



Aviva Sportshall UK Championships

Regional Finals 2010

West Midlands Regional Final
Perdiswell Leisure Centre, Worcester
Saturday 6 February 2010

Birmingham	yellow
Herefordshire & Worcestershire	purple
Shropshire	sky
Staffordshire	green
Warwickshire	orange

Competition Results

Competition:
ASHA-West Midlands Regional Final Under 15 Girls

Venue:
Perdiswell Leisure Centre, Worcester

Date
6 Feb 2010

Ranking	Team	Score	Individual	P8	4x2
1	Birmingham	706	566	70	70
2	Warwickshire	624	504	60	60
3	Shropshire	500	450	0	50
4	Here'shire & Wor'shire	289	239	50	0
5	Staffordshire	113	113	0	0

Athlete Results

Competition:
ASHA-West Midlands Regional Final Under 15 Girls

Venue:
Perdiswell Leisure Centre, Worcester

Date
6 Feb 2010

Ranking	BibNo	Athlete	Team	Score	2LR	4LR	S	SB	SLJ	VJ
1	61	Nikita Campbell-Smith	Birmingham	148		48	50		50	
2	62	Katie Stainton	Birmingham	142		50		50	42	
3=	63	Dani Walker	Birmingham	138	50			40		48
3=	67	Amber Rose Daniels	Birmingham	138	48		44		46	
5	89	Eleanor Johnston	Warwickshire	134		46	40		48	
6	65	Molly Eales	Birmingham	132	46			36		50
7	76	Nancy Ndure	Shropshire	131		40		46		45
8=	66	Melissa Ellis	Birmingham	126		44	42			40
8=	95	Alexa Shaw	Warwickshire	126		38		43		45
10	92	Cat Smith	Warwickshire	123	43			38		42
11=	69	Hetty Swan	Here'shire & Wor'shire	121		42		43	36	
11=	90	Jenny Carus	Warwickshire	121	39		46			36
13	68	Emma Crooke	Here'shire & Wor'shire	118	32		48			38
14	94	Liberty Thornton	Warwickshire	117	39		38		40	
15=	83	Gabbi Smallwood	Staffordshire	113	43		36		34	
15=	93	Hannah Scales	Warwickshire	113		36		33	44	
17	79	Emma Holl	Shropshire	110		32		48	30	
18	75	Anya Hughes	Shropshire	106	34		34		38	
19	78	Leah Abbey	Shropshire	103	36			33		34
20	77	Shannon Reeves	Shropshire	98		34	32		32	
21=	64	Adina Tomlinson	Birmingham	0						
21=	82	Carla Vanderhoeven	Staffordshire	0						
21=	84	Jade Forbes	Staffordshire	0						
21=	91	Ellen Scholes	Warwickshire	0						

Team Results

Birmingham (yellow)

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ASHA-West Midlands Regional Final Under 15 Girls

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Perdiswell Leisure Centre, Worcester

Date
6 Feb 2010

Ranking	Team	Score	Individual	P8	4x2
1	Birmingham	706	566	70	70
2	Warwickshire	624	504	60	60
3	Shropshire	500	450	0	50
4	Here'shire & Wor'shire	289	239	50	0
5	Staffordshire	113	113	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
61	Nikita Campbell-Smith	4LR	46.3				46.3	2	48
61	Nikita Campbell-Smith	S	9.67	9.64	10.05		10.05	1	50
61	Nikita Campbell-Smith	SLJ	2.56	2.47	2.45		2.56	1	50
62	Katie Stainton	4LR	46.2				46.2	1	50
62	Katie Stainton	SB	86				86	1	50
62	Katie Stainton	SLJ	2.27	2.22	2.16		2.27	5	42
63	Dani Walker	2LR	21.9				21.9	1	50
63	Dani Walker	SB	74				74	6	40
63	Dani Walker	VJ	55	58	61		61	2	48
65	Molly Eales	2LR	22.6				22.6	3	46
65	Molly Eales	SB	71				71	8	36
65	Molly Eales	VJ	67	65	60		67	1	50
66	Melissa Ellis	4LR	48.7				48.7	4	44
66	Melissa Ellis	S	7.74	8.25	7.42		8.25	5	42
66	Melissa Ellis	VJ	55	55	50		55	6	40
67	Amber Rose Daniels	2LR	22.5				22.5	2	48
67	Amber Rose Daniels	S	8.75	8.29	8.02		8.75	4	44
67	Amber Rose Daniels	SLJ	2.38	2.38	2.37		2.38	3	46

Team Results

Here'shire & Wor'shire (purple)

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ASHA-West Midlands Regional Final Under 15 Girls

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Date
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Ranking	Team	Score	Individual	P8	4x2
1	Birmingham	706	566	70	70
2	Warwickshire	624	504	60	60
3	Shropshire	500	450	0	50
4	Here'shire & Wor'shire	289	239	50	0
5	Staffordshire	113	113	0	0

Comp	No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
68		Emma Crooke	2LR	25.0				25.0	10	32
68		Emma Crooke	S	9.80	9.77	9.97		9.97	2	48
68		Emma Crooke	VJ	51	52	48		52	7	38
69		Hetty Swan	4LR	50.1				50.1	5	42
69		Hetty Swan	SB	76				76	4=	43
69		Hetty Swan	SLJ	2.02	2.00	2.00		2.02	8	36

Team Results

Shropshire (sky)

Competition:
ASHA-West Midlands Regional Final Under 15 Girls

Venue:
Perdiswell Leisure Centre, Worcester

Date
6 Feb 2010

Ranking	Team	Score	Individual	P8	4x2
1	Birmingham	706	566	70	70
2	Warwickshire	624	504	60	60
3	Shropshire	500	450	0	50
4	Here'shire & Wor'shire	289	239	50	0
5	Staffordshire	113	113	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
75	Anya Hughes	2LR	24.2				24.2	9	34
75	Anya Hughes	S	5.48	5.99	5.55		5.99	9	34
75	Anya Hughes	SLJ	2.08	2.02	1.98		2.08	7	38
76	Nancy Ndure	4LR	50.6				50.6	6	40
76	Nancy Ndure	SB	78				78	3	46
76	Nancy Ndure	VJ	59	58	59		59	3=	45
77	Shannon Reeves	4LR	52.1				52.1	9	34
77	Shannon Reeves	S	5.17	5.47	5.31		5.47	10	32
77	Shannon Reeves	SLJ	1.92	1.84	1.84		1.92	10	32
78	Leah Abbey	2LR	24.0				24.0	8	36
78	Leah Abbey	SB	62				62	9=	33
78	Leah Abbey	VJ	42	42	47		47	9	34
79	Emma Holl	4LR	53.3				53.3	10	32
79	Emma Holl	SB	81				81	2	48
79	Emma Holl	SLJ	1.88	1.90	1.88		1.90	11	30

Team Results

Staffordshire (green)

Competition:
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Venue:
Perdiswell Leisure Centre, Worcester

Date
6 Feb 2010

Ranking	Team	Score	Individual	P8	4x2
1	Birmingham	706	566	70	70
2	Warwickshire	624	504	60	60
3	Shropshire	500	450	0	50
4	Here'shire & Wor'shire	289	239	50	0
5	Staffordshire	113	113	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
83	Gabbi Smallwood	2LR	22.9				22.9	4=	43
83	Gabbi Smallwood	S	0.00	6.22	6.29		6.29	8	36
83	Gabbi Smallwood	SLJ	1.95	1.94	2.00		2.00	9	34

Team Results

Warwickshire (orange)

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Venue:
Perdiswell Leisure Centre, Worcester

Date
6 Feb 2010

Ranking	Team	Score	Individual	P8	4x2
1	Birmingham	706	566	70	70
2	Warwickshire	624	504	60	60
3	Shropshire	500	450	0	50
4	Here'shire & Wor'shire	289	239	50	0
5	Staffordshire	113	113	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
89	Eleanor Johnston	4LR	47.6				47.6	3	46
89	Eleanor Johnston	S	7.93	7.81	7.84		7.93	6	40
89	Eleanor Johnston	SLJ	2.42	2.46	2.46		2.46	2	48
90	Jenny Carus	2LR	23.3				23.3	6=	39
90	Jenny Carus	S	7.23	8.18	8.77		8.77	3	46
90	Jenny Carus	VJ	49	51	50		51	8	36
92	Cat Smith	2LR	22.9				22.9	4=	43
92	Cat Smith	SB	73				73	7	38
92	Cat Smith	VJ	51	52	56		56	5	42
93	Hannah Scales	4LR	51.5				51.5	8	36
93	Hannah Scales	SB	62				62	9=	33
93	Hannah Scales	SLJ	2.37	2.34	2.26		2.37	4	44
94	Liberty Thornton	2LR	23.3				23.3	6=	39
94	Liberty Thornton	S	6.87	6.42	6.67		6.87	7	38
94	Liberty Thornton	SLJ	1.98	2.14	2.08		2.14	6	40
95	Alexa Shaw	4LR	51.3				51.3	7	38
95	Alexa Shaw	SB	76				76	4=	43
95	Alexa Shaw	VJ	59	58	58		59	3=	45

Results Sheet

2 Lap Race

Competition:

ASHA-West Midlands Regional Final Under 15 Girls

Venue:

Perdiswell Leisure Centre, Worcester

Date

6 Feb 2010

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Birmingham	yellow	63	Dani Walker	21.9	50
2	Birmingham	yellow	67	Amber Rose Daniels	22.5	48
3	Birmingham	yellow	65	Molly Eales	22.6	46
4=	Staffordshire	green	83	Gabbi Smallwood	22.9	43
4=	Warwickshire	orange	92	Cat Smith	22.9	43
6=	Warwickshire	orange	90	Jenny Carus	23.3	39
6=	Warwickshire	orange	94	Liberty Thornton	23.3	39
8	Shropshire	sky	78	Leah Abbey	24.0	36
9	Shropshire	sky	75	Anya Hughes	24.2	34
10	Here'shire & Wor'shire	purple	68	Emma Crooke	25.0	32

Results Sheet

4 Lap Race

Competition:

ASHA-West Midlands Regional Final Under 15 Girls

Venue:

Perdiswell Leisure Centre, Worcester

Date

6 Feb 2010

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Birmingham	yellow	62	Katie Stainton	46.2	50
2	Birmingham	yellow	61	Nikita Campbell-Smith	46.3	48
3	Warwickshire	orange	89	Eleanor Johnston	47.6	46
4	Birmingham	yellow	66	Melissa Ellis	48.7	44
5	Here'shire & Wor'shire	purple	69	Hetty Swan	50.1	42
6	Shropshire	sky	76	Nancy Ndure	50.6	40
7	Warwickshire	orange	95	Alexa Shaw	51.3	38
8	Warwickshire	orange	93	Hannah Scales	51.5	36
9	Shropshire	sky	77	Shannon Reeves	52.1	34
10	Shropshire	sky	79	Emma Holl	53.3	32

Results Sheet

8 Lap Paarlauf

Competition:

ASHA-West Midlands Regional Final Under 15 Girls

Venue:

Perdiswell Leisure Centre, Worcester

Date

6 Feb 2010

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Birmingham	yellow	1:33.8	0.0	1:33.8	70.0
2	05	Warwickshire	orange	1:42.4	0.0	1:42.4	60.0
3	02	Here'shire & Wor'shire	purple	1:42.8	0.0	1:42.8	50.0

Results Sheet

4 x 2 Lap Relay

Competition:
ASHA-West Midlands Regional Final Under 15 Girls

Venue:
Perdiswell Leisure Centre, Worcester

Date
6 Feb 2010

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Birmingham	yellow	1:28.9	0.0	1:28.9	70.0
2	05	Warwickshire	orange	1:30.7	0.0	1:30.7	60.0
3	03	Shropshire	sky	1:35.0	0.0	1:35.0	50.0

Results Sheet

Shot

Competition:

ASHA-West Midlands Regional Final Under 15 Girls

Venue:

Perdiswell Leisure Centre, Worcester

Date

6 Feb 2010

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Birmingham	yellow	61	Nikita Campbell-Smith	10.05	50
2	Here'shire & Wor'shire	purple	68	Emma Crooke	9.97	48
3	Warwickshire	orange	90	Jenny Carus	8.77	46
4	Birmingham	yellow	67	Amber Rose Daniels	8.75	44
5	Birmingham	yellow	66	Melissa Ellis	8.25	42
6	Warwickshire	orange	89	Eleanor Johnston	7.93	40
7	Warwickshire	orange	94	Liberty Thornton	6.87	38
8	Staffordshire	green	83	Gabbi Smallwood	6.29	36
9	Shropshire	sky	75	Anya Hughes	5.99	34
10	Shropshire	sky	77	Shannon Reeves	5.47	32

Results Sheet

Speed Bounce

Competition:

ASHA-West Midlands Regional Final Under 15 Girls

Venue:

Perdiswell Leisure Centre, Worcester

Date

6 Feb 2010

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Birmingham	yellow	62	Katie Stainton	86	50
2	Shropshire	sky	79	Emma Holl	81	48
3	Shropshire	sky	76	Nancy Ndure	78	46
4=	Here'shire & Wor'shire	purple	69	Hetty Swan	76	43
4=	Warwickshire	orange	95	Alexa Shaw	76	43
6	Birmingham	yellow	63	Dani Walker	74	40
7	Warwickshire	orange	92	Cat Smith	73	38
8	Birmingham	yellow	65	Molly Eales	71	36
9=	Shropshire	sky	78	Leah Abbey	62	33
9=	Warwickshire	orange	93	Hannah Scales	62	33

Results Sheet

Standing Long Jump

Competition:

ASHA-West Midlands Regional Final Under 15 Girls

Venue:

Perdiswell Leisure Centre, Worcester

Date

6 Feb 2010

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Birmingham	yellow	61	Nikita Campbell-Smith	2.56	50
2	Warwickshire	orange	89	Eleanor Johnston	2.46	48
3	Birmingham	yellow	67	Amber Rose Daniels	2.38	46
4	Warwickshire	orange	93	Hannah Scales	2.37	44
5	Birmingham	yellow	62	Katie Stainton	2.27	42
6	Warwickshire	orange	94	Liberty Thornton	2.14	40
7	Shropshire	sky	75	Anya Hughes	2.08	38
8	Here'shire & Wor'shire	purple	69	Hetty Swan	2.02	36
9	Staffordshire	green	83	Gabbi Smallwood	2.00	34
10	Shropshire	sky	77	Shannon Reeves	1.92	32
11	Shropshire	sky	79	Emma Holl	1.90	30

Results Sheet

Vertical Jump

Competition:

ASHA-West Midlands Regional Final Under 15 Girls

Venue:

Perdiswell Leisure Centre, Worcester

Date

6 Feb 2010

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Birmingham	yellow	65	Molly Eales	67	50
2	Birmingham	yellow	63	Dani Walker	61	48
3=	Shropshire	sky	76	Nancy Ndure	59	45
3=	Warwickshire	orange	95	Alexa Shaw	59	45
5	Warwickshire	orange	92	Cat Smith	56	42
6	Birmingham	yellow	66	Melissa Ellis	55	40
7	Here'shire & Wor'shire	purple	68	Emma Crooke	52	38
8	Warwickshire	orange	90	Jenny Carus	51	36
9	Shropshire	sky	78	Leah Abbey	47	34