

North West Sportshall Athletics League 2011 - 2012
League Tables after Round Two
23rd October 2011

Team	U11 Girls		Total	Team	U11 Boys		Total
	Round 1	Round 2			Round 1	Round 2	
Crewe & Nantwich	144.5	152	296.5	Crewe & Nantwich	165	161.5	326.5
Southport / Waterloo	134	130	264	Southport / Waterloo	93.5	119.5	213
Halton & Frodsham	150	0	150	Wirral	0	155	155
Wirral	0	147.5	147.5	Halton & Frodsham	143.5	0	143.5
Deeside	71	67.5	138.5	Liverpool	142	0	142
West Cheshire	0	136	136	West Cheshire	0	138	138
St Helens Sutton	0	93	93	Deeside	56	58	114
Warrington	67.5	0	67.5	Handforth	60	40	100
				St Helens Sutton	0	32	32
				Warrington	31	0	31

Team	U13 Girls		Total	Team	U13 Boys		Total
	Round 1	Round 2			Round 1	Round 2	
Crewe & Nantwich	158	151.5	309.5	Crewe & Nantwich	147	148	295
Southport / Waterloo	136	132.5	268.5	Southport / Waterloo	79	113	192
West Cheshire	0	161	161	West Cheshire	0	158	158
Halton & Frodsham	159	0	159	Halton & Frodsham	147.5	0	147.5
Warrington	121	0	121	Warrington	106.5	0	106.5
Deeside	28	73	101	St Helens Sutton	0	94	94
St Helens Sutton	0	97	97	Liverpool	88	0	88
Handforth	40	24	64	Deeside	36	51	87
				Handforth	34	0	34

Team	U15 Girls		Total	Team	U15 Boys		Total
	Round 1	Round 2			Round 1	Round 2	
Crewe & Nantwich	168	162.5	330.5	Crewe & Nantwich	151	150	301
West Cheshire	0	156.5	156.5	West Cheshire	0	164	164
Halton & Frodsham	152	0	152	Halton & Frodsham	118	0	118
St Helens Sutton	0	62	62				
Liverpool	53	0	53				
Deeside	43	0	43				
Warrington	26	0	26				

Kingsway North West League Round 2

23 October 2011

Under 11 - Girls

			Crewe and Nantwich	Deeside	St Helens Sutton	Southport / Waterloo	West Cheshire	Wirral
TRACK	Individual	2 Lap Race	23	14	15.5	18	18	22.5
		4 Lap Race	21		16	21	19	23
	Relay	4 x 2 Lap Relay	24		12	15	21	18
FIELD	Jumps	Speed Bounce	22	12.5	16.5	16	20	24
		Standing Long Jump	18	23	14	19	18	22
		Vertical Jump	23	18		21	20	18
	Throws	Chest Push	21		19	20	20	20
		Total	152	67.5	93	130	136	147.5
		Overall Position	1	6	5	4	3	2



North West League Round 2			Track - Individual				Field - Jumps						Field - Throws					
23 October 2011			Under 11 - Girls				2 Lap Race		4 Lap Race		Speed Bounce		Standing Long Jump		Vertical Jump		Chest Push	
No	Name	Club	Time	Pos	Time	Pos	Bounces	Pos	Dist	Pos	Height	Pos	Dist	Pos				
40	Fion Collett	Deeside	28.90	A 3					1.74	B 2	37	B 4						
47	Sasha Martin	Deeside					45	A 4	1.94	A 1	39	A 4						
83	Elizabeth Griffiths	St Helens Sutton	32.00	N S			34	N S	1.41	N S								
84	Grace Terry	St Helens Sutton			73.20	B 5			1.33	N S			4	N S				
85	Katy Parr	St Helens Sutton	29.40	A 5	66.40	N S							6	A 2				
86	Chloe Orrick	St Helens Sutton			69.50	A 5	45	A 4	1.44	N S								
87	Sian Glynn	St Helens Sutton	32.20	B 5					1.50	N S								
88	Amy Barrow	St Helens Sutton			77.30	N S	38	B 5										
89	Elizabeth Tracey	St Helens Sutton	33.20	N S					1.44	B 6			3	N S				
90	Megan Parr	St Helens Sutton	32.20	N S			35	N S					4	B 5				
97	Rosie Dyer	St Helens Sutton	33.90	N S	77.80	N S			1.44	A 6								
61	Charlotte Hughes	Wirral	30.50	N S					1.39	N S								
62	Obi Curry	Wirral	28.20	A 1					1.80	N S			5	N S				
63	Gabriell Molloy	Wirral	30.90	N S					1.82	B 1	38	A 5						
64	Megan Carroll	Wirral	29.70	N S			49	A 1										
65	Charlotte Brough	Wirral	34.30	N S							35	N S						
66	Juliet Hodder	Wirral			63.60	A 2	45	N S	1.33	N S								
67	Molly Williams	Wirral	31.80	N S					1.33	N S								
68	Catherine Spencer	Wirral			63.60	B 1			1.86	A 3			6	A 5				
69	Jasmine Passley	Wirral	31.10	N S							35	N S						
70	Emma Rowlands	Wirral	30.00	N S					1.42	N S								
71	Ellie Rothwell	Wirral	30.00	N S					1.41	N S								
72	Olivia Dutton	Wirral	29.50	N S					1.76	N S								
73	Erin Brennan	Wirral	29.60	N S			46	N S										
74	Maddison Fisher	Wirral	30.10	N S			48	B 1	1.35	N S								
75	Chloe Moxley	Wirral	32.40	N S							33	N S	5	B 1				
76	Nadine Pownell	Wirral	29.60	N S									5	N S				
77	Erin Davies	Wirral	30.00	N S														
78	Lucy Boyce	Wirral	29.70	B 2					1.58	N S								
79	Ruby Garrigan	Wirral	31.90	N S							38	B 3	5	N S				
80	Nadia Millward	Wirral	30.00	N S	65.90	N S			1.58	N S								
81	Lauren Wren	Wirral	32.20	N S	70.40	N S												
201	Evie Webster	Southport / Waterloo	34.60	N S	79.70	N S			1.48	B 5			4	N S				
202	Olivia Pines	Southport / Waterloo	29.30	A 4	64.30	N S	43	A 6			39	B 2						
203	Alice Delaney	Southport / Waterloo	29.20	N S	62.00	A 1			1.88	A 2	40	A 3	4	N S				
204	Eleanor Kenny	Southport / Waterloo	31.00	B 4			41	N S					5	B 3				
205	Emily Tipping	Southport / Waterloo	32.70	N S			33	N S			27	N S						
206	Alex Bunclarke	Southport / Waterloo	31.80	N S	67.90	B 4	42	B 4					6	A 3				
48	Anna Crayston	West Cheshire	29.70	B 2	65.30	N S			1.69	B 4	32	N S						
49	Annabel Hemingborough	West Cheshire	32.60	N S	69.90	N S					33	B 5						

North West League Round 2			Track - Individual				Field - Jumps				Field - Throws			
23 October 2011			Under 11 - Girls				Speed Bounce		Standing Long Jump		Vertical Jump		Chest Push	
No	Name	Club	2 Lap Race		4 Lap Race		Bounces	Pos	Dist	Pos	Height	Pos	Dist	Pos
50	Ellie Finn	West Cheshire	30.50	N S	65.10	A 4	40	N S	1.62	N S				
51	Emma Howe	West Cheshire	29.40	A 5	66.90	N S			1.66	N S			6	A 4
52	Lucy Davies	West Cheshire	34.10	N S	78.20	N S	43	B 3						
53	Niamh Weaver	West Cheshire	33.90	N S	79.80	N S	42	N S						
54	Tamsin O Keefe	West Cheshire	31.40	N S	67.10	B 3	46	A 3			44	A 1		
55	Rhona Cook	West Cheshire	31.10	N S	68.80	N S					28	N S	5	N S
56	Jazmine Parrott	West Cheshire	33.70	N S	78.20	N S							5	B 2
57	Lily Moorhouse	West Cheshire	33.40	N S					1.40	N S				
58	Izzie Clarke	West Cheshire	28.90	N S	64.70	N S			1.81	A 4			5	N S
59	Erin Stuart	West Cheshire	30.10	N S	67.50	N S			1.38	N S				
60	Megan Rigby	West Cheshire	32.10	N S	70.70	N S			1.35	N S				
1	Amber Parry	Crewe and Nantwich	28.30	A 2					1.80	A 5	41	A 2		
2	Amelia Atkinson	Crewe and Nantwich	31.60	N S					1.45	N S			4	N S
3	Ellie Grimwell	Crewe and Nantwich	32.00	N S			35	N S	1.37	N S				
4	Emily Lindsay	Crewe and Nantwich	31.80	N S			45	B 2					5	B 4
5	Hannah Gillespie	Crewe and Nantwich	30.50	N S			48	A 2	1.54	N S			5	N S
6	Lauren Roe	Crewe and Nantwich	32.30	N S			45	N S					5	N S
7	Ruka Shonbare	Crewe and Nantwich	31.00	N S					1.50	N S	38	N S		
9	Sophie Hodson	Crewe and Nantwich	28.80	B 1	65.30	B 2			1.72	B 3				
10	Sophie Hughes	Crewe and Nantwich	29.30	N S	64.40	A 3					40	B 1	79	A 1

2 Lap Race					
No	Name	Club	Time	Rank	Points
1	Amber Parry	Crewe and Nantwich	28.3	A 2	15
40	Ffion Collett	Deeside	28.9	A 3	14
85	Katy Parr	St Helens Sutton	29.4	A 5	11.5
51	Emma Howe	West Cheshire	29.4	A 5	11.5
78	Lucy Boyce	Wirral	29.7	B 2	6.5
204	Eleanor Kenny	Southport / Waterloo	31	B 4	5
62	Obi Curry	Wirral	28.2	A 1	16
9	Sophie Hodson	Crewe and Nantwich	28.8	B 1	8
202	Olivia Pines	Southport / Waterloo	29.3	A 4	13
48	Anna Crayston	West Cheshire	29.7	B 2	6.5
87	Sian Glynn	St Helens Sutton	32.2	B 5	4

2 Lap Race - Non Scoring				
No	Name	Club	Time	NS
58	Izzie Clarke	West Cheshire	28.9	N S
203	Alice Delaney	Southport / Waterloo	29.2	N S
70	Emma Rowlands	Wirral	30	N S
71	Ellie Rothwell	Wirral	30	N S
53	Niamh Weaver	West Cheshire	33.9	N S
97	Rosie Dyer	St Helens Sutton	33.9	N S
72	Olivia Dutton	Wirral	29.5	N S
69	Jasmine Passley	Wirral	31.1	N S
3	Ellie Grimwell	Crewe and Nantwich	32	N S
49	Annabel Hemingborough	West Cheshire	32.6	N S
52	Lucy Davies	West Cheshire	34.1	N S
201	Evie Webster	Southport / Waterloo	34.6	N S
77	Erin Davies	Wirral	30	N S
54	Tamsin O Keefe	West Cheshire	31.4	N S
4	Emily Lindsay	Crewe and Nantwich	31.8	N S
79	Ruby Garrigan	Wirral	31.9	N S
205	Emily Tipping	Southport / Waterloo	32.7	N S
56	Jazmine Parrott	West Cheshire	33.7	N S
76	Nadine Pownell	Wirral	29.6	N S
7	Ruka Shonibare	Crewe and Nantwich	31	N S
55	Rhona Cook	West Cheshire	31.1	N S
206	Alex Bunclarke	Southport / Waterloo	31.8	N S
60	Megan Rigby	West Cheshire	32.1	N S
65	Charlotte Brough	Wirral	34.3	N S
80	Nadia Millward	Wirral	30	N S
59	Erin Stuart	West Cheshire	30.1	N S
5	Hannah Gillespie	Crewe and Nantwich	30.5	N S
61	Charlotte Hughes	Wirral	30.5	N S
81	Lauren Wren	Wirral	32.2	N S
73	Erin Brennan	Wirral	29.6	N S
50	Ellie Finn	West Cheshire	30.5	N S
2	Amelia Atkinson	Crewe and Nantwich	31.6	N S
67	Molly Williams	Wirral	31.8	N S
83	Elizabeth Griffiths	St Helens Sutton	32	N S
10	Sophie Hughes	Crewe and Nantwich	29.3	N S
64	Megan Carroll	Wirral	29.7	N S
74	Maddison Fisher	Wirral	30.1	N S
89	Elizabeth Tracey	St Helens Sutton	33.2	N S
57	Lily Moorhouse	West Cheshire	33.4	N S
99	#N/A	#N/A	29.3	N S
63	Gabriell Molloy	Wirral	30.9	N S
90	Megan Parr	St Helens Sutton	32.2	N S
6	Lauren Roe	Crewe and Nantwich	32.3	N S
75	Chloe Moxley	Wirral	32.4	N S

4 Lap Race					
No	Name	Club	Time	Rank	Points
66	Juliet Hodder	Wirral	63.6	A 2	15
9	Sophie Hodson	Crewe and Nantwich	65.3	B 2	7
54	Tamsin O Keefe	West Cheshire	67.1	B 3	6
206	Alex Bunclarke	Southport / Waterloo	67.9	B 4	5
84	Grace Terry	St Helens Sutton	73.2	B 5	4
203	Alice Delaney	Southport / Waterloo	62	A 1	16
68	Catherine Spencer	Wirral	63.6	B 1	8
10	Sophie Hughes	Crewe and Nantwich	64.4	A 3	14
50	Ellie Finn	West Cheshire	65.1	A 4	13
86	Chloe Orrick	St Helens Sutton	69.5	A 5	12

4 Lap Race - Non Scoring				
No	Name	Club	Time	NS
80	Nadia Millward	Wirral	65.9	N S
85	Katy Parr	St Helens Sutton	66.4	N S
51	Emma Howe	West Cheshire	66.9	N S
99	#N/A	#N/A	67.1	N S
59	Erin Stuart	West Cheshire	67.5	N S
49	Annabel Hemingborough	West Cheshire	69.9	N S
202	Olivia Pines	Southport / Waterloo	64.3	N S
55	Rhona Cook	West Cheshire	68.8	N S
81	Lauren Wren	Wirral	70.4	N S
60	Megan Rigby	West Cheshire	70.7	N S
88	Amy Barrow	St Helens Sutton	77.3	N S
53	Niamh Weaver	West Cheshire	79.8	N S
48	Anna Crayston	West Cheshire	65.3	N S
56	Jazmine Parrott	West Cheshire	78.2	N S
201	Evie Webster	Southport / Waterloo	79.7	N S
58	Izzie Clarke	West Cheshire	64.7	N S
37	#N/A	#N/A	77.4	N S
97	Rosie Dyer	St Helens Sutton	77.8	N S
52	Lucy Davies	West Cheshire	78.2	N S

Speed Bounce					
No	Name	Club	Bounces	Rank	Points
4	Emily Lindsay	Crewe and Nantwich	45	B 2	7
5	Hannah Gillespie	Crewe and Nantwich	48	A 2	15
47	Sasha Martin	Deeside	45	A 4	12.5
88	Amy Barrow	St Helens Sutton	38	B 5	4
86	Chloe Orrick	St Helens Sutton	45	A 4	12.5
206	Alex Bunclarke	Southport / Waterloo	42	B 4	5
202	Olivia Pines	Southport / Waterloo	43	A 6	11
52	Lucy Davies	West Cheshire	43	B 3	6
54	Tamsin O Keefe	West Cheshire	46	A 3	14
64	Megan Carroll	Wirral	49	A 1	16
74	Maddison Fisher	Wirral	48	B 1	8

Speed Bounce - Non Scoring					
No	Name	Club	Bounces	NS	
3	Ellie Grimwell	Crewe and Nantwich	35	N S	
6	Lauren Roe	Crewe and Nantwich	45	N S	
90	Megan Parr	St Helens Sutton	35	N S	
83	Elizabeth Griffiths	St Helens Sutton	34	N S	
204	Eleanor Kenny	Southport / Waterloo	41	N S	
205	Emily Tipping	Southport / Waterloo	33	N S	
53	Niamh Weaver	West Cheshire	42	N S	
50	Ellie Finn	West Cheshire	40	N S	
73	Erin Brennan	Wirral	46	N S	
66	Juliet Hodder	Wirral	45	N S	

Standing Long Jump					
No	Name	Club	Distance (m)	Rank	Points
9	Sophie Hodson	Crewe and Nantwich	1.72	B 3	6
1	Amber Parry	Crewe and Nantwich	1.80	A 5	12
40	Ffion Collett	Deeside	1.74	B 2	7
47	Sasha Martin	Deeside	1.94	A 1	16
97	Rosie Dyer	St Helens Sutton	1.44	A 6	11
89	Elizabeth Tracey	St Helens Sutton	1.44	B 6	3
201	Evie Webster	Southport / Waterloo	1.48	B 5	4
203	Alice Delaney	Southport / Waterloo	1.88	A 2	15
58	Izzie Clarke	West Cheshire	1.81	A 4	13
48	Anna Crayston	West Cheshire	1.69	B 4	5
63	Gabriell Molloy	Wirral	1.82	B 1	8
68	Catherine Spencer	Wirral	1.86	A 3	14

Standing Long Jump - Non Scoring					
No	Name	Club	Distance (m)	NS	
2	Amelia Atkinson	Crewe and Nantwich	1.45	N S	
5	Hannah Gillespie	Crewe and Nantwich	1.54	N S	
86	Chloe Orrick	St Helens Sutton	1.44	N S	
83	Elizabeth Griffiths	St Helens Sutton	1.41	N S	
50	Ellie Finn	West Cheshire	1.62	N S	
51	Emma Howe	West Cheshire	1.66	N S	
72	Olivia Dutton	Wirral	1.76	N S	
62	Obi Curry	Wirral	1.80	N S	
3	Ellie Grimwell	Crewe and Nantwich	1.37	N S	
7	Ruka Shonibare	Crewe and Nantwich	1.50	N S	
70	Emma Rowlands	Wirral	1.42	N S	
71	Ellie Rothwell	Wirral	1.41	N S	
78	Lucy Boyce	Wirral	1.58	N S	
80	Nadia Millward	Wirral	1.58	N S	
61	Charlotte Hughes	Wirral	1.39	N S	
67	Molly Williams	Wirral	1.33	N S	
74	Maddison Fisher	Wirral	1.35	N S	
66	Juliet Hodder	Wirral	1.33	N S	
60	Megan Rigby	West Cheshire	1.35	N S	
57	Lily Moorhouse	West Cheshire	1.40	N S	
59	Erin Stuart	West Cheshire	1.38	N S	
99	#N/A	#N/A	1.52	N S	
84	Grace Terry	St Helens Sutton	1.33	N S	
87	Sian Glynn	St Helens Sutton	1.50	N S	

Vertical Jump					
No	Name	Club	Distance (cm)	Rank	Points
10	Sophie Hughes	Crewe and Nantwich	40	B 1	8
1	Amber Parry	Crewe and Nantwich	41	A 2	15
47	Sasha Martin	Deeside	39	A 4	13
40	Ffion Collett	Deeside	37	B 4	5
203	Alice Delaney	Southport / Waterloo	40	A 3	14
202	Olivia Pines	Southport / Waterloo	39	B 2	7
54	Tamsin O Keefe	West Cheshire	44	A 1	16
49	Annabel Hemingborough	West Cheshire	33	B 5	4
63	Gabriell Molloy	Wirral	38	A 5	12
79	Ruby Garrigan	Wirral	38	B 3	6
Vertical Jump - Non Scoring					
No	Name	Club	Distance (cm)	NS	
7	Ruka Shonibare	Crewe and Nantwich	38	N S	
205	Emily Tipping	Southport / Waterloo	27	N S	
48	Anna Crayston	West Cheshire	32	N S	
55	Rhona Cook	West Cheshire	28	N S	
65	Charlotte Brough	Wirral	35	N S	
75	Chloe Moxley	Wirral	33	N S	
69	Jasmine Passley	Wirral	35	N S	

Chest Push						
No	Name	Club	Dis (m)		Rank	Points
10	Sophie Hughes	Crewe and Nantwich	79.00		A 1	16
4	Emily Lindsay	Crewe and Nantwich	5.00		B 4	5
90	Megan Parr	St Helens Sutton	4.25		B 5	4
85	Katy Parr	St Helens Sutton	6.00		A 2	15
206	Alex Bunclarke	Southport / Waterloo	5.75		A 3	14
204	Eleanor Kenny	Southport / Waterloo	5.25		B 3	6
56	Jazmine Parrott	West Cheshire	5.25		B 2	7
51	Emma Howe	West Cheshire	5.75		A 4	13
75	Chloe Moxley	Wirral	5.25		B 1	8
69	Jasmine Passley	Wirral	5.50		A 5	12
Chest Push - Non Scoring						
No	Name	Club	Dis (m)		NS	
5	Hannah Gillespie	Crewe and Nantwich	4.5		N S	
2	Amelia Atkinson	Crewe and Nantwich	4		N S	
6	Lauren Roe	Crewe and Nantwich	4.75		N S	
89	Elizabeth Tracey	St Helens Sutton	3.25		N S	
84	Grace Terry	St Helens Sutton	3.75		N S	
201	Evie Webster	Southport / Waterloo	3.5		N S	
203	Alice Delaney	Southport / Waterloo	3.75		N S	
79	Ruby Garrigan	Wirral	5		N S	
55	Rhona Cook	West Cheshire	4.5		N S	
58	Izzie Clarke	West Cheshire	5.25		N S	
76	Nadine Pownell	Wirral	4.75		N S	
62	Obi Curry	Wirral	4.75		N S	

		4 x 2 Lap Relay	
Team	Time in secs	Rank /	Points
Crewe and Nantwich	117.80	1	24
Deeside			
Handforth			
St Helens Sutton	130.70	5	12
Southport / Waterloo	120.31	4	15
West Cheshire	119.20	2	21
Wirral	120.30	3	18
Club 8			

Kingsway North West League Round 2

23 October 2011

Under 13 - Girls

			Crewe and Nantwich	Deeside	Handforth	St Helens Sutton	Southport / Waterloo	West Cheshire
TRACK	Individual	2 Lap Race	21	21	12	15	18	24
		6 Lap Race	23.5			13	22.5	20
	Relay	4 x 2 Lap Relay	21			15	18	24
FIELD	Jumps	Speed Bounce	21			18	21	24
		Standing Long Jump	22	20		17	17	24
		Vertical Jump	22	16	12		19	22
	Throws	Shot Put	21	16		19	17	23
		Total	151.5	73	24	97	132.5	161
		Overall Position	2	5	6	4	3	1

North West League Round 2			Track - Individual				Field - Jumps						Field - Throws					
23 October 2011			Under 13 - Girls				2 Lap Race		6 Lap Race		Speed Bounce		Standing Long Jump		Vertical Jump		Shot Put	
No	Name	Club	Time	Pos	Time	Pos	Bounces	Pos	Dist	Pos	Height	Pos	Dist	Pos				
98	Ellie Cook	Handforth	28.20	A 5							46	A 5						
11	Beth Platt	Crewe and Nantwich	27.90	N S					2.12	B 2	50	B 1	5.34	N S				
12	Ella Barker	Crewe and Nantwich	27.90	N S	97.90	B 1	78	A 2										
13	Ella Nicholls	Crewe and Nantwich	28.20	N S					1.98	N S			5.18	N S				
14	Eve Nickerson	Crewe and Nantwich	27.60	B 2			69	B 3					7.78	A 3				
15	Katie Hughes	Crewe and Nantwich	28.40	N S			68	N S					5.97	N S				
16	Liberty Hughes	Crewe and Nantwich	28.20	N S					2.18	A 2	51	A 3						
17	Monique Latham	Crewe and Nantwich	27.30	A 3					2.08	N S	46							
18	Rebecca Males	Crewe and Nantwich	27.70	N S			68	N S	1.75	N S								
19	Cara Gibbons	Crewe and Nantwich			95.20	A 1					50		6.38	B 2				
20	Lauren McCarthy	Crewe and Nantwich	28.30	N S			63	N S	1.48	N S								
28	Georgia Barlow	West Cheshire	26.80	A 1			73	B 1	2.04	N S								
29	Alice Barnsley	West Cheshire	26.90	B 1					2.14	B 1	42							
30	Samhilda McGonigle	West Cheshire	27.10	N S					2.25	A 1	51	A 2	7.80	A 2				
31	Ella Robson	West Cheshire	28.30	N S	103.80	B 3			1.74	N S								
32	Sophie Hemmingborough	West Cheshire	28.40	N S	98.90	A 3	70	N S										
33	Abbie Williams	West Cheshire	28.70	N S			62	N S	1.60	N S								
34	Sophie Carter	West Cheshire	29.10	N S			73	N S	1.84	N S								
35	Sophie Davies	West Cheshire	30.30	N S			69	N S					5.22	N S				
36	Victoria Smith	West Cheshire	29.70	N S					1.60	N S			5.69	N S				
37	Katie Clarke	West Cheshire	28.90	N S	98.10	N S					44	B 2						
38	Sophie Baker	West Cheshire					79	A 1					6.45	B 1				
39	Bethany Lewis	West Cheshire	27.50	N S					2.08	N S	41							
45	Tia Williams	Deeside	29.00	B 3					2.00	B 3			8.00	A 1				
46	Sarah Atkinson	Deeside	27.00	A 2					2.04	A 3	57	A 1						
207	Sally Laughton	Southport / Waterloo	30.40	B 4	103.10	N S	72	B 2	1.47	N S								
208	Emma Alderson	Southport / Waterloo	27.50	N S	95.20	A 1	73	A 3					3.65	N S				
209	Jessica Beasley	Southport / Waterloo	30.30	N S	102.10	B 2							4.91	B 4				
210	Charlotte Lockie	Southport / Waterloo	29.50	N S			62	N S	1.62	N S								
211	Leah Ward	Southport / Waterloo	28.50	N S	101.80	N S					40	B 3	4.93	A 5				
212	Helena Webster	Southport / Waterloo	32.80	N S			34	N S	1.66	B 5								
213	Lily Edwards	Southport / Waterloo	28.10	A 4					2.01	A 4	48	A 4						
91	Caitlin Young	St Helens Sutton	30.70	B 5					1.70	B 4			4.28	N S				
92	Megan Park	St Helens Sutton	32.00	N S			59	B 4					6.67	A 4				
93	Hannah Seabrook	St Helens Sutton	30.30	A 6			59	A 4	1.86	A 5								
94	Emma Dobson	St Helens Sutton	32.80	N S	119.20	A 4							5.95	B 3				

2 Lap Race					
No	Name	Club	Time	Rank	Points
29	Alice Barnsley	West Cheshire	26.9	B 1	8
46	Sarah Atkinson	Deeside	27	A 2	15
14	Eve Nickerson	Crewe and Nantwich	27.6	B 2	7
98	Ellie Cook	Handforth	28.2	A 5	12
207	Sally Laughton	Southport / Waterloo	30.4	B 4	5
91	Caitlin Young	St Helens Sutton	30.7	B 5	4
28	Georgia Barlow	West Cheshire	26.8	A 1	16
17	Monique Latham	Crewe and Nantwich	27.3	A 3	14
213	Lily Edwards	Southport / Waterloo	28.1	A 4	13
45	Tia Williams	Deeside	29	B 3	6
93	Hannah Seabrook	St Helens Sutton	30.3	A 6	11

2 Lap Race - Non Scoring				
No	Name	Club	Time	NS
30	Samhilda McGonigle	West Cheshire	27.1	N S
11	Beth Platt	Crewe and Nantwich	27.9	N S
16	Liberty Hughes	Crewe and Nantwich	28.2	N S
33	Abbie Williams	West Cheshire	28.7	N S
210	Charlotte Lockie	Southport / Waterloo	29.5	N S
94	Emma Dobson	St Helens Sutton	32.8	N S
208	Emma Alderson	Southport / Waterloo	27.5	N S
18	Rebecca Males	Crewe and Nantwich	27.7	N S
32	Sophie Hemingborough	West Cheshire	28.4	N S
15	Katie Hughes	Crewe and Nantwich	28.4	N S
35	Sophie Davies	West Cheshire	30.3	N S
92	Megan Park	St Helens Sutton	32	N S
13	Ella Nicholls	Crewe and Nantwich	28.2	N S
20	Lauren McCarthy	Crewe and Nantwich	28.3	N S
37	Katie Clarke	West Cheshire	28.9	N S
34	Sophie Carter	West Cheshire	29.1	N S
209	Jessica Beasley	Southport / Waterloo	30.3	N S
212	Helena Webster	Southport / Waterloo	32.8	N S
39	Bethany Lewis	West Cheshire	27.5	N S
12	Ella Barker	Crewe and Nantwich	27.9	N S
31	Ella Robson	West Cheshire	28.3	N S
211	Leah Ward	Southport / Waterloo	28.5	N S
36	Victoria Smith	West Cheshire	29.7	N S

6 Lap Race					
No	Name	Club	Time	Rank	Points
208	Emma Alderson	Southport / Waterloo	95.2	A 1	15.5
12	Ella Barker	Crewe and Nantwich	97.9	B 1	8
32	Sophie Hemingborough	West Cheshire	98.9	A 3	14
94	Emma Dobson	St Helens Sutton	119.2	A 4	13
19	Cara Gibbons	Crewe and Nantwich	95.2	A 1	15.5
209	Jessica Beasley	Southport / Waterloo	102.1	B 2	7
31	Ella Robson	West Cheshire	103.8	B 3	6

6 Lap Race - Non Scoring				
No	Name	Club	Time	NS
211	Leah Ward	Southport / Waterloo	101.8	N S
37	Katie Clarke	West Cheshire	98.1	N S
207	Sally Laughton	Southport / Waterloo	103.1	N S

Speed Bounce					
No	Name	Club	Bounces	Rank	Points
14	Eve Nickerson	Crewe and Nantwich	69	B 3	6
12	Ella Barker	Crewe and Nantwich	78	A 2	15
93	Hannah Seabrook	St Helens Sutton	59	A 4	13
92	Megan Park	St Helens Sutton	59	B 4	5
208	Emma Alderson	Southport / Waterloo	73	A 3	14
207	Sally Laughton	Southport / Waterloo	72	B 2	7
38	Sophie Baker	West Cheshire	79	A 1	16
28	Georgia Barlow	West Cheshire	73	B 1	8

Speed Bounce - Non Scoring				
No	Name	Club	Bounces	NS
15	Katie Hughes	Crewe and Nantwich	68	N S
20	Lauren McCarthy	Crewe and Nantwich	63	N S
210	Charlotte Lockie	Southport / Waterloo	62	N S
212	Helena Webster	Southport / Waterloo	34	N S
34	Sophie Carter	West Cheshire	73	N S
35	Sophie Davies	West Cheshire	69	N S
18	Rebecca Males	Crewe and Nantwich	68	N S
32	Sophie Hemingborough	West Cheshire	70	N S
33	Abbie Williams	West Cheshire	62	N S

Standing Long Jump					
No	Name	Club	Distance (m)	Rank	Points
16	Liberty Hughes	Crewe and Nantwich	2.18	A 2	15
11	Beth Platt	Crewe and Nantwich	2.12	B 2	7
46	Sarah Atkinson	Deeside	2.04	A 3	14
45	Tia Williams	Deeside	2.00	B 3	6
91	Caitlin Young	St Helens Sutton	1.70	B 4	5
93	Hannah Seabrook	St Helens Sutton	1.86	A 5	12
213	Lily Edwards	Southport / Waterloo	2.01	A 4	13
212	Helena Webster	Southport / Waterloo	1.66	B 5	4
29	Alice Barnsley	West Cheshire	2.14	B 1	8
30	Samhilda McGonigle	West Cheshire	2.25	A 1	16

Standing Long Jump - Non Scoring				
No	Name	Club	Distance (m)	NS
17	Monique Latham	Crewe and Nantwich	2.08	N S
13	Ella Nicholls	Crewe and Nantwich	1.98	N S
207	Sally Laughton	Southport / Waterloo	1.47	N S
210	Charlotte Lockie	Southport / Waterloo	1.62	N S
28	Georgia Barlow	West Cheshire	2.04	N S
39	Bethany Lewis	West Cheshire	2.08	N S
18	Rebecca Males	Crewe and Nantwich	1.75	N S
20	Lauren McCarthy	Crewe and Nantwich	1.48	N S
34	Sophie Carter	West Cheshire	1.84	N S
31	Ella Robson	West Cheshire	1.74	N S
33	Abbie Williams	West Cheshire	1.60	N S
36	Victoria Smith	West Cheshire	1.60	N S

Vertical Jump					
No	Name	Club	Distance (cm)	Rank	Points
11	Beth Platt	Crewe and Nantwich	50	B 1	8
16	Liberty Hughes	Crewe and Nantwich	51	A 3	14
17	Monique Latham	Crewe and Nantwich	46		
19	Cara Gibbons	Crewe and Nantwich	50		
46	Sarah Atkinson	Deeside	57	A 1	16
98	Ellie Cook	Handforth	46	A 5	12
213	Lily Edwards	Southport / Waterloo	48	A 4	13
211	Leah Ward	Southport / Waterloo	40	B 3	6
30	Samhilda McGonigle	West Cheshire	51	A 2	15
29	Alice Barnsley	West Cheshire	42		
39	Bethany Lewis	West Cheshire	41		
37	Katie Clarke	West Cheshire	44	B 2	7
Vertical Jump - Non Scoring					
No	Name	Club	Distance (cm)	NS	

Shot Put					
No	Name	Club	Dis (m)	Rank	Points
14	Eve Nickerson	Crewe and Nantwich	7.78	A 3	14
19	Cara Gibbons	Crewe and Nantwich	6.38	B 2	7
45	Tia Williams	Deeside	8.00	A 1	16
92	Megan Park	St Helens Sutton	6.67	A 4	13
94	Emma Dobson	St Helens Sutton	5.95	B 3	6
209	Jessica Beasley	Southport / Waterloo	4.91	B 4	5
211	Leah Ward	Southport / Waterloo	4.93	A 5	12
30	Samhilda McGonigle	West Cheshire	7.80	A 2	15
38	Sophie Baker	West Cheshire	6.45	B 1	8
Shot Put - Non Scoring					
No	Name	Club	Dis (m)	NS	
13	Ella Nicholls	Crewe and Nantwich	5.18	N S	
15	Katie Hughes	Crewe and Nantwich	5.97	N S	
11	Beth Platt	Crewe and Nantwich	5.34	N S	
91	Caitlin Young	St Helens Sutton	4.28	N S	
208	Emma Alderson	Southport / Waterloo	3.65	N S	
36	Victoria Smith	West Cheshire	5.69	N S	
35	Sophie Davies	West Cheshire	5.22	N S	

		4 x 2 Lap Relay	
Team	Time in secs	Rank /	Points
Crewe and Nantwich	107.80	2	21
Deeside			
Handforth			
St Helens Sutton	129.50	4	15
Southport / Waterloo	114.60	3	18
West Cheshire	106.90	1	24
Wirral			
Club 8			

Kingsway North West League Round 2

23 October 2011

Under 15 - Girls

			Crewe and Nantwich	St Helens Sutton	West Cheshire
TRACK	Individual	2 Lap Race	24	21	21
		6 Lap Race	24		22
	Relay	4 x 2 Lap Relay	24		21
FIELD	Jumps	Speed Bounce	23.5		22.5
		Standing Long Jump	23	20	23
		Vertical Jump	23		23
	Throws	Chest Push	21	21	24
	Total		162.5	62	156.5
Overall Position		1	3	2	



North West League Round 2			Track - Individual				Field - Jumps						Field - Throws	
23 October 2011			Under 15 - Girls				Speed Bounce		Standing Long Jump		Vertical Jump		Chest Push	
No	Name	Club	Time	Pos	Time	Pos	Bounces	Pos	Dist	Pos	Height	Pos	Dist	Pos
95	Lauren Wilcock	St Helens Sutton	30.70	B 3					1.66	B 3			5	B 3
96	Bethany Baxter	St Helens Sutton	27.10	A 2					1.98	A 3			9	A 2
41	Sophie Percival	West Cheshire			106.00	B 2			2.04	B 1	48	A 1	9	B 1
42	Emily Ball	West Cheshire	27.30	A 3					2.06	A 2	42		9	A 1
43	Emily Wood	West Cheshire			105.60	A 2	72	A 2	1.84		43	B 2		
44	Georgia Mouton	West Cheshire	29.40	B 2			60	B 1	1.66					
21	Annie Huntbach	Crewe and Nantwich	26.00	A 1	92.80	A 1					46	A 2	8	B 2
22	Beth Ann Jones	Crewe and Nantwich	27.20	N S			58		1.92	B 2			6	
23	Emma Basten	Crewe and Nantwich	30.30	N S					1.78		42			
24	Freya Taylor Hatswell	Crewe and Nantwich	26.10	B 1	93.10	B 1	84	A 1	2.10	A 1				
25	Kathryn Smith	Crewe and Nantwich	28.10	N S			60	B 1	1.83	N S				
26	Nia Jones	Crewe and Nantwich	28.10	N S			52		1.70	N S			6	
27	Shaunna Murphy	Crewe and Nantwich	27.10	N S					1.88		44	B 1	8	A 3

2 Lap Race					
No	Name	Club	Time	Rank	Points
21	Annie Huntbach	Crewe and Nantwich	26	A 1	16
24	Freya Taylor Hatswell	Crewe and Nantwich	26.1	B 1	8
96	Bethany Baxter	St Helens Sutton	27.1	A 2	15
42	Emily Ball	West Cheshire	27.3	A 3	14
44	Georgia Mouton	West Cheshire	29.4	B 2	7
95	Lauren Wilcock	St Helens Sutton	30.7	B 3	6
2 Lap Race - Non Scoring					
No	Name	Club	Time	NS	
27	Shaunnah Murphy	Crewe and Nantwich	27.1	N S	
22	Beth Ann Jones	Crewe and Nantwich	27.2	N S	
25	Kathryn Smith	Crewe and Nantwich	28.1	N S	
26	Nia Jones	Crewe and Nantwich	28.1	N S	
23	Emma Basten	Crewe and Nantwich	30.3	N S	

6 Lap Race					
No	Name	Club	Time	Rank	Points
21	Annie Huntbach	Crewe and Nantwich	92.8	A 1	16
24	Freya Taylor Hatswell	Crewe and Nantwich	93.1	B 1	8
43	Emily Wood	West Cheshire	105.6	A 2	15
41	Sophie Percival	West Cheshire	106	B 2	7
6 Lap Race - Non Scoring					
No	Name	Club	Time	NS	

Speed Bounce					
No	Name	Club	Bounces	Rank	Points
25	Kathryn Smith	Crewe and Nantwich	60	B 1	7.5
26	Nia Jones	Crewe and Nantwich	52		
22	Beth Ann Jones	Crewe and Nantwich	58		
24	Freya Taylor Hatswell	Crewe and Nantwich	84	A 1	16
44	Georgia Mouton	West Cheshire	60	B 1	7.5
43	Emily Wood	West Cheshire	72	A 2	15
Speed Bounce - Non Scoring					
No	Name	Club	Bounces	NS	

Standing Long Jump					
No	Name	Club	Distance (m)	Rank	Points
24	Freya Taylor Hatswell	Crewe and Nantwich	2.10	A 1	16
23	Emma Basten	Crewe and Nantwich	1.78		
22	Beth Ann Jones	Crewe and Nantwich	1.92	B 2	7
27	Shaunnah Murphy	Crewe and Nantwich	1.88		
95	Lauren Wilcock	St Helens Sutton	1.66	B 3	6
96	Bethany Baxter	St Helens Sutton	1.98	A 3	14
43	Emily Wood	West Cheshire	1.84		
44	Georgia Mouton	West Cheshire	1.66		
42	Emily Ball	West Cheshire	2.06	A 2	15
41	Sophie Percival	West Cheshire	2.04	B 1	8
Standing Long Jump - Non Scoring					
No	Name	Club	Distance (m)	NS	
25	Kathryn Smith	Crewe and Nantwich	1.83	N S	
26	Nia Jones	Crewe and Nantwich	1.70	N S	

Vertical Jump					
No	Name	Club	Distance (cm)	Rank	Points
27	Shaunnah Murphy	Crewe and Nantwich	44	B 1	8
21	Annie Huntbach	Crewe and Nantwich	46	A 2	15
23	Emma Basten	Crewe and Nantwich	42		
42	Emily Ball	West Cheshire	42		
41	Sophie Percival	West Cheshire	48	A 1	16
43	Emily Wood	West Cheshire	43	B 2	7
Vertical Jump - Non Scoring					
No	Name	Club	Distance (cm)	NS	

Chest Push					
No	Name	Club	Dis (m)	Rank	Points
21	Annie Huntbach	Crewe and Nantwich	7.60	B 2	7
22	Beth Ann Jones	Crewe and Nantwich	6.18		
26	Nia Jones	Crewe and Nantwich	5.94		
27	Shaunnah Murphy	Crewe and Nantwich	8.02	A 3	14
95	Lauren Wilcock	St Helens Sutton	4.75	B 3	6
96	Bethany Baxter	St Helens Sutton	9.04	A 2	15
41	Sophie Percival	West Cheshire	9.05	B 1	8
42	Emily Ball	West Cheshire	9.42	A 1	16
Chest Push - Non Scoring					
No	Name	Club	Dis (m)	NS	

		4 x 2 Lap Relay	
Team	Time in secs	Rank /	Points
Crewe and Nantwich	106.60	1	24
Deeside			
Handforth			
St Helens Sutton			
Southport / Waterloo			
West Cheshire	111.90	2	21
Wirral			
Club 8			