

Competition Results

Competition:
AS-East Regional Final Under 15 Girls

Venue:
Sportspark, UEA

Date
4 Feb 2012

| Ranking | Team | Score | Individual | P8 | 4x2 |
|---------|----------------|-------|------------|----|-----|
| 1 | Norfolk | 646 | 526 | 70 | 50 |
| 2 | Essex | 638 | 518 | 60 | 60 |
| 3 | Hertfordshire | 619 | 499 | 50 | 70 |
| 4 | Cambridgeshire | 537 | 457 | 40 | 40 |

Athlete Results

Competition:
AS-East Regional Final Under 15 Girls

Venue:
Sportspark, UEA

Date
4 Feb 2012

| Ranking | BibNo | Athlete | Team | Score | 2LR | 4LR | S | SB | SLJ | VJ |
|---------|-------|----------------------|----------------|-------|-----|-----|----|----|-----|----|
| 1 | 56 | Ashleigh Lewis | Essex | 142 | 46 | | 46 | | 50 | |
| 2 | 71 | Katie Pursehouse | Norfolk | 141 | 48 | | | 46 | 47 | |
| 3 | 57 | Chenice Constable | Essex | 136 | 38 | | | 48 | | 50 |
| 4 | 74 | Phoebe Clarke | Norfolk | 131 | | 49 | | 43 | | 39 |
| 5 | 70 | Grace Ashworth | Norfolk | 128 | | 41 | | 50 | 37 | |
| 6 | 63 | Daizy Lee | Hertfordshire | 127 | 50 | | | 30 | 47 | |
| 7= | 65 | Holly Seglah | Hertfordshire | 126 | | 41 | 40 | | | 45 |
| 7= | 72 | Lucy Brice | Norfolk | 126 | 34 | | 44 | | | 48 |
| 9 | 59 | Michelle Hughes | Essex | 125 | | 49 | | 37 | | 39 |
| 10= | 64 | Tilly Anderson | Hertfordshire | 123 | 42 | | | 40 | 41 | |
| 10= | 66 | Sophie Keeble | Hertfordshire | 123 | | 45 | 36 | | | 42 |
| 12 | 73 | Hannah Maher | Norfolk | 121 | | 38 | 48 | | | 35 |
| 13 | 52 | Katie Reynolds | Cambridgeshire | 119 | | 28 | 50 | | 41 | |
| 14 | 53 | Jessica Stirley | Cambridgeshire | 117 | 36 | | | 37 | 44 | |
| 15 | 50 | Catriona Marriott | Cambridgeshire | 116 | 42 | | 42 | | | 32 |
| 16 | 60 | Phoebe Smithdale | Essex | 115 | 42 | | | 28 | | 45 |
| 17 | 67 | Rebecca Pickard | Hertfordshire | 112 | | 32 | | 43 | 37 | |
| 18 | 58 | Erin Minton-Branfoot | Essex | 107 | | 45 | 32 | | 30 | |
| 19 | 51 | Rebecca Pedley | Cambridgeshire | 105 | | 36 | | 34 | | 35 |
| 20 | 75 | Harriet Sargent | Norfolk | 98 | 32 | | 34 | | 32 | |
| 21 | 68 | Kate McRoy | Hertfordshire | 96 | 28 | | 38 | | | 30 |
| 22 | 49 | Rosie Benfield | Cambridgeshire | 94 | | 34 | | 32 | 28 | |
| 23 | 61 | Shannon Jameson | Essex | 92 | | 30 | 28 | | 34 | |
| 24 | 54 | Sophia Brumann | Cambridgeshire | 88 | 30 | | 30 | | | 28 |

Team Results

Cambridgeshire (green)

Competition:

AS-East Regional Final Under 15 Girls

Venue:

Sportspark, UEA

Date

4 Feb 2012

| Ranking | Team | Score | Individual | P8 | 4x2 |
|---------|----------------|-------|------------|----|-----|
| 1 | Norfolk | 646 | 526 | 70 | 50 |
| 2 | Essex | 638 | 518 | 60 | 60 |
| 3 | Hertfordshire | 619 | 499 | 50 | 70 |
| 4 | Cambridgeshire | 537 | 457 | 40 | 40 |

| Comp No | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking | Points |
|---------|-------------------|-------|--------|-------|-------|-------|--------|---------|--------|
| 49 | Rosie Benfield | 4LR | 57.3 | | | | 57.3 | 9 | 34 |
| 49 | Rosie Benfield | SB | 69 | | | | 69 | 10 | 32 |
| 49 | Rosie Benfield | SLJ | 1.88 | 1.88 | 1.78 | | 1.88 | 12 | 28 |
| 50 | Catriona Marriott | 2LR | 25.7 | | | | 25.7 | 4= | 42 |
| 50 | Catriona Marriott | S | 7.29 | 6.38 | 7.90 | | 7.90 | 5 | 42 |
| 50 | Catriona Marriott | VJ | 49 | 49 | 28 | | 49 | 10 | 32 |
| 51 | Rebecca Pedley | 4LR | 57.2 | | | | 57.2 | 8 | 36 |
| 51 | Rebecca Pedley | SB | 70 | | | | 70 | 9 | 34 |
| 51 | Rebecca Pedley | VJ | 51 | 47 | 48 | | 51 | 8= | 35 |
| 52 | Katie Reynolds | 4LR | 1:02.1 | | | | 1:02.1 | 12 | 28 |
| 52 | Katie Reynolds | S | 9.19 | 9.40 | 9.30 | | 9.40 | 1 | 50 |
| 52 | Katie Reynolds | SLJ | 2.16 | 2.06 | 2.08 | | 2.16 | 5= | 41 |
| 53 | Jessica Stirley | 2LR | 26.7 | | | | 26.7 | 8 | 36 |
| 53 | Jessica Stirley | SB | 73 | | | | 73 | 7= | 37 |
| 53 | Jessica Stirley | SLJ | 2.18 | 2.20 | 2.10 | | 2.20 | 4 | 44 |
| 54 | Sophia Brumann | 2LR | 27.4 | | | | 27.4 | 11 | 30 |
| 54 | Sophia Brumann | S | 0.00 | 5.33 | 0.00 | | 5.33 | 11 | 30 |
| 54 | Sophia Brumann | VJ | 43 | 39 | 41 | | 43 | 12 | 28 |

Team Results

Essex (yellow)

Competition:

AS-East Regional Final Under 15 Girls

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4 Feb 2012

| Ranking | Team | Score | Individual | P8 | 4x2 |
|---------|----------------|-------|------------|----|-----|
| 1 | Norfolk | 646 | 526 | 70 | 50 |
| 2 | Essex | 638 | 518 | 60 | 60 |
| 3 | Hertfordshire | 619 | 499 | 50 | 70 |
| 4 | Cambridgeshire | 537 | 457 | 40 | 40 |

| Comp No | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking | Points |
|---------|----------------------|-------|-------|-------|-------|-------|------|---------|--------|
| 56 | Ashleigh Lewis | 2LR | 25.6 | | | | 25.6 | 3 | 46 |
| 56 | Ashleigh Lewis | S | 8.58 | 9.17 | 8.92 | | 9.17 | 3 | 46 |
| 56 | Ashleigh Lewis | SLJ | 2.39 | 2.36 | 2.30 | | 2.39 | 1 | 50 |
| 57 | Chenice Constable | 2LR | 25.8 | | | | 25.8 | 7 | 38 |
| 57 | Chenice Constable | SB | 78 | | | | 78 | 2 | 48 |
| 57 | Chenice Constable | VJ | 63 | 63 | 60 | | 63 | 1 | 50 |
| 58 | Erin Minton-Branfoot | 4LR | 55.0 | | | | 55.0 | 3= | 45 |
| 58 | Erin Minton-Branfoot | S | 5.38 | 0.00 | 5.48 | | 5.48 | 10 | 32 |
| 58 | Erin Minton-Branfoot | SLJ | 1.90 | 1.80 | 1.86 | | 1.90 | 11 | 30 |
| 59 | Michelle Hughes | 4LR | 54.1 | | | | 54.1 | 1= | 49 |
| 59 | Michelle Hughes | SB | 73 | | | | 73 | 7= | 37 |
| 59 | Michelle Hughes | VJ | 50 | 50 | 52 | | 52 | 6= | 39 |
| 60 | Phoebe Smithdale | 2LR | 25.7 | | | | 25.7 | 4= | 42 |
| 60 | Phoebe Smithdale | SB | 65 | | | | 65 | 12 | 28 |
| 60 | Phoebe Smithdale | VJ | 53 | 58 | 58 | | 58 | 3= | 45 |
| 61 | Shannon Jameson | 4LR | 58.5 | | | | 58.5 | 11 | 30 |
| 61 | Shannon Jameson | S | 0.00 | 0.00 | 4.43 | | 4.43 | 12 | 28 |
| 61 | Shannon Jameson | SLJ | 1.98 | 2.04 | 2.00 | | 2.04 | 9 | 34 |

Team Results

Hertfordshire (violet)

Competition:

AS-East Regional Final Under 15 Girls

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Sportspark, UEA

Date

4 Feb 2012

| Ranking | Team | Score | Individual | P8 | 4x2 |
|---------|----------------|-------|------------|----|-----|
| 1 | Norfolk | 646 | 526 | 70 | 50 |
| 2 | Essex | 638 | 518 | 60 | 60 |
| 3 | Hertfordshire | 619 | 499 | 50 | 70 |
| 4 | Cambridgeshire | 537 | 457 | 40 | 40 |

| Comp No | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking | Points |
|---------|-----------------|-------|-------|-------|-------|-------|------|---------|--------|
| 63 | Daizy Lee | 2LR | 25.0 | | | | 25.0 | 1 | 50 |
| 63 | Daizy Lee | SB | 67 | | | | 67 | 11 | 30 |
| 63 | Daizy Lee | SLJ | 2.22 | 2.22 | 2.24 | | 2.24 | 2= | 47 |
| 64 | Tilly Anderson | 2LR | 25.7 | | | | 25.7 | 4= | 42 |
| 64 | Tilly Anderson | SB | 75 | | | | 75 | 6 | 40 |
| 64 | Tilly Anderson | SLJ | 2.06 | 2.16 | 2.12 | | 2.16 | 5= | 41 |
| 65 | Holly Seglah | 4LR | 55.3 | | | | 55.3 | 5= | 41 |
| 65 | Holly Seglah | S | 7.66 | 0.00 | 7.78 | | 7.78 | 6 | 40 |
| 65 | Holly Seglah | VJ | 57 | 58 | 53 | | 58 | 3= | 45 |
| 66 | Sophie Keeble | 4LR | 55.0 | | | | 55.0 | 3= | 45 |
| 66 | Sophie Keeble | S | 6.76 | 6.90 | 6.75 | | 6.90 | 8 | 36 |
| 66 | Sophie Keeble | VJ | 54 | 54 | 48 | | 54 | 5 | 42 |
| 67 | Rebecca Pickard | 4LR | 58.4 | | | | 58.4 | 10 | 32 |
| 67 | Rebecca Pickard | SB | 76 | | | | 76 | 4= | 43 |
| 67 | Rebecca Pickard | SLJ | 2.04 | 2.10 | 2.14 | | 2.14 | 7= | 37 |
| 68 | Kate McRoy | 2LR | 27.8 | | | | 27.8 | 12 | 28 |
| 68 | Kate McRoy | S | 7.23 | 7.61 | 7.68 | | 7.68 | 7 | 38 |
| 68 | Kate McRoy | VJ | 44 | 44 | 45 | | 45 | 11 | 30 |

Team Results

Norfolk (red)

Competition:

AS-East Regional Final Under 15 Girls

Venue:

Sportspark, UEA

Date

4 Feb 2012

| Ranking | Team | Score | Individual | P8 | 4x2 |
|---------|----------------|-------|------------|----|-----|
| 1 | Norfolk | 646 | 526 | 70 | 50 |
| 2 | Essex | 638 | 518 | 60 | 60 |
| 3 | Hertfordshire | 619 | 499 | 50 | 70 |
| 4 | Cambridgeshire | 537 | 457 | 40 | 40 |

| Comp No | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking | Points |
|---------|------------------|-------|-------|-------|-------|-------|------|---------|--------|
| 70 | Grace Ashworth | 4LR | 55.3 | | | | 55.3 | 5= | 41 |
| 70 | Grace Ashworth | SB | 79 | | | | 79 | 1 | 50 |
| 70 | Grace Ashworth | SLJ | 2.10 | 2.14 | 2.14 | | 2.14 | 7= | 37 |
| 71 | Katie Pursehouse | 2LR | 25.1 | | | | 25.1 | 2 | 48 |
| 71 | Katie Pursehouse | SB | 77 | | | | 77 | 3 | 46 |
| 71 | Katie Pursehouse | SLJ | 2.24 | 2.20 | 2.20 | | 2.24 | 2= | 47 |
| 72 | Lucy Brice | 2LR | 26.9 | | | | 26.9 | 9 | 34 |
| 72 | Lucy Brice | S | 9.15 | 8.76 | 8.97 | | 9.15 | 4 | 44 |
| 72 | Lucy Brice | VJ | 59 | 58 | 62 | | 62 | 2 | 48 |
| 73 | Hannah Maher | 4LR | 55.8 | | | | 55.8 | 7 | 38 |
| 73 | Hannah Maher | S | 8.23 | 9.15 | 9.26 | | 9.26 | 2 | 48 |
| 73 | Hannah Maher | VJ | 51 | 51 | 50 | | 51 | 8= | 35 |
| 74 | Phoebe Clarke | 4LR | 54.1 | | | | 54.1 | 1= | 49 |
| 74 | Phoebe Clarke | SB | 76 | | | | 76 | 4= | 43 |
| 74 | Phoebe Clarke | VJ | 52 | 52 | 52 | | 52 | 6= | 39 |
| 75 | Harriet Sargent | 2LR | 27.0 | | | | 27.0 | 10 | 32 |
| 75 | Harriet Sargent | S | 6.38 | 6.18 | 6.10 | | 6.38 | 9 | 34 |
| 75 | Harriet Sargent | SLJ | 2.00 | 1.88 | 1.98 | | 2.00 | 10 | 32 |

Results Sheet

2 Lap Race

Competition:
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Date
4 Feb 2012

| Ranking | Team | Colour | BibNo | Name | Best | Points |
|---------|----------------|--------|-------|-------------------|------|--------|
| 1 | Hertfordshire | violet | 63 | Daizy Lee | 25.0 | 50 |
| 2 | Norfolk | red | 71 | Katie Pursehouse | 25.1 | 48 |
| 3 | Essex | yellow | 56 | Ashleigh Lewis | 25.6 | 46 |
| 4= | Cambridgeshire | green | 50 | Catriona Marriott | 25.7 | 42 |
| 4= | Essex | yellow | 60 | Phoebe Smithdale | 25.7 | 42 |
| 4= | Hertfordshire | violet | 64 | Tilly Anderson | 25.7 | 42 |
| 7 | Essex | yellow | 57 | Chenice Constable | 25.8 | 38 |
| 8 | Cambridgeshire | green | 53 | Jessica Stirley | 26.7 | 36 |
| 9 | Norfolk | red | 72 | Lucy Brice | 26.9 | 34 |
| 10 | Norfolk | red | 75 | Harriet Sargent | 27.0 | 32 |
| 11 | Cambridgeshire | green | 54 | Sophia Brumann | 27.4 | 30 |
| 12 | Hertfordshire | violet | 68 | Kate McRoy | 27.8 | 28 |

Results Sheet

4 Lap Race

Competition:
AS-East Regional Final Under 15 Girls

Venue:
Sportspark, UEA

Date
4 Feb 2012

| Ranking | Team | Colour | BibNo | Name | Best | Points |
|---------|----------------|--------|-------|----------------------|--------|--------|
| 1= | Essex | yellow | 59 | Michelle Hughes | 54.1 | 49 |
| 1= | Norfolk | red | 74 | Phoebe Clarke | 54.1 | 49 |
| 3= | Essex | yellow | 58 | Erin Minton-Branfoot | 55.0 | 45 |
| 3= | Hertfordshire | violet | 66 | Sophie Keeble | 55.0 | 45 |
| 5= | Hertfordshire | violet | 65 | Holly Seglah | 55.3 | 41 |
| 5= | Norfolk | red | 70 | Grace Ashworth | 55.3 | 41 |
| 7 | Norfolk | red | 73 | Hannah Maher | 55.8 | 38 |
| 8 | Cambridgeshire | green | 51 | Rebecca Pedley | 57.2 | 36 |
| 9 | Cambridgeshire | green | 49 | Rosie Benfield | 57.3 | 34 |
| 10 | Hertfordshire | violet | 67 | Rebecca Pickard | 58.4 | 32 |
| 11 | Essex | yellow | 61 | Shannon Jameson | 58.5 | 30 |
| 12 | Cambridgeshire | green | 52 | Katie Reynolds | 1:02.1 | 28 |

Results Sheet

8 Lap Paarlauf

Competition:

AS-East Regional Final Under 15 Girls

Venue:

Sportspark, UEA

Date

4 Feb 2012

| Ranking | Code | Team | Colour | Heat | Final | Performance | Points |
|---------|------|----------------|--------|--------|-------|-------------|--------|
| 1 | 04 | Norfolk | red | 1:46.7 | 0.0 | 1:46.7 | 70.0 |
| 2 | 02 | Essex | yellow | 1:48.5 | 0.0 | 1:48.5 | 60.0 |
| 3 | 03 | Hertfordshire | violet | 1:48.8 | 0.0 | 1:48.8 | 50.0 |
| 4 | 01 | Cambridgeshire | green | 1:56.1 | 0.0 | 1:56.1 | 40.0 |

Results Sheet

4 x 2 Lap Relay

Competition:

AS-East Regional Final Under 15 Girls

Venue:

Sportspark, UEA

Date

4 Feb 2012

| Ranking | Code | Team | Colour | Heat | Final | Performance | Points |
|---------|------|----------------|--------|--------|-------|-------------|--------|
| 1 | 03 | Hertfordshire | violet | 1:39.4 | 0.0 | 1:39.4 | 70.0 |
| 2 | 02 | Essex | yellow | 1:40.9 | 0.0 | 1:40.9 | 60.0 |
| 3 | 04 | Norfolk | red | 1:41.6 | 0.0 | 1:41.6 | 50.0 |
| 4 | 01 | Cambridgeshire | green | 1:46.6 | 0.0 | 1:46.6 | 40.0 |

Results Sheet

Shot

Competition:
AS-East Regional Final Under 15 Girls

Venue:
Sportspark, UEA

Date
4 Feb 2012

| Ranking | Team | Colour | BibNo | Name | Best | Points |
|---------|----------------|--------|-------|----------------------|------|--------|
| 1 | Cambridgeshire | green | 52 | Katie Reynolds | 9.40 | 50 |
| 2 | Norfolk | red | 73 | Hannah Maher | 9.26 | 48 |
| 3 | Essex | yellow | 56 | Ashleigh Lewis | 9.17 | 46 |
| 4 | Norfolk | red | 72 | Lucy Brice | 9.15 | 44 |
| 5 | Cambridgeshire | green | 50 | Catriona Marriott | 7.90 | 42 |
| 6 | Hertfordshire | violet | 65 | Holly Seglah | 7.78 | 40 |
| 7 | Hertfordshire | violet | 68 | Kate McRoy | 7.68 | 38 |
| 8 | Hertfordshire | violet | 66 | Sophie Keeble | 6.90 | 36 |
| 9 | Norfolk | red | 75 | Harriet Sargent | 6.38 | 34 |
| 10 | Essex | yellow | 58 | Erin Minton-Branfoot | 5.48 | 32 |
| 11 | Cambridgeshire | green | 54 | Sophia Brumann | 5.33 | 30 |
| 12 | Essex | yellow | 61 | Shannon Jameson | 4.43 | 28 |

Results Sheet

Speed Bounce

Competition:
AS-East Regional Final Under 15 Girls

Venue:
Sportspark, UEA

Date
4 Feb 2012

| Ranking | Team | Colour | BibNo | Name | Total | Points |
|---------|----------------|--------|-------|-------------------|-------|--------|
| 1 | Norfolk | red | 70 | Grace Ashworth | 79 | 50 |
| 2 | Essex | yellow | 57 | Chenice Constable | 78 | 48 |
| 3 | Norfolk | red | 71 | Katie Pursehouse | 77 | 46 |
| 4= | Hertfordshire | violet | 67 | Rebecca Pickard | 76 | 43 |
| 4= | Norfolk | red | 74 | Phoebe Clarke | 76 | 43 |
| 6 | Hertfordshire | violet | 64 | Tilly Anderson | 75 | 40 |
| 7= | Cambridgeshire | green | 53 | Jessica Stirley | 73 | 37 |
| 7= | Essex | yellow | 59 | Michelle Hughes | 73 | 37 |
| 9 | Cambridgeshire | green | 51 | Rebecca Pedley | 70 | 34 |
| 10 | Cambridgeshire | green | 49 | Rosie Benfield | 69 | 32 |
| 11 | Hertfordshire | violet | 63 | Daizy Lee | 67 | 30 |
| 12 | Essex | yellow | 60 | Phoebe Smithdale | 65 | 28 |

Results Sheet

Standing Long Jump

Competition:

AS-East Regional Final Under 15 Girls

Venue:

Sportspark, UEA

Date

4 Feb 2012

| Ranking | Team | Colour | BibNo | Name | Best | Points |
|---------|----------------|--------|-------|----------------------|------|--------|
| 1 | Essex | yellow | 56 | Ashleigh Lewis | 2.39 | 50 |
| 2= | Hertfordshire | violet | 63 | Daizy Lee | 2.24 | 47 |
| 2= | Norfolk | red | 71 | Katie Pursehouse | 2.24 | 47 |
| 4 | Cambridgeshire | green | 53 | Jessica Stirley | 2.20 | 44 |
| 5= | Cambridgeshire | green | 52 | Katie Reynolds | 2.16 | 41 |
| 5= | Hertfordshire | violet | 64 | Tilly Anderson | 2.16 | 41 |
| 7= | Hertfordshire | violet | 67 | Rebecca Pickard | 2.14 | 37 |
| 7= | Norfolk | red | 70 | Grace Ashworth | 2.14 | 37 |
| 9 | Essex | yellow | 61 | Shannon Jameson | 2.04 | 34 |
| 10 | Norfolk | red | 75 | Harriet Sargent | 2.00 | 32 |
| 11 | Essex | yellow | 58 | Erin Minton-Branfoot | 1.90 | 30 |
| 12 | Cambridgeshire | green | 49 | Rosie Benfield | 1.88 | 28 |

Results Sheet

Vertical Jump

Competition:
AS-East Regional Final Under 15 Girls

Venue:
Sportspark, UEA

Date
4 Feb 2012

| Ranking | Team | Colour | BibNo | Name | Best | Points |
|---------|----------------|--------|-------|-------------------|------|--------|
| 1 | Essex | yellow | 57 | Chenice Constable | 63 | 50 |
| 2 | Norfolk | red | 72 | Lucy Brice | 62 | 48 |
| 3= | Essex | yellow | 60 | Phoebe Smithdale | 58 | 45 |
| 3= | Hertfordshire | violet | 65 | Holly Seglah | 58 | 45 |
| 5 | Hertfordshire | violet | 66 | Sophie Keeble | 54 | 42 |
| 6= | Essex | yellow | 59 | Michelle Hughes | 52 | 39 |
| 6= | Norfolk | red | 74 | Phoebe Clarke | 52 | 39 |
| 8= | Cambridgeshire | green | 51 | Rebecca Pedley | 51 | 35 |
| 8= | Norfolk | red | 73 | Hannah Maher | 51 | 35 |
| 10 | Cambridgeshire | green | 50 | Catriona Marriott | 49 | 32 |
| 11 | Hertfordshire | violet | 68 | Kate McRoy | 45 | 30 |
| 12 | Cambridgeshire | green | 54 | Sophia Brumann | 43 | 28 |