

Competition Results

Competition:
SRF-Welsh Final Under 15 Girls

Venue:
Cwmbran Stadium Sports Centre

Date
3 Mar 2013

Ranking	Team	Score	Individual	P8	4x2
1	Powys	713	553	80	80
2	North West Wales	509	394	70	45
3	Dyfed	486	406	10	70
4	Cardiff & Vale of Glamorgan	464	359	60	45
5	Afan Nedd Tawe	429	349	20	60
6	South East Wales	390	315	50	25
7	North East Wales	334	279	30	25
8	Glamorgan Valleys	308	258	40	10

Athlete Results

Competition:
SRF-Welsh Final Under 15 Girls

Venue:
Cwmbran Stadium Sports Centre

Date
3 Mar 2013

Ranking	BibNo	Athlete	Team	Score	2LR	4LR	S	SB	SLJ	VJ
1	139	Abigail Bowees	Powys	146		50		48	48	
2	141	Megan Randell	Powys	139	50			43		46
3	142	Katie Jones	Powys	136	44		42			50
4	140	Sarah Williams	Powys	132		42	44		46	
5	114	Lauryn Davey	Dyfed	130		40	40		50	
6	143	Vicky Gittins	Powys	127	46		33			48
7	97	Mia Evans	Afan Nedd Tawe	122	48			46	28	
8	132	Gwenan Williams	North West Wales	118	24		50		44	
9	144	Lauren Williams	Powys	115		45		50	20	
10	134	Llio Williams	North West Wales	111	40			29	42	
11	150	Georgia Prew	South East Wales	106		28		43	35	
12	100	Paige Murphy	Afan Nedd Tawe	99	38			22	39	
13	106	Georgia Brown	Cardiff & Vale of Glamo	98	28		33			37
14=	104	Brooke Langton-Cryer	Cardiff & Vale of Glamo	94	17		38		39	
14=	113	Amy Humble	Dyfed	94	4		46			44
16	111	Delvn Allcock	Dyfed	93	42			35	16	
17	112	Hannah Doel	Dyfed	89	34			32		23
18	136	Grace Eickman	North West Wales	88		21		39	28	
19	129	Niz Yoganathain	North East Wales	86		36		39	11	
20	108	Elan Parry-Lowther	Cardiff & Vale of Glamo	85		21	36		28	
21=	105	Angharad Thomas	Cardiff & Vale of Glamo	82	34			7		41
21=	107	Emily Griffin	Cardiff & Vale of Glamo	82		45		17	20	
23	125	Ellie Martineze	North East Wales	79	24			35	20	
24	118	Chloe Jones	Glamorgan Valleys	78	30		16		32	
25=	135	Mollie Davies	North West Wales	77		48		13		16
25=	146	Jaycee Penny	South East Wales	77		32	10		35	
25=	147	Kirsty Love	South East Wales	77	14			22		41
28	115	Ffion Jenkins	Dyfed	75		38		29		8
29	123	Harriet Nicholas	Glamorgan Valleys	68		26		22		20
30	128	Ashleigh Smith	North East Wales	67	20			17		30
31=	102	Abbey Rodrigues	Afan Nedd Tawe	66		14	18			34
31=	109	Ellie Eddy-Williams	Cardiff & Vale of Glamo	66		17		26		23
31=	116	Bethan Lewis	Dyfed	66		4	48		14	
34	98	Katie Phillips	Afan Nedd Tawe	62		30	8		24	
35	133	Courtney Badsford	North West Wales	61	24		26			11
36	121	Hafain Davies	Glamorgan Valleys	60		24	20			16
37	99	Brooke Ayres-Evans	Afan Nedd Tawe	58		8		13		37
38	137	Connie Pike	North West Wales	56		34	6			16
39	148	Shaunna Ryan	South East Wales	55		17	12			26
40	119	Emma Rae-Howells	Glamorgan Valleys	52	34			7	11	
41	101	Georgia Dickinson	Afan Nedd Tawe	51	17		4			30
42	149	Ellie Jones	South East Wales	50	6		14			30
43	127	Louise Goldsmith	North East Wales	47	8		28			11
44	120	Lucy Jones	Glamorgan Valleys	42	12		24		6	
45=	126	Catherine Archer	North East Wales	40		6	30		4	
45=	130	Leah Edwards	North East Wales	40		12	22			6
47	122	Ceri Jones	Glamorgan Valleys	24		10		10		4

Athlete Results

Competition:
SRF-Welsh Final Under 15 Girls

Venue:
Cwmbran Stadium Sports Centre

Date
3 Mar 2013

Ranking	BibNo Athlete	Team	Score	2LR	4LR	S	SB	SLJ	VJ
48	152 Isobel Davey	South East Wales	22	10			4	8	
49=	124 Emily Howells	Glamorgan Valleys	0						
49=	138 Louise Jones	North West Wales	0						
49=	151 Imogen Williams	South East Wales	0						
49=	168 Ffion Lewis	North West Wales	0						

Team Results

Afan Nedd Tawe (red)

Competition:

SRF-Welsh Final Under 15 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

3 Mar 2013

Ranking	Team	Score	Individual	P8	4x2
1	Powys	713	553	80	80
2	North West Wales	509	394	70	45
3	Dyfed	486	406	10	70
4	Cardiff & Vale of Glamorgan	464	359	60	45
5	Afan Nedd Tawe	429	349	20	60
6	South East Wales	390	315	50	25
7	North East Wales	334	279	30	25
8	Glamorgan Valleys	308	258	40	10

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
97	Mia Evans	2LR	25.8				25.8	2	48
97	Mia Evans	SB	75				75	3	46
97	Mia Evans	SLJ	2.02	1.98	1.90		2.02	11=	28
98	Katie Phillips	4LR	1:00.5				1:00.5	11	30
98	Katie Phillips	S	0.00	5.10	5.28		5.28	22	8
98	Katie Phillips	SLJ	1.98	1.98	2.00		2.00	14	24
99	Brooke Ayres-Evans	4LR	1:04.4				1:04.4	22	8
99	Brooke Ayres-Evans	SB	64				64	19=	13
99	Brooke Ayres-Evans	VJ	44	45	43		45	7=	37
100	Paige Murphy	2LR	26.6				26.6	7	38
100	Paige Murphy	SB	66				66	14=	22
100	Paige Murphy	SLJ	2.05	2.06	2.08		2.08	6=	39
101	Georgia Dickinson	2LR	28.9				28.9	17=	17
101	Georgia Dickinson	S	4.41	4.56	4.51		4.56	24	4
101	Georgia Dickinson	VJ	43	37	0		43	10=	30
102	Abbey Rodrigues	4LR	1:01.5				1:01.5	19	14
102	Abbey Rodrigues	S	5.90	5.79	5.26		5.90	17	18
102	Abbey Rodrigues	VJ	44	44	42		44	9	34

Team Results

Cardiff & Vale of Glamorgan (blue)

Competition:

SRF-Welsh Final Under 15 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

3 Mar 2013

Ranking	Team	Score	Individual	P8	4x2
1	Powys	713	553	80	80
2	North West Wales	509	394	70	45
3	Dyfed	486	406	10	70
4	Cardiff & Vale of Glamorgan	464	359	60	45
5	Afan Nedd Tawe	429	349	20	60
6	South East Wales	390	315	50	25
7	North East Wales	334	279	30	25
8	Glamorgan Valleys	308	258	40	10

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
104	Brooke Langton-Cryer	2LR	28.9				28.9	17=	17
104	Brooke Langton-Cryer	S	0.00	7.33	7.55		7.55	7	38
104	Brooke Langton-Cryer	SLJ	2.06	2.07	2.08		2.08	6=	39
105	Angharad Thomas	2LR	27.3				27.3	8=	34
105	Angharad Thomas	SB	58				58	22=	7
105	Angharad Thomas	VJ	46	46	46		46	5=	41
106	Georgia Brown	2LR	27.8				27.8	12	28
106	Georgia Brown	S	6.74	7.26	6.57		7.26	9=	33
106	Georgia Brown	VJ	43	45	42		45	7=	37
107	Emily Griffin	4LR	57.0				57.0	3=	45
107	Emily Griffin	SB	65				65	17=	17
107	Emily Griffin	SLJ	1.88	1.98	1.94		1.98	15=	20
108	Elan Parry-Lowther	4LR	1:01.0				1:01.0	15=	21
108	Elan Parry-Lowther	S	7.18	7.38	7.53		7.53	8	36
108	Elan Parry-Lowther	SLJ	1.88	1.86	2.02		2.02	11=	28
109	Ellie Eddy-Williams	4LR	1:01.3				1:01.3	17=	17
109	Ellie Eddy-Williams	SB	67				67	13	26
109	Ellie Eddy-Williams	VJ	37	41	40		41	14=	23

Team Results

Dyfed (yellow)

Competition:

SRF-Welsh Final Under 15 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

3 Mar 2013

Ranking	Team	Score	Individual	P8	4x2
1	Powys	713	553	80	80
2	North West Wales	509	394	70	45
3	Dyfed	486	406	10	70
4	Cardiff & Vale of Glamorgan	464	359	60	45
5	Afan Nedd Tawe	429	349	20	60
6	South East Wales	390	315	50	25
7	North East Wales	334	279	30	25
8	Glamorgan Valleys	308	258	40	10

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
111	Delvn Allcock	2LR	26.2				26.2	5	42
111	Delvn Allcock	SB	72				72	8=	35
111	Delvn Allcock	SLJ	1.97	1.96	1.92		1.97	18	16
112	Hannah Doel	2LR	27.3				27.3	8=	34
112	Hannah Doel	SB	71				71	10	32
112	Hannah Doel	VJ	41	40	40		41	14=	23
113	Amy Humble	2LR	31.0				31.0	24	4
113	Amy Humble	S	10.29	10.04	10.34		10.34	3	46
113	Amy Humble	VJ	45	49	48		49	4	44
114	Lauryn Davey	4LR	57.6				57.6	6	40
114	Lauryn Davey	S	7.11	7.67	7.67		7.67	6	40
114	Lauryn Davey	SLJ	2.25	2.22	2.40		2.40	1	50
115	Ffion Jenkins	4LR	58.8				58.8	7	38
115	Ffion Jenkins	SB	68				68	11=	29
115	Ffion Jenkins	VJ	35	36	35		36	22	8
116	Bethan Lewis	4LR	1:05.2				1:05.2	24	4
116	Bethan Lewis	S	9.98	10.51	9.91		10.51	2	48
116	Bethan Lewis	SLJ	1.94	1.86	1.84		1.94	19	14

Team Results

Glamorgan Valleys (green)

Competition:

SRF-Welsh Final Under 15 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

3 Mar 2013

Ranking	Team	Score	Individual	P8	4x2
1	Powys	713	553	80	80
2	North West Wales	509	394	70	45
3	Dyfed	486	406	10	70
4	Cardiff & Vale of Glamorgan	464	359	60	45
5	Afan Nedd Tawe	429	349	20	60
6	South East Wales	390	315	50	25
7	North East Wales	334	279	30	25
8	Glamorgan Valleys	308	258	40	10

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
118	Chloe Jones	2LR	27.5				27.5	11	30
118	Chloe Jones	S	0.00	0.00	5.75		5.75	18	16
118	Chloe Jones	SLJ	1.98	1.94	2.03		2.03	10	32
119	Emma Rae-Howells	2LR	27.3				27.3	8=	34
119	Emma Rae-Howells	SB	58				58	22=	7
119	Emma Rae-Howells	SLJ	1.92	1.88	1.82		1.92	20=	11
120	Lucy Jones	2LR	29.3				29.3	20	12
120	Lucy Jones	S	6.03	5.67	6.35		6.35	14	24
120	Lucy Jones	SLJ	1.74	1.76	1.70		1.76	23	6
121	Hafain Davies	4LR	1:00.9				1:00.9	14	24
121	Hafain Davies	S	5.91	5.52	5.00		5.91	16	20
121	Hafain Davies	VJ	34	38	32		38	17=	16
122	Ceri Jones	4LR	1:03.5				1:03.5	21	10
122	Ceri Jones	SB	63				63	21	10
122	Ceri Jones	VJ	31	28	31		31	24	4
123	Harriet Nicholas	4LR	1:00.8				1:00.8	13	26
123	Harriet Nicholas	SB	66				66	14=	22
123	Harriet Nicholas	VJ	39	37	40		40	16	20
124	Emily Howells	SB	69				69		
124	Emily Howells	VJ	46	47	44		47		

Team Results

North East Wales (purple)

Competition:

SRF-Welsh Final Under 15 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

3 Mar 2013

Ranking	Team	Score	Individual	P8	4x2
1	Powys	713	553	80	80
2	North West Wales	509	394	70	45
3	Dyfed	486	406	10	70
4	Cardiff & Vale of Glamorgan	464	359	60	45
5	Afan Nedd Tawe	429	349	20	60
6	South East Wales	390	315	50	25
7	North East Wales	334	279	30	25
8	Glamorgan Valleys	308	258	40	10

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
125	Ellie Martineze	2LR	27.9				27.9	13=	24
125	Ellie Martineze	SB	72				72	8=	35
125	Ellie Martineze	SLJ	1.85	1.98	1.86		1.98	15=	20
126	Catherine Archer	4LR	1:04.5				1:04.5	23	6
126	Catherine Archer	S	0.00	7.10	7.00		7.10	11	30
126	Catherine Archer	SLJ	1.59	1.56	1.64		1.64	24	4
127	Louise Goldsmith	2LR	30.4				30.4	22	8
127	Louise Goldsmith	S	7.06	7.05	6.94		7.06	12	28
127	Louise Goldsmith	VJ	35	33	37		37	20=	11
128	Ashleigh Smith	2LR	28.5				28.5	16	20
128	Ashleigh Smith	SB	65				65	17=	17
128	Ashleigh Smith	VJ	40	39	43		43	10=	30
129	Niz Yoganathain	4LR	59.5				59.5	8	36
129	Niz Yoganathain	SB	73				73	6=	39
129	Niz Yoganathain	SLJ	1.88	1.88	1.92		1.92	20=	11
130	Leah Edwards	4LR	1:02.4				1:02.4	20	12
130	Leah Edwards	S	0.00	0.00	5.95		5.95	15	22
130	Leah Edwards	VJ	33	35	32		35	23	6

Team Results

North West Wales (sky)

Competition:

SRF-Welsh Final Under 15 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

3 Mar 2013

Ranking	Team	Score	Individual	P8	4x2
1	Powys	713	553	80	80
2	North West Wales	509	394	70	45
3	Dyfed	486	406	10	70
4	Cardiff & Vale of Glamorgan	464	359	60	45
5	Afan Nedd Tawe	429	349	20	60
6	South East Wales	390	315	50	25
7	North East Wales	334	279	30	25
8	Glamorgan Valleys	308	258	40	10

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
132	Gwenan Williams	2LR	27.9				27.9	13=	24
132	Gwenan Williams	S	10.49	11.14	11.03		11.14	1	50
132	Gwenan Williams	SLJ	2.15	2.00	2.16		2.16	4	44
133	Courtney Badsford	2LR	27.9				27.9	13=	24
133	Courtney Badsford	S	6.33	6.41	6.48		6.48	13	26
133	Courtney Badsford	VJ	36	37	35		37	20=	11
134	Llio Williams	2LR	26.5				26.5	6	40
134	Llio Williams	SB	68				68	11=	29
134	Llio Williams	SLJ	2.15	2.06	2.10		2.15	5	42
135	Mollie Davies	4LR	55.5				55.5	2	48
135	Mollie Davies	SB	64				64	19=	13
135	Mollie Davies	VJ	30	32	38		38	17=	16
136	Grace Eickman	4LR	1:01.0				1:01.0	15=	21
136	Grace Eickman	SB	73				73	6=	39
136	Grace Eickman	SLJ	2.02	0.00	1.98		2.02	11=	28
137	Connie Pike	4LR	59.8				59.8	9	34
137	Connie Pike	S	4.69	3.73	4.70		4.70	23	6
137	Connie Pike	VJ	35	38	0		38	17=	16
168	Ffion Lewis	VJ	52	52	52		52		

Team Results

Powys (grey)

Competition:

SRF-Welsh Final Under 15 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

3 Mar 2013

Ranking	Team	Score	Individual	P8	4x2
1	Powys	713	553	80	80
2	North West Wales	509	394	70	45
3	Dyfed	486	406	10	70
4	Cardiff & Vale of Glamorgan	464	359	60	45
5	Afan Nedd Tawe	429	349	20	60
6	South East Wales	390	315	50	25
7	North East Wales	334	279	30	25
8	Glamorgan Valleys	308	258	40	10

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
139	Abigail Bowees	4LR	55.3				55.3	1	50
139	Abigail Bowees	SB	83				83	2	48
139	Abigail Bowees	SLJ	2.38	2.34	2.38		2.38	2	48
140	Sarah Williams	4LR	57.2				57.2	5	42
140	Sarah Williams	S	7.62	8.79	7.57		8.79	4	44
140	Sarah Williams	SLJ	2.28	2.24	0.00		2.28	3	46
141	Megan Randell	2LR	25.6				25.6	1	50
141	Megan Randell	SB	74				74	4=	43
141	Megan Randell	VJ	47	50	50		50	3	46
142	Katie Jones	2LR	26.1				26.1	4	44
142	Katie Jones	S	7.64	7.55	7.78		7.78	5	42
142	Katie Jones	VJ	55	52	56		56	1	50
143	Vicky Gittins	2LR	25.9				25.9	3	46
143	Vicky Gittins	S	7.17	7.26	6.85		7.26	9=	33
143	Vicky Gittins	VJ	50	53	0		53	2	48
144	Lauren Williams	4LR	57.0				57.0	3=	45
144	Lauren Williams	SB	92				92	1	50
144	Lauren Williams	SLJ	1.98	1.94	1.94		1.98	15=	20

Team Results

South East Wales (orange)

Competition:

SRF-Welsh Final Under 15 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

3 Mar 2013

Ranking	Team	Score	Individual	P8	4x2
1	Powys	713	553	80	80
2	North West Wales	509	394	70	45
3	Dyfed	486	406	10	70
4	Cardiff & Vale of Glamorgan	464	359	60	45
5	Afan Nedd Tawe	429	349	20	60
6	South East Wales	390	315	50	25
7	North East Wales	334	279	30	25
8	Glamorgan Valleys	308	258	40	10

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
146	Jaycee Penny	4LR	1:00.2				1:00.2	10	32
146	Jaycee Penny	S	5.36	0.00	4.21		5.36	21	10
146	Jaycee Penny	SLJ	1.94	2.00	2.04		2.04	8=	35
147	Kirsty Love	2LR	29.2				29.2	19	14
147	Kirsty Love	SB	66				66	14=	22
147	Kirsty Love	VJ	46	45	44		46	5=	41
148	Shaunna Ryan	4LR	1:01.3				1:01.3	17=	17
148	Shaunna Ryan	S	4.74	5.42	0.00		5.42	20	12
148	Shaunna Ryan	VJ	40	39	42		42	13	26
149	Ellie Jones	2LR	30.7				30.7	23	6
149	Ellie Jones	S	5.69	5.59	5.06		5.69	19	14
149	Ellie Jones	VJ	42	43	42		43	10=	30
150	Georgia Prew	4LR	1:00.7				1:00.7	12	28
150	Georgia Prew	SB	74				74	4=	43
150	Georgia Prew	SLJ	1.96	2.04	2.02		2.04	8=	35
151	Imogen Williams	VJ	48	48	51		51		
152	Isobel Davey	2LR	30.3				30.3	21	10
152	Isobel Davey	SB	56				56	24	4
152	Isobel Davey	SLJ	1.80	1.78	1.75		1.80	22	8

Results Sheet

2 Lap Race

Competition:
SRF-Welsh Final Under 15 Girls

Venue:
Cwmbran Stadium Sports Centre

Date
3 Mar 2013

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Powys	grey	141	Megan Randell	25.6	50
2	Afan Nedd Tawe	red	97	Mia Evans	25.8	48
3	Powys	grey	143	Vicky Gittins	25.9	46
4	Powys	grey	142	Katie Jones	26.1	44
5	Dyfed	yellow	111	Delvn Allcock	26.2	42
6	North West Wales	sky	134	Llio Williams	26.5	40
7	Afan Nedd Tawe	red	100	Paige Murphy	26.6	38
8=	Cardiff & Vale of Glamorgan	blue	105	Angharad Thomas	27.3	34
8=	Dyfed	yellow	112	Hannah Doel	27.3	34
8=	Glamorgan Valleys	green	119	Emma Rae-Howells	27.3	34
11	Glamorgan Valleys	green	118	Chloe Jones	27.5	30
12	Cardiff & Vale of Glamorgan	blue	106	Georgia Brown	27.8	28
13=	North East Wales	purple	125	Ellie Martineze	27.9	24
13=	North West Wales	sky	132	Gwenan Williams	27.9	24
13=	North West Wales	sky	133	Courtney Badsford	27.9	24
16	North East Wales	purple	128	Ashleigh Smith	28.5	20
17=	Afan Nedd Tawe	red	101	Georgia Dickinson	28.9	17
17=	Cardiff & Vale of Glamorgan	blue	104	Brooke Langton-Cryer	28.9	17
19	South East Wales	orange	147	Kirsty Love	29.2	14
20	Glamorgan Valleys	green	120	Lucy Jones	29.3	12
21	South East Wales	orange	152	Isobel Davey	30.3	10
22	North East Wales	purple	127	Louise Goldsmith	30.4	8
23	South East Wales	orange	149	Ellie Jones	30.7	6
24	Dyfed	yellow	113	Amy Humble	31.0	4

Results Sheet

4 Lap Race

Competition:
SRF-Welsh Final Under 15 Girls

Venue:
Cwmbran Stadium Sports Centre

Date
3 Mar 2013

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Powys	grey	139	Abigail Bowees	55.3	50
2	North West Wales	sky	135	Mollie Davies	55.5	48
3=	Cardiff & Vale of Glamorgan	blue	107	Emily Griffin	57.0	45
3=	Powys	grey	144	Lauren Williams	57.0	45
5	Powys	grey	140	Sarah Williams	57.2	42
6	Dyfed	yellow	114	Lauryn Davey	57.6	40
7	Dyfed	yellow	115	Ffion Jenkins	58.8	38
8	North East Wales	purple	129	Niz Yoganathain	59.5	36
9	North West Wales	sky	137	Connie Pike	59.8	34
10	South East Wales	orange	146	Jaycee Penny	1:00.2	32
11	Afan Nedd Tawe	red	98	Katie Phillips	1:00.5	30
12	South East Wales	orange	150	Georgia Prew	1:00.7	28
13	Glamorgan Valleys	green	123	Harriet Nicholas	1:00.8	26
14	Glamorgan Valleys	green	121	Hafain Davies	1:00.9	24
15=	Cardiff & Vale of Glamorgan	blue	108	Elan Parry-Lowther	1:01.0	21
15=	North West Wales	sky	136	Grace Eickman	1:01.0	21
17=	Cardiff & Vale of Glamorgan	blue	109	Ellie Eddy-Williams	1:01.3	17
17=	South East Wales	orange	148	Shaunna Ryan	1:01.3	17
19	Afan Nedd Tawe	red	102	Abbey Rodrigues	1:01.5	14
20	North East Wales	purple	130	Leah Edwards	1:02.4	12
21	Glamorgan Valleys	green	122	Ceri Jones	1:03.5	10
22	Afan Nedd Tawe	red	99	Brooke Ayres-Evans	1:04.4	8
23	North East Wales	purple	126	Catherine Archer	1:04.5	6
24	Dyfed	yellow	116	Bethan Lewis	1:05.2	4

Results Sheet

8 Lap Paarlauf

Competition:
SRF-Welsh Final Under 15 Girls

Venue:
Cwmbran Stadium Sports Centre

Date
3 Mar 2013

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	07	Powys	grey	1:53.3	0.0	1:53.3	80.0
2	06	North West Wales	sky	1:54.9	0.0	1:54.9	70.0
3	02	Cardiff & Vale of Glamorgan	blue	1:58.5	0.0	1:58.5	60.0
4	08	South East Wales	orange	2:00.6	0.0	2:00.6	50.0
5	04	Glamorgan Valleys	green	2:01.6	0.0	2:01.6	40.0
6	05	North East Wales	purple	2:02.7	0.0	2:02.7	30.0
7	01	Afan Nedd Tawe	red	2:04.5	0.0	2:04.5	20.0
8	03	Dyfed	yellow	2:14.1	0.0	2:14.1	10.0

Results Sheet

4 x 2 Lap Relay

Competition:
SRF-Welsh Final Under 15 Girls

Venue:
Cwmbran Stadium Sports Centre

Date
3 Mar 2013

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	07	Powys	grey	1:42.3	0.0	1:42.3	80.0
2	03	Dyfed	yellow	1:46.4	0.0	1:46.4	70.0
3	01	Afan Nedd Tawe	red	1:46.5	0.0	1:46.5	60.0
4=	02	Cardiff & Vale of Glamorgan	blue	1:49.8	0.0	1:49.8	45.0
4=	06	North West Wales	sky	1:49.8	0.0	1:49.8	45.0
6=	05	North East Wales	purple	1:54.0	0.0	1:54.0	25.0
6=	08	South East Wales	orange	1:54.0	0.0	1:54.0	25.0
8	04	Glamorgan Valleys	green	1:55.4	0.0	1:55.4	10.0

Results Sheet

Shot

Competition:
SRF-Welsh Final Under 15 Girls

Venue:
Cwmbran Stadium Sports Centre

Date
3 Mar 2013

Ranking	Team	Colour	BibNo	Name	Best	Points
1	North West Wales	sky	132	Gwenan Williams	11.14	50
2	Dyfed	yellow	116	Bethan Lewis	10.51	48
3	Dyfed	yellow	113	Amy Humble	10.34	46
4	Powys	grey	140	Sarah Williams	8.79	44
5	Powys	grey	142	Katie Jones	7.78	42
6	Dyfed	yellow	114	Lauryn Davey	7.67	40
7	Cardiff & Vale of Glamorgan	blue	104	Brooke Langton-Cryer	7.55	38
8	Cardiff & Vale of Glamorgan	blue	108	Elan Parry-Lowther	7.53	36
9=	Cardiff & Vale of Glamorgan	blue	106	Georgia Brown	7.26	33
9=	Powys	grey	143	Vicky Gittins	7.26	33
11	North East Wales	purple	126	Catherine Archer	7.10	30
12	North East Wales	purple	127	Louise Goldsmith	7.06	28
13	North West Wales	sky	133	Courtney Badsford	6.48	26
14	Glamorgan Valleys	green	120	Lucy Jones	6.35	24
15	North East Wales	purple	130	Leah Edwards	5.95	22
16	Glamorgan Valleys	green	121	Hafain Davies	5.91	20
17	Afan Nedd Tawe	red	102	Abbey Rodrigues	5.90	18
18	Glamorgan Valleys	green	118	Chloe Jones	5.75	16
19	South East Wales	orange	149	Ellie Jones	5.69	14
20	South East Wales	orange	148	Shaunna Ryan	5.42	12
21	South East Wales	orange	146	Jaycee Penny	5.36	10
22	Afan Nedd Tawe	red	98	Katie Phillips	5.28	8
23	North West Wales	sky	137	Connie Pike	4.70	6
24	Afan Nedd Tawe	red	101	Georgia Dickinson	4.56	4

Results Sheet

Speed Bounce

Competition:
SRF-Welsh Final Under 15 Girls

Venue:
Cwmbran Stadium Sports Centre

Date
3 Mar 2013

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Powys	grey	144	Lauren Williams	92	50
2	Powys	grey	139	Abigail Bowees	83	48
3	Afan Nedd Tawe	red	97	Mia Evans	75	46
4=	Powys	grey	141	Megan Randell	74	43
4=	South East Wales	orange	150	Georgia Prew	74	43
6=	North East Wales	purple	129	Niz Yoganathain	73	39
6=	North West Wales	sky	136	Grace Eickman	73	39
8=	Dyfed	yellow	111	Delvn Allcock	72	35
8=	North East Wales	purple	125	Ellie Martineze	72	35
10	Dyfed	yellow	112	Hannah Doel	71	32
11=	Dyfed	yellow	115	Ffion Jenkins	68	29
11=	North West Wales	sky	134	Llio Williams	68	29
13	Cardiff & Vale of Glamorgan	blue	109	Ellie Eddy-Williams	67	26
14=	Afan Nedd Tawe	red	100	Paige Murphy	66	22
14=	Glamorgan Valleys	green	123	Harriet Nicholas	66	22
14=	South East Wales	orange	147	Kirsty Love	66	22
17=	Cardiff & Vale of Glamorgan	blue	107	Emily Griffin	65	17
17=	North East Wales	purple	128	Ashleigh Smith	65	17
19=	Afan Nedd Tawe	red	99	Brooke Ayres-Evans	64	13
19=	North West Wales	sky	135	Mollie Davies	64	13
21	Glamorgan Valleys	green	122	Ceri Jones	63	10
22=	Cardiff & Vale of Glamorgan	blue	105	Angharad Thomas	58	7
22=	Glamorgan Valleys	green	119	Emma Rae-Howells	58	7
24	South East Wales	orange	152	Isobel Davey	56	4
	Glamorgan Valleys	green	124	Emily Howells	69	0

Results Sheet

Standing Long Jump

Competition:
SRF-Welsh Final Under 15 Girls

Venue:
Cwmbran Stadium Sports Centre

Date
3 Mar 2013

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Dyfed	yellow	114	Lauryn Davey	2.40	50
2	Powys	grey	139	Abigail Bowees	2.38	48
3	Powys	grey	140	Sarah Williams	2.28	46
4	North West Wales	sky	132	Gwenan Williams	2.16	44
5	North West Wales	sky	134	Llio Williams	2.15	42
6=	Afan Nedd Tawe	red	100	Paige Murphy	2.08	39
6=	Cardiff & Vale of Glamorgan	blue	104	Brooke Langton-Cryer	2.08	39
8=	South East Wales	orange	146	Jaycee Penny	2.04	35
8=	South East Wales	orange	150	Georgia Prew	2.04	35
10	Glamorgan Valleys	green	118	Chloe Jones	2.03	32
11=	Afan Nedd Tawe	red	97	Mia Evans	2.02	28
11=	Cardiff & Vale of Glamorgan	blue	108	Elan Parry-Lowther	2.02	28
11=	North West Wales	sky	136	Grace Eickman	2.02	28
14	Afan Nedd Tawe	red	98	Katie Phillips	2.00	24
15=	Cardiff & Vale of Glamorgan	blue	107	Emily Griffin	1.98	20
15=	North East Wales	purple	125	Ellie Martineze	1.98	20
15=	Powys	grey	144	Lauren Williams	1.98	20
18	Dyfed	yellow	111	Delvn Allcock	1.97	16
19	Dyfed	yellow	116	Bethan Lewis	1.94	14
20=	Glamorgan Valleys	green	119	Emma Rae-Howells	1.92	11
20=	North East Wales	purple	129	Niz Yoganathain	1.92	11
22	South East Wales	orange	152	Isobel Davey	1.80	8
23	Glamorgan Valleys	green	120	Lucy Jones	1.76	6
24	North East Wales	purple	126	Catherine Archer	1.64	4

Results Sheet

Vertical Jump

Competition:

SRF-Welsh Final Under 15 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

3 Mar 2013

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Powys	grey	142	Katie Jones	56	50
2	Powys	grey	143	Vicky Gittins	53	48
3	Powys	grey	141	Megan Randell	50	46
4	Dyfed	yellow	113	Amy Humble	49	44
5=	Cardiff & Vale of Glamorgan	blue	105	Angharad Thomas	46	41
5=	South East Wales	orange	147	Kirsty Love	46	41
7=	Afan Nedd Tawe	red	99	Brooke Ayres-Evans	45	37
7=	Cardiff & Vale of Glamorgan	blue	106	Georgia Brown	45	37
9	Afan Nedd Tawe	red	102	Abbey Rodrigues	44	34
10=	Afan Nedd Tawe	red	101	Georgia Dickinson	43	30
10=	North East Wales	purple	128	Ashleigh Smith	43	30
10=	South East Wales	orange	149	Ellie Jones	43	30
13	South East Wales	orange	148	Shaunna Ryan	42	26
14=	Cardiff & Vale of Glamorgan	blue	109	Ellie Eddy-Williams	41	23
14=	Dyfed	yellow	112	Hannah Doel	41	23
16	Glamorgan Valleys	green	123	Harriet Nicholas	40	20
17=	Glamorgan Valleys	green	121	Hafain Davies	38	16
17=	North West Wales	sky	135	Mollie Davies	38	16
17=	North West Wales	sky	137	Connie Pike	38	16
20=	North East Wales	purple	127	Louise Goldsmith	37	11
20=	North West Wales	sky	133	Courtney Badsford	37	11
22	Dyfed	yellow	115	Ffion Jenkins	36	8
23	North East Wales	purple	130	Leah Edwards	35	6
24	Glamorgan Valleys	green	122	Ceri Jones	31	4
	Glamorgan Valleys	green	124	Emily Howells	47	0
	North West Wales	sky	168	Ffion Lewis	52	0
	South East Wales	orange	151	Imogen Williams	51	0