

No.	Pos	Name	Club/School	Age Group	Performance
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1 Lap Race - U11 Boys



One Lap - Under 11 Boys - race 1

60	1	Daniel Knight	Thurrock	U11B	12.48
115	2	Sam Coombes	Chelmsford	U11B	12.76
47	3	Ben Perryman	Bournes Gn Jnr	U11B	12.76

One Lap - Under 11 Boys - race 2

77	1	Henry Petty Mayor	Bournes Gn Jnr	U11B	13.39
57	2	Christopher Nation	Benfleet	U11B	14.26
76	3	Henry Elvidge	Benfleet	U11B	15.77

One Lap - Under 11 Boys - race 3

88	1	Jasper Wiblin	Bournes Gn Jnr	U11B	12.32
128	2	Liam Gibbons	S'end East SSP	U11B	13.01
124	3	Max Wastell	S'end East SSP	U11B	13.06

One Lap - Under 11 Boys - race 4

129	1	Kian Culham	Braintree	U11B	13.09
126	2	Harrison Stanford	Basildon	U11B	14.09

One Lap - Under 11 Boys - race 5

75	1	Harry Sampson	Benfleet	U11B	12.61
122	2	Thomas Wakeling	Thurrock	U11B	12.88
87	3	Jamie Greenhalgh	Benfleet	U11B	13.09

One Lap - Under 11 Boys - OVERALL (times rounded up)

88	1	Jasper Wiblin	Bournes Gn Jnr	U11B	12.4
60	2	Daniel Knight	Thurrock	U11B	12.5
75	3	Harry Sampson	Benfleet	U11B	12.7
115	4	Sam Coombes	Chelmsford	U11B	12.8
47	5	Ben Perryman	Bournes Gn Jnr	U11B	12.8
122	6	Thomas Wakeling	Thurrock	U11B	12.9
128	7	Liam Gibbons	S'end East SSP	U11B	13.1
124	8	Max Wastell	S'end East SSP	U11B	13.1
129	9=	Kian Culham	Braintree	U11B	13.1
87	9=	Jamie Greenhalgh	Benfleet	U11B	13.1
77	11	Henry Petty Mayor	Bournes Gn Jnr	U11B	13.4
126	12	Harrison Stanford	Basildon	U11B	14.1
57	13	Christopher Nation	Benfleet	U11B	14.3
76	14	Henry Elvidge	Benfleet	U11B	15.8

2 Lap Race - U11 Boys



Two Lap - Under 11 Boys - race 1

99	1	Luke Dooley	Basildon	U11B	24.22
75	2	Harry Sampson	Benfleet	U11B	24.26
87	3	Jamie Greenhalgh	Benfleet	U11B	25.26
128	4	Liam Gibbons	S'end East SSP	U11B	25.45

Two Lap - Under 11 Boys - race 2

107	1	Mitchell Lawrence	S'end East SSP	U11B	25.06
122	2	Thomas Wakeling	Thurrock	U11B	25.43
86	3	James Marsh	Bournes Gn Jnr	U11B	25.50

Two Lap - Under 11 Boys - race 3

60	1	Daniel Knight	Thurrock	U11B	25.09
117	2	Sam Rawlinson	Chelmsford	U11B	26.51
129	3	Kian Culham	Braintree	U11B	27.74

Two Lap - Under 11 Boys - OVERALL (times rounded up)

99	1	Luke Dooley	Basildon	U11B	24.3
75	2	Harry Sampson	Benfleet	U11B	24.3
107	3	Mitchell Lawrence	SESSP	U11B	25.1
60	4	Daniel Knight	Thurrock	U11B	25.1
87	5	Jamie Greenhalgh	Benfleet	U11B	25.3
122	6	Thomas Wakeling	Thurrock	U11B	25.5
128	7	Liam Gibbons	SESSP	U11B	25.5
86	8	James Marsh	Bournes Gn Jnr	U11B	25.5
117	9	Sam Rawlinson	Chelmsford	U11B	26.6
129	10	Kian Culham	Braintree	U11B	27.8

No.	Pos	Name	Club/School	Age Group	Performance
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2 Lap Race - U13 Boys

Sportshall

Two Lap - Under 13 Boys - race 1

62	1	Eden Olu	Chelmsford	U13B	22.26
96	2	Louis Hassan	S'end East SSP	U13B	25.44
49	3	Brandon Duggan		U13B	25.57
73	4	Grant Davis	Chelmsford	U13B	26.39

Two Lap - Under 13 Boys - race 2

101	1	Matthew Owers	Havering M	U13B	24.01
100	2	Matthew Nariel	Eastwood HS	U13B	25.41
85	3	Jack Cook	Gt Baddow	U13B	25.86

Two Lap - Under 13 Boys - race 2

109	1	Mykael Gawley	S'end East SSP	U13B	23.23
130	2	Connor Culham	Braintree	U13B	24.91
114	3	Ryan Toussaint	Gt Baddow	U13B	26.01

Two Lap - Under 13 Boys - OVERALL - (times rounded up)

62	1	Eden Olu	Chelmsford	U13B	22.3
109	2	Mykael Gawley	S'end East SSP	U13B	23.3
101	3	Matthew Owers	Havering M	U13B	24.1
130	4	Connor Culham	Braintree	U13B	25.0
100	5	Matthew Nariel	Eastwood HS	U13B	25.5
96	6	Louis Hassan	S'end East SSP	U13B	25.5
49	7	Brandon Duggan		U13B	25.6
85	8	Jack Cook	Great Baddow	U13B	25.9
114	9	Ryan Toussaint	Gt Baddow	U13B	26.1
73	10	Grant Davis	Chelmsford	U13B	26.4

4 Lap Race - U13 Boys

Sportshall

130	1	Connor Culham	Braintree	U13B	54.3
85	2	Jack Cook	Gt Baddow	U13B	56.2
108	3	Morgan Thompson	Braintree	U13B	57.2

6 Lap Race - U13 Boys

Sportshall

130	1	Connor Culham	Braintree	U13B	1:27.8
117	2	Sam Rawlinson	Chelmsford	U11B	1:29.5
108	3	Morgan Thompson	Braintree	U13B	1:34.2

2 Lap Race - U15 Boys

Sportshall

113	1	Ryan Lambert	Thurrock	U15B	23.06
116	2	Sam Dell	Havering M	U15B	24.88

No.	Pos	Name	Club/School	Age Group	Performance
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1 Lap Race - U11 Girls

One Lap - Under 11 Girls - race 1

123	1	Yasmin Robinson	Benfleet	U11G	12.11
51	2	Brogan Ravenhall	S'end East SSP	U11G	12.70
120	3	Shannon Coombs	Thurrock	U11G	12.78
89	4	Jessica Smith	Thurrock	U11G	12.92

One Lap - Under 11 Girls - race 2

78	1	Hollie King	Havering M	U11G	12.54
102	2	Mayi Hughes	Havering M	U11G	12.88
63	3	Eleanor Butt	Alleyn Ct School	U11G	12.95
95	4	Lottie Hinson	Benfleet	U11G	13.32

One Lap - Under 11 Girls - race 3

40	1	Adrianna Thatcher	Willowbrook Pri	U11G	13.70
42	2	Amelia Owers	Havering M	U11G	14.47
119	3	Scarlett Blackman	Benfleet	U11G	14.48
46	4	Amy Nash	Ardleigh Gn Sch	U11G	14.92

One Lap - Under 11 Girls - race 4

64	1	Elena Iruškieta	Bournes Gn Jnr	U11G	12.32
55	2	Chloe Hockey	Chelmsford	U11G	13.41
41	3	Alix Ralston	Bournes Gn Jnr	U11G	13.67
52	4	Charlotte Tyler	Basildon	U11G	14.09

One Lap - Under 11 Girls - race 5

67	1	Ellie Rowan	S'end East SSP	U11G	12.39
71	2	Felicity Wall	Chelmsford	U11G	13.31
127	3	Holly Ling	Benfleet	U11G	13.97
68	4	Emilia Dingwall	Bournes Gn Jnr	U11G	13.98

One Lap - Under 11 Girls - race 6

83	1	Isabella Purdie	Havering M	U11G	13.01
93	2	Keavy Hopkins	Basildon	U11G	13.63
81	3	Inaaya Alam	Benfleet	U11G	13.98
105	4	Meredith Thompson	Braintree	U11G	15.45

One Lap - Under 11 Girls - OVERALL - (times rounded up)

123	1	Yasmin Robinson	Benfleet	U11G	12.2
64	2	Elena Iruškieta	Bournes Gn Jnr	U11G	12.4
67	3	Ellie Rowan	S'end East SSP	U11G	12.4
78	4	Hollie King	Havering M	U11G	12.6
51	5	Brogan Ravenhall	S'end East SSP	U11G	12.7
120	6	Shannon Coombs	Thurrock	U11G	12.8
102	7	Mayi Hughes	Havering M	U11G	12.9
89	8	Jessica Smith	Thurrock	U11G	13.0
63	9	Eleanor Butt	Alleyn Ct School	U11G	13.0
83	10	Isabella Purdie	Havering M	U11G	13.1
71	11	Felicity Wall	Chelmsford	U11G	13.4
95	12	Lottie Hinson	Benfleet	U11G	13.4
55	13	Chloe Hockey	Chelmsford	U11G	13.5
93	14	Keavy Hopkins	Basildon	U11G	13.7
41	15	Alix Ralston	Bournes Gn Jnr	U11G	13.7
40	16	Adrianna Thatcher	Willowbrook Pri	U11G	13.7
127	17	Holly Ling	Benfleet	U11G	14.0
68	18	Emilia Dingwall	Bournes Gn Jnr	U11G	14.0
81	19	Inaaya Alam	Benfleet	U11G	14.0
52	20	Charlotte Tyler	Basildon	U11G	14.1
42	21	Amelia Owers	Havering M	U11G	14.5
119	22	Scarlett Blackman	Benfleet	U11G	14.5
46	23	Amy Nash	Ardleigh Gn Sch	U11G	15.0
105	24	Meredith Thompson	Braintree	U11G	15.5

No.	Pos	Name	Club/School	Age Group	Performance
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2 Lap Race - U11 Girls

Two Lap - Under 11 Girls - race 1

120	1	Shannon Coombs	Thurrock	U11G	25.22
38	2	Abbie Oteng	Basildon	U11G	26.43
111	3	Rochelle Constable	Havering M	U11G	26.54
89	4	Jessica Smith	Thurrock	U11G	27.01

Two Lap - Under 11 Girls - race 2

67	1	Ellie Rowan	S'end East SSP	U11G	25.36
63	2	Eleanor Butt	Alleyn Ct School	U11G	26.71
41	3	Alix Ralston	Bournes Gn Jnr	U11G	27.39
56	4	Chloe Nation	Benfleet	U11G	29.48

Two Lap - Under 11 Girls - race 3

123	1	Yasmin Robinson	Benfleet	U11G	25.26
58	2	Claudia Topel	St Michael's	U11G	27.06
112	3	Rosie Falzon	Thurrock	U11G	28.51
127	4	Holly Ling	Benfleet	U11G	28.80

Two Lap - Under 11 Girls - race 4

93	1	Keavy Hopkins	Basildon	U11G	26.51
69	2	Emily Kidd	Basildon	U11G	26.90
91	3	Juliette le mare	Bournes Gn Jnr	U11G	27.13
80	4	Holly Notley	Basildon	U11G	28.29

Two Lap - Under 11 Girls - race 5

83	1	Isabella Purdie	Havering M	U11G	26.11
74	2	Hannah Ebsworth	Basildon	U11G	27.28
46	3	Amy Nash	Ardleigh Gn Sch	U11G	29.92

Two Lap - Under 11 Girls - race 6

78	1	Hollie King	Havering M	U11G	25.85
102	2	Mayi Hughes	Havering M	U11G	26.43
105	3	Meredith Thompson	Braintree	U11G	31.51

Two Lap - Under 11 Girls - race 7

64	1	Elena Iruškieta	Bournes Gn Jnr	U11G	24.70
71	2	Felicity Wall	Chelmsford	U11G	26.53
82	3	Isabella Andrews	Thurrock	U11G	27.92
68	4	Emilia Dingwall	Bournes Gn Jnr	U11G	28.42

Two Lap - Under 11 Girls - OVERALL - (times rounded up)

64	1	Elena Iruškieta	Bournes Gn Jnr	U11G	24.7
120	2	Shannon Coombs	Thurrock	U11G	25.3
123	3	Yasmin Robinson	Benfleet	U11G	25.3
67	4	Ellie Rowan	S'end East SSP	U11G	25.4
78	5	Hollie King	Havering M	U11G	25.9
83	6	Isabella Purdie	Havering M	U11G	26.2
38	7	Abbie Oteng	Basildon	U11G	26.5
102	8	Mayi Hughes	Havering M	U11G	26.5
93	9	Keavy Hopkins	Basildon	U11G	26.6
71	10	Felicity Wall	Chelmsford	U11G	26.6
111	11	Rochelle Constable	Havering M	U11G	26.6
63	12	Eleanor Butt	Alleyn Ct School	U11G	26.8
69	13	Emily Kidd	Basildon	U11G	26.9
89	14	Jessica Smith	Thurrock	U11G	27.1
58	15	Claudia Topel	St Michael's	U11G	27.1
91	16	Juliette le mare	Bournes Gn Jnr	U11G	27.2
74	17	Hannah Ebsworth	Basildon	U11G	27.3
41	18	Alix Ralston	Bournes Gn Jnr	U11G	27.4
82	19	Isabella Andrews	Thurrock	U11G	28.0
80	20	Holly Notley	Basildon	U11G	28.3
68	21	Emilia Dingwall	Bournes Gn Jnr	U11G	28.5
112	22	Rosie Falzon	Thurrock	U11G	28.6
127	23	Holly Ling	Benfleet	U11G	28.8
56	24	Chloe Nation	Benfleet	U11G	29.5
46	25	Amy Nash	Ardleigh Gn Sch	U11G	30.0
105	26	Meredith Thompson	Braintree	U11G	31.6

No.	Pos	Name	Club/School	Age Group	Performance
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2 Lap Race - U13 Girls



Two Lap - Under 13 Girls - race 1

90	1	Josie Waddams	Havering M	U13G	24.70
45	2	Amy Day	Chelmsford	U13G	25.41
79	3	Holly Nash	Havering M	U13G	25.45
118	4	Sampritha Sivakumar	Basildon	U13G	26.39

Two Lap - Under 13 Girls race 2

44	1	Amy Coleman	Braintree	U13G	24.95
54	2	Chloe Gough	Benfleet	U13G	26.18
97	3	Lucy Brown	Basildon	U13G	26.95
61	4	Darcey Blackman	Benfleet	U13G	27.36

Two Lap - Under 13 Girls- race 3

110	1	Damilola Alabede	Thurrock	U13G	25.39
65	2	Elena March	Thurrock	U13G	26.06
48	3	Bethanny Davey	Thurrock	U13G	26.51
39	4	Abbie Webb	S'end East SSP	U13G	28.48

Two Lap - Under 13 Girls - race 4

92	1	Katie Dawson	Havering M	U13G	24.42
125	2	Annie White	Chelmsford	U13G	24.53
131	3	Jessica Down	Chelmsford	U13G	25.09

Two Lap - Under 13 Girls OVERALL - (times rounded up)

92	1	Katie Dawson	Havering M	U13G	24.5
125	2	Annie White	Chelmsford	U13G	24.6
90	3	Josie Waddams	Havering M	U13G	24.7
44	4	Amy Coleman	Braintree	U13G	25.0
131	5	Jessica Down	Chelmsford	U13G	25.1
110	6	Damilola Alabede	Thurrock	U13G	25.4
45	7	Amy Day	Chelmsford	U13G	25.5
79	8	Holly Nash	Havering M	U13G	25.5
65	9	Elena March	Thurrock	U13G	26.1
54	10	Chloe Gough	Benfleet	U13G	26.2
118	11	Sampritha Sivakumar	Basildon	U13G	26.4
48	12	Bethanny Davey	Thurrock	U13G	26.6
97	13	Lucy Brown	Basildon	U13G	27.0
61	14	Darcey Blackman	Benfleet	U13G	27.4
39	15	Abbie Webb	S'end East SSP	U13G	28.5

No.	Pos	Name	Club/School	Age Group	Performance
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4 Lap Race - U13 & U15 Girls



Two Lap - Under 13 Girls - race 1

131	1	Jessica Down	Chelmsford	U13G	57.4
118	2	Sampritha Sivakumar	Basildon	U13G	58.1
97	3	Lucy Brown	Basildon	U13G	58.3

Four Lap - Under 13 & U15 Girls - race 1

106	1	Michelle Hughes	Havering M	U15G	51.6
92	2	Katie Dawson	Havering M	U13G	53.7
79	3	Holly Nash	Havering M	U13G	57.9

Four Lap - Under 13 & U15 Girls - (times rounded up)

92	1	Katie Dawson	Havering M	U13G	53.7
131	2	Jessica Down	Chelmsford	U13G	57.4
79	3	Holly Nash	Havering M	U13G	57.9
118	4	Sampritha Sivakumar	Basildon	U13G	58.1
97	5	Lucy Brown	Basildon	U13G	58.3
106	1	Michelle Hughes	Havering M	U15G	51.6

6 Lap Race - U13 Girls



Six Lap - Under 13 Girls- race 1

66	1	Eliza Elvidge	Benfleet	U13G	1:29.89
65	2	Elena March	Thurrock	U13G	1:31.58
97	3	Lucy Brown	Basildon	U13G	1:36.26

Six Lap - Under 13 Girls- race 2

103	1	Megan Cross	Benfleet	U13G	1:29.54
48	2	Bethanny Davey	Thurrock	U13G	1:45.71

Six Lap - Under 13 Girls - (times rounded up)

103	1	Megan Cross	Benfleet	U13G	1:29.6
66	2	Eliza Elvidge	Benfleet	U13G	1:29.9
65	3	Elena March	Thurrock	U13G	1:31.6
97	4	Lucy Brown	Basildon	U13G	1:36.3
48	5	Bethanny Davey	Thurrock	U13G	1:45.8

2 Lap Race - U15 Girls



Two Lap - Under 15 Girls - race 1

106	1	Michelle Hughes	Havering M	U15G	23.82
121	2	Shannon Jameson	Thurrock	U15G	24.53
84	3	Isabelle de Cristofano	Benfleet	U15G	26.57

Two Lap - Under 15 Girls - race 1

53	1	Chenice Constable	Havering M	U15G	23.98
43	2	Amy Cadman	Benfleet	U15G	26.91

Two Lap - Under 15 Girls - (times rounded up)

106	1	Michelle Hughes	Havering M	U15G	23.9
53	2	Chenice Constable	Havering M	U15G	24.0
121	3	Shannon Jameson	Thurrock	U15G	24.6
84	4	Isabelle de Cristofano	Benfleet	U15G	26.6
43	5	Amy Cadman	Benfleet	U15G	27.0

No.	Pos	Name	Club/School	Age Group	Performance
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Chest Push - U11 Boys

(results are recorded to nearest 25cm)

			Sportshall		
99	1	Luke Dooley	Basildon	U11B	6.25
115	2	Sam Coombes	Chelmsford	U11B	6.00
86	3	James Marsh	Bournes Gn Jnr	U11B	6.00
122	4	Thomas Wakeling	Thurrock	U11B	6.00
60	5	Daniel Knight	Thurrock	U11B	5.50
88	6	Jasper Wiblin	Bournes Gn Jnr	U11B	5.50
77	7	Henry Petty Mayor	Bournes Gn Jnr	U11B	5.50
107	8	Mitchell Lawrence	S'end East SSP	U11B	5.50
124	9	Max Wastell	S'end East SSP	U11B	5.00
126	10	Harrison Stanford	Basildon	U11B	4.75
128	11	Liam Gibbons	S'end East SSP	U11B	4.75
129	12	Kian Culham	Braintree	U11B	4.50
76	13	Henry Elvidge	Benfleet	U11B	4.00

Speed Bounce - U11 Boys

			Sportshall		
57	1	Christopher Nation	Benfleet	U11B	59
129	2	Kian Culham	Braintree	U11B	52
115	3	Sam Coombes	Chelmsford	U11B	51
107	4	Mitchell Lawrence	S'end East SSP	U11B	49
99	5	Luke Dooley	Basildon	U11B	49
128	6	Liam Gibbons	S'end East SSP	U11B	43
47	7	Ben Perryman	Bournes Gn Jnr	U11B	43
126	8	Harrison Stanford	Basildon	U11B	42
87	9	Jamie Greenhalgh	Benfleet	U11B	41
124	10	Max Wastell	S'end East SSP	U11B	40
117	11	Sam Rawlinson	Chelmsford	U11B	39
88	12	Jasper Wiblin	Bournes Gn Jnr	U11B	37
75	13	Harry Sampson	Benfleet	U11B	31
76	14	Henry Elvidge	Benfleet	U11B	21

Standing Long Jump - U11 Boys

			Sportshall		
60	1	Daniel Knight	Thurrock	U11B	1.90
75	2	Harry Sampson	Benfleet	U11B	1.86
47	3	Ben Perryman	Bournes Gn Jnr	U11B	1.86
107	4	Mitchell Lawrence	S'end East SSP	U11B	1.86
122	5	Thomas Wakeling	Thurrock	U11B	1.74
117	6	Sam Rawlinson	Chelmsford	U11B	1.66
115	7	Sam Coombes	Chelmsford	U11B	1.66
88	8	Jasper Wiblin	Bournes Gn Jnr	U11B	1.63
77	9	Henry Petty Mayor	Bournes Gn Jnr	U11B	1.62
124	10	Max Wastell	S'end East SSP	U11B	1.58
76	11	Henry Elvidge	Benfleet	U11B	1.50
129	12	Kian Culham	Braintree	U11B	1.46
128	13	Liam Gibbons	S'end East SSP	U11B	1.45

Standing Triple Jump - U11 Boys

			Sportshall		
107	1	Mitchell Lawrence	S'end East SSP	U11B	5.16
122	2	Thomas Wakeling	Thurrock	U11B	5.08
99	3	Luke Dooley	Basildon	U11B	5.02
86	4	James Marsh	Bournes Gn Jnr	U11B	4.90
87	5	Jamie Greenhalgh	Benfleet	U11B	4.48
129	6	Kian Culham	Braintree	U11B	4.24
126	7	Harrison Stanford	Basildon	U11B	3.86
57	8	Christopher Nation	Benfleet	U11B	3.04

Vertical Jump - U11 Boys

			Sportshall		
115	1	Sam Coombes	Chelmsford	U11B	40
86	2	James Marsh	Bournes Gn Jnr	U11B	38
124	3	Max Wastell	S'end East SSP	U11B	37
128	4	Liam Gibbons	S'end East SSP	U11B	32
129	5	Kian Culham	Braintree	U11B	27
76	6	Henry Elvidge	Benfleet	U11B	26

No.	Pos	Name	Club/School	Age Group	Performance
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Speed Bounce - U13 Boys
Sportshall

85	1	Jack Cook	Gt Baddow	U13B	71
130	2	Connor Culham	Braintree	U13B	70
109	3	Mykael Gawley	S'end East SSP	U13B	61
96	4	Louis Hassan	S'end East SSP	U13B	60
62	5	Eden Olu	Chelmsford	U13B	59
114	5	Ryan Toussaint	Gt Baddow	U13B	59
108	7	Morgan Thompson	Braintree	U13B	58
49	8	Brandon Duggan		U13B	54
73	9	Grant Davis	Chelmsford	U13B	45

Standing Long Jump - U13 Boys
Sportshall

108	1	Morgan Thompson	Braintree	U13B	2.04
130	2	Connor Culham	Braintree	U13B	2.02
101	3	Matthew Owers	Havering M	U13B	2.00
85	4	Jack Cook	Gt Baddow	U13B	1.91
49	5	Brandon Duggan		U13B	1.88
96	6	Louis Hassan	S'end East SSP	U13B	1.80
109	7	Mykael Gawley	S'end East SSP	U13B	1.65
73	8	Grant Davis	Chelmsford	U13B	1.58
100	9	Matthew Nariel	Eastwood HS	U13B	1.39

Standing Triple Jump - U13 Boys
Sportshall

101	1	Matthew Owers	Havering M	U13B	6.34
130	2	Connor Culham	Braintree	U13B	6.00
108	3	Morgan Thompson	Braintree	U13B	5.70
85	4	Jack Cook	Gt Baddow	U13B	5.20

Vertical Jump - U13 Boys
Sportshall

62	1	Eden Olu	Chelmsford	U13B	58
130	2	Connor Culham	Braintree	U13B	57
49	3	Brandon Duggan		U13B	45
108	4	Morgan Thompson	Braintree	U13B	44
96	5	Louis Hassan	S'end East SSP	U13B	42
85	6	Jack Cook	Gt Baddow	U13B	42
114	7	Ryan Toussaint	Gt Baddow	U13B	39
109	8	Mykael Gawley	S'end East SSP	U13B	39

Standing Long Jump - U15 Boys
Sportshall

113	1	Ryan Lambert	Thurrock	U15B	2.06
116	2	Sam Dell	Havering M	U15B	1.85

Speed Bounce - U15 Boys
Sportshall

116	1	Sam Dell	Havering M	U15B	71
113	2	Ryan Lambert	Thurrock	U15B	61

No.	Pos	Name	Club/School	Age Group	Performance
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Chest Push - U11 Girls
Sportshall

102	1	Mayi Hughes	Havering M	U11G	6.25
51	2	Brogan Ravenhall	S'end East SSP	U11G	5.75
71	3	Felicity Wall	Chelmsford	U11G	5.75
120	4	Shannon Coombs	Thurrock	U11G	5.75
63	5	Eleanor Butt	Alleyn Ct School	U11G	5.50
81	6	Inaaya Alam	Benfleet	U11G	5.50
38	7	Abbie Oteng	Basildon	U11G	5.50
42	8	Amelia Owers	Havering M	U11G	5.00
93	9	Keavy Hopkins	Basildon	U11G	5.00
40	10	Adrianna Thatcher	Willowbrook Pri	U11G	4.75
112	11	Rosie Falzon	Thurrock	U11G	4.75
68	12	Emilia Dingwall	Bournes Gn Jnr	U11G	4.75
52	13	Charlotte Tyler	Basildon	U11G	4.75
74	14	Hannah Ebsworth	Basildon	U11G	4.50
105	15	Meredith Thompson	Braintree	U11G	4.25
69	16	Emily Kidd	Basildon	U11G	4.25
55	16	Chloe Hockey	Chelmsford	U11G	3.75

Speed Bounce - U11 Girls
Sportshall

111	1	Rochelle Constable	Havering M	U11G	52
83	2	Isabella Purdie	Havering M	U11G	50
64	3	Elena Iruskieta	Bournes Gn Jnr	U11G	49
78	4	Hollie King	Havering M	U11G	48
120	4	Shannon Coombs	Thurrock	U11G	48
41	6	Alix Ralston	Bournes Gn Jnr	U11G	47
46	6	Amy Nash	Ardleigh Gn Sch	U11G	47
91	6	Juliette le mare	Bournes Gn Jnr	U11G	47
123	6	Yasmin Robinson	Benfleet	U11G	47
58	10	Claudia Topel	St Michael's	U11G	45
42	11	Amelia Owers	Havering M	U11G	43
89	11	Jessica Smith	Thurrock	U11G	43
56	13	Chloe Nation	Benfleet	U11G	42
93	13	Keavy Hopkins	Basildon	U11G	42
80	15	Holly Notley	Basildon	U11G	40
105	15	Meredith Thompson	Braintree	U11G	40
81	17	Inaaya Alam	Benfleet	U11G	39
127	17	Holly Ling	Benfleet	U11G	39
55	19	Chloe Hockey	Chelmsford	U11G	37
74	19	Hannah Ebsworth	Basildon	U11G	37
82	21	Isabella Andrews	Thurrock	U11G	34
119	22	Scarlett Blackman	Benfleet	U11G	33

Standing Long Jump - U11 Girls
Sportshall

64	1	Elena Iruskieta	Bournes Gn Jnr	U11G	1.89
41	2	Alix Ralston	Bournes Gn Jnr	U11G	1.81
51	3	Brogan Ravenhall	S'end East SSP	U11G	1.81
38	4	Abbie Oteng	Basildon	U11G	1.76
83	5	Isabella Purdie	Havering M	U11G	1.76
102	6	Mayi Hughes	Havering M	U11G	1.74
123	7	Yasmin Robinson	Benfleet	U11G	1.72
82	8	Isabella Andrews	Thurrock	U11G	1.67
91	9	Juliette le mare	Bournes Gn Jnr	U11G	1.64
67	10	Ellie Rowan	S'end East SSP	U11G	1.62
58	11	Claudia Topel	St Michael's	U11G	1.59
78	12	Hollie King	Havering M	U11G	1.58
55	13	Chloe Hockey	Chelmsford	U11G	1.54
63	14	Eleanor Butt	Alleyn Ct School	U11G	1.54
46	15	Amy Nash	Ardleigh Gn Sch	U11G	1.51
89	16	Jessica Smith	Thurrock	U11G	1.50
68	17	Emilia Dingwall	Bournes Gn Jnr	U11G	1.44
69	18	Emily Kidd	Basildon	U11G	1.44
80	19	Holly Notley	Basildon	U11G	1.39
105	20	Meredith Thompson	Braintree	U11G	1.37
127	21	Holly Ling	Benfleet	U11G	1.36
52	22	Charlotte Tyler	Basildon	U11G	1.33
112	23	Rosie Falzon	Thurrock	U11G	1.27
95	24	Lottie Hinson	Benfleet	U11G	1.22

No.	Pos	Name	Club/School	Age Group	Performance
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Standing Triple Jump - U11 Girls


111	1	Rochelle Constable	Havering M	U11G	5.52
63	2	Eleanor Butt	Alleyn Ct School	U11G	5.08
67	3	Ellie Rowan	S'end East SSP	U11G	4.88
71	4	Felicity Wall	Chelmsford	U11G	4.33
38	5	Abbie Oteng	Basildon	U11G	4.08
120	6	Shannon Coombs	Thurrock	U11G	3.88
56	7	Chloe Nation	Benfleet	U11G	3.62
119	8	Scarlett Blackman	Benfleet	U11G	3.62

Vertical Jump - U11 Girls


51	1	Brogan Ravenhall	S'end East SSP	U11G	46
111	2	Rochelle Constable	Havering M	U11G	46
64	3	Elena Iruskieta	Bournes Gn Jnr	U11G	42
67	4	Ellie Rowan	S'end East SSP	U11G	40
63	5	Eleanor Butt	Alleyn Ct School	U11G	38
83	6	Isabella Purdie	Havering M	U11G	38
68	7	Emilia Dingwall	Bournes Gn Jnr	U11G	35
41	8	Alix Ralston	Bournes Gn Jnr	U11G	34
91	9	Juliette le mare	Bournes Gn Jnr	U11G	34
78	10	Hollie King	Havering M	U11G	33
105	11	Meredith Thompson	Braintree	U11G	33
71	12	Felicity Wall	Chelmsford	U11G	32
95	13	Lottie Hinson	Benfleet	U11G	25
46	14	Amy Nash	Ardleigh Gn Sch	U11G	23
127	15	Holly Ling	Benfleet	U11G	21

No.	Pos	Name	Club/School	Age Group	Performance
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Speed Bounce - U13 Girls
Sportshall

79	1	Holly Nash	Havering M	U13G	78
131	2	Jessica Down	Chelmsford	U13G	74
125	3	Annie White	Chelmsford	U13G	70
61	4	Darcey Blackman	Benfleet	U13G	69
45	5	Amy Day	Chelmsford	U13G	66
90	6	Josie Waddams	Havering M	U13G	64
118	7	Sampritha Sivakumar	Basildon	U13G	63
66	8	Eliza Elvidge	Benfleet	U13G	61
48	9	Bethanny Davey	Thurrock	U13G	60
65	10	Elena March	Thurrock	U13G	54
54	11	Chloe Gough	Benfleet	U13G	52
97	12	Lucy Brown	Basildon	U13G	48
39	13	Abbie Webb	S'end East SSP	U13G	47

Standing Long Jump - U13 Girls
Sportshall

125	1	Annie White	Chelmsford	U13G	2.04
44	2	Amy Coleman	Braintree	U13G	1.93
131	3	Jessica Down	Chelmsford	U13G	1.86
66	4	Eliza Elvidge	Benfleet	U13G	1.83
54	5	Chloe Gough	Benfleet	U13G	1.72
45	6	Amy Day	Chelmsford	U13G	1.71
103	7	Megan Cross	Benfleet	U13G	1.65
118	8	Sampritha Sivakumar	Basildon	U13G	1.62
65	9	Elena March	Thurrock	U13G	1.54
97	10	Lucy Brown	Basildon	U13G	1.52
39	11	Abbie Webb	S'end East SSP	U13G	1.50
48	12	Bethanny Davey	Thurrock	U13G	1.45

Standing Triple Jump - U13 Girls
Sportshall

44	1	Amy Coleman	Braintree	U13G	5.77
131	2	Jessica Down	Chelmsford	U13G	5.44
92	3	Katie Dawson	Havering M	U13G	5.43
125	4	Annie White	Chelmsford	U13G	5.42
45	5	Amy Day	Chelmsford	U13G	5.32
79	6	Holly Nash	Havering M	U13G	5.07
61	7	Darcey Blackman	Benfleet	U13G	5.03

Vertical Jump - U13 Girls
Sportshall

90	1	Josie Waddams	Havering M	U13G	46
92	2	Katie Dawson	Havering M	U13G	43
79	3	Holly Nash	Havering M	U13G	37
66	4	Eliza Elvidge	Benfleet	U13G	36
103	5	Megan Cross	Benfleet	U13G	35
97	6	Lucy Brown	Basildon	U13G	34
39	7	Abbie Webb	S'end East SSP	U13G	33

Southend High School for Girls, Saturday 12th November 2011

No.	Pos	Name	Club/School	Age Group	Performance
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Speed Bounce - U15 Girls



106	1	Michelle Hughes	Havering M	U15G	82
53	2	Chenice Constable	Havering M	U15G	78
121	3	Shannon Jameson	Thurrock	U15G	71
43	4	Amy Cadman	Benfleet	U15G	64
84	5	Isabelle de Cristofano	Benfleet	U15G	61

Standing Long Jump - U15 Girls



53	1	Chenice Constable	Havering M	U15G	2.30
121	2	Shannon Jameson	Thurrock	U15G	1.90
84	3	Isabelle de Cristofano	Benfleet	U15G	1.83
43	4	Amy Cadman	Benfleet	U15G	1.53

Vertical Jump - U15 Girls



106	1	Michelle Hughes	Havering M	U15G	48
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Standing Triple Jump - U15 Girls



53	1	Chenice Constable	Havering M	U15G	6.38
121	2	Shannon Jameson	Thurrock	U15G	5.88

ATHLETES OF THE MATCH T-SHIRTS: BOYS - MATTHEW OWERS (U13) & ROCHELLE CONSTABLE