

No.	Pos	Name	Club/School	Age Group	Performance
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**APOLOGIES THAT WE WEREN'T ABLE TO DO VERTICAL  
JUMP - SORRY FOR ANY INCONVENIENCE**

### Over Under Race - U11 Boys



#### Over Under Race - Under 11 Boys - race 1

B145	1	Kyle Constable	Havering M	U11B	18.2
B148	2	Reece Dave	Belmont Castle	U11B	20.7
B175	3	Ben See	Basildon	U11B	21.5
B173	4	Jarrold Wright	Basildon	U11B	22.8

#### Over Under Race - Under 11 Boys - race 2

B137	1	Freddie Trevanion	Braintree	U11B	20.6
B131	2	Aidan Jackson	Benfleet	U11B	22.5
B139	3	George Oakley	Basildon	U11B	22.9
B136	4	Daniel Byott	Barnes Fm Jnr	U11B	23.5

#### Over Under Race - Under 11 Boys - race 3

B147	1	Owen Adams	Basildon	U11B	21.1
B141	2	Isaac Hurrell	Chelmsford	U11B	21.6
B333	3	Tosin Olajide	Thurrock	U11B	22.0
B146	4	Max Polley	Havering M	U11B	23.4

#### Over Under Race - Under 11 Boys - OVERALL

B145	1	Kyle Constable	Havering M	U11B	18.2
B137	2	Freddie Trevanion	Braintree	U11B	20.6
B148	3	Reece Dave	Belmont Castle	U11B	20.7
B147	4	Owen Adams	Basildon	U11B	21.1
B175	5	Ben See	Basildon	U11B	21.5
B141	6	Isaac Hurrell	Chelmsford	U11B	21.6
B333	7	Tosin Olajide	Thurrock	U11B	22.0
B131	8	Aidan Jackson	Benfleet	U11B	22.5
B173	9	Jarrold Wright	Basildon	U11B	22.8
B139	10	George Oakley	Basildon	U11B	22.9
B146	11	Max Polley	Havering M	U11B	23.4
B136	12	Daniel Byott	Barnes Fm Jnr	U11B	23.5

No.	Pos	Name	Club/School	Age Group	Performance
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### 1 Lap Race - U11 Boys



#### One Lap - Under 11 Boys - race 1

B140	1	Henry Paul	Basildon	U11B	13.1
B148	2	Reece Dave	Belmont Castle	U11B	13.1
B143	3	Jake Yems	Basildon	U11B	13.5
B134	4	Bradley James	Thurrock	U11B	13.7

#### One Lap - Under 11 Boys - race 2

B135	1	Bradley Gittins	Basildon	U11B	12.9
B179	2	Michael Adesiyan	Basildon	U11B	12.9
B133	3	Billy Gunyon	Basildon	U11B	13.7
B131	4	Aidan Jackson	Benfleet	U11B	14.5

#### One Lap - Under 11 Boys - race 3

B145	1	Kyle Constable	Havering M	U11B	12.5
B138	2	George Hey	Bournes Green	U11B	13.2
B142	3	Jacob Fallows	Oakfield Pri	U11B	13.9
B144	4	Jamie Rohrbasser	Oakfield Pri	U11B	14.5

#### One Lap - Under 11 Boys - race 4

B174	1	Cameron McMeekin	Basildon	U11B	14.0
B333	2	Tosin Olajide	Thurrock	U11B	14.3
B173	3	Jarrold Wright	Basildon	U11B	14.3
B176	4	Daniel Spicer	Basildon	U11B	14.4

#### One Lap - Under 11 Boys - OVERALL

B145	1	Kyle Constable	Havering M	U11B	12.5
B135	2	Bradley Gittins	Basildon	U11B	12.9
B179	2	Michael Adesiyan	Basildon	U11B	12.9
B140	4	Henry Paul	Basildon	U11B	13.1
B148	4	Reece Dave	Belmont Castle	U11B	13.1
B138	6	George Hey	Bournes Green	U11B	13.2
B143	7	Jake Yems	Basildon	U11B	13.5
B134	8	Bradley James	Thurrock	U11B	13.7
B133	8	Billy Gunyon	Basildon	U11B	13.7
B142	10	Jacob Fallows	Oakfield Pri	U11B	13.9
B174	11	Cameron McMeekin	Basildon	U11B	14.0
B333	12	Tosin Olajide	Thurrock	U11B	14.3
B173	12	Jarrold Wright	Basildon	U11B	14.3
B176	14	Daniel Spicer	Basildon	U11B	14.4
B131	15	Aidan Jackson	Benfleet	U11B	14.5
B144	16	Jamie Rohrbasser	Oakfield Pri	U11B	14.5

# ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

## Rayleigh, Saturday 9th November 2013

No.	Pos	Name	Club/School	Age Group	Performance
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### 2 Lap Race - U11 Boys



#### Two Lap - Under 11 Boys - race 1

B135	1	Bradley Gittins	Basildon	U11B	25.6
B132	2	Ben Myers	Woodford	U11B	26.3
B130	3	Adam Tanner	Benfleet	U11B	28.0
B136	4	Daniel Byott	Barnes Fm Jnr	U11B	28.8

#### Two Lap - Under 11 Boys - race 2

B147	1	Owen Adams	Basildon	U11B	26.9
B146	2	Max Polley	Havering M	U11B	27.8
B141	3	Isaac Hurrell	Chelmsford	U11B	28.1
B169	4	Nathan Michelow	Basildon	U11B	28.4

#### Two Lap - Under 11 Boys - race 3

B175	1	Ben See	Basildon	U11B	26.9
B171	2	Harley Bagridge	Basildon	U11B	28.6
B172	3	Harry Markham	Basildon	U11B	29.3

#### Two Lap - Under 11 Boys - race 4

B140	1	Henry Paul	Basildon	U11B	26.2
B138	2	George Hey	Bournes Green	U11B	26.6
B333	3	Tosin Olajide	Thurrock	U11B	28.5

#### Two Lap - Under 11 Boys - OVERALL

B135	1	Bradley Gittins	Basildon	U11B	25.6
B140	2	Henry Paul	Basildon	U11B	26.2
B132	3	Ben Myers	Woodford	U11B	26.3
B138	4	George Hey	Bournes Green	U11B	26.6
B147	5	Owen Adams	Basildon	U11B	26.9
B175	5	Ben See	Basildon	U11B	26.9
B146	7	Max Polley	Havering M	U11B	27.8
B130	8	Adam Tanner	Benfleet	U11B	28.0
B141	9	Isaac Hurrell	Chelmsford	U11B	28.1
B169	10	Nathan Michelow	Basildon	U11B	28.4
B333	11	Tosin Olajide	Thurrock	U11B	28.5
B171	12	Harley Bagridge	Basildon	U11B	28.6
B136	13	Daniel Byott	Barnes Fm Jnr	U11B	28.8
B172	14	Harry Markham	Basildon	U11B	29.3

No.	Pos	Name	Club/School	Age Group	Performance
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### Chest Push - U11 Boys

B140	1	Henry Paul	Basildon	U11B	6.00
B169	2	Nathan Michelow	Basildon	U11B	6.00
B132	3	Ben Myers	Woodford	U11B	5.75
B139	4	George Oakley	Basildon	U11B	5.25
B173	5	Jarrold Wright	Basildon	U11B	5.25
B174	6	Cameron McMeekin	Basildon	U11B	5.25
B134	7	Bradley James	Thurrock	U11B	5.00
B175	8	Ben See	Basildon	U11B	5.00
B133	9	Billy Gunyon	Basildon	U11B	5.00
B171	10	Harley Bagridge	Basildon	U11B	4.50
B143	11	Jake Yems	Basildon	U11B	4.25

### Speed Bounce - U11 Boys

B145	1	Kyle Constable	Havering M	U11B	57
B137	2	Freddie Trevanion	Braintree	U11B	54
B149	3	Tom Keen	Braintree	U11B	51
B138	4	George Hey	Bournes Green	U11B	44
B131	5	Aidan Jackson	Benfleet	U11B	43
B141	5	Isaac Hurrell	Chelmsford	U11B	43
B172	7	Harry Markham	Basildon	U11B	42
B179	7	Michael Adesiyan	Basildon	U11B	42
B135	9	Bradley Gittins	Basildon	U11B	40
B143	9	Jake Yems	Basildon	U11B	40
B176	9	Daniel Spicer	Basildon	U11B	40
B142	12	Jacob Fallows	Oakfield Pri	U11B	39
B144	13	Jamie Rohrbasser	Oakfield Pri	U11B	35
B130	14	Adam Tanner	Benfleet	U11B	34
B136	14	Daniel Byott	Barnes Fm Jnr	U11B	34

### Standing Long Jump - U11 Boys

B145	1	Kyle Constable	Havering M	U11B	2.00
B137	2	Freddie Trevanion	Braintree	U11B	1.88
B135	3	Bradley Gittins	Basildon	U11B	1.80
B146	4	Max Polley	Havering M	U11B	1.66
B333	5	Tosin Olajide	Thurrock	U11B	1.62
B141	6	Isaac Hurrell	Chelmsford	U11B	1.56
B171	7	Harley Bagridge	Basildon	U11B	1.56
B142	8	Jacob Fallows	Oakfield Pri	U11B	1.56
B131	9	Aidan Jackson	Benfleet	U11B	1.52
B138	10	George Hey	Bournes Green	U11B	1.52
B174	11	Cameron McMeekin	Basildon	U11B	1.52
B147	12	Owen Adams	Basildon	U11B	1.48
B172	13	Harry Markham	Basildon	U11B	1.48
B144	14	Jamie Rohrbasser	Oakfield Pri	U11B	1.46
B133	15	Billy Gunyon	Basildon	U11B	1.46
B173	16	Jarrold Wright	Basildon	U11B	1.42
B143	17	Jake Yems	Basildon	U11B	1.42
B176	18	Daniel Spicer	Basildon	U11B	1.40
B136	19	Daniel Byott	Barnes Fm Jnr	U11B	1.40
B139	20	George Oakley	Basildon	U11B	1.38

No.	Pos	Name	Club/School	Age Group	Performance
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### Hi Stepper - U11 Boys

**Sportshall**

B149	1	Tom Keen	Braintree	U11B	14.4
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### Target Throw - U11 Boys

B134	1	Bradley James	Thurrock	U11B	13
B175	2	Ben See	Basildon	U11B	12
B173	2	Jarrold Wright	Basildon	U11B	12
B145	2	Kyle Constable	Havering M	U11B	12
B147	2	Owen Adams	Basildon	U11B	11
B148	6	Reece Dave	Belmont Castle	U11B	11
B130	6	Adam Tanner	Benfleet	U11B	10
B169	8	Nathan Michelow	Basildon	U11B	10
B146	8	Max Polley	Havering M	U11B	9
B132	10	Ben Myers	Woodford	U11B	9
B171	10	Harley Bagridge	Basildon	U11B	9
B133	10	Billy Gunyon	Basildon	U11B	9
B139	10	George Oakley	Basildon	U11B	9

### Standing Triple Jump - U11 Boys

B137	1	Freddie Trevanion	Braintree	U11B	5.96
B149	2	Tom Keen	Braintree	U11B	5.83
B132	3	Ben Myers	Woodford	U11B	5.68
B140	4	Henry Paul	Basildon	U11B	5.08
B134	5	Bradley James	Thurrock	U11B	4.68
B176	6	Daniel Spicer	Basildon	U11B	4.36
B174	7	Cameron McMeekin	Basildon	U11B	4.28

No.	Pos	Name	Club/School	Age Group	Performance
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### 2 Lap Race - U13 Boys



#### Two Lap - Under 13 Boys - race 1

B160	1	William Adeyeye	Thurrock	U13B	22.7
B152	2	Charlie Teager-Neale	Basildon	U13B	23.6
B154	3	Jack Teager-Neale	Basildon	U13B	23.7
B151	3	Aaron Wong	Thurrock	U13B	24.4

#### Two Lap - Under 13 Boys - race 2

B178	1	Matthew Barnes	Chelmsford	U13B	24.6
B331	2	Finley Hall	Boswells	U13B	25.3
B155	3	Jamie Greenhalgh	Benfleet	U13B	26.3
B159	3	Reilly Tripp	Thurrock	U13B	27.5

#### Two Lap - Under 13 Boys - OVERALL

B160	1	William Adeyeye	Thurrock	U13B	22.7
B152	2	Charlie Teager-Neale	Basildon	U13B	23.6
B154	3	Jack Teager-Neale	Basildon	U13B	23.7
B151	4	Aaron Wong	Thurrock	U13B	24.4
B178	5	Matthew Barnes	Chelmsford	U13B	24.6
B331	6	Finley Hall	Boswells	U13B	25.3
B155	7	Jamie Greenhalgh	Benfleet	U13B	26.3
B159	8	Reilly Tripp	Thurrock	U13B	27.5

### 4 Lap Race - U13 Boys

#### Four Lap - Under 13 Boys - Race 1

B157	1	Liam Chivers	Thurrock	U13B	52.0
B155	2	Jamie Greenhalgh	Benfleet	U13B	56.9
B177	3	Samuel Armsden	Basildon	U13B	60.0

#### Four Lap - Under 13 Boys - Race 2

B331	1	Finley Hall	Boswells	U13B	54.3
B332	2	Callum Mate	Basildon	U13B	62.9

#### Four Lap - Under 13 Boys - OVERALL

B157	1	Liam Chivers	Thurrock	U13B	52.0
B331	2	Finley Hall	Boswells	U13B	54.3
B155	3	Jamie Greenhalgh	Benfleet	U13B	56.9
B177	4	Samuel Armsden	Basildon	U13B	60.0
B332	5	Callum Mate	Basildon	U13B	62.9

### 6 Lap Race - U13 Boys

#### Six Lap - Under 13 Boys - OVERALL

B170	1	Sam Rawlinson	Chelmsford	U13B	1:37.2
B158	2	Thomas Wakeling	Thurrock	U13B	1:43.3
B157	1	Liam Chivers	Thurrock	U13B	1:48.0
B168	2	James Wright	Basildon	U13B	1:50.0

No.	Pos	Name	Club/School	Age Group	Performance
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### Shot Putt - U13 Boys



B160	1	William Adeyeye	Thurrock	U13B	9.60
B158	2	Thomas Wakeling	Thurrock	U13B	7.45
B151	3	Aaron Wong	Thurrock	U13B	6.60
B157	4	Liam Chivers	Thurrock	U13B	6.30
B331	5	Finley Hall	Boswells	U13B	5.60
B156	6	Kian Culham	Braintree	U13B	5.25
B177	7	Samuel Armsden	Basildon	U13B	5.20
B159	8	Reilly Tripp	Thurrock	U13B	4.80
B332	9	Callum Mate	Basildon	U13B	4.40
B168	10	James Wright	Basildon	U13B	3.10

### Standing Long Jump - U13 Boys

B160	1	William Adeyeye	Thurrock	U13B	2.74
B151	2	Aaron Wong	Thurrock	U13B	2.28
B152	3	Charlie Teager-Neale	Basildon	U13B	2.05
B331	4	Finley Hall	Boswells	U13B	1.84
B170	5	Sam Rawlinson	Chelmsford	U13B	1.72
B157	6	Liam Chivers	Thurrock	U13B	1.70
B159	7	Reilly Tripp	Thurrock	U13B	1.66
B177	8	Samuel Armsden	Basildon	U13B	1.58
B332	9	Callum Mate	Basildon	U13B	1.50

### Speed Bounce - U13 Boys

B156	1	Kian Culham	Braintree	U13B	75
B170	2	Sam Rawlinson	Chelmsford	U13B	68
B155	3	Jamie Greenhalgh	Benfleet	U13B	64
B178	4	Matthew Barnes	Chelmsford	U13B	64
B159	5	Reilly Tripp	Thurrock	U13B	60
B167	1	George Hay	Chelmsford	U11B	57

### Standing Triple Jump - U13 Boys

B158	1	Thomas Wakeling	Thurrock	U13B	6.39
B154	2	Jack Teager-Neale	Basildon	U13B	6.20
B170	3	Sam Rawlinson	Chelmsford	U13B	5.90
B155	4	Jamie Greenhalgh	Benfleet	U13B	5.11
B332	5	Callum Mate	Basildon	U13B	4.92
B168	6	James Wright	Basildon	U13B	4.87

### High Jump - U13 Boys

B160	1	William Adeyeye	Thurrock	U13B	1.50
B158	2	Thomas Wakeling	Thurrock	U13B	1.35
B178	3	Matthew Barnes	Chelmsford	U13B	1.35
B151	4	Aaron Wong	Thurrock	U13B	1.30
B167	5	George Hay	Chelmsford	U11B	1.25
B153	6	Christopher Hex	Basildon	U13B	1.20

No.	Pos	Name	Club/School	Age Group	Performance
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### 2 Lap Race - U15 Boys



#### Two Lap - Under 15 Boys - Race 1

B163	1	Finn Hutton	Havering M	U15B	22.8
B164	2	Samuel Ekunola	Thurrock	U15B	23.1
B161	3	Alex Dargan-Bloss	Thurrock	U15B	24.7

#### Two Lap - Under 15 Boys - Race 2

B165	1	Nweike Nwabude	Thurrock	U15B	22.1
B162	2	Charlie Splarn	Thurrock	U15B	23.4

#### Two Lap - Under 15 Boys - OVERALL

B165	1	Nweike Nwabude	Thurrock	U15B	22.1
B163	2	Finn Hutton	Havering M	U15B	22.8
B164	3	Samuel Ekunola	Thurrock	U15B	23.1
B162	4	Charlie Splarn	Thurrock	U15B	23.4
B161	5	Alex Dargan-Bloss	Thurrock	U15B	24.7

### 4 Lap Race - U15 Boys

#### Two Lap - Under 15 Boys - Race 1

B163	1	Finn Hutton	Havering M	U15B	48.5
B166	2	Conor Culham	Braintree	U15B	49.2
B161	3	Alex Dargan-Bloss	Thurrock	U15B	56.7

### Shot Putt - U15 Boys

B162	1	Charlie Splarn	Thurrock	U15B	9.40
B166	2	Conor Culham	Braintree	U15B	8.70
B164	3	Samuel Ekunola	Thurrock	U15B	8.65
B161	4	Alex Dargan-Bloss	Thurrock	U15B	8.35
B165	5	Nweike Nwabude	Thurrock	U15B	8.25

### Speed Bounce - U15 Boys

B163	1	Finn Hutton	Havering M	U15B	73.0
B164	2	Samuel Ekunola	Thurrock	U15B	67.0
B165	3	Nweike Nwabude	Thurrock	U15B	64.0

### Standing Long Jump - U15 Boys

B164	1	Samuel Ekunola	Thurrock	U15B	2.68
B165	2	Nweike Nwabude	Thurrock	U15B	2.44
B163	3	Finn Hutton	Havering M	U15B	2.25
B166	4	Conor Culham	Braintree	U15B	2.25
B162	5	Charlie Splarn	Thurrock	U15B	2.22
B161	6	Alex Dargan-Bloss	Thurrock	U15B	2.04

### Standing Triple Jump - U15 Boys

B162	1	Charlie Splarn	Thurrock	U15B	6.38
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### Over Under Race - U11 Girls





# ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

## Rayleigh, Saturday 9th November 2013

No.	Pos	Name	Club/School	Age Group	Performance
<b>Over Under Race - Under 11 Girls - race 1</b>					
G140	1	Hannah Bardo	Chelmsford	U11G	19.6
G141	2	Isabelle Douglas-Ward	Basildon	U11G	20.8
G133	3	Ella Wigul	Woodford	U11G	21.0
G135	4	Emily Knight	Thurrock	U11G	21.1
<b>Over Under Race - Under 11 Girls - race 2</b>					
G150	1	Poppy Goldsmith	Basildon	U11G	21.1
G132	2	Charlotte McCoy	Braintree	U11G	22.0
G137	3	Faith Bond	Braintree	U11G	22.1
G131	4	Annabelle Griffiths	Basildon	U11G	22.2
<b>Over Under Race - Under 11 Girls - race 3</b>					
G144	1	Josie Hedger	Benfleet	U11G	22.6
G145	2	Leisha Hunt	Braintree	U11G	24.1
G152	3	Sophie Wetheridge	Basildon	U11G	24.3
<b>Over Under Race - Under 11 Girls - race 3</b>					
G185	1	Keitan Adediji	Ardleigh Gn	U11G	23.4
G195	2	Niamh Shipp	Basildon	U11G	23.9
<b>Over Under Race - Under 11 Girls - OVERALL</b>					
G140	1	Hannah Bardo	Chelmsford	U11G	19.6
G141	2	Isabelle Douglas-Ward	Basildon	U11G	20.8
G133	3	Ella Wigul	Woodford	U11G	21.0
G135	4	Emily Knight	Thurrock	U11G	21.1
G150	5	Poppy Goldsmith	Basildon	U11G	21.1
G132	6	Charlotte McCoy	Braintree	U11G	22.0
G137	7	Faith Bond	Braintree	U11G	22.1
G131	8	Annabelle Griffiths	Basildon	U11G	22.2
G144	9	Josie Hedger	Benfleet	U11G	22.6
G145	10	Leisha Hunt	Braintree	U11G	24.1
G152	11	Sophie Wetheridge	Basildon	U11G	24.3
G185	12	Keitan Adediji	Ardleigh Gn	U11G	23.4
G195	13	Niamh Shipp	Basildon	U11G	23.9

# ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

## Rayleigh, Saturday 9th November 2013

No.	Pos	Name	Club/School	Age Group	Performance
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### One Lap Race - U11 Girls



#### One Lap - Under 11 Girl - race 1

G149	1	Poppy Ellis	Havering M	U11G	12.7
G143	2	Jessica Welsh	Basildon	U11G	12.9
G140	3	Hannah Bardo	Chelmsford	U11G	13.0
G141	4	Isabelle Douglas-Ward	Basildon	U11G	13.3

#### One Lap - Under 11 Girl - race 2

G147	1	Lottie Hinson	Basildon	U11G	12.9
G135	2	Emily Knight	Thurrock	U11G	13.2
G153	3	Victoria Walsh-Herranz	Basildon	U11G	13.5
G146	4	Lily Higley	Chelmsford	U11G	13.7

#### One Lap - Under 11 Girl - race 3

G150	1	Poppy Goldsmith	Basildon	U11G	13.1
G184	2	Emily Simpson	Willows Pri	U11G	13.7
G137	3	Faith Bond	Braintree	U11G	14.5
G185	4	Keitan Adediji	Ardeleigh Gn	U11G	15.5

#### One Lap - Under 11 Girl - race 4

G136	1	Emma Ramsden	Basildon	U11G	13.3
G132	2	Charlotte McCoy	Braintree	U11G	13.9
G131	3	Annabelle Griffiths	Basildon	U11G	14.2
G134	4	Emily Cox	Thurrock	U11G	15.0

#### One Lap - Under 11 Girl - race 5

G142	1	Jessica Krise	Basildon	U11G	13.6
G154	2	Abigail Michelow	Great Berry	U11G	13.8
G195	3	Niamh Shipp	Basildon	U11G	14.3
G151	3	Rebecca Knowles	Benfleet	U11G	17.0

#### One Lap - Under 11 Girl - race 6

G128	1	Oluwatunmise Abbas	Thurrock	U11G	13.5
G190	2	Sydney Foley	Squirrels Hth	U11G	14.5

No.	Pos	Name	Club/School	Age Group	Performance
<b>One Lap - Under 11 Girls - OVERALL</b>					
<b>Sportshall</b>					
G149	1	Poppy Ellis	Havering M	U11G	12.7
G143	2	Jessica Welsh	Basildon	U11G	12.9
G147	2	Lottie Hinson	Basildon	U11G	12.9
G140	4	Hannah Bardo	Chelmsford	U11G	13.0
G150	5	Poppy Goldsmith	Basildon	U11G	13.1
G135	6	Emily Knight	Thurrock	U11G	13.2
G141	7	Isabelle Douglas-Ward	Basildon	U11G	13.3
G136	7	Emma Ramsden	Basildon	U11G	13.3
G153	9	Victoria Walsh-Herranz	Basildon	U11G	13.5
G128	9	Oluwatumise Abbas	Thurrock	U11G	13.5
G142	11	Jessica Krise	Basildon	U11G	13.6
G146	12	Lily Higley	Chelmsford	U11G	13.7
G184	12	Emily Simpson	Willows Pri	U11G	13.7
G154	14	Abigail Michelow	Great Berry	U11G	13.8
G132	15	Charlotte McCoy	Braintree	U11G	13.9
G131	16	Annabelle Griffiths	Basildon	U11G	14.2
G195	17	Niamh Shipp	Basildon	U11G	14.3
G137	18	Faith Bond	Braintree	U11G	14.5
G190	18	Sydney Foley	Squirrels Hth	U11G	14.5
G134	20	Emily Cox	Thurrock	U11G	15.0
G185	21	Keitan Adediji	Ardleigh Gn	U11G	15.5
G151	22	Rebecca Knowles	Benfleet	U11G	17.0

## 2 Lap Race - U11 Girls

<b>Two Lap - Under 11 Girls - race 1</b>					
G149	1	Poppy Ellis	Havering M	U11G	26.4
G138	2	Georgia Tombs	Braintree	U11G	27.1
G148	3	Ndidikama Okoh	Chelmsford	U11G	27.2
G190	4	Sydney Foley	Squirrels Hth	U11G	29.0
<b>Two Lap - Under 11 Girls - race 2</b>					
G132	1	Charlotte McCoy	Braintree	U11G	27.6
G152	2	Sophie Wetheridge	Basildon	U11G	28.6
G137	3	Faith Bond	Braintree	U11G	28.7
G195	4	Niamh Shipp	Basildon	U11G	29.4
<b>Two Lap - Under 11 Girls - race 3</b>					
G136	1	Emma Ramsden	Basildon	U11G	26.8
G153	2	Victoria Walsh-Herranz	Basildon	U11G	27.5
G142	3	Jessica Krise	Basildon	U11G	27.7
G134	4	Emily Cox	Thurrock	U11G	30.9
<b>Two Lap - Under 11 Girls - race 4</b>					
G143	1	Jessica Welsh	Basildon	U11G	25.8
G147	2	Lottie Hinson	Basildon	U11G	26.0
G145	3	Leisha Hunt	Braintree	U11G	26.9
G144	4	Josie Hedger	Benfleet	U11G	29.2
<b>Two Lap - Under 11 Girls - race 5</b>					
G128	1	Oluwatumise Abbas	Thurrock	U11G	25.9
G184	2	Emily Simpson	Willows Pri	U11G	26.6
G200	3	Daisy Sampson	Benfleet	U11G	32.2

No.	Pos	Name	Club/School	Age Group	Performance
<b>Sportshall</b>					
<b>Two Lap - Under 11 Girls - Overall</b>					
G143	1	Jessica Welsh	Basildon	U11G	25.8
G128	2	Oluwatumise Abbas	Thurrock	U11G	25.9
G147	3	Lottie Hinson	Basildon	U11G	26.0
G149	4	Poppy Ellis	Havering M	U11G	26.4
G184	5	Emily Simpson	Willows Pri	U11G	26.6
G136	6	Emma Ramsden	Basildon	U11G	26.8
G145	7	Leisha Hunt	Braintree	U11G	26.9
G138	8	Georgia Tombs	Braintree	U11G	27.1
G148	9	Ndidikama Okoh	Chelmsford	U11G	27.2
G153	10	Victoria Walsh-Herranz	Basildon	U11G	27.5
G132	11	Charlotte McCoy	Braintree	U11G	27.6
G142	12	Jessica Krise	Basildon	U11G	27.7
G152	13	Sophie Wetheridge	Basildon	U11G	28.6
G137	14	Faith Bond	Braintree	U11G	28.7
G190	15	Sydney Foley	Squirrels Hth	U11G	29.0
G144	16	Josie Hedger	Benfleet	U11G	29.2
G195	17	Niamh Shipp	Basildon	U11G	29.4
G134	18	Emily Cox	Thurrock	U11G	30.9
G200	19	Daisy Sampson	Benfleet	U11G	32.2

### Chest Push - U11 Girls

G154	1	Abigail Michelow	Great Berry	U11G	6.50
G140	2	Hannah Bardo	Chelmsford	U11G	5.50
G132	3	Charlotte McCoy	Braintree	U11G	4.50
G136	4	Emma Ramsden	Basildon	U11G	4.50
G135	5	Emily Knight	Thurrock	U11G	4.25
G134	6	Emily Cox	Thurrock	U11G	4.25
G193	7	Mollie Gray	Basildon	U11G	4.00

### Speed Bounce - U11 Girls

G143	1	Jessica Welsh	Basildon	U11G	53
G148	2	Ndidikama Okoh	Chelmsford	U11G	52
G149	2	Poppy Ellis	Havering M	U11G	52
G190	4	Sydney Foley	Squirrels Hth	U11G	51
G144	5	Josie Hedger	Benfleet	U11G	49
G138	6	Georgia Tombs	Braintree	U11G	47
G147	7	Lottie Hinson	Basildon	U11G	45
G142	8	Jessica Krise	Basildon	U11G	44
G133	8	Ella Wigul	Woodford	U11G	44
G185	10	Keitan Adediji	Arleigh Gn	U11G	42
G195	11	Niamh Shipp	Basildon	U11G	40
G145	12	Leisha Hunt	Braintree	U11G	38
G128	12	Oluwatumise Abbas	Thurrock	U11G	38
G193	14	Mollie Gray	Basildon	U11G	32
G151	15	Rebecca Knowles	Benfleet	U11G	30

No.	Pos	Name	Club/School	Age Group	Performance
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### Standing Long Jump - U11 Girls

### Sportshall

G128	1	Oluwatumise Abbas	Thurrock	U11G	2.06
G149	2	Poppy Ellis	Havering M	U11G	1.96
G148	3	Ndidikama Okoh	Chelmsford	U11G	1.92
G143	4	Jessica Welsh	Basildon	U11G	1.91
G140	5	Hannah Bardo	Chelmsford	U11G	1.90
G133	6	Ella Wigul	Woodford	U11G	1.85
G145	7	Leisha Hunt	Braintree	U11G	1.80
G150	8	Poppy Goldsmith	Basildon	U11G	1.76
G138	9	Georgia Tombs	Braintree	U11G	1.73
G132	10	Charlotte McCoy	Braintree	U11G	1.70
G142	11	Jessica Krise	Basildon	U11G	1.69
G135	12	Emily Knight	Thurrock	U11G	1.66
G141	13	Isabelle Douglas-Ward	Basildon	U11G	1.64
G184	14	Emily Simpson	Willows Pri	U11G	1.62
G136	15	Emma Ramsden	Basildon	U11G	1.59
G137	16	Faith Bond	Braintree	U11G	1.51
G154	17	Abigail Michelow	Great Berry	U11G	1.50
G190	18	Sydney Foley	Squirrels Hth	U11G	1.50
G146	19	Lily Higley	Chelmsford	U11G	1.48
G144	20	Josie Hedger	Benfleet	U11G	1.46
G195	21	Niamh Shipp	Basildon	U11G	1.44
G131	22	Annabelle Griffiths	Basildon	U11G	1.39
G151	23	Rebecca Knowles	Benfleet	U11G	1.20

### Standing Triple Jump - U11 Girls

G148	1	Ndidikama Okoh	Chelmsford	U11G	5.42
G153	2	Victoria Walsh-Herranz	Basildon	U11G	4.55
G152	3	Sophie Wetheridge	Basildon	U11G	4.26
G193	4	Mollie Gray	Basildon	U11G	3.14

### Hi Stepper - U11 Girls

G133	1	Ella Wigul	Woodford	U11G	14.7
G141	2	Isabelle Douglas-Ward	Basildon	U11G	17.5
G152	3	Sophie Wetheridge	Basildon	U11G	17.8
G153	4	Victoria Walsh-Herranz	Basildon	U11G	18.0
G150	5	Poppy Goldsmith	Basildon	U11G	18.3

### Target Throw - U11 Girls

G154	1	Abigail Michelow	Great Berry	U11G	11
G134	1	Emily Cox	Thurrock	U11G	11
G184	3	Emily Simpson	Willows Pri	U11G	10
G146	4	Lily Higley	Chelmsford	U11G	8
G131	5	Annabelle Griffiths	Basildon	U11G	5
G185	6	Keitan Adediji	Ardleigh Gn	U11G	4
G138	7	Georgia Tombs	Braintree	U11G	0

No.	Pos	Name	Club/School	Age Group	Performance
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### 2 Lap Race - U13 Girls



#### Two Lap - Under 13 Girls - race 1

G162	1	Ellie Bartram-Sheppard	Chelmsford	U13G	24.2
G159	2	Brogan Ravenall	Southend	U13G	24.8
G166	3	Jessica Smith	Thurrock	U13G	25.6
G172	4	Molly Sweetman	Havering M	U13G	25.8

#### Two Lap - Under 13 Girls race 2

G163	1	Evie Howe	Basildon	U13G	25.2
G177	2	Rochelle Constable	Havering M	U13G	26.0
G158	3	Anna Wardell	Basildon	U13G	26.2
G174	4	Olivia Mynett	Thurrock	U13G	26.6

#### Two Lap - Under 13 Girls- race 3

G161	1	Ellenor Chaplin	Chelmsford	U13G	26.0
G175	2	Philippa Gill	Havering M	U13G	26.6
G165	3	Hannah Smith	Braintree	U13G	26.7
G156	4	Angel Friend	Chelmsford	U13G	27.9

#### Two Lap - Under 13 Girls - race 4

G167	1	Jessica Whitbread	Thurrock	U13G	25.4
G160	2	Ciara Tierney	Basildon	U13G	26.1
G173	3	Myriam Ben Abdeljelil	Angl Euro Sch	U13G	26.6
	4				

#### Two Lap - Under 13 Girls race 5

G198	1	Charlotte Fransham	Havering M	U13G	26.2
G197	2	Yinka Shokunbi	Havering M	U13G	27.5
G189	3	Mary Bunce	Basildon	U13G	27.7
G194	4	Phoebe Coker	Basildon	U13G	28.4

#### Two Lap - Under 13 Girls- race 6

G129	1	Connie Forman	Chelmsford	U13G	24.6
G334	2	Funminiyi Olajide	Thurrock	U13G	25.8
G192	3	Faith Rufai	Thurrock	U13G	26.0

No.	Pos	Name	Club/School	Age Group	Performance
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### Sportshall

#### Two Lap - Under 13 Girls OVERALL

G162	1	Ellie Bartram-Sheppard	Chelmsford	U13G	24.2
G129	2	Connie Forman	Chelmsford	U13G	24.6
G159	3	Brogan Ravenall	Southend	U13G	24.8
G163	4	Evie Howe	Basildon	U13G	25.2
G167	5	Jessica Whitbread	Thurrock	U13G	25.4
G166	6	Jessica Smith	Thurrock	U13G	25.6
G172	7	Molly Sweetman	Havering M	U13G	25.8
G334	7	Funminiyi Olajide	Thurrock	U13G	25.8
G177	9	Rochelle Constable	Havering M	U13G	26.0
G161	9	Ellenor Chaplin	Chelmsford	U13G	26.0
G192	9	Faith Rufai	Thurrock	U13G	26.0
G160	12	Ciara Tierney	Basildon	U13G	26.1
G158	13	Anna Wardell	Basildon	U13G	26.2
G198	13	Charlotte Fransham	Havering M	U13G	26.2
G174	15	Olivia Mynett	Thurrock	U13G	26.6
G175	15	Philippa Gill	Havering M	U13G	26.6
G173	15	Myriam Ben Abdeljelil	Angl Euro Sch	U13G	26.6
G165	18	Hannah Smith	Braintree	U13G	26.7
G197	19	Yinka Shokunbi	Havering M	U13G	27.5
G189	20	Mary Bunce	Basildon	U13G	27.7
G156	21	Angel Friend	Chelmsford	U13G	27.9
G194	22	Phoebe Coker	Basildon	U13G	28.4

### 4 Lap Race - U13 Girls

#### Four Lap - Under 13 Girls- race 1

G162	1	Ellie Bartram-Sheppard	Chelmsford	U13G	53.8
G172	2	Molly Sweetman	Havering M	U13G	54.7
G158	3	Anna Wardell	Basildon	U13G	57.0

#### Four Lap - Under 13 Girls- race 2

G187	1	Hannah Paton	Havering M	U13G	59.5
G176	2	Rhea Stavri	Thurrock	U13G	61.7
G164	3	Hallie Abbott-Trangmar	Thurrock	U13G	62.3
G155	4	Abigail Pain	Thurrock	U13G	63.7

#### Four Lap - Under 13 Girls OVERALL

G162	1	Ellie Bartram-Sheppard	Chelmsford	U13G	53.8
G172	2	Molly Sweetman	Havering M	U13G	54.7
G158	3	Anna Wardell	Basildon	U13G	57.0
G187	4	Hannah Paton	Havering M	U13G	59.5
G176	5	Rhea Stavri	Thurrock	U13G	61.7
G164	6	Hallie Abbott-Trangmar	Thurrock	U13G	62.3
G155	7	Abigail Pain	Thurrock	U13G	63.7

No.	Pos	Name	Club/School	Age Group	Performance
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### 6 Lap Race - U13 Girls



#### Six Lap - Under 13 Girls - Race 1

G169	1	Lauren Strutt	Col H	U13G	1:28.1
G168	2	Kiera Bainsfair	Basildon	U13G	1:28.6
G164	3	Hallie Abbott-Trangmar	Thurrock	U13G	1:34.8

#### Six Lap - Under 13 Girls - Race 2

G199	1	Megan Penfold	Orion	U13G	1:26.0
G171	2	Megan Smith	Thurrock	U13G	1:38.9

#### Six Lap - Under 13 Girls OVERALL

G199	1	Megan Penfold	Orion	U13G	1:26.0
G169	2	Lauren Strutt	Col H	U13G	1:28.1
G168	3	Kiera Bainsfair	Basildon	U13G	1:28.6
G164	4	Hallie Abbott-Trangmar	Thurrock	U13G	1:34.8
G171	5	Megan Smith	Thurrock	U13G	1:38.9

### Shot Putt - U13 Girls

G175	1	Philippa Gill	Havering M	U13G	7.25
G159	2	Brogan Ravenall	Southend	U13G	6.30
G166	3	Jessica Smith	Thurrock	U13G	6.20
G160	4	Ciara Tierney	Basildon	U13G	6.15
G197	5	Yinka Shokunbi	Havering M	U13G	6.10
G334	6	Funminiyi Olajide	Thurrock	U13G	5.50
G176	7	Rhea Stavri	Thurrock	U13G	5.35
G188	8	Alicia Wisbey	Basildon	U13G	5.35
G174	9	Olivia Mynett	Thurrock	U13G	5.30
G198	10	Charlotte Fransham	Havering M	U13G	5.20
G161	11	Ellenor Chaplin	Chelmsford	U13G	5.20
G165	12	Hannah Smith	Braintree	U13G	5.20
G177	13	Rochelle Constable	Havering M	U13G	4.90
G167	14	Jessica Whitbread	Thurrock	U13G	4.40
G155	15	Abigail Pain	Thurrock	U13G	4.20
G187	16	Hannah Paton	Havering M	U13G	4.20
G164	17	Hallie Abbott-Trangmar	Thurrock	U13G	3.88
G156	18	Angel Friend	Chelmsford	U13G	3.80
G189	19	Mary Bunce	Basildon	U13G	3.65



No.	Pos	Name	Club/School	Age Group	Performance
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### Speed Bounce - U13 Girls



G129	1	Connie Forman	Chelmsford	U13G	80
G172	2	Molly Sweetman	Havering M	U13G	78
G177	2	Rochelle Constable	Havering M	U13G	78
G192	4	Faith Rufai	Thurrock	U13G	77
G162	5	Ellie Bartram-Sheppard	Chelmsford	U13G	76
G198	6	Charlotte Fransham	Havering M	U13G	72
G163	7	Evie Howe	Basildon	U13G	71
G166	8	Jessica Smith	Thurrock	U13G	70
G199	9	Megan Penfold	Orion	U13G	69
G169	10	Lauren Strutt	Col H	U13G	67
G168	11	Kiera Bainsfair	Basildon	U13G	66
G158	12	Anna Wardell	Basildon	U13G	65
G161	13	Ellenor Chaplin	Chelmsford	U13G	62
G176	14	Rhea Stavri	Thurrock	U13G	60
G194	15	Phoebe Coker	Basildon	U13G	59
G174	16	Olivia Mynett	Thurrock	U13G	58
G197	17	Yinka Shokunbi	Havering M	U13G	57
G164	18	Hallie Abbott-Trangmar	Thurrock	U13G	52
G171	19	Megan Smith	Thurrock	U13G	50
G155	20	Abigail Pain	Thurrock	U13G	42

### Standing Long Jump - U13 Girls

G129	1	Connie Forman	Chelmsford	U13G	2.16
G159	2	Brogan Ravenall	Southend	U13G	2.14
G334	2	Funminiyi Olajide	Thurrock	U13G	2.12
G192	4	Faith Rufai	Thurrock	U13G	2.08
G167	5	Jessica Whitbread	Thurrock	U13G	2.06
G163	6	Evie Howe	Basildon	U13G	2.04
G165	7	Hannah Smith	Braintree	U13G	2.04
G175	8	Philippa Gill	Havering M	U13G	2.02
G199	9	Megan Penfold	Orion	U13G	2.00
G168	10	Kiera Bainsfair	Basildon	U13G	1.94
G162	11	Ellie Bartram-Sheppard	Chelmsford	U13G	1.92
G198	12	Charlotte Fransham	Havering M	U13G	1.90
G169	13	Lauren Strutt	Col H	U13G	1.84
G160	14	Ciara Tierney	Basildon	U13G	1.82
G173	15	Myriam Ben Abdeljelil	Angl Euro Sch	U13G	1.82
G161	16	Ellenor Chaplin	Chelmsford	U13G	1.78
G176	17	Rhea Stavri	Thurrock	U13G	1.70
G156	18	Angel Friend	Chelmsford	U13G	1.68
G172	19	Molly Sweetman	Havering M	U13G	1.67
G171	20	Megan Smith	Thurrock	U13G	1.60
G158	18	Anna Wardell	Basildon	U13G	1.60
G164	19	Hallie Abbott-Trangmar	Thurrock	U13G	1.52
G194	20	Phoebe Coker	Basildon	U13G	1.50

No.	Pos	Name	Club/School	Age Group	Performance
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### Standing Triple Jump - U13 Girls

**Sportshall**

G177	1	Rochelle Constable	Havering M	U13G	6.10
G165	2	Hannah Smith	Braintree	U13G	5.81
G173	3	Myriam Ben Abdeljelil	Angl Euro Sch	U13G	5.74
G199	4	Megan Penfold	Orion	U13G	5.59
G169	5	Lauren Strutt	Col H	U13G	5.38
G175	6	Philippa Gill	Havering M	U13G	5.27
G188	7	Alicia Wisbey	Basildon	U13G	4.61
G192	8	Faith Rufai	Thurrock	U13G	4.47

### High Jump - U13 Girls

G168	1	Kiera Bainsfair	Basildon	U13G	1.30
G166	2	Jessica Smith	Thurrock	U13G	1.30
G163	3	Evie Howe	Basildon	U13G	1.25
G334	4	Funminiyi Olajide	Thurrock	U13G	1.15
G156	5	Angel Friend	Chelmsford	U13G	1.05
G171	6	Megan Smith	Thurrock	U13G	1.05

### 2 Lap Race - U15 Girls

#### Two Lap - Under 15 Girls

G196	1	Modupe Shokunbi	Havering M	U15G	23.1
G191	2	Grace Okunola	Thurrock	U15G	24.1
G178	3	Amy Day	Chelmsford	U15G	25.3
G127	4	Damilola Aladede	Thurrock	U15G	25.8

### 4 Lap Race - U15 Girls

#### Four Lap - Under 15 Girls - race 1

G181	1	Katie Dawson	Havering M	U15G	53.6
G179	2	Holly Nash	Havering M	U15G	54.4
G178	3	Amy Day	Chelmsford	U15G	54.8

#### Four Lap - Under 15 Girls - race 2

G127	1	Damilola Aladede	Thurrock	U15G	56.0
G186	2	Elle Howlett	Benfleet	U15G	57.5
G182	3	Liberty Milne	Thurrock	U15G	59.3

#### Four Lap - Under 15 Girls - OVERALL

G181	1	Katie Dawson	Havering M	U15G	53.6
G179	2	Holly Nash	Havering M	U15G	54.4
G178	3	Amy Day	Chelmsford	U15G	54.8
G127	4	Damilola Aladede	Thurrock	U15G	56.0
G186	5	Elle Howlett	Benfleet	U15G	57.5
G182	6	Liberty Milne	Thurrock	U15G	59.3

No.	Pos	Name	Club/School	Age Group	Performance
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### Shot - U15 Girls

**Sportshall**

G127	1	Damilola Aladede	Thurrock	U15G	6.00
G182	2	Liberty Milne	Thurrock	U15G	5.05
G186	3	Elle Howlett	Benfleet	U15G	4.80

### Standing Long Jump - U15 Girls

G191	1	Grace Okunola	Thurrock	U15G	2.16
G181	2	Katie Dawson	Havering M	U15G	2.04
G179	3	Holly Nash	Havering M	U15G	1.88
G182	4	Liberty Milne	Thurrock	U15G	1.68
G186	5	Elle Howlett	Benfleet	U15G	1.64

### Standing Triple Jump - U15 Girls

G181	1	Katie Dawson	Havering M	U15G	6.30
G178	2	Amy Day	Chelmsford	U15G	6.21
G179	3	Holly Nash	Havering M	U15G	5.91

### Speed Bounce - U15 Girls

G191	1	Grace Okunola	Thurrock	U15G	84
G179	2	Holly Nash	Havering M	U15G	81
G181	3	Katie Dawson	Havering M	U15G	80
G178	4	Amy Day	Chelmsford	U15G	73
G196	5	Modupe Shokunbi	Havering M	U15G	69