

Competition Results

Competition:

AS-Welsh Final Under 13 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

4 Mar 2012

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Powys	orange	713	70	70	70	80	56	48	58	23	30	60	42	58	48
2	Dyfed	violet	666	40	80	80	60	42	54	29	56	62	29	40	44	50
3	Cardiff & Vale of Glamorgan	yellow	566	50	40	50	50	38	10	54	42	40	44	50	46	52
4	North West Wales	grey	491	60	60	40	40	14	54	50	33	34	44	32	4	26
5	Afan Nedd Tawe	green	479	80	20	60	30	26	36	33	60	32	38	24	18	22
6	North East Wales	sky	358	20	0	30	70	54	14	8	24	32	10	22	46	28
7	South East Wales	purple	304	30	50	20	10	22	24	12	22	32	10	36	36	0
8	Glamorgan Valleys	red	269	10	30	10	20	20	32	28	0	8	35	24	18	34

Team Results

Afan Nedd Tawe (green)

Competition:

AS-Welsh Final Under 13 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

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Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Powys	orange	713	70	70	70	80	56	48	58	23	30	60	42	58	48
2	Dyfed	violet	666	40	80	80	60	42	54	29	56	62	29	40	44	50
3	Cardiff & Vale of Glamorgan	yellow	566	50	40	50	50	38	10	54	42	40	44	50	46	52
4	North West Wales	grey	491	60	60	40	40	14	54	50	33	34	44	32	4	26
5	Afan Nedd Tawe	green	479	80	20	60	30	26	36	33	60	32	38	24	18	22
6	North East Wales	sky	358	20	0	30	70	54	14	8	24	32	10	22	46	28
7	South East Wales	purple	304	30	50	20	10	22	24	12	22	32	10	36	36	0
8	Glamorgan Valleys	red	269	10	30	10	20	20	32	28	0	8	35	24	18	34

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
1	Maddie Newton	2LR	30.3	0.0			30.3	16	2
1	Maddie Newton	STJ	5.15	5.17	0.00	5.18	5.18	12	10
2	Mia Evans	2LR	26.6	27.2			27.2	5	24
2	Mia Evans	SLJ	1.89	1.91	1.82	1.85	1.91	10	14
3	Jamie O'Driscoll	HJ	1.35				1.35	1	32
4	Ashley James	SB	74				74	5	24
5	Abbey Rodrigues	4LR	1:01.3	0.0			1:01.3	10	14
5	Abbey Rodrigues	SLJ	1.74	1.82	1.74	1.78	1.82	12	10
6	Felicity Church	4LR	59.3	1:01.8			1:01.8	6	22
6	Felicity Church	SB	70				70	9=	14
7	Amber Murphy	6LR	1:41.3				1:41.3	7	20
7	Amber Murphy	VJ	34	35	30	37	37	13	8
8	Olivia Michael	6LR	1:43.2				1:43.2	10=	13
8	Olivia Michael	STJ	5.03	5.03	5.10	4.96	5.10	13	8
9	Paige Murphy	VJ	39	41	38	41	41	10	14
10	Emily Coles	HJ	1.30				1.30	3	28
11	Sarah Watkins	S	8.91	0.00	8.41	8.17	8.91	3	28
12	Pearl Rhodes	S	5.97	0.00	0.00	6.14	6.14	15	4

Team Results

Cardiff & Vale of Glamorgan (yellow)

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Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Powys	orange	713	70	70	70	80	56	48	58	23	30	60	42	58	48
2	Dyfed	violet	666	40	80	80	60	42	54	29	56	62	29	40	44	50
3	Cardiff & Vale of Glamorgan	yellow	566	50	40	50	50	38	10	54	42	40	44	50	46	52
4	North West Wales	grey	491	60	60	40	40	14	54	50	33	34	44	32	4	26
5	Afan Nedd Tawe	green	479	80	20	60	30	26	36	33	60	32	38	24	18	22
6	North East Wales	sky	358	20	0	30	70	54	14	8	24	32	10	22	46	28
7	South East Wales	purple	304	30	50	20	10	22	24	12	22	32	10	36	36	0
8	Glamorgan Valleys	red	269	10	30	10	20	20	32	28	0	8	35	24	18	34

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
13	Hollie Davies	2LR	27.2	27.9			27.9	8	18
13	Hollie Davies	SLJ	2.00	2.01	1.95	2.04	2.04	7	20
14	Lauren Evans	2LR	27.2	27.5			27.5	7	20
14	Lauren Evans	STJ	5.52	5.73	5.99	5.97	5.99	5	24
15	Gabby Smft	4LR	1:10.1	0.0			1:10.1	16	2
15	Gabby Smft	STJ	5.36	5.56	5.67	0.00	5.67	6	22
16	Madison Churcher	4LR	1:03.9	0.0			1:03.9	13	8
16	Madison Churcher	VJ	46	46	46	45	46	7	20
17	Annabel Birch-Hurst	6LR	1:34.9				1:34.9	2	30
17	Annabel Birch-Hurst	HJ	1.20				1.20	7=	19
18	Amber Harding	6LR	1:39.3				1:39.3	5	24
18	Amber Harding	SB	72				72	8	18
19	Faye Gibbon	HJ	1.25				1.25	5=	23
20	Niamh Galton	SLJ	2.10	2.20	2.12	2.20	2.20	2	30
21	Shinjee Park	VJ	56	38	46	40	56	1	32
22	Bridget Walters	SB	75				75	4	26
23	Lydia Foulds	S	7.48	7.30	8.35	7.54	8.35	5	24
24	Olivia Parry	S	7.27	0.00	0.00	6.36	7.27	9	16
184	Adelaide Brenan	S	7.58	8.13	7.09	6.78	8.13		

Team Results

Dyfed (violet)

Competition:

AS-Welsh Final Under 13 Girls

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Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Powys	orange	713	70	70	70	80	56	48	58	23	30	60	42	58	48
2	Dyfed	violet	666	40	80	80	60	42	54	29	56	62	29	40	44	50
3	Cardiff & Vale of Glamorgan	yellow	566	50	40	50	50	38	10	54	42	40	44	50	46	52
4	North West Wales	grey	491	60	60	40	40	14	54	50	33	34	44	32	4	26
5	Afan Nedd Tawe	green	479	80	20	60	30	26	36	33	60	32	38	24	18	22
6	North East Wales	sky	358	20	0	30	70	54	14	8	24	32	10	22	46	28
7	South East Wales	purple	304	30	50	20	10	22	24	12	22	32	10	36	36	0
8	Glamorgan Valleys	red	269	10	30	10	20	20	32	28	0	8	35	24	18	34

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
25	Delum Allcock	2LR	26.5	26.6			26.6	3	28
25	Delum Allcock	STJ	5.44	5.30	5.38	5.33	5.44	8	18
26	Ina Martin	2LR	27.6	0.0			27.6	10	14
26	Ina Martin	HJ	1.30				1.30	4	26
27	Ffion Jenkins	4LR	58.1	57.9			57.9	2	30
27	Ffion Jenkins	SB	73				73	6=	21
28	Abbie Moyer	4LR	1:00.4	1:00.6			1:00.6	5	24
28	Abbie Moyer	SB	65				65	13	8
29	Sophie Hutchinson	6LR	1:43.2				1:43.2	10=	13
29	Sophie Hutchinson	STJ	5.96	6.00	5.96	5.88	6.00	4	26
30	Manon Lewis	6LR	1:42.5				1:42.5	9	16
30	Manon Lewis	VJ	51	50	50	47	51	4	26
31	Lauryn Davey	SLJ	2.26	2.27	2.23	2.17	2.27	1	32
32	Lauren Hotley	VJ	46	47	50	49	50	5	24
33	Carys Jones	HJ	1.35				1.35	2	30
34	Bethan Lewis	S	9.93	10.19	9.82	0.00	10.19	1	32
35	Hannah Doel	SLJ	1.67	1.67	1.76	1.67	1.76	13	8
36	Kinzah Khan	S	8.86	9.09	8.13	7.56	9.09	2	30

Team Results

Glamorgan Valleys (red)

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AS-Welsh Final Under 13 Girls

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4 Mar 2012

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Powys	orange	713	70	70	70	80	56	48	58	23	30	60	42	58	48
2	Dyfed	violet	666	40	80	80	60	42	54	29	56	62	29	40	44	50
3	Cardiff & Vale of Glamorgan	yellow	566	50	40	50	50	38	10	54	42	40	44	50	46	52
4	North West Wales	grey	491	60	60	40	40	14	54	50	33	34	44	32	4	26
5	Afan Nedd Tawe	green	479	80	20	60	30	26	36	33	60	32	38	24	18	22
6	North East Wales	sky	358	20	0	30	70	54	14	8	24	32	10	22	46	28
7	South East Wales	purple	304	30	50	20	10	22	24	12	22	32	10	36	36	0
8	Glamorgan Valleys	red	269	10	30	10	20	20	32	28	0	8	35	24	18	34

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
37	Harriet Hooper	VJ	45	46	44	47	47	6	22
38	Megan Pugh	4LR	1:00.6	1:02.8			1:02.8	7	20
38	Megan Pugh	STJ	4.96	4.78	0.00	4.60	4.96	14	6
39	Tirion Welsby	2LR	27.4	0.0			27.4	9	16
39	Tirion Welsby	SB	70				70	9=	14
40	Katie C. Oakley	2LR	29.1	0.0			29.1	15	4
40	Katie C. Oakley	VJ	39	38	40	38	40	11	12
41	Ellie Jones	4LR	1:01.7	0.0			1:01.7	11	12
41	Ellie Jones	SLJ	1.90	1.99	1.95	1.92	1.99	8	18
42	Emma Sutton	6LR	1:42.4				1:42.4	8	18
42	Emma Sutton	S	6.25	6.24	6.44	0.00	6.44	13	8
44	Gwenna Hughes	STJ	4.99	5.06	5.09	5.29	5.29	11	12
45	Ameliz Jones	SLJ	1.63	1.72	1.67	1.69	1.72	14	6
46	Tegan Evans	6LR	1:43.6				1:43.6	12	10
46	Tegan Evans	SB	73				73	6=	21

Team Results

North East Wales (sky)

Competition:

AS-Welsh Final Under 13 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

4 Mar 2012

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Powys	orange	713	70	70	70	80	56	48	58	23	30	60	42	58	48
2	Dyfed	violet	666	40	80	80	60	42	54	29	56	62	29	40	44	50
3	Cardiff & Vale of Glamorgan	yellow	566	50	40	50	50	38	10	54	42	40	44	50	46	52
4	North West Wales	grey	491	60	60	40	40	14	54	50	33	34	44	32	4	26
5	Afan Nedd Tawe	green	479	80	20	60	30	26	36	33	60	32	38	24	18	22
6	North East Wales	sky	358	20	0	30	70	54	14	8	24	32	10	22	46	28
7	South East Wales	purple	304	30	50	20	10	22	24	12	22	32	10	36	36	0
8	Glamorgan Valleys	red	269	10	30	10	20	20	32	28	0	8	35	24	18	34

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
49	Lauren Brown	STJ	5.31	5.18	0.00	5.19	5.31	10	14
50	Chloe Hughes	2LR	26.2	25.9			25.9	1	32
50	Chloe Hughes	STJ	6.39	6.64	0.00	6.33	6.64	1	32
51	Tia Williams	S	7.94	8.90	8.32	8.12	8.90	4	26
52	Rachel Swash	HJ	1.20				1.20	9	16
53	Sasha	4LR	1:03.2	0.0			1:03.2	12	10
53	Sasha	SLJ	2.07	2.03	1.95	0.00	2.07	6	22
54	Sarah Atkinson	2LR	26.9	27.3			27.3	6	22
54	Sarah Atkinson	VJ	50	53	51	53	53	3	28
55	Britney Evans	6LR	1:51.0				1:51.0	16	2
56	Lara Becker	6LR	1:46.7				1:46.7	14	6
56	Lara Becker	HJ	0.95				0.95	13	8
57	Laura	S	0.00	6.27	0.00	0.00	6.27	14	6
58	Ffion	4LR	1:06.1	0.0			1:06.1	15	4
58	Ffion	SB	69				69	12	10

Team Results

North West Wales (grey)

Competition:

AS-Welsh Final Under 13 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

4 Mar 2012

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Powys	orange	713	70	70	70	80	56	48	58	23	30	60	42	58	48
2	Dyfed	violet	666	40	80	80	60	42	54	29	56	62	29	40	44	50
3	Cardiff & Vale of Glamorgan	yellow	566	50	40	50	50	38	10	54	42	40	44	50	46	52
4	North West Wales	grey	491	60	60	40	40	14	54	50	33	34	44	32	4	26
5	Afan Nedd Tawe	green	479	80	20	60	30	26	36	33	60	32	38	24	18	22
6	North East Wales	sky	358	20	0	30	70	54	14	8	24	32	10	22	46	28
7	South East Wales	purple	304	30	50	20	10	22	24	12	22	32	10	36	36	0
8	Glamorgan Valleys	red	269	10	30	10	20	20	32	28	0	8	35	24	18	34

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
61	Cerys Davies	4LR	59.9	1:00.0			1:00.0	4	26
61	Cerys Davies	S	7.65	0.00	7.89	7.95	7.95	7	20
62	Manon Stonehewer	S	7.25	6.82	6.04	7.12	7.25	10	14
63	Kathleen Lunn	SB	70				70	9=	14
64	Emily Ridges	6LR	1:37.6				1:37.6	3	28
64	Emily Ridges	SB	77				77	2	30
65	Laura Ellis	HJ	1.20				1.20	7=	19
66	Lauren Williams	SLJ	2.06	2.07	2.15	2.19	2.19	3	28
67	Lois Jones	VJ	0	40	43	39	43	9	16
68	Glesni Tegid	2LR	28.2	0.0			28.2	13	8
68	Glesni Tegid	STJ	4.24	4.24	4.62	4.38	4.62	15	4
69	Mia Hughes	2LR	28.6	0.0			28.6	14	6
69	Mia Hughes	HJ	1.10				1.10	10	14
70	Louisia Jones	6LR	1:40.1				1:40.1	6	22
70	Louisia Jones	SLJ	1.47	1.49	1.37	1.53	1.53	15	4
71	Cerys Jones	VJ	37	37	37	36	37	12	10
72	Kelsi Jones	4LR	59.5	59.4			59.4	3	28

Team Results

Powys (orange)

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AS-Welsh Final Under 13 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

4 Mar 2012

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Powys	orange	713	70	70	70	80	56	48	58	23	30	60	42	58	48
2	Dyfed	violet	666	40	80	80	60	42	54	29	56	62	29	40	44	50
3	Cardiff & Vale of Glamorgan	yellow	566	50	40	50	50	38	10	54	42	40	44	50	46	52
4	North West Wales	grey	491	60	60	40	40	14	54	50	33	34	44	32	4	26
5	Afan Nedd Tawe	green	479	80	20	60	30	26	36	33	60	32	38	24	18	22
6	North East Wales	sky	358	20	0	30	70	54	14	8	24	32	10	22	46	28
7	South East Wales	purple	304	30	50	20	10	22	24	12	22	32	10	36	36	0
8	Glamorgan Valleys	red	269	10	30	10	20	20	32	28	0	8	35	24	18	34

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
73	Megan Randell	2LR	26.3	26.3			26.3	2	30
73	Megan Randell	SLJ	2.08	2.08	2.16	2.11	2.16	4	26
74	Katie Jones	2LR	26.7	27.0			27.0	4	26
74	Katie Jones	VJ	46	54	48	48	54	2	30
75	Aimee Breakwell	4LR	1:01.0	0.0			1:01.0	9	16
75	Aimee Breakwell	HJ	0.00				0.00		
76	Issy Mogg	4LR	56.9	57.3			57.3	1	32
76	Issy Mogg	VJ	37	41	43	43	43	8	18
77	Lauren Williams	6LR	1:33.2				1:33.2	1	32
77	Lauren Williams	SB	84				84	1	32
78	Megan Tucker	6LR	1:38.2				1:38.2	4	26
78	Megan Tucker	HJ	1.25				1.25	5=	23
79	Megan Jones	SLJ	1.92	1.95	1.97	1.96	1.97	9	16
80	Fflur Jones	S	7.58	7.71	7.11	0.00	7.71	8	18
81	Hannah Powell	S	6.55	6.39	6.52	6.79	6.79	11	12
82	Zara Baker	SB	76				76	3	28
83	Bethany Davies	STJ	6.24	5.96	6.11	6.10	6.24	2	30
84	Sinead Price	STJ	5.61	5.78	6.10	6.01	6.10	3	28

Team Results

South East Wales (purple)

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AS-Welsh Final Under 13 Girls

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Cwmbran Stadium Sports Centre

Date

4 Mar 2012

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Powys	orange	713	70	70	70	80	56	48	58	23	30	60	42	58	48
2	Dyfed	violet	666	40	80	80	60	42	54	29	56	62	29	40	44	50
3	Cardiff & Vale of Glamorgan	yellow	566	50	40	50	50	38	10	54	42	40	44	50	46	52
4	North West Wales	grey	491	60	60	40	40	14	54	50	33	34	44	32	4	26
5	Afan Nedd Tawe	green	479	80	20	60	30	26	36	33	60	32	38	24	18	22
6	North East Wales	sky	358	20	0	30	70	54	14	8	24	32	10	22	46	28
7	South East Wales	purple	304	30	50	20	10	22	24	12	22	32	10	36	36	0
8	Glamorgan Valleys	red	269	10	30	10	20	20	32	28	0	8	35	24	18	34

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
85	Chloe Solari	2LR	28.0	0.0			28.0	11=	11
86	Paige Lowe	2LR	28.0	0.0			28.0	11=	11
86	Paige Lowe	SLJ	2.12	2.12	2.13	2.14	2.14	5	24
87	Jaycee Penny	4LR	1:00.8	0.0			1:00.8	8	18
87	Jaycee Penny	STJ	5.50	5.63	0.00	5.26	5.63	7	20
88	Stevie Hoe	S	5.51	6.53	5.50	6.17	6.53	12	10
89	Elysia Williams	6LR	1:49.3				1:49.3	15	4
90	Keira Pitt	4LR	1:04.3	0.0			1:04.3	14	6
90	Keira Pitt	STJ	5.37	5.18	5.08	5.02	5.37	9	16
91	Shannon Farr	S	0.00	8.15	0.00	0.00	8.15	6	22
92	Paige Miles	SLJ	1.63	1.83	1.73	1.86	1.86	11	12
93	Amelia Baston	SB	64				64	14	6
94	Bethan Self	HJ	1.05				1.05	11	12
95	Nicole Woodward	SB	58				58	15	4
96	Emily Watkins	6LR	1:45.1				1:45.1	13	8
96	Emily Watkins	HJ	1.05				1.05	12	10

Results Sheet

Obstacle Relay

Competition:

AS-Welsh Final Under 13 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

4 Mar 2012

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Afan Nedd Tawe	green	1:26.6	0.0	1:26.6	80.0
2	07	Powys	orange	1:28.1	0.0	1:28.1	70.0
3	06	North West Wales	grey	1:29.6	0.0	1:29.6	60.0
4	02	Cardiff & Vale of Glamorgan	yellow	1:33.3	0.0	1:33.3	50.0
5	03	Dyfed	violet	1:33.5	0.0	1:33.5	40.0
6	08	South East Wales	purple	1:34.6	0.0	1:34.6	30.0
7	05	North East Wales	sky	1:37.9	0.0	1:37.9	20.0
8	04	Glamorgan Valleys	red	1:45.5	0.0	1:45.5	10.0

Results Sheet

2 Lap Race

Competition:

AS-Welsh Final Under 13 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

4 Mar 2012

Ranking	Team	Colour	Points
1	Powys	orange	56
2	North East Wales	sky	54
3	Dyfed	violet	42
4	Cardiff & Vale of Glamorgan	yellow	38
5	Afan Nedd Tawe	green	26
6	South East Wales	purple	22
7	Glamorgan Valleys	red	20
8	North West Wales	grey	14

Ranking	Team	Colour	BibNo	Name	Best	Points
1	North East Wales	sky	50	Chloe Hughes	25.9	32
2	Powys	orange	73	Megan Randell	26.3	30
3	Dyfed	violet	25	Delum Allcock	26.6	28
4	Powys	orange	74	Katie Jones	27.0	26
5	Afan Nedd Tawe	green	2	Mia Evans	27.2	24
6	North East Wales	sky	54	Sarah Atkinson	27.3	22
7	Cardiff & Vale of Glamorgan	yellow	14	Lauren Evans	27.5	20
8	Cardiff & Vale of Glamorgan	yellow	13	Hollie Davies	27.9	18
9	Glamorgan Valleys	red	39	Tirion Welsby	27.4	16
10	Dyfed	violet	26	Ina Martin	27.6	14
11=	South East Wales	purple	85	Chloe Solari	28.0	11
11=	South East Wales	purple	86	Paige Lowe	28.0	11
13	North West Wales	grey	68	Glesni Tegid	28.2	8
14	North West Wales	grey	69	Mia Hughes	28.6	6
15	Glamorgan Valleys	red	40	Katie C. Oakley	29.1	4
16	Afan Nedd Tawe	green	1	Maddie Newton	30.3	2

Results Sheet

4 Lap Race

Competition:

AS-Welsh Final Under 13 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

4 Mar 2012

Ranking	Team	Colour	Points
1=	Dyfed	violet	54
1=	North West Wales	grey	54
3	Powys	orange	48
4	Afan Nedd Tawe	green	36
5	Glamorgan Valleys	red	32
6	South East Wales	purple	24
7	North East Wales	sky	14
8	Cardiff & Vale of Glamorgan	yellow	10

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Powys	orange	76	Issy Mogg	57.3	32
2	Dyfed	violet	27	Ffion Jenkins	57.9	30
3	North West Wales	grey	72	Kelsi Jones	59.4	28
4	North West Wales	grey	61	Cerys Davies	1:00.0	26
5	Dyfed	violet	28	Abbie Moyer	1:00.6	24
6	Afan Nedd Tawe	green	6	Felicity Church	1:01.8	22
7	Glamorgan Valleys	red	38	Megan Pugh	1:02.8	20
8	South East Wales	purple	87	Jaycee Penny	1:00.8	18
9	Powys	orange	75	Aimee Breakwell	1:01.0	16
10	Afan Nedd Tawe	green	5	Abbey Rodrigues	1:01.3	14
11	Glamorgan Valleys	red	41	Ellie Jones	1:01.7	12
12	North East Wales	sky	53	Sasha	1:03.2	10
13	Cardiff & Vale of Glamorgan	yellow	16	Madison Churcher	1:03.9	8
14	South East Wales	purple	90	Keira Pitt	1:04.3	6
15	North East Wales	sky	58	Ffion	1:06.1	4
16	Cardiff & Vale of Glamorgan	yellow	15	Gabby Smft	1:10.1	2

Results Sheet

6 Lap Time Trial

Competition:

AS-Welsh Final Under 13 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

4 Mar 2012

Ranking	Team	Colour	Points
1	Powys	orange	58
2	Cardiff & Vale of Glamorgan	yellow	54
3	North West Wales	grey	50
4	Afan Nedd Tawe	green	33
5	Dyfed	violet	29
6	Glamorgan Valleys	red	28
7	South East Wales	purple	12
8	North East Wales	sky	8

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Powys	orange	77	Lauren Williams	1:33.2	32
2	Cardiff & Vale of Glamorgan	yellow	17	Annabel Birch-Hurst	1:34.9	30
3	North West Wales	grey	64	Emily Ridges	1:37.6	28
4	Powys	orange	78	Megan Tucker	1:38.2	26
5	Cardiff & Vale of Glamorgan	yellow	18	Amber Harding	1:39.3	24
6	North West Wales	grey	70	Louisia Jones	1:40.1	22
7	Afan Nedd Tawe	green	7	Amber Murphy	1:41.3	20
8	Glamorgan Valleys	red	42	Emma Sutton	1:42.4	18
9	Dyfed	violet	30	Manon Lewis	1:42.5	16
10=	Afan Nedd Tawe	green	8	Olivia Michael	1:43.2	13
10=	Dyfed	violet	29	Sophie Hutchinson	1:43.2	13
12	Glamorgan Valleys	red	46	Tegan Evans	1:43.6	10
13	South East Wales	purple	96	Emily Watkins	1:45.1	8
14	North East Wales	sky	56	Lara Becker	1:46.7	6
15	South East Wales	purple	89	Elysia Williams	1:49.3	4
16	North East Wales	sky	55	Britney Evans	1:51.0	2

Results Sheet

8 Lap Paarlauf

Competition:

AS-Welsh Final Under 13 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

4 Mar 2012

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Dyfed	violet	1:56.3	0.0	1:56.3	80.0
2	07	Powys	orange	1:57.4	0.0	1:57.4	70.0
3	06	North West Wales	grey	1:59.8	0.0	1:59.8	60.0
4	08	South East Wales	purple	2:01.4	0.0	2:01.4	50.0
5	02	Cardiff & Vale of Glamorgan	yellow	2:02.8	0.0	2:02.8	40.0
6	04	Glamorgan Valleys	red	2:03.6	0.0	2:03.6	30.0
7	01	Afan Nedd Tawe	green	2:03.9	0.0	2:03.9	20.0

Results Sheet

4 x 1 Lap Relay

Competition:

AS-Welsh Final Under 13 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

4 Mar 2012

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Dyfed	violet	53.5	0.0	53.5	80.0
2	07	Powys	orange	54.1	0.0	54.1	70.0
3	01	Afan Nedd Tawe	green	55.1	0.0	55.1	60.0
4	02	Cardiff & Vale of Glamorgan	yellow	55.5	0.0	55.5	50.0
5	06	North West Wales	grey	56.7	0.0	56.7	40.0
6	05	North East Wales	sky	57.9	0.0	57.9	30.0
7	08	South East Wales	purple	59.2	0.0	59.2	20.0
8	04	Glamorgan Valleys	red	1:03.3	0.0	1:03.3	10.0

Results Sheet

4 x 2 Lap Relay

Competition:

AS-Welsh Final Under 13 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

4 Mar 2012

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	07	Powys	orange	1:48.0	0.0	1:48.0	80.0
2	05	North East Wales	sky	1:49.1	0.0	1:49.1	70.0
3	03	Dyfed	violet	1:49.6	0.0	1:49.6	60.0
4	02	Cardiff & Vale of Glamorgan	yellow	1:49.8	0.0	1:49.8	50.0
5	06	North West Wales	grey	1:53.5	0.0	1:53.5	40.0
6	01	Afan Nedd Tawe	green	1:53.7	0.0	1:53.7	30.0
7	04	Glamorgan Valleys	red	1:54.4	0.0	1:54.4	20.0
8	08	South East Wales	purple	2:03.5	0.0	2:03.5	10.0

Results Sheet

High Jump

Competition:

AS-Welsh Final Under 13 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

4 Mar 2012

Ranking	Team	Colour	Points
	Glamorgan Valleys	red	0
1	Afan Nedd Tawe	green	60
2	Dyfed	violet	56
3	Cardiff & Vale of Glamorgan	yellow	42
4	North West Wales	grey	33
5	North East Wales	sky	24
6	Powys	orange	23
7	South East Wales	purple	22

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Afan Nedd Tawe	green	3	Jamie O'Driscoll	1.35	32
2	Dyfed	violet	33	Carys Jones	1.35	30
3	Afan Nedd Tawe	green	10	Emily Coles	1.30	28
4	Dyfed	violet	26	Ina Martin	1.30	26
5=	Cardiff & Vale of Glamorgan	yellow	19	Faye Gibbon	1.25	23
5=	Powys	orange	78	Megan Tucker	1.25	23
7=	Cardiff & Vale of Glamorgan	yellow	17	Annabel Birch-Hurst	1.20	19
7=	North West Wales	grey	65	Laura Ellis	1.20	19
9	North East Wales	sky	52	Rachel Swash	1.20	16
10	North West Wales	grey	69	Mia Hughes	1.10	14
11	South East Wales	purple	94	Bethan Self	1.05	12
12	South East Wales	purple	96	Emily Watkins	1.05	10
13	North East Wales	sky	56	Lara Becker	0.95	8
	Powys	orange	75	Aimee Breakwell	0.00	0

Results Sheet

Shot

Competition:

AS-Welsh Final Under 13 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

4 Mar 2012

Ranking	Team	Colour	Points
1	Dyfed	violet	62
2	Cardiff & Vale of Glamorgan	yellow	40
3	North West Wales	grey	34
4=	Afan Nedd Tawe	green	32
4=	North East Wales	sky	32
4=	South East Wales	purple	32
7	Powys	orange	30
8	Glamorgan Valleys	red	8

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Dyfed	violet	34	Bethan Lewis	10.19	32
2	Dyfed	violet	36	Kinzah Khan	9.09	30
3	Afan Nedd Tawe	green	11	Sarah Watkins	8.91	28
4	North East Wales	sky	51	Tia Williams	8.90	26
5	Cardiff & Vale of Glamorgan	yellow	23	Lydia Foulds	8.35	24
6	South East Wales	purple	91	Shannon Farr	8.15	22
7	North West Wales	grey	61	Cerys Davies	7.95	20
8	Powys	orange	80	Fflur Jones	7.71	18
9	Cardiff & Vale of Glamorgan	yellow	24	Olivia Parry	7.27	16
10	North West Wales	grey	62	Manon Stonehewer	7.25	14
11	Powys	orange	81	Hannah Powell	6.79	12
12	South East Wales	purple	88	Stevie Hoe	6.53	10
13	Glamorgan Valleys	red	42	Emma Sutton	6.44	8
14	North East Wales	sky	57	Laura	6.27	6
15	Afan Nedd Tawe	green	12	Pearl Rhodes	6.14	4
	Cardiff & Vale of Glamorgan	yellow	184	Adelaide Brenan	8.13	0

Results Sheet

Speed Bounce

Competition:

AS-Welsh Final Under 13 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

4 Mar 2012

Ranking	Team	Colour	Points
1	Powys	orange	60
2=	Cardiff & Vale of Glamorgan	yellow	44
2=	North West Wales	grey	44
4	Afan Nedd Tawe	green	38
5	Glamorgan Valleys	red	35
6	Dyfed	violet	29
7=	North East Wales	sky	10
7=	South East Wales	purple	10

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Powys	orange	77	Lauren Williams	84	32
2	North West Wales	grey	64	Emily Ridges	77	30
3	Powys	orange	82	Zara Baker	76	28
4	Cardiff & Vale of Glamorgan	yellow	22	Bridget Walters	75	26
5	Afan Nedd Tawe	green	4	Ashley James	74	24
6=	Dyfed	violet	27	Ffion Jenkins	73	21
6=	Glamorgan Valleys	red	46	Tegan Evans	73	21
8	Cardiff & Vale of Glamorgan	yellow	18	Amber Harding	72	18
9=	Afan Nedd Tawe	green	6	Felicity Church	70	14
9=	Glamorgan Valleys	red	39	Tirion Welsby	70	14
9=	North West Wales	grey	63	Kathleen Lunn	70	14
12	North East Wales	sky	58	Ffion	69	10
13	Dyfed	violet	28	Abbie Moyer	65	8
14	South East Wales	purple	93	Amelia Baston	64	6
15	South East Wales	purple	95	Nicole Woodward	58	4

Results Sheet

Standing Long Jump

Competition:

AS-Welsh Final Under 13 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

4 Mar 2012

Ranking	Team	Colour	Points
1	Cardiff & Vale of Glamorgan	yellow	50
2	Powys	orange	42
3	Dyfed	violet	40
4	South East Wales	purple	36
5	North West Wales	grey	32
6=	Afan Nedd Tawe	green	24
6=	Glamorgan Valleys	red	24
8	North East Wales	sky	22

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Dyfed	violet	31	Lauryn Davey	2.27	32
2	Cardiff & Vale of Glamorgan	yellow	20	Niamh Galton	2.20	30
3	North West Wales	grey	66	Lauren Williams	2.19	28
4	Powys	orange	73	Megan Randell	2.16	26
5	South East Wales	purple	86	Paige Lowe	2.14	24
6	North East Wales	sky	53	Sasha	2.07	22
7	Cardiff & Vale of Glamorgan	yellow	13	Hollie Davies	2.04	20
8	Glamorgan Valleys	red	41	Ellie Jones	1.99	18
9	Powys	orange	79	Megan Jones	1.97	16
10	Afan Nedd Tawe	green	2	Mia Evans	1.91	14
11	South East Wales	purple	92	Paige Miles	1.86	12
12	Afan Nedd Tawe	green	5	Abbey Rodrigues	1.82	10
13	Dyfed	violet	35	Hannah Doel	1.76	8
14	Glamorgan Valleys	red	45	Ameliz Jones	1.72	6
15	North West Wales	grey	70	Louisia Jones	1.53	4

Results Sheet

Standing Triple Jump

Competition:

AS-Welsh Final Under 13 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

4 Mar 2012

Ranking	Team	Colour	Points
1	Powys	orange	58
2=	Cardiff & Vale of Glamorgan	yellow	46
2=	North East Wales	sky	46
4	Dyfed	violet	44
5	South East Wales	purple	36
6=	Afan Nedd Tawe	green	18
6=	Glamorgan Valleys	red	18
8	North West Wales	grey	4

Ranking	Team	Colour	BibNo	Name	Best	Points
1	North East Wales	sky	50	Chloe Hughes	6.64	32
2	Powys	orange	83	Bethany Davies	6.24	30
3	Powys	orange	84	Sinead Price	6.10	28
4	Dyfed	violet	29	Sophie Hutchinson	6.00	26
5	Cardiff & Vale of Glamorgan	yellow	14	Lauren Evans	5.99	24
6	Cardiff & Vale of Glamorgan	yellow	15	Gabby Smft	5.67	22
7	South East Wales	purple	87	Jaycee Penny	5.63	20
8	Dyfed	violet	25	Delum Allcock	5.44	18
9	South East Wales	purple	90	Keira Pitt	5.37	16
10	North East Wales	sky	49	Lauren Brown	5.31	14
11	Glamorgan Valleys	red	44	Gwenna Hughes	5.29	12
12	Afan Nedd Tawe	green	1	Maddie Newton	5.18	10
13	Afan Nedd Tawe	green	8	Olivia Michael	5.10	8
14	Glamorgan Valleys	red	38	Megan Pugh	4.96	6
15	North West Wales	grey	68	Glesni Tegid	4.62	4

Results Sheet

Vertical Jump

Competition:

AS-Welsh Final Under 13 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

4 Mar 2012

Ranking	Team	Colour	Points
	South East Wales	purple	0
1	Cardiff & Vale of Glamorgan	yellow	52
2	Dyfed	violet	50
3	Powys	orange	48
4	Glamorgan Valleys	red	34
5	North East Wales	sky	28
6	North West Wales	grey	26
7	Afan Nedd Tawe	green	22

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cardiff & Vale of Glamorgan	yellow	21	Shinjee Park	56	32
2	Powys	orange	74	Katie Jones	54	30
3	North East Wales	sky	54	Sarah Atkinson	53	28
4	Dyfed	violet	30	Manon Lewis	51	26
5	Dyfed	violet	32	Lauren Hotley	50	24
6	Glamorgan Valleys	red	37	Harriet Hooper	47	22
7	Cardiff & Vale of Glamorgan	yellow	16	Madison Churcher	46	20
8	Powys	orange	76	Issy Mogg	43	18
9	North West Wales	grey	67	Lois Jones	43	16
10	Afan Nedd Tawe	green	9	Paige Murphy	41	14
11	Glamorgan Valleys	red	40	Katie C. Oakley	40	12
12	North West Wales	grey	71	Cerys Jones	37	10
13	Afan Nedd Tawe	green	7	Amber Murphy	37	8