



# Team Results

# Crewe and Nantwich ()

## Competition:

North West League Round 1b Under 11 Girls

## Venue:

Kingsway

## Date

2 Oct 2010

Ranking	Team	Colour	Score	4x2	2LR	4LR	CP	SB	SLJ	VJ
1	Crewe and Nantwich		125.0	18.0	18.0	17.0	18.0	18.0	18.0	18.0
2	DASH		111.0	15.0	15.0	17.0	16.0	16.0	16.0	16.0
3	Sutton St Helens		93.0	12.0	15.0	14.0	10.0	14.0	14.0	14.0
4=	Deeside		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
4=	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
38	Sophie Murray	2LR	32.0				32.0		
38	Sophie Murray	4LR	1:14.5				1:14.5		
38	Sophie Murray	SLJ	1.41	1.39	1.28	0.00	1.41		
39	Sophie Hodson	2LR	30.8				30.8		
39	Sophie Hodson	4LR	1:10.0				1:10.0		
39	Sophie Hodson	SB	0				0		
40	Hannah Gillespie	2LR	30.6				30.6		
40	Hannah Gillespie	SB	53				53		
40	Hannah Gillespie	SLJ	1.65	1.53	1.36	0.00	1.65		
41	Sophie Hughes	2LR	30.2				30.2		
41	Sophie Hughes	SB	0				0		
41	Sophie Hughes	SLJ	1.48	1.47	1.44	0.00	1.48		
42	Rebecca Males	2LR	30.0				30.0		
42	Rebecca Males	SB	52				52		
42	Rebecca Males	VJ	31	33	36	0	36		
43	Rachel Fifer	2LR	30.7				30.7		
43	Rachel Fifer	4LR	1:06.2				1:06.2	1	6.0
43	Rachel Fifer	SB	59				59	1	12.0
44	Maisie Bell	2LR	29.5				29.5		
44	Maisie Bell	CP	5.50	5.75	5.50	0.00	5.75	1	6.0
44	Maisie Bell	VJ	34	33	37	0	37	1	6.0
45	Amber Parry	2LR	30.1				30.1		
45	Amber Parry	CP	3.50	4.00	3.50	0.00	4.00		
45	Amber Parry	SLJ	1.81	1.74	1.70	0.00	1.81	1	6.0
46	Katie Hughes	2LR	29.5				29.5		
46	Katie Hughes	4LR	1:05.1				1:05.1		
46	Katie Hughes	SB	54				54	1	6.0
47	Eve Nickisson	2LR	27.7				27.7	1	12.0

# Team Results

# Crewe and Nantwich ()

## Competition:

North West League Round 1b Under 11 Girls

## Venue:

Kingsway

## Date

2 Oct 2010

Ranking	Team	Colour	Score	4x2	2LR	4LR	CP	SB	SLJ	VJ
1	Crewe and Nantwich		125.0	18.0	18.0	17.0	18.0	18.0	18.0	18.0
2	DASH		111.0	15.0	15.0	17.0	16.0	16.0	16.0	16.0
3	Sutton St Helens		93.0	12.0	15.0	14.0	10.0	14.0	14.0	14.0
4=	Deeside		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
4=	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
47	Eve Nickisson	4LR	1:00.7				1:00.7	2	11.0
47	Eve Nickisson	CP	6.25	7.00	6.75	0.00	7.00	1	12.0
48	Ellen Spencer Hall	2LR	32.6				32.6		
48	Ellen Spencer Hall	CP	3.50	4.25	4.25	0.00	4.25		
48	Ellen Spencer Hall	SLJ	1.30	1.27	1.34	0.00	1.34		
49	Emily Ashman	2LR	31.5				31.5		
49	Emily Ashman	4LR	1:09.9				1:09.9		
49	Emily Ashman	CP	4.50	4.00	4.50	0.00	4.50		
50	Ella Nicholls	2LR	28.3				28.3	1	6.0
50	Ella Nicholls	SLJ	1.86	1.90	1.87	0.00	1.90	1	12.0
50	Ella Nicholls	VJ	36	37	36	0	37	1	12.0

# Team Results

# DASH ()

## Competition:

North West League Round 1b Under 11 Girls

## Venue:

Kingsway

## Date

2 Oct 2010

Ranking	Team	Colour	Score	4x2	2LR	4LR	CP	SB	SLJ	VJ
1	Crewe and Nantwich		125.0	18.0	18.0	17.0	18.0	18.0	18.0	18.0
2	DASH		111.0	15.0	15.0	17.0	16.0	16.0	16.0	16.0
3	Sutton St Helens		93.0	12.0	15.0	14.0	10.0	14.0	14.0	14.0
4=	Deeside		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
4=	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
83	Ellie Ward	4LR	1:15.4				1:15.4	2	5.0
83	Ellie Ward	CP	0.00	4.25	0.00	0.00	4.25		
83	Ellie Ward	SB	51				51	2	11.0
84	Rebecca Muirhead	2LR	30.8				30.8	3	10.0
84	Rebecca Muirhead	CP	6.25	6.00	0.00	0.00	6.25	2	11.0
84	Rebecca Muirhead	VJ	30	29	31	0	31	2	11.0
85	Jade Carpenter	4LR	1:05.3				1:05.3		
85	Jade Carpenter	SLJ	1.48	1.54	1.47	0.00	1.54	2	5.0
85	Jade Carpenter	VJ	25	24	27	0	27	2	5.0
86	Brooke Tilley	2LR	31.1				31.1	2	5.0
86	Brooke Tilley	SB	45				45	2	5.0
86	Brooke Tilley	SLJ	1.46	1.51	1.31	0.00	1.51		
198	Jenny Park	2LR	0.0				0.0		
198	Jenny Park	4LR	1:00.7				1:00.7	1	12.0
198	Jenny Park	CP	5.00	3.75	5.00	0.00	5.00	2	5.0
198	Jenny Park	SB	0				0		
198	Jenny Park	SLJ	1.56	1.54	1.54	0.00	1.56	2	11.0
198	Jenny Park	VJ	0	0	0	0	0		

# Team Results

# Deeside ()

## Competition:

North West League Round 1b Under 11 Girls

## Venue:

Kingsway

## Date

2 Oct 2010

Ranking	Team	Colour	Score	4x2	2LR	4LR	CP	SB	SLJ	VJ
1	Crewe and Nantwich		125.0	18.0	18.0	17.0	18.0	18.0	18.0	18.0
2	DASH		111.0	15.0	15.0	17.0	16.0	16.0	16.0	16.0
3	Sutton St Helens		93.0	12.0	15.0	14.0	10.0	14.0	14.0	14.0
4=	Deeside		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
4=	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
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\*\*\*\*\* no results for this team \*\*\*\*\*

# Team Results

# Handforth ()

## Competition:

North West League Round 1b Under 11 Girls

## Venue:

Kingsway

## Date

2 Oct 2010

Ranking	Team	Colour	Score	4x2	2LR	4LR	CP	SB	SLJ	VJ
1	Crewe and Nantwich		125.0	18.0	18.0	17.0	18.0	18.0	18.0	18.0
2	DASH		111.0	15.0	15.0	17.0	16.0	16.0	16.0	16.0
3	Sutton St Helens		93.0	12.0	15.0	14.0	10.0	14.0	14.0	14.0
4=	Deeside		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
4=	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

**Comp No Name**

**Event**

**Perf1**

**Perf2**

**Perf3**

**Perf4**

**Best Ranking**

**Points**

\*\*\*\*\* no results for this team \*\*\*\*\*

# Team Results

# Sutton St Helens ()

## Competition:

North West League Round 1b Under 11 Girls

## Venue:

Kingsway

## Date

2 Oct 2010

Ranking	Team	Colour	Score	4x2	2LR	4LR	CP	SB	SLJ	VJ
1	Crewe and Nantwich		125.0	18.0	18.0	17.0	18.0	18.0	18.0	18.0
2	DASH		111.0	15.0	15.0	17.0	16.0	16.0	16.0	16.0
3	Sutton St Helens		93.0	12.0	15.0	14.0	10.0	14.0	14.0	14.0
4=	Deeside		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
4=	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
143	Caitlin Young	2LR	30.7				30.7		
143	Caitlin Young	SB	42				42	3	10.0
143	Caitlin Young	SLJ	1.47	1.53	1.37	0.00	1.53	3	10.0
144	Alex Bottomley	2LR	29.9				29.9	2	11.0
144	Alex Bottomley	4LR	1:05.1				1:05.1	3	10.0
144	Alex Bottomley	CP	4.50	4.75	4.50	0.00	4.75	3	10.0
145	Eleanor Mawdsley	2LR	32.8				32.8	3	4.0
145	Eleanor Mawdsley	SLJ	1.45	1.40	1.49	0.00	1.49	3	4.0
145	Eleanor Mawdsley	VJ	26	27	24	0	27	3	10.0
160	Isabella Halsall	4LR	1:20.1				1:20.1	3	4.0
160	Isabella Halsall	SB	35				35	3	4.0
160	Isabella Halsall	VJ	11	17	17	0	17	3	4.0

# Results Sheet

# 2 Lap Race

**Competition:**  
North West League Round 1b Under 11 Girls

**Venue:**  
Kingsway

**Date**  
2 Oct 2010

Ranking	Team	Colour	Points
1	Crewe and Nantwich		18.0
2=	DASH		15.0
2=	Sutton St Helens		15.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Crewe and Nantwich		47	Eve Nickisson	27.7	12.0
2	Sutton St Helens		144	Alex Bottomley	29.9	11.0
3	DASH		84	Rebecca Muirhead	30.8	10.0
1	Crewe and Nantwich		50	Ella Nicholls	28.3	6.0
2	DASH		86	Brooke Tilley	31.1	5.0
3	Sutton St Helens		145	Eleanor Mawdsley	32.8	4.0
	Crewe and Nantwich		46	Katie Hughes	29.5	
	Crewe and Nantwich		44	Maisie Bell	29.5	
	Crewe and Nantwich		42	Rebecca Males	30.0	
	Crewe and Nantwich		45	Amber Parry	30.1	
	Crewe and Nantwich		41	Sophie Hughes	30.2	
	Crewe and Nantwich		40	Hannah Gillespie	30.6	
	Crewe and Nantwich		43	Rachel Fifer	30.7	
	Sutton St Helens		143	Caitlin Young	30.7	
	Crewe and Nantwich		39	Sophie Hodson	30.8	
	Crewe and Nantwich		49	Emily Ashman	31.5	
	Crewe and Nantwich		38	Sophie Murray	32.0	
	Crewe and Nantwich		48	Ellen Spencer Hall	32.6	



# Results Sheet

# 4 Lap Race

**Competition:**  
North West League Round 1b Under 11 Girls

**Venue:**  
Kingsway

**Date**  
2 Oct 2010

Ranking	Team	Colour	Points
1=	Crewe and Nantwich		17.0
1=	DASH		17.0
3	Sutton St Helens		14.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	DASH		198	Jenny Park	1:00.7	12.0
2	Crewe and Nantwich		47	Eve Nickisson	1:00.7	11.0
3	Sutton St Helens		144	Alex Bottomley	1:05.1	10.0
1	Crewe and Nantwich		43	Rachel Fifer	1:06.2	6.0
2	DASH		83	Ellie Ward	1:15.4	5.0
3	Sutton St Helens		160	Isabella Halsall	1:20.1	4.0
	Crewe and Nantwich		46	Katie Hughes	1:05.1	
	DASH		85	Jade Carpenter	1:05.3	
	Crewe and Nantwich		49	Emily Ashman	1:09.9	
	Crewe and Nantwich		39	Sophie Hodson	1:10.0	
	Crewe and Nantwich		38	Sophie Murray	1:14.5	

# Results Sheet

# 4 x 2 Lap Relay

## Competition:

North West League Round 1b Under 11 Girls

## Venue:

Kingsway

## Date

2 Oct 2010

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Crewe and Nantwich		0.0	1:53.5	1:53.5	18.0
2	02	DASH		0.0	2:06.0	2:06.0	15.0
3	05	Sutton St Helens		0.0	2:09.6	2:09.6	12.0

# Results Sheet

# Chest Push

**Competition:**  
North West League Round 1b Under 11 Girls

**Venue:**  
Kingsway

**Date**  
2 Oct 2010

Ranking	Team	Colour	Points
1	Crewe and Nantwich		18.0
2	DASH		16.0
3	Sutton St Helens		10.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Crewe and Nantwich		47	Eve Nickisson	7.00	12.0
2	DASH		84	Rebecca Muirhead	6.25	11.0
3	Sutton St Helens		144	Alex Bottomley	4.75	10.0
1	Crewe and Nantwich		44	Maisie Bell	5.75	6.0
2	DASH		198	Jenny Park	5.00	5.0
	Crewe and Nantwich		49	Emily Ashman	4.50	
	Crewe and Nantwich		48	Ellen Spencer Hall	4.25	
	DASH		83	Ellie Ward	4.25	
	Crewe and Nantwich		45	Amber Parry	4.00	

# Results Sheet

# Speed Bounce

**Competition:**  
North West League Round 1b Under 11 Girls

**Venue:**  
Kingsway

**Date**  
2 Oct 2010

Ranking	Team	Colour	Points
1	Crewe and Nantwich		18.0
2	DASH		16.0
3	Sutton St Helens		14.0

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Crewe and Nantwich		43	Rachel Fifer	59	12.0
2	DASH		83	Ellie Ward	51	11.0
3	Sutton St Helens		143	Caitlin Young	42	10.0
1	Crewe and Nantwich		46	Katie Hughes	54	6.0
2	DASH		86	Brooke Tilley	45	5.0
3	Sutton St Helens		160	Isabella Halsall	35	4.0
	Crewe and Nantwich		40	Hannah Gillespie	53	
	Crewe and Nantwich		42	Rebecca Males	52	

# Results Sheet

# Standing Long Jump

**Competition:**  
North West League Round 1b Under 11 Girls

**Venue:**  
Kingsway

**Date**  
2 Oct 2010

Ranking	Team	Colour	Points
1	Crewe and Nantwich		18.0
2	DASH		16.0
3	Sutton St Helens		14.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Crewe and Nantwich		50	Ella Nicholls	1.90	12.0
2	DASH		198	Jenny Park	1.56	11.0
3	Sutton St Helens		143	Caitlin Young	1.53	10.0
1	Crewe and Nantwich		45	Amber Parry	1.81	6.0
2	DASH		85	Jade Carpenter	1.54	5.0
3	Sutton St Helens		145	Eleanor Mawdsley	1.49	4.0
	Crewe and Nantwich		40	Hannah Gillespie	1.65	
	DASH		86	Brooke Tilley	1.51	
	Crewe and Nantwich		41	Sophie Hughes	1.48	
	Crewe and Nantwich		38	Sophie Murray	1.41	
	Crewe and Nantwich		48	Ellen Spencer Hall	1.34	

# Results Sheet

# Vertical Jump

**Competition:**  
North West League Round 1b Under 11 Girls

**Venue:**  
Kingsway

**Date**  
2 Oct 2010

Ranking	Team	Colour	Points
1	Crewe and Nantwich		18.0
2	DASH		16.0
3	Sutton St Helens		14.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Crewe and Nantwich		50	Ella Nicholls	37	12.0
2	DASH		84	Rebecca Muirhead	31	11.0
3	Sutton St Helens		145	Eleanor Mawdsley	27	10.0
1	Crewe and Nantwich		44	Maisie Bell	37	6.0
2	DASH		85	Jade Carpenter	27	5.0
3	Sutton St Helens		160	Isabella Halsall	17	4.0
	Crewe and Nantwich		42	Rebecca Males	36	



# Team Results

# Crewe and Nantwich ()

## Competition:

North West League Round 1b Under 13 Girls

## Venue:

Kingsway

## Date

2 Oct 2010

Ranking	Team	Colour	Score	4x2	2LR	6LR	S	SB	SLJ	VJ
1	Crewe and Nantwich		125.0	18.0	18.0	18.0	17.0	18.0	18.0	18.0
2	Deeside		91.0	12.0	15.0	16.0	17.0	15.0	16.0	0.0
3	DASH		86.0	15.0	15.0	10.0	10.0	11.0	9.0	16.0
4	Handforth		29.0	0.0	0.0	0.0	9.0	0.0	10.0	10.0
5	Sutton St Helens		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
29	Emma Hassall	2LR	27.8				27.8		
29	Emma Hassall	SB	75				75	1	6.0
29	Emma Hassall	SLJ	1.79	1.74	1.82	0.00	1.82		
30	Sophie Smith	2LR	0.0				0.0		
30	Sophie Smith	SB	0				0		
30	Sophie Smith	SLJ	0.00	0.00	0.00	0.00	0.00		
31	Mollie Bell	2LR	29.0				29.0		
31	Mollie Bell	SB	61				61		
31	Mollie Bell	SLJ	1.71	1.66	1.77	0.00	1.77		
32	Jess Croft	2LR	29.5				29.5		
32	Jess Croft	SLJ	1.96	1.91	1.96	0.00	1.96	1	6.0
32	Jess Croft	VJ	44	43	44	0	44	1	12.0
33	Rhianna Stenson	2LR	28.0				28.0		
33	Rhianna Stenson	S	0.00	4.75	0.00	0.00	4.75	2	5.0
33	Rhianna Stenson	SLJ	0.00	1.77	1.80	0.00	1.80		
34	Ella Barker	2LR	28.2				28.2		
34	Ella Barker	SB	65				65		
34	Ella Barker	VJ	41	41	38	0	41		
35	Monique Latham	2LR	27.8				27.8		
35	Monique Latham	SB	67				67		
35	Monique Latham	SLJ	1.93	1.95	1.97	0.00	1.97	1	12.0
35	Monique Latham	VJ	44	43	44	0	44	1	6.0
36	Annie Huntbach	2LR	27.0				27.0	1	6.0
36	Annie Huntbach	6LR	1:35.6				1:35.6	1	6.0
36	Annie Huntbach	S	7.17	7.25	5.95	0.00	7.25	1	12.0
37	Freya Taylor Hatswell	2LR	26.5				26.5	1	12.0
37	Freya Taylor Hatswell	6LR	1:32.4				1:32.4	1	12.0
37	Freya Taylor Hatswell	SB	82				82	1	12.0



# Team Results

# DASH ()

## Competition:

North West League Round 1b Under 13 Girls

## Venue:

Kingsway

## Date

2 Oct 2010

Ranking	Team	Colour	Score	4x2	2LR	6LR	S	SB	SLJ	VJ
1	Crewe and Nantwich		125.0	18.0	18.0	18.0	17.0	18.0	18.0	18.0
2	Deeside		91.0	12.0	15.0	16.0	17.0	15.0	16.0	0.0
3	DASH		86.0	15.0	15.0	10.0	10.0	11.0	9.0	16.0
4	Handforth		29.0	0.0	0.0	0.0	9.0	0.0	10.0	10.0
5	Sutton St Helens		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
110	Lucy Cartledge	2LR	29.5				29.5		
110	Lucy Cartledge	SB	67				67	2	11.0
110	Lucy Cartledge	VJ	40	40	38	0	40	2	11.0
111	Libby Geary	2LR	29.0				29.0	3	10.0
111	Libby Geary	SLJ	1.53	1.56	1.57	0.00	1.57	4	9.0
111	Libby Geary	VJ	35	37	37	0	37	2	5.0
112	Sue Hancox	2LR	29.0				29.0	2	5.0
112	Sue Hancox	6LR	1:45.4				1:45.4	3	10.0
112	Sue Hancox	S	5.38	6.04	0.00	0.00	6.04	3	10.0

# Team Results

# Deeside ()

## Competition:

North West League Round 1b Under 13 Girls

## Venue:

Kingsway

## Date

2 Oct 2010

Ranking	Team	Colour	Score	4x2	2LR	6LR	S	SB	SLJ	VJ
1	Crewe and Nantwich		125.0	18.0	18.0	18.0	17.0	18.0	18.0	18.0
2	Deeside		91.0	12.0	15.0	16.0	17.0	15.0	16.0	0.0
3	DASH		86.0	15.0	15.0	10.0	10.0	11.0	9.0	16.0
4	Handforth		29.0	0.0	0.0	0.0	9.0	0.0	10.0	10.0
5	Sutton St Helens		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
8	Tia Williams	2LR	30.0				30.0	3	4.0
8	Tia Williams	S	6.49	6.52	6.26	0.00	6.52	2	11.0
8	Tia Williams	SLJ	1.85	1.70	1.83	0.00	1.85	2	11.0
9	Sophie Rowlands	6LR	1:45.4				1:45.4	2	11.0
9	Sophie Rowlands	S	0.00	4.25	5.15	0.00	5.15	1	6.0
9	Sophie Rowlands	SLJ	1.76	1.71	1.65	0.00	1.76		
10	Lucy Bassett	6LR	1:49.1				1:49.1	2	5.0
10	Lucy Bassett	SB	58				58	3	10.0
10	Lucy Bassett	SLJ	1.44	1.33	0.00	0.00	1.44		
11	Rachel Swash	2LR	28.9				28.9	2	11.0
11	Rachel Swash	SB	50				50	2	5.0
11	Rachel Swash	SLJ	1.78	1.83	1.79	0.00	1.83	2	5.0

# Team Results

# Handforth ()

## Competition:

North West League Round 1b Under 13 Girls

## Venue:

Kingsway

## Date

2 Oct 2010

Ranking	Team	Colour	Score	4x2	2LR	6LR	S	SB	SLJ	VJ
1	Crewe and Nantwich		125.0	18.0	18.0	18.0	17.0	18.0	18.0	18.0
2	Deeside		91.0	12.0	15.0	16.0	17.0	15.0	16.0	0.0
3	DASH		86.0	15.0	15.0	10.0	10.0	11.0	9.0	16.0
4	Handforth		29.0	0.0	0.0	0.0	9.0	0.0	10.0	10.0
5	Sutton St Helens		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
139	Jemma Dempster	S	4.48	4.55	4.56	0.00	4.56	4	9.0
139	Jemma Dempster	SLJ	1.62	1.55	1.47	0.00	1.62	3	10.0
139	Jemma Dempster	VJ	33	32	36	0	36	3	10.0

# Team Results

# Sutton St Helens ()

## Competition:

North West League Round 1b Under 13 Girls

## Venue:

Kingsway

## Date

2 Oct 2010

Ranking	Team	Colour	Score	4x2	2LR	6LR	S	SB	SLJ	VJ
1	Crewe and Nantwich		125.0	18.0	18.0	18.0	17.0	18.0	18.0	18.0
2	Deeside		91.0	12.0	15.0	16.0	17.0	15.0	16.0	0.0
3	DASH		86.0	15.0	15.0	10.0	10.0	11.0	9.0	16.0
4	Handforth		29.0	0.0	0.0	0.0	9.0	0.0	10.0	10.0
5	Sutton St Helens		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
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\*\*\*\*\* no results for this team \*\*\*\*\*

# Results Sheet

# 2 Lap Race

**Competition:**  
North West League Round 1b Under 13 Girls

**Venue:**  
Kingsway

**Date**  
2 Oct 2010

Ranking	Team	Colour	Points
1	Crewe and Nantwich		18.0
2=	DASH		15.0
2=	Deeside		15.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Crewe and Nantwich		37	Freya Taylor Hatswell	26.5	12.0
2	Deeside		11	Rachel Swash	28.9	11.0
3	DASH		111	Libby Geary	29.0	10.0
1	Crewe and Nantwich		36	Annie Huntbach	27.0	6.0
2	DASH		112	Sue Hancox	29.0	5.0
3	Deeside		8	Tia Williams	30.0	4.0
	Crewe and Nantwich		35	Monique Latham	27.8	
	Crewe and Nantwich		29	Emma Hassall	27.8	
	Crewe and Nantwich		33	Rhianna Stenson	28.0	
	Crewe and Nantwich		34	Ella Barker	28.2	
	Crewe and Nantwich		31	Mollie Bell	29.0	
	DASH		110	Lucy Cartledge	29.5	
	Crewe and Nantwich		32	Jess Croft	29.5	

# Results Sheet

# 6 Lap Time Trial

**Competition:**  
North West League Round 1b Under 13 Girls

**Venue:**  
Kingsway

**Date**  
2 Oct 2010

Ranking	Team	Colour	Points
1	Crewe and Nantwich		18.0
2	Deeside		16.0
3	DASH		10.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Crewe and Nantwich		37	Freya Taylor Hatswell	1:32.4	12.0
2	Deeside		9	Sophie Rowlands	1:45.4	11.0
3	DASH		112	Sue Hancox	1:45.4	10.0
1	Crewe and Nantwich		36	Annie Huntbach	1:35.6	6.0
2	Deeside		10	Lucy Bassett	1:49.1	5.0

# Results Sheet

# 4 x 2 Lap Relay

## Competition:

North West League Round 1b Under 13 Girls

## Venue:

Kingsway

## Date

2 Oct 2010

Ranking	Code	Team	Colour
1	01	Crewe and Nantwich	
2	02	DASH	
3	03	Deeside	

Heat	Final	Performance	Points
0.0	1:49.2	1:49.2	18.0
0.0	1:57.5	1:57.5	15.0
0.0	2:01.1	2:01.1	12.0

# Results Sheet

# Shot

**Competition:**  
North West League Round 1b Under 13 Girls

**Venue:**  
Kingsway

**Date**  
2 Oct 2010

Ranking	Team	Colour	Points
1=	Crewe and Nantwich		17.0
1=	Deeside		17.0
3	DASH		10.0
4	Handforth		9.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Crewe and Nantwich		36	Annie Huntbach	7.25	12.0
2	Deeside		8	Tia Williams	6.52	11.0
3	DASH		112	Sue Hancox	6.04	10.0
4	Handforth		139	Jemma Dempster	4.56	9.0
1	Deeside		9	Sophie Rowlands	5.15	6.0
2	Crewe and Nantwich		33	Rhianna Stenson	4.75	5.0



# Results Sheet

# Speed Bounce

**Competition:**  
North West League Round 1b Under 13 Girls

**Venue:**  
Kingsway

**Date**  
2 Oct 2010

Ranking	Team	Colour	Points
1	Crewe and Nantwich		18.0
2	Deeside		15.0
3	DASH		11.0

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Crewe and Nantwich		37	Freya Taylor Hatswell	82	12.0
2	DASH		110	Lucy Cartledge	67	11.0
3	Deeside		10	Lucy Bassett	58	10.0
1	Crewe and Nantwich		29	Emma Hassall	75	6.0
2	Deeside		11	Rachel Swash	50	5.0
	Crewe and Nantwich		35	Monique Latham	67	
	Crewe and Nantwich		34	Ella Barker	65	
	Crewe and Nantwich		31	Mollie Bell	61	

# Results Sheet

# Standing Long Jump

**Competition:**  
North West League Round 1b Under 13 Girls

**Venue:**  
Kingsway

**Date**  
2 Oct 2010

Ranking	Team	Colour	Points
1	Crewe and Nantwich		18.0
2	Deeside		16.0
3	Handforth		10.0
4	DASH		9.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Crewe and Nantwich		35	Monique Latham	1.97	12.0
2	Deeside		8	Tia Williams	1.85	11.0
3	Handforth		139	Jemma Dempster	1.62	10.0
4	DASH		111	Libby Geary	1.57	9.0
1	Crewe and Nantwich		32	Jess Croft	1.96	6.0
2	Deeside		11	Rachel Swash	1.83	5.0
	Crewe and Nantwich		29	Emma Hassall	1.82	
	Crewe and Nantwich		33	Rhianna Stenson	1.80	
	Crewe and Nantwich		31	Mollie Bell	1.77	
	Deeside		9	Sophie Rowlands	1.76	
	Deeside		10	Lucy Bassett	1.44	

# Results Sheet

# Vertical Jump

## Competition:

North West League Round 1b Under 13 Girls

## Venue:

Kingsway

## Date

2 Oct 2010

Ranking	Team	Colour	Points
1	Crewe and Nantwich		18.0
2	DASH		16.0
3	Handforth		10.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Crewe and Nantwich		32	Jess Croft	44	12.0
2	DASH		110	Lucy Cartledge	40	11.0
3	Handforth		139	Jemma Dempster	36	10.0
1	Crewe and Nantwich		35	Monique Latham	44	6.0
2	DASH		111	Libby Geary	37	5.0
	Crewe and Nantwich		34	Ella Barker	41	

# Competition Results

## Competition:

North West League Round 1b Under 15 Girls

## Venue:

Kingsway

## Date

2 Oct 2010

Ranking	Team	Colour	Score	4x2	2LR	6LR	S	SB	SLJ	VJ
1	Crewe and Nantwich		111.0	12.0	13.0	16.0	17.0	18.0	17.0	18.0
2	Deeside		110.5	18.0	17.5	12.0	17.0	15.0	15.0	16.0
3	DASH		96.0	15.0	15.0	11.0	14.0	11.0	16.0	14.0
4	Handforth		34.0	0.0	8.0	0.0	9.0	0.0	8.0	9.0
5	Sutton St Helens		28.5	0.0	11.5	0.0	8.0	0.0	9.0	0.0

# Team Results

# Crewe and Nantwich ()

## Competition:

North West League Round 1b Under 15 Girls

## Venue:

Kingsway

## Date

2 Oct 2010

Ranking	Team	Colour	Score	4x2	2LR	6LR	S	SB	SLJ	VJ
1	Crewe and Nantwich		111.0	12.0	13.0	16.0	17.0	18.0	17.0	18.0
2	Deeside		110.5	18.0	17.5	12.0	17.0	15.0	15.0	16.0
3	DASH		96.0	15.0	15.0	11.0	14.0	11.0	16.0	14.0
4	Handforth		34.0	0.0	8.0	0.0	9.0	0.0	8.0	9.0
5	Sutton St Helens		28.5	0.0	11.5	0.0	8.0	0.0	9.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
24	Alice Mountford	2LR	28.9				28.9		
24	Alice Mountford	6LR	0.0				0.0		
24	Alice Mountford	SB	75				75	1	6.0
24	Alice Mountford	SLJ	1.91	1.95	1.98	0.00	1.98		
24	Alice Mountford	VJ	40	39	37	0	40		
25	Lauren Wittaker	2LR	29.3				29.3		
25	Lauren Wittaker	6LR	1:43.8				1:43.8	1	6.0
25	Lauren Wittaker	SB	62				62		
25	Lauren Wittaker	SLJ	1.64	1.78	1.70	0.00	1.78		
26	Katie Lennon	2LR	0.0				0.0		
26	Katie Lennon	6LR	1:36.5				1:36.5	3	10.0
26	Katie Lennon	SB	80				80	1	12.0
26	Katie Lennon	SLJ	1.68	1.70	1.74	0.00	1.74		
27	Alice Simmons	2LR	27.1				27.1	3	4.0
27	Alice Simmons	S	6.93	6.76	6.66	0.00	6.93	1	6.0
27	Alice Simmons	SLJ	2.09	1.95	2.11	0.00	2.11	2	5.0
27	Alice Simmons	VJ	46	44	45	0	46	1	6.0
28	Gemma Valentine	2LR	26.2				26.2	4	9.0
28	Gemma Valentine	S	0.00	6.19	7.35	0.00	7.35	2	11.0
28	Gemma Valentine	SLJ	2.28	2.28	2.28	0.00	2.28	1	12.0
28	Gemma Valentine	VJ	57	56	56	0	57	1	12.0

# Team Results

# DASH ()

## Competition:

North West League Round 1b Under 15 Girls

## Venue:

Kingsway

## Date

2 Oct 2010

Ranking	Team	Colour	Score	4x2	2LR	6LR	S	SB	SLJ	VJ
1	Crewe and Nantwich		111.0	12.0	13.0	16.0	17.0	18.0	17.0	18.0
2	Deeside		110.5	18.0	17.5	12.0	17.0	15.0	15.0	16.0
3	DASH		96.0	15.0	15.0	11.0	14.0	11.0	16.0	14.0
4	Handforth		34.0	0.0	8.0	0.0	9.0	0.0	8.0	9.0
5	Sutton St Helens		28.5	0.0	11.5	0.0	8.0	0.0	9.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
20	Georgia Park	6LR	1:36.3				1:36.3	2	11.0
20	Georgia Park	S	0.00	0.00	3.45	0.00	3.45		
20	Georgia Park	SLJ	1.74	1.74	1.90	0.00	1.90		
20	Georgia Park	VJ	35	38	38	0	38	3	4.0
21	Sarah Wood	S	4.66	5.32	4.90	0.00	5.32		
21	Sarah Wood	SB	79				79	2	11.0
21	Sarah Wood	SLJ	1.98	2.01	2.03	0.00	2.03		
21	Sarah Wood	VJ	43	44	44	0	44	3	10.0
22	Laura Pegler	2LR	26.8				26.8	2	5.0
22	Laura Pegler	S	5.20	5.23	5.55	0.00	5.55	3	10.0
22	Laura Pegler	SLJ	2.12	2.12	2.16	0.00	2.16	3	10.0
22	Laura Pegler	VJ	0	0	0	0	0		
23	Charlotte Ogden	2LR	26.0				26.0	3	10.0
23	Charlotte Ogden	6LR	0.0				0.0		
23	Charlotte Ogden	S	0.00	4.80	5.55	0.00	5.55	3	4.0
23	Charlotte Ogden	SB	0				0		
23	Charlotte Ogden	SLJ	2.02	2.00	2.12	0.00	2.12	1	6.0

# Team Results

# Deeside ()

## Competition:

North West League Round 1b Under 15 Girls

## Venue:

Kingsway

## Date

2 Oct 2010

Ranking	Team	Colour	Score	4x2	2LR	6LR	S	SB	SLJ	VJ
1	Crewe and Nantwich		111.0	12.0	13.0	16.0	17.0	18.0	17.0	18.0
2	Deeside		110.5	18.0	17.5	12.0	17.0	15.0	15.0	16.0
3	DASH		96.0	15.0	15.0	11.0	14.0	11.0	16.0	14.0
4	Handforth		34.0	0.0	8.0	0.0	9.0	0.0	8.0	9.0
5	Sutton St Helens		28.5	0.0	11.5	0.0	8.0	0.0	9.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
1	Rhian Williams	2LR	25.7				25.7	1=	11.5
1	Rhian Williams	S	6.01	6.09	6.13	0.00	6.13		
1	Rhian Williams	SB	0				0		
1	Rhian Williams	SLJ	1.95	1.92	2.00	0.00	2.00		
1	Rhian Williams	VJ	46	0	46	0	46	2	11.0
2	Georgia Bates	2LR	26.4				26.4		
2	Georgia Bates	6LR	0.0				0.0		
2	Georgia Bates	S	0.00	8.29	8.19	0.00	8.29	1	12.0
2	Georgia Bates	SLJ	2.18	2.14	2.20	0.00	2.20	2	11.0
3	Bryony Burton	S	5.55	5.47	5.22	0.00	5.55		
3	Bryony Burton	SB	64				64	3	10.0
4	Megan Brook-Jones	2LR	26.6				26.6		
4	Megan Brook-Jones	SLJ	0.00	0.00	0.00	0.00	0.00		
5	Shannon Malone	2LR	26.0				26.0	1	6.0
5	Shannon Malone	SB	63				63	2	5.0
6	Jasmine Thomas	2LR	27.7				27.7		
6	Jasmine Thomas	S	5.48	5.28	6.23	0.00	6.23	2	5.0
6	Jasmine Thomas	SLJ	2.02	2.07	2.08	0.00	2.08	3	4.0
7	Kathryn Roberts	2LR	27.6				27.6		
7	Kathryn Roberts	6LR	1:32.0				1:32.0	1	12.0
7	Kathryn Roberts	SB	0				0		
7	Kathryn Roberts	VJ	40	43	41	0	43	2	5.0

# Team Results

# Handforth ()

## Competition:

North West League Round 1b Under 15 Girls

## Venue:

Kingsway

## Date

2 Oct 2010

Ranking	Team	Colour	Score	4x2	2LR	6LR	S	SB	SLJ	VJ
1	Crewe and Nantwich		111.0	12.0	13.0	16.0	17.0	18.0	17.0	18.0
2	Deeside		110.5	18.0	17.5	12.0	17.0	15.0	15.0	16.0
3	DASH		96.0	15.0	15.0	11.0	14.0	11.0	16.0	14.0
4	Handforth		34.0	0.0	8.0	0.0	9.0	0.0	8.0	9.0
5	Sutton St Helens		28.5	0.0	11.5	0.0	8.0	0.0	9.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
140	Asuka Okishio	2LR	29.5				29.5	5	8.0
140	Asuka Okishio	S	0.00	3.89	0.00	0.00	3.89	4	9.0
140	Asuka Okishio	SLJ	1.64	1.58	1.67	0.00	1.67	5	8.0
140	Asuka Okishio	VJ	27	23	33	0	33	4	9.0



# Team Results

# Sutton St Helens ()

## Competition:

North West League Round 1b Under 15 Girls

## Venue:

Kingsway

## Date

2 Oct 2010

Ranking	Team	Colour	Score	4x2	2LR	6LR	S	SB	SLJ	VJ
1	Crewe and Nantwich		111.0	12.0	13.0	16.0	17.0	18.0	17.0	18.0
2	Deeside		110.5	18.0	17.5	12.0	17.0	15.0	15.0	16.0
3	DASH		96.0	15.0	15.0	11.0	14.0	11.0	16.0	14.0
4	Handforth		34.0	0.0	8.0	0.0	9.0	0.0	8.0	9.0
5	Sutton St Helens		28.5	0.0	11.5	0.0	8.0	0.0	9.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
142	Bethany Baxter	2LR	25.7				25.7	1=	11.5
142	Bethany Baxter	S	1.00	0.00	0.00	0.00	1.00	5	8.0
142	Bethany Baxter	SLJ	2.06	2.08	2.02	0.00	2.08	4	9.0

# Results Sheet

# 2 Lap Race

**Competition:**  
North West League Round 1b Under 15 Girls

**Venue:**  
Kingsway

**Date**  
2 Oct 2010

Ranking	Team	Colour	Points
1	Deeside		17.5
2	DASH		15.0
3	Crewe and Nantwich		13.0
4	Sutton St Helens		11.5
5	Handforth		8.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1=	Sutton St Helens		142	Bethany Baxter	25.7	11.5
1=	Deeside		1	Rhian Williams	25.7	11.5
3	DASH		23	Charlotte Ogden	26.0	10.0
4	Crewe and Nantwich		28	Gemma Valentine	26.2	9.0
5	Handforth		140	Asuka Okishio	29.5	8.0
1	Deeside		5	Shannon Malone	26.0	6.0
2	DASH		22	Laura Pegler	26.8	5.0
3	Crewe and Nantwich		27	Alice Simmons	27.1	4.0
	Deeside		2	Georgia Bates	26.4	
	Deeside		4	Megan Brook-Jones	26.6	
	Deeside		7	Kathryn Roberts	27.6	
	Deeside		6	Jasmine Thomas	27.7	
	Crewe and Nantwich		24	Alice Mountford	28.9	
	Crewe and Nantwich		25	Lauren Wittaker	29.3	

# Results Sheet

# 6 Lap Time Trial

**Competition:**  
North West League Round 1b Under 15 Girls

**Venue:**  
Kingsway

**Date**  
2 Oct 2010

Ranking	Team	Colour	Points
1	Crewe and Nantwich		16.0
2	Deeside		12.0
3	DASH		11.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Deeside		7	Kathryn Roberts	1:32.0	12.0
2	DASH		20	Georgia Park	1:36.3	11.0
3	Crewe and Nantwich		26	Katie Lennon	1:36.5	10.0
1	Crewe and Nantwich		25	Lauren Wittaker	1:43.8	6.0

# Results Sheet

# 4 x 2 Lap Relay

## Competition:

North West League Round 1b Under 15 Girls

## Venue:

Kingsway

## Date

2 Oct 2010

Ranking	Code	Team	Colour
1	03	Deeside	
2	02	DASH	
3	01	Crewe and Nantwich	

Heat	Final	Performance	Points
0.0	1:42.6	1:42.6	18.0
0.0	1:47.2	1:47.2	15.0
0.0	1:50.6	1:50.6	12.0

# Results Sheet

# Shot

**Competition:**  
North West League Round 1b Under 15 Girls

**Venue:**  
Kingsway

**Date**  
2 Oct 2010

Ranking	Team	Colour	Points
1=	Crewe and Nantwich		17.0
1=	Deeside		17.0
3	DASH		14.0
4	Handforth		9.0
5	Sutton St Helens		8.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Deeside		2	Georgia Bates	8.29	12.0
2	Crewe and Nantwich		28	Gemma Valentine	7.35	11.0
3	DASH		22	Laura Pegler	5.55	10.0
4	Handforth		140	Asuka Okishio	3.89	9.0
5	Sutton St Helens		142	Bethany Baxter	1.00	8.0
1	Crewe and Nantwich		27	Alice Simmons	6.93	6.0
2	Deeside		6	Jasmine Thomas	6.23	5.0
3	DASH		23	Charlotte Ogden	5.55	4.0
	Deeside		1	Rhian Williams	6.13	
	Deeside		3	Bryony Burton	5.55	
	DASH		21	Sarah Wood	5.32	
	DASH		20	Georgia Park	3.45	

# Results Sheet

# Speed Bounce

**Competition:**  
North West League Round 1b Under 15 Girls

**Venue:**  
Kingsway

**Date**  
2 Oct 2010

Ranking	Team	Colour	Points
1	Crewe and Nantwich		18.0
2	Deeside		15.0
3	DASH		11.0

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Crewe and Nantwich		26	Katie Lennon	80	12.0
2	DASH		21	Sarah Wood	79	11.0
3	Deeside		3	Bryony Burton	64	10.0
1	Crewe and Nantwich		24	Alice Mountford	75	6.0
2	Deeside		5	Shannon Malone	63	5.0
	Crewe and Nantwich		25	Lauren Wittaker	62	

# Results Sheet

# Standing Long Jump

**Competition:**  
North West League Round 1b Under 15 Girls

**Venue:**  
Kingsway

**Date**  
2 Oct 2010

Ranking	Team	Colour	Points
1	Crewe and Nantwich		17.0
2	DASH		16.0
3	Deeside		15.0
4	Sutton St Helens		9.0
5	Handforth		8.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Crewe and Nantwich		28	Gemma Valentine	2.28	12.0
2	Deeside		2	Georgia Bates	2.20	11.0
3	DASH		22	Laura Pegler	2.16	10.0
4	Sutton St Helens		142	Bethany Baxter	2.08	9.0
5	Handforth		140	Asuka Okishio	1.67	8.0
1	DASH		23	Charlotte Ogden	2.12	6.0
2	Crewe and Nantwich		27	Alice Simmons	2.11	5.0
3	Deeside		6	Jasmine Thomas	2.08	4.0
	DASH		21	Sarah Wood	2.03	
	Deeside		1	Rhian Williams	2.00	
	Crewe and Nantwich		24	Alice Mountford	1.98	
	DASH		20	Georgia Park	1.90	
	Crewe and Nantwich		25	Lauren Wittaker	1.78	
	Crewe and Nantwich		26	Katie Lennon	1.74	

# Results Sheet

# Vertical Jump

**Competition:**  
North West League Round 1b Under 15 Girls

**Venue:**  
Kingsway

**Date**  
2 Oct 2010

Ranking	Team	Colour	Points
1	Crewe and Nantwich		18.0
2	Deeside		16.0
3	DASH		14.0
4	Handforth		9.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Crewe and Nantwich		28	Gemma Valentine	57	12.0
2	Deeside		1	Rhian Williams	46	11.0
3	DASH		21	Sarah Wood	44	10.0
4	Handforth		140	Asuka Okishio	33	9.0
1	Crewe and Nantwich		27	Alice Simmons	46	6.0
2	Deeside		7	Kathryn Roberts	43	5.0
3	DASH		20	Georgia Park	38	4.0
	Crewe and Nantwich		24	Alice Mountford	40	