarke	ST	6.50	5.75	6.00		6.50	7
4	Joesph Clarke	VJ	30	32	29		32	16
5	Euan McKie	J	12	11	8		12	13
5	Euan McKie	STJ	3.94	3.59	3.62		3.94	20
6	Tom Middleton	CP	4.25	4.50	3.50		4.50	12
6	Tom Middleton	VJ	31	31	33		33	13
7	James Greenhargh	ST	5.00	5.50	5.50		5.50	11
7	James Greenhargh	SB	40				40	16=
8	Ashley Jarvis	SB	44				44	12
8	Ashley Jarvis	SLJ	1.43	1.42	1.40		1.43	20
9	Isaac King	BT	5	15	4	7	31	15=
9	Isaac King	VJ	33	29	30		33	14
10	Cory Collins	BT	6	15	7	9	37	14
10	Cory Collins	CP	3.75	4.25	4.25		4.25	13
10	Cory Collins	VJ	0	0	0		0	
11	Jay Self	BT	15	15	15	10	55	3
11	Jay Self	SLJ	1.67	1.38	1.53		1.67	12
12	Tye Copping	J	15	16	15		16	7

Team Results

Suffolk (orange)

Competition:

NUFIA-East Regional Festival Under 11 Boys

Venue:

Sportspark, Norwich

Date

17 Nov 2007

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Herts Phoenix	green	463	30	30	30	30	30	30	30	26	28	25	30	28	28	30	28	30
2	Norfolk Lions	blue	422	24	22	26	28	26	28	28	28	26	25	27	30	26	24	26	28
3	Bedfordshire	red	406	28	26	28	18	28	22	26	30	30	28	18	24	18	26	30	26
4	Herts Pegasus	yellow	371	26	20	24	26	24	24	22	20	24	21	21	26	24	22	23	24
5	The Cats	sky	370	20	28	18	20	22	26	24	23	19	30	27	22	22	28	19	22
6	Norfolk Tigers	purple	319	18	18	22	22	20	20	18	23	19	21	21	20	20	18	19	20
7	Suffolk	orange	283	22	24	20	24	0	0	20	0	22	18	24	18	30	20	23	18

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Oscar Vorddon - Barber	CP	4.50	4.25	4.00		4.50	11
1	Oscar Vorddon - Barber	SB	33				33	19
1	Oscar Vorddon - Barber	SLJ	1.56	1.58	1.65		1.65	13
1	Oscar Vorddon - Barber	VJ	29	25	26		29	18
2	Arther Glozin	J	11	12	15		15	11
2	Arther Glozin	STJ	5.20	5.60	5.35		5.60	2
2	Arther Glozin	TT	9	5	2	0	16	6
3	Nathan Dickson	J	9	11	9		11	14
3	Nathan Dickson	STJ	3.68	3.85	3.20		3.85	21
3	Nathan Dickson	TT	8	1	1	0	10	12
4	Tom Ayoola	CP	5.25	5.75	5.75		5.75	6
4	Tom Ayoola	ST	7.00	7.25	3.25		7.25	3
4	Tom Ayoola	SLJ	1.90	2.14	2.07		2.14	1
5	Jonathon Ayoola	ST	5.25	2.75	4.00		5.25	12
5	Jonathon Ayoola	SLJ	1.87	1.84	1.90		1.90	3
5	Jonathon Ayoola	STJ	4.52	4.51	4.50		4.52	18

Team Results

The Cats (sky)

Competition:

NUFIA-East Regional Festival Under 11 Boys

Venue:

Sportspark, Norwich

Date

17 Nov 2007

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Herts Phoenix	green	463	30	30	30	30	30	30	30	26	28	25	30	28	28	30	28	30
2	Norfolk Lions	blue	422	24	22	26	28	26	28	28	28	26	25	27	30	26	24	26	28
3	Bedfordshire	red	406	28	26	28	18	28	22	26	30	30	28	18	24	18	26	30	26
4	Herts Pegasus	yellow	371	26	20	24	26	24	24	22	20	24	21	21	26	24	22	23	24
5	The Cats	sky	370	20	28	18	20	22	26	24	23	19	30	27	22	22	28	19	22
6	Norfolk Tigers	purple	319	18	18	22	22	20	20	18	23	19	21	21	20	20	18	19	20
7	Suffolk	orange	283	22	24	20	24	0	0	20	0	22	18	24	18	30	20	23	18

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Thomas Cunningham	J	15	16	14		16	8
1	Thomas Cunningham	STJ	5.03	5.20	5.04		5.20	11
2	Tom Parker	ST	4.00	5.00	5.00		5.00	13
2	Tom Parker	SLJ	1.64	1.61	1.57		1.64	14
3	Kane Mansfield	BT	12	4	10	13	39	13
3	Kane Mansfield	VJ	28	29	34		34	12
4	Thomas Burgess	CP	3.00	3.25	3.50		3.50	14
4	Thomas Burgess	VJ	25	27	28		28	19
5	Lewis Wood	SB	41				41	14=
5	Lewis Wood	VJ	39	43	41		43	6
6	Micheal Irvine	J	19	23	19		23	1
6	Micheal Irvine	SB	48				48	6=
7	Sam Mallison	BT	6	7	3	15	31	15=
7	Sam Mallison	TT	7	0	0	0	7	14
8	James Murrell	CP	5.00	5.00	5.25		5.25	9
9	Harry Hamilton	SLJ	1.48	1.40	1.50		1.50	19
9	Harry Hamilton	TT	8	3	2	1	14	8
10	Jake Claydon	SB	46				46	11
10	Jake Claydon	STJ	5.55	4.65	4.44		5.55	3
11	Dylan Pontey	ST	7.50	7.75	7.50		7.75	1
11	Dylan Pontey	STJ	5.25	5.18	5.05		5.25	9
12	David Lebranche	BT	10	15	13	15	53	5
12	David Lebranche	SLJ	1.64	1.46	1.59		1.64	15

Results Sheet

Obstacle Relay

Competition:

NUFIA-East Regional Festival Under 11 Boys

Venue:

Sportspark, Norwich

Date

17 Nov 2007

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Herts Phoenix	green	1:25.8	0.0	1:25.8	30.0
2	01	Bedfordshire	red	1:27.8	0.0	1:27.8	28.0
3	02	Herts Pegasus	yellow	1:28.8	0.0	1:28.8	26.0
4	04	Norfolk Lions	blue	1:31.7	0.0	1:31.7	24.0
5	06	Suffolk	orange	1:39.0	0.0	1:39.0	22.0
6	07	The Cats	sky	1:42.1	0.0	1:42.1	20.0
7	05	Norfolk Tigers	purple	1:42.5	0.0	1:42.5	18.0

Results Sheet

1 + 1 Lap Relay

Competition:

NUFIA-East Regional Festival Under 11 Boys

Venue:

Sportspark, Norwich

Date

17 Nov 2007

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Herts Phoenix	green	25.5	0.0	25.5	30.0
2	07	The Cats	sky	27.3	0.0	27.3	28.0
3	01	Bedfordshire	red	27.3	0.0	27.3	26.0
4	06	Suffolk	orange	27.8	0.0	27.8	24.0
5	04	Norfolk Lions	blue	28.4	0.0	28.4	22.0
6	02	Herts Pegasus	yellow	28.4	0.0	28.4	20.0
7	05	Norfolk Tigers	purple	29.0	0.0	29.0	18.0

Results Sheet

4 x 1 Lap Relay

Competition:

NUFIA-East Regional Festival Under 11 Boys

Venue:

Sportspark, Norwich

Date

17 Nov 2007

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Herts Phoenix	green	52.7	0.0	52.7	30.0
2	01	Bedfordshire	red	54.3	0.0	54.3	28.0
3	04	Norfolk Lions	blue	54.9	0.0	54.9	26.0
4	02	Herts Pegasus	yellow	57.7	0.0	57.7	24.0
5	05	Norfolk Tigers	purple	59.1	0.0	59.1	22.0
6	06	Suffolk	orange	1:02.6	0.0	1:02.6	20.0
7	07	The Cats	sky	1:06.2	0.0	1:06.2	18.0

Results Sheet

6 Lap Paarlauf

Competition:

NUFIA-East Regional Festival Under 11 Boys

Venue:

Sportspark, Norwich

Date

17 Nov 2007

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Herts Phoenix	green	1:22.5	0.0	1:22.5	30.0
2	04	Norfolk Lions	blue	1:25.0	0.0	1:25.0	28.0
3	02	Herts Pegasus	yellow	1:25.7	0.0	1:25.7	26.0
4	06	Suffolk	orange	1:29.4	0.0	1:29.4	24.0
5	05	Norfolk Tigers	purple	1:29.5	0.0	1:29.5	22.0
6	07	The Cats	sky	1:33.2	0.0	1:33.2	20.0
7	01	Bedfordshire	red	1:33.4	0.0	1:33.4	18.0

Results Sheet

Over and Under Relay

Competition:

NUFIA-East Regional Festival Under 11 Boys

Venue:

Sportspark, Norwich

Date

17 Nov 2007

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Herts Phoenix	green	1:16.1	0.0	1:16.1	30.0
2	01	Bedfordshire	red	1:19.3	0.0	1:19.3	28.0
3	04	Norfolk Lions	blue	1:23.8	0.0	1:23.8	26.0
4	02	Herts Pegasus	yellow	1:23.9	0.0	1:23.9	24.0
5	07	The Cats	sky	1:28.6	0.0	1:28.6	22.0
6	05	Norfolk Tigers	purple	1:33.6	0.0	1:33.6	20.0

Results Sheet

Hurdles Relay

Competition:

NUFIA-East Regional Festival Under 11 Boys

Venue:

Sportspark, Norwich

Date

17 Nov 2007

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Herts Phoenix	green	1:00.8	0.0	1:00.8	30.0
2	04	Norfolk Lions	blue	1:00.9	0.0	1:00.9	28.0
3	07	The Cats	sky	1:01.2	0.0	1:01.2	26.0
4	02	Herts Pegasus	yellow	1:02.1	0.0	1:02.1	24.0
5	01	Bedfordshire	red	1:04.3	0.0	1:04.3	22.0
6	05	Norfolk Tigers	purple	1:08.2	0.0	1:08.2	20.0

Results Sheet

Grand Prix

Competition:

NUFIA-East Regional Festival Under 11 Boys

Venue:

Sportspark, Norwich

Date

17 Nov 2007

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Herts Phoenix	green	1:00.0	0.0	1:00.0	30.0
2	04	Norfolk Lions	blue	1:02.1	0.0	1:02.1	28.0
3	01	Bedfordshire	red	1:03.0	0.0	1:03.0	26.0
4	07	The Cats	sky	1:04.3	0.0	1:04.3	24.0
5	02	Herts Pegasus	yellow	1:06.1	0.0	1:06.1	22.0
6	06	Suffolk	orange	1:11.7	0.0	1:11.7	20.0
7	05	Norfolk Tigers	purple	1:12.5	0.0	1:12.5	18.0

Results Sheet

Balance Test

Competition:

NUFIA-East Regional Festival Under 11 Boys

Venue:

Sportspark, Norwich

Date

17 Nov 2007

Ranking	Team	Colour	Total	Points
1	Bedfordshire	red	159	30
2	Norfolk Lions	blue	150	28
3	Herts Phoenix	green	142	26
4=	Norfolk Tigers	purple	123	23
4=	The Cats	sky	123	23
6	Herts Pegasus	yellow	75	20

Ranking	Team	Colour	BibNo	Name	Total
1	Bedfordshire	red	9	Sion MacGregor	60
2	Bedfordshire	red	5	Ben Tilney	59
3	Norfolk Tigers	purple	11	Jay Self	55
4	Norfolk Lions	blue	9	Toby Price	54
5	The Cats	sky	12	David Lebranche	53
6	Herts Phoenix	green	7	Sam Jones	52
7	Norfolk Lions	blue	8	Sam Cornnell	50
8	Herts Pegasus	yellow	8	Kelsey Henrique	48
9	Herts Phoenix	green	13	Jasper Carr	47
10	Norfolk Lions	blue	7	Elliot Hurren	46
11	Herts Phoenix	green	8	James Jones	43
12	Bedfordshire	red	6	Simon Taylor	40
13	The Cats	sky	3	Kane Mansfield	39
14	Norfolk Tigers	purple	10	Cory Collins	37
15=	Norfolk Tigers	purple	9	Isaac King	31
15=	The Cats	sky	7	Sam Mallison	31
17	Herts Pegasus	yellow	9	Deep Oozageer	27

Results Sheet

Chest Push

Competition:

NUFIA-East Regional Festival Under 11 Boys

Venue:

Sportspark, Norwich

Date

17 Nov 2007

Ranking	Team	Colour	Total	Points
1	Bedfordshire	red	14.25	30
2	Herts Phoenix	green	13.25	28
3	Norfolk Lions	blue	11.50	26
4	Herts Pegasus	yellow	10.75	24
5	Suffolk	orange	10.25	22
6=	Norfolk Tigers	purple	8.75	19
6=	The Cats	sky	8.75	19

Ranking	Team	Colour	BibNo	Name	Best
1	Bedfordshire	red	6	Simon Taylor	7.75
2	Herts Phoenix	green	10	Ralph Adams-Hale	7.00
3	Bedfordshire	red	5	Ben Tilney	6.50
4	Herts Phoenix	green	11	Jon Ludlow	6.25
5	Norfolk Lions	blue	4	William Moore	6.00
6	Suffolk	orange	4	Tom Ayoola	5.75
7	Norfolk Lions	blue	2	Ross Gilbert	5.50
8	Herts Pegasus	yellow	3	Stewart George	5.50
9	The Cats	sky	8	James Murrell	5.25
10	Herts Pegasus	yellow	4	Matt Hollis	5.25
11	Suffolk	orange	1	Oscar Vorddon - Barber	4.50
12	Norfolk Tigers	purple	6	Tom Middleton	4.50
13	Norfolk Tigers	purple	10	Cory Collins	4.25
14	The Cats	sky	4	Thomas Burgess	3.50

Results Sheet

Javelin

Competition:

NUFIA-East Regional Festival Under 11 Boys

Venue:

Sportspark, Norwich

Date

17 Nov 2007

Ranking	Team	Colour	Total	Points
1	The Cats	sky	39	30
2	Bedfordshire	red	37	28
3=	Herts Phoenix	green	35	25
3=	Norfolk Lions	blue	35	25
5=	Herts Pegasus	yellow	28	21
5=	Norfolk Tigers	purple	28	21
7	Suffolk	orange	26	18

Ranking	Team	Colour	BibNo	Name	Best
1	The Cats	sky	6	Micheal Irvine	23
2	Bedfordshire	red	7	Kiren Gonzalez	21
3	Herts Phoenix	green	3	Patrick Semark	20
4	Norfolk Lions	blue	5	Cameron McKie	19
5	Bedfordshire	red	8	Lewis Archer	16
6	Norfolk Lions	blue	10	Cane Simmonds	16
7	Norfolk Tigers	purple	12	Tye Copping	16
8	The Cats	sky	1	Thomas Cunningham	16
9	Herts Pegasus	yellow	8	Kelsey Henrique	16
10	Herts Phoenix	green	4	Charlie Manning	15
11	Suffolk	orange	2	Arther Glozin	15
12	Herts Pegasus	yellow	5	Daniel Sturgess	12
13	Norfolk Tigers	purple	5	Euan McKie	12
14	Suffolk	orange	3	Nathan Dickson	11

Results Sheet

Sitting Throw

Competition:

NUFIA-East Regional Festival Under 11 Boys

Venue:

Sportspark, Norwich

Date

17 Nov 2007

Ranking	Team	Colour	Total	Points
1	Herts Phoenix	green	14.00	30
2=	Norfolk Lions	blue	12.75	27
2=	The Cats	sky	12.75	27
4	Suffolk	orange	12.50	24
5=	Herts Pegasus	yellow	12.00	21
5=	Norfolk Tigers	purple	12.00	21
7	Bedfordshire	red	7.75	18

Ranking	Team	Colour	BibNo	Name	Best
1	The Cats	sky	11	Dylan Pontey	7.75
2	Bedfordshire	red	11	Alex Robertson Welsh	7.75
3	Suffolk	orange	4	Tom Ayoola	7.25
4	Herts Phoenix	green	5	Louis Affor	7.00
5	Herts Phoenix	green	6	Adam Thorpe	7.00
6	Norfolk Lions	blue	12	Jonathon Tomes	7.00
7	Norfolk Tigers	purple	4	Joesph Clarke	6.50
8	Herts Pegasus	yellow	10	Daniel Villalleal	6.00
9	Herts Pegasus	yellow	7	Sam Hartnup	6.00
10	Norfolk Lions	blue	9	Toby Price	5.75
11	Norfolk Tigers	purple	7	James Greenhargh	5.50
12	Suffolk	orange	5	Jonathon Ayoola	5.25
13	The Cats	sky	2	Tom Parker	5.00

Results Sheet

Speed Bounce

Competition:

NUFIA-East Regional Festival Under 11 Boys

Venue:

Sportspark, Norwich

Date

17 Nov 2007

Ranking	Team	Colour	Total	Points
1	Norfolk Lions	blue	150	30
2	Herts Phoenix	green	147	28
3	Herts Pegasus	yellow	142	26
4	Bedfordshire	red	136	24
5	The Cats	sky	135	22
6	Norfolk Tigers	purple	124	20
7	Suffolk	orange	33	18

Ranking	Team	Colour	BibNo	Name	Total
1	Norfolk Lions	blue	3	Samuel Green	54
2=	Bedfordshire	red	10	Harry Boyle	53
2=	Herts Pegasus	yellow	1	Joe McQuad	53
4=	Herts Phoenix	green	1	Callum Scutt	52
4=	Herts Phoenix	green	2	Daniel Betts	52
6=	Herts Pegasus	yellow	6	Joe Day	48
6=	Norfolk Lions	blue	1	Joe Hooton	48
6=	Norfolk Lions	blue	6	Ryan Martin	48
6=	The Cats	sky	6	Micheal Irvine	48
10	Bedfordshire	red	11	Alex Robertson Welsh	47
11	The Cats	sky	10	Jake Claydon	46
12	Norfolk Tigers	purple	8	Ashley Jarvis	44
13	Herts Phoenix	green	9	Zac Veitch	43
14=	Herts Pegasus	yellow	2	Jimmy Dalton	41
14=	The Cats	sky	5	Lewis Wood	41
16=	Norfolk Tigers	purple	2	Tom Lake	40
16=	Norfolk Tigers	purple	7	James Greenhargh	40
18	Bedfordshire	red	2	Cameron Brown	36
19	Suffolk	orange	1	Oscar Vorddon - Barber	33

Results Sheet

Standing Long Jump

Competition:

NUFIA-East Regional Festival Under 11 Boys

Venue:

Sportspark, Norwich

Date

17 Nov 2007

Ranking	Team	Colour	Total	Points
1	Suffolk	orange	5.69	30
2	Herts Phoenix	green	5.59	28
3	Norfolk Lions	blue	5.40	26
4	Herts Pegasus	yellow	5.33	24
5	The Cats	sky	4.78	22
6	Norfolk Tigers	purple	4.73	20
7	Bedfordshire	red	3.43	18

Ranking	Team	Colour	BibNo	Name	Best
1	Suffolk	orange	4	Tom Ayoola	2.14
2	Norfolk Lions	blue	2	Ross Gilbert	1.98
3	Suffolk	orange	5	Jonathon Ayoola	1.90
4	Herts Phoenix	green	7	Sam Jones	1.90
5	Herts Phoenix	green	3	Patrick Semark	1.88
6	Norfolk Lions	blue	4	William Moore	1.87
7	Herts Phoenix	green	8	James Jones	1.81
8	Herts Pegasus	yellow	10	Daniel Villalleal	1.81
9	Bedfordshire	red	8	Lewis Archer	1.80
10	Herts Pegasus	yellow	3	Stewart George	1.78
11	Herts Pegasus	yellow	4	Matt Hollis	1.74
12	Norfolk Tigers	purple	11	Jay Self	1.67
13	Suffolk	orange	1	Oscar Vorddon - Barber	1.65
14	The Cats	sky	2	Tom Parker	1.64
15	The Cats	sky	12	David Lebranche	1.64
16	Bedfordshire	red	7	Kiren Gonzalez	1.63
17	Norfolk Tigers	purple	2	Tom Lake	1.63
18	Norfolk Lions	blue	7	Elliot Hurren	1.55
19	The Cats	sky	9	Harry Hamilton	1.50
20	Norfolk Tigers	purple	8	Ashley Jarvis	1.43

Results Sheet

Standing Triple Jump

Competition:

NUFIA-East Regional Festival Under 11 Boys

Venue:

Sportspark, Norwich

Date

17 Nov 2007

Ranking	Team	Colour	Total	Points
1	Herts Phoenix	green	16.21	30
2	The Cats	sky	16.00	28
3	Bedfordshire	red	15.55	26
4	Norfolk Lions	blue	15.33	24
5	Herts Pegasus	yellow	15.30	22
6	Suffolk	orange	13.97	20
7	Norfolk Tigers	purple	13.03	18

Ranking	Team	Colour	BibNo	Name	Best
1	Herts Phoenix	green	1	Callum Scutt	5.71
2	Suffolk	orange	2	Arther Glozin	5.60
3	The Cats	sky	10	Jake Claydon	5.55
4	Bedfordshire	red	10	Harry Boyle	5.50
5	Herts Phoenix	green	6	Adam Thorpe	5.42
6	Herts Pegasus	yellow	7	Sam Hartnup	5.30
7	Herts Pegasus	yellow	6	Joe Day	5.27
8	Norfolk Lions	blue	1	Joe Hooton	5.26
9	The Cats	sky	11	Dylan Pontey	5.25
10	Bedfordshire	red	1	Stephen Green	5.25
11	The Cats	sky	1	Thomas Cunningham	5.20
12	Norfolk Lions	blue	12	Jonathon Tomes	5.13
13	Herts Phoenix	green	5	Louis Affor	5.08
14	Norfolk Tigers	purple	3	Andrew Hadingham	5.05
15	Norfolk Lions	blue	5	Cameron McKie	4.94
16	Bedfordshire	red	2	Cameron Brown	4.80
17	Herts Pegasus	yellow	1	Joe McQuad	4.73
18	Suffolk	orange	5	Jonathon Ayoola	4.52
19	Norfolk Tigers	purple	1	Braydon Harrison	4.04
20	Norfolk Tigers	purple	5	Euan McKie	3.94
21	Suffolk	orange	3	Nathan Dickson	3.85

Results Sheet

Target Throw

Competition:

NUFIA-East Regional Festival Under 11 Boys

Venue:

Sportspark, Norwich

Date

17 Nov 2007

Ranking	Team	Colour	Total	Points
1	Bedfordshire	red	41	30
2	Herts Phoenix	green	39	28
3	Norfolk Lions	blue	33	26
4=	Herts Pegasus	yellow	26	23
4=	Suffolk	orange	26	23
6=	Norfolk Tigers	purple	21	19
6=	The Cats	sky	21	19

Ranking	Team	Colour	BibNo	Name	Total
1	Bedfordshire	red	1	Stephen Green	22
2	Norfolk Lions	blue	11	Jamie Howe	21
3	Herts Phoenix	green	13	Jasper Carr	20
4=	Bedfordshire	red	3	James Kirby	19
4=	Herts Phoenix	green	12	Josh Cracknell	19
6	Suffolk	orange	2	Arther Glozin	16
7	Herts Pegasus	yellow	8	Kelsey Henrique	15
8	The Cats	sky	9	Harry Hamilton	14
9=	Norfolk Lions	blue	8	Sam Cornell	12
9=	Norfolk Tigers	purple	1	Braydon Harrison	12
11	Herts Pegasus	yellow	9	Deep Oozageer	11
12	Suffolk	orange	3	Nathan Dickson	10
13	Norfolk Tigers	purple	3	Andrew Hadingham	9
14	The Cats	sky	7	Sam Mallison	7

Results Sheet

Vertical Jump

Competition:

NUFIA-East Regional Festival Under 11 Boys

Venue:

Sportspark, Norwich

Date

17 Nov 2007

Ranking	Team	Colour	Total	Points
1	Herts Phoenix	green	139	30
2	Norfolk Lions	blue	123	28
3	Bedfordshire	red	119	26
4	Herts Pegasus	yellow	114	24
5	The Cats	sky	105	22
6	Norfolk Tigers	purple	98	20
7	Suffolk	orange	29	18

Ranking	Team	Colour	BibNo	Name	Best
1	Herts Phoenix	green	4	Charlie Manning	49
2	Norfolk Lions	blue	3	Samuel Green	47
3	Herts Phoenix	green	2	Daniel Betts	47
4	Norfolk Lions	blue	10	Cane Simmonds	44
5	Herts Phoenix	green	12	Josh Cracknell	43
6	The Cats	sky	5	Lewis Wood	43
7	Herts Pegasus	yellow	5	Daniel Sturgess	43
8	Bedfordshire	red	3	James Kirby	42
9	Bedfordshire	red	4	Dan Bannell	41
10	Herts Pegasus	yellow	2	Jimmy Dalton	39
11	Bedfordshire	red	9	Sion MacGregor	36
12	The Cats	sky	3	Kane Mansfield	34
13	Norfolk Tigers	purple	6	Tom Middleton	33
14	Norfolk Tigers	purple	9	Isaac King	33
15	Norfolk Lions	blue	11	Jamie Howe	32
16	Norfolk Tigers	purple	4	Joesph Clarke	32
17	Herts Pegasus	yellow	9	Deep Oozageer	32
18	Suffolk	orange	1	Oscar Vorddon - Barber	29
19	The Cats	sky	4	Thomas Burgess	28
	Norfolk Tigers	purple	10	Cory Collins	0