

Standing Triple Jump

Sportshall

Girls U11 / U13

No.	Name	Club/School	Trial			Best
			1	2	3	
U11G 262	Olivia Sorrell	Upminster Jnr				5.12
U13G 333	Jessica Hopkins	Maltings Acad				6.57
U13G 322	Ndidikama Okoh	Chelmsford				6.25
U13G 329	Megan Penfold	Orion				6.21
U13G 341	Millie Hodges	Havering AC				6.18
U13G 318	Lauren Strutt	Colch H				6.10
U13G 311	Glory Alidu	Braintree				5.89
U13G 319	Leisha Hunt	Braintree				5.58
U13G 332	Ellie Young	Maltings Acad				5.38
U13G 313	Hannah Humm	Braintree				5.20
U13G 307	Emily Holloway	Braintree				5.02
U13G 337	Lucy Upson	Maltings Acad				4.94
U13G 335	Poppy Selmes	Maltings Acad				4.91
U15G 363	Millie Belbin	Colch H				6.05
U15G 330	Rhea Stavri	Thurrock				5.39

Speed Bounce

Sportshall

Girls U11 (20 secs)

No.	Name	Club/School	Trial 1
U11G 258	Mali Grant	Havering AC	54
U11G 251	Chloe Brand	Upminster Jnr	49
U11G 262	Olivia Sorrell	Upminster Jnr	49
U11G 254	Evelyn Pope	Pennyfields Jnr	47
U11G 253	Emily Knight	Thurrock	42
U11G 255	Katie McGowan	Basildon	40
U11G 263	Alexandra Penny	CATS	40
U11G 259	Seanna Omogbai	Basildon	40
U11G 261	Emily Owen	CATS	36

Speed Bounce

Sportshall

Girls U13 / U15 (30 secs)

No.	Name	Club/School	Trial 1
U13G 322	Ndidikama Okoh	Chelmsford	76
U13G 319	Leisha Hunt	Braintree	75
U13G 327	Eleanor Hopgood	Colch H	71
U13G 308	Emma Ramsden	Basildon	70
U13G 318	Lauren Strutt	Colch H	70
U13G 334	Aimie Green	Maltings Acad	70
U13G 302	Anna Wardell	Basildon	68
U13G 313	Hannah Humm	Braintree	67
U13G 315	Hallie Abbott-Trangmar	Thurrock	67
U13G 305	Ellise Milan-Vega	Thurrock	66
U13G 337	Lucy Upson	Maltings Acad	64
U13G 332	Ellie Young	Maltings Acad	63
U13G 303	Chloe Hockey	Chelmsford	61
U13G 336	Holly Randall	Maltings Acad	58
U13G 326	Zoe Rixson	Basildon	52
U15G 330	Rhea Stavri	Thurrock	67



EAN - SPORTSHALL COMPETITION
Braintree Saturday 8th November 2014



Vertical Jump

Boys U11 / U13 / U15

Table with columns: No., Name, Club/School, Trial (1, 2, 3), Best. Rows include athletes like Olamide Odupitan, Shaun Ebiwarebo, Tosin Olajide, etc.

Hi Stepper



Boys U11

No.	Name	Club/School	Trial 1
U11B 236	Arthur Day	Brentwood Sch	14.8
U11B 220	Benjamin See	Basildon	15.3
U11B 225	Joshua Lock	Thurrock	15.6
U11B 234	Adam Penfold	Orion	17.3

Target Throw



Boys U11

No.	Name	Club/School	Total Points
U11B 220	Benjamin See	Basildon	21
U11B 233	Tosin Olajide	Thurrock	15
U11B 231	Owen Adams	Basildon	9
U11B 232	Shaun Ebiwarebo	Basildon	8
U11B 229	Olamide Odupitan	Braintree	6

EAN - SPORTSHALL COMPETITION

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Speed Bounce

Sportshall

Boys U11 (20 secs)

No.	Name	Club/School	Trial 1
U11B 226	Joshua Oteng	Grove Wood Pr	53
U11B 234	Adam Penfold	Orion	47
U11B 223	Jake Yems	Basildon	44
U11B 230	Onyekachukwu Okoh	St Helens RC	44
U11B 229	Olamide Odupitan	Braintree	42
U11B 227	Lenny Houston	Branfil Pri	38
	NB: U13s		
U13B 291	Baillie Mason	Maltings Acad	28
U13B 287	Ben Palmer	Maltings Acad	40

Speed Bounce

Sportshall

Boys U13 / U15 (30 secs)

No.	Name	Club/School	Trial 1
U13B 286	George Abbott	Maltings Acad	81
U13B 282	Tom Keen	Braintree	72
U13B 283	Samuel Nightingale	CATS	69
U13B 273	Gerry Lennon	Thurrock	61
U13B 280	Mack McAuley	Havering AC	61
U13B 278	Luis Beardsell	CATS	60
U13B 272	Emmanuel Oke	Basildon	48
U15B 354	Harrisson Beardsell	CATS	67

Over Under Race - Girls

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	250	Ariyanna McGee	Basildon	21.6
	2	262	Olivia Sorrell	Upminster Jnr	21.7
	3	252	Elisa Fisher	Basildon	25.6
	4	251	Chloe Brand	Upminster Jnr	25.6

2	1	263	Alexandra Penny	CATS	24.3
	2	261	Emily Owen	CATS	24.8
	3	257	Madeleine Putney	St Mary's	25.5
	4				

4 Lap Race - Girls

Sportshall

U13

Heat	Position	No.	Name	Club / School	Time
1	1	308	Emma Ramsden	Basildon	60.6
	2	312	Hannah Bardo	Chelmsford	60.7
	3	302	Anna Wardell	Basildon	60.8
	4				

2	1	329	Megan Penfold	Orion	58.3
	2	306	Emily Foster	Chelmsford	59.4
	3	324	Ruby Bridger	Thurrock	61.0
	4	313	Hannah Humm	Braintree	63.8

3	1	336	Holly Randall	Maltings Acad	61.6
	2	332	Ellie Young	Maltings Acad	62.0
	3	331	Jessica Rowe	Thurrock	63.0
	4	335	Poppy Selmes	Maltings Acad	65.0

U15

1	1	361	Ellie Bartram-Sheppard	Chelmsford	59.7
	2				
	3				
	4				

1 Lap Race - Girls

Sportshall

U11 only

Heat	Position	No.	Name	Club / School	Time
1	1	259	Seanna Omogbai	Basildon	14.2
	2	253	Emily Knight	Thurrock	14.2
	3	256	Madeleine Claydon	Colch H	15.3
	4				

2	1	262	Olivia Sorrell	Upminster Jnr	14.7
	2	254	Evelyn Pope	Pennyfields Jnr	14.8
	3	263	Alexandra Penny	CATS	15.1
	4	251	Chloe Brand	Upminster Jnr	15.7

6 Lap Race - Girls

Sportshall

u13 only

Heat	Position	No.	Name	Club / School	Time
1	1	322	Ndidikama Okoh	Chelmsford	1:32.0
	2	328	Kiera Bainsfair	Basildon	1:32.4
	3	318	Lauren Strutt	Colch H	1:34.4
	4				

2	1	313	Hannah Humm	Braintree	1:40.8
	2	315	Hallie Abbott-Trangmar	Thurrock	1:41.1
	3				
	4				

2 Lap Race - Girls
Sportshall
U11

Heat	Position	No.	Name	Club / School	Time
1	1	258	Mali Grant	Havering AC	27.6
	2	253	Emily Knight	Thurrock	28.1
	3	259	Seanna Omogbai	Basildon	29.0
	4	250	Ariyanna McGee	Basildon	30.1

2	1	251	Chloe Brand	Upminster Jnr	30.3
	2	256	Madeleine Claydon	Colch H	30.5
	3	257	Madeleine Putney	St Mary's	32.1
	4				

2 Lap Race - Girls
Sportshall
U13

1	1	310	Funminiyi Olajide	Thurrock	26.7
	2	320	Liberty Griffin	Braintree	27.4
	3	302	Anna Wardell	Basildon	27.9
	4				

2	1	308	Emma Ramsden	Basildon	27.6
	2	323	Robyn Moody	Havering AC	28.2
	3	312	Hannah Bardo	Chelmsford	28.7
	4				

3	1	327	Eleanor Hopgood	Colch H	26.8
	2	319	Leisha Hunt	Braintree	27.3
	3	264	Jessie Gower	Havering AC	27.7
	4	341	Millie Hodges	Havering AC	29.1

4	1	303	Chloe Hockey	Chelmsford	29.4
	2	311	Glory Alidu	Braintree	30.2
	3	325	Tia Vickers	Thurrock	30.2
	4	304	Chloe Locke	Thurrock	30.6

5	1	306	Emily Foster	Chelmsford	27.2
	2	305	Ellise Milan-Vega	Thurrock	28.0
	3	326	Zoe Rixson	Basildon	29.6
	4	307	Emily Holloway	Braintree	31.1

6	1	333	Jessica Hopkins	Maltings Acad	26.4
	2	334	Aimie Green	Maltings Acad	28.3
	3	338	Zoe Upson	Maltings Acad	29.7
	4	337	Lucy Upson	Maltings Acad	32.7

U15

1	1	360	Brogan Ravenall	Southend	26.0
	2	361	Ellie Bartram-Sheppard	Chelmsford	26.2
	3	362	Jessica Whitbread	Thurrock	27.1

2	1	363	Millie Belbin	Colch H	27.3
	2	330	Rhea Stavri	Thurrock	29.8
	3				

Over Under Race - Boys

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	221	Daniel Lucking	Thurrock	20.6
	2	229	Olamide Odupitan	Braintree	20.9
	3	230	Onyekachukwu Okoh	St Helens RC	23.3
	4				

2	1	231	Owen Adams	Basildon	21.0
	2	224	Jakub Kowalski	Thurrock	21.2
	3	227	Lenny Houston	Branfil Pri	21.6
	4	234	Adam Penfold	Orion	26.2

4 Lap Race - Boys

Sportshall

U13

Heat	Position	No.	Name	Club / School	Time
1	1	289	Stephen Penafler	Maltings Acad	54.3
	2	285	Adam Reid	Braintree	59.3
	3	274	Henry Paul	Basildon	61.2
	4				

1 Lap Race - Boys

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	228	Michael Adesiyani	Basildon	13.2
	2	225	Joshua Lock	Thurrock	13.8
	3	227	Lenny Houston	Branfil Pri	14.0
	4	233	Tosin Olajide	Thurrock	16.4

2	1	226	Joshua Oteng	Grove Wood Pri	13.6
	2	235	Nathan Hall	Chelmsford	13.7
	3	232	Shaun Ebiwarebo	Basildon	14.4
	4	229	Olamide Odupitan	Braintree	15.8

6 Lap Race - Boys

Sportshall

U13

Heat	Position	No.	Name	Club / School	Time
1	1	281	Theo Adesina	Thurrock	1:29.2
	2	291	Baillie Mason	Maltings Acad	1:47.7
	3				
	4				

2 Lap Race - Boys

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	228	Michael Adesiyan	Basildon	27.5
	2	232	Shaun Ebiwarebo	Basildon	28.1
	3	225	Joshua Lock	Thurrock	28.6
	4				

2	1	231	Owen Adams	Basildon	27.9
	2	226	Joshua Oteng	Grove Wood Pri	27.9
	3	221	Daniel Lucking	Thurrock	28.0
	4				

3	1	220	Benjamin See	Basildon	27.8
	2	235	Nathan Hall	Chelmsford	28.1
	3	223	Jake Yems	Basildon	28.2
	4	237	Joshua Grant	Nelmes Pri	32.1

2 Lap Race - Boys

Sportshall

U13

Heat	Position	No.	Name	Club / School	Time
1	1	271	Daniel Knight	Enf & Har	26.3
	2	276	Joseph Hogan-O'Neill	Havering AC	27.2
	3	278	Luis Beardsell	CATS	28.3
	4	282	Tom Keen	Braintree	30.9

2	1	274	Henry Paul	Basildon	27.2
	2	272	Emmanuel Oke	Basildon	28.3
	3	273	Gerry Lennon	Thurrock	29.8
	4				

3	1	275	Jamie Simmons	Thurrock	28.6
	2	270	Ben Sanctuary	Braintree	29.6
	3	279	Lukas Speed	Braintree	32.5
	4				

4	1	288	Ben Kuson	Maltings Acad	25.9
	2	285	Adam Reid	Braintree	26.5
	3	292	Finley Hall	Chelmsford	26.9
	4				

5	1	286	George Abbott	Maltings Acad	25.5
	2	283	Samuel Nightingale	CATS	26.9
	3	287	Ben Palmer	Maltings Acad	28.6
	4	284	Jake Bernstone	Braintree	35.5

U15

1	1	356	William Adeyeye	Thurrock	23.8
	2	353	Charlie Splarn	Thurrock	24.4
	3	354	Harrisson Beardsell	CATS	25.0
	4				