

SEAN Sportshall Athletics League 2012 - 2013
League Tables
1st December 2012

U11 Girls	Round 1	Round 2	Total
Northgate A	121.5	163	284.5
Colchester and Tendring	108.5	125	233.5
Northgate B	86	103.5	189.5
Northgate C	0	124	124
Ipswich Jaffa	0	105	105
Heathlands	103	0	103
Holbrook	62	27	89
Bungay	0	68.5	68.5
Colchester Harriers	18	0	18

U11 Boys	Round 1	Round 2	Total
Northgate A	105.5	182	287.5
Colchester & Tendring	85	82.5	167.5
Ipswich Jaffa	0	153.5	153.5
Cheetahs	0	137.5	137.5
Heathlands	133.5	0	133.5
Bungay B	0	117.5	117.5
Northgate B	0	104	104
Holbrook	37	29	66
Bungay A	0	26	26
Colchester Harriers	22	0	22

U13 Girls	Round 1	Round 2	Total
Colchester & Tendring	100	78	178
Bungay	0	38	38
Colchester Harriers	36	0	36
Holbrook	0	29	29
Northgate	0	27	27
			0
			0
			0
			0

U13 Boys	Round 1	Round 2	Total
Colchester & Tendring	98	46	144
Colchester Harriers	32	0	32
Colchester & Tendring B	29	0	29
Northgate	23	0	23
Ipswich Jaffa	0	12	12
			0
			0
			0
			0

U15 Girls	Round 1	Round 2	Total
Colchester & Tendring	51	42	93
			0
			0
			0

U15 Boys	Round 1	Round 2	Total
			0
			0
			0
			0

Northgate SEAN Sportshall Round 2

1 December 2011

Under 11 - Girls

		Yellow	Green	Blue	Purple	Orange	Maroon	Brown		
		Bungay	Northgate A	Northgate B	Northgate c	Ipswich Jaffa	Colchester and Tendring	Holbrook	Club 8	
TRACK	Individual									
	Relay	Obstacle Relay		21	13	17	15	19		
		6 Lap Paarlau	15	21	17	11	13	19		
		1 + 1 Lap Relay	11	21	15	17	13	19		
		4 x 1 Lap Relay		21	17	15	13	19		
FIELD	Jumps	Speed Bounce	13	21	10.5	15	13.5	18	13	
		Standing Long Jump	12	18	12	15	15	18	14	
		Vertical Jump								
	Throws	Chest Push	17.5	21		15	11.5	13		
		Soft Javelin		19	19	19	11			
	Total		68.5	163	103.5	124	105	125	27	
	Overall Position		6	1	5	3	4	2	7	

Chest Push					
No	Name	Club	Dis (m)	Rank	Points
28	Amelia SUTTLE	Northgate c	26.00	B 3	5
26	Jemima BESTLEY	Northgate c	28.00	A 5	10
32	Lonalla YOUNGS	Northgate A	43.00	A 1	14
29	Rhoda OYEBADE	Northgate A	36.00	B 1	7
1	Katie DIXON	Ipswich Jaffa	32.00	A 3	11.5
65	Eleanor BEDDOW	Colchester and Tendring	33.00	A 2	13
35	Eloise READ	Bungay	32.00	A 3	11.5
37	Georgia CANNELL	Bungay	29.00	B 2	6
Chest Push - Non Scoring					
No	Name	Club	Dis (m)	NS	

Shot Put					
No	Name	Club	Dis (m)	Rank	Points
Shot Put - Non Scoring					
No	Name	Club	Dis (m)	NS	

Soft Javelin					
No	Name	Club	Dis (m)	Rank	Points
31	Megan HUGHES	Northgate A	14.30	A 1	14
25	Jess DEBENHAM	Northgate c	11.80	A 2	13
29	Rhoda OYEBADE	Northgate A	7.00	B 3	5
27	Imogen TRICKER	Northgate c	8.50	B 2	6
22	Lauren ROBERTS	Northgate B	9.30	B 1	7
24	Deryn BAIDOO	Northgate B	10.10	A 3	12
3	Bethany ROBINSON	Ipswich Jaffa	9.20	A 4	11
Soft Javelin - Non Scoring					
No	Name	Club	Dis (m)	NS	
70	Daisy GREEN	Holbrook	9.8	N S	

Northgate SEAN Sportshall Round 2

1 December 2011

Under 13 - Girls

			Red	Green	Orange	Maroon	Orange
			Bungay A	Northgate	Ipswich Jaffa	Colchester and Tendring	Holbrook
TRACK	Individual	2 Lap Race	5	6		12	7
		6 Lap Race	7	8		9	6
	Relay	Obstacle Relay				12	
		4 x 2 Lap Relay				12	
FIELD	Jumps	Speed Bounce	7	6		12	
		Standing Long Jump	8	7		10	
		Standing Triple Jump	11				8
	Throws	Shot Put				11	8
Total			38	27		78	29
Overall Position			2	4		1	3

Northgate SEAN Sportshall Round 2

1 December 2011

Under 15 - Girls

Colchester
and Tendring

TRACK	Individual	2 Lap Race	6
		4 Lap Race	6
	Relay	8 Lap Paarlauf	6
		4 x 2 Lap Relay	
FIELD	Jumps	Speed Bounce	6
		Standing Long Jump	6
		Standing Triple Jump	6
	Throws	Shot Put	6
		Total	42
		Overall Position	1

