



Norwich Union Fun in Athletics Festival

London Regional Festival

Westcroft Leisure Centre, Sutton

Saturday 19 January, 2008

We welcome teams today from ...

|                         |        |
|-------------------------|--------|
| All Saints              | red    |
| City of London          | yellow |
| Cubitt Town             | green  |
| Hackney SSP             | blue   |
| London Heathside AC     | purple |
| South London Harriers   | orange |
| Sutton Arena Academy    | sky    |
| Team Brent              | white  |
| The Kingston Kestrels   | maroon |
| Waltham Forest          | black  |
| Wandsworth              | brown  |
| West Ham & Plaistow NDC | silver |

# Competition Results

## Competition:

NUFIA-London Regional Festival Under 11 Boys

## Venue:

Westcroft Leisure Centre, Sutton

## Date

19 Jan 2008

| Ranking | Team                  | Colour | Score | OR | 1+1 | 4x1 | P6 | OU | HR | GP | BT | CP | J  | ST | SB | SLJ | STJ | TT | VJ |
|---------|-----------------------|--------|-------|----|-----|-----|----|----|----|----|----|----|----|----|----|-----|-----|----|----|
| 1       | Wandsworth            | brown  | 452   | 30 | 30  | 30  | 26 | 30 | 28 | 28 | 22 | 30 | 29 | 27 | 30 | 28  | 30  | 28 | 26 |
| 2       | Waltham Forest        | black  | 427   | 26 | 26  | 28  | 28 | 28 | 26 | 26 | 20 | 28 | 29 | 24 | 24 | 30  | 28  | 26 | 30 |
| 3       | Team Brent            | white  | 399   | 24 | 28  | 26  | 20 | 26 | 30 | 22 | 24 | 24 | 18 | 30 | 27 | 26  | 22  | 24 | 28 |
| 4       | All Saints            | red    | 365   | 22 | 20  | 22  | 22 | 20 | 22 | 24 | 30 | 26 | 21 | 20 | 22 | 24  | 24  | 30 | 16 |
| 5       | South London Harriers | orange | 355   | 28 | 24  | 18  | 24 | 22 | 16 | 30 | 26 | 22 | 26 | 18 | 27 | 22  | 16  | 16 | 20 |
| 6       | City of London        | yellow | 343   | 16 | 22  | 24  | 30 | 24 | 24 | 18 | 16 | 18 | 16 | 27 | 20 | 16  | 26  | 22 | 24 |
| 7       | The Kingston Kestrels | maroon | 313   | 18 | 18  | 20  | 18 | 16 | 18 | 16 | 28 | 20 | 21 | 22 | 16 | 20  | 20  | 20 | 22 |
| 8       | Sutton Arena Academy  | sky    | 290   | 20 | 16  | 16  | 16 | 18 | 20 | 20 | 18 | 16 | 24 | 16 | 18 | 18  | 18  | 18 | 18 |

# Team Results

# All Saints (red)

## Competition:

NUFIA-London Regional Festival Under 11 Boys

## Venue:

Westcroft Leisure Centre, Sutton

## Date

19 Jan 2008

| Ranking | Team                  | Colour | Score | OR | 1+1 | 4x1 | P6 | OU | HR | GP | BT | CP | J  | ST | SB | SLJ | STJ | TT | VJ |
|---------|-----------------------|--------|-------|----|-----|-----|----|----|----|----|----|----|----|----|----|-----|-----|----|----|
| 1       | Wandsworth            | brown  | 452   | 30 | 30  | 30  | 26 | 30 | 28 | 28 | 22 | 30 | 29 | 27 | 30 | 28  | 30  | 28 | 26 |
| 2       | Waltham Forest        | black  | 427   | 26 | 26  | 28  | 28 | 28 | 26 | 26 | 20 | 28 | 29 | 24 | 24 | 30  | 28  | 26 | 30 |
| 3       | Team Brent            | white  | 399   | 24 | 28  | 26  | 20 | 26 | 30 | 22 | 24 | 24 | 18 | 30 | 27 | 26  | 22  | 24 | 28 |
| 4       | All Saints            | red    | 365   | 22 | 20  | 22  | 22 | 20 | 22 | 24 | 30 | 26 | 21 | 20 | 22 | 24  | 24  | 30 | 16 |
| 5       | South London Harriers | orange | 355   | 28 | 24  | 18  | 24 | 22 | 16 | 30 | 26 | 22 | 26 | 18 | 27 | 22  | 16  | 16 | 20 |
| 6       | City of London        | yellow | 343   | 16 | 22  | 24  | 30 | 24 | 24 | 18 | 16 | 18 | 16 | 27 | 20 | 16  | 26  | 22 | 24 |
| 7       | The Kingston Kestrels | maroon | 313   | 18 | 18  | 20  | 18 | 16 | 18 | 16 | 28 | 20 | 21 | 22 | 16 | 20  | 20  | 20 | 22 |
| 8       | Sutton Arena Academy  | sky    | 290   | 20 | 16  | 16  | 16 | 18 | 20 | 20 | 18 | 16 | 24 | 16 | 18 | 18  | 18  | 18 | 18 |

|    | Name            | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|----|-----------------|-------|-------|-------|-------|-------|------|---------|
| 1  | Matthew Willard | J     | 15    | 16    | 15    |       | 16   | 5       |
| 1  | Matthew Willard | STJ   | 5.72  | 5.84  | 5.70  |       | 5.84 | 7       |
| 2  | Jordan Quartey  | J     | 13    | 13    | 11    |       | 13   | 13      |
| 2  | Jordan Quartey  | SB    | 44    |       |       |       | 44   | 13=     |
| 3  | Demi Adewakun   | ST    | 5.25  | 4.50  | 5.25  |       | 5.25 | 14      |
| 3  | Demi Adewakun   | VJ    | 29    | 24    | 29    |       | 29   | 18      |
| 4  | Josh Tarn       | SB    | 44    |       |       |       | 44   | 13=     |
| 4  | Josh Tarn       | TT    | 4     | 4     | 6     | 1     | 15   | 4=      |
| 5  | Taylor Roles    | CP    | 6.75  | 7.00  | 7.00  |       | 7.00 | 3       |
| 5  | Taylor Roles    | STJ   | 5.08  | 5.02  | 5.10  |       | 5.10 | 15      |
| 6  | Owen Hughes     | BT    | 15    | 15    | 15    | 13    | 58   | 1       |
| 6  | Owen Hughes     | TT    | 8     | 3     | 3     | 2     | 16   | 2=      |
| 7  | Ryan Bywater    | SB    | 49    |       |       |       | 49   | 5=      |
| 7  | Ryan Bywater    | SLJ   | 1.76  | 1.84  | 1.78  |       | 1.84 | 13      |
| 8  | Dominique Bongo | CP    | 5.00  | 5.75  | 5.50  |       | 5.75 | 10      |
| 8  | Dominique Bongo | SLJ   | 1.76  | 1.66  | 1.78  |       | 1.78 | 15      |
| 9  | Jordan Oyemade  | ST    | 6.00  | 7.00  | 6.25  |       | 7.00 | 6       |
| 9  | Jordan Oyemade  | STJ   | 4.16  | 4.40  | 4.66  |       | 4.66 | 17      |
| 10 | Glenn Hitchen   | VJ    | 24    | 21    | 21    |       | 24   | 23      |
| 11 | Peter Olawole   | BT    | 3     | 2     | 3     | 6     | 14   | 20=     |
| 11 | Peter Olawole   | SLJ   | 1.46  | 1.74  | 1.75  |       | 1.75 | 16      |
| 12 | Oliver Paxton   | BT    | 5     | 15    | 5     | 15    | 40   | 5       |
| 12 | Oliver Paxton   | VJ    | 24    | 27    | 24    |       | 27   | 22      |

# Team Results

# City of London (yellow)

## Competition:

NUFIA-London Regional Festival Under 11 Boys

## Venue:

Westcroft Leisure Centre, Sutton

## Date

19 Jan 2008

| Ranking | Team                  | Colour | Score | OR | 1+1 | 4x1 | P6 | OU | HR | GP | BT | CP | J  | ST | SB | SLJ | STJ | TT | VJ |
|---------|-----------------------|--------|-------|----|-----|-----|----|----|----|----|----|----|----|----|----|-----|-----|----|----|
| 1       | Wandsworth            | brown  | 452   | 30 | 30  | 30  | 26 | 30 | 28 | 28 | 22 | 30 | 29 | 27 | 30 | 28  | 30  | 28 | 26 |
| 2       | Waltham Forest        | black  | 427   | 26 | 26  | 28  | 28 | 28 | 26 | 26 | 20 | 28 | 29 | 24 | 24 | 30  | 28  | 26 | 30 |
| 3       | Team Brent            | white  | 399   | 24 | 28  | 26  | 20 | 26 | 30 | 22 | 24 | 24 | 18 | 30 | 27 | 26  | 22  | 24 | 28 |
| 4       | All Saints            | red    | 365   | 22 | 20  | 22  | 22 | 20 | 22 | 24 | 30 | 26 | 21 | 20 | 22 | 24  | 24  | 30 | 16 |
| 5       | South London Harriers | orange | 355   | 28 | 24  | 18  | 24 | 22 | 16 | 30 | 26 | 22 | 26 | 18 | 27 | 22  | 16  | 16 | 20 |
| 6       | City of London        | yellow | 343   | 16 | 22  | 24  | 30 | 24 | 24 | 18 | 16 | 18 | 16 | 27 | 20 | 16  | 26  | 22 | 24 |
| 7       | The Kingston Kestrels | maroon | 313   | 18 | 18  | 20  | 18 | 16 | 18 | 16 | 28 | 20 | 21 | 22 | 16 | 20  | 20  | 20 | 22 |
| 8       | Sutton Arena Academy  | sky    | 290   | 20 | 16  | 16  | 16 | 18 | 20 | 20 | 18 | 16 | 24 | 16 | 18 | 18  | 18  | 18 | 18 |

|   | Name              | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|---|-------------------|-------|-------|-------|-------|-------|------|---------|
| 1 | Adil Kolil        | ST    | 6.25  | 5.00  | 6.75  |       | 6.75 | 7       |
| 1 | Adil Kolil        | SB    | 42    |       |       |       | 42   | 16      |
| 1 | Adil Kolil        | VJ    | 24    | 28    | 25    |       | 28   | 19      |
| 2 | Samuel Collins    | BT    | 5     | 4     | 2     | 3     | 14   | 20=     |
| 2 | Samuel Collins    | STJ   | 4.20  | 4.00  | 4.44  |       | 4.44 | 21      |
| 3 | Jeoash Baliddawa  | STJ   | 5.76  | 6.20  | 0.00  |       | 6.20 | 4       |
| 3 | Jeoash Baliddawa  | VJ    | 41    | 52    | 49    |       | 52   | 3       |
| 4 | Zahid Rahman      | BT    | 3     | 7     | 3     | 2     | 15   | 19      |
| 4 | Zahid Rahman      | ST    | 6.75  | 7.25  | 7.25  |       | 7.25 | 3       |
| 4 | Zahid Rahman      | SLJ   | 1.04  | 1.28  | 1.40  |       | 1.40 | 21      |
| 5 | Charley Evans     | BT    | 3     | 5     | 13    | 6     | 27   | 14      |
| 5 | Charley Evans     | CP    | 4.50  | 4.75  | 4.75  |       | 4.75 | 14      |
| 5 | Charley Evans     | SB    | 38    |       |       |       | 38   | 20      |
| 5 | Charley Evans     | TT    | 6     | 4     | 0     | 0     | 10   | 10      |
| 6 | Owen Norman-Bruce | BT    | 0     | 0     | 0     | 0     | 0    |         |
| 6 | Owen Norman-Bruce | CP    | 4.75  | 5.25  | 5.00  |       | 5.25 | 11      |
| 6 | Owen Norman-Bruce | J     | 6     | 5     | 8     |       | 8    | 16      |
| 7 | Kaelan Wade       | SLJ   | 1.80  | 1.56  | 1.72  |       | 1.80 | 14      |
| 7 | Kaelan Wade       | STJ   | 5.36  | 5.38  | 5.42  |       | 5.42 | 12      |
| 8 | William Sargeant  | SLJ   | 0.80  | 1.20  | 1.10  |       | 1.20 | 23      |
| 8 | William Sargeant  | TT    | 9     | 2     | 1     | 0     | 12   | 8       |
| 9 | Charlie Stuart    | J     | 10    | 11    | 13    |       | 13   | 14      |
| 9 | Charlie Stuart    | SB    | 40    |       |       |       | 40   | 17=     |
| 9 | Charlie Stuart    | VJ    | 25    | 28    | 31    |       | 31   | 16      |

## Team Results

## South London Harriers (orange)

### Competition:

NUFIA-London Regional Festival Under 11 Boys

### Venue:

Westcroft Leisure Centre, Sutton

### Date

19 Jan 2008

| Ranking | Team                  | Colour | Score | OR | 1+1 | 4x1 | P6 | OU | HR | GP | BT | CP | J  | ST | SB | SLJ | STJ | TT | VJ |
|---------|-----------------------|--------|-------|----|-----|-----|----|----|----|----|----|----|----|----|----|-----|-----|----|----|
| 1       | Wandsworth            | brown  | 452   | 30 | 30  | 30  | 26 | 30 | 28 | 28 | 22 | 30 | 29 | 27 | 30 | 28  | 30  | 28 | 26 |
| 2       | Waltham Forest        | black  | 427   | 26 | 26  | 28  | 28 | 28 | 26 | 26 | 20 | 28 | 29 | 24 | 24 | 30  | 28  | 26 | 30 |
| 3       | Team Brent            | white  | 399   | 24 | 28  | 26  | 20 | 26 | 30 | 22 | 24 | 24 | 18 | 30 | 27 | 26  | 22  | 24 | 28 |
| 4       | All Saints            | red    | 365   | 22 | 20  | 22  | 22 | 20 | 22 | 24 | 30 | 26 | 21 | 20 | 22 | 24  | 24  | 30 | 16 |
| 5       | South London Harriers | orange | 355   | 28 | 24  | 18  | 24 | 22 | 16 | 30 | 26 | 22 | 26 | 18 | 27 | 22  | 16  | 16 | 20 |
| 6       | City of London        | yellow | 343   | 16 | 22  | 24  | 30 | 24 | 24 | 18 | 16 | 18 | 16 | 27 | 20 | 16  | 26  | 22 | 24 |
| 7       | The Kingston Kestrels | maroon | 313   | 18 | 18  | 20  | 18 | 16 | 18 | 16 | 28 | 20 | 21 | 22 | 16 | 20  | 20  | 20 | 22 |
| 8       | Sutton Arena Academy  | sky    | 290   | 20 | 16  | 16  | 16 | 18 | 20 | 20 | 18 | 16 | 24 | 16 | 18 | 18  | 18  | 18 | 18 |

|    | Name              | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|----|-------------------|-------|-------|-------|-------|-------|------|---------|
| 1  | Saul Thompson     | CP    | 7.50  | 7.25  | 6.75  |       | 7.50 | 2       |
| 1  | Saul Thompson     | STJ   | 5.00  | 5.40  | 5.78  |       | 5.78 | 9       |
| 2  | Aaron Wells       | J     | 15    | 16    | 16    |       | 16   | 4       |
| 2  | Aaron Wells       | STJ   | 4.50  | 4.54  | 4.64  |       | 4.64 | 18      |
| 3  | Mitchell Scott    | TT    | 2     | 4     | 0     | 0     | 6    | 16      |
| 3  | Mitchell Scott    | VJ    | 32    | 30    | 30    |       | 32   | 14      |
| 4  | Thomas Warrington | ST    | 6.00  | 6.25  | 6.25  |       | 6.25 | 10      |
| 4  | Thomas Warrington | SB    | 49    |       |       |       | 49   | 5=      |
| 5  | Daniel Warrington | CP    | 3.50  | 4.50  | 4.50  |       | 4.50 | 15      |
| 5  | Daniel Warrington | SB    | 44    |       |       |       | 44   | 13=     |
| 6  | Andrew Aubertin   | ST    | 4.00  | 4.25  | 4.50  |       | 4.50 | 15      |
| 6  | Andrew Aubertin   | VJ    | 31    | 29    | 28    |       | 31   | 15      |
| 7  | Louis Rossi-Jones | J     | 16    | 13    | 14    |       | 16   | 8       |
| 7  | Louis Rossi-Jones | SLJ   | 1.80  | 2.00  | 1.90  |       | 2.00 | 8       |
| 8  | Harry Wilson      | SB    | 51    |       |       |       | 51   | 3       |
| 8  | Harry Wilson      | SLJ   | 1.56  | 1.59  | 1.54  |       | 1.59 | 17      |
| 9  | Matthew Rook      | BT    | 11    | 8     | 12    | 4     | 35   | 6=      |
| 9  | Matthew Rook      | STJ   | 2.94  | 3.20  | 3.30  |       | 3.30 | 24      |
| 10 | Will Flook        | BT    | 8     | 8     | 9     | 3     | 28   | 12=     |
| 10 | Will Flook        | VJ    | 29    | 33    | 33    |       | 33   | 13      |
| 12 | Alex Chung        | BT    | 7     | 5     | 13    | 3     | 28   | 12=     |
| 12 | Alex Chung        | TT    | 4     | 2     | 0     | 3     | 9    | 11=     |
| 13 | Tiernan Quantrill | SLJ   | 1.34  | 1.40  | 1.28  |       | 1.40 | 20      |

# Team Results

# Sutton Arena Academy (sky)

## Competition:

NUFIA-London Regional Festival Under 11 Boys

## Venue:

Westcroft Leisure Centre, Sutton

## Date

19 Jan 2008

| Ranking | Team                  | Colour | Score | OR | 1+1 | 4x1 | P6 | OU | HR | GP | BT | CP | J  | ST | SB | SLJ | STJ | TT | VJ |
|---------|-----------------------|--------|-------|----|-----|-----|----|----|----|----|----|----|----|----|----|-----|-----|----|----|
| 1       | Wandsworth            | brown  | 452   | 30 | 30  | 30  | 26 | 30 | 28 | 28 | 22 | 30 | 29 | 27 | 30 | 28  | 30  | 28 | 26 |
| 2       | Waltham Forest        | black  | 427   | 26 | 26  | 28  | 28 | 28 | 26 | 26 | 20 | 28 | 29 | 24 | 24 | 30  | 28  | 26 | 30 |
| 3       | Team Brent            | white  | 399   | 24 | 28  | 26  | 20 | 26 | 30 | 22 | 24 | 24 | 18 | 30 | 27 | 26  | 22  | 24 | 28 |
| 4       | All Saints            | red    | 365   | 22 | 20  | 22  | 22 | 20 | 22 | 24 | 30 | 26 | 21 | 20 | 22 | 24  | 24  | 30 | 16 |
| 5       | South London Harriers | orange | 355   | 28 | 24  | 18  | 24 | 22 | 16 | 30 | 26 | 22 | 26 | 18 | 27 | 22  | 16  | 16 | 20 |
| 6       | City of London        | yellow | 343   | 16 | 22  | 24  | 30 | 24 | 24 | 18 | 16 | 18 | 16 | 27 | 20 | 16  | 26  | 22 | 24 |
| 7       | The Kingston Kestrels | maroon | 313   | 18 | 18  | 20  | 18 | 16 | 18 | 16 | 28 | 20 | 21 | 22 | 16 | 20  | 20  | 20 | 22 |
| 8       | Sutton Arena Academy  | sky    | 290   | 20 | 16  | 16  | 16 | 18 | 20 | 20 | 18 | 16 | 24 | 16 | 18 | 18  | 18  | 18 | 18 |

|    | Name             | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|----|------------------|-------|-------|-------|-------|-------|------|---------|
| 1  | Billy Nash       | J     | 12    | 14    | 15    |       | 15   | 10      |
| 1  | Billy Nash       | SLJ   | 1.40  | 1.46  | 1.50  |       | 1.50 | 19      |
| 2  | Sid Walters      | J     | 14    | 16    | 15    |       | 16   | 6       |
| 2  | Sid Walters      | STJ   | 5.16  | 5.12  | 5.12  |       | 5.16 | 14      |
| 3  | Matthew          | STJ   | 5.10  | 5.20  | 5.14  |       | 5.20 | 13      |
| 3  | Matthew          | TT    | 5     | 3     | 3     | 0     | 11   | 9       |
| 4  | Daniel           | ST    | 6.25  | 6.50  | 6.50  |       | 6.50 | 9       |
| 4  | Daniel           | SLJ   | 1.90  | 1.92  | 1.88  |       | 1.92 | 12      |
| 5  | Nicholas Margery | BT    | 3     | 4     | 2     | 3     | 12   | 22      |
| 5  | Nicholas Margery | SLJ   | 1.32  | 1.33  | 1.39  |       | 1.39 | 22      |
| 6  | Josh Ransey      | VJ    | 36    | 38    | 42    |       | 42   | 9       |
| 7  | Harry Young      | BT    | 10    | 8     | 7     | 7     | 32   | 8       |
| 7  | Harry Young      | CP    | 3.25  | 3.50  | 4.00  |       | 4.00 | 16      |
| 7  | Harry Young      | ST    | 3.00  | 3.75  | 4.00  |       | 4.00 | 16      |
| 8  | Ryab Stewart     | BT    | 9     | 2     | 5     | 4     | 20   | 17      |
| 8  | Ryab Stewart     | CP    | 4.50  | 5.00  | 5.25  |       | 5.25 | 12      |
| 9  | Thomas Garrett   | SB    | 40    |       |       |       | 40   | 17=     |
| 9  | Thomas Garrett   | STJ   | 3.80  | 3.90  | 4.06  |       | 4.06 | 23      |
| 10 | Yahya Tossio     | VJ    | 20    | 19    | 22    |       | 22   | 24      |
| 11 | Rhys Smith       | SB    | 33    |       |       |       | 33   | 22      |
| 11 | Rhys Smith       | VJ    | 27    | 26    | 26    |       | 27   | 20      |
| 12 | Lewis Tuna       | SB    | 39    |       |       |       | 39   | 19      |
| 12 | Lewis Tuna       | SLJ   | 0.00  | 0.00  | 0.00  |       | 0.00 |         |
| 12 | Lewis Tuna       | TT    | 5     | 3     | 1     | 0     | 9    | 11=     |

# Team Results

# Team Brent (white)

## Competition:

NUFIA-London Regional Festival Under 11 Boys

## Venue:

Westcroft Leisure Centre, Sutton

## Date

19 Jan 2008

| Ranking | Team                  | Colour | Score | OR | 1+1 | 4x1 | P6 | OU | HR | GP | BT | CP | J  | ST | SB | SLJ | STJ | TT | VJ |
|---------|-----------------------|--------|-------|----|-----|-----|----|----|----|----|----|----|----|----|----|-----|-----|----|----|
| 1       | Wandsworth            | brown  | 452   | 30 | 30  | 30  | 26 | 30 | 28 | 28 | 22 | 30 | 29 | 27 | 30 | 28  | 30  | 28 | 26 |
| 2       | Waltham Forest        | black  | 427   | 26 | 26  | 28  | 28 | 28 | 26 | 26 | 20 | 28 | 29 | 24 | 24 | 30  | 28  | 26 | 30 |
| 3       | Team Brent            | white  | 399   | 24 | 28  | 26  | 20 | 26 | 30 | 22 | 24 | 24 | 18 | 30 | 27 | 26  | 22  | 24 | 28 |
| 4       | All Saints            | red    | 365   | 22 | 20  | 22  | 22 | 20 | 22 | 24 | 30 | 26 | 21 | 20 | 22 | 24  | 24  | 30 | 16 |
| 5       | South London Harriers | orange | 355   | 28 | 24  | 18  | 24 | 22 | 16 | 30 | 26 | 22 | 26 | 18 | 27 | 22  | 16  | 16 | 20 |
| 6       | City of London        | yellow | 343   | 16 | 22  | 24  | 30 | 24 | 24 | 18 | 16 | 18 | 16 | 27 | 20 | 16  | 26  | 22 | 24 |
| 7       | The Kingston Kestrels | maroon | 313   | 18 | 18  | 20  | 18 | 16 | 18 | 16 | 28 | 20 | 21 | 22 | 16 | 20  | 20  | 20 | 22 |
| 8       | Sutton Arena Academy  | sky    | 290   | 20 | 16  | 16  | 16 | 18 | 20 | 20 | 18 | 16 | 24 | 16 | 18 | 18  | 18  | 18 | 18 |

|    | Name                   | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|----|------------------------|-------|-------|-------|-------|-------|------|---------|
| 1  | Tomi Akisulire         | SB    | 45    |       |       |       | 45   | 12      |
| 1  | Tomi Akisulire         | SLJ   | 1.94  | 1.92  | 1.62  |       | 1.94 | 10      |
| 2  | Darian Wenu            | BT    | 2     | 2     | 5     | 7     | 16   | 18      |
| 2  | Darian Wenu            | SLJ   | 2.04  | 1.88  | 2.10  |       | 2.10 | 4       |
| 3  | Remainie Laing         | CP    | 6.50  | 6.25  | 6.75  |       | 6.75 | 6       |
| 3  | Remainie Laing         | STJ   | 5.20  | 5.74  | 5.80  |       | 5.80 | 8       |
| 4  | Akele Thompson - Hinds | SB    | 49    |       |       |       | 49   | 5=      |
| 4  | Akele Thompson - Hinds | VJ    | 41    | 42    | 41    |       | 42   | 8       |
| 5  | Uchechi Omodu          | SB    | 50    |       |       |       | 50   | 4       |
| 5  | Uchechi Omodu          | VJ    | 46    | 48    | 50    |       | 50   | 5       |
| 6  | Keith Manns            | BT    | 15    | 3     | 15    | 9     | 42   | 2       |
| 6  | Keith Manns            | ST    | 6.00  | 6.00  | 6.75  |       | 6.75 | 8       |
| 7  | Dilshan Fernando       | J     | 12    | 14    | 12    |       | 14   | 12      |
| 7  | Dilshan Fernando       | STJ   | 4.28  | 4.42  | 4.80  |       | 4.80 | 16      |
| 8  | Tawagh Haye            | ST    | 8.00  | 8.00  | 9.25  |       | 9.25 | 1       |
| 8  | Tawagh Haye            | STJ   | 4.62  | 4.50  | 4.45  |       | 4.62 | 19      |
| 9  | Joshua Jackson         | SLJ   | 1.82  | 1.94  | 1.84  |       | 1.94 | 11      |
| 9  | Joshua Jackson         | TT    | 4     | 3     | 1     | 1     | 9    | 11=     |
| 10 | Alando Alfred          | BT    | 5     | 2     | 12    | 10    | 29   | 10=     |
| 10 | Alando Alfred          | CP    | 5.75  | 5.75  | 4.25  |       | 5.75 | 9       |
| 11 | Ahmed Mohamed          | TT    | 7     | 7     | 2     | 0     | 16   | 2=      |
| 11 | Ahmed Mohamed          | VJ    | 40    | 36    | 43    |       | 43   | 7       |
| 12 | Lamar Grant            | J     | 12    | 14    | 13    |       | 14   | 11      |

# Team Results

# The Kingston Kestrels (maroon)

## Competition:

NUFIA-London Regional Festival Under 11 Boys

## Venue:

Westcroft Leisure Centre, Sutton

## Date

19 Jan 2008

| Ranking | Team                  | Colour | Score | OR | 1+1 | 4x1 | P6 | OU | HR | GP | BT | CP | J  | ST | SB | SLJ | STJ | TT | VJ |
|---------|-----------------------|--------|-------|----|-----|-----|----|----|----|----|----|----|----|----|----|-----|-----|----|----|
| 1       | Wandsworth            | brown  | 452   | 30 | 30  | 30  | 26 | 30 | 28 | 28 | 22 | 30 | 29 | 27 | 30 | 28  | 30  | 28 | 26 |
| 2       | Waltham Forest        | black  | 427   | 26 | 26  | 28  | 28 | 28 | 26 | 26 | 20 | 28 | 29 | 24 | 24 | 30  | 28  | 26 | 30 |
| 3       | Team Brent            | white  | 399   | 24 | 28  | 26  | 20 | 26 | 30 | 22 | 24 | 24 | 18 | 30 | 27 | 26  | 22  | 24 | 28 |
| 4       | All Saints            | red    | 365   | 22 | 20  | 22  | 22 | 20 | 22 | 24 | 30 | 26 | 21 | 20 | 22 | 24  | 24  | 30 | 16 |
| 5       | South London Harriers | orange | 355   | 28 | 24  | 18  | 24 | 22 | 16 | 30 | 26 | 22 | 26 | 18 | 27 | 22  | 16  | 16 | 20 |
| 6       | City of London        | yellow | 343   | 16 | 22  | 24  | 30 | 24 | 24 | 18 | 16 | 18 | 16 | 27 | 20 | 16  | 26  | 22 | 24 |
| 7       | The Kingston Kestrels | maroon | 313   | 18 | 18  | 20  | 18 | 16 | 18 | 16 | 28 | 20 | 21 | 22 | 16 | 20  | 20  | 20 | 22 |
| 8       | Sutton Arena Academy  | sky    | 290   | 20 | 16  | 16  | 16 | 18 | 20 | 20 | 18 | 16 | 24 | 16 | 18 | 18  | 18  | 18 | 18 |

|    | Name               | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|----|--------------------|-------|-------|-------|-------|-------|------|---------|
| 1  | Alex Parkinson     | SB    | 37    |       |       |       | 37   | 21      |
| 1  | Alex Parkinson     | VJ    | 29    | 30    | 28    |       | 30   | 17      |
| 2  | Eamon Broderick    | BT    | 15    | 8     | 5     | 13    | 41   | 3=      |
| 3  | Joseph Bashir      | J     | 9     | 7     | 7     |       | 9    | 15      |
| 3  | Joseph Bashir      | TT    | 3     | 3     | 0     | 1     | 7    | 14=     |
| 4  | Oliver Deightton   | BT    | 8     | 7     | 5     | 15    | 35   | 6=      |
| 5  | Eathan Harris-Wood | BT    | 10    | 2     | 8     | 6     | 26   | 15=     |
| 6  | Dominic Oldfield   | SB    | 32    |       |       |       | 32   | 23      |
| 6  | Dominic Oldfield   | SLJ   | 1.46  | 1.58  | 1.52  |       | 1.58 | 18      |
| 7  | Mackenzie Marr     | CP    | 4.75  | 5.00  | 4.50  |       | 5.00 | 13      |
| 7  | Mackenzie Marr     | VJ    | 27    | 22    | 26    |       | 27   | 21      |
| 8  | Thomas Field       | CP    | 6.00  | 6.25  | 6.00  |       | 6.25 | 7       |
| 8  | Thomas Field       | VJ    | 38    | 41    | 40    |       | 41   | 10      |
| 9  | Jonathan Hammond   | SLJ   | 1.12  | 1.00  | 1.06  |       | 1.12 | 24      |
| 9  | Jonathan Hammond   | TT    | 8     | 6     | 0     | 0     | 14   | 6       |
| 10 | William Dyson      | SB    | 29    |       |       |       | 29   | 24      |
| 10 | William Dyson      | STJ   | 3.90  | 4.28  | 3.80  |       | 4.28 | 22      |
| 11 | William Desborough | ST    | 6.50  | 7.00  | 6.75  |       | 7.00 | 4       |
| 11 | William Desborough | STJ   | 4.20  | 4.45  | 4.22  |       | 4.45 | 20      |
| 12 | Jan Hellebo        | ST    | 5.75  | 5.75  | 6.00  |       | 6.00 | 13      |
| 13 | Colin Kpodonu      | J     | 18    | 20    | 13    |       | 20   | 1       |
| 13 | Colin Kpodonu      | SLJ   | 2.02  | 2.06  | 2.18  |       | 2.18 | 1       |
| 13 | Colin Kpodonu      | STJ   | 5.76  | 5.90  | 5.78  |       | 5.90 | 5       |



# Team Results

# Waltham Forest (black)

## Competition:

NUFIA-London Regional Festival Under 11 Boys

## Venue:

Westcroft Leisure Centre, Sutton

## Date

19 Jan 2008

| Ranking | Team                  | Colour | Score | OR | 1+1 | 4x1 | P6 | OU | HR | GP | BT | CP | J  | ST | SB | SLJ | STJ | TT | VJ |
|---------|-----------------------|--------|-------|----|-----|-----|----|----|----|----|----|----|----|----|----|-----|-----|----|----|
| 1       | Wandsworth            | brown  | 452   | 30 | 30  | 30  | 26 | 30 | 28 | 28 | 22 | 30 | 29 | 27 | 30 | 28  | 30  | 28 | 26 |
| 2       | Waltham Forest        | black  | 427   | 26 | 26  | 28  | 28 | 28 | 26 | 26 | 20 | 28 | 29 | 24 | 24 | 30  | 28  | 26 | 30 |
| 3       | Team Brent            | white  | 399   | 24 | 28  | 26  | 20 | 26 | 30 | 22 | 24 | 24 | 18 | 30 | 27 | 26  | 22  | 24 | 28 |
| 4       | All Saints            | red    | 365   | 22 | 20  | 22  | 22 | 20 | 22 | 24 | 30 | 26 | 21 | 20 | 22 | 24  | 24  | 30 | 16 |
| 5       | South London Harriers | orange | 355   | 28 | 24  | 18  | 24 | 22 | 16 | 30 | 26 | 22 | 26 | 18 | 27 | 22  | 16  | 16 | 20 |
| 6       | City of London        | yellow | 343   | 16 | 22  | 24  | 30 | 24 | 24 | 18 | 16 | 18 | 16 | 27 | 20 | 16  | 26  | 22 | 24 |
| 7       | The Kingston Kestrels | maroon | 313   | 18 | 18  | 20  | 18 | 16 | 18 | 16 | 28 | 20 | 21 | 22 | 16 | 20  | 20  | 20 | 22 |
| 8       | Sutton Arena Academy  | sky    | 290   | 20 | 16  | 16  | 16 | 18 | 20 | 20 | 18 | 16 | 24 | 16 | 18 | 18  | 18  | 18 | 18 |

|    | Name            | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|----|-----------------|-------|-------|-------|-------|-------|------|---------|
| 1  | Thomas Kittoe   | SLJ   | 1.94  | 2.04  | 2.04  |       | 2.04 | 6       |
| 1  | Thomas Kittoe   | VJ    | 51    | 53    | 54    |       | 54   | 2       |
| 2  | Joshua Cudjole  | SB    | 47    |       |       |       | 47   | 9       |
| 2  | Joshua Cudjole  | VJ    | 53    | 54    | 54    |       | 54   | 1       |
| 3  | Jordy Mulumbi   | J     | 18    | 14    | 16    |       | 18   | 3       |
| 3  | Jordy Mulumbi   | SLJ   | 2.06  | 2.08  | 1.96  |       | 2.08 | 5       |
| 4  | Jamie Francais  | SB    | 46    |       |       |       | 46   | 10=     |
| 4  | Jamie Francais  | SLJ   | 2.08  | 2.10  | 1.98  |       | 2.10 | 3       |
| 5  | Brian Bontambia | BT    | 4     | 4     | 15    | 8     | 31   | 9       |
| 5  | Brian Bontambia | J     | 11    | 12    | 16    |       | 16   | 9       |
| 6  | Adrian Edwards  | CP    | 6.75  | 6.50  | 6.75  |       | 6.75 | 5       |
| 6  | Adrian Edwards  | STJ   | 5.24  | 5.40  | 5.72  |       | 5.72 | 10      |
| 7  | Codie Gregory   | SB    | 46    |       |       |       | 46   | 10=     |
| 7  | Codie Gregory   | STJ   | 5.66  | 5.28  | 5.64  |       | 5.66 | 11      |
| 8  | Zaid Esmail     | TT    | 8     | 5     | 1     | 1     | 15   | 4=      |
| 9  | Tunde Ajayi     | BT    | 2     | 5     | 2     | 2     | 11   | 23=     |
| 9  | Tunde Ajayi     | CP    | 5.00  | 6.25  | 5.75  |       | 6.25 | 8       |
| 10 | Lee Pearson     | ST    | 6.25  | 6.75  | 7.00  |       | 7.00 | 5       |
| 10 | Lee Pearson     | TT    | 8     | 3     | 1     | 1     | 13   | 7       |
| 11 | Lemar Barrel    | BT    | 5     | 9     | 3     | 9     | 26   | 15=     |
| 11 | Lemar Barrel    | VJ    | 38    | 41    | 43    |       | 43   | 6       |
| 12 | Hayden Francais | ST    | 4.75  | 5.25  | 6.25  |       | 6.25 | 12      |
| 12 | Hayden Francais | STJ   | 5.38  | 5.50  | 5.88  |       | 5.88 | 6       |

# Team Results

# Wandsworth (brown)

## Competition:

NUFIA-London Regional Festival Under 11 Boys

## Venue:

Westcroft Leisure Centre, Sutton

## Date

19 Jan 2008

| Ranking | Team                  | Colour | Score | OR | 1+1 | 4x1 | P6 | OU | HR | GP | BT | CP | J  | ST | SB | SLJ | STJ | TT | VJ |
|---------|-----------------------|--------|-------|----|-----|-----|----|----|----|----|----|----|----|----|----|-----|-----|----|----|
| 1       | Wandsworth            | brown  | 452   | 30 | 30  | 30  | 26 | 30 | 28 | 28 | 22 | 30 | 29 | 27 | 30 | 28  | 30  | 28 | 26 |
| 2       | Waltham Forest        | black  | 427   | 26 | 26  | 28  | 28 | 28 | 26 | 26 | 20 | 28 | 29 | 24 | 24 | 30  | 28  | 26 | 30 |
| 3       | Team Brent            | white  | 399   | 24 | 28  | 26  | 20 | 26 | 30 | 22 | 24 | 24 | 18 | 30 | 27 | 26  | 22  | 24 | 28 |
| 4       | All Saints            | red    | 365   | 22 | 20  | 22  | 22 | 20 | 22 | 24 | 30 | 26 | 21 | 20 | 22 | 24  | 24  | 30 | 16 |
| 5       | South London Harriers | orange | 355   | 28 | 24  | 18  | 24 | 22 | 16 | 30 | 26 | 22 | 26 | 18 | 27 | 22  | 16  | 16 | 20 |
| 6       | City of London        | yellow | 343   | 16 | 22  | 24  | 30 | 24 | 24 | 18 | 16 | 18 | 16 | 27 | 20 | 16  | 26  | 22 | 24 |
| 7       | The Kingston Kestrels | maroon | 313   | 18 | 18  | 20  | 18 | 16 | 18 | 16 | 28 | 20 | 21 | 22 | 16 | 20  | 20  | 20 | 22 |
| 8       | Sutton Arena Academy  | sky    | 290   | 20 | 16  | 16  | 16 | 18 | 20 | 20 | 18 | 16 | 24 | 16 | 18 | 18  | 18  | 18 | 18 |

|    | Name                    | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|----|-------------------------|-------|-------|-------|-------|-------|------|---------|
| 1  | Turshai Coye            | J     | 16    | 18    | 17    |       | 18   | 2       |
| 1  | Turshai Coye            | STJ   | 6.20  | 6.26  | 6.36  |       | 6.36 | 2       |
| 2  | Reiss Crmonde           | J     | 15    | 13    | 16    |       | 16   | 7       |
| 2  | Reiss Crmonde           | SB    | 54    |       |       |       | 54   | 1       |
| 3  | Matthew Kitandue        | CP    | 7.00  | 6.50  | 6.00  |       | 7.00 | 4       |
| 3  | Matthew Kitandue        | SLJ   | 1.90  | 1.90  | 2.00  |       | 2.00 | 7       |
| 4  | Devell Roberts          | SB    | 52    |       |       |       | 52   | 2       |
| 5  | Reece Morant- Foster    | BT    | 8     | 5     | 12    | 4     | 29   | 10=     |
| 5  | Reece Morant- Foster    | TT    | 5     | 2     | 0     | 0     | 7    | 14=     |
| 6  | Ishmael Hughes          | BT    | 2     | 4     | 2     | 3     | 11   | 23=     |
| 6  | Ishmael Hughes          | VJ    | 36    | 40    | 41    |       | 41   | 11      |
| 7  | Jevauntee Collins       | VJ    | 42    | 50    | 49    |       | 50   | 4       |
| 8  | Jovan Gonzales- Edwards | CP    | 7.25  | 7.50  | 7.50  |       | 7.50 | 1       |
| 8  | Jovan Gonzales- Edwards | SLJ   | 1.98  | 1.96  | 1.82  |       | 1.98 | 9       |
| 9  | Kyle Griffith-Miller    | ST    | 2.75  | 7.75  | 7.00  |       | 7.75 | 2       |
| 9  | Kyle Griffith-Miller    | SB    | 49    |       |       |       | 49   | 5=      |
| 10 | Aaron Okuije            | ST    | 4.75  | 6.25  | 6.25  |       | 6.25 | 11      |
| 10 | Aaron Okuije            | STJ   | 6.88  | 6.56  | 6.70  |       | 6.88 | 1       |
| 11 | Kevin Owusu-Montey      | SLJ   | 2.02  | 2.04  | 2.12  |       | 2.12 | 2       |
| 11 | Kevin Owusu-Montey      | TT    | 8     | 5     | 7     | 2     | 22   | 1       |
| 12 | Shegun Babalola         | BT    | 9     | 11    | 13    | 8     | 41   | 3=      |
| 12 | Shegun Babalola         | STJ   | 5.70  | 5.84  | 6.20  |       | 6.20 | 3       |
| 13 | Daniel Thompson         | VJ    | 39    | 35    | 34    |       | 39   | 12      |

# Results Sheet

# Obstacle Relay

## Competition:

NUFIA-London Regional Festival Under 11 Boys

## Venue:

Westcroft Leisure Centre, Sutton

## Date

19 Jan 2008

| Ranking | Code | Team                  | Colour | Heat   | Final | Performance | Points |
|---------|------|-----------------------|--------|--------|-------|-------------|--------|
| 1       | 11   | Wandsworth            | brown  | 1:31.1 | 0.0   | 1:31.1      | 30.0   |
| 2       | 06   | South London Harriers | orange | 1:32.2 | 0.0   | 1:32.2      | 28.0   |
| 3       | 10   | Waltham Forest        | black  | 1:32.9 | 0.0   | 1:32.9      | 26.0   |
| 4       | 08   | Team Brent            | white  | 1:36.3 | 0.0   | 1:36.3      | 24.0   |
| 5       | 01   | All Saints            | red    | 1:39.5 | 0.0   | 1:39.5      | 22.0   |
| 6       | 07   | Sutton Arena Academy  | sky    | 1:43.7 | 0.0   | 1:43.7      | 20.0   |
| 7       | 09   | The Kingston Kestrels | maroon | 1:44.5 | 0.0   | 1:44.5      | 18.0   |
| 8       | 02   | City of London        | yellow | 1:49.8 | 0.0   | 1:49.8      | 16.0   |

# Results Sheet

# 1 + 1 Lap Relay

## Competition:

NUFIA-London Regional Festival Under 11 Boys

## Venue:

Westcroft Leisure Centre, Sutton

## Date

19 Jan 2008

| Ranking | Code | Team                  | Colour | Heat | Final | Performance | Points |
|---------|------|-----------------------|--------|------|-------|-------------|--------|
| 1       | 11   | Wandsworth            | brown  | 24.8 | 0.0   | 24.8        | 30.0   |
| 2       | 08   | Team Brent            | white  | 25.5 | 0.0   | 25.5        | 28.0   |
| 3       | 10   | Waltham Forest        | black  | 25.6 | 0.0   | 25.6        | 26.0   |
| 4       | 06   | South London Harriers | orange | 26.5 | 0.0   | 26.5        | 24.0   |
| 5       | 02   | City of London        | yellow | 29.0 | 0.0   | 29.0        | 22.0   |
| 6       | 01   | All Saints            | red    | 29.2 | 0.0   | 29.2        | 20.0   |
| 7       | 09   | The Kingston Kestrels | maroon | 30.9 | 0.0   | 30.9        | 18.0   |
| 8       | 07   | Sutton Arena Academy  | sky    | 34.1 | 0.0   | 34.1        | 16.0   |

# Results Sheet

# 4 x 1 Lap Relay

## Competition:

NUFIA-London Regional Festival Under 11 Boys

## Venue:

Westcroft Leisure Centre, Sutton

## Date

19 Jan 2008

| Ranking | Code | Team                  | Colour | Heat   | Final | Performance | Points |
|---------|------|-----------------------|--------|--------|-------|-------------|--------|
| 1       | 11   | Wandsworth            | brown  | 51.8   | 0.0   | 51.8        | 30.0   |
| 2       | 10   | Waltham Forest        | black  | 52.8   | 0.0   | 52.8        | 28.0   |
| 3       | 08   | Team Brent            | white  | 54.6   | 0.0   | 54.6        | 26.0   |
| 4       | 02   | City of London        | yellow | 54.8   | 0.0   | 54.8        | 24.0   |
| 5       | 01   | All Saints            | red    | 55.8   | 0.0   | 55.8        | 22.0   |
| 6       | 09   | The Kingston Kestrels | maroon | 59.0   | 0.0   | 59.0        | 20.0   |
| 7       | 06   | South London Harriers | orange | 59.7   | 0.0   | 59.7        | 18.0   |
| 8       | 07   | Sutton Arena Academy  | sky    | 1:01.1 | 0.0   | 1:01.1      | 16.0   |

# Results Sheet

# 6 Lap Paarlauf

## Competition:

NUFIA-London Regional Festival Under 11 Boys

## Venue:

Westcroft Leisure Centre, Sutton

## Date

19 Jan 2008

| Ranking | Code | Team                  | Colour | Heat   | Final | Performance | Points |
|---------|------|-----------------------|--------|--------|-------|-------------|--------|
| 1       | 02   | City of London        | yellow | 1:22.6 | 0.0   | 1:22.6      | 30.0   |
| 2       | 10   | Waltham Forest        | black  | 1:22.8 | 0.0   | 1:22.8      | 28.0   |
| 3       | 11   | Wandsworth            | brown  | 1:25.2 | 0.0   | 1:25.2      | 26.0   |
| 4       | 06   | South London Harriers | orange | 1:26.0 | 0.0   | 1:26.0      | 24.0   |
| 5       | 01   | All Saints            | red    | 1:30.8 | 0.0   | 1:30.8      | 22.0   |
| 6       | 08   | Team Brent            | white  | 1:38.4 | 0.0   | 1:38.4      | 20.0   |
| 7       | 09   | The Kingston Kestrels | maroon | 1:41.7 | 0.0   | 1:41.7      | 18.0   |
| 8       | 07   | Sutton Arena Academy  | sky    | 1:43.6 | 0.0   | 1:43.6      | 16.0   |

# Results Sheet

# Over and Under Relay

## Competition:

NUFIA-London Regional Festival Under 11 Boys

## Venue:

Westcroft Leisure Centre, Sutton

## Date

19 Jan 2008

| Ranking | Code | Team                  | Colour | Heat   | Final | Performance | Points |
|---------|------|-----------------------|--------|--------|-------|-------------|--------|
| 1       | 11   | Wandsworth            | brown  | 1:14.5 | 0.0   | 1:14.5      | 30.0   |
| 2       | 10   | Waltham Forest        | black  | 1:15.2 | 0.0   | 1:15.2      | 28.0   |
| 3       | 08   | Team Brent            | white  | 1:18.2 | 0.0   | 1:18.2      | 26.0   |
| 4       | 02   | City of London        | yellow | 1:21.6 | 0.0   | 1:21.6      | 24.0   |
| 5       | 06   | South London Harriers | orange | 1:22.8 | 0.0   | 1:22.8      | 22.0   |
| 6       | 01   | All Saints            | red    | 1:23.3 | 0.0   | 1:23.3      | 20.0   |
| 7       | 07   | Sutton Arena Academy  | sky    | 1:34.1 | 0.0   | 1:34.1      | 18.0   |
| 8       | 09   | The Kingston Kestrels | maroon | 1:41.4 | 0.0   | 1:41.4      | 16.0   |

# Results Sheet

# Hurdles Relay

## Competition:

NUFIA-London Regional Festival Under 11 Boys

## Venue:

Westcroft Leisure Centre, Sutton

## Date

19 Jan 2008

| Ranking | Code | Team                  | Colour | Heat   | Final | Performance | Points |
|---------|------|-----------------------|--------|--------|-------|-------------|--------|
| 1       | 08   | Team Brent            | white  | 58.3   | 0.0   | 58.3        | 30.0   |
| 2       | 11   | Wandsworth            | brown  | 59.4   | 0.0   | 59.4        | 28.0   |
| 3       | 10   | Waltham Forest        | black  | 1:00.2 | 0.0   | 1:00.2      | 26.0   |
| 4       | 02   | City of London        | yellow | 1:07.2 | 0.0   | 1:07.2      | 24.0   |
| 5       | 01   | All Saints            | red    | 1:07.5 | 0.0   | 1:07.5      | 22.0   |
| 6       | 07   | Sutton Arena Academy  | sky    | 1:09.0 | 0.0   | 1:09.0      | 20.0   |
| 7       | 09   | The Kingston Kestrels | maroon | 1:09.9 | 0.0   | 1:09.9      | 18.0   |
| 8       | 06   | South London Harriers | orange | 1:11.5 | 0.0   | 1:11.5      | 16.0   |



# Results Sheet

# Grand Prix

## Competition:

NUFIA-London Regional Festival Under 11 Boys

## Venue:

Westcroft Leisure Centre, Sutton

## Date

19 Jan 2008

| Ranking | Code | Team                  | Colour | Heat   | Final | Performance | Points |
|---------|------|-----------------------|--------|--------|-------|-------------|--------|
| 1       | 06   | South London Harriers | orange | 1:01.3 | 0.0   | 1:01.3      | 30.0   |
| 2       | 11   | Wandsworth            | brown  | 1:02.5 | 0.0   | 1:02.5      | 28.0   |
| 3       | 10   | Waltham Forest        | black  | 1:02.9 | 0.0   | 1:02.9      | 26.0   |
| 4       | 01   | All Saints            | red    | 1:03.1 | 0.0   | 1:03.1      | 24.0   |
| 5       | 08   | Team Brent            | white  | 1:03.6 | 0.0   | 1:03.6      | 22.0   |
| 6       | 07   | Sutton Arena Academy  | sky    | 1:08.4 | 0.0   | 1:08.4      | 20.0   |
| 7       | 02   | City of London        | yellow | 1:13.5 | 0.0   | 1:13.5      | 18.0   |
| 8       | 09   | The Kingston Kestrels | maroon | 1:15.2 | 0.0   | 1:15.2      | 16.0   |

# Results Sheet

# Balance Test

## Competition:

NUFIA-London Regional Festival Under 11 Boys

## Venue:

Westcroft Leisure Centre, Sutton

## Date

19 Jan 2008

| Ranking | Team                  | Colour | Total | Points |
|---------|-----------------------|--------|-------|--------|
| 1       | All Saints            | red    | 112   | 30     |
| 2       | The Kingston Kestrels | maroon | 102   | 28     |
| 3       | South London Harriers | orange | 91    | 26     |
| 4       | Team Brent            | white  | 87    | 24     |
| 5       | Wandsworth            | brown  | 81    | 22     |
| 6       | Waltham Forest        | black  | 68    | 20     |
| 7       | Sutton Arena Academy  | sky    | 64    | 18     |
| 8       | City of London        | yellow | 56    | 16     |

| Ranking | Team                  | Colour | BibNo | Name                 | Total |
|---------|-----------------------|--------|-------|----------------------|-------|
| 1       | All Saints            | red    | 6     | Owen Hughes          | 58    |
| 2       | Team Brent            | white  | 6     | Keith Manns          | 42    |
| 3=      | The Kingston Kestrels | maroon | 2     | Eamon Broderick      | 41    |
| 3=      | Wandsworth            | brown  | 12    | Shegun Babalola      | 41    |
| 5       | All Saints            | red    | 12    | Oliver Paxton        | 40    |
| 6=      | South London Harriers | orange | 9     | Matthew Rook         | 35    |
| 6=      | The Kingston Kestrels | maroon | 4     | Oliver Deightton     | 35    |
| 8       | Sutton Arena Academy  | sky    | 7     | Harry Young          | 32    |
| 9       | Waltham Forest        | black  | 5     | Brian Bontambia      | 31    |
| 10=     | Team Brent            | white  | 10    | Alando Alfred        | 29    |
| 10=     | Wandsworth            | brown  | 5     | Reece Morant- Foster | 29    |
| 12=     | South London Harriers | orange | 10    | Will Flook           | 28    |
| 12=     | South London Harriers | orange | 12    | Alex Chung           | 28    |
| 14      | City of London        | yellow | 5     | Charley Evans        | 27    |
| 15=     | The Kingston Kestrels | maroon | 5     | Eathan Harris-Wood   | 26    |
| 15=     | Waltham Forest        | black  | 11    | Lemar Barrel         | 26    |
| 17      | Sutton Arena Academy  | sky    | 8     | Ryab Stewart         | 20    |
| 18      | Team Brent            | white  | 2     | Darian Wenu          | 16    |
| 19      | City of London        | yellow | 4     | Zahid Rahman         | 15    |
| 20=     | All Saints            | red    | 11    | Peter Olawole        | 14    |
| 20=     | City of London        | yellow | 2     | Samuel Collins       | 14    |
| 22      | Sutton Arena Academy  | sky    | 5     | Nicholas Margery     | 12    |
| 23=     | Waltham Forest        | black  | 9     | Tunde Ajayi          | 11    |
| 23=     | Wandsworth            | brown  | 6     | Ishmael Hughes       | 11    |
|         | City of London        | yellow | 6     | Owen Norman-Bruce    | 0     |

# Results Sheet

# Chest Push

## Competition:

NUFIA-London Regional Festival Under 11 Boys

## Venue:

Westcroft Leisure Centre, Sutton

## Date

19 Jan 2008

| Ranking | Team                  | Colour | Total | Points |
|---------|-----------------------|--------|-------|--------|
| 1       | Wandsworth            | brown  | 14.50 | 30     |
| 2       | Waltham Forest        | black  | 13.00 | 28     |
| 3       | All Saints            | red    | 12.75 | 26     |
| 4       | Team Brent            | white  | 12.50 | 24     |
| 5       | South London Harriers | orange | 12.00 | 22     |
| 6       | The Kingston Kestrels | maroon | 11.25 | 20     |
| 7       | City of London        | yellow | 10.00 | 18     |
| 8       | Sutton Arena Academy  | sky    | 9.25  | 16     |

| Ranking | Team                  | Colour | BibNo | Name                    | Best |
|---------|-----------------------|--------|-------|-------------------------|------|
| 1       | Wandsworth            | brown  | 8     | Jovan Gonzales- Edwards | 7.50 |
| 2       | South London Harriers | orange | 1     | Saul Thompson           | 7.50 |
| 3       | All Saints            | red    | 5     | Taylor Roles            | 7.00 |
| 4       | Wandsworth            | brown  | 3     | Matthew Kitandue        | 7.00 |
| 5       | Waltham Forest        | black  | 6     | Adrian Edwards          | 6.75 |
| 6       | Team Brent            | white  | 3     | Remainie Laing          | 6.75 |
| 7       | The Kingston Kestrels | maroon | 8     | Thomas Field            | 6.25 |
| 8       | Waltham Forest        | black  | 9     | Tunde Ajayi             | 6.25 |
| 9       | Team Brent            | white  | 10    | Alando Alfred           | 5.75 |
| 10      | All Saints            | red    | 8     | Dominique Bongo         | 5.75 |
| 11      | City of London        | yellow | 6     | Owen Norman-Bruce       | 5.25 |
| 12      | Sutton Arena Academy  | sky    | 8     | Ryab Stewart            | 5.25 |
| 13      | The Kingston Kestrels | maroon | 7     | Mackenzie Marr          | 5.00 |
| 14      | City of London        | yellow | 5     | Charley Evans           | 4.75 |
| 15      | South London Harriers | orange | 5     | Daniel Warrington       | 4.50 |
| 16      | Sutton Arena Academy  | sky    | 7     | Harry Young             | 4.00 |

# Results Sheet

# Javelin

## Competition:

NUFIA-London Regional Festival Under 11 Boys

## Venue:

Westcroft Leisure Centre, Sutton

## Date

19 Jan 2008

| Ranking | Team                  | Colour | Total | Points |
|---------|-----------------------|--------|-------|--------|
| 1=      | Waltham Forest        | black  | 34    | 29     |
| 1=      | Wandsworth            | brown  | 34    | 29     |
| 3       | South London Harriers | orange | 32    | 26     |
| 4       | Sutton Arena Academy  | sky    | 31    | 24     |
| 5=      | All Saints            | red    | 29    | 21     |
| 5=      | The Kingston Kestrels | maroon | 29    | 21     |
| 7       | Team Brent            | white  | 28    | 18     |
| 8       | City of London        | yellow | 21    | 16     |

| Ranking | Team                  | Colour | BibNo | Name              | Best |
|---------|-----------------------|--------|-------|-------------------|------|
| 1       | The Kingston Kestrels | maroon | 13    | Colin Kpodonu     | 20   |
| 2       | Wandsworth            | brown  | 1     | Turshai Coye      | 18   |
| 3       | Waltham Forest        | black  | 3     | Jordy Mulumbi     | 18   |
| 4       | South London Harriers | orange | 2     | Aaron Wells       | 16   |
| 5       | All Saints            | red    | 1     | Matthew Willard   | 16   |
| 6       | Sutton Arena Academy  | sky    | 2     | Sid Walters       | 16   |
| 7       | Wandsworth            | brown  | 2     | Reiss Crmonde     | 16   |
| 8       | South London Harriers | orange | 7     | Louis Rossi-Jones | 16   |
| 9       | Waltham Forest        | black  | 5     | Brian Bontambia   | 16   |
| 10      | Sutton Arena Academy  | sky    | 1     | Billy Nash        | 15   |
| 11      | Team Brent            | white  | 12    | Lamar Grant       | 14   |
| 12      | Team Brent            | white  | 7     | Dilshan Fernando  | 14   |
| 13      | All Saints            | red    | 2     | Jordan Quartey    | 13   |
| 14      | City of London        | yellow | 9     | Charlie Stuart    | 13   |
| 15      | The Kingston Kestrels | maroon | 3     | Joseph Bashir     | 9    |
| 16      | City of London        | yellow | 6     | Owen Norman-Bruce | 8    |

# Results Sheet

# Sitting Throw

## Competition:

NUFIA-London Regional Festival Under 11 Boys

## Venue:

Westcroft Leisure Centre, Sutton

## Date

19 Jan 2008

| Ranking | Team                  | Colour | Total | Points |
|---------|-----------------------|--------|-------|--------|
| 1       | Team Brent            | white  | 16.00 | 30     |
| 2=      | City of London        | yellow | 14.00 | 27     |
| 2=      | Wandsworth            | brown  | 14.00 | 27     |
| 4       | Waltham Forest        | black  | 13.25 | 24     |
| 5       | The Kingston Kestrels | maroon | 13.00 | 22     |
| 6       | All Saints            | red    | 12.25 | 20     |
| 7       | South London Harriers | orange | 10.75 | 18     |
| 8       | Sutton Arena Academy  | sky    | 10.50 | 16     |

| Ranking | Team                  | Colour | BibNo | Name                 | Best |
|---------|-----------------------|--------|-------|----------------------|------|
| 1       | Team Brent            | white  | 8     | Tawaghn Haye         | 9.25 |
| 2       | Wandsworth            | brown  | 9     | Kyle Griffith-Miller | 7.75 |
| 3       | City of London        | yellow | 4     | Zahid Rahman         | 7.25 |
| 4       | The Kingston Kestrels | maroon | 11    | William Desborough   | 7.00 |
| 5       | Waltham Forest        | black  | 10    | Lee Pearson          | 7.00 |
| 6       | All Saints            | red    | 9     | Jordan Oyemade       | 7.00 |
| 7       | City of London        | yellow | 1     | Adil Kolil           | 6.75 |
| 8       | Team Brent            | white  | 6     | Keith Manns          | 6.75 |
| 9       | Sutton Arena Academy  | sky    | 4     | Daniel               | 6.50 |
| 10      | South London Harriers | orange | 4     | Thomas Warrington    | 6.25 |
| 11      | Wandsworth            | brown  | 10    | Aaron Okuije         | 6.25 |
| 12      | Waltham Forest        | black  | 12    | Hayden Francais      | 6.25 |
| 13      | The Kingston Kestrels | maroon | 12    | Jan Hellebo          | 6.00 |
| 14      | All Saints            | red    | 3     | Demi Adewakun        | 5.25 |
| 15      | South London Harriers | orange | 6     | Andrew Aubertin      | 4.50 |
| 16      | Sutton Arena Academy  | sky    | 7     | Harry Young          | 4.00 |

# Results Sheet

# Speed Bounce

## Competition:

NUFIA-London Regional Festival Under 11 Boys

## Venue:

Westcroft Leisure Centre, Sutton

## Date

19 Jan 2008

| Ranking | Team                  | Colour | Total | Points |
|---------|-----------------------|--------|-------|--------|
| 1       | Wandsworth            | brown  | 155   | 30     |
| 2=      | South London Harriers | orange | 144   | 27     |
| 2=      | Team Brent            | white  | 144   | 27     |
| 4       | Waltham Forest        | black  | 139   | 24     |
| 5       | All Saints            | red    | 137   | 22     |
| 6       | City of London        | yellow | 120   | 20     |
| 7       | Sutton Arena Academy  | sky    | 112   | 18     |
| 8       | The Kingston Kestrels | maroon | 98    | 16     |

| Ranking | Team                  | Colour | BibNo | Name                   | Total |
|---------|-----------------------|--------|-------|------------------------|-------|
| 1       | Wandsworth            | brown  | 2     | Reiss Crmonde          | 54    |
| 2       | Wandsworth            | brown  | 4     | Devell Roberts         | 52    |
| 3       | South London Harriers | orange | 8     | Harry Wilson           | 51    |
| 4       | Team Brent            | white  | 5     | Uchechi Omodu          | 50    |
| 5=      | All Saints            | red    | 7     | Ryan Bywater           | 49    |
| 5=      | South London Harriers | orange | 4     | Thomas Warrington      | 49    |
| 5=      | Team Brent            | white  | 4     | Akele Thompson - Hinds | 49    |
| 5=      | Wandsworth            | brown  | 9     | Kyle Griffith-Miller   | 49    |
| 9       | Waltham Forest        | black  | 2     | Joshua Cudjole         | 47    |
| 10=     | Waltham Forest        | black  | 4     | Jamie Francais         | 46    |
| 10=     | Waltham Forest        | black  | 7     | Codie Gregory          | 46    |
| 12      | Team Brent            | white  | 1     | Tomi Akisulire         | 45    |
| 13=     | All Saints            | red    | 2     | Jordan Quartey         | 44    |
| 13=     | All Saints            | red    | 4     | Josh Tarn              | 44    |
| 13=     | South London Harriers | orange | 5     | Daniel Warrington      | 44    |
| 16      | City of London        | yellow | 1     | Adil Kolil             | 42    |
| 17=     | City of London        | yellow | 9     | Charlie Stuart         | 40    |
| 17=     | Sutton Arena Academy  | sky    | 9     | Thomas Garrett         | 40    |
| 19      | Sutton Arena Academy  | sky    | 12    | Lewis Tuna             | 39    |
| 20      | City of London        | yellow | 5     | Charley Evans          | 38    |
| 21      | The Kingston Kestrels | maroon | 1     | Alex Parkinson         | 37    |
| 22      | Sutton Arena Academy  | sky    | 11    | Rhys Smith             | 33    |
| 23      | The Kingston Kestrels | maroon | 6     | Dominic Oldfield       | 32    |
| 24      | The Kingston Kestrels | maroon | 10    | William Dyson          | 29    |

# Results Sheet

# Standing Long Jump

## Competition:

NUFIA-London Regional Festival Under 11 Boys

## Venue:

Westcroft Leisure Centre, Sutton

## Date

19 Jan 2008

| Ranking | Team                  | Colour | Total | Points |
|---------|-----------------------|--------|-------|--------|
| 1       | Waltham Forest        | black  | 6.22  | 30     |
| 2       | Wandsworth            | brown  | 6.10  | 28     |
| 3       | Team Brent            | white  | 5.98  | 26     |
| 4       | All Saints            | red    | 5.37  | 24     |
| 5       | South London Harriers | orange | 4.99  | 22     |
| 6       | The Kingston Kestrels | maroon | 4.88  | 20     |
| 7       | Sutton Arena Academy  | sky    | 4.81  | 18     |
| 8       | City of London        | yellow | 4.40  | 16     |

| Ranking | Team                  | Colour | BibNo | Name                    | Best |
|---------|-----------------------|--------|-------|-------------------------|------|
| 1       | The Kingston Kestrels | maroon | 13    | Colin Kpodonu           | 2.18 |
| 2       | Wandsworth            | brown  | 11    | Kevin Owusu-Montey      | 2.12 |
| 3       | Waltham Forest        | black  | 4     | Jamie Francais          | 2.10 |
| 4       | Team Brent            | white  | 2     | Darian Wenu             | 2.10 |
| 5       | Waltham Forest        | black  | 3     | Jordy Mulumbi           | 2.08 |
| 6       | Waltham Forest        | black  | 1     | Thomas Kittoe           | 2.04 |
| 7       | Wandsworth            | brown  | 3     | Matthew Kitandue        | 2.00 |
| 8       | South London Harriers | orange | 7     | Louis Rossi-Jones       | 2.00 |
| 9       | Wandsworth            | brown  | 8     | Jovan Gonzales- Edwards | 1.98 |
| 10      | Team Brent            | white  | 1     | Tomi Akisulire          | 1.94 |
| 11      | Team Brent            | white  | 9     | Joshua Jackson          | 1.94 |
| 12      | Sutton Arena Academy  | sky    | 4     | Daniel                  | 1.92 |
| 13      | All Saints            | red    | 7     | Ryan Bywater            | 1.84 |
| 14      | City of London        | yellow | 7     | Kaelan Wade             | 1.80 |
| 15      | All Saints            | red    | 8     | Dominique Bongo         | 1.78 |
| 16      | All Saints            | red    | 11    | Peter Olawole           | 1.75 |
| 17      | South London Harriers | orange | 8     | Harry Wilson            | 1.59 |
| 18      | The Kingston Kestrels | maroon | 6     | Dominic Oldfield        | 1.58 |
| 19      | Sutton Arena Academy  | sky    | 1     | Billy Nash              | 1.50 |
| 20      | South London Harriers | orange | 13    | Tiernan Quantrill       | 1.40 |
| 21      | City of London        | yellow | 4     | Zahid Rahmaan           | 1.40 |
| 22      | Sutton Arena Academy  | sky    | 5     | Nicholas Margery        | 1.39 |
| 23      | City of London        | yellow | 8     | William Sargeant        | 1.20 |
| 24      | The Kingston Kestrels | maroon | 9     | Jonathan Hammond        | 1.12 |
|         | Sutton Arena Academy  | sky    | 12    | Lewis Tuna              | 0.00 |

# Results Sheet

# Standing Triple Jump

## Competition:

NUFIA-London Regional Festival Under 11 Boys

## Venue:

Westcroft Leisure Centre, Sutton

## Date

19 Jan 2008

| Ranking | Team                  | Colour | Total | Points |
|---------|-----------------------|--------|-------|--------|
| 1       | Wandsworth            | brown  | 19.44 | 30     |
| 2       | Waltham Forest        | black  | 17.26 | 28     |
| 3       | City of London        | yellow | 16.06 | 26     |
| 4       | All Saints            | red    | 15.60 | 24     |
| 5       | Team Brent            | white  | 15.22 | 22     |
| 6       | The Kingston Kestrels | maroon | 14.63 | 20     |
| 7       | Sutton Arena Academy  | sky    | 14.42 | 18     |
| 8       | South London Harriers | orange | 13.72 | 16     |

| Ranking | Team                  | Colour | BibNo | Name               | Best |
|---------|-----------------------|--------|-------|--------------------|------|
| 1       | Wandsworth            | brown  | 10    | Aaron Okuije       | 6.88 |
| 2       | Wandsworth            | brown  | 1     | Turshai Coye       | 6.36 |
| 3       | Wandsworth            | brown  | 12    | Shegun Babalola    | 6.20 |
| 4       | City of London        | yellow | 3     | Jeoash Baliddawa   | 6.20 |
| 5       | The Kingston Kestrels | maroon | 13    | Colin Kpodonu      | 5.90 |
| 6       | Waltham Forest        | black  | 12    | Hayden Francais    | 5.88 |
| 7       | All Saints            | red    | 1     | Matthew Willard    | 5.84 |
| 8       | Team Brent            | white  | 3     | Remainie Laing     | 5.80 |
| 9       | South London Harriers | orange | 1     | Saul Thompson      | 5.78 |
| 10      | Waltham Forest        | black  | 6     | Adrian Edwards     | 5.72 |
| 11      | Waltham Forest        | black  | 7     | Codie Gregory      | 5.66 |
| 12      | City of London        | yellow | 7     | Kaelan Wade        | 5.42 |
| 13      | Sutton Arena Academy  | sky    | 3     | Matthew            | 5.20 |
| 14      | Sutton Arena Academy  | sky    | 2     | Sid Walters        | 5.16 |
| 15      | All Saints            | red    | 5     | Taylor Roles       | 5.10 |
| 16      | Team Brent            | white  | 7     | Dilshan Fernando   | 4.80 |
| 17      | All Saints            | red    | 9     | Jordan Oyemade     | 4.66 |
| 18      | South London Harriers | orange | 2     | Aaron Wells        | 4.64 |
| 19      | Team Brent            | white  | 8     | Tawaghn Haye       | 4.62 |
| 20      | The Kingston Kestrels | maroon | 11    | William Desborough | 4.45 |
| 21      | City of London        | yellow | 2     | Samuel Collins     | 4.44 |
| 22      | The Kingston Kestrels | maroon | 10    | William Dyson      | 4.28 |
| 23      | Sutton Arena Academy  | sky    | 9     | Thomas Garrett     | 4.06 |
| 24      | South London Harriers | orange | 9     | Matthew Rook       | 3.30 |



# Results Sheet

# Target Throw

## Competition:

NUFIA-London Regional Festival Under 11 Boys

## Venue:

Westcroft Leisure Centre, Sutton

## Date

19 Jan 2008

| Ranking | Team                  | Colour | Total | Points |
|---------|-----------------------|--------|-------|--------|
| 1       | All Saints            | red    | 31    | 30     |
| 2       | Wandsworth            | brown  | 29    | 28     |
| 3       | Waltham Forest        | black  | 28    | 26     |
| 4       | Team Brent            | white  | 25    | 24     |
| 5       | City of London        | yellow | 22    | 22     |
| 6       | The Kingston Kestrels | maroon | 21    | 20     |
| 7       | Sutton Arena Academy  | sky    | 20    | 18     |
| 8       | South London Harriers | orange | 15    | 16     |

| Ranking | Team                  | Colour | BibNo | Name                 | Total |
|---------|-----------------------|--------|-------|----------------------|-------|
| 1       | Wandsworth            | brown  | 11    | Kevin Owusu-Montey   | 22    |
| 2=      | All Saints            | red    | 6     | Owen Hughes          | 16    |
| 2=      | Team Brent            | white  | 11    | Ahmed Mohamed        | 16    |
| 4=      | All Saints            | red    | 4     | Josh Tarn            | 15    |
| 4=      | Waltham Forest        | black  | 8     | Zaid Esmail          | 15    |
| 6       | The Kingston Kestrels | maroon | 9     | Jonathan Hammond     | 14    |
| 7       | Waltham Forest        | black  | 10    | Lee Pearson          | 13    |
| 8       | City of London        | yellow | 8     | William Sargeant     | 12    |
| 9       | Sutton Arena Academy  | sky    | 3     | Matthew              | 11    |
| 10      | City of London        | yellow | 5     | Charley Evans        | 10    |
| 11=     | South London Harriers | orange | 12    | Alex Chung           | 9     |
| 11=     | Sutton Arena Academy  | sky    | 12    | Lewis Tuna           | 9     |
| 11=     | Team Brent            | white  | 9     | Joshua Jackson       | 9     |
| 14=     | The Kingston Kestrels | maroon | 3     | Joseph Bashir        | 7     |
| 14=     | Wandsworth            | brown  | 5     | Reece Morant- Foster | 7     |
| 16      | South London Harriers | orange | 3     | Mitchell Scott       | 6     |

# Results Sheet

# Vertical Jump

## Competition:

NUFIA-London Regional Festival Under 11 Boys

## Venue:

Westcroft Leisure Centre, Sutton

## Date

19 Jan 2008

| Ranking | Team                  | Colour | Total | Points |
|---------|-----------------------|--------|-------|--------|
| 1       | Waltham Forest        | black  | 151   | 30     |
| 2       | Team Brent            | white  | 135   | 28     |
| 3       | Wandsworth            | brown  | 130   | 26     |
| 4       | City of London        | yellow | 111   | 24     |
| 5       | The Kingston Kestrels | maroon | 98    | 22     |
| 6       | South London Harriers | orange | 96    | 20     |
| 7       | Sutton Arena Academy  | sky    | 91    | 18     |
| 8       | All Saints            | red    | 80    | 16     |

| Ranking | Team                  | Colour | BibNo | Name                   | Best |
|---------|-----------------------|--------|-------|------------------------|------|
| 1       | Waltham Forest        | black  | 2     | Joshua Cudjole         | 54   |
| 2       | Waltham Forest        | black  | 1     | Thomas Kittoe          | 54   |
| 3       | City of London        | yellow | 3     | Jeoash Baliddawa       | 52   |
| 4       | Wandsworth            | brown  | 7     | Jevauntee Collins      | 50   |
| 5       | Team Brent            | white  | 5     | Uchechi Omodu          | 50   |
| 6       | Waltham Forest        | black  | 11    | Lemar Barrel           | 43   |
| 7       | Team Brent            | white  | 11    | Ahmed Mohamed          | 43   |
| 8       | Team Brent            | white  | 4     | Akele Thompson - Hinds | 42   |
| 9       | Sutton Arena Academy  | sky    | 6     | Josh Ransey            | 42   |
| 10      | The Kingston Kestrels | maroon | 8     | Thomas Field           | 41   |
| 11      | Wandsworth            | brown  | 6     | Ishmael Hughes         | 41   |
| 12      | Wandsworth            | brown  | 13    | Daniel Thompson        | 39   |
| 13      | South London Harriers | orange | 10    | Will Flook             | 33   |
| 14      | South London Harriers | orange | 3     | Mitchell Scott         | 32   |
| 15      | South London Harriers | orange | 6     | Andrew Aubertin        | 31   |
| 16      | City of London        | yellow | 9     | Charlie Stuart         | 31   |
| 17      | The Kingston Kestrels | maroon | 1     | Alex Parkinson         | 30   |
| 18      | All Saints            | red    | 3     | Demi Adewakun          | 29   |
| 19      | City of London        | yellow | 1     | Adil Kolil             | 28   |
| 20      | Sutton Arena Academy  | sky    | 11    | Rhys Smith             | 27   |
| 21      | The Kingston Kestrels | maroon | 7     | Mackenzie Marr         | 27   |
| 22      | All Saints            | red    | 12    | Oliver Paxton          | 27   |
| 23      | All Saints            | red    | 10    | Glenn Hitchen          | 24   |
| 24      | Sutton Arena Academy  | sky    | 10    | Yahya Tossio           | 22   |