

Competition Results

Competition:

Sportshall Welsh Final Under 15 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

9 Mar 2014

Ranking	Team	Score	Individual	P8	4x2
1	Powys	659	519	70	70
2	Dyfed	560	460	50	50
3	Afan Nedd Tawe	524	424	40	60
4	North West Wales	501	401	60	40
5	North East Wales	429	379	30	20
6	Cardiff & Vale of Glam	425	395	0	30

Athlete Results

Competition:

Sportshall Welsh Final Under 15 Girls

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Ranking	BibNo Athlete	Team	Score	2LR	4LR	S	SB	SLJ	VJ
1	140 Megan Randell	Powys	136	50			42		44
2	142 Lauren Williams	Powys	134		48		50	36	
3	114 Lauryn Davey	Dyfed	129		31	48		50	
4	143 Katie Jones	Powys	126		31	46			49
5	141 Bethany Davies	Powys	123	35			48	40	
6	144 Megan Davies	Powys	122		50	38			34
7	139 Aimee Breakwell	Powys	119	48		28		43	
8	136 Emily Ridges	North West Wales	117		39		45	33	
9	104 Sarah Omoregie	Cardiff & Vale of Glam	116	35		50			31
10	112 Olivia Williams	Dyfed	114	41			35		38
11=	109 Catrin Lord	Cardiff & Vale of Glam	113		44		22	47	
11=	116 Jamie Lee May	Dyfed	113		42		28	43	
11=	125 Sarah Atkinson	North East Wales	113		34	30			49
14=	100 Mia Evans	Afan Nedd Tawe	110	45		40		25	
14=	135 Grace Eickman	North West Wales	110		28	42			40
16=	97 Sophie Davies	Afan Nedd Tawe	109		39	34			36
16=	98 Rhiannon Maine	Afan Nedd Tawe	109	41			24		44
18	115 Rebecca Hartson	Dyfed	104		46	36			22
19	111 Niamh Rees	Dyfed	97	29			35	33	
20=	99 Georgia Gibson	Afan Nedd Tawe	96	32		26		38	
20=	103 Maddie Newton	Afan Nedd Tawe	96		22		45	29	
20=	129 Rachael Swash	North East Wales	96	29		20		47	
23	127 Charlotte Michael	North East Wales	95		36		30	29	
24	133 Anna Hughes	North West Wales	88	38			26		24
25	134 Sophie Jones	North West Wales	86	45			20	21	
26	113 Katya Makuka	Dyfed	84	22		18			44
27=	106 Luca Hill	Cardiff & Vale of Glam	83	20		32			31
27=	107 Morgan Horne	Cardiff & Vale of Glam	83		26		32	25	
27=	137 Hattie Bullock	North West Wales	83		18	44		21	
30	102 Megan Stratton-Thomas	Afan Nedd Tawe	79		20		39		20
31=	126 Anna Woodward	North East Wales	75	24		24			27
31=	130 Millie Quinn	North East Wales	75	18			39		18
31=	132 Glesni Tegid	North West Wales	75	26		22			27
34	128 Ailish	North East Wales	60		24		18	18	
35=	105 Niamh Galton	Cardiff & Vale of Glam	0						
35=	117 Caitlin Lewis	Dyfed	0						
35=	131 Samantha Lewis	North East Wales	0						
35=	138 Chantelle Jones	North West Wales	0						

Team Results

Afan Nedd Tawe (white)

Competition:

Sportshall Welsh Final Under 15 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

9 Mar 2014

Ranking	Team	Score	Individual	P8	4x2
1	Powys	659	519	70	70
2	Dyfed	560	460	50	50
3	Afan Nedd Tawe	524	424	40	60
4	North West Wales	501	401	60	40
5	North East Wales	429	379	30	20
6	Cardiff & Vale of Glam	425	395	0	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
97	Sophie Davies	4LR	57.8				57.8	6=	39
97	Sophie Davies	S	6.79	6.23	5.81		6.79	9	34
97	Sophie Davies	VJ	53	50	51		53	8	36
98	Rhiannon Maine	2LR	26.5				26.5	5=	41
98	Rhiannon Maine	SB	61				61	14	24
98	Rhiannon Maine	VJ	53	55	60		60	3=	44
99	Georgia Gibson	2LR	26.9				26.9	10	32
99	Georgia Gibson	S	6.39	5.53	5.23		6.39	13	26
99	Georgia Gibson	SLJ	2.10	2.18	2.16		2.18	7	38
100	Mia Evans	2LR	26.3				26.3	3=	45
100	Mia Evans	S	6.67	6.92	7.44		7.44	6	40
100	Mia Evans	SLJ	1.92	1.94	1.94		1.94	13=	25
102	Megan Stratton-Thomas	4LR	1:03.6				1:03.6	16	20
102	Megan Stratton-Thomas	SB	75				75	6=	39
102	Megan Stratton-Thomas	VJ	41	41	45		45	16	20
103	Maddie Newton	4LR	1:02.9				1:02.9	15	22
103	Maddie Newton	SB	78				78	3=	45
103	Maddie Newton	SLJ	2.02	2.04	1.94		2.04	11=	29

Team Results

Cardiff & Vale of Glam (maroon)

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Sportshall Welsh Final Under 15 Girls

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Cwmbran Stadium Sports Centre

Date

9 Mar 2014

Ranking	Team	Score	Individual	P8	4x2
1	Powys	659	519	70	70
2	Dyfed	560	460	50	50
3	Afan Nedd Tawe	524	424	40	60
4	North West Wales	501	401	60	40
5	North East Wales	429	379	30	20
6	Cardiff & Vale of Glam	425	395	0	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
104	Sarah Omoregie	2LR	26.8				26.8	8=	35
104	Sarah Omoregie	S	9.35	8.83	10.15		10.15	1	50
104	Sarah Omoregie	VJ	51	49	49		51	10=	31
106	Luca Hill	2LR	28.9				28.9	16	20
106	Luca Hill	S	6.55	0.00	0.00		6.55	10	32
106	Luca Hill	VJ	49	49	51		51	10=	31
107	Morgan Horne	4LR	1:02.7				1:02.7	13	26
107	Morgan Horne	SB	68				68	10	32
107	Morgan Horne	SLJ	1.94	1.92	1.92		1.94	13=	25
109	Catrin Lord	4LR	57.0				57.0	4	44
109	Catrin Lord	SB	58				58	15	22
109	Catrin Lord	SLJ	2.22	2.32	2.34		2.34	2=	47

Team Results

Dyfed (blue)

Competition:

Sportshall Welsh Final Under 15 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

9 Mar 2014

Ranking	Team	Score	Individual	P8	4x2
1	Powys	659	519	70	70
2	Dyfed	560	460	50	50
3	Afan Nedd Tawe	524	424	40	60
4	North West Wales	501	401	60	40
5	North East Wales	429	379	30	20
6	Cardiff & Vale of Glam	425	395	0	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
111	Niamh Rees	2LR	27.1				27.1	11=	29
111	Niamh Rees	SB	71				71	8=	35
111	Niamh Rees	SLJ	2.10	2.14	2.00		2.14	9=	33
112	Olivia Williams	2LR	26.5				26.5	5=	41
112	Olivia Williams	SB	71				71	8=	35
112	Olivia Williams	VJ	53	57	52		57	7	38
113	Katya Makuka	2LR	28.0				28.0	15	22
113	Katya Makuka	S	5.76	5.73	0.00		5.76	17	18
113	Katya Makuka	VJ	57	56	60		60	3=	44
114	Lauryn Davey	4LR	59.4				59.4	10=	31
114	Lauryn Davey	S	8.14	8.68	8.10		8.68	2	48
114	Lauryn Davey	SLJ	2.44	2.46	2.40		2.46	1	50
115	Rebecca Hartson	4LR	56.4				56.4	3	46
115	Rebecca Hartson	S	6.88	6.79	7.18		7.18	8	36
115	Rebecca Hartson	VJ	43	48	48		48	15	22
116	Jamie Lee May	4LR	57.1				57.1	5	42
116	Jamie Lee May	SB	65				65	12	28
116	Jamie Lee May	SLJ	2.26	2.22	2.14		2.26	4=	43

Team Results

North East Wales (orange)

Competition:

Sportshall Welsh Final Under 15 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

9 Mar 2014

Ranking	Team	Score	Individual	P8	4x2
1	Powys	659	519	70	70
2	Dyfed	560	460	50	50
3	Afan Nedd Tawe	524	424	40	60
4	North West Wales	501	401	60	40
5	North East Wales	429	379	30	20
6	Cardiff & Vale of Glam	425	395	0	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
125	Sarah Attkinson	4LR	59.2				59.2	9	34
125	Sarah Attkinson	S	6.54	6.14	6.43		6.54	11	30
125	Sarah Attkinson	VJ	62	61	60		62	1=	49
126	Anna Woodward	2LR	27.7				27.7	14	24
126	Anna Woodward	S	5.58	6.23	6.24		6.24	14	24
126	Anna Woodward	VJ	50	46	45		50	12=	27
127	Charlotte Michael	4LR	57.9				57.9	8	36
127	Charlotte Michael	SB	67				67	11	30
127	Charlotte Michael	SLJ	1.98	2.04	2.04		2.04	11=	29
128	Ailish	4LR	1:02.8				1:02.8	14	24
128	Ailish	SB	50				50	17	18
128	Ailish	SLJ	1.40	1.46	1.54		1.54	17	18
129	Rachael Swash	2LR	27.1				27.1	11=	29
129	Rachael Swash	S	0.00	5.31	5.84		5.84	16	20
129	Rachael Swash	SLJ	2.26	2.34	2.34		2.34	2=	47
130	Millie Quinn	2LR	29.9				29.9	17	18
130	Millie Quinn	SB	75				75	6=	39
130	Millie Quinn	VJ	25	39	38		39	17	18
131	Samantha Lewis	S	0.00	5.37	0.00		5.37		

Team Results

North West Wales (red)

Competition:

Sportshall Welsh Final Under 15 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

9 Mar 2014

Ranking	Team	Score	Individual	P8	4x2
1	Powys	659	519	70	70
2	Dyfed	560	460	50	50
3	Afan Nedd Tawe	524	424	40	60
4	North West Wales	501	401	60	40
5	North East Wales	429	379	30	20
6	Cardiff & Vale of Glam	425	395	0	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
132	Glesni Tegid	2LR	27.6				27.6	13	26
132	Glesni Tegid	S	5.93	0.00	5.00		5.93	15	22
132	Glesni Tegid	VJ	46	50	49		50	12=	27
133	Anna Hughes	2LR	26.7				26.7	7	38
133	Anna Hughes	SB	62				62	13	26
133	Anna Hughes	VJ	48	48	49		49	14	24
134	Sophie Jones	2LR	26.3				26.3	3=	45
134	Sophie Jones	SB	57				57	16	20
134	Sophie Jones	SLJ	1.76	1.78	1.78		1.78	15=	21
135	Grace Eickman	4LR	59.6				59.6	12	28
135	Grace Eickman	S	7.64	6.98	7.90		7.90	5	42
135	Grace Eickman	VJ	57	52	59		59	6	40
136	Emilly Ridges	4LR	57.8				57.8	6=	39
136	Emilly Ridges	SB	78				78	3=	45
136	Emilly Ridges	SLJ	2.12	2.14	0.00		2.14	9=	33
137	Hattie Bullock	4LR	1:05.6				1:05.6	17	18
137	Hattie Bullock	S	7.18	8.07	7.60		8.07	4	44
137	Hattie Bullock	SLJ	1.78	1.78	1.76		1.78	15=	21

Team Results

Powys (green)

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Sportshall Welsh Final Under 15 Girls

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Cwmbran Stadium Sports Centre

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9 Mar 2014

Ranking	Team	Score	Individual	P8	4x2
1	Powys	659	519	70	70
2	Dyfed	560	460	50	50
3	Afan Nedd Tawe	524	424	40	60
4	North West Wales	501	401	60	40
5	North East Wales	429	379	30	20
6	Cardiff & Vale of Glam	425	395	0	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
139	Aimee Breakwell	2LR	26.0				26.0	2	48
139	Aimee Breakwell	S	6.47	6.51	5.72		6.51	12	28
139	Aimee Breakwell	SLJ	2.26	2.26	2.20		2.26	4=	43
140	Megan Randell	2LR	25.8				25.8	1	50
140	Megan Randell	SB	76				76	5	42
140	Megan Randell	VJ	59	60	60		60	3=	44
141	Bethany Davies	2LR	26.8				26.8	8=	35
141	Bethany Davies	SB	79				79	2	48
141	Bethany Davies	SLJ	2.24	2.08	2.18		2.24	6	40
142	Lauren Williams	4LR	55.9				55.9	2	48
142	Lauren Williams	SB	89				89	1	50
142	Lauren Williams	SLJ	2.14	2.16	2.14		2.16	8	36
143	Katie Jones	4LR	59.4				59.4	10=	31
143	Katie Jones	S	8.25	7.86	7.75		8.25	3	46
143	Katie Jones	VJ	61	62	60		62	1=	49
144	Megan Davies	4LR	55.7				55.7	1	50
144	Megan Davies	S	7.41	6.61	7.16		7.41	7	38
144	Megan Davies	VJ	52	49	52		52	9	34

Results Sheet

2 Lap Race

Competition:
Sportshall Welsh Final Under 15 Girls

Venue:
Cwmbran Stadium Sports Centre

Date
9 Mar 2014

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Powys	green	140	Megan Randell	25.8	50
2	Powys	green	139	Aimee Breakwell	26.0	48
3=	Afan Nedd Tawe	white	100	Mia Evans	26.3	45
3=	North West Wales	red	134	Sophie Jones	26.3	45
5=	Afan Nedd Tawe	white	98	Rhiannon Maine	26.5	41
5=	Dyfed	blue	112	Olivia Williams	26.5	41
7	North West Wales	red	133	Anna Hughes	26.7	38
8=	Cardiff & Vale of Glam	maroon	104	Sarah Omoregie	26.8	35
8=	Powys	green	141	Bethany Davies	26.8	35
10	Afan Nedd Tawe	white	99	Georgia Gibson	26.9	32
11=	Dyfed	blue	111	Niamh Rees	27.1	29
11=	North East Wales	orange	129	Rachael Swash	27.1	29
13	North West Wales	red	132	Glesni Tegid	27.6	26
14	North East Wales	orange	126	Anna Woodward	27.7	24
15	Dyfed	blue	113	Katya Makuka	28.0	22
16	Cardiff & Vale of Glam	maroon	106	Luca Hill	28.9	20
17	North East Wales	orange	130	Millie Quinn	29.9	18

Results Sheet

4 Lap Race

Competition:
Sportshall Welsh Final Under 15 Girls

Venue:
Cwmbran Stadium Sports Centre

Date
9 Mar 2014

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Powys	green	144	Megan Davies	55.7	50
2	Powys	green	142	Lauren Williams	55.9	48
3	Dyfed	blue	115	Rebecca Hartson	56.4	46
4	Cardiff & Vale of Glam	maroon	109	Catrin Lord	57.0	44
5	Dyfed	blue	116	Jamie Lee May	57.1	42
6=	Afan Nedd Tawe	white	97	Sophie Davies	57.8	39
6=	North West Wales	red	136	Emilly Ridges	57.8	39
8	North East Wales	orange	127	Charlotte Michael	57.9	36
9	North East Wales	orange	125	Sarah Attkinson	59.2	34
10=	Dyfed	blue	114	Lauryn Davey	59.4	31
10=	Powys	green	143	Katie Jones	59.4	31
12	North West Wales	red	135	Grace Eickman	59.6	28
13	Cardiff & Vale of Glam	maroon	107	Morgan Horne	1:02.7	26
14	North East Wales	orange	128	Ailish	1:02.8	24
15	Afan Nedd Tawe	white	103	Maddie Newton	1:02.9	22
16	Afan Nedd Tawe	white	102	Megan Stratton-Thomas	1:03.6	20
17	North West Wales	red	137	Hattie Bullock	1:05.6	18

Results Sheet

8 Lap Paarlauf

Competition:

Sportshall Welsh Final Under 15 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

9 Mar 2014

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	07	Powys	green	1:51.4	0.0	1:51.4	70.0
2	06	North West Wales	red	1:55.8	0.0	1:55.8	60.0
3	03	Dyfed	blue	1:55.9	0.0	1:55.9	50.0
4	01	Afan Nedd Tawe	white	1:57.2	0.0	1:57.2	40.0
5	05	North East Wales	orange	1:57.5	0.0	1:57.5	30.0

Results Sheet

4 x 2 Lap Relay

Competition:

Sportshall Welsh Final Under 15 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

9 Mar 2014

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	07	Powys	green	1:44.5	0.0	1:44.5	70.0
2	01	Afan Nedd Tawe	white	1:45.5	0.0	1:45.5	60.0
3	03	Dyfed	blue	1:47.5	0.0	1:47.5	50.0
4	06	North West Wales	red	1:48.0	0.0	1:48.0	40.0
5	02	Cardiff & Vale of Glam	maroon	1:48.7	0.0	1:48.7	30.0
6	05	North East Wales	orange	1:54.5	0.0	1:54.5	20.0

Results Sheet

Shot

Competition:
Sportshall Welsh Final Under 15 Girls

Venue:
Cwmbran Stadium Sports Centre

Date
9 Mar 2014

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cardiff & Vale of Glam	maroon	104	Sarah Omoregie	10.15	50
2	Dyfed	blue	114	Lauryn Davey	8.68	48
3	Powys	green	143	Katie Jones	8.25	46
4	North West Wales	red	137	Hattie Bullock	8.07	44
5	North West Wales	red	135	Grace Eickman	7.90	42
6	Afan Nedd Tawe	white	100	Mia Evans	7.44	40
7	Powys	green	144	Megan Davies	7.41	38
8	Dyfed	blue	115	Rebecca Hartson	7.18	36
9	Afan Nedd Tawe	white	97	Sophie Davies	6.79	34
10	Cardiff & Vale of Glam	maroon	106	Luca Hill	6.55	32
11	North East Wales	orange	125	Sarah Attkinson	6.54	30
12	Powys	green	139	Aimee Breakwell	6.51	28
13	Afan Nedd Tawe	white	99	Georgia Gibson	6.39	26
14	North East Wales	orange	126	Anna Woodward	6.24	24
15	North West Wales	red	132	Glesni Tegid	5.93	22
16	North East Wales	orange	129	Rachael Swash	5.84	20
17	Dyfed	blue	113	Katya Makuka	5.76	18
	North East Wales	orange	131	Samantha Lewis	5.37	0

Results Sheet

Speed Bounce

Competition:

Sportshall Welsh Final Under 15 Girls

Venue:

Cwmbran Stadium Sports Centre

Date

9 Mar 2014

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Powys	green	142	Lauren Williams	89	50
2	Powys	green	141	Bethany Davies	79	48
3=	Afan Nedd Tawe	white	103	Maddie Newton	78	45
3=	North West Wales	red	136	Emily Ridges	78	45
5	Powys	green	140	Megan Randell	76	42
6=	Afan Nedd Tawe	white	102	Megan Stratton-Thomas	75	39
6=	North East Wales	orange	130	Millie Quinn	75	39
8=	Dyfed	blue	111	Niamh Rees	71	35
8=	Dyfed	blue	112	Olivia Williams	71	35
10	Cardiff & Vale of Glam	maroon	107	Morgan Horne	68	32
11	North East Wales	orange	127	Charlotte Michael	67	30
12	Dyfed	blue	116	Jamie Lee May	65	28
13	North West Wales	red	133	Anna Hughes	62	26
14	Afan Nedd Tawe	white	98	Rhiannon Maine	61	24
15	Cardiff & Vale of Glam	maroon	109	Catrin Lord	58	22
16	North West Wales	red	134	Sophie Jones	57	20
17	North East Wales	orange	128	Ailish	50	18

Results Sheet

Standing Long Jump

Competition:
Sportshall Welsh Final Under 15 Girls

Venue:
Cwmbran Stadium Sports Centre

Date
9 Mar 2014

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Dyfed	blue	114	Lauryn Davey	2.46	50
2=	Cardiff & Vale of Glam	maroon	109	Catrin Lord	2.34	47
2=	North East Wales	orange	129	Rachael Swash	2.34	47
4=	Dyfed	blue	116	Jamie Lee May	2.26	43
4=	Powys	green	139	Aimee Breakwell	2.26	43
6	Powys	green	141	Bethany Davies	2.24	40
7	Afan Nedd Tawe	white	99	Georgia Gibson	2.18	38
8	Powys	green	142	Lauren Williams	2.16	36
9=	Dyfed	blue	111	Niamh Rees	2.14	33
9=	North West Wales	red	136	Emilly Ridges	2.14	33
11=	Afan Nedd Tawe	white	103	Maddie Newton	2.04	29
11=	North East Wales	orange	127	Charlotte Michael	2.04	29
13=	Afan Nedd Tawe	white	100	Mia Evans	1.94	25
13=	Cardiff & Vale of Glam	maroon	107	Morgan Horne	1.94	25
15=	North West Wales	red	134	Sophie Jones	1.78	21
15=	North West Wales	red	137	Hattie Bullock	1.78	21
17	North East Wales	orange	128	Ailish	1.54	18

Results Sheet

Vertical Jump

Competition:
Sportshall Welsh Final Under 15 Girls

Venue:
Cwmbran Stadium Sports Centre

Date
9 Mar 2014

Ranking	Team	Colour	BibNo	Name	Best	Points
1=	North East Wales	orange	125	Sarah Attkinson	62	49
1=	Powys	green	143	Katie Jones	62	49
3=	Afan Nedd Tawe	white	98	Rhiannon Maine	60	44
3=	Dyfed	blue	113	Katya Makuka	60	44
3=	Powys	green	140	Megan Randell	60	44
6	North West Wales	red	135	Grace Eickman	59	40
7	Dyfed	blue	112	Olivia Williams	57	38
8	Afan Nedd Tawe	white	97	Sophie Davies	53	36
9	Powys	green	144	Megan Davies	52	34
10=	Cardiff & Vale of Glam	maroon	104	Sarah Omoregie	51	31
10=	Cardiff & Vale of Glam	maroon	106	Luca Hill	51	31
12=	North East Wales	orange	126	Anna Woodward	50	27
12=	North West Wales	red	132	Glesni Tegid	50	27
14	North West Wales	red	133	Anna Hughes	49	24
15	Dyfed	blue	115	Rebecca Hartson	48	22
16	Afan Nedd Tawe	white	102	Megan Stratton-Thomas	45	20
17	North East Wales	orange	130	Millie Quinn	39	18