

No.	Pos	Name	Club/School	Age Group	Performance
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Over Under Race - U11 Boys



Over Under Race - Under 11 Boys - race 1

131	1	Victor Hughes	Havering M	U11B	20.0
1	2	Ben Myers	Woodford	U11B	21.2
12	3	Tom Keen	Braintree	U11B	22.3

Over Under Race - Under 11 Boys - race 2

7	1	Jay Vassalo	Havering M	U11B	19.9
8	2	Jerry Reynolds	Ardleigh Gn Jrs	U11B	21.0
6	3	Jamie Simmons	Thurrock	U11B	23.1
4	4	Jake Yems	Basildon	U11B	23.8

Over Under Race - Under 11 Boys - race 3

142	1	Joshua Oteng	Groewood Pri	U11B	19.3
11	2	Reece Dave	Belmont Castle	U11B	20.4
13	3	William Osborne	Ardleigh Gn Jrs	U11B	20.9
10	4	Neio Sudarsyah	Scotts Pri	U11B	22.2

Over Under Race - Under 11 Boys - race 3

156	1	Francis Omawani	West Thur Acad	U11B	21.2
163	2	Tosin Olajide	Thurrock	U11B	21.9

Over Under Race - Under 11 Boys - OVERALL

142	1	Joshua Oteng	Groewood Pri	U11B	19.3
7	2	Jay Vassalo	Havering M	U11B	19.9
131	3	Victor Hughes	Havering M	U11B	20.0
11	4	Reece Dave	Belmont Castle	U11B	20.4
13	5	William Osborne	Ardleigh Gn Jrs	U11B	20.9
8	6	Jerry Reynolds	Ardleigh Gn Jrs	U11B	21.0
1	7	Ben Myers	Woodford	U11B	21.2
156	7	Francis Omawani	West Thur Acad	U11B	21.2
163	9	Tosin Olajide	Thurrock	U11B	21.9
10	10	Neio Sudarsyah	Scotts Pri	U11B	22.2
12	11	Tom Keen	Braintree	U11B	22.3
6	12	Jamie Simmons	Thurrock	U11B	23.1
4	13	Jake Yems	Basildon	U11B	23.8

ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

Upminster, Sunday 13th October 2013

No.	Pos	Name	Club/School	Age Group	Performance
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1 Lap Race - U11 Boys



One Lap - Under 11 Boys - race 1

8	1	Jerry Reynolds	Ardleigh Gn Jrs	U11B	12.7
6	2	Jamie Simmons	Thurrock	U11B	13.2
5	3	James With	Ardleigh Gn Jrs	U11B	13.2

One Lap - Under 11 Boys - race 2

11	1	Reece Dave	Belmont Castle	U11B	12.8
13	2	William Osborne	Ardleigh Gn Jrs	U11B	13.0
148	3	Jack Saunders	Benfleet	U11B	13.2
10	4	Neio Sudarsyah	Scotts Pri	U11B	13.4

One Lap - Under 11 Boys - race 3

156	1	Francis Omawani	West Thur Acad	U11B	12.7
147	2	Billy Saunders	Benfleet	U11B	12.9
144	3	Bradley James	Thurrock	U11B	13.0
163	4	Tosin Olajide	Thurrock	U11B	13.1

One Lap - Under 11 Boys - race 4

	1				
143	2	Cameron McMeekin	Basildon	U11B	13.4
135	3	Ethan Bardo	Purleigh Pri	U11B	13.5
	4				

One Lap - Under 11 Boys - OVERALL

8	1	Jerry Reynolds	Ardleigh Gn Jrs	U11B	12.7
156	1	Francis Omawani	West Thur Acad	U11B	12.7
11	3	Reece Dave	Belmont Castle	U11B	12.8
147	4	Billy Saunders	Benfleet	U11B	12.9
13	5	William Osborne	Ardleigh Gn Jrs	U11B	13.0
144	5	Bradley James	Thurrock	U11B	13.0
163	7	Tosin Olajide	Thurrock	U11B	13.1
6	8	Jamie Simmons	Thurrock	U11B	13.2
5	8	James With	Ardleigh Gn Jrs	U11B	13.2
148	8	Jack Saunders	Benfleet	U11B	13.2
10	11	Neio Sudarsyah	Scotts Pri	U11B	13.4
143	11	Cameron McMeekin	Basildon	U11B	13.4
135	13	Ethan Bardo	Purleigh Pri	U11B	13.5

ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

Upminster, Sunday 13th October 2013

No.	Pos	Name	Club/School	Age Group	Performance
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2 Lap Race - U11 Boys



Two Lap - Under 11 Boys - race 1

7	1	Jay Vassalo	Havering M	U11B	24.9
1	2	Ben Myers	Woodford	U11B	25.1
4	3	Jake Yems	Basildon	U11B	25.7

Two Lap - Under 11 Boys - race 2

131	1	Victor Hughes	Havering M	U11B	25.0
147	2	Billy Saunders	Benfleet	U11B	26.0
2	3	Hal Hutton	Benhurst Pri	U11B	27.5

Two Lap - Under 11 Boys - race 3

142	1	Joshua Oteng	Groewood Pri	U11B	25.2
148	2	Jack Saunders	Benfleet	U11B	26.2
143	3	Cameron McMeekin	Basildon	U11B	27.0

Two Lap - Under 11 Boys - OVERALL

7	1	Jay Vassalo	Havering M	U11B	24.9
131	2	Victor Hughes	Havering M	U11B	25.0
1	3	Ben Myers	Woodford	U11B	25.1
142	4	Joshua Oteng	Groewood Pri	U11B	25.2
4	5	Jake Yems	Basildon	U11B	25.7
147	6	Billy Saunders	Benfleet	U11B	26.0
148	7	Jack Saunders	Benfleet	U11B	26.2
143	8	Cameron McMeekin	Basildon	U11B	27.0
2	9	Hal Hutton	Benhurst Pri	U11B	27.5



ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

Upminster, Sunday 13th October 2013

No.	Pos	Name	Club/School	Age Group	Performance
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Chest Push - U11 Boys

Sportshall

2	1	Hal Hutton	Benhurst Pri	U11B	6.00
5	2	James With	Ardleigh Gn Jrs	U11B	5.75
143	3	Cameron McMeekin	Basildon	U11B	5.25
13	4	William Osborne	Ardleigh Gn Jrs	U11B	5.00
8	5	Jerry Reynolds	Ardleigh Gn Jrs	U11B	4.75
135	6	Ethan Bardo	Purleigh Pri	U11B	4.75

Vertical Jump - U11 Boys

163	1	Tosin Olajide	Thurrock	U11B	47
5	2	James With	Ardleigh Gn Jrs	U11B	40
11	3	Reece Dave	Belmont Castle	U11B	39
131	4	Victor Hughes	Havering M	U11B	39
13	5	William Osborne	Ardleigh Gn Jrs	U11B	37
8	6	Jerry Reynolds	Ardleigh Gn Jrs	U11B	36
144	7	Bradley James	Thurrock	U11B	33

Speed Bounce - U11 Boys

12	1	Tom Keen	Braintree	U11B	51
131	2	Victor Hughes	Havering M	U11B	50
142	3	Joshua Oteng	Groewood Pri	U11B	48
8	4	Jerry Reynolds	Ardleigh Gn Jrs	U11B	47
147	5	Billy Saunders	Benfleet	U11B	46
144	6	Bradley James	Thurrock	U11B	45
13	6	William Osborne	Ardleigh Gn Jrs	U11B	45
10	8	Neio Sudarsyah	Scotts Pri	U11B	43
148	9	Jack Saunders	Benfleet	U11B	35
156	9	Francis Omawani	West Thur Acad	U11B	35

Standing Long Jump - U11 Boys

142	1	Joshua Oteng	Groewood Pri	U11B	1.96
156	2	Francis Omawani	West Thur Acad	U11B	1.82
6	3	Jamie Simmons	Thurrock	U11B	1.78
8	4	Jerry Reynolds	Ardleigh Gn Jrs	U11B	1.76
163	5	Tosin Olajide	Thurrock	U11B	1.70
13	6	William Osborne	Ardleigh Gn Jrs	U11B	1.68
147	6	Billy Saunders	Benfleet	U11B	1.68
148	8	Jack Saunders	Benfleet	U11B	1.66
135	8	Ethan Bardo	Purleigh Pri	U11B	1.66
143	10	Cameron McMeekin	Basildon	U11B	1.60
2	11	Hal Hutton	Benhurst Pri	U11B	1.57
10	12	Neio Sudarsyah	Scotts Pri	U11B	1.50
4	13	Jake Yems	Basildon	U11B	1.40



ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

Upminster, Sunday 13th October 2013

No.	Pos	Name	Club/School	Age Group	Performance
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Hi Stepper - U11 Boys

12	1	Tom Keen	Braintree	U11B	14.0
7	2	Jay Vassalo	Havering M	U11B	15.5
6	3	Jamie Simmons	Thurrock	U11B	18.8

Target Throw - U11 Boys

135	1	Ethan Bardo	Purleigh Pri	U11B	17
144	2	Bradley James	Thurrock	U11B	16
1	3	Ben Myers	Woodford	U11B	12
11	4	Reece Dave	Belmont Castle	U11B	12
2	5	Hal Hutton	Benhurst Pri	U11B	8
4	6	Jake Yems	Basildon	U11B	8

Standing Triple Jump - U11 Boys

12	1	Tom Keen	Braintree	U11B	5.78
1	2	Ben Myers	Woodford	U11B	5.50
5	3	James With	Ardleigh Gn Jrs	U11B	5.07
7	4	Jay Vassalo	Havering M	U11B	5.03



ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

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No.	Pos	Name	Club/School	Age Group	Performance
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2 Lap Race - U13 Boys



Two Lap - Under 13 Boys - race 1

57	1	William Adeyeye	Thurrock	U13B	22.0
50	2	Daniel Knight	Thurrock	U13B	23.9
58	3	Zak Mackay	Havering M	U13B	24.0

Two Lap - Under 13 Boys - race 2

49	1	Aaron Wong	Thurrock	U13B	23.0
145	2	Finley Hall	Boswells	U13B	24.6
54	3	Reilly Tripp	Thurrock	U13B	26.3

Two Lap - Under 13 Boys - OVERALL

57	1	William Adeyeye	Thurrock	U13B	22.0
49	2	Aaron Wong	Thurrock	U13B	23.0
50	3	Daniel Knight	Thurrock	U13B	23.9
58	4	Zak Mackay	Havering M	U13B	24.0
145	5	Finley Hall	Boswells	U13B	24.6
54	6	Reilly Tripp	Thurrock	U13B	26.3

4 Lap Race - U13 Boys

Four Lap - Under 13 Boys - OVERALL

50	1	Daniel Knight	Thurrock	U13B	50.1
145	2	Finley Hall	Boswells	U13B	51.4
153	3	Samuel Armsden	Basildon	U13B	57.1
52	4	Oliver Taylor	Hall Mead Sch	U13B	58.3

6 Lap Race - U13 Boys

Six Lap - Under 13 Boys - OVERALL

136	1	Sam Rawlinson	Chelmsford	U13B	1:18.2
137	2	George Hay	Chelmsford	U13B	1:18.8
55	3	Sam Atkins	Havering M	U13B	1:24.1

No.	Pos	Name	Club/School	Age Group	Performance
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Shot Putt - U13 Boys



57	1	William Adeyeye	Thurrock	U13B	10.56
49	2	Aaron Wong	Thurrock	U13B	8.16
137	3	George Hay	Chelmsford	U13B	6.03
50	4	Daniel Knight	Thurrock	U13B	5.63
145	5	Finley Hall	Boswells	U13B	5.44
153	6	Samuel Armsden	Basildon	U13B	5.34
54	7	Reilly Tripp	Thurrock	U13B	4.90
51	8	James Adams	Havering M	U13B	4.77

Standing Long Jump - U13 Boys

57	1	William Adeyeye	Thurrock	U13B	2.66
49	2	Aaron Wong	Thurrock	U13B	2.34
50	3	Daniel Knight	Thurrock	U13B	2.03
145	4	Finley Hall	Boswells	U13B	1.95
51	5	James Adams	Havering M	U13B	1.76
153	6	Samuel Armsden	Basildon	U13B	1.65
54	7	Reilly Tripp	Thurrock	U13B	1.64
52	8	Oliver Taylor	Hall Mead Sch	U13B	1.55

Speed Bounce - U13 Boys

55	1	Sam Atkins	Havering M	U13B	66
58	2	Zak Mackay	Havering M	U13B	62
136	3	Sam Rawlinson	Chelmsford	U13B	60
54	4	Reilly Tripp	Thurrock	U13B	46
52	5	Oliver Taylor	Hall Mead Sch	U13B	36

Standing Triple Jump - U13 Boys

58	1	Zak Mackay	Havering M	U13B	5.34
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High Jump - U13 Boys

57	1	William Adeyeye	Thurrock	U13B	1.45
137	2	George Hay	Chelmsford	U13B	1.45
49	3	Aaron Wong	Thurrock	U13B	1.40
136	4	Sam Rawlinson	Chelmsford	U13B	1.35

Vertical Jump - U13 Boys

136	1	Sam Rawlinson	Chelmsford	U13B	49
52	2	Oliver Taylor	Hall Mead Sch	U13B	43
58	3	Zak Mackay	Havering M	U13B	41



ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

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No.	Pos	Name	Club/School	Age Group	Performance
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2 Lap Race - U15 Boys



Two Lap - Under 15 Boys

91	1	Finn Hutton	Sanders Draper	U15B	22.9
89	2	Alex Dargan-Bloss	Thurrock	U15B	24.1

4 Lap Race - U15 Boys

Four Lap - Under 15 Boys

91	1	Finn Hutton	Sanders Draper	U15B	47.7
89	2	Alex Dargan-Bloss	Thurrock	U15B	52.7

Shot Putt - U15 Boys

89	1	Alex Dargan-Bloss	Thurrock	U15B	8.77
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Speed Bounce - U15 Boys

91	1	Finn Hutton	Sanders Draper	U15B	73
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Standing Long Jump - U15 Boys

91	1	Finn Hutton	Sanders Draper	U15B	2.26
89	2	Alex Dargan-Bloss	Thurrock	U15B	2.03

No.	Pos	Name	Club/School	Age Group	Performance
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Over Under Race - U11 Girls



Over Under Race - Under 11 Girls - race 1

26	1	Hannah Bardo	Chelmsford	U11G	19.7
27	2	Isabelle Douglas-Ward	Basildon	U11G	20.5
21	3	Emily Knight	Thurrock	U11G	21.0
20	4	Ella Wigul	Woodford	U11G	21.2

Over Under Race - Under 11 Girls - race 2

35	1	Lizzie Agombar	Ardleigh Gn Jrs	U11G	21.1
41	2	Rea Learmouth	Ardleigh Gn Jrs	U11G	21.6
14	3	Alice Atkins	Scotts Pri	U11G	21.9
16	4	Annabelle Griffiths	Basildon	U11G	23.1

Over Under Race - Under 11 Girls - race 3

19	1	Chloe Rutter	Scargill Pri	U11G	21.4
31	2	Katie Agombar	Ardleigh Gn Jrs	U11G	21.7
32	3	Keitan Adediji	Not shown	U11G	22.3
141	4	Sophie Wetheridge	Basildon	U11G	24.0

Over Under Race - Under 11 Girls - OVERALL

26	1	Hannah Bardo	Chelmsford	U11G	19.7
27	2	Isabelle Douglas-Ward	Basildon	U11G	20.5
21	3	Emily Knight	Thurrock	U11G	21.0
35	4	Lizzie Agombar	Ardleigh Gn Jrs	U11G	21.1
20	5	Ella Wigul	Woodford	U11G	21.2
19	6	Chloe Rutter	Scargill Pri	U11G	21.4
41	7	Rea Learmouth	Ardleigh Gn Jrs	U11G	21.6
31	8	Katie Agombar	Ardleigh Gn Jrs	U11G	21.7
14	9	Alice Atkins	Scotts Primary	U11G	21.9
32	10	Keitan Adediji	0	U11G	22.3
16	11	Annabelle Griffiths	Basildon	U11G	23.1
141	12	Sophie Wetheridge	Basildon	U11G	24.0



ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

Upminster, Sunday 13th October 2013

No.	Pos	Name	Club/School	Age Group	Performance
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One Lap Race - U11 Girls

One Lap - Under 11 Girl - race 1

40	1	Poppy Ellis	Havering M	U11G	12.3
48	2	Victoria Walsh-Herranz	Basildon	U11G	13.0
36	3	Lois Gordon	Braintree	U11G	13.1
21	4	Emily Knight	Thurrock	U11G	13.1

One Lap - Under 11 Girl - race 2

27	1	Isabelle Douglas-Ward	Basildon	U11G	12.7
25	2	Grace Griffiths	Havering M	U11G	13.1
158	3	Faith Bond	Braintree	U11G	13.6

One Lap - Under 11 Girl - race 3

28	1	Jessica Akwenuke	Ardleigh Gn Jrs	U11G	12.7
15	2	Alice Brown	Branfil Pri	U11G	13.2
18	3	Charlotte McCoy	Braintree	U11G	13.3
16	3	Annabelle Griffiths	Basildon	U11G	13.5

One Lap - Under 11 Girl - race 4

37	1	Lottie Hinson	Basildon	U11G	13.0
14	2	Alice Atkins	Scotts Pri	U11G	13.2
29	3	Jessie Gower	Branfil Pri	U11G	13.3
33	4	Leila Ben Abdeljelil	Ardleigh Gn Jrs	U11G	15.1

One Lap - Under 11 Girl - race 5

34	1	Lily Higley	Chelmsford	U11G	12.8
31	2	Katie Agombar	Ardleigh Gn Jrs	U11G	13.8
19	3	Chloe Rutter	Scargill Pri	U11G	14.0
30	3	Jessie Harrison	Suttons Pri	U11G	15.9

One Lap - Under 11 Girl - race 6

35	1	Lizzie Agombar	Ardleigh Gn Jrs	U11G	12.8
47	2	Sydney Foley	Squirrels Hth Sch	U11G	13.3
43	3	Robyn Moody	Branfil Pri	U11G	13.4
42	4	Rianna Jary	Ardleigh Gn Jrs	U11G	14.7

One Lap - Under 11 Girl - race 7

45	1	Elize Bonning	Ardleigh Gn Jrs	U11G	12.8
46	2	Stephanie De'ath	Harold Wd Sch	U11G	13.6
32	3	Keitan Adediji	Not shown	U11G	14.1
44	4	Rosie Leis	Squirrels Hth Sch	U11G	14.2

One Lap - Under 11 Girl - race 8

152	1	Jessica Welsh	Basildon	U11G	12.5
161	2	Isabella Ndiwe	Suttons Pri	U11G	13.2
155	3	Paula Oyemike	Harold Wd Sch	U11G	14.3



ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

Upminster, Sunday 13th October 2013

No.	Pos	Name	Club/School	Age Group	Performance
One Lap - Under 11 Girls - OVERALL					
40	1	Poppy Ellis	Havering M	U11G	12.3
152	2	Jessica Welsh	Basildon	U11G	12.5
27	3	Isabelle Douglas-Ward	Basildon	U11G	12.7
28	3	Jessica Akwenuke	Ardleigh Gn Jrs	U11G	12.7
34	5	Lily Higley	Chelmsford	U11G	12.8
35	5	Lizzie Agombar	Ardleigh Gn Jrs	U11G	12.8
45	5	Elize Bonning	Ardleigh Gn Jrs	U11G	12.8
48	8	Victoria Walsh-Herranz	Basildon	U11G	13.0
37	8	Lottie Hinson	Basildon	U11G	13.0
36	10	Lois Gordon	Braintree	U11G	13.1
21	10	Emily Knight	Thurrock	U11G	13.1
25	10	Grace Griffiths	Havering M	U11G	13.1
15	13	Alice Brown	Branfil Pri	U11G	13.2
14	13	Alice Atkins	Scotts Primary	U11G	13.2
161	13	Isabella Ndiwe	Suttons Pri	U11G	13.2
18	16	Charlotte McCoy	Braintree	U11G	13.3
29	16	Jessie Gower	Branfil Pri	U11G	13.3
47	16	Sydney Foley	Squirrels Hth Sch	U11G	13.3
43	19	Robyn Moody	Branfil Pri	U11G	13.4
16	20	Annabelle Griffiths	Basildon	U11G	13.5
158	21	Faith Bond	Braintree	U11G	13.6
46	21	Stephanie De'ath	Harold Wd Sch	U11G	13.6
31	23	Katie Agombar	Ardleigh Gn Jrs	U11G	13.8
19	24	Chloe Rutter	Scargill Pri	U11G	14.0
32	25	Keitan Adediji	Not shown	U11G	14.1
44	26	Rosie Leis	Squirrels Hth Sch	U11G	14.2
155	27	Paula Oyemike	Harold Wd Sch	U11G	14.3
42	28	Rianna Jary	Ardleigh Gn Jrs	U11G	14.7
33	29	Leila Ben Abdeljelil	Ardleigh Gn Jrs	U11G	15.1
30	30	Jessie Harrison	Suttons Pri	U11G	15.9



ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

Upminster, Sunday 13th October 2013

No.	Pos	Name	Club/School	Age Group	Performance
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2 Lap Race - U11 Girls

Two Lap - Under 11 Girls - race 1

40	1	Poppy Ellis	Havering M	U11G	24.7
39	2	Ndidikama Okoh	Chelmsford	U11G	25.9
161	3	Isabella Ndiwe	Suttons Pri	U11G	26.1
36	4	Lois Gordon	Braintree	U11G	26.3

Two Lap - Under 11 Girls - race 2

17	1	Brogan Preece	Havering M	U11G	26.1
24	2	Georgia Tombs	Braintree	U11G	26.6
141	3	Sophie Wetheridge	Basildon	U11G	26.7
158	4	Faith Bond	Braintree	U11G	27.1

Two Lap - Under 11 Girls - race 3

47	1	Sydney Foley	Squirrels Hth Sch	U11G	26.2
19	2	Chloe Rutter	Scargill Pri	U11G	27.2
38	3	Milly Gillon	Hylands Pri	U11G	27.4

Two Lap - Under 11 Girls - race 4

46	1	Stephanie De'ath	Harold Wd Sch	U11G	26.1
15	2	Alice Brown	Branfil Pri	U11G	26.4
44	3	Rosie Leis	Squirrels Hth Sch	U11G	28.8

Two Lap - Under 11 Girls - Overall

40	1	Poppy Ellis	Havering M	U11G	24.7
39	2	Ndidikama Okoh	Chelmsford	U11G	25.9
161	3	Isabella Ndiwe	Suttons Pri	U11G	26.1
17	3	Brogan Preece	Havering M	U11G	26.1
46	3	Stephanie De'ath	Harold Wd Sch	U11G	26.1
47	6	Sydney Foley	Squirrels Hth Sch	U11G	26.2
36	7	Lois Gordon	Braintree	U11G	26.3
15	8	Alice Brown	Branfil Pri	U11G	26.4
24	9	Georgia Tombs	Braintree	U11G	26.6
141	10	Sophie Wetheridge	Basildon	U11G	26.7
158	11	Faith Bond	Braintree	U11G	27.1
19	12	Chloe Rutter	Scargill Pri	U11G	27.2
38	13	Milly Gillon	Hylands Pri	U11G	27.4
44	14	Rosie Leis	Squirrels Hth Sch	U11G	28.8



ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

Upminster, Sunday 13th October 2013

No.	Pos	Name	Club/School	Age Group	Performance
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Chest Push - U11 Girls

43	1	Robyn Moody	Branfil Pri	U11G	7.50
17	2	Brogan Preece	Havering M	U11G	6.75
45	3	Elize Bonning	Ardleigh Gn Jrs	U11G	6.75
25	4	Grace Griffiths	Havering M	U11G	6.50
36	5	Lois Gordon	Braintree	U11G	6.25
26	6	Hannah Bardo	Chelmsford	U11G	6.00
38	7	Milly Gillon	Hylands Pri	U11G	5.25
41	8	Rea Learmouth	Ardleigh Gn Jrs	U11G	5.25
48	9	Victoria Walsh-Herranz	Basildon	U11G	5.25
46	10	Stephanie De'ath	Harold Wd Sch	U11G	5.00
29	11	Jessie Gower	Branfil Pri	U11G	5.00

Speed Bounce - U11 Girls

40	1	Poppy Ellis	Havering M	U11G	54
39	2	Ndidikama Okoh	Chelmsford	U11G	52
19	3	Chloe Rutter	Scargill Pri	U11G	51
152	3	Jessica Welsh	Basildon	U11G	51
20	5	Ella Wigul	Woodford	U11G	50
161	5	Isabella Ndiwe	Suttons Pri	U11G	50
17	7	Brogan Preece	Havering M	U11G	49
33	7	Leila Ben Abdeljelil	Ardleigh Gn Jrs	U11G	49
41	9	Rea Learmouth	Ardleigh Gn Jrs	U11G	48
47	9	Sydney Foley	Squirrels Hth Sch	U11G	48
24	11	Georgia Tombs	Braintree	U11G	46
14	12	Alice Atkins	Scotts Pri	U11G	45
42	12	Rianna Jary	Ardleigh Gn Jrs	U11G	45
37	14	Lottie Hinson	Basildon	U11G	44
141	14	Sophie Wetheridge	Basildon	U11G	44
43	16	Robyn Moody	Branfil Pri	U11G	42
18	17	Charlotte McCoy	Braintree	U11G	38
155	17	Paula Oyemike	Harold Wd Sch	U11G	38
44	19	Rosie Leis	Squirrels Hth Sch	U11G	37
32	20	Keitan Adediji	Not shown	U11G	36
30	21	Jessie Harrison	Suttons Pri	U11G	27

No.	Pos	Name	Club/School	Age Group	Performance
Standing Long Jump - U11 Girls				Sportshall	
28	1	Jessica Akwenuke	Ardleigh Gn Jrs	U11G	1.99
25	2	Grace Griffiths	Havering M	U11G	1.96
26	3	Hannah Bardo	Chelmsford	U11G	1.96
152	4	Jessica Welsh	Basildon	U11G	1.96
40	5	Poppy Ellis	Havering M	U11G	1.94
20	6	Ella Wigul	Woodford	U11G	1.90
39	7	Ndidikama Okoh	Chelmsford	U11G	1.90
24	8	Georgia Tombs	Braintree	U11G	1.85
29	9	Jessie Gower	Branfil Pri	U11G	1.84
46	10	Stephanie De'ath	Harold Wd Sch	U11G	1.77
45	11	Elize Bonning	Ardleigh Gn Jrs	U11G	1.76
155	12	Paula Oyemike	Harold Wd Sch	U11G	1.75
18	13	Charlotte McCoy	Braintree	U11G	1.72
14	14	Alice Atkins	Scotts Pri	U11G	1.71
27	15	Isabelle Douglas-Ward	Basildon	U11G	1.71
36	16	Lois Gordon	Braintree	U11G	1.69
17	17	Brogan Preece	Havering M	U11G	1.68
158	18	Faith Bond	Braintree	U11G	1.62
161	19	Isabella Ndiwe	Suttons Pri	U11G	1.62
15	20	Alice Brown	Branfil Pri	U11G	1.60
47	21	Sydney Foley	Squirrels Hth Sch	U11G	1.58
37	22	Lottie Hinson	Basildon	U11G	1.50
30	23	Jessie Harrison	Suttons Pri	U11G	1.27
44	24	Rosie Leis	Squirrels Hth Sch	U11G	1.24

Standing Triple Jump - U11 Girls

28	1	Jessica Akwenuke	Ardleigh Gn Jrs	U11G	6.25
39	2	Ndidikama Okoh	Chelmsford	U11G	5.49
45	3	Elize Bonning	Ardleigh Gn Jrs	U11G	5.00
33	4	Leila Ben Abdeljelil	Ardleigh Gn Jrs	U11G	4.86
17	5	Brogan Preece	Havering M	U11G	4.85
48	6	Victoria Walsh-Herranz	Basildon	U11G	4.64
35	7	Lizzie Agombar	Ardleigh Gn Jrs	U11G	4.56
32	8	Keitan Adediji	Not shown	U11G	4.55
18	9	Charlotte McCoy	Braintree	U11G	4.38
43	10	Robyn Moody	Branfil Pri	U11G	4.26
34	11	Lily Higley	Chelmsford	U11G	3.78

ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

Upminster, Sunday 13th October 2013

No.	Pos	Name	Club/School	Age Group	Performance
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Vertical Jump - U11 Girls



26	1	Hannah Bardo	Chelmsford	U11G	51
20	2	Ella Wigul	Woodford	U11G	51
24	3	Georgia Tombs	Braintree	U11G	43
45	4	Elize Bonning	Ardleigh Gn Jrs	U11G	41
29	5	Jessie Gower	Branfil Pri	U11G	41
152	6	Jessica Welsh	Basildon	U11G	41
31	7	Katie Agombar	Ardleigh Gn Jrs	U11G	39
41	8	Rea Learmouth	Ardleigh Gn Jrs	U11G	38
21	9	Emily Knight	Thurrock	U11G	37
37	10	Lottie Hinson	Basildon	U11G	34
141	11	Sophie Wetheridge	Basildon	U11G	34
34	12	Lily Higley	Chelmsford	U11G	31

Hi Stepper - U11 Girls

20	1	Ella Wigul	Woodford	U11G	15.3
27	2	Isabelle Douglas-Ward	Basildon	U11G	16.2
48	3	Victoria Walsh-Herranz	Basildon	U11G	16.2
21	4	Emily Knight	Thurrock	U11G	18.3
28	5	Jessica Akwenuke	Ardleigh Gn Jrs	U11G	20.4

Target Throw - U11 Girls

25	1	Grace Griffiths	Havering M	U11G	16
15	2	Alice Brown	Branfil Pri	U11G	14
16	3	Annabelle Griffiths	Basildon	U11G	13
35	4	Lizzie Agombar	Ardleigh Gn Jrs	U11G	13
34	5	Lily Higley	Chelmsford	U11G	12
31	6	Katie Agombar	Ardleigh Gn Jrs	U11G	7



ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

Upminster, Sunday 13th October 2013

No.	Pos	Name	Club/School	Age Group	Performance
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2 Lap Race - U13 Girls

Two Lap - Under 13 Girls - race 1

86	1	Shannon Coombs	Thurrock	U13G	22.9
70	2	Isobel McDonach	Havering M	U13G	23.2
62	3	Brogan Ravenall	Southend	U13G	23.5
82	4	Phoebe Coker	Basildon	U13G	27.0

Two Lap - Under 13 Girls race 2

69	1	Isabella Purdie	Havering M	U13G	24.1
71	2	Jessica Smith	Thurrock	U13G	24.5
79	3	Molly Sweetman	Havering M	U13G	24.6
64	4	Elizabeth Adams	Havering M	U13G	25.8

Two Lap - Under 13 Girls- race 3

68	1	Hollie King	Havering M	U13G	24.7
65	2	Grace Newson	Havering M	U13G	25.2
80	3	Olivia Mynett	Thurrock	U13G	25.5
87	4	Sky Friend	Chelmsford	U13G	29.1

Two Lap - Under 13 Girls - race 4

85	1	Rochelle Constable	Havering M	U13G	24.8
139	2	Robyn Alderman	Basildon	U13G	25.0
140	3	Anna Noakes	Thurrock	U13G	25.5
81	4	Philippa Gill	Havering M	U13G	25.8

Two Lap - Under 13 Girls race 5

78	1	Millie Hodges	Havering M	U13G	24.8
61	2	Anna Wardell	Basildon	U13G	25.4
67	3	Hayley Instance	Thurrock	U13G	25.5
59	4	Abigail Pain	Thurrock	U13G	28.2

Two Lap - Under 13 Girls- race 6

146	1	Ellie Bartram-Sheppard	Chelmsford	U13G	23.4
160	2	Charlotte Fransham	Havering M	U13G	24.8
162	3	Funminiyi Olajide	Thurrock	U13G	25.0
157	4	Lola Omowanile	Anglo European Sch	U13G	25.1

Two Lap - Under 13 Girls - race 7

134	1	Chloe Jordan	Braintree	U13G	25.4
150	2	Angel Friend	Chelmsford	U13G	26.1
154	3	Yinka Shokunbi	Havering M	U13G	26.3



ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

Upminster, Sunday 13th October 2013

No.	Pos	Name	Club/School	Age Group	Performance
Two Lap - Under 13 Girls OVERALL					
86	1	Shannon Coombs	Thurrock	U13G	22.9
70	2	Isobel McDonach	Havering M	U13G	23.2
146	3	Ellie Bartram-Sheppard	Chelmsford	U13G	23.4
62	4	Brogan Ravenall	Southend	U13G	23.5
69	5	Isabella Purdie	Havering M	U13G	24.1
71	6	Jessica Smith	Thurrock	U13G	24.5
79	7	Molly Sweetman	Havering M	U13G	24.6
68	8	Hollie King	Havering M	U13G	24.7
85	9	Rochelle Constable	Havering M	U13G	24.8
78	9	Millie Hodges	Havering M	U13G	24.8
160	11	Charlotte Fransham	Havering M	U13G	24.8
139	12	Robyn Alderman	Basildon	U13G	25.0
162	12	Funminiyi Olajide	Thurrock	U13G	25.0
157	14	Lola Omowanile	Anglo European Sch	U13G	25.1
65	15	Grace Newson	Havering M	U13G	25.2
61	16	Anna Wardell	Basildon	U13G	25.4
134	16	Chloe Jordan	Braintree	U13G	25.4
80	18	Olivia Mynett	Thurrock	U13G	25.5
140	18	Anna Noakes	Thurrock	U13G	25.5
67	18	Hayley Instance	Thurrock	U13G	25.5
64	21	Elizabeth Adams	Havering M	U13G	25.8
81	21	Philippa Gill	Havering M	U13G	25.8
150	23	Angel Friend	Chelmsford	U13G	26.1
154	24	Yinka Shokunbi	Havering M	U13G	26.3
82	25	Phoebe Coker	Basildon	U13G	27.0
59	26	Abigail Pain	Thurrock	U13G	28.2
87	27	Sky Friend	Chelmsford	U13G	29.1



ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

Upminster, Sunday 13th October 2013

No.	Pos	Name	Club/School	Age Group	Performance
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4 Lap Race - U13 Girls

Four Lap - Under 13 Girls- race 1

77	1	Mayi Hughes	Havering M	U13G	49.8
86	2	Shannon Coombs	Thurrock	U13G	51.3
69	3	Isabella Purdie	Havering M	U13G	52.8
79	4	Molly Sweetman	Havering M	U13G	53.7

Four Lap - Under 13 Girls- race 2

70	1	Isobel McDonach	Havering M	U13G	50.8
76	2	Lauren Strutt	Col H	U13G	53.5
61	3	Anna Wardell	Basildon	U13G	54.6
82	4	Phoebe Coker	Basildon	U13G	59.1

Four Lap - Under 13 Girls- race 3

134	1	Chloe Jordan	Braintree	U13G	53.9
66	2	Hannah Paton	Havering M	U13G	56.4
73	3	Kate Hoggart	Havering M	U13G	58.9

Four Lap - Under 13 Girls- race 4

149	1	Connie Forman	Chelmsford	U13G	48.8
146	2	Ellie Bartram-Sheppard	Chelmsford	U13G	51.6
138	3	Frances Hay	Chelmsford	U13G	56.1

Four Lap - Under 13 Girls OVERALL

149	1	Connie Forman	Chelmsford	U13G	48.8
77	2	Mayi Hughes	Havering M	U13G	49.8
70	3	Isobel McDonach	Havering M	U13G	50.8
86	4	Shannon Coombs	Thurrock	U13G	51.3
146	5	Ellie Bartram-Sheppard	Chelmsford	U13G	51.6
69	6	Isabella Purdie	Havering M	U13G	52.8
76	7	Lauren Strutt	Col H	U13G	53.5
79	8	Molly Sweetman	Havering M	U13G	53.7
134	9	Chloe Jordan	Braintree	U13G	53.9
61	10	Anna Wardell	Basildon	U13G	54.6
138	11	Frances Hay	Chelmsford	U13G	56.1
66	12	Hannah Paton	Havering M	U13G	56.4
73	13	Kate Hoggart	Havering M	U13G	58.9
82	14	Phoebe Coker	Basildon	U13G	59.1

No.	Pos	Name	Club/School	Age Group	Performance
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6 Lap Race - U13 Girls



Six Lap - Under 13 Girls - Race 1

74	1	Katie Mitchell	Havering M	U13G	1:19.1
151	2	Megan Penfold	Orion H	U13G	1:21.2
75	3	Kiera Bainsfair	Basildon	U13G	1:23.6

Six Lap - Under 13 Girls - Race 2

159	1	Jennie Madigan	Basildon	U13G	1:28.4
84	2	Rhea Stavri	Thurrock	U13G	1:32.3
73	3	Kate Hoggart	Havering M	U13G	1:33.4
60	4	Amelia Day	Havering M	U13G	1:33.9

Six Lap - Under 13 Girls OVERALL

74	1	Katie Mitchell	Havering M	U13G	1:19.1
151	2	Megan Penfold	Orion H	U13G	1:21.2
75	3	Kiera Bainsfair	Basildon	U13G	1:23.6
159	4	Jennie Madigan	Basildon	U13G	1:28.4
84	5	Rhea Stavri	Thurrock	U13G	1:32.3
73	6	Kate Hoggart	Havering M	U13G	1:33.4
60	7	Amelia Day	Havering M	U13G	1:33.9

Shot Putt - U13 Girls

77	1	Mayi Hughes	Havering M	U13G	8.66
70	2	Isobel McDonach	Havering M	U13G	8.40
62	3	Brogan Ravenall	Southend	U13G	7.39
81	4	Philippa Gill	Havering M	U13G	7.27
86	5	Shannon Coombs	Thurrock	U13G	6.70
71	6	Jessica Smith	Thurrock	U13G	6.55
154	7	Yinka Shokunbi	Havering M	U13G	6.50
151	8	Megan Penfold	Orion H	U13G	6.13
149	9	Connie Forman	Chelmsford	U13G	6.08
157	10	Lola Omowanile	Anglo European Sch	U13G	6.02
69	11	Isabella Purdie	Havering M	U13G	5.41
162	12	Funminiyi Olajide	Thurrock	U13G	5.11
80	13	Olivia Mynett	Thurrock	U13G	5.11
84	14	Rhea Stavri	Thurrock	U13G	5.02
66	15	Hannah Paton	Havering M	U13G	4.92
67	16	Hayley Instance	Thurrock	U13G	4.90
87	17	Sky Friend	Chelmsford	U13G	4.64
75	18	Kiera Bainsfair	Basildon	U13G	4.64
150	19	Angel Friend	Chelmsford	U13G	4.63
59	20	Abigail Pain	Thurrock	U13G	4.58
138	21	Frances Hay	Chelmsford	U13G	4.33
160	22	Charlotte Fransham	Havering M	U13G	4.33



ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

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No.	Pos	Name	Club/School	Age Group	Performance
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Speed Bounce - U13 Girls

74	1	Katie Mitchell	Havering M	U13G	78
149	2	Connie Forman	Chelmsford	U13G	77
146	2	Ellie Bartram-Sheppard	Chelmsford	U13G	77
79	3	Molly Sweetman	Havering M	U13G	76
85	4	Rochelle Constable	Havering M	U13G	74
68	5	Hollie King	Havering M	U13G	71
160	6	Charlotte Fransham	Havering M	U13G	69
67	7	Hayley Instance	Thurrock	U13G	68
78	8	Millie Hodges	Havering M	U13G	67
65	9	Grace Newson	Havering M	U13G	66
76	9	Lauren Strutt	Col H	U13G	66
73	11	Kate Hoggart	Havering M	U13G	65
157	11	Lola Omowanile	Anglo European Sch	U13G	65
139	13	Robyn Alderman	Basildon	U13G	64
61	14	Anna Wardell	Basildon	U13G	62
134	15	Chloe Jordan	Braintree	U13G	60
138	12	Frances Hay	Chelmsford	U13G	58
140	12	Anna Noakes	Thurrock	U13G	58
80	14	Olivia Mynett	Thurrock	U13G	57
82	15	Phoebe Coker	Basildon	U13G	55
159	15	Jennie Madigan	Basildon	U13G	53
150	16	Angel Friend	Chelmsford	U13G	51
59	17	Abigail Pain	Thurrock	U13G	50
60	17	Amelia Day	Havering M	U13G	45
87	19	Sky Friend	Chelmsford	U13G	43

No.	Pos	Name	Club/School	Age Group	Performance
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Standing Long Jump - U13 Girls



149	1	Connie Forman	Chelmsford	U13G	2.16
62	2	Brogan Ravenall	Southend	U13G	2.14
69	3	Isabella Purdie	Havering M	U13G	2.12
162	4	Funminiyi Olajide	Thurrock	U13G	2.08
70	5	Isobel McDonach	Havering M	U13G	2.05
151	6	Megan Penfold	Orion H	U13G	2.01
157	7	Lola Omowanile	Anglo European Sch	U13G	2.00
81	8	Philippa Gill	Havering M	U13G	1.96
68	9	Hollie King	Havering M	U13G	1.95
160	10	Charlotte Fransham	Havering M	U13G	1.94
140	11	Anna Noakes	Thurrock	U13G	1.93
134	12	Chloe Jordan	Braintree	U13G	1.86
138	13	Frances Hay	Chelmsford	U13G	1.83
139	14	Robyn Alderman	Basildon	U13G	1.80
65	15	Grace Newson	Havering M	U13G	1.77
84	16	Rhea Stavri	Thurrock	U13G	1.76
73	17	Kate Hoggart	Havering M	U13G	1.68
159	18	Jennie Madigan	Basildon	U13G	1.67
67	19	Hayley Instance	Thurrock	U13G	1.56
59	20	Abigail Pain	Thurrock	U13G	1.45

Standing Triple Jump - U13 Girls

77	1	Mayi Hughes	Havering M	U13G	6.60
76	2	Lauren Strutt	Col H	U13G	5.79
85	3	Rochelle Constable	Havering M	U13G	5.68
151	4	Megan Penfold	Orion H	U13G	5.67
81	5	Philippa Gill	Havering M	U13G	5.34
60	6	Amelia Day	Havering M	U13G	3.90

High Jump - U13 Girls

75	1	Kiera Bainsfair	Basildon	U13G	1.40
77	2	Mayi Hughes	Havering M	U13G	1.40
64	3	Elizabeth Adams	Havering M	U13G	1.35
86	4	Shannon Coombs	Thurrock	U13G	1.25
71	5	Jessica Smith	Thurrock	U13G	1.25
66	6=	Hannah Paton	Havering M	U13G	1.10
78	6=	Millie Hodges	Havering M	U13G	1.10
150	6=	Angel Friend	Chelmsford	U13G	1.10
84	9	Rhea Stavri	Thurrock	U13G	1.05
80	10=	Olivia Mynett	Thurrock	U13G	1.00
87	10=	Sky Friend	Chelmsford	U13G	1.00



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No.	Pos	Name	Club/School	Age Group	Performance
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Vertical Jump - U13 Girls

162	1	Funminiyi Olajide	Thurrock	U13G	60
62	2	Brogan Ravenall	Southend	U13G	56
75	3	Kiera Bainsfair	Basildon	U13G	54
78	4	Millie Hodges	Havering M	U13G	52
146	5	Ellie Bartram-Sheppard	Chelmsford	U13G	52
71	6	Jessica Smith	Thurrock	U13G	50
68	7	Hollie King	Havering M	U13G	50
85	8	Rochelle Constable	Havering M	U13G	49
154	9	Yinka Shokunbi	Havering M	U13G	49
140	10	Anna Noakes	Thurrock	U13G	45
61	11	Anna Wardell	Basildon	U13G	45
65	12=	Grace Newson	Havering M	U13G	43
139	12=	Robyn Alderman	Basildon	U13G	43
66	14	Hannah Paton	Havering M	U13G	42
80	15	Olivia Mynett	Thurrock	U13G	41
76	16	Lauren Strutt	Col H	U13G	39
159	17	Jennie Madigan	Basildon	U13G	37
79	18	Molly Sweetman	Havering M	U13G	34
82	19	Phoebe Coker	Basildon	U13G	29

ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

Upminster, Sunday 13th October 2013

No.	Pos	Name	Club/School	Age Group	Performance
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2 Lap Race - U15 Girls



Two Lap - Under 15 Girls - race 1

94	1	Grace Okunola	Thurrock	U15G	22.8
98	2	Modupe Shokunbi	Havering M	U15G	23.0

Two Lap - Under 15 Girls race 2

93	1	Amy Day	Chelmsford	U15G	23.1
99	2	Seniz Jessener	Thurrock	U15G	23.3
96	3	Josie Waddams	Havering M	U15G	23.5

Two Lap - Under 15 Girls race - OVERALL

94	1	Grace Okunola	Thurrock	U15G	22.8
98	2	Modupe Shokunbi	Havering M	U15G	23.0
93	3	Amy Day	Chelmsford	U15G	23.1
99	4	Seniz Jessener	Thurrock	U15G	23.3
96	5	Josie Waddams	Havering M	U15G	23.5

4 Lap Race - U15 Girls

Four Lap - Under 15 Girls

95	1	Hannah Badger	Chelmsford	U15G	48.7
93	2	Amy Day	Chelmsford	U15G	51.1
97	3	Lucy Brown	Basildon	U15G	52.7

Shot - U15 Girls

95	1	Hannah Badger	Chelmsford	U15G	6.98
97	2	Lucy Brown	Basildon	U15G	6.41
99	3	Seniz Jessener	Thurrock	U15G	6.14

Standing Long Jump - U15 Girls

94	1	Grace Okunola	Thurrock	U15G	2.16
97	2	Lucy Brown	Basildon	U15G	1.79

Standing Triple Jump - U15 Girls

95	1	Hannah Badger	Chelmsford	U15G	6.13
93	2	Amy Day	Chelmsford	U15G	6.10
96	3	Josie Waddams	Havering M	U15G	5.71

Speed Bounce - U15 Girls

94	1	Grace Okunola	Thurrock	U15G	78
93	2	Amy Day	Chelmsford	U15G	69
98	3	Modupe Shokunbi	Havering M	U15G	68

Vertical Jump - U15 Girls

94	1	Grace Okunola	Thurrock	U15G	63
98	2	Modupe Shokunbi	Havering M	U15G	60
96	3	Josie Waddams	Havering M	U15G	51
99	4	Seniz Jessener	Thurrock	U15G	50