

# Aviva Sportshall UK Championships

**East Midlands Regional Final  
The Meres Leisure Centre, Grantham  
Sunday 15 February 2009**

Derbyshire

purple

Leicestershire

red

Lincolnshire

green

Northamptonshire

orange

Nottinghamshire

grey



# 2009 Regional Finals

uk:athletics 

  
**AVIVA**

# Competition Results

## Competition:

ASHA-East Midlands Regional Final Under 13 Boys

## Venue:

The Meres Leisure Centre, Grantham

## Date

15 Feb 2009

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Derbyshire	purple	713	70	60	70	60	50	54	40	52	50	49	54	54	50
2	Nottinghamshire	grey	637	60	70	50	50	36	50	54	53	34	44	48	42	46
3	Leicestershire	red	624	50	50	60	70	54	44	54	0	52	40	44	54	52
4	Lincolnshire	green	484	40	40	40	40	40	34	34	45	20	43	38	34	36
5	Northamptonshire	orange	194	30	0	0	0	30	28	16	0	42	34	14	0	0

# Team Results

# Derbyshire (purple)

## Competition:

ASHA-East Midlands Regional Final Under 13 Boys

## Venue:

The Meres Leisure Centre, Grantham

## Date

15 Feb 2009

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Derbyshire	purple	713	70	60	70	60	50	54	40	52	50	49	54	54	50
2	Nottinghamshire	grey	637	60	70	50	50	36	50	54	53	34	44	48	42	46
3	Leicestershire	red	624	50	50	60	70	54	44	54	0	52	40	44	54	52
4	Lincolnshire	green	484	40	40	40	40	40	34	34	45	20	43	38	34	36
5	Northamptonshire	orange	194	30	0	0	0	30	28	16	0	42	34	14	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
1	Reevan Harrison	4LR	50.1	50.0			50.0	4	24
1	Reevan Harrison	HJ	1.50				1.50	1	30
2	Jay Raradza	2LR	23.1	22.6			22.6	1	30
2	Jay Raradza	STJ	0.00	7.26	7.16	7.48	7.48	1	30
3	Kane Jordan	2LR	24.2	24.4			24.4	6	20
3	Kane Jordan	SLJ	2.31	2.21	2.25	2.23	2.31	1	30
4	Dominic Hare	4LR	49.6	49.3			49.3	1	30
4	Dominic Hare	SB	70				70	3	26
5	Will Stockton	S	9.24	9.40	9.83	9.72	9.83	3	26
6	Jack Newton	STJ	6.10	6.12	6.02	6.12	6.12	4	24
7	Josh Beven-Brown	S	9.70	9.68	9.19	0.00	9.70	4	24
8	George Coutts	VJ	46	44	46	48	48	4	24
9	Adam Nugent	VJ	49	52	50	52	52	3	26
10	Joe Brown	6LR	1:27.3				1:27.3	5	22
10	Joe Brown	SB	69				69	4=	23
11	Jerome Richards	6LR	1:29.4				1:29.4	7	18
11	Jerome Richards	HJ	1.25				1.25	5	22
12	Theo Stuart	SLJ	2.20	2.16	2.10	2.12	2.20	4	24

# Team Results

# Leicestershire (red)

## Competition:

ASHA-East Midlands Regional Final Under 13 Boys

## Venue:

The Meres Leisure Centre, Grantham

## Date

15 Feb 2009

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Derbyshire	purple	713	70	60	70	60	50	54	40	52	50	49	54	54	50
2	Nottinghamshire	grey	637	60	70	50	50	36	50	54	53	34	44	48	42	46
3	Leicestershire	red	624	50	50	60	70	54	44	54	0	52	40	44	54	52
4	Lincolnshire	green	484	40	40	40	40	40	34	34	45	20	43	38	34	36
5	Northamptonshire	orange	194	30	0	0	0	30	28	16	0	42	34	14	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
13	Jack Henderson	4LR	52.3	0.0			52.3	7	18
13	Jack Henderson	VJ	52	54	52	53	54	1	30
14	Esa Cashmore	2LR	23.1	23.1			23.1	3	26
14	Esa Cashmore	STJ	6.32	6.46	6.42	6.30	6.46	3	26
15	Lloyd Stock	4LR	49.9	49.9			49.9	3	26
15	Lloyd Stock	S	9.45	9.50	10.28	10.41	10.41	1	30
16	Will Curtis	SB	75				75	2	28
17	Sam Geary	VJ	45	46	47	47	47	5	22
18	Paul Ruslain	SLJ	2.11	2.18	2.20	2.24	2.24	3	26
19	Ohis	SB	46				46	10	12
20	Chinenye Okereke	2LR	23.3	22.7			22.7	2	28
20	Chinenye Okereke	STJ	7.38	6.94	0.00	7.10	7.38	2	28
21	Eric Agye-Bekoe	6LR	1:18.5				1:18.5	1	30
22	Ian Ogoli	6LR	1:27.1				1:27.1	4	24
22	Ian Ogoli	S	9.57	0.00	8.57	0.00	9.57	5	22
22	Ian Ogoli	SLJ	1.83	1.85	1.78	1.91	1.91	7	18

# Team Results

# Lincolnshire (green)

## Competition:

ASHA-East Midlands Regional Final Under 13 Boys

## Venue:

The Meres Leisure Centre, Grantham

## Date

15 Feb 2009

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Derbyshire	purple	713	70	60	70	60	50	54	40	52	50	49	54	54	50
2	Nottinghamshire	grey	637	60	70	50	50	36	50	54	53	34	44	48	42	46
3	Leicestershire	red	624	50	50	60	70	54	44	54	0	52	40	44	54	52
4	Lincolnshire	green	484	40	40	40	40	40	34	34	45	20	43	38	34	36
5	Northamptonshire	orange	194	30	0	0	0	30	28	16	0	42	34	14	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
26	Jack Holyoak	SB	68				68	6	20
27	Ben Ellis	VJ	45	43	45	44	45	6	20
28	Elliot Asbrey	4LR	57.6	0.0			57.6	9	14
28	Elliot Asbrey	STJ	5.58	5.38	5.24	5.50	5.58	8	16
29	Josh Brown	4LR	51.1	54.1			54.1	6	20
29	Josh Brown	STJ	5.70	5.62	5.40	5.42	5.70	7	18
30	Mitchell Bennett	2LR	25.8	0.0			25.8	8	16
30	Mitchell Bennett	HJ	1.25				1.25	6	20
31	Oliver Smith	2LR	24.0	23.6			23.6	4	24
31	Oliver Smith	SLJ	1.99	1.79	1.98	2.05	2.05	5	22
32	Oliver Street	6LR	1:27.8				1:27.8	6	20
32	Oliver Street	SB	69				69	4=	23
33	Anthony Sandall	S	7.48	8.14	7.69	8.10	8.14	6	20
34	Reuben Reed	HJ	1.30				1.30	3=	25
35	Daniel Runacres	SLJ	1.89	1.81	1.81	1.82	1.89	8	16
36	Ewan Edwards	6LR	1:46.9				1:46.9	9	14
36	Ewan Edwards	VJ	32	32	28	33	33	8	16

# Team Results

# Northamptonshire (orange)

## Competition:

ASHA-East Midlands Regional Final Under 13 Boys

## Venue:

The Meres Leisure Centre, Grantham

## Date

15 Feb 2009

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Derbyshire	purple	713	70	60	70	60	50	54	40	52	50	49	54	54	50
2	Nottinghamshire	grey	637	60	70	50	50	36	50	54	53	34	44	48	42	46
3	Leicestershire	red	624	50	50	60	70	54	44	54	0	52	40	44	54	52
4	Lincolnshire	green	484	40	40	40	40	40	34	34	45	20	43	38	34	36
5	Northamptonshire	orange	194	30	0	0	0	30	28	16	0	42	34	14	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
37	Liam Barns	2LR	27.6	0.0			27.6	10	12
37	Liam Barns	SLJ	1.55	1.72	1.67	1.71	1.72	9	14
38	Matthew Clarke	2LR	25.7	0.0			25.7	7	18
38	Matthew Clarke	S	8.52	9.80	8.93	10.22	10.22	2	28
39	Harvey Henry	4LR	59.4	0.0			59.4	10	12
39	Harvey Henry	S	5.18	4.41	0.00	4.86	5.18	9	14
40	Scott McIntyre	4LR	56.2	0.0			56.2	8	16
40	Scott McIntyre	SB	61				61	7=	17
41	Bradly Collman	6LR	1:33.2				1:33.2	8	16
41	Bradly Collman	SB	61				61	7=	17

# Team Results

# Nottinghamshire (grey)

## Competition:

ASHA-East Midlands Regional Final Under 13 Boys

## Venue:

The Meres Leisure Centre, Grantham

## Date

15 Feb 2009

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Derbyshire	purple	713	70	60	70	60	50	54	40	52	50	49	54	54	50
2	Nottinghamshire	grey	637	60	70	50	50	36	50	54	53	34	44	48	42	46
3	Leicestershire	red	624	50	50	60	70	54	44	54	0	52	40	44	54	52
4	Lincolnshire	green	484	40	40	40	40	40	34	34	45	20	43	38	34	36
5	Northamptonshire	orange	194	30	0	0	0	30	28	16	0	42	34	14	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
49	Jake Lacey	6LR	1:20.3				1:20.3	2	28
49	Jake Lacey	VJ	44	42	41	44	44	7	18
50	Peter Carrington	2LR	24.6	23.9			23.9	5	22
50	Peter Carrington	SLJ	2.24	2.27	2.24	2.24	2.27	2	28
51	Matthew Keady	4LR	51.9	53.4			53.4	5	22
51	Matthew Keady	VJ	53	51	53	53	53	2	28
52	Harvey Metcalfe	4LR	50.5	49.8			49.8	2	28
52	Harvey Metcalfe	STJ	6.02	5.94	6.02	6.04	6.04	5	22
53	Ben Johnson	6LR	1:25.9				1:25.9	3	26
53	Ben Johnson	HJ	1.30				1.30	3=	25
54	Chris Sanger	2LR	26.0	0.0			26.0	9	14
54	Chris Sanger	S	6.81	6.58	7.00	6.36	7.00	7	18
55	John Jessop	SB	81				81	1	30
56	Ross Golledge	HJ	1.45				1.45	2	28
57	Nicky Carter	SLJ	1.91	1.83	1.92	1.87	1.92	6	20
58	Jack Harrop	S	0.00	6.19	0.00	5.09	6.19	8	16
59	Jack Rathbone	SB	54				54	9	14
60	Matthew Allcock	STJ	5.70	6.04	5.84	5.84	6.04	6	20

# Results Sheet

# Obstacle Relay

## Competition:

ASHA-East Midlands Regional Final Under 13 Boys

## Venue:

The Meres Leisure Centre, Grantham

## Date

15 Feb 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Derbyshire	purple	1:21.1	0.0	1:21.1	70.0
2	05	Nottinghamshire	grey	1:21.4	0.0	1:21.4	60.0
3	02	Leicestershire	red	1:27.9	0.0	1:27.9	50.0
4	03	Lincolnshire	green	1:28.4	0.0	1:28.4	40.0
5	04	Northamptonshire	orange	1:28.7	0.0	1:28.7	30.0



# Results Sheet

# 2 Lap Race

## Competition:

ASHA-East Midlands Regional Final Under 13 Boys

## Venue:

The Meres Leisure Centre, Grantham

## Date

15 Feb 2009

Ranking	Team	Colour	Points
1	Leicestershire	red	54
2	Derbyshire	purple	50
3	Lincolnshire	green	40
4	Nottinghamshire	grey	36
5	Northamptonshire	orange	30

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Derbyshire	purple	2	Jay Raradza	22.6	30
2	Leicestershire	red	20	Chinenye Okereke	22.7	28
3	Leicestershire	red	14	Esa Cashmore	23.1	26
4	Lincolnshire	green	31	Oliver Smith	23.6	24
5	Nottinghamshire	grey	50	Peter Carrington	23.9	22
6	Derbyshire	purple	3	Kane Jordan	24.4	20
7	Northamptonshire	orange	38	Matthew Clarke	25.7	18
8	Lincolnshire	green	30	Mitchell Bennett	25.8	16
9	Nottinghamshire	grey	54	Chris Sanger	26.0	14
10	Northamptonshire	orange	37	Liam Barns	27.6	12

# Results Sheet

# 4 Lap Race

## Competition:

ASHA-East Midlands Regional Final Under 13 Boys

## Venue:

The Meres Leisure Centre, Grantham

## Date

15 Feb 2009

Ranking	Team	Colour	Points
1	Derbyshire	purple	54
2	Nottinghamshire	grey	50
3	Leicestershire	red	44
4	Lincolnshire	green	34
5	Northamptonshire	orange	28

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Derbyshire	purple	4	Dominic Hare	49.3	30
2	Nottinghamshire	grey	52	Harvey Metcalfe	49.8	28
3	Leicestershire	red	15	Lloyd Stock	49.9	26
4	Derbyshire	purple	1	Reevan Harrison	50.0	24
5	Nottinghamshire	grey	51	Matthew Keady	53.4	22
6	Lincolnshire	green	29	Josh Brown	54.1	20
7	Leicestershire	red	13	Jack Henderson	52.3	18
8	Northamptonshire	orange	40	Scott McIntyre	56.2	16
9	Lincolnshire	green	28	Elliot Asbrey	57.6	14
10	Northamptonshire	orange	39	Harvey Henry	59.4	12

# Results Sheet

# 6 Lap Time Trial

## Competition:

ASHA-East Midlands Regional Final Under 13 Boys

## Venue:

The Meres Leisure Centre, Grantham

## Date

15 Feb 2009

Ranking	Team	Colour	Points
1=	Leicestershire	red	54
1=	Nottinghamshire	grey	54
3	Derbyshire	purple	40
4	Lincolnshire	green	34
5	Northamptonshire	orange	16

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Leicestershire	red	21	Eric Agye-Bekoe	1:18.5	30
2	Nottinghamshire	grey	49	Jake Lacey	1:20.3	28
3	Nottinghamshire	grey	53	Ben Johnson	1:25.9	26
4	Leicestershire	red	22	Ian Ogoli	1:27.1	24
5	Derbyshire	purple	10	Joe Brown	1:27.3	22
6	Lincolnshire	green	32	Oliver Street	1:27.8	20
7	Derbyshire	purple	11	Jerome Richards	1:29.4	18
8	Northamptonshire	orange	41	Bradly Collman	1:33.2	16
9	Lincolnshire	green	36	Ewan Edwards	1:46.9	14

# Results Sheet

# 8 Lap Paarlauf

## Competition:

ASHA-East Midlands Regional Final Under 13 Boys

## Venue:

The Meres Leisure Centre, Grantham

## Date

15 Feb 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	05	Nottinghamshire	grey	1:40.6	0.0	1:40.6	70.0
2	01	Derbyshire	purple	1:41.0	0.0	1:41.0	60.0
3	02	Leicestershire	red	1:45.1	0.0	1:45.1	50.0
4	03	Lincolnshire	green	1:49.6	0.0	1:49.6	40.0

# Results Sheet

# 4 x 1 Lap Relay

## Competition:

ASHA-East Midlands Regional Final Under 13 Boys

## Venue:

The Meres Leisure Centre, Grantham

## Date

15 Feb 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Derbyshire	purple	49.4	0.0	49.4	70.0
2	02	Leicestershire	red	49.8	0.0	49.8	60.0
3	05	Nottinghamshire	grey	50.1	0.0	50.1	50.0
4	03	Lincolnshire	green	51.9	0.0	51.9	40.0

# Results Sheet

# 4 x 2 Lap Relay

## Competition:

ASHA-East Midlands Regional Final Under 13 Boys

## Venue:

The Meres Leisure Centre, Grantham

## Date

15 Feb 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	Leicestershire	red	1:33.5	0.0	1:33.5	70.0
2	01	Derbyshire	purple	1:34.4	0.0	1:34.4	60.0
3	05	Nottinghamshire	grey	1:42.0	0.0	1:42.0	50.0
4	03	Lincolnshire	green	1:42.4	0.0	1:42.4	40.0

# Results Sheet

# High Jump

## Competition:

ASHA-East Midlands Regional Final Under 13 Boys

## Venue:

The Meres Leisure Centre, Grantham

## Date

15 Feb 2009

Ranking	Team	Colour	Points
	Leicestershire	red	0
	Northamptonshire	orange	0
1	Nottinghamshire	grey	53
2	Derbyshire	purple	52
3	Lincolnshire	green	45

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Derbyshire	purple	1	Reevan Harrison	1.50	30
2	Nottinghamshire	grey	56	Ross Golledge	1.45	28
3=	Lincolnshire	green	34	Reuben Reed	1.30	25
3=	Nottinghamshire	grey	53	Ben Johnson	1.30	25
5	Derbyshire	purple	11	Jerome Richards	1.25	22
6	Lincolnshire	green	30	Mitchell Bennett	1.25	20

# Results Sheet

# Shot

## Competition:

ASHA-East Midlands Regional Final Under 13 Boys

## Venue:

The Meres Leisure Centre, Grantham

## Date

15 Feb 2009

Ranking	Team	Colour	Points
1	Leicestershire	red	52
2	Derbyshire	purple	50
3	Northamptonshire	orange	42
4	Nottinghamshire	grey	34
5	Lincolnshire	green	20

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Leicestershire	red	15	Lloyd Stock	10.41	30
2	Northamptonshire	orange	38	Matthew Clarke	10.22	28
3	Derbyshire	purple	5	Will Stockton	9.83	26
4	Derbyshire	purple	7	Josh Beven-Brown	9.70	24
5	Leicestershire	red	22	Ian Ogoli	9.57	22
6	Lincolnshire	green	33	Anthony Sandall	8.14	20
7	Nottinghamshire	grey	54	Chris Sanger	7.00	18
8	Nottinghamshire	grey	58	Jack Harrop	6.19	16
9	Northamptonshire	orange	39	Harvey Henry	5.18	14



# Results Sheet

# Speed Bounce

## Competition:

ASHA-East Midlands Regional Final Under 13 Boys

## Venue:

The Meres Leisure Centre, Grantham

## Date

15 Feb 2009

Ranking	Team	Colour	Points
1	Derbyshire	purple	49
2	Nottinghamshire	grey	44
3	Lincolnshire	green	43
4	Leicestershire	red	40
5	Northamptonshire	orange	34

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Nottinghamshire	grey	55	John Jessop	81	30
2	Leicestershire	red	16	Will Curtis	75	28
3	Derbyshire	purple	4	Dominic Hare	70	26
4=	Derbyshire	purple	10	Joe Brown	69	23
4=	Lincolnshire	green	32	Oliver Street	69	23
6	Lincolnshire	green	26	Jack Holyoak	68	20
7=	Northamptonshire	orange	40	Scott McIntyre	61	17
7=	Northamptonshire	orange	41	Bradly Collman	61	17
9	Nottinghamshire	grey	59	Jack Rathbone	54	14
10	Leicestershire	red	19	Ohis	46	12

# Results Sheet

# Standing Long Jump

## Competition:

ASHA-East Midlands Regional Final Under 13 Boys

## Venue:

The Meres Leisure Centre, Grantham

## Date

15 Feb 2009

Ranking	Team	Colour	Points
1	Derbyshire	purple	54
2	Nottinghamshire	grey	48
3	Leicestershire	red	44
4	Lincolnshire	green	38
5	Northamptonshire	orange	14

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Derbyshire	purple	3	Kane Jordan	2.31	30
2	Nottinghamshire	grey	50	Peter Carrington	2.27	28
3	Leicestershire	red	18	Paul Ruslain	2.24	26
4	Derbyshire	purple	12	Theo Stuart	2.20	24
5	Lincolnshire	green	31	Oliver Smith	2.05	22
6	Nottinghamshire	grey	57	Nicky Carter	1.92	20
7	Leicestershire	red	22	Ian Ogoli	1.91	18
8	Lincolnshire	green	35	Daniel Runacres	1.89	16
9	Northamptonshire	orange	37	Liam Barns	1.72	14

# Results Sheet

# Standing Triple Jump

## Competition:

ASHA-East Midlands Regional Final Under 13 Boys

## Venue:

The Meres Leisure Centre, Grantham

## Date

15 Feb 2009

Ranking	Team	Colour	Points
	Northamptonshire	orange	0
1=	Derbyshire	purple	54
1=	Leicestershire	red	54
3	Nottinghamshire	grey	42
4	Lincolnshire	green	34

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Derbyshire	purple	2	Jay Raradza	7.48	30
2	Leicestershire	red	20	Chinenye Okereke	7.38	28
3	Leicestershire	red	14	Esa Cashmore	6.46	26
4	Derbyshire	purple	6	Jack Newton	6.12	24
5	Nottinghamshire	grey	52	Harvey Metcalfe	6.04	22
6	Nottinghamshire	grey	60	Matthew Allcock	6.04	20
7	Lincolnshire	green	29	Josh Brown	5.70	18
8	Lincolnshire	green	28	Elliot Asbrey	5.58	16

# Results Sheet

# Vertical Jump

## Competition:

ASHA-East Midlands Regional Final Under 13 Boys

## Venue:

The Meres Leisure Centre, Grantham

## Date

15 Feb 2009

Ranking	Team	Colour	Points
	Northamptonshire	orange	0
1	Leicestershire	red	52
2	Derbyshire	purple	50
3	Nottinghamshire	grey	46
4	Lincolnshire	green	36

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Leicestershire	red	13	Jack Henderson	54	30
2	Nottinghamshire	grey	51	Matthew Keady	53	28
3	Derbyshire	purple	9	Adam Nugent	52	26
4	Derbyshire	purple	8	George Coutts	48	24
5	Leicestershire	red	17	Sam Geary	47	22
6	Lincolnshire	green	27	Ben Ellis	45	20
7	Nottinghamshire	grey	49	Jake Lacey	44	18
8	Lincolnshire	green	36	Ewan Edwards	33	16