

Over Under Race - Girls

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	31	Ariyanna McGee	Basildon	19.1
	2	33	Emily Knight	Thurrock	19.3
	3	29	Alexandra Penny	CATS	21.6
	4				

2	1	37	Millie Ambrose	Basildon	20.2
	2	32	Chloe Brand	Upminster Jnr	20.3
	3	35	Madeleine Putney	St Mary's	21.8
	4				

3	1	30	Amelie Mason	Chelmsford	20.3
	2	42	Sasha Whiley	Chelmsford	21.2
	3	40	Rose Stockholm	Chelmsford	21.3
	4				

4 Lap Race - Girls

Sportshall

U13

Heat	Position	No.	Name	Club / School	Time
1	1	86	Lottie Hinson	Basildon	51.4
	2	73	Emma Ramsden	Basildon	51.8
	3	72	Emily Foster	Chelmsford	51.9
	4	92	Ellie Young	Maltings Acad	55.3

U15

1	1	163	Ellie Bartram-Sheppard	Chelmsford	51.0
	2				
	3				
	4				

1 Lap Race - Girls

Sportshall

U11 only

Heat	Position	No.	Name	Club / School	Time
1	1	38	Nadia Lay	Basildon	12.5
	2	43	Seanna Omogbai	Basildon	12.6
	3	33	Emily Knight	Thurrock	12.7
	4				

2	1	34	Evelyn Pope	Perryfields Jnr	12.7
	2	30	Amelie Mason	Chelmsford	13.1
	3	29	Alexandra Penny	CATS	13.6
	4				

3	1	41	Ruby Ham	Chelmsford	12.8
	2	40	Rose Stokholm	Chelmsford	12.8
	3	45	Theresa Ogunyemi	Basildon	13.7
	4	44	Teegan Rayner	Braintree	13.8

6 Lap Race - Girls

Sportshall

u13 only

Heat	Position	No.	Name	Club / School	Time
1	1	82	Kiera Bainsfair	Basildon	1:19.0
	2	83	Lauren Strutt	Colch H	1:21.0
	3	93	Holly Randall	Maltings Acad	1:24.3
	4				

2	1	73	Emma Ramsden	Basildon	1:33.7
	2	79	Jessica Krise	Basildon	1:35.0
	3				
	4				

2 Lap Race - Girls

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	31	Ariyanna McGee	Basildon	25.4
	2	43	Seanna Omogbai	Basildon	25.8
	3	37	Millie Ambrose	Basildon	25.8
	4				

2	1	39	Olivia Reilly	Chelmsford	25.5
	2	42	Sasha Whiley	Chelmsford	26.6
	3	45	Theresa Ogunyemi	Basildon	27.0
	4				

3	1	38	Nadia Lay	Basildon	26.0
	2	32	Chloe Brand	Upminster Jnr	27.3
	3	44	Teegan Rayner	Braintree	27.6
	4				

2 Lap Race - Girls

Sportshall

U13

1	1	85	Lola Omowanile	Thurrock	23.4
	2	75	Evie Howe	Basildon	23.6
	3	76	Funminiyi Olajide	Thurrock	23.6
	4	94	Jessica Hopkins	Maltings Acad	25.5

2	1	87	Megan Penfold	Orion	23.1
	2	72	Emily Foster	Chelmsford	24.0
	3	80	Jessica Smith	Enf & Har	24.1
	4	81	Jessica Welsh	Basildon	24.9

3	1	91	Sola Taiwo	Thurrock	24.0
	2	73	Emma Ramsden	Basildon	24.4
	3	84	Liberty Griffin	Braintree	24.4
	4				

4	1	74	Evie Croom	Thurrock	24.3
	2	86	Lottie Hinson	Basildon	24.6
	3	77	Hannah Bardo	Chelmsford	24.6
	4				

5	1	90	Ruby Bridger	Thurrock	23.9
	2	89	Robyn Moody	Havering AC	25.0
	3	70	Chloe Hockey	Chelmsford	25.6
	4				

U15

1	1	166	Kendrea Nwaelene	Thurrock	22.5
	2	162	Brogan Ravenall	Southend	23.2
	3	163	Ellie Bartram-Sheppard	Chelmsford	23.3
	4	169	Seniz Jessener	Thurrock	23.6

2	1	164	Jessica Whitbread	Thurrock	23.5
	2	167	Millie Belbin	Colch H	24.1
	3	165	Jodie Cooper	Basildon	24.4
	4	168	Rochelle Constable	Havering AC	24.8

Over Under Race - Boys

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	6	Daniel Lucking	Thurrock	19.6
	2	19	Olamide Odupitan	Braintree	20.0
	3	20	Owen Adams	Basildon	20.0
	4				

2	1	96	Daniel Fordham	Tyrells Primary	20.5
	2	8	Henry Elvidge	St Mary's SWF	21.3
	3	13	Joe Graham	Basildon	24.3
	4	12	James Wilson	Harlow	24.6

4 Lap Race - Boys

Sportshall

U13

Heat	Position	No.	Name	Club / School	Time
1	1	56	Stephen Penaflor	Maltings Acad	47.2
	2	61	George Abbott	Maltings Acad	48.9
	3	48	Finley Hall	Chelmsford	49.0
	4				

2	1	52	Joseph Hogan-O'Neill	Havering AC	52.6
	2	66	Liam Peryer	St Martins Sch	57.5
	3				
	4				

U15

1	1	158	Dominique Diamonde	Harlow	48.8
	2				
	3				
	4				

1 Lap Race - Boys

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	17	Michael Adesiyani	Basildon	11.5
	2	21	Regan Lawrence	Harlow	11.6
	3	7	Francis Omowanile	Thurrock	11.9
	4	15	Joshua Oteng	Grove Wood Pri	12.1

2	1	18	Nathan Hall	Chelmsford	11.9
	2	23	Shaun Ebiwarebo	Basildon	12.4
	3	3	Arthur Day	Brentwood Sch	12.6
	4				

3	1	97	Reuben White	Barnes Farm Sch	12.8
	2	13	Joe Graham	Basildon	12.9
	3	2	Alex Wall	Baddow Hall Jnr	13.3
	4				

4	1	19	Olamide Odupitan	Braintree	12.6
	2	25	Thomas Whitehead	Basildon	13.3
	3	1	Adam Penfold	Orion	13.5
	4				

5	1	26	Tom Brett	St Mary's SWF	12.9
	2	16	Matthew Gilbert	Perryfields Jnr	13.4
	3	12	James Wilson	Harlow	13.8
	4				

6 Lap Race - Boys

Sportshall

U13

Heat	Position	No.	Name	Club / School	Time
1	1	57	Theo Adesina	Thurrock	1:16.8
	2	64	Zak Herlihy	Maltings Acad	1:18.6
	3				
	4				

2 Lap Race - Boys

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	17	Michael Adesiyan	Basildon	23.5
	2	18	Nathan Hall	Chelmsford	24.3
	3	20	Owen Adams	Basildon	24.4
	4	5	Benjamin See	Basildon	24.6

2	1	7	Francis Omowanile	Thurrock	24.4
	2	23	Shaun Ebiwarebo	Basildon	24.7
	3	15	Joshua Oteng	Grove Wood Pri	24.7
	4				

3	1	10	Jake Yems	Basildon	25.6
	2	4	Ben Fisk	Writtle Jnr	25.6
	3	24	Thomas Barden	Basildon	26.7
	4				

4	1	22	Robert Claydon	Newlands Spr Sch	25.5
	2	2	Alex Wall	Baddow Hall Jnr	26.2
	3	16	Matthew Gilbert	Perryfields Jnr	27.2
	4				

5	1	27	Tosin Olajide	Thurrock	25.1
	2	96	Daniel Fordham	Tyrells Primary	25.2
	3	26	Tom Brett	St Mary's SWF	26.0
	4	28	William Nuttall	Newlands Spr Sch	26.1

2 Lap Race - Boys

Sportshall

U13

Heat	Position	No.	Name	Club / School	Time
1	1	59	Ben Kuson	Maltings Acad	22.4
	2	68	Scott Allison	St Martins Sch	23.7
	3	48	Finley Hall	Chelmsford	23.8
	4	67	Ola Bello	St Martins Sch	25.5

Fell

2	1	69	Zac Burke	St Martins Sch	23.6
	2	53	Kyle Constable	Havering AC	24.7
	3	47	Emmanuel Oke	Basildon	25.0
	4	51	Jamie Simmons	Thurrock	25.2

U15

1	1	157	Charlie Splam	Thurrock	21.9
	2	155	Aaron Wong	Thurrock	22.3
	3	161	William Adeyeye	Thurrock	26.8
	4				

2	1	158	Dominique Diamonde	Harlow	21.8
	2	156	Brandon Raffo	Thurrock	23.2
	3				
	4				

EAN - SPORTSHALL COMPETITION

Chelmsford, Saturday 6th December 2014

Standing Long Jump

Sportshall

Girls U11 / U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	34	Evelyn Pope	Perryfields Jnr				1.84
U11G	39	Olivia Reilly	Chelmsford				1.84
U11G	40	Rose Stokholm	Chelmsford				1.80
U11G	31	Ariyanna McGee	Basildon				1.76
U11G	41	Ruby Ham	Chelmsford				1.72
U11G	42	Sasha Whiley	Chelmsford				1.66
U11G	30	Amelie Mason	Chelmsford				1.64
U11G	44	Teegan Rayner	Braintree				1.54
U11G	29	Alexandra Penny	CATS				1.52
U11G	45	Theresa Ogunyemi	Basildon				1.44
U13G	85	Lola Omowanile	Thurrock				2.25
U13G	75	Evie Howe	Basildon				2.24
U13G	76	Funminiyi Olajide	Thurrock				2.19
U13G	77	Hannah Bardo	Chelmsford				2.12
U13G	87	Megan Penfold	Orion				2.12
U13G	81	Jessica Welsh	Basildon				2.07
U13G	74	Evie Croom	Thurrock				2.05
U13G	82	Kiera Bainsfair	Basildon				1.91
U13G	90	Ruby Bridger	Thurrock				1.91
U13G	72	Emily Foster	Chelmsford				1.90
U13G	91	Sola Taiwo	Thurrock				1.90
U13G	70	Chloe Hockey	Chelmsford				1.87
U13G	89	Robyn Moody	Havering AC				1.81
U13G	71	Chloe Jordan	Basildon				1.75
U13G	93	Holly Randall	Maltings Acad				1.60
U13G	86	Lottie Hinson	Basildon				1.58
U15G	167	Millie Belbin	Colch H				2.15
U15G	162	Brogan Ravenall	Southend				2.15
U15G	164	Jessica Whitbread	Thurrock				2.13
U15G	169	Seniz Jessener	Thurrock				2.05

Soft Javelin

Sportshall

Girls U11

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	32	Chloe Brand	Upminster Jnr				13
U11G	38	Nadia Lay	Basildon				11
U11G	37	Millie Ambrose	Basildon				10
U11G	39	Olivia Reilly	Chelmsford				8
U11G	44	Teegan Rayner	Braintree				8

Hi Stepper

Sportshall

Girls U11

	No.	Name	Club/School	Trial
				1
U11G	43	Seanna Omogbai	Basildon	14.9
U11G	35	Madeleine Putney	St Mary's	15.1
U11G	37	Millie Ambrose	Basildon	15.3
U11G	32	Chloe Brand	Upminster Jnr	15.8

Target Throw

Sportshall

Girls U11

	No.	Name	Club/School	Total Points
U11G	41	Ruby Ham	Chelmsford	12
U11G	45	Theresa Ogunyemi	Basildon	11
U11G	39	Olivia Reilly	Chelmsford	9
U11G	43	Seanna Omogbai	Basildon	7
U11G	42	Sasha Whiley	Chelmsford	5
U11G	37	Millie Ambrose	Basildon	4

Speed Bounce

Sportshall

Girls U11 (20 secs)

No.	Name	Club/School	Trial 1
U11G 32	Chloe Brand	Upminster Jnr	53
U11G 34	Evelyn Pope	Perryfields Jnr	51
U11G 30	Amelie Mason	Chelmsford	48
U11G 29	Alexandra Penny	CATS	40
U11G 31	Ariyanna McGee	Basildon	40
U11G 35	Madeleine Putney	St Mary's	35
U11G 45	Theresa Ogunyemi	Basildon	30

Speed Bounce

Sportshall

Girls U13 / U15 (30 secs)

No.	Name	Club/School	Trial 1
U13G 75	Evie Howe	Basildon	85
U13G 81	Jessica Welsh	Basildon	74
U13G 86	Lottie Hinson	Basildon	74
U13G 80	Jessica Smith	Enf & Har	72
U13G 73	Emma Ramsden	Basildon	70
U13G 79	Jessica Krise	Basildon	64
U13G 74	Evie Croom	Thurrock	63
U13G 70	Chloe Hockey	Chelmsford	62
U13G 93	Holly Randall	Maltings Acad	56
U13G 92	Ellie Young	Maltings Acad	54
U15G 163	Ellie Bartram-Sheppard	Chelmsford	81
U15G 165	Jodie Cooper	Basildon	72

EAN - SPORTSHALL COMPETITION

Chelmsford, Saturday 6th December 2014

Standing Long Jump

Sportshall

Boys U11 / U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	17	Michael Adesiyan	Basildon				2.20
U11B	21	Regan Lawrence	Harlow				1.98
U11B	19	Olamide Odupitan	Braintree				1.97
U11B	11	Jakub Kowalski	Thurrock				1.87
U11B	7	Francis Omowanile	Thurrock				1.84
U11B	4	Ben Fisk	Writtle Jnr				1.78
U11B	8	Henry Elvidge	St Mary's SWF				1.78
U11B	97	Reuben White	Barnes Farm Sch				1.78
U11B	28	William Nuttall	Newlands Spr Sch				1.69
U11B	27	Tosin Olajide	Thurrock				1.67
U11B	9	Hugo Whitten	Chelmsford				1.64
U11B	26	Tom Brett	St Mary's SWF				1.63
U11B	20	Owen Adams	Basildon				1.60
U11B	22	Robert Claydon	Newlands Spr Sch				1.58
U11B	24	Thomas Barden	Basildon				1.57
U11B	16	Matthew Gilbert	Perryfields Jnr				1.55
U11B	2	Alex Wall	Baddow Hall Jnr				1.45
U11B	1	Adam Penfold	Orion				1.27
U13B	57	Theo Adesina	Thurrock				2.38
U13B	52	Joseph Hogan-O'Neill	Havering AC				2.13
U13B	53	Kyle Constable	Havering AC				2.09
U13B	61	George Abbott	Maltings Acad				2.08
U13B	65	James Schmiedefeldt	St Martins Sch				2.05
U13B	67	Ola Bello	St Martins Sch				1.99
U13B	69	Zac Burke	St Martins Sch				1.89
U13B	51	Jamie Simmons	Thurrock				1.85
U13B	68	Scott Allison	St Martins Sch				1.70
U13B	66	Liam Peryer	St Martins Sch				1.51
U15B	161	William Adeyeye	Thurrock				2.74
U15B	155	Aaron Wong	Thurrock				2.48
U15B	157	Charlie Splarn	Thurrock				2.41
U15B	158	Dominique Diamonde	Harlow				2.39
U15B	156	Brandon Raffo	Thurrock				2.20
U15B	160	Liam Chivers	Thurrock				2.15

EAN - SPORTSHALL COMPETITION

Chelmsford, Saturday 6th December 2014

Soft Javelin

Sportshall

Boys U11

No.	Name	Club/School	Trial			Best
			1	2	3	
U11B	4	Ben Fisk	Writtle Jnr			16
U11B	97	Reuben White	Barnes Farm Sch			16
U11B	6	Daniel Lucking	Thurrock			15
U11B	13	Joe Graham	Basildon			15
U11B	22	Robert Claydon	Newlands Spr Sch			13
U11B	27	Tosin Olajide	Thurrock			13
U11B	24	Thomas Barden	Basildon			13
U11B	96	Daniel Fordham	Tyrells Primary			12
U11B	28	William Nuttall	Newlands Spr Sch			11

Hi Stepper

Sportshall

Boys U11

No.	Name	Club/School	Trial	
			1	
U11B	3	Arthur Day	Brentwood Sch	13.9
U11B	5	Benjamin See	Basildon	14.4
U11B	26	Tom Brett	St Mary's SWF	14.8
U11B	10	Jake Yems	Basildon	15.0
U11B	16	Matthew Gilbert	Perryfields Jnr	15.8
U11B	8	Henry Elvidge	St Mary's SWF	15.9
U11B	12	James Wilson	Harlow	16.2
U11B	1	Adam Penfold	Orion	16.9

Target Throw

Sportshall

Boys U11

No.	Name	Club/School	Total Points	
U11B	5	Benjamin See	Basildon	12
U11B	9	Hugo Whitten	Chelmsford	12
U11B	21	Regan Lawrence	Harlow	11
U11B	20	Owen Adams	Basildon	10
U11B	27	Tosin Olajide	Thurrock	10
U11B	2	Alex Wall	Baddow Hall Jn	9
U11B	25	Thomas Whitehead	Basildon	9
U11B	23	Shaun Ebiwarebo	Basildon	8
U11B	8	Henry Elvidge	St Mary's SWF	6

EAN - SPORTSHALL COMPETITION

Chelmsford, Saturday 6th December 2014

Speed Bounce

Sportshall

Boys U11 (20 secs)

No.	Name	Club/School	Trial 1
U11B 15	Joshua Oteng	Grove Wood Pr	56
U11B 21	Regan Lawrence	Harlow	53
U11B 19	Olamide Odupitan	Braintree	47
U11B 6	Daniel Lucking	Thurrock	43
U11B 1	Adam Penfold	Orion	42
U11B 13	Joe Graham	Basildon	41
U11B 28	William Nuttall	Newlands Spr S	40
U11B 10	Jake Yems	Basildon	38
U11B 22	Robert Claydon	Newlands Spr S	36
U11B 25	Thomas Whitehead	Basildon	31

Speed Bounce

Sportshall

Boys U13 / U15 (30 secs)

No.	Name	Club/School	Trial 1
U13B 53	Kyle Constable	Havering AC	74
U13B 67	Ola Bello	St Martins Sch	72
U13B 68	Scott Allison	St Martins Sch	65
U15B 158	Dominique Diamonde	Harlow	71
U15B 156	Brandon Raffo	Thurrock	9