

Competition Results

Competition:

ASHA-East Regional Final Under 13 Boys

Venue:

University of East Anglia, Norwich

Date

19 Feb 2011

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Norfolk	purple	715	60	70	60	70	56	58	46	50	30	57	44	58	56
2	Hertfordshire	yellow	661	70	50	70	60	52	34	32	58	50	49	56	34	46
3	Suffolk	orange	536	50	60	50	30	32	48	52	38	36	30	36	46	28
4	Essex	red	499	40	30	40	50	32	34	46	38	48	43	32	20	46
5	Cambridgeshire	green	467	30	40	30	40	38	36	34	26	46	31	42	40	34

Team Results

Cambridgeshire (green)

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19 Feb 2011

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Norfolk	purple	715	60	70	60	70	56	58	46	50	30	57	44	58	56
2	Hertfordshire	yellow	661	70	50	70	60	52	34	32	58	50	49	56	34	46
3	Suffolk	orange	536	50	60	50	30	32	48	52	38	36	30	36	46	28
4	Essex	red	499	40	30	40	50	32	34	46	38	48	43	32	20	46
5	Cambridgeshire	green	467	30	40	30	40	38	36	34	26	46	31	42	40	34

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
13	Harry Spittle	HJ	1.00				1.00	10	12
14	Chris Duma	STJ	5.33	5.20	0.00	0.00	5.33	9	14
15	Alistair Graham	4LR	55.0	55.5			55.5	4	24
15	Alistair Graham	SB	60				60	10	12
16	Nathan Monck	SLJ	1.91	1.95	1.97	2.01	2.01	6	20
17	Aedan Slack	S	9.45	10.04	9.55	9.68	10.04	3	26
18	Owen Wallis	4LR	59.9	0.0			59.9	10	12
18	Owen Wallis	VJ	37	38	37	36	38	9	14
19	Josh McCammon	2LR	24.8	24.9			24.9	5	22
19	Josh McCammon	STJ	6.14	5.20	6.40	6.00	6.40	3	26
20	Alastair Phelan	VJ	42	41	42	40	42	6	20
21	Samuel Harris	SLJ	2.02	2.02	2.06	2.01	2.06	5	22
22	Ryan Hunter	6LR	1:33.6				1:33.6	5	22
22	Ryan Hunter	HJ	1.15				1.15	9	14
23	Callum Richardson	6LR	1:41.7				1:41.7	10	12
23	Callum Richardson	SB	69				69	6=	19
24	Matthew Carter	2LR	25.4	0.0			25.4	8	16
24	Matthew Carter	S	7.47	5.49	7.95	7.87	7.95	6	20

Team Results

Essex (red)

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Date

19 Feb 2011

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Norfolk	purple	715	60	70	60	70	56	58	46	50	30	57	44	58	56
2	Hertfordshire	yellow	661	70	50	70	60	52	34	32	58	50	49	56	34	46
3	Suffolk	orange	536	50	60	50	30	32	48	52	38	36	30	36	46	28
4	Essex	red	499	40	30	40	50	32	34	46	38	48	43	32	20	46
5	Cambridgeshire	green	467	30	40	30	40	38	36	34	26	46	31	42	40	34

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
25	Ryan Green	6LR	1:29.9				1:29.9	3	26
25	Ryan Green	SLJ	1.79	1.82	1.74	1.88	1.88	9	14
26	Sam Dell	4LR	58.0	0.0			58.0	8	16
26	Sam Dell	SB	72				72	4	24
27	Liam Wright	SB	69				69	6=	19
28	Harrison King	2LR	25.5	0.0			25.5	9	14
28	Harrison King	S	10.11	10.92	11.72	12.01	12.01	1	30
29	Eden Olu	2LR	25.1	0.0			25.1	7	18
29	Eden Olu	VJ	54	54	50	51	54	2	28
30	Matthew Hamilton	S	7.59	7.38	7.61	7.11	7.61	7	18
31	Andrew Fennell	4LR	57.9	0.0			57.9	7	18
31	Andrew Fennell	HJ	1.25				1.25	7	18
32	George Thomas	6LR	1:34.4				1:34.4	6	20
32	George Thomas	HJ	1.25				1.25	6	20
33	Conor Culham	STJ	5.80	5.10	0.00	5.46	5.80	6	20
34	Morgan Thompson	VJ	40	42	40	40	42	7	18
35	Alexander Critchell	SLJ	1.96	1.98	1.94	1.98	1.98	7	18

Team Results

Hertfordshire (yellow)

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19 Feb 2011

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Norfolk	purple	715	60	70	60	70	56	58	46	50	30	57	44	58	56
2	Hertfordshire	yellow	661	70	50	70	60	52	34	32	58	50	49	56	34	46
3	Suffolk	orange	536	50	60	50	30	32	48	52	38	36	30	36	46	28
4	Essex	red	499	40	30	40	50	32	34	46	38	48	43	32	20	46
5	Cambridgeshire	green	467	30	40	30	40	38	36	34	26	46	31	42	40	34

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
37	Nathan Gardner	4LR	56.0	0.0			56.0	6	20
37	Nathan Gardner	HJ	1.50				1.50	2	28
38	Junior Klutse	2LR	24.2	24.0			24.0	2	28
38	Junior Klutse	S	10.25	11.24	0.00	10.71	11.24	2	28
39	Robert Green	6LR	1:35.1				1:35.1	7	18
39	Robert Green	SB	79				79	2=	27
40	Luke Smith	VJ	43	44	43	40	44	5	22
41	Daniel Gibson	2LR	24.8	24.8			24.8	4	24
41	Daniel Gibson	VJ	43	44	45	43	45	4	24
42	Adam Akenhurst	SLJ	2.26	2.22	2.32	2.16	2.32	1	30
43	Tabansi Edwards	STJ	0.00	5.20	5.80	0.00	5.80	7	18
44	Matt Hollis	4LR	58.7	0.0			58.7	9	14
44	Matt Hollis	SB	70				70	5	22
45	Alex Brown	S	8.00	7.46	8.39	7.89	8.39	5	22
46	Greg Goddard	SLJ	2.20	2.14	2.13	2.02	2.20	3	26
47	Brady Hull	STJ	0.00	5.20	0.00	5.40	5.40	8	16
48	Max Price	6LR	1:36.2				1:36.2	9	14
48	Max Price	HJ	1.56				1.56	1	30

Team Results

Norfolk (purple)

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ASHA-East Regional Final Under 13 Boys

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University of East Anglia, Norwich

Date

19 Feb 2011

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Norfolk	purple	715	60	70	60	70	56	58	46	50	30	57	44	58	56
2	Hertfordshire	yellow	661	70	50	70	60	52	34	32	58	50	49	56	34	46
3	Suffolk	orange	536	50	60	50	30	32	48	52	38	36	30	36	46	28
4	Essex	red	499	40	30	40	50	32	34	46	38	48	43	32	20	46
5	Cambridgeshire	green	467	30	40	30	40	38	36	34	26	46	31	42	40	34

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
49	Tom Lake	6LR	1:22.7				1:22.7	1	30
49	Tom Lake	SB	89				89	1	30
50	Ashley Cooper	2LR	24.1	23.7			23.7	1	30
50	Ashley Cooper	SLJ	2.22	2.17	2.28	2.24	2.28	2	28
51	Jack Deardon	2LR	24.1	24.1			24.1	3	26
51	Jack Deardon	STJ	7.15	7.28	7.23	7.20	7.28	1	30
52	Ben Matsuka-Williams	4LR	52.3	52.1			52.1	1	30
52	Ben Matsuka-Williams	VJ	55	56	54	58	58	1	30
53	Sam Forder	SLJ	1.84	1.96	1.91	1.90	1.96	8	16
54	Jonathan Tomes	STJ	6.14	6.52	6.18	6.22	6.52	2	28
55	Brayden Harrison	HJ	1.40				1.40	4	24
56	Daniel Bainbridge	6LR	1:35.8				1:35.8	8	16
56	Daniel Bainbridge	S	7.47	6.54	6.77	6.88	7.47	9	14
57	James Greenhalgh	SB	79				79	2=	27
58	Ben Martin	VJ	50	51	48	49	51	3	26
59	Jack Rodwell	4LR	52.9	52.7			52.7	2	28
59	Jack Rodwell	HJ	1.40				1.40	3	26
60	Ashley Jarvis	S	7.00	7.08	0.00	7.56	7.56	8	16

Team Results

Suffolk (orange)

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ASHA-East Regional Final Under 13 Boys

Venue:

University of East Anglia, Norwich

Date

19 Feb 2011

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Norfolk	purple	715	60	70	60	70	56	58	46	50	30	57	44	58	56
2	Hertfordshire	yellow	661	70	50	70	60	52	34	32	58	50	49	56	34	46
3	Suffolk	orange	536	50	60	50	30	32	48	52	38	36	30	36	46	28
4	Essex	red	499	40	30	40	50	32	34	46	38	48	43	32	20	46
5	Cambridgeshire	green	467	30	40	30	40	38	36	34	26	46	31	42	40	34

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
61	Charlie Mascall	4LR	52.9	52.8			52.8	3	26
61	Charlie Mascall	S	9.33	0.00	9.18	8.43	9.33	4	24
62	Oliver Wenman	STJ	0.00	6.18	5.06	6.04	6.18	5	22
63	Fabian Horrocks	6LR	1:28.0				1:28.0	2	28
63	Fabian Horrocks	SLJ	2.14	2.08	2.12	2.10	2.14	4	24
64	Rory Hall-Roberts	HJ	1.35				1.35	5	22
65	Tommy Robinson	2LR	26.5	0.0			26.5	10	12
65	Tommy Robinson	SB	62				62	9	14
66	Tom Ford	STJ	6.18	6.11	6.12	0.00	6.18	4	24
67	Will Selfe	SB	64				64	8	16
68	Ben Charles	VJ	32	32	34	30	34	10	12
69	Tom Gould	VJ	37	38	40	37	40	8	16
70	Joshua Thompson	2LR	25.0	0.0			25.0	6	20
70	Joshua Thompson	S	6.22	6.69	6.61	5.88	6.69	10	12
71	Christopher Lewis	4LR	55.7	56.8			56.8	5	22
71	Christopher Lewis	SLJ	1.82	1.80	1.82	1.70	1.82	10	12
72	Louis Breyer	6LR	1:32.1				1:32.1	4	24
72	Louis Breyer	HJ	1.25				1.25	8	16

Results Sheet

Obstacle Relay

Competition:

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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Hertfordshire	yellow	1:19.2	0.0	1:19.2	70.0
2	04	Norfolk	purple	1:19.6	0.0	1:19.6	60.0
3	05	Suffolk	orange	1:22.6	0.0	1:22.6	50.0
4	02	Essex	red	1:28.0	0.0	1:28.0	40.0
5	01	Cambridgeshire	green	1:32.5	0.0	1:32.5	30.0

Results Sheet

2 Lap Race

Competition:

ASHA-East Regional Final Under 13 Boys

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Date

19 Feb 2011

Ranking	Team	Colour	Points
1	Norfolk	purple	56
2	Hertfordshire	yellow	52
3	Cambridgeshire	green	38
4=	Essex	red	32
4=	Suffolk	orange	32

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	purple	50	Ashley Cooper	23.7	30
2	Hertfordshire	yellow	38	Junior Klutse	24.0	28
3	Norfolk	purple	51	Jack Deardon	24.1	26
4	Hertfordshire	yellow	41	Daniel Gibson	24.8	24
5	Cambridgeshire	green	19	Josh McCammon	24.9	22
6	Suffolk	orange	70	Joshua Thompson	25.0	20
7	Essex	red	29	Eden Olu	25.1	18
8	Cambridgeshire	green	24	Matthew Carter	25.4	16
9	Essex	red	28	Harrison King	25.5	14
10	Suffolk	orange	65	Tommy Robinson	26.5	12

Results Sheet

4 Lap Race

Competition:

ASHA-East Regional Final Under 13 Boys

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University of East Anglia, Norwich

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19 Feb 2011

Ranking	Team	Colour	Points
1	Norfolk	purple	58
2	Suffolk	orange	48
3	Cambridgeshire	green	36
4=	Essex	red	34
4=	Hertfordshire	yellow	34

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	purple	52	Ben Matsuka-Williams	52.1	30
2	Norfolk	purple	59	Jack Rodwell	52.7	28
3	Suffolk	orange	61	Charlie Mascal	52.8	26
4	Cambridgeshire	green	15	Alistair Graham	55.5	24
5	Suffolk	orange	71	Christopher Lewis	56.8	22
6	Hertfordshire	yellow	37	Nathan Gardner	56.0	20
7	Essex	red	31	Andrew Fennell	57.9	18
8	Essex	red	26	Sam Dell	58.0	16
9	Hertfordshire	yellow	44	Matt Hollis	58.7	14
10	Cambridgeshire	green	18	Owen Wallis	59.9	12

Results Sheet

6 Lap Time Trial

Competition:

ASHA-East Regional Final Under 13 Boys

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19 Feb 2011

Ranking	Team	Colour	Points
1	Suffolk	orange	52
2=	Essex	red	46
2=	Norfolk	purple	46
4	Cambridgeshire	green	34
5	Hertfordshire	yellow	32

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	purple	49	Tom Lake	1:22.7	30
2	Suffolk	orange	63	Fabian Horrocks	1:28.0	28
3	Essex	red	25	Ryan Green	1:29.9	26
4	Suffolk	orange	72	Louis Breyer	1:32.1	24
5	Cambridgeshire	green	22	Ryan Hunter	1:33.6	22
6	Essex	red	32	George Thomas	1:34.4	20
7	Hertfordshire	yellow	39	Robert Green	1:35.1	18
8	Norfolk	purple	56	Daniel Bainbridge	1:35.8	16
9	Hertfordshire	yellow	48	Max Price	1:36.2	14
10	Cambridgeshire	green	23	Callum Richardson	1:41.7	12

Results Sheet

8 Lap Paarlauf

Competition:

ASHA-East Regional Final Under 13 Boys

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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	purple	1:44.1	0.0	1:44.1	70.0
2	05	Suffolk	orange	1:47.7	0.0	1:47.7	60.0
3	03	Hertfordshire	yellow	1:51.6	0.0	1:51.6	50.0
4	01	Cambridgeshire	green	1:54.3	0.0	1:54.3	40.0
5	02	Essex	red	1:57.6	0.0	1:57.6	30.0

Results Sheet

4 x 1 Lap Relay

Competition:

ASHA-East Regional Final Under 13 Boys

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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Hertfordshire	yellow	49.8	0.0	49.8	70.0
2	04	Norfolk	purple	50.2	0.0	50.2	60.0
3	05	Suffolk	orange	51.1	0.0	51.1	50.0
4	02	Essex	red	53.1	0.0	53.1	40.0
5	01	Cambridgeshire	green	58.0	0.0	58.0	30.0

Results Sheet

4 x 2 Lap Relay

Competition:

ASHA-East Regional Final Under 13 Boys

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Date

19 Feb 2011

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	purple	1:39.4	0.0	1:39.4	70.0
2	03	Hertfordshire	yellow	1:41.6	0.0	1:41.6	60.0
3	02	Essex	red	1:42.4	0.0	1:42.4	50.0
4	01	Cambridgeshire	green	1:46.7	0.0	1:46.7	40.0
5	05	Suffolk	orange	1:48.4	0.0	1:48.4	30.0

Results Sheet

High Jump

Competition:

ASHA-East Regional Final Under 13 Boys

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University of East Anglia, Norwich

Date

19 Feb 2011

Ranking	Team	Colour	Points
1	Hertfordshire	yellow	58
2	Norfolk	purple	50
3=	Essex	red	38
3=	Suffolk	orange	38
5	Cambridgeshire	green	26

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	yellow	48	Max Price	1.56	30
2	Hertfordshire	yellow	37	Nathan Gardner	1.50	28
3	Norfolk	purple	59	Jack Rodwell	1.40	26
4	Norfolk	purple	55	Brayden Harrison	1.40	24
5	Suffolk	orange	64	Rory Hall-Roberts	1.35	22
6	Essex	red	32	George Thomas	1.25	20
7	Essex	red	31	Andrew Fennell	1.25	18
8	Suffolk	orange	72	Louis Breyer	1.25	16
9	Cambridgeshire	green	22	Ryan Hunter	1.15	14
10	Cambridgeshire	green	13	Harry Spittle	1.00	12

Results Sheet

Shot

Competition:

ASHA-East Regional Final Under 13 Boys

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19 Feb 2011

Ranking	Team	Colour	Points
1	Hertfordshire	yellow	50
2	Essex	red	48
3	Cambridgeshire	green	46
4	Suffolk	orange	36
5	Norfolk	purple	30

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Essex	red	28	Harrison King	12.01	30
2	Hertfordshire	yellow	38	Junior Klutse	11.24	28
3	Cambridgeshire	green	17	Aedan Slack	10.04	26
4	Suffolk	orange	61	Charlie Mascal	9.33	24
5	Hertfordshire	yellow	45	Alex Brown	8.39	22
6	Cambridgeshire	green	24	Matthew Carter	7.95	20
7	Essex	red	30	Matthew Hamilton	7.61	18
8	Norfolk	purple	60	Ashley Jarvis	7.56	16
9	Norfolk	purple	56	Daniel Bainbridge	7.47	14
10	Suffolk	orange	70	Joshua Thompson	6.69	12

Results Sheet

Speed Bounce

Competition:

ASHA-East Regional Final Under 13 Boys

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Ranking	Team	Colour	Points
1	Norfolk	purple	57
2	Hertfordshire	yellow	49
3	Essex	red	43
4	Cambridgeshire	green	31
5	Suffolk	orange	30

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Norfolk	purple	49	Tom Lake	89	30
2=	Hertfordshire	yellow	39	Robert Green	79	27
2=	Norfolk	purple	57	James Greenhalgh	79	27
4	Essex	red	26	Sam Dell	72	24
5	Hertfordshire	yellow	44	Matt Hollis	70	22
6=	Cambridgeshire	green	23	Callum Richardson	69	19
6=	Essex	red	27	Liam Wright	69	19
8	Suffolk	orange	67	Will Selfe	64	16
9	Suffolk	orange	65	Tommy Robinson	62	14
10	Cambridgeshire	green	15	Alistair Graham	60	12

Results Sheet

Standing Long Jump

Competition:

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Ranking	Team	Colour	Points
1	Hertfordshire	yellow	56
2	Norfolk	purple	44
3	Cambridgeshire	green	42
4	Suffolk	orange	36
5	Essex	red	32

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	yellow	42	Adam Akenhurst	2.32	30
2	Norfolk	purple	50	Ashley Cooper	2.28	28
3	Hertfordshire	yellow	46	Greg Goddard	2.20	26
4	Suffolk	orange	63	Fabian Horrocks	2.14	24
5	Cambridgeshire	green	21	Samuel Harris	2.06	22
6	Cambridgeshire	green	16	Nathan Monck	2.01	20
7	Essex	red	35	Alexander Critchell	1.98	18
8	Norfolk	purple	53	Sam Forder	1.96	16
9	Essex	red	25	Ryan Green	1.88	14
10	Suffolk	orange	71	Christopher Lewis	1.82	12

Results Sheet

Standing Triple Jump

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Ranking	Team	Colour	Points
1	Norfolk	purple	58
2	Suffolk	orange	46
3	Cambridgeshire	green	40
4	Hertfordshire	yellow	34
5	Essex	red	20

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	purple	51	Jack Deardon	7.28	30
2	Norfolk	purple	54	Jonathan Tomes	6.52	28
3	Cambridgeshire	green	19	Josh McCammon	6.40	26
4	Suffolk	orange	66	Tom Ford	6.18	24
5	Suffolk	orange	62	Oliver Wenman	6.18	22
6	Essex	red	33	Conor Culham	5.80	20
7	Hertfordshire	yellow	43	Tabansi Edwards	5.80	18
8	Hertfordshire	yellow	47	Brady Hull	5.40	16
9	Cambridgeshire	green	14	Chris Duma	5.33	14

Results Sheet

Vertical Jump

Competition:

ASHA-East Regional Final Under 13 Boys

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University of East Anglia, Norwich

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19 Feb 2011

Ranking	Team	Colour	Points
1	Norfolk	purple	56
2=	Essex	red	46
2=	Hertfordshire	yellow	46
4	Cambridgeshire	green	34
5	Suffolk	orange	28

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	purple	52	Ben Matsuka-Williams	58	30
2	Essex	red	29	Eden Olu	54	28
3	Norfolk	purple	58	Ben Martin	51	26
4	Hertfordshire	yellow	41	Daniel Gibson	45	24
5	Hertfordshire	yellow	40	Luke Smith	44	22
6	Cambridgeshire	green	20	Alastair Phelan	42	20
7	Essex	red	34	Morgan Thompson	42	18
8	Suffolk	orange	69	Tom Gould	40	16
9	Cambridgeshire	green	18	Owen Wallis	38	14
10	Suffolk	orange	68	Ben Charles	34	12