

# Competition Results

**Competition:**  
AS-Welsh Final Under 15 Girls

**Venue:**  
Cwmbran Stadium Sports Centre

**Date**  
4 Mar 2012

Ranking	Team	Score	Individual	P8	4x2
1	Powys	626	486	80	60
2	Cardiff & Vale of Glamorgan	624	494	50	80
3	North West Wales	543	423	70	50
4	Dyfed	498	408	20	70
5	Afan Nedd Tawe	411	351	30	30
6	North East Wales	368	328	0	40
7	South East Wales	328	248	60	20
8	Glamorgan Valleys	280	230	40	10

# Athlete Results

## Competition:

AS-Welsh Final Under 15 Girls

## Venue:

Cwmbran Stadium Sports Centre

## Date

4 Mar 2012

Ranking	BibNo	Athlete	Team	Score	2LR	4LR	S	SB	SLJ	VJ
1	104	Claire Taylor	Cardiff & Vale of Glamo	142	48		44		50	
2	142	Abigail Bowers	Powys	136		44		50	42	
3	111	Annabelle Morgan	Dyfed	133	45			41	47	
4	105	Izzy Eddy-Williams	Cardiff & Vale of Glamo	127	40			48	39	
5	132	Jenny Cox	North West Wales	123	28		48		47	
6	139	Rosie Unwin	Powys	119	35		34			50
7=	98	Ffion Wake	Afan Nedd Tawe	117	31		42		44	
7=	140	Sarah Williams	Powys	117		48	30		39	
9	141	Vicki Gittins	Powys	114	50			27		37
10=	107	Annabel Curle	Cardiff & Vale of Glamo	113		37	40		36	
10=	112	Erin Walters	Dyfed	113	38		32			43
12	106	Lili Evans	Cardiff & Vale of Glamo	112	23			41		48
13	143	Alexandra Cawthra	Powys	109		46		46		17
14	135	Cara Hughes	North West Wales	108	45		20			43
15=	109	Georgia Brown	Cardiff & Vale of Glamo	98		37	28			33
15=	133	Gwenan Williams	North West Wales	98		28	46			24
17	134	Chelsen Vancouver	North West Wales	94		20		41		33
18	136	Mollie Davies	North West Wales	91		50		22	19	
19	126	Amber Hellon	North East Wales	90	35		15			40
20	116	Morgan Elliott	Dyfed	89		34	18			37
21	108	Sally Gambling	Cardiff & Vale of Glamo	85		24		41		20
22=	97	Jessica Merrick	Afan Nedd Tawe	84	42			8	34	
22=	119	Cerys Roberts	Glamorgan Valleys	84	23			15		46
22=	125	Georgia Lee	North East Wales	84	19			35		30
22=	130	Lorel	North East Wales	84		40		31	13	
26	101	Stephanie Nicholas	Afan Nedd Tawe	80	8		50			22
27	149	Megan Jones	South East Wales	76		42		15	19	
28	148	Darcy Webb	South East Wales	75	19		26		30	
29=	113	Caitlin Roberts	Dyfed	73	14			27	32	
29=	115	Ffion Walters	Dyfed	73		32	24			17
31	145	Lia Lewis	Powys	72	26		22		24	
32=	100	Katie Phillips	Afan Nedd Tawe	70		30		12		28
32=	131	Gwen Northall	North East Wales	70		22		22	26	
34	114	Ellie Dainton	Dyfed	67		26		31	10	
35	99	Ellie Coates	Afan Nedd Tawe	60		14		18	28	
36	137	Sophie Wilson	North West Wales	59	31			22	6	
37	102	Carys Smith	Afan Nedd Tawe	56		10	36			10
38	121	Karys Jones	Glamorgan Valleys	55		12		35	8	
39	124	Alex Davies	Glamorgan Valleys	52	6		38			8
40	150	Kate Baggart	South East Wales	50		16	8			26
41	151	Sara el Hamamy	South East Wales	47		18		10	19	
42	120	Lowri Davies	Glamorgan Valleys	39	16			4	19	
43	146	Ellie Penfold	South East Wales	37	12		12			13
44	123	Lowri Hughes	Glamorgan Valleys	36		8	15		13	
45	129	Emily Locke	North East Wales	33	10		10			13
46	147	Ellie Roper	South East Wales	16	4			6		6
47=	103	Emily Cockrill	Afan Nedd Tawe	0						
47=	110	Brooke Langton Cryer	Cardiff & Vale of Glamo	0						
47=	117	Maris Latham	Dyfed	0						

# Team Results

# Afan Nedd Tawe (green)

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Ranking	Team	Score	Individual	P8	4x2
1	Powys	626	486	80	60
2	Cardiff & Vale of Glamorgan	624	494	50	80
3	North West Wales	543	423	70	50
4	Dyfed	498	408	20	70
5	Afan Nedd Tawe	411	351	30	30
6	North East Wales	368	328	0	40
7	South East Wales	328	248	60	20
8	Glamorgan Valleys	280	230	40	10

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
97	Jessica Merrick	2LR	26.7				26.7	5	42
97	Jessica Merrick	SB	54				54	22	8
97	Jessica Merrick	SLJ	2.08	2.10	2.12		2.12	9	34
98	Ffion Wake	2LR	27.2				27.2	10=	31
98	Ffion Wake	S	7.73	8.66	8.59		8.66	5	42
98	Ffion Wake	SLJ	2.15	2.26	2.16		2.26	4	44
99	Ellie Coates	4LR	1:05.2				1:05.2	19	14
99	Ellie Coates	SB	68				68	17	18
99	Ellie Coates	SLJ	1.86	1.92	1.77		1.92	12	28
100	Katie Phillips	4LR	1:01.5				1:01.5	11	30
100	Katie Phillips	SB	63				63	20	12
100	Katie Phillips	VJ	45	42	43		45	12	28
101	Stephanie Nicholas	2LR	30.5				30.5	22	8
101	Stephanie Nicholas	S	0.00	0.00	10.41		10.41	1	50
101	Stephanie Nicholas	VJ	39	40	41		41	15	22
102	Carys Smith	4LR	1:09.6				1:09.6	21	10
102	Carys Smith	S	7.75	8.00	7.34		8.00	8	36
102	Carys Smith	VJ	34	33	33		34	21	10
103	Emily Cockrill	S	10.84	10.76	10.95		10.95		

# Team Results

# Cardiff & Vale of Glamorgan (yellow)

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AS-Welsh Final Under 15 Girls

## Venue:

Cwmbran Stadium Sports Centre

## Date

4 Mar 2012

Ranking	Team	Score	Individual	P8	4x2
1	Powys	626	486	80	60
2	Cardiff & Vale of Glamorgan	624	494	50	80
3	North West Wales	543	423	70	50
4	Dyfed	498	408	20	70
5	Afan Nedd Tawe	411	351	30	30
6	North East Wales	368	328	0	40
7	South East Wales	328	248	60	20
8	Glamorgan Valleys	280	230	40	10

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
104	Claire Taylor	2LR	26.4				26.4	2	48
104	Claire Taylor	S	8.00	8.21	9.30		9.30	4	44
104	Claire Taylor	SLJ	2.12	2.26	2.33		2.33	1	50
105	Izzy Eddy-Williams	2LR	26.8				26.8	6	40
105	Izzy Eddy-Williams	SB	85				85	2	48
105	Izzy Eddy-Williams	SLJ	2.15	2.20	2.12		2.20	6=	39
106	Lili Evans	2LR	27.9				27.9	14=	23
106	Lili Evans	SB	74				74	4=	41
106	Lili Evans	VJ	54	54	55		55	2	48
107	Annabel Curle	4LR	59.9				59.9	7=	37
107	Annabel Curle	S	8.45	0.00	8.23		8.45	6	40
107	Annabel Curle	SLJ	2.15	2.18	2.09		2.18	8	36
108	Sally Gambling	4LR	1:02.6				1:02.6	14	24
108	Sally Gambling	SB	74				74	4=	41
108	Sally Gambling	VJ	39	40	40		40	16	20
109	Georgia Brown	4LR	59.9				59.9	7=	37
109	Georgia Brown	S	7.22	7.31	6.90		7.31	12	28
109	Georgia Brown	VJ	47	44	44		47	9=	33
110	Brooke Langton Cryer	2LR	27.8				27.8		
110	Brooke Langton Cryer	S	0.00	0.00	6.83		6.83		
110	Brooke Langton Cryer	SLJ	2.09	2.10	2.06		2.10		

# Team Results

# Dyfed (violet)

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AS-Welsh Final Under 15 Girls

## Venue:

Cwmbran Stadium Sports Centre

## Date

4 Mar 2012

Ranking	Team	Score	Individual	P8	4x2
1	Powys	626	486	80	60
2	Cardiff & Vale of Glamorgan	624	494	50	80
3	North West Wales	543	423	70	50
4	Dyfed	498	408	20	70
5	Afan Nedd Tawe	411	351	30	30
6	North East Wales	368	328	0	40
7	South East Wales	328	248	60	20
8	Glamorgan Valleys	280	230	40	10

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
111	Annabelle Morgan	2LR	26.5				26.5	3=	45
111	Annabelle Morgan	SB	74				74	4=	41
111	Annabelle Morgan	SLJ	2.30	2.23	2.20		2.30	2=	47
112	Erin Walters	2LR	26.9				26.9	7	38
112	Erin Walters	S	7.60	7.23	7.46		7.60	10	32
112	Erin Walters	VJ	50	43	0		50	4=	43
113	Caitlin Roberts	2LR	29.4				29.4	19	14
113	Caitlin Roberts	SB	71				71	12=	27
113	Caitlin Roberts	SLJ	1.97	2.00	2.08		2.08	10	32
114	Ellie Dainton	4LR	1:02.0				1:02.0	13	26
114	Ellie Dainton	SB	72				72	10=	31
114	Ellie Dainton	SLJ	1.79	1.72	1.72		1.79	21	10
115	Ffion Walters	4LR	1:01.3				1:01.3	10	32
115	Ffion Walters	S	6.72	6.84	7.08		7.08	14	24
115	Ffion Walters	VJ	0	36	39		39	17=	17
116	Morgan Elliott	4LR	1:00.4				1:00.4	9	34
116	Morgan Elliott	S	0.00	6.59	6.36		6.59	17	18
116	Morgan Elliott	VJ	48	45	42		48	7=	37

# Team Results

# Glamorgan Valleys (red)

## Competition:

AS-Welsh Final Under 15 Girls

## Venue:

Cwmbran Stadium Sports Centre

## Date

4 Mar 2012

Ranking	Team	Score	Individual	P8	4x2
1	Powys	626	486	80	60
2	Cardiff & Vale of Glamorgan	624	494	50	80
3	North West Wales	543	423	70	50
4	Dyfed	498	408	20	70
5	Afan Nedd Tawe	411	351	30	30
6	North East Wales	368	328	0	40
7	South East Wales	328	248	60	20
8	Glamorgan Valleys	280	230	40	10

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
118	Honor Broadstock	S	7.77	7.57	8.19		8.19		
119	Cerys Roberts	2LR	27.9				27.9	14=	23
119	Cerys Roberts	SB	64				64	18=	15
119	Cerys Roberts	VJ	45	52	43		52	3	46
120	Lowri Davies	2LR	28.5				28.5	18	16
120	Lowri Davies	SB	34				34	24	4
120	Lowri Davies	SLJ	1.83	1.86	1.82		1.86	15=	19
121	Karys Jones	4LR	1:06.2				1:06.2	20	12
121	Karys Jones	SB	73				73	8=	35
121	Karys Jones	SLJ	1.68	1.58	1.64		1.68	22	8
122	Lucy Williams	4LR	1:00.3				1:00.3		
122	Lucy Williams	VJ	40	38	40		40		
123	Lowri Hughes	4LR	1:12.7				1:12.7	22	8
123	Lowri Hughes	S	0.00	6.57	0.00		6.57	18=	15
123	Lowri Hughes	SLJ	1.72	1.79	1.80		1.80	19=	13
124	Alex Davies	2LR	31.4				31.4	23	6
124	Alex Davies	S	6.50	6.10	8.23		8.23	7	38
124	Alex Davies	VJ	0	29	33		33	22	8

# Team Results

# North East Wales (sky)

## Competition:

AS-Welsh Final Under 15 Girls

## Venue:

Cwmbran Stadium Sports Centre

## Date

4 Mar 2012

Ranking	Team	Score	Individual	P8	4x2
1	Powys	626	486	80	60
2	Cardiff & Vale of Glamorgan	624	494	50	80
3	North West Wales	543	423	70	50
4	Dyfed	498	408	20	70
5	Afan Nedd Tawe	411	351	30	30
6	North East Wales	368	328	0	40
7	South East Wales	328	248	60	20
8	Glamorgan Valleys	280	230	40	10

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
125	Georgia Lee	2LR	28.3				28.3	16=	19
125	Georgia Lee	SB	73				73	8=	35
125	Georgia Lee	VJ	45	45	46		46	11	30
126	Amber Hellon	2LR	27.0				27.0	8=	35
126	Amber Hellon	S	6.57	5.67	6.40		6.57	18=	15
126	Amber Hellon	VJ	49	45	47		49	6	40
129	Emily Locke	2LR	30.2				30.2	21	10
129	Emily Locke	S	0.00	5.66	0.00		5.66	21	10
129	Emily Locke	VJ	35	38	35		38	19=	13
130	Lorel	4LR	59.6				59.6	6	40
130	Lorel	SB	72				72	10=	31
130	Lorel	SLJ	1.80	1.76	1.80		1.80	19=	13
131	Gwen Northall	4LR	1:03.0				1:03.0	15	22
131	Gwen Northall	SB	70				70	14=	22
131	Gwen Northall	SLJ	1.88	1.89	1.76		1.89	13	26

# Team Results

# North West Wales (grey)

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AS-Welsh Final Under 15 Girls

## Venue:

Cwmbran Stadium Sports Centre

## Date

4 Mar 2012

Ranking	Team	Score	Individual	P8	4x2
1	Powys	626	486	80	60
2	Cardiff & Vale of Glamorgan	624	494	50	80
3	North West Wales	543	423	70	50
4	Dyfed	498	408	20	70
5	Afan Nedd Tawe	411	351	30	30
6	North East Wales	368	328	0	40
7	South East Wales	328	248	60	20
8	Glamorgan Valleys	280	230	40	10

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
132	Jenny Cox	2LR	27.4				27.4	12	28
132	Jenny Cox	S	9.74	10.29	9.76		10.29	2	48
132	Jenny Cox	SLJ	2.18	2.24	2.30		2.30	2=	47
133	Gwenan Williams	4LR	1:01.8				1:01.8	12	28
133	Gwenan Williams	S	9.83	10.08	8.90		10.08	3	46
133	Gwenan Williams	VJ	0	42	41		42	14	24
134	Chelsen Vancouver	4LR	1:03.1				1:03.1	16	20
134	Chelsen Vancouver	SB	74				74	4=	41
134	Chelsen Vancouver	VJ	47	47	47		47	9=	33
135	Cara Hughes	2LR	26.5				26.5	3=	45
135	Cara Hughes	S	6.85	6.92	6.69		6.92	16	20
135	Cara Hughes	VJ	50	50	49		50	4=	43
136	Mollie Davies	4LR	57.2				57.2	1	50
136	Mollie Davies	SB	70				70	14=	22
136	Mollie Davies	SLJ	1.86	1.71	1.76		1.86	15=	19
137	Sophie Wilson	2LR	27.2				27.2	10=	31
137	Sophie Wilson	SB	70				70	14=	22
137	Sophie Wilson	SLJ	1.66	1.64	1.67		1.67	23	6



# Team Results

# Powys (orange)

## Competition:

AS-Welsh Final Under 15 Girls

## Venue:

Cwmbran Stadium Sports Centre

## Date

4 Mar 2012

Ranking	Team	Score	Individual	P8	4x2
1	Powys	626	486	80	60
2	Cardiff & Vale of Glamorgan	624	494	50	80
3	North West Wales	543	423	70	50
4	Dyfed	498	408	20	70
5	Afan Nedd Tawe	411	351	30	30
6	North East Wales	368	328	0	40
7	South East Wales	328	248	60	20
8	Glamorgan Valleys	280	230	40	10

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
139	Rosie Unwin	2LR	27.0				27.0	8=	35
139	Rosie Unwin	S	6.25	7.68	0.00		7.68	9	34
139	Rosie Unwin	VJ	52	53	56		56	1	50
140	Sarah Williams	4LR	57.7				57.7	2	48
140	Sarah Williams	S	7.27	7.59	7.01		7.59	11	30
140	Sarah Williams	SLJ	2.07	2.16	2.20		2.20	6=	39
141	Vicki Gittins	2LR	26.2				26.2	1	50
141	Vicki Gittins	SB	71				71	12=	27
141	Vicki Gittins	VJ	45	48	45		48	7=	37
142	Abigail Bowers	4LR	58.0				58.0	4	44
142	Abigail Bowers	SB	87				87	1	50
142	Abigail Bowers	SLJ	2.24	2.22	2.23		2.24	5	42
143	Alexandra Cawthra	4LR	57.9				57.9	3	46
143	Alexandra Cawthra	SB	79				79	3	46
143	Alexandra Cawthra	VJ	38	35	39		39	17=	17
145	Lia Lewis	2LR	27.6				27.6	13	26
145	Lia Lewis	S	6.40	6.99	0.00		6.99	15	22
145	Lia Lewis	SLJ	0.00	1.86	1.87		1.87	14	24

# Team Results

# South East Wales (purple)

## Competition:

AS-Welsh Final Under 15 Girls

## Venue:

Cwmbran Stadium Sports Centre

## Date

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Ranking	Team	Score	Individual	P8	4x2
1	Powys	626	486	80	60
2	Cardiff & Vale of Glamorgan	624	494	50	80
3	North West Wales	543	423	70	50
4	Dyfed	498	408	20	70
5	Afan Nedd Tawe	411	351	30	30
6	North East Wales	368	328	0	40
7	South East Wales	328	248	60	20
8	Glamorgan Valleys	280	230	40	10

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
146	Ellie Penfold	2LR	29.6				29.6	20	12
146	Ellie Penfold	S	6.41	0.00	0.00		6.41	20	12
146	Ellie Penfold	VJ	38	36	36		38	19=	13
147	Ellie Roper	2LR	32.1				32.1	24	4
147	Ellie Roper	SB	44				44	23	6
147	Ellie Roper	VJ	31	29	29		31	23	6
148	Darcy Webb	2LR	28.3				28.3	16=	19
148	Darcy Webb	S	7.27	7.09	6.91		7.27	13	26
148	Darcy Webb	SLJ	1.94	1.94	1.89		1.94	11	30
149	Megan Jones	4LR	59.2				59.2	5	42
149	Megan Jones	SB	64				64	18=	15
149	Megan Jones	SLJ	1.86	1.78	1.84		1.86	15=	19
150	Kate Balgarnie	4LR	1:03.8				1:03.8	18	16
150	Kate Balgarnie	S	5.31	5.55	0.00		5.55	22	8
150	Kate Balgarnie	VJ	42	43	43		43	13	26
151	Sara el Hamamy	4LR	1:03.5				1:03.5	17	18
151	Sara el Hamamy	SB	62				62	21	10
151	Sara el Hamamy	SLJ	1.86	1.78	1.83		1.86	15=	19

# Results Sheet

# 2 Lap Race

**Competition:**  
AS-Welsh Final Under 15 Girls

**Venue:**  
Cwmbran Stadium Sports Centre

**Date**  
4 Mar 2012

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Powys	orange	141	Vicki Gittins	26.2	50
2	Cardiff & Vale of Glamorgan	yellow	104	Claire Taylor	26.4	48
3=	Dyfed	violet	111	Annabelle Morgan	26.5	45
3=	North West Wales	grey	135	Cara Hughes	26.5	45
5	Afan Nedd Tawe	green	97	Jessica Merrick	26.7	42
6	Cardiff & Vale of Glamorgan	yellow	105	Izzy Eddy-Williams	26.8	40
7	Dyfed	violet	112	Erin Walters	26.9	38
8=	North East Wales	sky	126	Amber Hellon	27.0	35
8=	Powys	orange	139	Rosie Unwin	27.0	35
10=	Afan Nedd Tawe	green	98	Ffion Wake	27.2	31
10=	North West Wales	grey	137	Sophie Wilson	27.2	31
12	North West Wales	grey	132	Jenny Cox	27.4	28
13	Powys	orange	145	Lia Lewis	27.6	26
14=	Cardiff & Vale of Glamorgan	yellow	106	Lili Evans	27.9	23
14=	Glamorgan Valleys	red	119	Cerys Roberts	27.9	23
16=	North East Wales	sky	125	Georgia Lee	28.3	19
16=	South East Wales	purple	148	Darcy Webb	28.3	19
18	Glamorgan Valleys	red	120	Lowri Davies	28.5	16
19	Dyfed	violet	113	Caitlin Roberts	29.4	14
20	South East Wales	purple	146	Ellie Penfold	29.6	12
21	North East Wales	sky	129	Emily Locke	30.2	10
22	Afan Nedd Tawe	green	101	Stephanie Nicholas	30.5	8
23	Glamorgan Valleys	red	124	Alex Davies	31.4	6
24	South East Wales	purple	147	Ellie Roper	32.1	4
	Cardiff & Vale of Glamorgan	yellow	110	Brooke Langton Cryer	27.8	0

# Results Sheet

# 4 Lap Race

## Competition:

AS-Welsh Final Under 15 Girls

## Venue:

Cwmbran Stadium Sports Centre

## Date

4 Mar 2012

Ranking	Team	Colour	BibNo	Name	Best	Points
1	North West Wales	grey	136	Mollie Davies	57.2	50
2	Powys	orange	140	Sarah Williams	57.7	48
3	Powys	orange	143	Alexandra Cawthra	57.9	46
4	Powys	orange	142	Abigail Bowers	58.0	44
5	South East Wales	purple	149	Megan Jones	59.2	42
6	North East Wales	sky	130	Lorel	59.6	40
7=	Cardiff & Vale of Glamorgan	yellow	107	Annabel Curle	59.9	37
7=	Cardiff & Vale of Glamorgan	yellow	109	Georgia Brown	59.9	37
9	Dyfed	violet	116	Morgan Elliott	1:00.4	34
10	Dyfed	violet	115	Ffion Walters	1:01.3	32
11	Afan Nedd Tawe	green	100	Katie Phillips	1:01.5	30
12	North West Wales	grey	133	Gwenan Williams	1:01.8	28
13	Dyfed	violet	114	Ellie Dainton	1:02.0	26
14	Cardiff & Vale of Glamorgan	yellow	108	Sally Gambling	1:02.6	24
15	North East Wales	sky	131	Gwen Northall	1:03.0	22
16	North West Wales	grey	134	Chelsen Vancouver	1:03.1	20
17	South East Wales	purple	151	Sara el Hamamy	1:03.5	18
18	South East Wales	purple	150	Kate Baggarnie	1:03.8	16
19	Afan Nedd Tawe	green	99	Ellie Coates	1:05.2	14
20	Glamorgan Valleys	red	121	Karys Jones	1:06.2	12
21	Afan Nedd Tawe	green	102	Carys Smith	1:09.6	10
22	Glamorgan Valleys	red	123	Lowri Hughes	1:12.7	8
	Glamorgan Valleys	red	122	Lucy Williams	1:00.3	0

# Results Sheet

# 8 Lap Paarlauf

## Competition:

AS-Welsh Final Under 15 Girls

## Venue:

Cwmbran Stadium Sports Centre

## Date

4 Mar 2012

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	07	Powys	orange	1:52.8	0.0	1:52.8	80.0
2	06	North West Wales	grey	1:54.4	0.0	1:54.4	70.0
3	08	South East Wales	purple	1:57.4	0.0	1:57.4	60.0
4	02	Cardiff & Vale of Glamorgan	yellow	1:58.7	0.0	1:58.7	50.0
5	04	Glamorgan Valleys	red	1:58.8	0.0	1:58.8	40.0
6	01	Afan Nedd Tawe	green	1:59.3	0.0	1:59.3	30.0
7	03	Dyfed	violet	2:01.2	0.0	2:01.2	20.0

# Results Sheet

# 4 x 2 Lap Relay

## Competition:

AS-Welsh Final Under 15 Girls

## Venue:

Cwmbran Stadium Sports Centre

## Date

4 Mar 2012

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	Cardiff & Vale of Glamorgan	yellow	1:46.6	0.0	1:46.6	80.0
2	03	Dyfed	violet	1:47.1	0.0	1:47.1	70.0
3	07	Powys	orange	1:47.2	0.0	1:47.2	60.0
4	06	North West Wales	grey	1:48.2	0.0	1:48.2	50.0
5	05	North East Wales	sky	1:50.9	0.0	1:50.9	40.0
6	01	Afan Nedd Tawe	green	1:57.2	0.0	1:57.2	30.0
7	08	South East Wales	purple	1:57.7	0.0	1:57.7	20.0
8	04	Glamorgan Valleys	red	2:00.2	0.0	2:00.2	10.0

# Results Sheet

# Shot

## Competition:

AS-Welsh Final Under 15 Girls

## Venue:

Cwmbran Stadium Sports Centre

## Date

4 Mar 2012

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Afan Nedd Tawe	green	101	Stephanie Nicholas	10.41	50
2	North West Wales	grey	132	Jenny Cox	10.29	48
3	North West Wales	grey	133	Gwenan Williams	10.08	46
4	Cardiff & Vale of Glamorgan	yellow	104	Claire Taylor	9.30	44
5	Afan Nedd Tawe	green	98	Ffion Wake	8.66	42
6	Cardiff & Vale of Glamorgan	yellow	107	Annabel Curle	8.45	40
7	Glamorgan Valleys	red	124	Alex Davies	8.23	38
8	Afan Nedd Tawe	green	102	Carys Smith	8.00	36
9	Powys	orange	139	Rosie Unwin	7.68	34
10	Dyfed	violet	112	Erin Walters	7.60	32
11	Powys	orange	140	Sarah Williams	7.59	30
12	Cardiff & Vale of Glamorgan	yellow	109	Georgia Brown	7.31	28
13	South East Wales	purple	148	Darcy Webb	7.27	26
14	Dyfed	violet	115	Ffion Walters	7.08	24
15	Powys	orange	145	Lia Lewis	6.99	22
16	North West Wales	grey	135	Cara Hughes	6.92	20
17	Dyfed	violet	116	Morgan Elliott	6.59	18
18=	Glamorgan Valleys	red	123	Lowri Hughes	6.57	15
18=	North East Wales	sky	126	Amber Hellon	6.57	15
20	South East Wales	purple	146	Ellie Penfold	6.41	12
21	North East Wales	sky	129	Emily Locke	5.66	10
22	South East Wales	purple	150	Kate Balgarnie	5.55	8
	Afan Nedd Tawe	green	103	Emily Cockrill	10.95	0
	Cardiff & Vale of Glamorgan	yellow	110	Brooke Langton Cryer	6.83	0
	Glamorgan Valleys	red	118	Honor Broadstock	8.19	0

# Results Sheet

# Speed Bounce

## Competition:

AS-Welsh Final Under 15 Girls

## Venue:

Cwmbran Stadium Sports Centre

## Date

4 Mar 2012

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Powys	orange	142	Abigail Bowers	87	50
2	Cardiff & Vale of Glamorgan	yellow	105	Izzy Eddy-Williams	85	48
3	Powys	orange	143	Alexandra Cawthra	79	46
4=	Cardiff & Vale of Glamorgan	yellow	106	Lili Evans	74	41
4=	Cardiff & Vale of Glamorgan	yellow	108	Sally Gambling	74	41
4=	Dyfed	violet	111	Annabelle Morgan	74	41
4=	North West Wales	grey	134	Chelsen Vancouver	74	41
8=	Glamorgan Valleys	red	121	Karys Jones	73	35
8=	North East Wales	sky	125	Georgia Lee	73	35
10=	Dyfed	violet	114	Ellie Dainton	72	31
10=	North East Wales	sky	130	Lorel	72	31
12=	Dyfed	violet	113	Caitlin Roberts	71	27
12=	Powys	orange	141	Vicki Gittins	71	27
14=	North East Wales	sky	131	Gwen Northall	70	22
14=	North West Wales	grey	136	Mollie Davies	70	22
14=	North West Wales	grey	137	Sophie Wilson	70	22
17	Afan Nedd Tawe	green	99	Ellie Coates	68	18
18=	Glamorgan Valleys	red	119	Cerys Roberts	64	15
18=	South East Wales	purple	149	Megan Jones	64	15
20	Afan Nedd Tawe	green	100	Katie Phillips	63	12
21	South East Wales	purple	151	Sara el Hamamy	62	10
22	Afan Nedd Tawe	green	97	Jessica Merrick	54	8
23	South East Wales	purple	147	Ellie Roper	44	6
24	Glamorgan Valleys	red	120	Lowri Davies	34	4



# Results Sheet

# Standing Long Jump

## Competition:

AS-Welsh Final Under 15 Girls

## Venue:

Cwmbran Stadium Sports Centre

## Date

4 Mar 2012

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cardiff & Vale of Glamorgan	yellow	104	Claire Taylor	2.33	50
2=	Dyfed	violet	111	Annabelle Morgan	2.30	47
2=	North West Wales	grey	132	Jenny Cox	2.30	47
4	Afan Nedd Tawe	green	98	Ffion Wake	2.26	44
5	Powys	orange	142	Abigail Bowers	2.24	42
6=	Cardiff & Vale of Glamorgan	yellow	105	Izzy Eddy-Williams	2.20	39
6=	Powys	orange	140	Sarah Williams	2.20	39
8	Cardiff & Vale of Glamorgan	yellow	107	Annabel Curle	2.18	36
9	Afan Nedd Tawe	green	97	Jessica Merrick	2.12	34
10	Dyfed	violet	113	Caitlin Roberts	2.08	32
11	South East Wales	purple	148	Darcy Webb	1.94	30
12	Afan Nedd Tawe	green	99	Ellie Coates	1.92	28
13	North East Wales	sky	131	Gwen Northall	1.89	26
14	Powys	orange	145	Lia Lewis	1.87	24
15=	Glamorgan Valleys	red	120	Lowri Davies	1.86	19
15=	North West Wales	grey	136	Mollie Davies	1.86	19
15=	South East Wales	purple	149	Megan Jones	1.86	19
15=	South East Wales	purple	151	Sara el Hamamy	1.86	19
19=	Glamorgan Valleys	red	123	Lowri Hughes	1.80	13
19=	North East Wales	sky	130	Lorel	1.80	13
21	Dyfed	violet	114	Ellie Dainton	1.79	10
22	Glamorgan Valleys	red	121	Karys Jones	1.68	8
23	North West Wales	grey	137	Sophie Wilson	1.67	6
	Cardiff & Vale of Glamorgan	yellow	110	Brooke Langton Cryer	2.10	0

# Results Sheet

# Vertical Jump

## Competition:

AS-Welsh Final Under 15 Girls

## Venue:

Cwmbran Stadium Sports Centre

## Date

4 Mar 2012

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Powys	orange	139	Rosie Unwin	56	50
2	Cardiff & Vale of Glamorgan	yellow	106	Lili Evans	55	48
3	Glamorgan Valleys	red	119	Cerys Roberts	52	46
4=	Dyfed	violet	112	Erin Walters	50	43
4=	North West Wales	grey	135	Cara Hughes	50	43
6	North East Wales	sky	126	Amber Hellon	49	40
7=	Dyfed	violet	116	Morgan Elliott	48	37
7=	Powys	orange	141	Vicki Gittins	48	37
9=	Cardiff & Vale of Glamorgan	yellow	109	Georgia Brown	47	33
9=	North West Wales	grey	134	Chelsen Vancouver	47	33
11	North East Wales	sky	125	Georgia Lee	46	30
12	Afan Nedd Tawe	green	100	Katie Phillips	45	28
13	South East Wales	purple	150	Kate Balgarnie	43	26
14	North West Wales	grey	133	Gwenan Williams	42	24
15	Afan Nedd Tawe	green	101	Stephanie Nicholas	41	22
16	Cardiff & Vale of Glamorgan	yellow	108	Sally Gambling	40	20
17=	Dyfed	violet	115	Ffion Walters	39	17
17=	Powys	orange	143	Alexandra Cawthra	39	17
19=	North East Wales	sky	129	Emily Locke	38	13
19=	South East Wales	purple	146	Ellie Penfold	38	13
21	Afan Nedd Tawe	green	102	Carys Smith	34	10
22	Glamorgan Valleys	red	124	Alex Davies	33	8
23	South East Wales	purple	147	Ellie Roper	31	6
	Glamorgan Valleys	red	122	Lucy Williams	40	0