

Kingsway NWL Round 3

8 December 2011

Under 11 - Boys

			Crewe & Nantwich	Halton & Frodsham	Handforth	Macclesfield	Southport Waterloo	St Helens Sutton
TRACK	Individual	2 Lap Race	22	20		23	16	19
		4 Lap Race	24	20		21	18	17
	Relay	4 x 2 Lap Relay	24	18		21	12	15
FIELD	Jumps	Speed Bounce	20.5	19		22.5	16	22
		Standing Long Jump	20	21		23	16	20
		Vertical Jump	22	22		22	16	18
	Throws	Chest Push	24	19		20	20	17
		Total	156.5	139		152.5	114	128
		Overall Position	1	3		2	5	4



NWL Round 3			Track - Individual				Field - Jumps				Field - Throws							
8 December 2011			Under 11 - Boys				2 Lap Race		4 Lap Race		Speed Bounce		Standing Long Jump		Vertical Jump		Chest Push	
No	Name	Club	Time	Pos	Time	Pos	Bounces	Pos	Dist	Pos	Height	Pos	Dist	Pos				
124	Archie Angles	Crewe & Nantwich	31.10	N S	70.50	N S												
125	Daniel Bayes	Crewe & Nantwich	28.00	N S	60.50	A 1												
126	James Mitchell	Crewe & Nantwich	27.70	A 3	64.20	B 1					40	B 1						
127	James Williamson	Crewe & Nantwich	30.60	N S					1.64		35							
128	Liam Prestwich	Crewe & Nantwich	28.10	N S	62.30	N S	46	B 2										
129	Mikey Spanton	Crewe & Nantwich	30.10	N S			44							6	A 1			
130	Oliver Atkinson	Crewe & Nantwich	33.60	N S			45	N S	1.67									
131	Oliver Doyle	Crewe & Nantwich	31.10	N S			40							5				
132	Sam Burgess	Crewe & Nantwich	28.10	B 1							43	A 3		5	B 1			
133	Sam Mitchell	Crewe & Nantwich	32.30	N S			27	N S	1.52	N S								
134	Sean Sides	Crewe & Nantwich	30.00	N S			49	A 2	1.62	N S								
135	Shaun Jones	Crewe & Nantwich	29.10	N S	63.00	N S			1.69	B 3								
136	William Mansell	Crewe & Nantwich	29.40	N S					1.77	A 3				5				
101	Morgan Frith	Macclesfield	26.90	A 1					1.96	A 2	45	A 2						
102	Jake Bradley	Macclesfield	28.90	B 2										5	B 3			
103	Thomas Roberts	Macclesfield			66.00	B 3	41		1.53	N S								
104	Oliver Calero	Macclesfield	32.90	N S			46	B 2										
105	Sam Danson	Macclesfield	30.10	N S					1.69		40	B 2						
106	Alex McCall	Macclesfield	33.70	N S					1.59	N S				4				
107	Harrison Denham-Smith	Macclesfield	29.90	N S			40							5	A 3			
108	Jack Henshall	Macclesfield			65.10	N S			1.43					4				
109	Leo Thomas	Macclesfield			61.60	A 2			1.76	B 1	37							
138	Jadon Allen	Halton & Frodsham	27.20	A 2					2.11	A 1	47	A 1						
139	Scott Hampson	Halton & Frodsham	30.10	N S	71.90	N S	49	A 2			33							
140	Thomas Abbott	Halton & Frodsham	30.70	B 4					1.36					4	B 5			
141	Jamie Southerton	Halton & Frodsham					45	B 4	1.61									
142	Samuel Stephens	Halton & Frodsham	29.00	N S			38	N S	1.72	N S								
143	Aiden Larkin	Halton & Frodsham	41.00	N S	87.10				1.12	N S								
144	Callum Herod	Halton & Frodsham	31.40	N S							33	B 3		4				
145	James Healy	Halton & Frodsham	30.20	N S	65.20	A 4	39											
146	Daniel Hardman	Halton & Frodsham	35.50	N S			29	N S										
147	Zach Earnshaw	Halton & Frodsham	31.20	N S	66.10	N S								4				
148	Jamie Cartwright	Halton & Frodsham	33.80	N S					1.61	N S				6	A 2			
149	Robert Salmon	Halton & Frodsham			65.50	B 2	44		1.62	B 4								
181	James Kurs	Southport Waterloo	29.90	N S	69.10	N S					29			5	A 1			
182	Adam Henders	Southport Waterloo	32.70	N S	75.10	N S	33							5	B 2			
183	Harry Bond	Southport Waterloo	33.10	N S	74.40	N S	35	B 5			30	B 5						
184	Max Davies	Southport Waterloo	30.90	B 5					1.56	B 5				5				
185	Rhys Davies	Southport Waterloo	30.90	N S	66.60	N S	46	A 5	1.41									
186	Patrick Manchester	Southport Waterloo	31.40	N S	69.10	B 5			1.41									

2 Lap Race					
No	Name	Club	Time	Rank	Points
101	Morgan Frith	Macclesfield	26.9	A 1	16
126	James Mitchell	Crewe & Nantwich	27.7	A 3	14
175	Ben Keating	St Helens Sutton	30	B 3	6
189	Lewis Hayes	Southport Waterloo	30.1	A 5	12
140	Thomas Abbott	Halton & Frodsham	30.7	B 4	5
138	Jadon Allen	Halton & Frodsham	27.2	A 2	15
132	Sam Burgess	Crewe & Nantwich	28.1	B 1	8
180	Matthew Crehan	St Helens Sutton	28.6	A 4	13
102	Jake Bradley	Macclesfield	28.9	B 2	7
184	Max Davies	Southport Waterloo	30.9	B 5	4

2 Lap Race - Non Scoring					
No	Name	Club	Time	NS	
128	Liam Prestwich	Crewe & Nantwich	28.1	N S	
176	Ryan Murray	St Helens Sutton	29.1	N S	
136	William Mansell	Crewe & Nantwich	29.4	N S	
145	James Heatly	Halton & Frodsham	30.2	N S	
147	Zach Earnshaw	Halton & Frodsham	31.2	N S	
104	Oliver Calero	Macclesfield	32.9	N S	
107	Harrison Denham-Smith	Macclesfield	29.9	N S	
131	Oliver Doyle	Crewe & Nantwich	31.1	N S	
144	Callum Herod	Halton & Frodsham	31.4	N S	
183	Harry Bond	Southport Waterloo	33.1	N S	
130	Oliver Atkinson	Crewe & Nantwich	33.6	N S	
106	Alex McCall	Macclesfield	33.7	N S	
187	Sam Roughley	Southport Waterloo	29.1	N S	
181	James Kurs	Southport Waterloo	29.9	N S	
105	Sam Danson	Macclesfield	30.1	N S	
124	Archie Angles	Crewe & Nantwich	31.1	N S	
148	Jamie Cartwright	Halton & Frodsham	33.8	N S	
143	Aiden Larkin	Halton & Frodsham	41	N S	
125	Daniel Bayes	Crewe & Nantwich	28	N S	
142	Samuel Stephens	Halton & Frodsham	29	N S	
177	Jack Woolland	St Helens Sutton	30.5	N S	
127	James Williamson	Crewe & Nantwich	30.6	N S	
185	Rhys Davies	Southport Waterloo	30.9	N S	
186	Patrick Manchester	Southport Waterloo	31.4	N S	
135	Shaun Jones	Crewe & Nantwich	29.1	N S	
134	Sean Sides	Crewe & Nantwich	30	N S	
139	Scott Hampson	Halton & Frodsham	30.1	N S	
179	Nathan Rawlinson	St Helens Sutton	30.4	N S	
188	Sam Coupland	Southport Waterloo	31.3	N S	
129	Mikey Spanton	Crewe & Nantwich	30.1	N S	
133	Sam Mitchell	Crewe & Nantwich	32.3	N S	
173	Dylan Naylor	St Helens Sutton	32.7	N S	
182	Adam Henders	Southport Waterloo	32.7	N S	
146	Daniel Hardman	Halton & Frodsham	35.5	N S	

4 Lap Race					
No	Name	Club	Time	Rank	Points
125	Daniel Bayes	Crewe & Nantwich	60.5	A 1	16
109	Leo Thomas	Macclesfield	61.6	A 2	15
149	Robert Salmon	Halton & Frodsham	65.5	B 2	7
178	Michael Brussels	St Helens Sutton	68.1	B 4	5
186	Patrick Manchester	Southport Waterloo	69.1	B 5	4
187	Sam Roughley	Southport Waterloo	62.7	A 3	14
126	James Mitchell	Crewe & Nantwich	64.2	B 1	8
145	James Heatly	Halton & Frodsham	65.2	A 4	13
103	Thomas Roberts	Macclesfield	66	B 3	6
174	Elliot Murray	St Helens Sutton	67.8	A 5	12
143	Aiden Larkin	Halton & Frodsham	87.1		

4 Lap Race - Non Scoring					
No	Name	Club	Time	NS	
108	Jack Henshall	Macclesfield	65.1	N S	
147	Zach Earnshaw	Halton & Frodsham	66.1	N S	
188	Sam Coupland	Southport Waterloo	67	N S	
189	Lewis Hayes	Southport Waterloo	68.1	N S	
181	James Kurs	Southport Waterloo	69.1	N S	
124	Archie Angles	Crewe & Nantwich	70.5	N S	
128	Liam Prestwich	Crewe & Nantwich	62.3	N S	
135	Shaun Jones	Crewe & Nantwich	63	N S	
185	Rhys Davies	Southport Waterloo	66.6	N S	
139	Scott Hampson	Halton & Frodsham	71.9	N S	
183	Harry Bond	Southport Waterloo	74.4	N S	
182	Adam Henders	Southport Waterloo	75.1	N S	

Individual Track 3					
No	Name	Club	Time	Rank	Points

Individual Track 3 - Non Scoring					
No	Name	Club	Time	NS	

Speed Bounce					
No	Name	Club	Bounces	Rank	Points
134	Sean Sides	Crewe & Nantwich	49	A 2	14
128	Liam Prestwich	Crewe & Nantwich	46	B 2	6.5
129	Mikey Spanton	Crewe & Nantwich	44		
131	Oliver Doyle	Crewe & Nantwich	40		
149	Robert Salmon	Halton & Frodsham	44		
145	James Heatly	Halton & Frodsham	39		
141	Jamie Southerton	Halton & Frodsham	45	B 4	5
139	Scott Hampson	Halton & Frodsham	49	A 2	14
103	Thomas Roberts	Macclesfield	41		
107	Harrison Denham-Smith	Macclesfield	40		
104	Oliver Calero	Macclesfield	46	B 2	6.5
102	Jake Bradley	Macclesfield	55	A 1	16
182	Adam Henders	Southport Waterloo	33		
183	Harry Bond	Southport Waterloo	35	B 5	4
185	Rhys Davies	Southport Waterloo	46	A 5	12
189	Lewis Hayes	Southport Waterloo	26		
173	Dylan Naylor	St Helens Sutton	44		
174	Elliot Murray	St Helens Sutton	49	A 2	14
175	Ben Keating	St Helens Sutton	47		
177	Jack Woolland	St Helens Sutton	48	B 1	8

Speed Bounce - Non Scoring					
No	Name	Club	Bounces	NS	
130	Oliver Atkinson	Crewe & Nantwich	45	N S	
133	Sam Mitchell	Crewe & Nantwich	27	N S	
142	Samuel Stephens	Halton & Frodsham	38	N S	
146	Daniel Hardman	Halton & Frodsham	29	N S	
176	Ryan Murray	St Helens Sutton	47	N S	
178	Michael Brussels	St Helens Sutton	44	N S	

Standing Long Jump					
No	Name	Club	Distance (m)	Rank	Points
127	James Williamson	Crewe & Nantwich	1.64		
130	Oliver Atkinson	Crewe & Nantwich	1.67		
135	Shaun Jones	Crewe & Nantwich	1.69	B 3	6
136	William Mansell	Crewe & Nantwich	1.77	A 3	14
138	Jadon Allen	Halton & Frodsham	2.11	A 1	16
140	Thomas Abbott	Halton & Frodsham	1.36		
141	Jamie Southerton	Halton & Frodsham	1.61		
149	Robert Salmon	Halton & Frodsham	1.62	B 4	5
101	Morgan Frith	Macclesfield	1.96	A 2	15
105	Sam Danson	Macclesfield	1.69		
108	Jack Henshall	Macclesfield	1.43		
109	Leo Thomas	Macclesfield	1.76	B 1	8
184	Max Davies	Southport Waterloo	1.56	B 5	4
185	Rhys Davies	Southport Waterloo	1.41		
186	Patrick Manchester	Southport Waterloo	1.41		
187	Sam Roughley	Southport Waterloo	1.58	A 5	12
176	Ryan Murray	St Helens Sutton	1.74	A 4	13
179	Nathan Rawlinson	St Helens Sutton	1.73	B 2	7
180	Matthew Crehan	St Helens Sutton	1.66		

Standing Long Jump - Non Scoring					
No	Name	Club	Distance (m)	NS	
134	Sean Sides	Crewe & Nantwich	1.62	N S	
133	Sam Mitchell	Crewe & Nantwich	1.52	N S	
142	Samuel Stephens	Halton & Frodsham	1.72	N S	
143	Aiden Larkin	Halton & Frodsham	1.12	N S	
141	Jamie Southerton	Halton & Frodsham	1.67	N S	
148	Jamie Cartwright	Halton & Frodsham	1.61	N S	
106	Alex McCall	Macclesfield	1.59	N S	
103	Thomas Roberts	Macclesfield	1.53	N S	
173	Dylan Naylor	St Helens Sutton	1.28	N S	
174	Elliot Murray	St Helens Sutton	1.63	N S	

Standing Triple Jump					
No	Name	Club	Distance (m)	Rank	Points

Standing Triple Jump - Non Scoring					
No	Name	Club	Distance (m)	NS	

Vertical Jump				
No	Name	Club	Distance (cm)	Rank Points
126	James Mitchell	Crewe & Nantwich	40	B 1 8
127	James Williamson	Crewe & Nantwich	35	
132	Sam Burgess	Crewe & Nantwich	43	A 3 14
138	Jadon Allen	Halton & Frodsham	47	A 1 16
144	Callum Herod	Halton & Frodsham	33	B 3 6
139	Scott Hampson	Halton & Frodsham	33	
109	Leo Thomas	Macclesfield	37	
101	Morgan Frith	Macclesfield	45	A 2 15
105	Sam Danson	Macclesfield	40	B 2 7
181	James Kurs	Southport Waterloo	29	
183	Harry Bond	Southport Waterloo	30	B 5 4
188	Sam Coupland	Southport Waterloo	31	A 5 12
178	Michael Brussels	St Helens Sutton	31	
175	Ben Keating	St Helens Sutton	32	B 4 5
177	Jack Woolland	St Helens Sutton	38	A 4 13
Vertical Jump - Non Scoring				
No	Name	Club	Distance (cm)	NS
187	Sam Roughley	Southport Waterloo	35	N S

High Jump							
No	Name	Club	Distance (m)	Final Faults	Total Faults	Rank	Points
High Jump - Non Scoring							
No	Name	Club	Distance (m)			NS	

Jumps 6				
No	Name	Club	Distance (m)	Rank Points
Jumps 6 - Non Scoring				
No	Name	Club	Distance (m)	NS

Chest Push					
No	Name	Club	Dis (m)	Rank	Points
131	Oliver Doyle	Crewe & Nantwich	4.50		
132	Sam Burgess	Crewe & Nantwich	5.25	B 1	8
136	William Mansell	Crewe & Nantwich	4.75		
129	Mikey Spanton	Crewe & Nantwich	5.75	A 1	16
140	Thomas Abbott	Halton & Frodsham	4.25	B 5	4
144	Callum Herod	Halton & Frodsham	3.75		
147	Zach Earnshaw	Halton & Frodsham	4.00		
148	Jamie Cartwright	Halton & Frodsham	5.50	A 2	15
102	Jake Bradley	Macclesfield	4.50	B 3	6
106	Alex McCall	Macclesfield	3.75		
107	Harrison Denham-Smith	Macclesfield	5.00	A 3	14
108	Jack Henshall	Macclesfield	4.25		
181	James Kurs	Southport Waterloo	5.00	A 4	13
182	Adam Henders	Southport Waterloo	4.75	B 2	7
184	Max Davies	Southport Waterloo	4.50		
188	Sam Coupland	Southport Waterloo	4.75		
179	Nathan Rawlinson	St Helens Sutton	4.75	A 5	12
180	Matthew Crehan	St Helens Sutton	4.50	B 4	5
Chest Push - Non Scoring					
No	Name	Club	Dis (m)	NS	
146	Daniel Hardman	Halton & Frodsham			
104	Oliver Calero	Macclesfield			

Shot Put					
No	Name	Club	Dis (m)	Rank	Points
Shot Put - Non Scoring					
No	Name	Club	Dis (m)	NS	

Soft Javelin					
No	Name	Club	Dis (m)	Rank	Points
Soft Javelin - Non Scoring					
No	Name	Club	Dis (m)	NS	

Kingsway NWL Round 3

8 December 2011

Under 13 - Boys

			Crewe & Nantwich	Halton & Frodsham	Handforth	Macclesfield	Southport Waterloo	St Helens Sutton
TRACK	Individual	2 Lap Race	21	23	11	13	12	22
		6 Lap Race	23	23		12	14	13
	Relay	4 x 2 Lap Relay	21	24				
FIELD	Jumps	Speed Bounce	23	23		13		14
		Standing Long Jump	18	22	11	12	21	23
		Vertical Jump	22	24	11	14	18	18
	Throws	Shot Put	24	22		14	13	12
		Total	152	161	33	78	78	102
		Overall Position	2	1	6	4	4	3



NWL Round 3			Track - Individual				Field - Jumps						Field - Throws					
8 December 2011			Under 13 - Boys				2 Lap Race		6 Lap Race		Speed Bounce		Standing Long Jump		Vertical Jump		Shot Put	
No	Name	Club	Time	Pos	Time	Pos	Bounces	Pos	Dist	Pos	Height	Pos	Dist	Pos				
8	Josh Carey	Macclesfield	28.60	A 4					1.84	A 5			5.38	A 3				
116	Elliott Thomason	Crewe & Nantwich	30.80	N S					1.80				8.64	A 1				
117	Jack Williamson	Crewe & Nantwich	26.60	A 3	90.30	A 2	70											
118	John Draper	Crewe & Nantwich	29.00						1.82				8.37	B 1				
119	Jordan Sides	Crewe & Nantwich	27.90	B 2	97.90	B 1	80	A 1										
120	Kian Nolan	Crewe & Nantwich	28.30	N S					1.96	A 4	41	B 2						
121	Liam Burrows	Crewe & Nantwich	29.10	N S			44		1.72									
122	Marcus Grayson	Crewe & Nantwich	29.90	N S			76	B 2			39							
123	Morgan Messam	Crewe & Nantwich	29.10	N S					1.88	B 4	48	A 2						
172	Remi Calero	Macclesfield			118.20	A 5	59	A 4			44	A 3						
150	Jacob B	Halton & Frodsham			88.50	A 1	78	B 1	2.15	A 1								
151	Luke South	Halton & Frodsham	26.20	A 2			79	A 2			46	B 1						
152	Jake H	Halton & Frodsham	28.90	N S	104.30	B 2	56		1.65									
153	Tom K	Halton & Frodsham	30.30	N S							35		4.58	B 2				
154	Eddie Roberts	Halton & Frodsham	30.80	N S							33	N S						
155	Alfie Marcantonio	Halton & Frodsham	30.20	N S	104.40				1.73									
156	Luke Sutt	Halton & Frodsham	26.20	B 1							50	A 1	6.74	A 2				
157	Adam H	Halton & Frodsham	30.00	N S			48		1.92	B 3								
158	Daniel F	Halton & Frodsham	27.70	N S			69		1.77									
159	Joe Moore	Halton & Frodsham	30.90	N S					1.74		31	N S						
164	Daniel Dobsob	St Helens Sutton			94.70	A 4			2.09	A 2	44	A 4						
165	Jordan Benson	St Helens Sutton	26.10	A 1			67	A 3	2.06	B 1								
137	Benjamin Couthard	St Helens Sutton	29.30	B 3							35	B 4	4.75	A 5				
190	Sean McKiernan	Southport Waterloo	29.60	A 5					1.53		35							
191	Joshua Picles	Southport Waterloo			94.00	A 3			2.06	A 3	41	A 5						
192	James McGuigan	Southport Waterloo							1.97	B 2	38	B 3	4.80	A 4				
193	Jamie Henshaw	Handforth	32.30	A 6					1.80	A 6	35	A 6						

2 Lap Race					
No	Name	Club	Time	Rank	Points
165	Jordan Benson	St Helens Sutton	26.1	A 1	16
151	Luke South	Halton & Frodsham	26.2	A 2	15
117	Jack Williamson	Crewe & Nantwich	26.6	A 3	14
8	Josh Carey	Macclesfield	28.6	A 4	13
190	Sean McKiernan	Southport Waterloo	29.6	A 5	12
193	Jamie Henshaw	Handforth	32.3	A 6	11
156	Luke Sutt	Halton & Frodsham	26.2	B 1	8
119	Jordan Sides	Crewe & Nantwich	27.9	B 2	7
118	John Draper	Crewe & Nantwich	29		
137	Benjamin Coulthard	St Helens Sutton	29.3	B 3	6

2 Lap Race - Non Scoring					
No	Name	Club	Time	NS	
158	Daniel F	Halton & Frodsham	27.7	N S	
123	Morgan Messam	Crewe & Nantwich	29.1	N S	
121	Liam Burrows	Crewe & Nantwich	29.1	N S	
157	Adam H	Halton & Frodsham	30	N S	
155	Alfie Marcantonio	Halton & Frodsham	30.2	N S	
116	Elliott Thomason	Crewe & Nantwich	30.8	N S	
120	Kian Nolan	Crewe & Nantwich	28.3	N S	
152	Jake H	Halton & Frodsham	28.9	N S	
122	Marcus Grayson	Crewe & Nantwich	29.9	N S	
153	Tom K	Halton & Frodsham	30.3	N S	
154	Eddie Roberts	Halton & Frodsham	30.8	N S	
159	Joe Moore	Halton & Frodsham	30.9	N S	

6 Lap Race					
No	Name	Club	Time	Rank	Points
150	Jacob B	Halton & Frodsham	88.5	A 1	16
164	Daniel Dobsob	St Helens Sutton	94.7	A 4	13
119	Jordan Sides	Crewe & Nantwich	97.9	B 1	8
172	Remi Calero	Macclesfield	118.2	A 5	12
117	Jack Williamson	Crewe & Nantwich	90.3	A 2	15
191	Joshua Picles	Southport Waterloo	94	A 3	14
152	Jake H	Halton & Frodsham	104.3	B 2	7
155	Alfie Marcantonio	Halton & Frodsham	104.4		

6 Lap Race - Non Scoring					
No	Name	Club	Time	NS	

Individual Track 3					
No	Name	Club	Time	Rank	Points

Individual Track 3 - Non Scoring					
No	Name	Club	Time	NS	

Speed Bounce						
No	Name	Club	Bounces	Rank	Points	
119	Jordan Sides	Crewe & Nantwich	80	A 1	16	
117	Jack Williamson	Crewe & Nantwich	70			
122	Marcus Grayson	Crewe & Nantwich	76	B 2	7	
121	Liam Burrows	Crewe & Nantwich	44			
151	Luke South	Halton & Frodsham	79	A 2	15	
150	Jacob B	Halton & Frodsham	78	B 1	8	
152	Jake H	Halton & Frodsham	56			
157	Adam H	Halton & Frodsham	48			
172	Remi Calero	Macclesfield	59	A 4	13	
165	Jordan Benson	St Helens Sutton	67	A 3	14	
158	Daniel F	Halton & Frodsham	69			
Speed Bounce - Non Scoring						
No	Name	Club	Bounces	NS		

Standing Long Jump						
No	Name	Club	Distance (m)	Rank	Points	
118	John Draper	Crewe & Nantwich	1.82			
120	Kian Nolan	Crewe & Nantwich	1.96	A 4	13	
123	Morgan Messam	Crewe & Nantwich	1.88	B 4	5	
121	Liam Burrows	Crewe & Nantwich	1.72			
116	Elliott Thomason	Crewe & Nantwich	1.80			
150	Jacob B	Halton & Frodsham	2.15	A 1	16	
152	Jake H	Halton & Frodsham	1.65			
157	Adam H	Halton & Frodsham	1.92	B 3	6	
158	Daniel F	Halton & Frodsham	1.77			
193	Jamie Henshaw	Handforth	1.80	A 6	11	
8	Josh Carey	Macclesfield	1.84	A 5	12	
190	Sean McKiernan	Southport Waterloo	1.53			
191	Joshua Picles	Southport Waterloo	2.06	A 3	14	
192	James McGuigan	Southport Waterloo	1.97	B 2	7	
164	Daniel Dobsob	St Helens Sutton	2.09	A 2	15	
165	Jordan Benson	St Helens Sutton	2.06	B 1	8	
159	Joe Moore	Halton & Frodsham	1.74			
155	Alfie Marcantonio	Halton & Frodsham	1.73			
Standing Long Jump - Non Scoring						
No	Name	Club	Distance (m)	NS		

Standing Triple Jump						
No	Name	Club	Distance (m)	Rank	Points	
Standing Triple Jump - Non Scoring						
No	Name	Club	Distance (m)	NS		

Kingsway NWL Round 3

8 December 2011

Under 15 - Boys

			Crewe & Nantwich	Halton & Frodsham	Handforth	Macclesfield	Southport Waterloo	St Helens Sutton
TRACK	Individual	2 Lap Race	23	20				23
		6 Lap Race	22	14				24
	Relay	8 Lap Parlauf	21	18				24
FIELD	Jumps	Speed Bounce	21	23				22
		Standing Long Jump	23	20				23
		Standing Triple Jump	22	14				24
	Throws	Shot Put	22	20				24
		Total	154	129				164
		Overall Position	2	3				1

2 Lap Race					
No	Name	Club	Time	Rank	Points
113	Lewis Palin	Crewe & Nantwich	25.2	A 2	15
168	Lewis Cowan	St Helens Sutton	26.1	B 2	7
114	Matthew Williamson	Crewe & Nantwich	26.3		
162	Matthew Hill	Halton & Frodsham	29.8	B 3	6
170	George Assan	St Helens Sutton	24.8	A 1	16
111	Frank Roe	Crewe & Nantwich	25.9	B 1	8
163	Daniel Ellis	Halton & Frodsham	26.8	A 3	14
112	Joshua Stubbs	Crewe & Nantwich	27.5		
161	Ben Wallace	Halton & Frodsham	31.8		
2 Lap Race - Non Scoring					
No	Name	Club	Time	NS	

6 Lap Race					
No	Name	Club	Time	Rank	Points
166	Christopher Lamb	St Helens Sutton	86.4	A 1	16
171	Jacob Beesley	St Helens Sutton	89.1	B 1	8
111	Frank Roe	Crewe & Nantwich	90.3	A 2	15
160	Chris Larkin	Halton & Frodsham	92.6	A 3	14
112	Joshua Stubbs	Crewe & Nantwich	95.1	B 2	7
6 Lap Race - Non Scoring					
No	Name	Club	Time	NS	

Individual Track 3					
No	Name	Club	Time	Rank	Points
Individual Track 3 - Non Scoring					
No	Name	Club	Time	NS	

Speed Bounce					
No	Name	Club	Bounces	Rank	Points
110	Ben Jones	Crewe & Nantwich	62		
112	Joshua Stubbs	Crewe & Nantwich	72	A 3	14
113	Lewis Palin	Crewe & Nantwich	68	B 2	7
163	Daniel Ellis	Halton & Frodsham	63		
161	Ben Wallace	Halton & Frodsham	74	B 1	8
160	Chris Larkin	Halton & Frodsham	77	A 2	15
168	Lewis Cowan	St Helens Sutton	66	B 3	6
170	George Assan	St Helens Sutton	38		
169	Matthew Lamb	St Helens Sutton	87	A 1	16
Speed Bounce - Non Scoring					
No	Name	Club	Bounces	NS	

Standing Long Jump					
No	Name	Club	Distance (m)	Rank	Points
110	Ben Jones	Crewe & Nantwich	2.25	B 1	8
112	Joshua Stubbs	Crewe & Nantwich	2.01		
113	Lewis Palin	Crewe & Nantwich	2.29	A 2	15
114	Matthew Williamson	Crewe & Nantwich	2.22		
160	Chris Larkin	Halton & Frodsham	2.16	A 3	14
161	Ben Wallace	Halton & Frodsham	1.60		
162	Matthew Hill	Halton & Frodsham	1.74		
163	Daniel Ellis	Halton & Frodsham	2.02	B 3	6
166	Christopher Lamb	St Helens Sutton	2.42	A 1	16
170	George Assan	St Helens Sutton	2.22	B 2	7
171	Jacob Beesley	St Helens Sutton	2.16		
Standing Long Jump - Non Scoring					
No	Name	Club	Distance (m)	NS	

Standing Triple Jump					
No	Name	Club	Distance (m)	Rank	Points
114	Matthew Williamson	Crewe & Nantwich	7.26	A 2	15
110	Ben Jones	Crewe & Nantwich	6.09		
111	Frank Roe	Crewe & Nantwich	6.54		
113	Lewis Palin	Crewe & Nantwich	6.88	B 2	7
160	Chris Larkin	Halton & Frodsham	6.75	A 3	14
171	Jacob Beesley	St Helens Sutton	6.52		
169	Matthew Lamb	St Helens Sutton	7.37	A 1	16
166	Christopher Lamb	St Helens Sutton	7.07	B 1	8
168	Lewis Cowan	St Helens Sutton			
Standing Triple Jump - Non Scoring					
No	Name	Club	Distance (m)	NS	

Vertical Jump					
No	Name	Club	Distance (cm)	Rank	Points
Vertical Jump - Non Scoring					
No	Name	Club	Distance (cm)	NS	

High Jump							
No	Name	Club	Distance (m)	Final Faults	Total Faults	Rank	Points
High Jump - Non Scoring							
No	Name	Club	Distance (m)			NS	

Jumps 6					
No	Name	Club	Distance (m)	Rank	Points
Jumps 6 - Non Scoring					
No	Name	Club	Distance (m)	NS	

Chest Push					
No	Name	Club	Dis (m)	Rank	Points
Chest Push - Non Scoring					
No	Name	Club	Dis (m)	NS	

Shot Put					
No	Name	Club	Dis (m)	Rank	Points
114	Matthew Williamson	Crewe & Nantwich	7.88	A 2	15
111	Frank Roe	Crewe & Nantwich	7.30	B 2	7
161	Ben Wallace	Halton & Frodsham	4.90	B 3	6
162	Matthew Hill	Halton & Frodsham	5.02	A 3	14
166	Christopher Lamb	St Helens Sutton	10.21	A 1	16
168	Lewis Cowan	St Helens Sutton	6.91		
170	George Assan	St Helens Sutton	6.66		
171	Jacob Beesley	St Helens Sutton	9.63	B 1	8
Shot Put - Non Scoring					
No	Name	Club	Dis (m)	NS	

Soft Javelin					
No	Name	Club	Dis (m)	Rank	Points
Soft Javelin - Non Scoring					
No	Name	Club	Dis (m)	NS	

