

North West Sportshall Athletics League 2012 - 2013

League Tables after Round Four

2nd February 2013

| U11 Girls | Rd1 | Rd2 | Rd3 | Rd4 | Total | U11 Boys | Rd1 | Rd2 | Rd3 | Rd4 | Total |
|----------------------|-------|-----|-------|-------|-------|--------------------|-------|-----|-------|-------|-------|
| Wirral | 157.5 | 0 | 155 | 166 | 478.5 | Wirral | 155.5 | 0 | 158 | 164.5 | 478 |
| Halton & Frodsham | 0 | 153 | 144.5 | 143 | 440.5 | Crewe & Nantwich | 140 | 157 | 0 | 158 | 455 |
| West Cheshire | 144 | 0 | 138 | 154 | 436 | West Cheshire | 147.5 | 0 | 143.5 | 155.5 | 446.5 |
| Crewe & Nantwich | 121.5 | 160 | 0 | 153.5 | 435 | Halton & Frodsham | 0 | 147 | 126.5 | 128.5 | 402 |
| Macclesfield | 121.5 | 0 | 121.5 | 136 | 379 | St Helens Sutton | 118.5 | 0 | 134 | 140.5 | 393 |
| St Helens Sutton | 118 | 0 | 113.5 | 139 | 370.5 | Macclesfield | 125.5 | 0 | 108.5 | 138.5 | 372.5 |
| Warrington | 107 | 134 | 0 | 109 | 350 | Liverpool | 40 | 133 | 0 | 127 | 300 |
| Southport / Waterloo | 0 | 131 | 103.5 | 107.5 | 342 | Handforth | 0 | 113 | 57 | 105.5 | 275.5 |
| Liverpool | 79.5 | 87 | 0 | 48 | 214.5 | Southport Waterloo | 0 | 103 | 98.5 | 57 | 258.5 |
| Deeside | 0 | 34 | 64 | 110 | 208 | Warrington | 90 | 67 | 0 | 26 | 183 |
| Handforth | 0 | 0 | 34 | 40 | 74 | Deeside | 0 | 0 | 19 | 0 | 19 |

| U13 Girls | Rd1 | Rd2 | Rd3 | Rd4 | Total | U13 Boys | Rd1 | Rd2 | Rd3 | Rd4 | Total |
|--------------------|-------|-------|-------|-------|-------|--------------------|-------|-------|-------|-------|-------|
| Crewe & Nantwich | 150.5 | 161 | 0 | 165.5 | 477 | Crewe & Nantwich | 167 | 158 | 0 | 158.5 | 483.5 |
| St Helens Sutton | 134 | 0 | 150 | 148.5 | 432.5 | Halton & Frodsham | 0 | 158.5 | 159 | 156.5 | 474 |
| West Cheshire | 137 | 0 | 135 | 155 | 427 | West Cheshire | 145.5 | 0 | 147.5 | 165 | 458 |
| Wirral | 110.5 | 0 | 142.5 | 161 | 414 | St Helens Sutton | 123 | 0 | 108.5 | 93.5 | 325 |
| Halton & Frodsham | 0 | 136 | 121.5 | 133.5 | 391 | Warrington | 73.5 | 139.5 | 0 | 93.5 | 306.5 |
| Southport Waterloo | 0 | 145.5 | 122.5 | 109.5 | 377.5 | Macclesfield | 66 | 0 | 36.5 | 74 | 176.5 |
| Warrington | 108.5 | 121 | 0 | 140 | 369.5 | Deeside | 0 | 38 | 58 | 75.5 | 171.5 |
| Liverpool | 92.5 | 41 | 0 | 44.5 | 178 | Southport Waterloo | 0 | 67 | 34.5 | 39 | 140.5 |
| Macclesfield | 112 | 0 | 53.5 | 0 | 165.5 | Handforth | 0 | 0 | 66 | 72.5 | 138.5 |
| Deeside | 0 | 70.5 | 0 | 39.5 | 110 | Liverpool | 36 | 48 | 0 | 0 | 84 |

| U15 Girls | Rd1 | Rd2 | Rd3 | Rd4 | Total | U15 Boys | Rd1 | Rd2 | Rd3 | Rd4 | Total |
|-------------------|-----|-----|-------|-------|-------|-------------------|-----|-----|-----|-----|-------|
| West Cheshire | 163 | 0 | 163 | 164.5 | 490.5 | West Cheshire | 168 | 0 | 168 | 168 | 504 |
| Deeside | 0 | 153 | 153.5 | 147 | 453.5 | Halton & Frodsham | 0 | 110 | 79 | 82 | 271 |
| Crewe & Nantwich | 157 | 119 | 0 | 166 | 442 | Crewe & Nantwich | 59 | 124 | 0 | 119 | 302 |
| Halton & Frodsham | 0 | 140 | 100.5 | 84 | 324.5 | Warrington | 30 | 111 | 0 | 0 | 141 |
| Liverpool | 75 | 90 | 0 | 56.5 | 221.5 | St Helens Sutton | 0 | 0 | 85 | 0 | 85 |
| Warrington | 0 | 92 | 0 | 27 | 119 | | | | | | |
| St Helens Sutton | 74 | 0 | 0 | 0 | 74 | | | | | | |

U15 Girls Individuals

| Name | Club | Total |
|-----------------------|------|-------|
| Kiera Grady | HFH | 139 |
| Georgia Barlow | WC | 131 |
| Emily Ross | HFH | 130 |
| Beth Louise Jones | C&N | 127 |
| Emily Ball | WC | 108 |
| Samhilda Megonigle | WC | 102 |
| Kiera Summerhayes | Liv | 100 |
| Tia Williams | Dee | 88 |
| Katie Wiggins | Liv | 86 |
| Chloe Hughes | Dee | 80 |
| Sarah Atkinson | Dee | 68 |
| Freya Taylor-Hatswell | C&N | 62 |
| Shaunnah Murphy | C&N | 55 |
| Sophie Carter | WC | 54 |
| Emma Fowler | C&N | 48 |
| Rebecca Rotheram | SHS | 45 |
| Siwan Ifans | Dee | 42 |
| Lauren Heathcote | C&N | 41 |
| Katie White | War | 39 |
| Olivier Brown | War | 35 |
| Libby Purchase | Dee | 33 |

U15 Boys Individuals

| Name | Club | Total |
|------------------|------|-------|
| Ben Sutcliffe | HFH | 159 |
| Matthew Pagan | WC | 144 |
| Zac Barnsley | WC | 136 |
| Dean Valentine | C&N | 86 |
| Connor Austin | War | 75 |
| Harry Valentine | C&N | 67 |
| James McMahan | WC | 64 |
| Ben Jones | C&N | 59 |
| Matthew Lamb | SHS | 58 |
| Chris Harrop | WC | 48 |
| Sam Canning | War | 44 |
| Cameron Weaver | WC | 40 |
| Harry Richardson | C&N | 32 |
| Jason Bennett | C&N | 32 |
| James McDermot | HFH | 28 |
| Nathan Carns | SHS | 27 |
| Paul Higgins | HFH | 23 |
| Mark Knight | HFH | 21 |
| Sam Cox | HFH | 16 |
| Patrick Fairlie | C&N | 8 |

Shavington Aviva Sportshall County League 2012/2013

27 January 2012

Under 11 - Girls

| | | | Crewe and Nantwich | Halton & Frodsham | Handforth | Macclesfield | Southport Waterloo | Sutton St Helens |
|-------------------------|-------------------|----------------------|--------------------|-------------------|------------|--------------|--------------------|------------------|
| TRACK | Individual | 2 Lap Race | 19.5 | 23 | | 16 | 17.5 | 20 |
| | | 4 Lap Race | 21 | 17 | 15 | 24 | 16 | 18 |
| | Relay | 4 x 2 Lap Relay | 24 | 18 | | 15 | 12 | 21 |
| FIELD | Jumps | Speed Bounce | 22 | 17.5 | 12.5 | 21 | 15 | 23 |
| | | Standing Long Jump | 22 | 24 | | 18.5 | 16 | 19.5 |
| | | Standing Triple Jump | 21 | 22 | 12.5 | 22 | 15 | 18.5 |
| | Throws | Chest Push | 24 | 21.5 | | 19.5 | 16 | 19 |
| | Total | | | 153.5 | 143 | 40 | 136 | 107.5 |
| Overall Position | | | 1 | 2 | 6 | 4 | 5 | 3 |

| Aviva Sportshall County League 2012/2013 | | | Track - Individual | | | | Field - Jumps | | | | | | Field - Throws | |
|--|---------------------|--------------------|--------------------|-----|------------|-----|---------------|-----|--------------------|-----|----------------------|-----|----------------|-----|
| 27 January 2012 | | | Under 11 - Girls | | | | Speed Bounce | | Standing Long Jump | | Standing Triple Jump | | Chest Push | |
| No | Name | Club | 2 Lap Race | | 4 Lap Race | | Bounces | Pos | Dist | Pos | Dist | Pos | Dist | Pos |
| | | | Time | Pos | Time | Pos | | | | | | | | |
| 1 | Amelia Atkinson | Crewe and Nantwich | 28.10 | N S | | | | | | | 4.96 | N S | 6 | B 1 |
| 2 | Ashley Angles | Crewe and Nantwich | 29.90 | N S | 67.10 | N S | | | | | | | 4 | N S |
| 4 | Caitlin Oates | Crewe and Nantwich | 28.40 | N S | | | | | 1.66 | N S | | | 5 | N S |
| 5 | Ellie Grinnell | Crewe and Nantwich | 27.40 | N S | 58.10 | N S | 41 | N S | | | 4.62 | N S | | |
| 6 | Emily Lindsay | Crewe and Nantwich | | | | | 47 | N S | | | | | 5 | N S |
| 7 | Eve Heavord | Crewe and Nantwich | 26.40 | N S | 57.70 | N S | 56 | A 1 | | | | | | |
| 8 | Evie Shorthose | Crewe and Nantwich | 26.80 | N S | | | | | 1.81 | A 2 | 5.80 | A 1 | 5 | N S |
| 9 | Holly Boyd-Leach | Crewe and Nantwich | 27.40 | N S | 60.90 | N S | 48 | N S | | | | | | |
| 10 | Holly Smith | Crewe and Nantwich | 29.50 | N S | 63.60 | N S | 46 | N S | | | | | | |
| 11 | Jessica Nelson | Crewe and Nantwich | 26.30 | N S | 60.80 | N S | 45 | N S | | | | | | |
| 12 | Lauren Roe | Crewe and Nantwich | 27.20 | N S | 58.20 | N S | 45 | N S | | | | | | |
| 13 | Lavinia Mottershead | Crewe and Nantwich | 26.50 | N S | | | | | 1.76 | B 2 | 5.02 | N S | 6 | N S |
| 14 | Lucy Smith | Crewe and Nantwich | 29.00 | N S | 64.50 | N S | 46 | N S | | | | | | |
| 15 | Maddie Baxter | Crewe and Nantwich | 27.30 | N S | | | | | 1.68 | N S | | | 6 | A 1 |
| 16 | Maisie Thomas | Crewe and Nantwich | 26.10 | A 4 | 55.90 | A 3 | | | 1.59 | N S | | | | |
| 17 | Neha Mittal | Crewe and Nantwich | 27.00 | N S | | | 52 | N S | 1.49 | N S | | | | |
| 18 | Olivia McCarthy | Crewe and Nantwich | 28.30 | N S | | | | | 1.30 | N S | | | | |
| 19 | Priya Mittal | Crewe and Nantwich | 27.70 | N S | | | | | 1.44 | N S | | | 5 | N S |
| 20 | Ruka Shoribare | Crewe and Nantwich | 26.10 | B 2 | 58.70 | B 2 | | | | | 5.00 | B 4 | | |
| 21 | Zoe Leydon | Crewe and Nantwich | 26.90 | N S | | | 52 | B 3 | | | 4.68 | N S | | |
| 82 | Hannah Booth | Macclesfield | | | 63.60 | N S | | | 1.37 | N S | | | 3 | N S |
| 81 | Martha Noakes | Macclesfield | 28.50 | N S | | | | | 1.41 | N S | | | 5 | B 4 |
| 95 | Eve Cobey | Macclesfield | | | 53.40 | A 1 | 53 | A 3 | | | 5.22 | B 2 | | |
| 94 | Shona Williams | Macclesfield | 27.20 | N S | | | 53 | B 2 | | | 5.04 | N S | | |
| 93 | Liliana Carey | Macclesfield | 30.50 | N S | | | | | 1.23 | N S | | | 4 | N S |
| 90 | Josie Elliot | Macclesfield | 25.30 | A 1 | | | | | 1.80 | A 3 | 5.46 | A 2 | | |
| 89 | Amelia Newbould | Macclesfield | | | 56.80 | B 1 | 47 | N S | | | 4.62 | N S | | |
| 88 | Tess Newbould | Macclesfield | 26.60 | N S | | | 47 | N S | 1.57 | N S | | | | |
| 87 | Roisin Middlemass | Macclesfield | 29.20 | N S | | | | | 1.32 | N S | | | 5 | N S |
| 86 | Natasha Hanks | Macclesfield | 28.50 | N S | | | | | 1.39 | N S | | | 4 | N S |
| 85 | Poppy Dutton | Macclesfield | | | | | 39 | N S | 1.66 | B 4 | | | | |
| 84 | Orlagh McKendry | Macclesfield | | | 59.10 | N S | 46 | N S | 1.42 | N S | | | | |
| 83 | Ellie Rattue | Macclesfield | 27.60 | N S | | | 44 | N S | | | | | 5 | A 2 |
| 170 | Molly Wilson | Halton & Frodsham | 30.40 | N S | | | | | 1.33 | N S | | | 4 | N S |
| 169 | Sophie Howard | Halton & Frodsham | 31.60 | N S | | | | | 1.34 | N S | | | 5 | N S |
| 167 | Emilia Poval-Clarke | Halton & Frodsham | 25.40 | A 2 | | | | | 1.79 | N S | 5.34 | N S | | |
| 166 | Orla McEvoy | Halton & Frodsham | | | 59.00 | A 4 | | | 1.64 | N S | | | 5 | N S |
| 165 | Daisy Peacock | Halton & Frodsham | 28.30 | N S | | | | | 1.84 | N S | | | 5.25 | A 2 |
| 164 | Eve Parker | Halton & Frodsham | 29.10 | N S | | | | | 1.40 | N S | | | 4.25 | N S |
| 163 | Isobel Hurst | Halton & Frodsham | 29.50 | N S | | | | | 1.29 | N S | | | 3.50 | N S |
| 162 | Cerys Long | Halton & Frodsham | 30.20 | N S | | | | | 1.35 | N S | | | 3.50 | N S |
| 161 | Grace Owens | Halton & Frodsham | | | 63.90 | B 5 | | | 1.45 | N S | | | 4.25 | N S |
| 160 | Beth Sutton | Halton & Frodsham | 27.10 | N S | | | 47 | A 4 | 1.34 | N S | | | 5.00 | N S |
| 159 | Ellie McCool | Halton & Frodsham | 27.30 | N S | | | | | 1.56 | N S | | | 3.50 | N S |
| 158 | Holly Hickey | Halton & Frodsham | 23.60 | N S | | | | | 1.91 | A 1 | 5.36 | B 1 | | |
| 157 | Elouise Angus | Halton & Frodsham | 25.80 | B 1 | | | | | 1.81 | B 1 | 5.38 | A 3 | | |
| 156 | Sky Marsh | Halton & Frodsham | 26.80 | N S | | | 43 | B 4 | | | 4.96 | N S | | |
| 155 | Abbie Watling | Halton & Frodsham | 27.10 | N S | | | 28 | N S | | | | | 5.00 | B 2 |
| 179 | Clara Edler | Handforth | | | 55.30 | A 2 | 47 | A 4 | | | 5.08 | A 4 | | |
| 194 | Bethany Haughey | Sutton St Helens | 25.80 | A 3 | | | | | 1.80 | A 3 | 5.08 | A 4 | | |
| 191 | Jessica Smith | Sutton St Helens | 26.20 | N S | | | | | 1.75 | B 3 | 4.58 | N S | | |
| 187 | Ellie Doyle | Sutton St Helens | 26.50 | N S | 59.10 | A 5 | | | | | 4.86 | N S | | |
| 192 | Rebecca Houghton | Sutton St Helens | | | 59.40 | N S | 45 | N S | | | | | 5.00 | A 4 |
| 189 | Isabelle Gent | Sutton St Helens | | | 59.60 | B 3 | | | 1.61 | N S | | | 4.75 | B 3 |
| 193 | Kaitlin Naylor | Sutton St Helens | 26.30 | B 3 | | | 55 | A 2 | | | 5.02 | B 3 | | |
| 188 | Katie Lang | Sutton St Helens | 29.20 | N S | | | | | 1.61 | N S | | | 4.25 | N S |
| 190 | Elizabeth Tracey | Sutton St Helens | | | | | 45 | N S | | | | | | |
| 195 | Lucy Price | Sutton St Helens | 27.20 | N S | 58.90 | N S | 54 | B 1 | | | | | 4.25 | A 5 |
| 200 | Jermima Hardacre | Southport Waterloo | 28.70 | N S | 62.70 | N S | 27 | N S | 1.47 | N S | 4.04 | N S | | |
| 201 | Lily-Anne Grayson | Southport Waterloo | 26.70 | N S | 57.70 | N S | 46 | A 6 | | | 4.62 | B 5 | | |
| 202 | Jessica Dean | Southport Waterloo | 27.10 | B 4 | 58.20 | N S | | | 1.47 | B 5 | | | 4.25 | A 5 |
| 203 | Poppy Edwards | Southport Waterloo | 27.40 | N S | 63.10 | B 4 | | | 1.56 | A 5 | | | 3.25 | N S |
| 204 | Megan Howarth | Southport Waterloo | 28.40 | N S | 62.60 | N S | 38 | N S | 1.24 | N S | | | 3.50 | N S |
| 205 | Eve McMahon | Southport Waterloo | 29.60 | N S | | | 32 | N S | | | 4.56 | N S | 4.00 | B 5 |
| 206 | Stephanie Robertson | Southport Waterloo | 27.00 | N S | 59.50 | A 6 | | | | | 4.98 | A 6 | | |
| 211 | Alice Prescott | Southport Waterloo | 26.10 | A 4 | 57.70 | N S | 41 | B 5 | 1.63 | N S | | | | |
| 168 | Rachel Harding | Halton & Frodsham | 27.60 | N S | | | 40 | N S | | | | | 4.25 | N S |

| Speed Bounce | | | | | | |
|--------------|-------------------|--------------------|---------|------|--------|--|
| No | Name | Club | Bounces | Rank | Points | |
| 7 | Eve Heaword | Crewe and Nantwich | 56 | A 1 | 16 | |
| 21 | Zoe Leydon | Crewe and Nantwich | 52 | B 3 | 6 | |
| 156 | Sky Marsh | Halton & Frodsham | 43 | B 4 | 5 | |
| 160 | Beth Sutton | Halton & Frodsham | 47 | A 4 | 12.5 | |
| 179 | Clara Edler | Handforth | 47 | A 4 | 12.5 | |
| 95 | Eve Cobey | Macclesfield | 53 | A 3 | 14 | |
| 94 | Shona Williams | Macclesfield | 53 | B 2 | 7 | |
| 211 | Alice Prescott | Southport Waterloo | 41 | B 5 | 4 | |
| 201 | Lily-Anne Grayson | Southport Waterloo | 46 | A 6 | 11 | |
| 193 | Kaitlin Naylor | Sutton St Helens | 55 | A 2 | 15 | |
| 195 | Lucy Price | Sutton St Helens | 54 | B 1 | 8 | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |

| Speed Bounce - Non Scoring | | | | | |
|----------------------------|------------------|--------------------|---------|-----|--|
| No | Name | Club | Bounces | NS | |
| 11 | Jessica Nelson | Crewe and Nantwich | 45 | N S | |
| 12 | Lauren Roe | Crewe and Nantwich | 45 | N S | |
| 155 | Abbie Watling | Halton & Frodsham | 28 | N S | |
| 168 | Rachel Harding | Halton & Frodsham | 40 | N S | |
| 89 | Amelia Newbould | Macclesfield | 47 | N S | |
| 88 | Tess Newbould | Macclesfield | 47 | N S | |
| 200 | Jemima Hardakre | Southport Waterloo | 27 | N S | |
| 205 | Eve McMahon | Southport Waterloo | 32 | N S | |
| 190 | Elizabeth Tracey | Sutton St Helens | 45 | N S | |
| 192 | Rebecca Houghton | Sutton St Helens | 45 | N S | |
| 6 | Emily Lindsay | Crewe and Nantwich | 47 | N S | |
| 10 | Holly Smith | Crewe and Nantwich | 46 | N S | |
| 14 | Lucy Smith | Crewe and Nantwich | 46 | N S | |
| 5 | Ellie Grinnell | Crewe and Nantwich | 41 | N S | |
| 204 | Megan Howarth | Southport Waterloo | 38 | N S | |
| 17 | Neha Mittal | Crewe and Nantwich | 52 | N S | |
| 9 | Holly Boyd-Leech | Crewe and Nantwich | 48 | N S | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| 84 | Orlagh McKendry | Macclesfield | 46 | N S | |
| 83 | Ellie Rattue | Macclesfield | 44 | N S | |

| Standing Long Jump | | | | | | |
|--------------------|---------------------|--------------------|--------------|------|--------|--|
| No | Name | Club | Distance (m) | Rank | Points | |
| 157 | Elouise Angus | Halton & Frodsham | 1.81 | B 1 | 8 | |
| 158 | Holly Hickey | Halton & Frodsham | 1.91 | A 1 | 16 | |
| 85 | Poppy Dutton | Macclesfield | 1.66 | B 4 | 5 | |
| 90 | Josie Elliot | Macclesfield | 1.80 | A 3 | 13.5 | |
| 191 | Jessica Smith | Sutton St Helens | 1.75 | B 3 | 6 | |
| 194 | Bethany Haughey | Sutton St Helens | 1.80 | A 3 | 13.5 | |
| 8 | Evie Shorthose | Crewe and Nantwich | 1.81 | A 2 | 15 | |
| 13 | Lavinia Mottershead | Crewe and Nantwich | 1.76 | B 2 | 7 | |
| 202 | Jessica Dean | Southport Waterloo | 1.47 | B 5 | 4 | |
| 203 | Poppy Edwards | Southport Waterloo | 1.56 | A 5 | 12 | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |

| Standing Long Jump - Non Scoring | | | | | |
|----------------------------------|----------------------|--------------------|--------------|-----|--|
| No | Name | Club | Distance (m) | NS | |
| 166 | Orla McEvoy | Halton & Frodsham | 1.64 | N S | |
| 167 | Emilia Povall-Clarke | Halton & Frodsham | 1.79 | N S | |
| 88 | Tess Newbould | Macclesfield | 1.57 | N S | |
| 84 | Orlagh McKendry | Macclesfield | 1.42 | N S | |
| 188 | Katie Lang | Sutton St Helens | 1.61 | N S | |
| 189 | Isabelle Gent | Sutton St Helens | 1.61 | N S | |
| 4 | Caitlin Oates | Crewe and Nantwich | 1.66 | N S | |
| 15 | Maddie Baxter | Crewe and Nantwich | 1.68 | N S | |
| 200 | Jemima Hardakre | Southport Waterloo | 1.47 | N S | |
| 204 | Megan Howarth | Southport Waterloo | 1.24 | N S | |
| 162 | Cerys Long | Halton & Frodsham | 1.35 | N S | |
| 163 | Isobel Hurst | Halton & Frodsham | 1.29 | N S | |
| 81 | Martha Noakes | Macclesfield | 1.41 | N S | |
| 82 | Hannah Booth | Macclesfield | 1.37 | N S | |
| 86 | Natasha Hanks | Macclesfield | 1.39 | N S | |
| 87 | Roisin Middlemass | Macclesfield | 1.32 | N S | |
| 93 | Liliana Carey | Macclesfield | 1.23 | N S | |
| 16 | Maisie Thomas | Crewe and Nantwich | 1.59 | N S | |
| 17 | Neha Mittal | Crewe and Nantwich | 1.49 | N S | |
| 18 | Olivia McCarthy | Crewe and Nantwich | 1.30 | N S | |
| 19 | Priya Mittal | Crewe and Nantwich | 1.44 | N S | |
| 159 | Ellie McCool | Halton & Frodsham | 1.56 | N S | |
| 160 | Beth Sutton | Halton & Frodsham | 1.34 | N S | |
| 165 | Daisy Peacock | Halton & Frodsham | 1.84 | N S | |
| 169 | Sophie Howard | Halton & Frodsham | 1.34 | N S | |
| 170 | Molly Wilson | Halton & Frodsham | 1.33 | N S | |
| 211 | Alice Prescott | Southport Waterloo | 1.63 | N S | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| 161 | Grace Owens | Halton & Frodsham | 1.45 | N S | |
| 164 | Eve Parker | Halton & Frodsham | 1.40 | N S | |

| Standing Triple Jump | | | | | | |
|----------------------|---------------------|--------------------|--------------|------|--------|--|
| No | Name | Club | Distance (m) | Rank | Points | |
| 157 | Elouise Angus | Halton & Frodsham | 5.38 | A 3 | 14 | |
| 158 | Holly Hickey | Halton & Frodsham | 5.36 | B 1 | 8 | |
| 8 | Evie Shorthose | Crewe and Nantwich | 5.80 | A 1 | 16 | |
| 20 | Ruka Shonibare | Crewe and Nantwich | 5.00 | B 4 | 5 | |
| 179 | Clara Edler | Handforth | 5.08 | A 4 | 12.5 | |
| 90 | Josie Elliot | Macclesfield | 5.46 | A 2 | 15 | |
| 95 | Eve Cobey | Macclesfield | 5.22 | B 2 | 7 | |
| 206 | Stephanie Robertson | Southport Waterloo | 4.98 | A 6 | 11 | |
| 201 | Lily-Anne Grayson | Southport Waterloo | 4.62 | B 5 | 4 | |
| 193 | Kaitlin Naylor | Sutton St Helens | 5.02 | B 3 | 6 | |
| 194 | Bethany Haughey | Sutton St Helens | 5.08 | A 4 | 12.5 | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |

| Standing Triple Jump - Non Scoring | | | | | |
|------------------------------------|----------------------|--------------------|--------------|-----|--|
| No | Name | Club | Distance (m) | NS | |
| 167 | Emilia Povall-Clarke | Halton & Frodsham | 5.34 | N S | |
| 156 | Sky Marsh | Halton & Frodsham | 4.96 | N S | |
| 1 | Amelia Atkinson | Crewe and Nantwich | 4.96 | N S | |
| 21 | Zoe Leydon | Crewe and Nantwich | 4.68 | N S | |
| 89 | Amelia Newbould | Macclesfield | 4.62 | N S | |
| 94 | Shona Williams | Macclesfield | 5.04 | N S | |
| 200 | Jemima Hardakre | Southport Waterloo | 4.04 | N S | |
| 205 | Eve McMahon | Southport Waterloo | 4.56 | N S | |
| 191 | Jessica Smith | Sutton St Helens | 4.58 | N S | |
| 187 | Ellie Doyle | Sutton St Helens | 4.86 | N S | |
| 5 | Ellie Grinnell | Crewe and Nantwich | 4.62 | N S | |
| 13 | Lavinia Mottershead | Crewe and Nantwich | 5.02 | N S | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

| Chest Push | | | | | |
|------------|------------------|--------------------|---------|------|--------|
| No | Name | Club | Dis (m) | Rank | Points |
| 1 | Amelia Atkinson | Crewe and Nantwich | 5.75 | B 1 | 8 |
| 15 | Maddie Baxter | Crewe and Nantwich | 6.25 | A 1 | 16 |
| 155 | Abbie Watling | Halton & Frodsham | 5.00 | B 2 | 7 |
| 165 | Daisy Peacock | Halton & Frodsham | 5.25 | A 2 | 14.5 |
| 83 | Ellie Rattue | Macclesfield | 5.25 | A 2 | 14.5 |
| 81 | Martha Noakes | Macclesfield | 4.50 | B 4 | 5 |
| 202 | Jessica Dean | Southport Waterloo | 4.25 | A 5 | 12 |
| 205 | Eve McMahon | Southport Waterloo | 4.00 | B 5 | 4 |
| 192 | Rebecca Houghton | Sutton St Helens | 5.00 | A 4 | 13 |
| 189 | Isabelle Gent | Sutton St Helens | 4.75 | B 3 | 6 |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

| Chest Push - Non Scoring | | | | |
|--------------------------|---------------------|--------------------|---------|-----|
| No | Name | Club | Dis (m) | NS |
| 8 | Evie Shorthose | Crewe and Nantwich | 5.25 | N S |
| 4 | Caitlin Oates | Crewe and Nantwich | 5.25 | N S |
| 168 | Rachel Harding | Halton & Frodsham | 4.25 | N S |
| 169 | Sophie Howard | Halton & Frodsham | 4.5 | N S |
| 86 | Natasha Hanks | Macclesfield | 4 | N S |
| 82 | Hannah Booth | Macclesfield | 3 | N S |
| 203 | Poppy Edwards | Southport Waterloo | 3.25 | N S |
| 204 | Megan Howarth | Southport Waterloo | 3.5 | N S |
| 188 | Katie Lang | Sutton St Helens | 4.25 | N S |
| 2 | Ashley Angles | Crewe and Nantwich | 3.5 | N S |
| 6 | Emily Lindsay | Crewe and Nantwich | 4.75 | N S |
| 13 | Lavinia Mottershead | Crewe and Nantwich | 5.75 | N S |
| 19 | Priya Mittal | Crewe and Nantwich | 5 | N S |
| 159 | Ellie McCool | Halton & Frodsham | 3.5 | N S |
| 160 | Beth Sutton | Halton & Frodsham | 5 | N S |
| 170 | Molly Wilson | Halton & Frodsham | 3.75 | N S |
| 164 | Eve Parker | Halton & Frodsham | 4.25 | N S |
| 161 | Grace Owens | Halton & Frodsham | 4.25 | N S |
| 162 | Cerys Long | Halton & Frodsham | 3.5 | N S |
| 163 | Isobel Hurst | Halton & Frodsham | 3.5 | N S |
| 166 | Orla McEvoy | Halton & Frodsham | 4.5 | N S |
| 93 | Liliana Carey | Macclesfield | 4 | N S |
| 87 | Roisin Middlemass | Macclesfield | 4.5 | N S |
| | | | | |
| | | | | |

| Shot Put | | | | | |
|----------|------|------|---------|------|--------|
| No | Name | Club | Dis (m) | Rank | Points |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

| Shot Put - Non Scoring | | | | |
|------------------------|------|------|---------|----|
| No | Name | Club | Dis (m) | NS |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |

| Soft Javelin | | | | | |
|--------------|------|------|---------|------|--------|
| No | Name | Club | Dis (m) | Rank | Points |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

| Soft Javelin - Non Scoring | | | | |
|----------------------------|------|------|---------|----|
| No | Name | Club | Dis (m) | NS |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |

| | | 4 x 2 Lap Relay | |
|--------------------|---------------------|------------------------|---------------|
| Team | Time in secs | Rank / | Points |
| Crewe and Nantwich | 105.60 | 1 | 24 |
| Halton & Frodsham | 106.20 | 3 | 18 |
| Handforth | | | |
| Macclesfield | 107.00 | 4 | 15 |
| Southport Waterloo | 112.60 | 5 | 12 |
| Sutton St Helens | 105.70 | 2 | 21 |
| Club 7 | | | |
| Club 8 | | | |

Shavington Aviva Sportshall County League 2012/2013

27 January 2012

Under 13 - Girls

| | | | Crewe and Nantwich | Halton & Frodsham | Handforth | Macclesfield | Southport Waterloo | Sutton St Helens |
|-------------------------|-------------------|----------------------|--------------------|-------------------|-----------|--------------|--------------------|------------------|
| TRACK | Individual | 2 Lap Race | 22.5 | 19 | | | 21 | 21.5 |
| | | 6 Lap Race | 24 | 21 | | | 13 | 21 |
| | Relay | 4 x 2 Lap Relay | 24 | 18 | | | | 21 |
| FIELD | Jumps | Speed Bounce | 24 | 20 | | | 13 | 22 |
| | | Standing Long Jump | 23 | 19 | | | 20 | 22 |
| | | Standing Triple Jump | 24 | 18 | | | 22 | 20 |
| | Throws | Shot Put | 24 | 18.5 | | | 20.5 | 21 |
| Total | | | 165.5 | 133.5 | | | 109.5 | 148.5 |
| Overall Position | | | 1 | 3 | | | 4 | 2 |



| Aviva Sportshall County League 2012/2013 | | | Track - Individual | | | | Field - Jumps | | | | | | Field - Throws | | | | | |
|--|------------------|--------------------|--------------------|-----|--------|-----|---------------|-----|------------|-----|--------------|-----|--------------------|-----|----------------------|-----|----------|--|
| 27 January 2012 | | | Under 13 - Girls | | | | 2 Lap Race | | 6 Lap Race | | Speed Bounce | | Standing Long Jump | | Standing Triple Jump | | Shot Put | |
| No | Name | Club | Time | Pos | Time | Pos | Bounces | Pos | Dist | Pos | Dist | Pos | Dist | Pos | Dist | Pos | | |
| 22 | Amber Parry | Crewe and Nantwich | 25.20 | N S | 90.50 | N S | 66 | N S | 1.88 | N S | | | | | | | | |
| 23 | Caitlin Britton | Crewe and Nantwich | 26.60 | N S | | | 61 | N S | 1.81 | N S | | | | | | | | |
| 24 | Charlotte Ogleby | Crewe and Nantwich | 26.50 | N S | 93.40 | B 1 | | | 1.88 | N S | 5.24 | N S | | | | | | |
| 25 | Ella Nicholls | Crewe and Nantwich | 24.80 | A 2 | | | | | 1.90 | B 2 | 5.02 | N S | | | | | | |
| 26 | Eve Fenoglio | Crewe and Nantwich | | | 86.40 | A 1 | 79 | A 1 | | | 6.24 | B 1 | | | | | | |
| 27 | Eve Nickisson | Crewe and Nantwich | 25.00 | B 1 | | | 76 | B 1 | | | | | | | 8.11 | A 1 | | |
| 28 | Katie Hughes | Crewe and Nantwich | 26.10 | N S | | | 72 | N S | | | | | | | 7.11 | B 1 | | |
| 29 | Liberty Hughes | Crewe and Nantwich | 24.90 | N S | | | | | 2.12 | A 1 | 6.26 | A 1 | | | | | | |
| 30 | Sammy Smith | Crewe and Nantwich | 25.60 | N S | | | | | 1.59 | N S | | | | | 6.10 | N S | | |
| 31 | Sophie Hughes | Crewe and Nantwich | 26.00 | N S | | | 58 | N S | | | | | | | 5.19 | N S | | |
| 133 | Lorna Glenn | Sutton St Helens | 26.40 | N S | | | | | | | 5.64 | A 3 | | | 5.85 | A 3 | | |
| 132 | Caitlin Young | Sutton St Helens | | | 96.40 | B 3 | | | | | | | | | 5.00 | N S | | |
| 131 | Erin Makin | Sutton St Helens | 24.80 | A 2 | | | | | 2.04 | A 3 | | | | | 5.81 | B 2 | | |
| 130 | Mia Langton | Sutton St Helens | 25.50 | B 2 | | | | | 1.94 | N S | 5.22 | N S | | | | | | |
| 129 | Zoe Pye | Sutton St Helens | | | 88.40 | A 2 | 74 | A 2 | | | 5.60 | B 3 | | | | | | |
| 128 | Ellie Farrell | Sutton St Helens | 26.80 | N S | | | 71 | B 2 | 1.77 | N S | | | | | | | | |
| 127 | Abigail Gent | Sutton St Helens | 28.10 | N S | | | 58 | N S | | | 5.18 | N S | | | | | | |
| 126 | Hannah Seabrook | Sutton St Helens | 26.30 | N S | | | 69 | N S | 1.97 | B 1 | | | | | | | | |
| 153 | Alex Hurst | Halton & Frodsham | 25.80 | A 4 | | | 64 | N S | | | 5.14 | N S | | | | | | |
| 154 | Eleanor Jones | Halton & Frodsham | | | 96.00 | B 2 | 69 | N S | | | 5.34 | B 4 | | | | | | |
| 152 | Abbey Lindon | Halton & Frodsham | 27.10 | N S | | | 58 | N S | | | | | | | 5.13 | A 4 | | |
| 151 | Grace Wilding | Halton & Frodsham | 26.90 | N S | | | 71 | A 3 | 1.96 | A 4 | | | | | | | | |
| 150 | Ellie Tron | Halton & Frodsham | | | 92.00 | A 3 | | | 1.89 | B 3 | 5.14 | N S | | | | | | |
| 149 | Natasha Treharne | Halton & Frodsham | 25.90 | B 3 | | | 69 | B 3 | 1.74 | N S | | | | | | | | |
| 148 | Rebecca Fenlon | Halton & Frodsham | 26.10 | N S | | | | | 1.64 | N S | 5.36 | A 4 | | | | | | |
| 147 | Lexie Glaves | Halton & Frodsham | 28.50 | N S | | | | | 1.54 | N S | | | | | 4.19 | B 3 | | |
| 207 | Eleanor Kenny | Southport Waterloo | 27.60 | B 4 | | | | | 1.60 | N S | | | | | 4.19 | B 3 | | |
| 208 | Alex Webb | Southport Waterloo | 25.70 | N S | 102.70 | A 4 | 69 | A 4 | 1.70 | B 4 | | | | | | | | |
| 209 | Jessica Beasley | Southport Waterloo | | | | | | | | | 6.08 | A 2 | | | 6.55 | A 2 | | |
| 210 | Lilly Edwards | Southport Waterloo | 24.60 | A 1 | | | | | 2.06 | A 2 | 6.06 | B 2 | | | | | | |

| 2 Lap Race | | | | | |
|------------|------------------|--------------------|------|------|--------|
| No | Name | Club | Time | Rank | Points |
| 210 | Lilly Edwards | Southport Waterloo | 24.6 | A 1 | 16 |
| 25 | Ella Nicholls | Crewe and Nantwich | 24.8 | A 2 | 14.5 |
| 130 | Mia Langton | Sutton St Helens | 25.5 | B 2 | 7 |
| 153 | Alex Hurst | Halton & Frodsham | 25.8 | A 4 | 13 |
| 131 | Erin Makin | Sutton St Helens | 24.8 | A 2 | 14.5 |
| 27 | Eve Nickisson | Crewe and Nantwich | 25 | B 1 | 8 |
| 149 | Natasha Treharne | Halton & Frodsham | 25.9 | B 3 | 6 |
| 207 | Eleanor Kenny | Southport Waterloo | 27.6 | B 4 | 5 |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

| 2 Lap Race - Non Scoring | | | | | |
|--------------------------|-------------------|--------------------|------|-----|--|
| No | Name | Club | Time | NS | |
| 22 | Amber Parry | Crewe and Nantwich | 25.2 | N S | |
| 208 | Alex Webb | Southport Waterloo | 25.7 | N S | |
| 24 | Charlotte Oglesby | Crewe and Nantwich | 26.5 | N S | |
| 23 | Caitlin Britton | Crewe and Nantwich | 26.6 | N S | |
| 128 | Ellie Farrell | Sutton St Helens | 26.8 | N S | |
| 152 | Abbey Lindon | Halton & Frodsham | 27.1 | N S | |
| 29 | Liberty Hughes | Crewe and Nantwich | 24.9 | N S | |
| 28 | Katie Hughes | Crewe and Nantwich | 26.1 | N S | |
| 148 | Rebecca Fenlon | Halton & Frodsham | 26.1 | N S | |
| 133 | Lorna Glenn | Sutton St Helens | 26.4 | N S | |
| 30 | Sammy Smith | Crewe and Nantwich | 25.6 | N S | |
| 31 | Sophie Hughes | Crewe and Nantwich | 26 | N S | |
| 126 | Hannah Seabrook | Sutton St Helens | 26.3 | N S | |
| 151 | Grace Wilding | Halton & Frodsham | 26.9 | N S | |
| 127 | Abigail Gent | Sutton St Helens | 28.1 | N S | |
| 147 | Lexie Graves | Halton & Frodsham | 28.5 | N S | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

| 6 Lap Race | | | | | |
|------------|-------------------|--------------------|-------|------|--------|
| No | Name | Club | Time | Rank | Points |
| 150 | Ellie Tron | Halton & Frodsham | 92 | A 3 | 14 |
| 24 | Charlotte Oglesby | Crewe and Nantwich | 93.4 | B 1 | 8 |
| 132 | Caitlin Young | Sutton St Helens | 96.4 | B 3 | 6 |
| 208 | Alex Webb | Southport Waterloo | 102.7 | A 4 | 13 |
| 26 | Eve Fenoglio | Crewe and Nantwich | 86.4 | A 1 | 16 |
| 129 | Zoe Pye | Sutton St Helens | 88.4 | A 2 | 15 |
| | | | | | |
| 154 | Eleanor Jones | Halton & Frodsham | 96 | B 2 | 7 |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

| 6 Lap Race - Non Scoring | | | | | |
|--------------------------|-------------|--------------------|------|-----|--|
| No | Name | Club | Time | NS | |
| 22 | Amber Parry | Crewe and Nantwich | 90.5 | N S | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

| Individual Track 3 | | | | | |
|--------------------|------|------|------|------|--------|
| No | Name | Club | Time | Rank | Points |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

| Individual Track 3 - Non Scoring | | | | | |
|----------------------------------|------|------|------|----|--|
| No | Name | Club | Time | NS | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

| | | 4 x 2 Lap Relay | |
|--------------------|---------------------|------------------------|---------------|
| Team | Time in secs | Rank / | Points |
| Crewe and Nantwich | 98.00 | 1 | 24 |
| Halton & Frodsham | 106.10 | 3 | 18 |
| Handforth | | | |
| Macclesfield | | | |
| Southport Waterloo | | | |
| Sutton St Helens | 101.70 | 2 | 21 |
| Club 7 | | | |
| Club 8 | | | |

Shavington
27 January 2012
Under 15 - Girls

Aviva Sportshall County League
2012/2013

| | | | Crewe and Nantwich | Halton & Frodsham |
|--------------|-------------------|-------------------------|--------------------|-------------------|
| TRACK | Individual | 2 Lap Race | 24 | 15 |
| | | 6 Lap Race | 23 | 16 |
| | Relay | 4 x 2 Lap Relay | 24 | |
| FIELD | Jumps | Speed Bounce | 23 | 23 |
| | | Standing Long Jump | 24 | |
| | | Standing Triple Jump | 24 | 15 |
| | Throws | Shot Put | 24 | 15 |
| | | Total | 166 | 84 |
| | | Overall Position | 1 | 2 |

| 2 Lap Race | | | | | | |
|--------------------------|-------------------|--------------------|------|------|--------|--|
| No | Name | Club | Time | Rank | Points | |
| 33 | Beth Louise Jones | Crewe and Nantwich | 24.4 | A 1 | 16 | |
| 120 | Kiera Grady | Halton & Frodsham | 24.9 | A 2 | 15 | |
| 35 | Cara Gibbons | Crewe and Nantwich | 24.9 | B 1 | 8 | |
| | | | 25.9 | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| 2 Lap Race - Non Scoring | | | | | | |
| No | Name | Club | Time | Rank | Points | |
| 37 | Lauren McCarthy | Crewe and Nantwich | 25.9 | N S | | |
| 38 | Sophie Smith | Crewe and Nantwich | 26.6 | N S | | |
| | | | | | | |
| | | | | | | |

| 6 Lap Race | | | | | | |
|--------------------------|-------------------|--------------------|------|------|--------|--|
| No | Name | Club | Time | Rank | Points | |
| 120 | Kiera Grady | Halton & Frodsham | 84 | A 1 | 16 | |
| 33 | Beth Louise Jones | Crewe and Nantwich | 90.3 | A 2 | 15 | |
| 38 | Sophie Smith | Crewe and Nantwich | 90.5 | B 1 | 8 | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| 6 Lap Race - Non Scoring | | | | | | |
| No | Name | Club | Time | Rank | Points | |
| 35 | Cara Gibbons | Crewe and Nantwich | 86.8 | N S | | |
| | | | | | | |
| | | | | | | |

| Individual Track 3 | | | | | | |
|----------------------------------|------|------|------|------|--------|--|
| No | Name | Club | Time | Rank | Points | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| Individual Track 3 - Non Scoring | | | | | | |
| No | Name | Club | Time | Rank | Points | |
| | | | | | | |
| | | | | | | |
| | | | | | | |

| Chest Push | | | | | | |
|--------------------------|------|------|---------|------|--------|--|
| No | Name | Club | Dis (m) | Rank | Points | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| Chest Push - Non Scoring | | | | | | |
| No | Name | Club | Dis (m) | NS | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |

| Shot Put | | | | | | |
|------------------------|-------------------|--------------------|---------|------|--------|--|
| No | Name | Club | Dis (m) | Rank | Points | |
| 32 | Annie Huntbach | Crewe and Nantwich | 7.13 | B 1 | 8 | |
| 36 | Emma Fowler | Crewe and Nantwich | 8.72 | A 1 | 16 | |
| 121 | Emily Ross | Halton & Frodsham | 7.80 | A 2 | 15 | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| Shot Put - Non Scoring | | | | | | |
| No | Name | Club | Dis (m) | NS | | |
| 33 | Beth Louise Jones | Crewe and Nantwich | 6.23 | N S | | |
| 35 | Cara Gibbons | Crewe and Nantwich | 6.29 | N S | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |

| Soft Javelin | | | | | | |
|----------------------------|------|------|---------|------|--------|--|
| No | Name | Club | Dis (m) | Rank | Points | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| Soft Javelin - Non Scoring | | | | | | |
| No | Name | Club | Dis (m) | NS | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |

| | | 4 x 2 Lap Relay | |
|--------------------|--------------|-----------------|--------|
| Team | Time in secs | Rank / | Points |
| Crewe and Nantwich | 100.50 | 1 | 24 |
| Halton & Frodsham | | | |
| Handforth | | | |
| Macclesfield | | | |
| Southport Waterloo | | | |
| Sutton St Helens | | | |
| Club 7 | | | |
| Club 8 | | | |

Deeside College NWL 2012/2013

27 January 2012

Under 11 - Girls

| | | | Deeside | Liverpool | Warrington | West Cheshire | Wirral |
|-------------------------|-------------------|----------------------|------------|-----------|------------|---------------|------------|
| TRACK | Individual | 2 Lap Race | 19 | | 19 | 22 | 24 |
| | | 4 Lap Race | 20 | | 18 | 22 | 24 |
| | Relay | 4 x 2 Lap Relay | 18 | | 15 | 21 | 24 |
| FIELD | Jumps | Speed Bounce | 20 | 16 | 18 | 22 | 24 |
| | | Standing Long Jump | 21 | 18 | | 21 | 24 |
| | | Standing Triple Jump | | | 20 | 24 | 22 |
| | Throws | Chest Push | 12 | 14 | 19 | 22 | 24 |
| Total | | | 110 | 48 | 109 | 154 | 166 |
| Overall Position | | | 3 | 5 | 4 | 2 | 1 |

| NWL 2012/2013 | | | Track - Individual | | | | | | | | | Field - Jumps | | | | | | Field - Throws | | | | | | | |
|-----------------|------------------------|---------------|--------------------|-----|------------|-----|------------|-----|--------------------|-----|--------------------|---------------|--------------------|-----|--------------|-----|--------------------|----------------|----------------------|-----|------------|-----|---|-----|--|
| 27 January 2012 | | | Under 15 - Girls | | | | | | | | | | | | | | | | | | | | | | |
| No | Name | Club | 2 Lap Race | | 6 Lap Race | | 4 Lap Race | | Individual Track 4 | | Individual Track 5 | | Individual Track 6 | | Speed Bounce | | Standing Long Jump | | Standing Triple Jump | | Chest Push | | | | |
| | | | Time | Pos | Time | Pos | Time | Pos | Time | Pos | Time | Pos | Time | Pos | Bounces | Pos | Dist | Pos | Dist | Pos | Dist | Pos | | | |
| 66 | Natasha Ryder | Warrington | 26.30 | A 3 | | | | | | | | | | | 45 | A 4 | | | 4.90 | A 3 | | | | | |
| 67 | Erin Rudd | Warrington | 28.90 | B 4 | | | | | | | | | | | 40 | B 4 | | | | | | | 5 | A 4 | |
| 68 | Ellie Bedford | Warrington | | | | | 60.40 | A 4 | | | | | | | | | | | 4.40 | B 3 | | | | | |
| 69 | Sasha Lang | Warrington | | | | | 67.30 | B 4 | | | | | | | | | | | | | | | 4 | B 3 | |
| 1 | Tamsin O Keefe | West Cheshire | | | | | 55.70 | B 2 | | | | | | | 48 | B 2 | | | 5.82 | A 1 | | | | | |
| 2 | Anna Crayston | West Cheshire | | | | | 54.80 | A 2 | | | | | | | 50 | A 2 | | | 5.22 | B 1 | | | | | |
| 3 | Jess Hall | West Cheshire | | | | | | | | | 57.10 | N S | | | | | 1.62 | N S | | | | | 6 | A 2 | |
| 4 | Holly Worthington | West Cheshire | 26.00 | A 2 | | | 62.90 | N S | | | | | | | | | 1.74 | B 2 | | | | | 5 | N S | |
| 14 | Tamara Nu'u | West Cheshire | 29.10 | N S | | | | | | | | | | | 41 | N S | | | | | | | 6 | B 2 | |
| 5 | Lauren Jones | West Cheshire | 28.60 | N S | | | | | | | 64.10 | N S | | | | | | | | | | | | | |
| 6 | Neve Darlington | West Cheshire | 27.60 | | | | | | | | 61.60 | N S | | | | | 1.62 | N S | 4.30 | N S | | | | | |
| 7 | Emma Ashcroft | West Cheshire | 27.00 | B 2 | | | 62.90 | N S | | | | | | | | | | | 4.50 | N S | | | 5 | | |
| 49 | Izzi Larkin | West Cheshire | | | | | | | 28.00 | N S | | | 68.20 | N S | | | | | | | | | 4 | | |
| 8 | Holly Jones | West Cheshire | 27.70 | | | | | | | | 59.90 | N S | | | | | | | | | | | | | |
| 9 | Ellie Finn | West Cheshire | | | | | | | 26.80 | N S | 57.20 | N S | | | | | 1.74 | A 3 | | | | | 5 | N S | |
| 10 | Rhona Cook | West Cheshire | 27.40 | | | | 59.70 | N S | | | | | | | | | | | | | | | 5 | N S | |
| 11 | Annabel Herringborough | West Cheshire | | | | | 61.60 | N S | | | | | | | | | | | | | | | 5 | | |
| 12 | Gemma Davies | West Cheshire | | | | | 64.10 | N S | | | | | | | | | | | | | | | | | |
| 13 | Abby Shaw | West Cheshire | 27.30 | N S | | | | | | | | | 65.10 | N S | | | 43 | N S | | | | | | | |
| 56 | Laura Sharp | Deeside | | | | | 58.00 | A 3 | | | | | | | | | | | 1.84 | A 2 | | | | | |
| 72 | Hannah Price | Deeside | | | | | | | | | | | | | 47 | A 3 | | | | | | | 5 | A 5 | |
| 76 | Leanne Bithell | Deeside | 27.20 | A 4 | | | | | | | | | | | | | 1.62 | B 3 | | | | | | | |
| 77 | Sophie Kersten | Deeside | 27.40 | B 3 | | | 59.90 | B 3 | | | | | | | 44 | B 3 | | | | | | | | | |
| 78 | Julia Kersten | Deeside | 29.50 | N S | | | | | | | | | 66.30 | N S | | | | | | | | | | | |
| 17 | Erin Hedges | Wirral | 24.40 | A 1 | | | | | | | | | | | | | 2.14 | A 1 | | | | | 6 | B 1 | |
| 15 | Issy Blundell Small | Wirral | | | | | | | | | | | | | | | 1.00 | N S | 5.18 | A 2 | | | | | |
| 16 | Erin Brennan | Wirral | | | | | 54.40 | A 1 | | | | | | | | | | | 5.00 | B 2 | | | | | |
| 22 | Maya Curry | Wirral | 25.00 | B 1 | | | | | | | | | | | 57 | A 1 | | | | | | | | | |
| 18 | Erin Flynn | Wirral | 26.10 | | | | | | | | | | | | 47 | N S | | | | | | | | | |
| 23 | Chloe Penketh | Wirral | | | | | 54.50 | B 1 | | | | | | | 48 | N S | | | | | | | 5 | N S | |
| 19 | Eve Mooney | Wirral | 27.30 | | | | | | | | | | | | 50 | B 1 | | | 4.95 | N S | | | | | |
| 24 | Charlotte Ward | Wirral | | | | | | | | | | | | | | | 1.96 | B 1 | | | | | 7 | A 1 | |
| 25 | Lauren Kitto | Wirral | 26.70 | N S | | | | | | | | | | | | | | | | | | | 5 | N S | |
| 20 | Evie Butler | Wirral | | | | | | | 27.30 | N S | | | | | | | | | 1.62 | N S | 4.74 | N S | | | |
| 21 | Jess Finn | Wirral | | | | | | | 28.00 | N S | | | | | 48 | N S | | | | | | | | | |
| 57 | Zoe Price | Liverpool | | | | | | | | | | | | | 30 | B 5 | 1.52 | A 4 | | | | | 6 | A 3 | |
| 58 | Sofie Rowley | Liverpool | | | | | | | | | | | | | 40 | A 5 | 1.46 | B 4 | | | | | | | |

| 2 Lap Race | | | | | |
|--------------------------|-------------------|---------------|------|------|--------|
| No | Name | Club | Time | Rank | Points |
| 17 | Erin Hedges | Wirral | 24.4 | A 1 | 16 |
| 4 | Holly Worthington | West Cheshire | 26 | A 2 | 15 |
| 76 | Leanne Bithell | Deeside | 27.2 | A 4 | 13 |
| 67 | Erin Rudd | Warrington | 28.9 | B 4 | 5 |
| | | | | | |
| 22 | Maya Curry | Wirral | 25 | B 1 | 8 |
| 66 | Natasha Ryder | Warrington | 26.3 | A 3 | 14 |
| 77 | Sophie Kersten | Deeside | 27.4 | B 3 | 6 |
| 6 | Neve Darlington | West Cheshire | 27.6 | | |
| | | | | | |
| 18 | Erin Flynn | Wirral | 26.1 | | |
| 7 | Emma Ashcroft | West Cheshire | 27 | B 2 | 7 |
| 19 | Eve Mooney | Wirral | 27.3 | | |
| 10 | Rhona Cook | West Cheshire | 27.4 | | |
| 8 | Holly Jones | West Cheshire | 27.7 | | |
| 2 Lap Race - Non Scoring | | | | | |
| No | Name | Club | Time | NS | |
| 25 | Lauren Kitto | Wirral | 26.7 | N S | |
| 13 | Abby Shaw | West Cheshire | 27.3 | N S | |
| 5 | Lauren Jones | West Cheshire | 28.6 | N S | |
| 14 | Tamara Nu' u | West Cheshire | 29.1 | N S | |
| 78 | Julia Kersten | Deeside | 29.5 | N S | |

| 6 Lap Race | | | | | |
|--------------------------|------|------|------|------|--------|
| No | Name | Club | Time | Rank | Points |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| 6 Lap Race - Non Scoring | | | | | |
| No | Name | Club | Time | NS | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

| 4 Lap Race | | | | | |
|--------------------------|------------------------|---------------|------|------|--------|
| No | Name | Club | Time | Rank | Points |
| 16 | Erin Brennan | Wirral | 54.4 | A 1 | 16 |
| 1 | Tamsin O Keefe | West Cheshire | 55.7 | B 2 | 7 |
| 56 | Laura Sharp | Deeside | 58 | A 3 | 14 |
| 68 | Ellie Bedford | Warrington | 60.4 | A 4 | 13 |
| 56 | Laura Sharp | Deeside | 62.2 | | |
| | | | | | |
| 23 | Chloe Penketh | Wirral | 54.5 | B 1 | 8 |
| 2 | Anna Crayston | West Cheshire | 54.8 | A 2 | 15 |
| 77 | Sophie Kersten | Deeside | 59.9 | B 3 | 6 |
| 69 | Sasha Lang | Warrington | 67.3 | B 4 | 5 |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| 4 Lap Race - Non Scoring | | | | | |
| No | Name | Club | Time | NS | |
| 10 | Rhona Cook | West Cheshire | 59.7 | N S | |
| 11 | Annabel Herringborough | West Cheshire | 61.6 | N S | |
| 7 | Emma Ashcroft | West Cheshire | 62.9 | N S | |
| 4 | Holly Worthington | West Cheshire | 62.9 | N S | |
| 12 | Gemma Davies | West Cheshire | 64.1 | N S | |

| Individual Track 4 | | | | | |
|----------------------------------|-------------|---------------|------|------|--------|
| No | Name | Club | Time | Rank | Points |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| Individual Track 4 - Non Scoring | | | | | |
| No | Name | Club | Time | NS | |
| 9 | Ellie Finn | West Cheshire | 26.8 | N S | |
| 20 | Evie Butler | Wirral | 27.3 | N S | |
| 21 | Jess Finn | Wirral | 28 | N S | |
| 49 | Izzi Larkin | West Cheshire | 28 | N S | |
| | | | | | |

| Individual Track 5 | | | | | |
|----------------------------------|-----------------|---------------|------|------|--------|
| No | Name | Club | Time | Rank | Points |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| Individual Track 5 - Non Scoring | | | | | |
| No | Name | Club | Time | NS | |
| 3 | Jess Hall | West Cheshire | 57.1 | N S | |
| 9 | Ellie Finn | West Cheshire | 57.2 | N S | |
| 8 | Holly Jones | West Cheshire | 59.9 | N S | |
| 6 | Neve Darlington | West Cheshire | 61.6 | N S | |
| 5 | Lauren Jones | West Cheshire | 64.1 | N S | |
| | | | | | |

| Individual Track 6 | | | | | |
|----------------------------------|---------------|---------------|------|------|--------|
| No | Name | Club | Time | Rank | Points |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| Individual Track 6 - Non Scoring | | | | | |
| No | Name | Club | Time | NS | |
| 13 | Abby Shaw | West Cheshire | 65.1 | N S | |
| 78 | Julia Kersten | Deeside | 66.3 | N S | |
| 49 | Izzi Larkin | West Cheshire | 68.2 | N S | |
| | | | | | |

| Speed Bounce | | | | | |
|----------------------------|----------------|---------------|---------|------|--------|
| No | Name | Club | Bounces | Rank | Points |
| 16 | Erin Brennan | Wirral | 57 | A 1 | 16 |
| 2 | Anna Crayston | West Cheshire | 50 | A 2 | 15 |
| 72 | Hannah Price | Deeside | 47 | A 3 | 14 |
| 66 | Natasha Ryder | Warrington | 45 | A 4 | 13 |
| 58 | Sofie Rowley | Liverpool | 40 | A 5 | 12 |
| 23 | Chloe Penketh | Wirral | 50 | B 1 | 8 |
| 1 | Tamsin O Keefe | West Cheshire | 48 | B 2 | 7 |
| 77 | Sophie Kersten | Deeside | 44 | B 3 | 6 |
| 67 | Erin Rudd | Warrington | 40 | B 4 | 5 |
| 57 | Zoe Price | Liverpool | 30 | B 5 | 4 |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| Speed Bounce - Non Scoring | | | | | |
| No | Name | Club | Bounces | NS | |
| 22 | Maya Curry | Wirral | 47 | N S | |
| 21 | Jess Finn | Wirral | 48 | N S | |
| 18 | Erin Flynn | Wirral | 48 | N S | |
| 14 | Tamara Nu'u | West Cheshire | 41 | N S | |
| 12 | Gemma Davies | West Cheshire | 43 | N S | |

| Standing Long Jump | | | | | |
|----------------------------------|---------------------|---------------|--------------|------|--------|
| No | Name | Club | Distance (m) | Rank | Points |
| 17 | Erin Hedges | Wirral | 2.14 | A 1 | 16 |
| 56 | Laura Sharp | Deeside | 1.84 | A 2 | 15 |
| 9 | Ellie Finn | West Cheshire | 1.74 | A 3 | 14 |
| 57 | Zoe Price | Liverpool | 1.52 | A 4 | 13 |
| | | | | | |
| 19 | Eve Mooney | Wirral | 1.96 | B 1 | 8 |
| 4 | Holly Worthington | West Cheshire | 1.74 | B 2 | 7 |
| 76 | Leanne Bithell | Deeside | 1.62 | B 3 | 6 |
| 58 | Sofie Rowley | Liverpool | 1.46 | B 4 | 5 |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| Standing Long Jump - Non Scoring | | | | | |
| No | Name | Club | Distance (m) | NS | |
| 6 | Neve Darlington | West Cheshire | 1.62 | N S | |
| 3 | Jess Hall | West Cheshire | 1.62 | N S | |
| 78 | Julia Kersten | Deeside | 1.24 | N S | |
| 20 | Evie Butler | Wirral | 1.62 | N S | |
| 15 | Issy Blundell Small | Wirral | 1.00 | N S | |

| Standing Triple Jump | | | | | |
|------------------------------------|---------------------|---------------|--------------|------|--------|
| No | Name | Club | Distance (m) | Rank | Points |
| 1 | Tamsin O Keele | West Cheshire | 5.82 | A 1 | 16 |
| 15 | Issy Blundell Small | Wirral | 5.18 | A 2 | 15 |
| 66 | Natasha Ryder | Warrington | 4.90 | A 3 | 14 |
| | | | | | |
| 2 | Anna Crayston | West Cheshire | 5.22 | B 1 | 8 |
| 16 | Erin Brennan | Wirral | 5.00 | B 2 | 7 |
| 68 | Ellie Bedford | Warrington | 4.40 | B 3 | 6 |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| Standing Triple Jump - Non Scoring | | | | | |
| No | Name | Club | Distance (m) | NS | |
| 6 | Neve Darlington | West Cheshire | 4.30 | N S | |
| 7 | Emma Ashcroft | West Cheshire | 4.50 | N S | |
| 23 | Chloe Penketh | Wirral | 4.95 | N S | |
| 20 | Evie Butler | Wirral | 4.74 | N S | |

| Chest Push | | | | | |
|--------------------------|------------------------|---------------|---------|------|--------|
| No | Name | Club | Dis (m) | Rank | Points |
| 19 | Eve Mooney | Wirral | 6.50 | A 1 | 16 |
| 3 | Jess Hall | West Cheshire | 6.25 | A 2 | 15 |
| 57 | Zoe Price | Liverpool | 5.75 | A 3 | 14 |
| 67 | Erin Rudd | Warrington | 5.00 | A 4 | 13 |
| | | | | | |
| 17 | Erin Hedges | Wirral | 6.00 | B 1 | 8 |
| 14 | Tamara Nu'u | West Cheshire | 5.50 | B 2 | 7 |
| 72 | Hannah Price | Deeside | 4.50 | A 5 | 12 |
| 69 | Sasha Lang | Warrington | 4.00 | B 3 | 6 |
| | | | | | |
| | | | | | |
| | | | | | |
| 7 | Emma Ashcroft | West Cheshire | 4.50 | | |
| 49 | Izzi Larkin | West Cheshire | 3.50 | | |
| 11 | Annabel Herringborough | West Cheshire | 4.50 | | |
| | | | | | |
| | | | | | |
| Chest Push - Non Scoring | | | | | |
| No | Name | Club | Dis (m) | NS | |
| 4 | Holly Worthington | West Cheshire | 4.5 | N S | |
| 10 | Rhona Cook | West Cheshire | 5 | N S | |
| 18 | Erin Flynn | Wirral | 5.25 | N S | |
| 24 | Charlotte Ward | Wirral | 5.25 | N S | |
| 9 | Ellie Finn | West Cheshire | 5 | N S | |

| Shot Put | | | | | |
|------------------------|------|------|---------|------|--------|
| No | Name | Club | Dis (m) | Rank | Points |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| Shot Put - Non Scoring | | | | | |
| No | Name | Club | Dis (m) | NS | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

| Soft Javelin | | | | | |
|----------------------------|------|------|---------|------|--------|
| No | Name | Club | Dis (m) | Rank | Points |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| Soft Javelin - Non Scoring | | | | | |
| No | Name | Club | Dis (m) | NS | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

| | | 4 x 2 Lap Relay | |
|---------------|---------------------|------------------------|---------------|
| Team | Time in secs | Rank / | Points |
| Deeside | 112.30 | 3 | 18 |
| Liverpool | | | |
| Warrington | 112.66 | 4 | 15 |
| West Cheshire | 105.20 | 2 | 21 |
| Wirral | 104.20 | 1 | 24 |
| | | | |
| | | | |
| | | | |

Deeside College NWL 2012/2013

27 January 2012

Under 13 - Girls

| | | | Deeside | Liverpool | Warrington | West Cheshire | Wirral |
|--------------|-------------------------|----------------------|---------|-------------|-------------|---------------|------------|
| TRACK | Individual | 2 Lap Race | 13.5 | 13.5 | 18 | 23 | 23 |
| | | 6 Lap Race | | | 21 | 24 | 21 |
| | Relay | 4 x 2 Lap Relay | | | 18 | 21 | 24 |
| FIELD | Jumps | Speed Bounce | | | 21 | 22 | 23 |
| | | Standing Long Jump | 13 | 17 | 22 | 20 | 24 |
| | | Standing Triple Jump | 13 | | 20 | 24 | 22 |
| | Throws | Shot Put | | 14 | 20 | 21 | 24 |
| | | Total | | 39.5 | 44.5 | 140 | 155 |
| | Overall Position | | 5 | 4 | 3 | 2 | 1 |

| 2 Lap Race | | | | | |
|--------------------------|------------------------|---------------|------|------|--------|
| No | Name | Club | Time | Rank | Points |
| 43 | Alice Barnsley | West Cheshire | 23.6 | A 1 | 16 |
| 40 | Emily Darroch | Wirral | 23.9 | A 2 | 15 |
| 62 | Orla McQuillan Bridson | Liverpool | 25.5 | A 3 | 13.5 |
| 79 | Laura Wilson | Deeside | 25.5 | A 3 | 13.5 |
| 75 | Hannah Shaw | Warrington | 25.9 | A 5 | 12 |
| 38 | Ella Johnson | Wirral | 25.4 | | |
| 46 | Emma Hough | West Cheshire | 25.6 | | |
| 70 | Stephanie McColi | Warrington | 26.9 | B 3 | 6 |
| 39 | Jess Rayner | Wirral | 25.6 | | |
| 65 | Emma Bowser | West Cheshire | 26.2 | | |
| 36 | Emma Rowlands | Wirral | 24.7 | B 1 | 8 |
| 44 | Sophie Hemingbrough | West Cheshire | 24.8 | B 2 | 7 |
| 45 | Abbi Williams | West Cheshire | 26.3 | | |
| 34 | Corin Davies | Wirral | 27.6 | | |
| 37 | Zita Aspell | Wirral | 27.6 | | |
| 2 Lap Race - Non Scoring | | | | | |
| No | Name | Club | Time | NS | |
| 48 | Jess Thomas | West Cheshire | 24.6 | N S | |
| 41 | Obi Curry | Wirral | 25 | N S | |
| 35 | Lucy Boyce | Wirral | 26 | N S | |
| 33 | Erin Davies | Wirral | 26.7 | N S | |

| 6 Lap Race | | | | | |
|--------------------------|---------------------|---------------|-------|------|--------|
| No | Name | Club | Time | Rank | Points |
| 43 | Alice Barnsley | West Cheshire | 90.8 | B 1 | 8 |
| 42 | Holly Page | Wirral | 91.7 | B 2 | 7 |
| 74 | Issabell Bircamshaw | Warrington | 92.7 | B 3 | 6 |
| 44 | Sophie Hemingbrough | West Cheshire | 85.5 | A 1 | 16 |
| 73 | Lara Spiteri | Warrington | 89.6 | A 2 | 15 |
| 41 | Obi Curry | Wirral | 90.3 | A 3 | 14 |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| 6 Lap Race - Non Scoring | | | | | |
| No | Name | Club | Time | NS | |
| 48 | Jess Thomas | West Cheshire | 83.6 | N S | |
| 46 | Emma Hough | West Cheshire | 98.2 | N S | |
| | | | 101.9 | N S | |
| | | | | | |
| | | | | | |

| Individual Track 3 | | | | | |
|----------------------------------|------|------|------|------|--------|
| No | Name | Club | Time | Rank | Points |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| Individual Track 3 - Non Scoring | | | | | |
| No | Name | Club | Time | NS | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

| Speed Bounce | | | | | |
|----------------------------|---------------------|---------------|---------|------|--------|
| No | Name | Club | Bounces | Rank | Points |
| 44 | Sophie Hemingbrough | West Cheshire | 78 | A 1 | 16 |
| 40 | Emily Darroch | Wirral | 77 | A 2 | 15 |
| 73 | Lara Spiteri | Warrington | 69 | A 3 | 14 |
| 42 | Holly Page | Wirral | 73 | B 1 | 8 |
| 45 | Abbi Williams | West Cheshire | 63 | B 3 | 6 |
| 75 | Hannah Shaw | Warrington | 68 | B 2 | 7 |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| Speed Bounce - Non Scoring | | | | | |
| No | Name | Club | Bounces | NS | |
| 47 | Beth McMahon | West Cheshire | 63 | N S | |
| 35 | Lucy Boyce | Wirral | 70 | N S | |
| 33 | Erin Davies | Wirral | 73 | N S | |
| | | | | | |

| Standing Long Jump | | | | | |
|----------------------------------|------------------------|---------------|--------------|------|--------|
| No | Name | Club | Distance (m) | Rank | Points |
| 40 | Emily Darroch | Wirral | 2.29 | A 1 | 16 |
| 75 | Hannah Shaw | Warrington | 2.16 | A 2 | 15 |
| 79 | Laura Wilson | Deeside | 1.99 | A 4 | 13 |
| 48 | Jess Thomas | West Cheshire | 2.01 | A 3 | 14 |
| 62 | Orla McQuillan Bridson | Liverpool | 1.95 | A 5 | 12 |
| | | | | | |
| | | | | | |
| 38 | Ella Johnson | Wirral | 2.15 | B 1 | 8 |
| 73 | Lara Spiteri | Warrington | 1.99 | B 2 | 7 |
| | | | | | |
| | | | | | |
| 59 | ErinChew | Liverpool | 1.73 | B 4 | 5 |
| 45 | Abbi Williams | West Cheshire | 1.81 | B 3 | 6 |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| Standing Long Jump - Non Scoring | | | | | |
| No | Name | Club | Distance (m) | NS | |
| 36 | Emma Rowlands | Wirral | 1.86 | N S | |
| 35 | Lucy Boyce | Wirral | 1.90 | N S | |
| 44 | Sophie Hemingbrough | West Cheshire | 1.91 | N S | |
| | | | | | |

| Standing Triple Jump | | | | | |
|------------------------------------|---------------------|---------------|--------------|------|--------|
| No | Name | Club | Distance (m) | Rank | Points |
| 43 | Alice Barnsley | West Cheshire | 6.08 | A 1 | 16 |
| 42 | Holly Page | Wirral | 5.49 | A 2 | 15 |
| 70 | Stephanie McColi | Warrington | 5.31 | A 3 | 14 |
| 79 | Laura Wilson | Deeside | 5.13 | A 4 | 13 |
| | | | | | |
| | | | | | |
| 45 | Abbi Williams | West Cheshire | 5.53 | B 1 | 8 |
| 36 | Emma Rowlands | Wirral | 5.48 | B 2 | 7 |
| 74 | Issabell Bircamshaw | Warrington | 5.09 | B 3 | 6 |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| Standing Triple Jump - Non Scoring | | | | | |
| No | Name | Club | Distance (m) | NS | |
| 39 | Jess Rayner | Wirral | 5.37 | N S | |
| 37 | Zita Aspell | Wirral | 4.80 | N S | |
| | | | | | |

| Chest Push | | | | | |
|------------|------|------|---------|------|--------|
| No | Name | Club | Dis (m) | Rank | Points |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

| Chest Push - Non Scoring | | | | |
|--------------------------|------|------|---------|----|
| No | Name | Club | Dis (m) | NS |
| | | | | |
| | | | | |
| | | | | |
| | | | | |

| Shot Put | | | | | |
|----------|---------------------|---------------|---------|------|--------|
| No | Name | Club | Dis (m) | Rank | Points |
| 37 | Zita Aspell | Wirral | 7.54 | A 1 | 16 |
| 46 | Emma Hough | West Cheshire | 6.35 | A 2 | 15 |
| 59 | ErinChew | Liverpool | 6.04 | A 3 | 14 |
| 70 | Stephanie McColi | Warrington | 5.05 | A 4 | 13 |
| | | | | | |
| 38 | Ella Johnson | Wirral | 6.50 | B 1 | 8 |
| 74 | Issabell Bircamshaw | Warrington | 4.75 | B 2 | 7 |
| 47 | Beth McMahan | West Cheshire | 4.28 | B 3 | 6 |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

| Shot Put - Non Scoring | | | | |
|------------------------|--------------|--------|---------|-----|
| No | Name | Club | Dis (m) | NS |
| 34 | Corin Davies | Wirral | 5.05 | N S |
| | | | | |
| | | | | |
| | | | | |
| | | | | |

| Soft Javelin | | | | | |
|--------------|------|------|---------|------|--------|
| No | Name | Club | Dis (m) | Rank | Points |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

| Soft Javelin - Non Scoring | | | | |
|----------------------------|------|------|---------|----|
| No | Name | Club | Dis (m) | NS |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |

| | | 4 x 2 Lap Relay | |
|---------------|--------------|-----------------|--------|
| Team | Time in secs | Rank / | Points |
| Deeside | | | |
| Liverpool | | | |
| Warrington | 106.40 | 3 | 18 |
| West Cheshire | 99.60 | 2 | 21 |
| Wirral | 98.60 | 1 | 24 |
| | | | |
| | | | |
| | | | |

Deeside College NWL 2012/2013

27 January 2012

Under 15 - Girls

| | | | Deeside | Liverpool | Warrington | West Cheshire |
|-------|------------|-------------------------|------------|-------------|------------|---------------|
| TRACK | Individual | 2 Lap Race | 23 | | 14 | 23 |
| | | 6 Lap Race | 15 | | | 24 |
| | Relay | 4 x 2 Lap Relay | 21 | | | 24 |
| FIELD | Jumps | Speed Bounce | 20 | 22.5 | | 23.5 |
| | | Standing Long Jump | 23 | 14 | 13 | 23 |
| | | Standing Triple Jump | 23 | 20 | | 23 |
| | Throws | Shot Put | 22 | | | 24 |
| | | Total | 147 | 56.5 | 27 | 164.5 |
| | | Overall Position | 2 | 3 | 4 | 1 |

| NWL 2012/2013 | | | Track - Individual | | | | Field - Jumps | | | | | | Field - Throws | | | | | |
|-----------------|--------------------|---------------|--------------------|-----|-------|-----|---------------|-----|------------|-----|--------------|-----|--------------------|-----|----------------------|-----|----------|--|
| 27 January 2012 | | | Under 15 - Girls | | | | 2 Lap Race | | 6 Lap Race | | Speed Bounce | | Standing Long Jump | | Standing Triple Jump | | Shot Put | |
| No | Name | Club | Time | Pos | Time | Pos | Bounces | Pos | Dist | Pos | Dist | Pos | Dist | Pos | Dist | Pos | | |
| 50 | Georgia Barlow | West Cheshire | 23.40 | A 2 | | | 69 | A 1 | | | 6.11 | B 1 | | | | | | |
| 51 | Samhildo Megonigle | West Cheshire | 23.50 | B 1 | | | | | 2.22 | B 1 | 6.35 | A 2 | | | 9.96 | B 1 | | |
| 52 | Emily Ball | West Cheshire | 24.50 | | | | | | 2.24 | A 2 | | | | | 10.68 | A 1 | | |
| 53 | Sophie Carter | West Cheshire | | | 86.90 | A 1 | 68 | B 1 | 2.16 | | | | | | | | | |
| 54 | Victoria Smith | West Cheshire | 25.10 | N S | 94.10 | B 1 | | | 1.96 | | | | | | 5.96 | N S | | |
| 55 | Vanessa Ozeemelam | West Cheshire | 24.90 | N S | 92.90 | N S | | | 2.12 | | | | | | 5.79 | N S | | |
| 71 | Hayley Turner | Warrington | 36.20 | A 3 | | | | | 1.39 | A 4 | | | | | | | | |
| 60 | Gabriella Casey | Liverpool | | | | | 63 | B 2 | | | 4.30 | B 3 | | | | | | |
| 61 | Katie Wiggins | Liverpool | | | | | 69 | A 1 | 1.85 | A 3 | 5.00 | A 3 | | | | | | |
| 80 | Chloe Hughes | Deeside | 23.20 | A 1 | | | | | 2.32 | A 1 | 6.53 | A 1 | | | | | | |
| 81 | Tia Williams | Deeside | | | | | | | 2.08 | B 2 | 5.45 | B 2 | | | 7.87 | B 2 | | |
| 82 | Sarah Atkinson | Deeside | 24.80 | B 2 | | | | | 2.05 | | | | | | 6.41 | N S | | |
| 83 | Anna Woodward | Deeside | | | | | | | 1.79 | | | | | | | | | |
| 84 | Siwan Ifans | Deeside | 25.20 | N S | | | | | | | 5.26 | | | | | | | |
| 85 | Courtney Price | Deeside | 29.90 | | | | | | | | | | | | 4.79 | N S | | |
| 86 | Catrin Owen | Deeside | 29.10 | | | | 56 | B 3 | | | | | | | | | | |
| 88 | Charlotte Miekie | Deeside | | | 87.70 | A 2 | 61 | A 3 | | | | | | | | | | |
| 89 | Amber Rimington | Deeside | | | | | | | | | | | | | 9.85 | A 2 | | |

| 2 Lap Race | | | | | |
|--------------------------|--------------------|---------------|------|------|--------|
| No | Name | Club | Time | Rank | Points |
| 80 | Chloe Hughes | Deeside | 23.2 | A 1 | 16 |
| 50 | Georgia Barlow | West Cheshire | 23.4 | A 2 | 15 |
| 51 | Samhildo Megonigle | West Cheshire | 23.5 | B 1 | 8 |
| 82 | Sarah Atkinson | Deeside | 24.8 | B 2 | 7 |
| 71 | Hayley Turner | Warrington | 36.2 | A 3 | 14 |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| 52 | Emily Ball | West Cheshire | 24.5 | | |
| 86 | Catrin Owen | Deeside | 29.1 | | |
| 85 | Courtney Price | Deeside | 29.9 | | |
| | | | | | |
| 2 Lap Race - Non Scoring | | | | | |
| No | Name | Club | Time | Rank | Points |
| 55 | Vanessa Ozeemelum | West Cheshire | 24.9 | N S | |
| 54 | Victoria Smith | West Cheshire | 25.1 | N S | |
| 84 | Siwan Ifans | Deeside | 25.2 | N S | |
| | | | | | |

| 6 Lap Race | | | | | |
|--------------------------|-------------------|---------------|------|------|--------|
| No | Name | Club | Time | Rank | Points |
| 53 | Sophie Carter | West Cheshire | 86.9 | A 1 | 16 |
| 88 | Charlotte Miekle | Deeside | 87.7 | A 2 | 15 |
| | | | | | |
| 54 | Victoria Smith | West Cheshire | 94.1 | B 1 | 8 |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| 6 Lap Race - Non Scoring | | | | | |
| No | Name | Club | Time | Rank | Points |
| 55 | Vanessa Ozeemelum | West Cheshire | 92.9 | N S | |
| | | | | | |
| | | | | | |

| Individual Track 3 | | | | | |
|----------------------------------|------|------|------|------|--------|
| No | Name | Club | Time | Rank | Points |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| Individual Track 3 - Non Scoring | | | | | |
| No | Name | Club | Time | Rank | Points |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

| Speed Bounce | | | | | |
|----------------------------|------------------|---------------|---------|------|--------|
| No | Name | Club | Bounces | Rank | Points |
| 61 | Katie Wiggins | Liverpool | 69 | A 1 | 15.5 |
| 50 | Georgia Barlow | West Cheshire | 69 | A 1 | 15.5 |
| 88 | Charlotte Miekle | Deeside | 61 | A 3 | 14 |
| | | | | | |
| 53 | Sophie Carter | West Cheshire | 68 | B 1 | 8 |
| 60 | Gabriella Casey | Liverpool | 63 | B 2 | 7 |
| 86 | Catrin Owen | Deeside | 56 | B 3 | 6 |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| Speed Bounce - Non Scoring | | | | | |
| No | Name | Club | Bounces | NS | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

| Standing Long Jump | | | | | |
|----------------------------------|--------------------|---------------|--------------|------|--------|
| No | Name | Club | Distance (m) | Rank | Points |
| 80 | Chloe Hughes | Deeside | 2.32 | A 1 | 16 |
| 52 | Emily Ball | West Cheshire | 2.24 | A 2 | 15 |
| 61 | Katie Wiggins | Liverpool | 1.85 | A 3 | 14 |
| 71 | Hayley Turner | Warrington | 1.39 | A 4 | 13 |
| | | | | | |
| | | | | | |
| 51 | Samhildo Megonigle | West Cheshire | 2.22 | B 1 | 8 |
| 81 | Tia Williams | Deeside | 2.08 | B 2 | 7 |
| | | | | | |
| | | | | | |
| | | | | | |
| 53 | Sophie Carter | West Cheshire | 2.16 | | |
| 54 | Victoria Smith | West Cheshire | 1.96 | | |
| 82 | Sarah Atkinson | Deeside | 2.05 | | |
| 83 | Anna Woodward | Deeside | 1.79 | | |
| 55 | Vanessa Ozeemelum | West Cheshire | 2.12 | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| Standing Long Jump - Non Scoring | | | | | |
| No | Name | Club | Distance (m) | NS | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

| Standing Triple Jump | | | | | |
|------------------------------------|--------------------|---------------|--------------|------|--------|
| No | Name | Club | Distance (m) | Rank | Points |
| 80 | Chloe Hughes | Deeside | 6.53 | A 1 | 16 |
| 51 | Samhildo Megonigle | West Cheshire | 6.35 | A 2 | 15 |
| 61 | Katie Wiggins | Liverpool | 5.00 | A 3 | 14 |
| | | | | | |
| | | | | | |
| 50 | Georgia Barlow | West Cheshire | 6.11 | B 1 | 8 |
| 81 | Tia Williams | Deeside | 5.45 | B 2 | 7 |
| 60 | Gabriella Casey | Liverpool | 4.30 | B 3 | 6 |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| Standing Triple Jump - Non Scoring | | | | | |
| No | Name | Club | Distance (m) | NS | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

| Chest Push | | | | | |
|--------------------------|------|------|---------|------|--------|
| No | Name | Club | Dis (m) | Rank | Points |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| Chest Push - Non Scoring | | | | | |
| No | Name | Club | Dis (m) | NS | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

| Shot Put | | | | | |
|------------------------|-------------------|---------------|---------|------|--------|
| No | Name | Club | Dis (m) | Rank | Points |
| 52 | Emily Ball | West Cheshire | 10.68 | A 1 | 16 |
| 89 | Amber Rimington | Deeside | 9.85 | A 2 | 15 |
| | | | | | |
| | | | | | |
| 51 | Samhido Megonigle | West Cheshire | 9.96 | B 1 | 8 |
| 81 | Tia Williams | Deeside | 7.87 | B 2 | 7 |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| Shot Put - Non Scoring | | | | | |
| No | Name | Club | Dis (m) | NS | |
| 82 | Sarah Atkinson | Deeside | 6.41 | N S | |
| 85 | Courtney Price | Deeside | 4.79 | N S | |
| 54 | Victoria Smith | West Cheshire | 5.96 | N S | |
| 55 | Vanessa Ozeemelum | West Cheshire | 5.79 | N S | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

| Soft Javelin | | | | | |
|----------------------------|------|------|---------|------|--------|
| No | Name | Club | Dis (m) | Rank | Points |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| Soft Javelin - Non Scoring | | | | | |
| No | Name | Club | Dis (m) | NS | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

| | | 4 x 2 Lap Relay | |
|---------------|--------------|-----------------|--------|
| Team | Time in secs | Rank / | Points |
| Deeside | 97.50 | 2 | 21 |
| Liverpool | | | |
| Warrington | | | |
| West Cheshire | 95.80 | 1 | 24 |
| Wirral | | | |
| | | | |
| | | | |
| | | | |