

Fun in Athletics

East Regional Festival
UEA Sportspark, Norwich
Saturday 25 November, 2006

We welcome teams today from ...

Essex Eagles	red
Essex Kestrels	yellow
Herts Pegasus	green
Herts Phoenix	blue
Norfolk Lions	purple
Norfolk Tigers	orange
Suffolk Gazelles	sky
Suffolk Starlets	white



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Eventful Days ...

Competition Results

Competition:

NUFIA-East Regional Festival Under 11 Girls

Venue:

UEA Sportspark, Norwich

Date

25 Nov 2006

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Herts Phoenix	blue	465	28	29	24	30	30	30	30	30	30	30	30	30	30	30	28	26
2	Norfolk Lions	purple	411	30	29	30	28	24	26	24	22	24	24	27	26	26	24	23	24
3	Suffolk Gazelles	sky	407	26	26	28	26	28	22	26	28	20	20	24	28	28	26	23	28
4	Essex Eagles	red	392	22	24	26	24	22	28	28	24	26	27	21	18	24	28	20	30
5	Herts Pegasus	green	347	20	20	20	22	26	24	22	20	22	18	27	16	20	20	28	22
6	Essex Kestrels	yellow	325	18	16	16	18	18	20	20	26	28	27	18	20	16	16	28	20
7	Suffolk Starlets	white	308	16	22	22	20	20	18	16	18	18	22	16	24	18	22	18	18
8	Norfolk Tigers	orange	289	24	18	18	16	16	16	18	16	16	16	21	22	22	18	16	16

Team Results

Essex Eagles (red)

Competition:

NUFIA-East Regional Festival Under 11 Girls

Venue:

UEA Sportspark, Norwich

Date

25 Nov 2006

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Herts Phoenix	blue	465	28	29	24	30	30	30	30	30	30	30	30	30	30	30	28	26
2	Norfolk Lions	purple	411	30	29	30	28	24	26	24	22	24	24	27	26	26	24	23	24
3	Suffolk Gazelles	sky	407	26	26	28	26	28	22	26	28	20	20	24	28	28	26	23	28
4	Essex Eagles	red	392	22	24	26	24	22	28	28	24	26	27	21	18	24	28	20	30
5	Herts Pegasus	green	347	20	20	20	22	26	24	22	20	22	18	27	16	20	20	28	22
6	Essex Kestrels	yellow	325	18	16	16	18	18	20	20	26	28	27	18	20	16	16	28	20
7	Suffolk Starlets	white	308	16	22	22	20	20	18	16	18	18	22	16	24	18	22	18	18
8	Norfolk Tigers	orange	289	24	18	18	16	16	16	18	16	16	16	21	22	22	18	16	16

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Evie Padmore	BT	14	5	15	15	49	7=
1	Evie Padmore	J	0	0	0		0	
2	Shannon Bramwell	BT	15	15	15	3	48	9
2	Shannon Bramwell	VJ	39	43	40		43	3=
3	Georgia Gill	SLJ	1.36	1.21	1.33		1.36	20
3	Georgia Gill	TT	6	3	2	0	11	11
4	Georgina Gouch	SLJ	1.58	1.63	1.67		1.67	11
5	Chloe Ahmet	CP	5.75	5.00	5.25		5.75	5
6	Clarice Parrott	STJ	5.32	5.32	5.24		5.32	3
6	Clarice Parrott	TT	8	7	3	0	18	4=
7	Emily Wong	SB	40				40	20=
8	Harriet Brereton	SB	50				50	8
8	Harriet Brereton	VJ	46	46	49		49	1
9	Hettie Johns	ST	5.50	5.75	5.50		5.75	9
9	Hettie Johns	VJ	46	45	45		46	2
10	Phoebe Guiver	J	16	16	17		17	3
10	Phoebe Guiver	STJ	4.64	4.78	5.06		5.06	5
11	Toni Marriott	BT	15	8	4	8	35	17=
11	Toni Marriott	J	12	12	13		13	5
12	Georgina Dulce	CP	5.00	5.50	5.50		5.50	6
12	Georgina Dulce	SLJ	1.73	2.03	2.00		2.03	1
13	Phoebe Smithdale	ST	4.50	4.50	5.00		5.00	14
13	Phoebe Smithdale	STJ	4.00	4.20	4.52		4.52	14
13	Phoebe Smithdale	VJ	0	0	0		0	
14	Rosa Prideaux	SB	34				34	24

Team Results

Essex Kestrels (yellow)

Competition:

NUFIA-East Regional Festival Under 11 Girls

Venue:

UEA Sportspark, Norwich

Date

25 Nov 2006

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Herts Phoenix	blue	465	28	29	24	30	30	30	30	30	30	30	30	30	30	30	28	26
2	Norfolk Lions	purple	411	30	29	30	28	24	26	24	22	24	24	27	26	26	24	23	24
3	Suffolk Gazelles	sky	407	26	26	28	26	28	22	26	28	20	20	24	28	28	26	23	28
4	Essex Eagles	red	392	22	24	26	24	22	28	28	24	26	27	21	18	24	28	20	30
5	Herts Pegasus	green	347	20	20	20	22	26	24	22	20	22	18	27	16	20	20	28	22
6	Essex Kestrels	yellow	325	18	16	16	18	18	20	20	26	28	27	18	20	16	16	28	20
7	Suffolk Starlets	white	308	16	22	22	20	20	18	16	18	18	22	16	24	18	22	18	18
8	Norfolk Tigers	orange	289	24	18	18	16	16	16	18	16	16	16	21	22	22	18	16	16

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Ellie Freeman	J	13	16	18		18	2
1	Ellie Freeman	SB	45				45	15=
2	Rebecca Highfield	VJ	27	27	32		32	21
3	Caitlin Pearson	CP	5.75	6.50	6.75		6.75	2
3	Caitlin Pearson	SLJ	1.45	1.54	1.43		1.54	17
4	Jasmine Warner	SLJ	1.35	1.31	1.21		1.35	21
4	Jasmine Warner	TT	10	2	5	2	19	3
5	Rachel Clark	BT	14	15	4	12	45	10=
5	Rachel Clark	STJ	4.40	4.60	4.52		4.60	11
6	Chantelle McLeod	VJ	35	39	38		39	11
7	Tilly Stewart	CP	3.75	4.50	4.75		4.75	12
7	Tilly Stewart	STJ	3.44	3.42	3.56		3.56	24
8	Ellie Humphries	J	12	12	10		12	6=
8	Ellie Humphries	SB	48				48	9=
9	Cerise Peverell	BT	15	15	12	15	57	4
9	Cerise Peverell	TT	9	4	1	0	14	9
10	Nicole Buckley	VJ	34	34	34		34	18
11	Jade Eden	SB	40				40	20=
11	Jade Eden	STJ	4.28	4.10	4.08		4.28	20
12	Jayde Simmons	ST	5.50	5.25	5.50		5.50	10
13	Kayleigh Reed	BT	9	15	12	7	43	12
13	Kayleigh Reed	SLJ	1.15	1.33	1.30		1.33	22
14	Georgia Wilkins	ST	4.00	4.25	4.00		4.25	15

Team Results

Herts Pegasus (green)

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NUFIA-East Regional Festival Under 11 Girls

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UEA Sportspark, Norwich

Date

25 Nov 2006

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Herts Phoenix	blue	465	28	29	24	30	30	30	30	30	30	30	30	30	30	30	28	26
2	Norfolk Lions	purple	411	30	29	30	28	24	26	24	22	24	24	27	26	26	24	23	24
3	Suffolk Gazelles	sky	407	26	26	28	26	28	22	26	28	20	20	24	28	28	26	23	28
4	Essex Eagles	red	392	22	24	26	24	22	28	28	24	26	27	21	18	24	28	20	30
5	Herts Pegasus	green	347	20	20	20	22	26	24	22	20	22	18	27	16	20	20	28	22
6	Essex Kestrels	yellow	325	18	16	16	18	18	20	20	26	28	27	18	20	16	16	28	20
7	Suffolk Starlets	white	308	16	22	22	20	20	18	16	18	18	22	16	24	18	22	18	18
8	Norfolk Tigers	orange	289	24	18	18	16	16	16	18	16	16	16	21	22	22	18	16	16

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Catherine Gill	SB	39				39	22
1	Catherine Gill	VJ	33	34	33		34	19
2	Chloe Bellamy-Perssley	TT	7	10	3	1	21	2
3	Lelia Gillani	BT	12	15	7	11	45	10=
3	Lelia Gillani	STJ	4.86	4.76	4.74		4.86	6
4	Bronte Chandrasekara	SB	42				42	19
4	Bronte Chandrasekara	VJ	40	41	41		41	6
5	Lizzy Parry	ST	5.00	6.00	6.25		6.25	4=
5	Lizzy Parry	STJ	4.28	4.50	4.44		4.50	15
6	Sophie Goodeve	CP	4.75	5.00	5.50		5.50	7
6	Sophie Goodeve	SLJ	1.55	1.52	1.51		1.55	14
7	Chloe Yiangou	BT	11	5	3	4	23	20
7	Chloe Yiangou	J	9	12	11		12	8
8	Emily Moy	BT	12	7	15	15	49	7=
9	Erin Valenzuela	STJ	4.18	4.28	4.18		4.28	19
9	Erin Valenzuela	TT	6	4	2	0	12	10
10	Bethany Sutherland	VJ	35	34	35		35	16
11	Nicole Chayter	ST	5.00	5.00	6.00		6.00	8
11	Nicole Chayter	SLJ	1.56	1.55	1.47		1.56	13
12	Felicity Kenny	CP	4.75	4.50	4.25		4.75	10=
12	Felicity Kenny	SLJ	1.34	1.41	1.39		1.41	19
13	Kate McQuaid	J	4	5	4		5	16
13	Kate McQuaid	SB	38				38	23

Team Results

Herts Phoenix (blue)

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NUFIA-East Regional Festival Under 11 Girls

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UEA Sportspark, Norwich

Date

25 Nov 2006

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Herts Phoenix	blue	465	28	29	24	30	30	30	30	30	30	30	30	30	30	30	28	26
2	Norfolk Lions	purple	411	30	29	30	28	24	26	24	22	24	24	27	26	26	24	23	24
3	Suffolk Gazelles	sky	407	26	26	28	26	28	22	26	28	20	20	24	28	28	26	23	28
4	Essex Eagles	red	392	22	24	26	24	22	28	28	24	26	27	21	18	24	28	20	30
5	Herts Pegasus	green	347	20	20	20	22	26	24	22	20	22	18	27	16	20	20	28	22
6	Essex Kestrels	yellow	325	18	16	16	18	18	20	20	26	28	27	18	20	16	16	28	20
7	Suffolk Starlets	white	308	16	22	22	20	20	18	16	18	18	22	16	24	18	22	18	18
8	Norfolk Tigers	orange	289	24	18	18	16	16	16	18	16	16	16	21	22	22	18	16	16

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Natashia Hadley	J	15	17	18		18	1
1	Natashia Hadley	STJ	5.98	6.24	6.18		6.24	1
2	Melissa Hadley	CP	8.00	7.50	7.75		8.00	1
2	Melissa Hadley	SLJ	1.73	1.73	1.73		1.73	10
3	Sian Atkins	ST	7.00	7.25	7.50		7.50	1
3	Sian Atkins	SLJ	1.75	1.81	1.85		1.85	6
4	Nelly Dalton	SB	55				55	1
4	Nelly Dalton	VJ	37	35	37		37	14
5	Claire Clough	STJ	4.02	4.30	4.30		4.30	18
6	Natalie Allen	SB	53				53	2=
6	Natalie Allen	VJ	43	39	40		43	3=
7	Emma Trehearn	ST	6.50	6.75	7.50		7.50	2
7	Emma Trehearn	VJ	34	37	39		39	12
8	Amelia Dimmock	BT	15	15	15	15	60	1=
8	Amelia Dimmock	J	16	9	12		16	4
9	Nina Pitrakou	BT	12	3	7	15	37	14
9	Nina Pitrakou	SLJ	1.99	2.01	1.85		2.01	2
10	Bethany Walker	SB	46				46	13=
10	Bethany Walker	TT	8	7	0	0	15	7=
11	Victoria Dathan	CP	5.75	5.50	5.50		5.75	4
11	Victoria Dathan	STJ	5.40	5.20	5.10		5.40	2
12	Abigal Freeman	BT	15	15	15	15	60	1=
12	Abigal Freeman	TT	7	9	2	0	18	4=

Team Results

Norfolk Lions (purple)

Competition:

NUFIA-East Regional Festival Under 11 Girls

Venue:

UEA Sportspark, Norwich

Date

25 Nov 2006

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Herts Phoenix	blue	465	28	29	24	30	30	30	30	30	30	30	30	30	30	30	28	26
2	Norfolk Lions	purple	411	30	29	30	28	24	26	24	22	24	24	27	26	26	24	23	24
3	Suffolk Gazelles	sky	407	26	26	28	26	28	22	26	28	20	20	24	28	28	26	23	28
4	Essex Eagles	red	392	22	24	26	24	22	28	28	24	26	27	21	18	24	28	20	30
5	Herts Pegasus	green	347	20	20	20	22	26	24	22	20	22	18	27	16	20	20	28	22
6	Essex Kestrels	yellow	325	18	16	16	18	18	20	20	26	28	27	18	20	16	16	28	20
7	Suffolk Starlets	white	308	16	22	22	20	20	18	16	18	18	22	16	24	18	22	18	18
8	Norfolk Tigers	orange	289	24	18	18	16	16	16	18	16	16	16	21	22	22	18	16	16

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Ella Stephenson	SB	53				53	2=
1	Ella Stephenson	SLJ	1.51	1.55	1.51		1.55	15
2	Lauren King	J	8	10	9		10	12
2	Lauren King	SLJ	1.83	1.85	1.83		1.85	5
3	Suzi Flowers	BT	15	15	9	15	54	5
3	Suzi Flowers	STJ	5.04	4.84	5.10		5.10	4
4	Ellie Blunt	ST	5.00	6.00	6.00		6.00	6
4	Ellie Blunt	SLJ	1.80	1.85	1.86		1.86	4
5	Jessica Hamilton	CP	5.75	5.25	6.00		6.00	3
5	Jessica Hamilton	VJ	42	41	40		42	5
6	Jemma Poyner	BT	8	15	5	8	36	15=
6	Jemma Poyner	STJ	4.02	4.00	4.00		4.02	23
7	Georgia Butler	BT	13	9	6	8	36	15=
7	Georgia Butler	J	10	10	12		12	9
8	Louisa Marshall	ST	6.00	6.25	5.00		6.25	4=
8	Louisa Marshall	SB	52				52	4=
9	Faye Dickerson	CP	4.25	4.75	5.00		5.00	9
9	Faye Dickerson	STJ	4.60	4.66	4.76		4.76	8
10	Charlotte Griffin	TT	10	3	3	0	16	6
10	Charlotte Griffin	VJ	37	38	34		38	13
11	Emily Pursehouse	VJ	28	37	36		37	15
12	Stephanie Griffin	SB	44				44	17=
12	Stephanie Griffin	TT	8	6	1	0	15	7=

Team Results

Norfolk Tigers (orange)

Competition:

NUFIA-East Regional Festival Under 11 Girls

Venue:

UEA Sportspark, Norwich

Date

25 Nov 2006

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Herts Phoenix	blue	465	28	29	24	30	30	30	30	30	30	30	30	30	30	30	28	26
2	Norfolk Lions	purple	411	30	29	30	28	24	26	24	22	24	24	27	26	26	24	23	24
3	Suffolk Gazelles	sky	407	26	26	28	26	28	22	26	28	20	20	24	28	28	26	23	28
4	Essex Eagles	red	392	22	24	26	24	22	28	28	24	26	27	21	18	24	28	20	30
5	Herts Pegasus	green	347	20	20	20	22	26	24	22	20	22	18	27	16	20	20	28	22
6	Essex Kestrels	yellow	325	18	16	16	18	18	20	20	26	28	27	18	20	16	16	28	20
7	Suffolk Starlets	white	308	16	22	22	20	20	18	16	18	18	22	16	24	18	22	18	18
8	Norfolk Tigers	orange	289	24	18	18	16	16	16	18	16	16	16	21	22	22	18	16	16

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Lucy Bernard	J	4	7	8		8	14
1	Lucy Bernard	VJ	30	32	31		32	20
2	Lucy Hadingham	SB	44				44	17=
2	Lucy Hadingham	SLJ	1.73	1.79	1.79		1.79	7
3	Charlotte Smith	CP	3.75	3.75	4.25		4.25	14
3	Charlotte Smith	STJ	3.19	4.16	4.22		4.22	21
4	Sarah Kelly	SB	46				46	13=
4	Sarah Kelly	STJ	4.10	4.18	4.20		4.20	22
5	Hannah Roe	J	7	7	8		8	13
6	Rebecca Howard	SB	48				48	9=
6	Rebecca Howard	STJ	3.78	3.56	4.40		4.40	17
7	Grace Francis	CP	3.00	3.75	3.75		3.75	16
7	Grace Francis	VJ	24	20	20		24	24
8	Niaomi Jackson	BT	1	10	5	5	21	21=
8	Niaomi Jackson	TT	5	0	1	0	6	13=
9	Katie Reynolds	ST	5.50	5.50	4.00		5.50	11
9	Katie Reynolds	VJ	19	25	22		25	22
10	Ella Mitchell	BT	2	6	10	3	21	21=
10	Ella Mitchell	SLJ	1.24	1.23	1.24		1.24	24
11	Victoria Dolman	BT	6	6	3	3	18	24
11	Victoria Dolman	TT	3	0	0	0	3	16
12	Harriet Robinson	ST	5.00	5.25	5.25		5.25	13
12	Harriet Robinson	SLJ	1.54	1.53	1.48		1.54	16

Team Results

Suffolk Gazelles (sky)

Competition:

NUFIA-East Regional Festival Under 11 Girls

Venue:

UEA Sportspark, Norwich

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Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Herts Phoenix	blue	465	28	29	24	30	30	30	30	30	30	30	30	30	30	30	28	26
2	Norfolk Lions	purple	411	30	29	30	28	24	26	24	22	24	24	27	26	26	24	23	24
3	Suffolk Gazelles	sky	407	26	26	28	26	28	22	26	28	20	20	24	28	28	26	23	28
4	Essex Eagles	red	392	22	24	26	24	22	28	28	24	26	27	21	18	24	28	20	30
5	Herts Pegasus	green	347	20	20	20	22	26	24	22	20	22	18	27	16	20	20	28	22
6	Essex Kestrels	yellow	325	18	16	16	18	18	20	20	26	28	27	18	20	16	16	28	20
7	Suffolk Starlets	white	308	16	22	22	20	20	18	16	18	18	22	16	24	18	22	18	18
8	Norfolk Tigers	orange	289	24	18	18	16	16	16	18	16	16	16	21	22	22	18	16	16

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Mone Betterton	SB	52				52	4=
1	Mone Betterton	TT	3	2	0	0	5	15
2	Avani Bodkin	SLJ	1.87	1.73	1.73		1.87	3
2	Avani Bodkin	TT	10	8	4	4	26	1
3	Alice De Cleen	BT	11	12	6	6	35	17=
3	Alice De Cleen	STJ	4.57	4.50	4.50		4.57	13
4	Hatie Fletcher	J	6	5	6		6	15
5	Jessica Gooderham	CP	4.75	4.25	4.50		4.75	10=
5	Jessica Gooderham	SB	52				52	4=
6	Lauren James	ST	5.00	5.50	4.50		5.50	12
6	Lauren James	VJ	40	38	37		40	10
7	Elisabeth Lehkyi	J	12	12	10		12	6=
7	Elisabeth Lehkyi	ST	6.50	6.50	6.50		6.50	3
7	Elisabeth Lehkyi	STJ	4.82	4.80	4.48		4.82	7
8	Catlin Manning	CP	4.00	3.75	4.25		4.25	13
8	Catlin Manning	VJ	40	38	38		40	9
9	Georgina May	SB	48				48	9=
9	Georgina May	SLJ	1.73	1.75	1.63		1.75	9
10	Charlotte Web	BT	15	15	15	15	60	1=
10	Charlotte Web	SLJ	1.72	1.75	1.78		1.78	8
11	Scarlet Welch	J	0	0	0		0	
11	Scarlet Welch	VJ	41	37	41		41	7
12	Bride Le Wilkins	BT	15	8	15	15	53	6
12	Bride Le Wilkins	STJ	4.16	4.48	4.58		4.58	12

Team Results

Suffolk Starlets (white)

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Venue:

UEA Sportspark, Norwich

Date

25 Nov 2006

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Herts Phoenix	blue	465	28	29	24	30	30	30	30	30	30	30	30	30	30	30	28	26
2	Norfolk Lions	purple	411	30	29	30	28	24	26	24	22	24	24	27	26	26	24	23	24
3	Suffolk Gazelles	sky	407	26	26	28	26	28	22	26	28	20	20	24	28	28	26	23	28
4	Essex Eagles	red	392	22	24	26	24	22	28	28	24	26	27	21	18	24	28	20	30
5	Herts Pegasus	green	347	20	20	20	22	26	24	22	20	22	18	27	16	20	20	28	22
6	Essex Kestrels	yellow	325	18	16	16	18	18	20	20	26	28	27	18	20	16	16	28	20
7	Suffolk Starlets	white	308	16	22	22	20	20	18	16	18	18	22	16	24	18	22	18	18
8	Norfolk Tigers	orange	289	24	18	18	16	16	16	18	16	16	16	21	22	22	18	16	16

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Elisa Jane Barber	SB	48				48	9=
1	Elisa Jane Barber	SLJ	1.33	1.42	1.54		1.54	18
2	Taylor Burton	ST	5.50	5.50	6.00		6.00	7
2	Taylor Burton	STJ	4.24	4.36	4.66		4.66	10
3	Rebecca Bliss	BT	2	2	13	2	19	23
3	Rebecca Bliss	TT	7	2	0	0	9	12
4	Jade Horne	J	11	9	9		11	10
4	Jade Horne	STJ	4.34	4.40	4.18		4.40	16
5	Emma Jessop	CP	3.75	3.25	3.75		3.75	15
5	Emma Jessop	SLJ	1.32	1.11	1.21		1.32	23
6	Phoebe La McCann	STJ	0.00	0.00	0.00		0.00	
7	Megan Thulborne	STJ	4.30	4.72	4.72		4.72	9
7	Megan Thulborne	TT	6	0	0	0	6	13=
7	Megan Thulborne	VJ	24	20	22		24	23
8	Abbagail Felton	BT	5	6	14	5	30	19
8	Abbagail Felton	ST	0.00	0.00	0.00		0.00	
9	Katie Hale	SB	51				51	7
9	Katie Hale	VJ	31	35	34		35	17
10	Lydia Bowers	BT	15	9	3	11	38	13
10	Lydia Bowers	CP	4.75	5.00	4.50		5.00	8
11	Chelsea Wade	SB	45				45	15=
11	Chelsea Wade	VJ	39	41	40		41	8
12	Amy Feathers	J	9	10	10		10	11
12	Amy Feathers	SLJ	1.60	1.62	1.53		1.62	12

Results Sheet

Obstacle Relay

Competition:

NUFIA-East Regional Festival Under 11 Girls

Venue:

UEA Sportspark, Norwich

Date

25 Nov 2006

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	05	Norfolk Lions	purple	1:28.0	0.0	1:28.0	30.0
2	04	Herts Phoenix	blue	1:29.2	0.0	1:29.2	28.0
3	07	Suffolk Gazelles	sky	1:34.8	0.0	1:34.8	26.0
4	06	Norfolk Tigers	orange	1:35.0	0.0	1:35.0	24.0
5	01	Essex Eagles	red	1:35.7	0.0	1:35.7	22.0
6	03	Herts Pegasus	green	1:37.0	0.0	1:37.0	20.0
7	02	Essex Kestrels	yellow	1:37.6	0.0	1:37.6	18.0
8	08	Suffolk Starlets	white	1:44.0	0.0	1:44.0	16.0

Results Sheet

1 + 1 Lap Relay

Competition:

NUFIA-East Regional Festival Under 11 Girls

Venue:

UEA Sportspark, Norwich

Date

25 Nov 2006

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1=	04	Herts Phoenix	blue	26.2	0.0	26.2	29.0
1=	05	Norfolk Lions	purple	26.2	0.0	26.2	29.0
3	07	Suffolk Gazelles	sky	27.4	0.0	27.4	26.0
4	01	Essex Eagles	red	27.7	0.0	27.7	24.0
5	08	Suffolk Starlets	white	28.9	0.0	28.9	22.0
6	03	Herts Pegasus	green	29.0	0.0	29.0	20.0
7	06	Norfolk Tigers	orange	30.0	0.0	30.0	18.0
8	02	Essex Kestrels	yellow	30.3	0.0	30.3	16.0

Results Sheet

4 x 1 Lap Relay

Competition:

NUFIA-East Regional Festival Under 11 Girls

Venue:

UEA Sportspark, Norwich

Date

25 Nov 2006

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	05	Norfolk Lions	purple	55.4	0.0	55.4	30.0
2	07	Suffolk Gazelles	sky	56.2	0.0	56.2	28.0
3	01	Essex Eagles	red	56.9	0.0	56.9	26.0
4	04	Herts Phoenix	blue	57.0	0.0	57.0	24.0
5	08	Suffolk Starlets	white	57.2	0.0	57.2	22.0
6	03	Herts Pegasus	green	58.6	0.0	58.6	20.0
7	06	Norfolk Tigers	orange	1:01.1	0.0	1:01.1	18.0
8	02	Essex Kestrels	yellow	1:04.3	0.0	1:04.3	16.0

Results Sheet

6 Lap Paarlauf

Competition:

NUFIA-East Regional Festival Under 11 Girls

Venue:

UEA Sportspark, Norwich

Date

25 Nov 2006

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Herts Phoenix	blue	1:26.1	0.0	1:26.1	30.0
2	05	Norfolk Lions	purple	1:27.4	0.0	1:27.4	28.0
3	07	Suffolk Gazelles	sky	1:32.2	0.0	1:32.2	26.0
4	01	Essex Eagles	red	1:32.5	0.0	1:32.5	24.0
5	03	Herts Pegasus	green	1:33.1	0.0	1:33.1	22.0
6	08	Suffolk Starlets	white	1:35.5	0.0	1:35.5	20.0
7	02	Essex Kestrels	yellow	1:37.2	0.0	1:37.2	18.0
8	06	Norfolk Tigers	orange	1:39.0	0.0	1:39.0	16.0

Results Sheet

Over and Under Relay

Competition:

NUFIA-East Regional Festival Under 11 Girls

Venue:

UEA Sportspark, Norwich

Date

25 Nov 2006

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Herts Phoenix	blue	1:21.9	0.0	1:21.9	30.0
2	07	Suffolk Gazelles	sky	1:22.8	0.0	1:22.8	28.0
3	03	Herts Pegasus	green	1:23.9	0.0	1:23.9	26.0
4	05	Norfolk Lions	purple	1:24.9	0.0	1:24.9	24.0
5	01	Essex Eagles	red	1:25.6	0.0	1:25.6	22.0
6	08	Suffolk Starlets	white	1:25.9	0.0	1:25.9	20.0
7	02	Essex Kestrels	yellow	1:31.7	0.0	1:31.7	18.0
8	06	Norfolk Tigers	orange	1:34.9	0.0	1:34.9	16.0

Results Sheet

Hurdles Relay

Competition:

NUFIA-East Regional Festival Under 11 Girls

Venue:

UEA Sportspark, Norwich

Date

25 Nov 2006

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Herts Phoenix	blue	1:01.4	0.0	1:01.4	30.0
2	01	Essex Eagles	red	1:03.4	0.0	1:03.4	28.0
3	05	Norfolk Lions	purple	1:05.0	0.0	1:05.0	26.0
4	03	Herts Pegasus	green	1:06.1	0.0	1:06.1	24.0
5	07	Suffolk Gazelles	sky	1:07.1	0.0	1:07.1	22.0
6	02	Essex Kestrels	yellow	1:10.5	0.0	1:10.5	20.0
7	08	Suffolk Starlets	white	1:12.5	0.0	1:12.5	18.0
8	06	Norfolk Tigers	orange	1:13.6	0.0	1:13.6	16.0

Results Sheet

Grand Prix

Competition:

NUFIA-East Regional Festival Under 11 Girls

Venue:

UEA Sportspark, Norwich

Date

25 Nov 2006

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Herts Phoenix	blue	1:03.7	0.0	1:03.7	30.0
2	01	Essex Eagles	red	1:09.9	0.0	1:09.9	28.0
3	07	Suffolk Gazelles	sky	1:11.0	0.0	1:11.0	26.0
4	05	Norfolk Lions	purple	1:13.6	0.0	1:13.6	24.0
5	03	Herts Pegasus	green	1:13.8	0.0	1:13.8	22.0
6	02	Essex Kestrels	yellow	1:16.5	0.0	1:16.5	20.0
7	06	Norfolk Tigers	orange	1:18.5	0.0	1:18.5	18.0
8	08	Suffolk Starlets	white	1:21.5	0.0	1:21.5	16.0

Results Sheet

Balance Test

Competition:

NUFIA-East Regional Festival Under 11 Girls

Venue:

UEA Sportspark, Norwich

Date

25 Nov 2006

Ranking	Team	Colour	Total	Points
1	Herts Phoenix	blue	157	30
2	Suffolk Gazelles	sky	148	28
3	Essex Kestrels	yellow	145	26
4	Essex Eagles	red	132	24
5	Norfolk Lions	purple	126	22
6	Herts Pegasus	green	117	20
7	Suffolk Starlets	white	87	18
8	Norfolk Tigers	orange	60	16

Ranking	Team	Colour	BibNo	Name	Total
1=	Herts Phoenix	blue	8	Amelia Dimmock	60
1=	Herts Phoenix	blue	12	Abigail Freeman	60
1=	Suffolk Gazelles	sky	10	Charlotte Web	60
4	Essex Kestrels	yellow	9	Cerise Peverell	57
5	Norfolk Lions	purple	3	Suzi Flowers	54
6	Suffolk Gazelles	sky	12	Bride Le Wilkins	53
7=	Essex Eagles	red	1	Evie Padmore	49
7=	Herts Pegasus	green	8	Emily Moy	49
9	Essex Eagles	red	2	Shannon Bramwell	48
10=	Essex Kestrels	yellow	5	Rachel Clark	45
10=	Herts Pegasus	green	3	Lelia Gillani	45
12	Essex Kestrels	yellow	13	Kayleigh Reed	43
13	Suffolk Starlets	white	10	Lydia Bowers	38
14	Herts Phoenix	blue	9	Nina Pitrakou	37
15=	Norfolk Lions	purple	6	Jemma Poyner	36
15=	Norfolk Lions	purple	7	Georgia Butler	36
17=	Essex Eagles	red	11	Toni Marriott	35
17=	Suffolk Gazelles	sky	3	Alice De Cleen	35
19	Suffolk Starlets	white	8	Abigail Felton	30
20	Herts Pegasus	green	7	Chloe Yiangou	23
21=	Norfolk Tigers	orange	8	Niaomi Jackson	21
21=	Norfolk Tigers	orange	10	Ella Mitchell	21
23	Suffolk Starlets	white	3	Rebecca Bliss	19
24	Norfolk Tigers	orange	11	Victoria Dolman	18

Results Sheet

Chest Push

Competition:

NUFIA-East Regional Festival Under 11 Girls

Venue:

UEA Sportspark, Norwich

Date

25 Nov 2006

Ranking	Team	Colour	Total	Points
1	Herts Phoenix	blue	13.75	30
2	Essex Kestrels	yellow	11.50	28
3	Essex Eagles	red	11.25	26
4	Norfolk Lions	purple	11.00	24
5	Herts Pegasus	green	10.25	22
6	Suffolk Gazelles	sky	9.00	20
7	Suffolk Starlets	white	8.75	18
8	Norfolk Tigers	orange	8.00	16

Ranking	Team	Colour	BibNo	Name	Best
1	Herts Phoenix	blue	2	Melissa Hadley	8.00
2	Essex Kestrels	yellow	3	Caitlin Pearson	6.75
3	Norfolk Lions	purple	5	Jessica Hamilton	6.00
4	Herts Phoenix	blue	11	Victoria Dathan	5.75
5	Essex Eagles	red	5	Chloe Ahmet	5.75
6	Essex Eagles	red	12	Georgina Dulce	5.50
7	Herts Pegasus	green	6	Sophie Goodeve	5.50
8	Suffolk Starlets	white	10	Lydia Bowers	5.00
9	Norfolk Lions	purple	9	Faye Dickerson	5.00
10=	Herts Pegasus	green	12	Felicity Kenny	4.75
10=	Suffolk Gazelles	sky	5	Jessica Gooderham	4.75
12	Essex Kestrels	yellow	7	Tilly Stewart	4.75
13	Suffolk Gazelles	sky	8	Catlin Manning	4.25
14	Norfolk Tigers	orange	3	Charlotte Smith	4.25
15	Suffolk Starlets	white	5	Emma Jessop	3.75
16	Norfolk Tigers	orange	7	Grace Francis	3.75

Results Sheet

Javelin

Competition:

NUFIA-East Regional Festival Under 11 Girls

Venue:

UEA Sportspark, Norwich

Date

25 Nov 2006

Ranking	Team	Colour	Total	Points
1	Herts Phoenix	blue	34	30
2=	Essex Eagles	red	30	27
2=	Essex Kestrels	yellow	30	27
4	Norfolk Lions	purple	22	24
5	Suffolk Starlets	white	21	22
6	Suffolk Gazelles	sky	18	20
7	Herts Pegasus	green	17	18
8	Norfolk Tigers	orange	16	16

Ranking	Team	Colour	BibNo	Name	Best
1	Herts Phoenix	blue	1	Natashia Hadley	18
2	Essex Kestrels	yellow	1	Ellie Freeman	18
3	Essex Eagles	red	10	Phoebe Guiver	17
4	Herts Phoenix	blue	8	Amelia Dimmock	16
5	Essex Eagles	red	11	Toni Marriott	13
6=	Essex Kestrels	yellow	8	Ellie Humphries	12
6=	Suffolk Gazelles	sky	7	Elisabeth Lehkyi	12
8	Herts Pegasus	green	7	Chloe Yiangou	12
9	Norfolk Lions	purple	7	Georgia Butler	12
10	Suffolk Starlets	white	4	Jade Horne	11
11	Suffolk Starlets	white	12	Amy Feathers	10
12	Norfolk Lions	purple	2	Lauren King	10
13	Norfolk Tigers	orange	5	Hannah Roe	8
14	Norfolk Tigers	orange	1	Lucy Bernard	8
15	Suffolk Gazelles	sky	4	Hatie Fletcher	6
16	Herts Pegasus	green	13	Kate McQuaid	5
	Essex Eagles	red	1	Evie Padmore	0
	Suffolk Gazelles	sky	11	Scarlet Welch	0

Results Sheet

Sitting Throw

Competition:

NUFIA-East Regional Festival Under 11 Girls

Venue:

UEA Sportspark, Norwich

Date

25 Nov 2006

Ranking	Team	Colour	Total	Points
1	Herts Phoenix	blue	15.00	30
2=	Herts Pegasus	green	12.25	27
2=	Norfolk Lions	purple	12.25	27
4	Suffolk Gazelles	sky	12.00	24
5=	Essex Eagles	red	10.75	21
5=	Norfolk Tigers	orange	10.75	21
7	Essex Kestrels	yellow	9.75	18
8	Suffolk Starlets	white	6.00	16

Ranking	Team	Colour	BibNo	Name	Best
1	Herts Phoenix	blue	3	Sian Atkins	7.50
2	Herts Phoenix	blue	7	Emma Trehearn	7.50
3	Suffolk Gazelles	sky	7	Elisabeth Lehkyi	6.50
4=	Herts Pegasus	green	5	Lizzy Parry	6.25
4=	Norfolk Lions	purple	8	Louisa Marshall	6.25
6	Norfolk Lions	purple	4	Ellie Blunt	6.00
7	Suffolk Starlets	white	2	Taylor Burton	6.00
8	Herts Pegasus	green	11	Nicole Chayter	6.00
9	Essex Eagles	red	9	Hettie Johns	5.75
10	Essex Kestrels	yellow	12	Jayde Simmons	5.50
11	Norfolk Tigers	orange	9	Katie Reynolds	5.50
12	Suffolk Gazelles	sky	6	Lauren James	5.50
13	Norfolk Tigers	orange	12	Harriet Robinson	5.25
14	Essex Eagles	red	13	Phoebe Smithdale	5.00
15	Essex Kestrels	yellow	14	Georgia Wilkins	4.25
	Suffolk Starlets	white	8	Abbagail Felton	0.00

Results Sheet

Speed Bounce

Competition:

NUFIA-East Regional Festival Under 11 Girls

Venue:

UEA Sportspark, Norwich

Date

25 Nov 2006

Ranking	Team	Colour	Total	Points
1	Herts Phoenix	blue	154	30
2	Suffolk Gazelles	sky	152	28
3	Norfolk Lions	purple	149	26
4	Suffolk Starlets	white	144	24
5	Norfolk Tigers	orange	138	22
6	Essex Kestrels	yellow	133	20
7	Essex Eagles	red	124	18
8	Herts Pegasus	green	119	16

Ranking	Team	Colour	BibNo	Name	Total
1	Herts Phoenix	blue	4	Nelly Dalton	55
2=	Herts Phoenix	blue	6	Natalie Allen	53
2=	Norfolk Lions	purple	1	Ella Stephenson	53
4=	Norfolk Lions	purple	8	Louisa Marshall	52
4=	Suffolk Gazelles	sky	1	Mone Betterton	52
4=	Suffolk Gazelles	sky	5	Jessica Gooderham	52
7	Suffolk Starlets	white	9	Katie Hale	51
8	Essex Eagles	red	8	Harriet Brereton	50
9=	Essex Kestrels	yellow	8	Ellie Humphries	48
9=	Norfolk Tigers	orange	6	Rebecca Howard	48
9=	Suffolk Gazelles	sky	9	Georgina May	48
9=	Suffolk Starlets	white	1	Elisa Jane Barber	48
13=	Herts Phoenix	blue	10	Bethany Walker	46
13=	Norfolk Tigers	orange	4	Sarah Kelly	46
15=	Essex Kestrels	yellow	1	Ellie Freeman	45
15=	Suffolk Starlets	white	11	Chelsea Wade	45
17=	Norfolk Lions	purple	12	Stephanie Griffin	44
17=	Norfolk Tigers	orange	2	Lucy Hadingham	44
19	Herts Pegasus	green	4	Bronte Chandrasekara	42
20=	Essex Eagles	red	7	Emily Wong	40
20=	Essex Kestrels	yellow	11	Jade Eden	40
22	Herts Pegasus	green	1	Catherine Gill	39
23	Herts Pegasus	green	13	Kate McQuaid	38
24	Essex Eagles	red	14	Rosa Prideaux	34

Results Sheet

Standing Long Jump

Competition:

NUFIA-East Regional Festival Under 11 Girls

Venue:

UEA Sportspark, Norwich

Date

25 Nov 2006

Ranking	Team	Colour	Total	Points
1	Herts Phoenix	blue	5.59	30
2	Suffolk Gazelles	sky	5.40	28
3	Norfolk Lions	purple	5.26	26
4	Essex Eagles	red	5.06	24
5	Norfolk Tigers	orange	4.57	22
6	Herts Pegasus	green	4.52	20
7	Suffolk Starlets	white	4.48	18
8	Essex Kestrels	yellow	4.22	16

Ranking	Team	Colour	BibNo	Name	Best
1	Essex Eagles	red	12	Georgina Dulce	2.03
2	Herts Phoenix	blue	9	Nina Pitrakou	2.01
3	Suffolk Gazelles	sky	2	Avani Bodkin	1.87
4	Norfolk Lions	purple	4	Ellie Blunt	1.86
5	Norfolk Lions	purple	2	Lauren King	1.85
6	Herts Phoenix	blue	3	Sian Atkins	1.85
7	Norfolk Tigers	orange	2	Lucy Hadingham	1.79
8	Suffolk Gazelles	sky	10	Charlotte Web	1.78
9	Suffolk Gazelles	sky	9	Georgina May	1.75
10	Herts Phoenix	blue	2	Melissa Hadley	1.73
11	Essex Eagles	red	4	Georgina Gouch	1.67
12	Suffolk Starlets	white	12	Amy Feathers	1.62
13	Herts Pegasus	green	11	Nicole Chayter	1.56
14	Herts Pegasus	green	6	Sophie Goodeve	1.55
15	Norfolk Lions	purple	1	Ella Stephenson	1.55
16	Norfolk Tigers	orange	12	Harriet Robinson	1.54
17	Essex Kestrels	yellow	3	Caitlin Pearson	1.54
18	Suffolk Starlets	white	1	Elisa Jane Barber	1.54
19	Herts Pegasus	green	12	Felicity Kenny	1.41
20	Essex Eagles	red	3	Georgia Gill	1.36
21	Essex Kestrels	yellow	4	Jasmine Warner	1.35
22	Essex Kestrels	yellow	13	Kayleigh Reed	1.33
23	Suffolk Starlets	white	5	Emma Jessop	1.32
24	Norfolk Tigers	orange	10	Ella Mitchell	1.24

Results Sheet

Standing Triple Jump

Competition:

NUFIA-East Regional Festival Under 11 Girls

Venue:

UEA Sportspark, Norwich

Date

25 Nov 2006

Ranking	Team	Colour	Total	Points
1	Herts Phoenix	blue	15.94	30
2	Essex Eagles	red	14.90	28
3	Suffolk Gazelles	sky	13.97	26
4	Norfolk Lions	purple	13.88	24
5	Suffolk Starlets	white	13.78	22
6	Herts Pegasus	green	13.64	20
7	Norfolk Tigers	orange	12.82	18
8	Essex Kestrels	yellow	12.44	16

Ranking	Team	Colour	BibNo	Name	Best
1	Herts Phoenix	blue	1	Natashia Hadley	6.24
2	Herts Phoenix	blue	11	Victoria Dathan	5.40
3	Essex Eagles	red	6	Clarice Parrott	5.32
4	Norfolk Lions	purple	3	Suzi Flowers	5.10
5	Essex Eagles	red	10	Phoebe Guiver	5.06
6	Herts Pegasus	green	3	Lelia Gillani	4.86
7	Suffolk Gazelles	sky	7	Elisabeth Lehkyi	4.82
8	Norfolk Lions	purple	9	Faye Dickerson	4.76
9	Suffolk Starlets	white	7	Megan Thulborne	4.72
10	Suffolk Starlets	white	2	Taylor Burton	4.66
11	Essex Kestrels	yellow	5	Rachel Clark	4.60
12	Suffolk Gazelles	sky	12	Bride Le Wilkins	4.58
13	Suffolk Gazelles	sky	3	Alice De Cleen	4.57
14	Essex Eagles	red	13	Phoebe Smithdale	4.52
15	Herts Pegasus	green	5	Lizzy Parry	4.50
16	Suffolk Starlets	white	4	Jade Horne	4.40
17	Norfolk Tigers	orange	6	Rebecca Howard	4.40
18	Herts Phoenix	blue	5	Claire Clough	4.30
19	Herts Pegasus	green	9	Erin Valenzuela	4.28
20	Essex Kestrels	yellow	11	Jade Eden	4.28
21	Norfolk Tigers	orange	3	Charlotte Smith	4.22
22	Norfolk Tigers	orange	4	Sarah Kelly	4.20
23	Norfolk Lions	purple	6	Jemma Poyner	4.02
24	Essex Kestrels	yellow	7	Tilly Stewart	3.56
	Suffolk Starlets	white	6	Phoebe La McCann	0.00

Results Sheet

Target Throw

Competition:

NUFIA-East Regional Festival Under 11 Girls

Venue:

UEA Sportspark, Norwich

Date

25 Nov 2006

Ranking	Team	Colour	Total	Points
1=	Essex Kestrels	yellow	33	28
1=	Herts Pegasus	green	33	28
1=	Herts Phoenix	blue	33	28
4=	Norfolk Lions	purple	31	23
4=	Suffolk Gazelles	sky	31	23
6	Essex Eagles	red	29	20
7	Suffolk Starlets	white	15	18
8	Norfolk Tigers	orange	9	16

Ranking	Team	Colour	BibNo	Name	Total
1	Suffolk Gazelles	sky	2	Avani Bodkin	26
2	Herts Pegasus	green	2	Chloe Bellamy-Perssley	21
3	Essex Kestrels	yellow	4	Jasmine Warner	19
4=	Essex Eagles	red	6	Clarice Parrott	18
4=	Herts Phoenix	blue	12	Abigail Freeman	18
6	Norfolk Lions	purple	10	Charlotte Griffin	16
7=	Herts Phoenix	blue	10	Bethany Walker	15
7=	Norfolk Lions	purple	12	Stephanie Griffin	15
9	Essex Kestrels	yellow	9	Cerise Peverell	14
10	Herts Pegasus	green	9	Erin Valenzuela	12
11	Essex Eagles	red	3	Georgia Gill	11
12	Suffolk Starlets	white	3	Rebecca Bliss	9
13=	Norfolk Tigers	orange	8	Niaomi Jackson	6
13=	Suffolk Starlets	white	7	Megan Thulborne	6
15	Suffolk Gazelles	sky	1	Mone Betterton	5
16	Norfolk Tigers	orange	11	Victoria Dolman	3

Results Sheet

Vertical Jump

Competition:

NUFIA-East Regional Festival Under 11 Girls

Venue:

UEA Sportspark, Norwich

Date

25 Nov 2006

Ranking	Team	Colour	Total	Points
1	Essex Eagles	red	138	30
2	Suffolk Gazelles	sky	121	28
3	Herts Phoenix	blue	119	26
4	Norfolk Lions	purple	117	24
5	Herts Pegasus	green	110	22
6	Essex Kestrels	yellow	105	20
7	Suffolk Starlets	white	100	18
8	Norfolk Tigers	orange	81	16

Ranking	Team	Colour	BibNo	Name	Best
1	Essex Eagles	red	8	Harriet Brereton	49
2	Essex Eagles	red	9	Hettie Johns	46
3=	Essex Eagles	red	2	Shannon Bramwell	43
3=	Herts Phoenix	blue	6	Natalie Allen	43
5	Norfolk Lions	purple	5	Jessica Hamilton	42
6	Herts Pegasus	green	4	Bronte Chandrasekara	41
7	Suffolk Gazelles	sky	11	Scarlet Welch	41
8	Suffolk Starlets	white	11	Chelsea Wade	41
9	Suffolk Gazelles	sky	8	Catlin Manning	40
10	Suffolk Gazelles	sky	6	Lauren James	40
11	Essex Kestrels	yellow	6	Chantelle McLeod	39
12	Herts Phoenix	blue	7	Emma Trehearn	39
13	Norfolk Lions	purple	10	Charlotte Griffin	38
14	Herts Phoenix	blue	4	Nelly Dalton	37
15	Norfolk Lions	purple	11	Emily Pursehouse	37
16	Herts Pegasus	green	10	Bethany Sutherland	35
17	Suffolk Starlets	white	9	Katie Hale	35
18	Essex Kestrels	yellow	10	Nicole Buckley	34
19	Herts Pegasus	green	1	Catherine Gill	34
20	Norfolk Tigers	orange	1	Lucy Bernard	32
21	Essex Kestrels	yellow	2	Rebecca Highfield	32
22	Norfolk Tigers	orange	9	Katie Reynolds	25
23	Suffolk Starlets	white	7	Megan Thulborne	24
24	Norfolk Tigers	orange	7	Grace Francis	24
	Essex Eagles	red	13	Phoebe Smithdale	0