

Kingsway NWL Round 1

11 October 2015

Under 11 - Girls

			Halton & Frodsham	Handforth	Southport/Waterloo	St Helens Sutton	West Cheshire
TRACK	Individual	2 Lap Race	21	13	21	12	24
		4 Lap Race	22		19	14	24
	Relay	Relay 1	18		21		24
FIELD	Jumps	Speed Bounce	21.5		20.5	16	21
		Standing Long Jump	22	12	19	14	24
		Standing Triple Jump					
		Vertical Jump			22	14	24
	Throws	Chest Push	21	12	23	13	22
		Total	125.5	37	145.5	83	163
		Overall Position	3	5	2	4	1



NWL Round 1			Track - Individual				Field - Jumps						Field - Throws					
11 October 2015			Under 11 - Girls				2 Lap Race		4 Lap Race		Speed Bounce		Standing Long Jump		Vertical Jump		Chest Push	
No	Name	Club	Time	Pos	Time	Pos	Bounces	Pos	Dist	Pos	Height	Pos	Dist	Pos				
160	Amelia Lamb	St Helens Sutton	31.90	A	S						20	A	3	4.50	A	4		
161	Niamh Abbott	St Helens Sutton			65.80	A	3	52	A	1.68	A	3						
110	Lauren Carswell	Halton & Frodsham	30.60	N	S					1.60					4.00	B	3	
111	Millie Glancey	Halton & Frodsham			72.90	B	2											
112	Ruby Bennett	Halton & Frodsham	32.00	B	2					1.62					3.75			
113	Abby Gillingham	Halton & Frodsham	34.20	N	S					1.13	N	S			4.75	A	2	
114	Caitlin McCann	Halton & Frodsham			71.10	N	S											
115	Maddison Withey	Southport/Waterloo	31.80	N	S	70.30	N	S										
116	Alexandra Curbishley	Halton & Frodsham	30.80	A	3					1.64	B	2						
117	Lydia Cain	Halton & Frodsham			69.80	N	S	36	B	2	1.65	N	S					
118	Jasmine Griffin-Jones	Halton & Frodsham			63.90	A	2	47	A	2	1.79	A	2					
119	Charlotte Glover	Halton & Frodsham			74.60	N	S	25										
120	Beth Glover	Halton & Frodsham	33.90	N	S			29										
121	Ellie Molyneux	Halton & Frodsham	31.80	N	S										4.00			
122	Lilly Cook	Halton & Frodsham	31.20	N	S													
123	Alex Reynolds	Halton & Frodsham	30.80	N	S	69.90	N	S										
143	Katelyn Swift	Southport/Waterloo	32.40	B	3	75.20	N	S	36	B	2		28	B	2			
144	Amber Hughes	Southport/Waterloo	28.70	A	2	63.80	N	S					33	A	2	5.50	A	1
145	Charlotte Hughes	Southport/Waterloo	34.10	N	S			26					19		2.75			
146	Katie Black	Southport/Waterloo			67.00	A	4	33		1.54	B	3						
147	Jessica McCaskill	Southport/Waterloo	28.80	N	S	619.00	B	3			1.65	A	4		4.25	B	2	
148	Millie Ireland	Southport/Waterloo	33.10	N	S	73.60	N	S	43	A	3	1.32			3.75			
154	Venly Charnley	Handforth	31.50	A	4					1.55	A	5			4.25	A	5	
163	Carys Roberts	West Cheshire	29.70	N	S	63.80	A	1			1.74							
164	Isobel Hunt	West Cheshire	30.40	N	S	68.50	N	S	37	B	1	1.84	A	1				
165	Emily Pawlett	West Cheshire	30.50	N	S	68.10	N	S					38	A	1			
166	Jodi Bemand	West Cheshire	30.30	B	1	71.00	N	S					33					
167	Grace Scott	West Cheshire	32.60	N	S			41	A	4	1.70							
168	Dervla Desozva	West Cheshire	29.90	N	S	66.60	N	S					34	B	1			
169	Paige Williams	West Cheshire	32.00	N	S	75.60	N	S							4.75	B	1	
170	Sara Pearson	West Cheshire	31.20	N	S	69.30	N	S							4.75	A	3	
171	Stephanie Jones	West Cheshire	28.20	A	1	64.10	B	1			1.78	B	1					



NWL Round 1			Track - Individual				Field - Jumps						Field - Throws					
11 October 2015			Under 11 - Girls				2 Lap Race		4 Lap Race		Speed Bounce		Standing Long Jump		Vertical Jump		Chest Push	
No	Name	Club	Time	Pos	Time	Pos	Bounces	Pos	Dist	Pos	Height	Pos	Dist	Pos				
160	Amelia Lamb	St Helens Sutton	31.90	A	S						20	A	3	4.50	A	4		
161	Niamh Abbott	St Helens Sutton			65.80	A	3	52	A	1.68	A	3						
110	Lauren Carswell	Halton & Frodsham	30.60	N	S					1.60					4.00	B	3	
111	Millie Glancey	Halton & Frodsham			72.90	B	2											
112	Ruby Bennett	Halton & Frodsham	32.00	B	2					1.62					3.75			
113	Abby Gillingham	Halton & Frodsham	34.20	N	S					1.13	N	S			4.75	A	2	
114	Caitlin McCann	Halton & Frodsham			71.10	N	S											
115	Maddison Withey	Southport/Waterloo	31.80	N	S	70.30	N	S										
116	Alexandra Curbishley	Halton & Frodsham	30.80	A	3					1.64	B	2						
117	Lydia Cain	Halton & Frodsham			69.80	N	S	36	B	2	1.65	N	S					
118	Jasmine Griffin-Jones	Halton & Frodsham			63.90	A	2	47	A	2	1.79	A	2					
119	Charlotte Glover	Halton & Frodsham			74.60	N	S	25										
120	Beth Glover	Halton & Frodsham	33.90	N	S			29										
121	Ellie Molyneux	Halton & Frodsham	31.80	N	S										4.00			
122	Lilly Cook	Halton & Frodsham	31.20	N	S													
123	Alex Reynolds	Halton & Frodsham	30.80	N	S	69.90	N	S										
143	Katelyn Swift	Southport/Waterloo	32.40	B	3	75.20	N	S	36	B	2		28	B	2			
144	Amber Hughes	Southport/Waterloo	28.70	A	2	63.80	N	S					33	A	2	5.50	A	1
145	Charlotte Hughes	Southport/Waterloo	34.10	N	S			26					19		2.75			
146	Katie Black	Southport/Waterloo			67.00	A	4	33		1.54	B	3						
147	Jessica McCaskill	Southport/Waterloo	28.80	N	S	619.00	B	3			1.65	A	4		4.25	B	2	
148	Millie Ireland	Southport/Waterloo	33.10	N	S	73.60	N	S	43	A	3	1.32			3.75			
154	Venly Charnley	Handforth	31.50	A	4					1.55	A	5			4.25	A	5	
163	Carys Roberts	West Cheshire	29.70	N	S	63.80	A	1			1.74							
164	Isobel Hunt	West Cheshire	30.40	N	S	68.50	N	S	37	B	1	1.84	A	1				
165	Emily Pawlett	West Cheshire	30.50	N	S	68.10	N	S					38	A	1			
166	Jodi Bemand	West Cheshire	30.30	B	1	71.00	N	S					33					
167	Grace Scott	West Cheshire	32.60	N	S			41	A	4	1.70							
168	Dervla Desozva	West Cheshire	29.90	N	S	66.60	N	S					34	B	1			
169	Paige Williams	West Cheshire	32.00	N	S	75.60	N	S							4.75	B	1	
170	Sara Pearson	West Cheshire	31.20	N	S	69.30	N	S							4.75	A	3	
171	Stephanie Jones	West Cheshire	28.20	A	1	64.10	B	1			1.78	B	1					

2 Lap Race					
No	Name	Club	Time	Rank	Points
171	Stephanie Jones	West Cheshire	28.2	A 1	16
116	Alexandra Curbishley	Halton & Frodsham	30.8	A 3	14
154	Verity Charnley	Handforth	31.5	A 4	13
143	Katelyn Swift	Southport/Waterloo	32.4	B 3	6
144	Amber Hughes	Southport/Waterloo	29.7	A 2	15
166	Jodi Bemand	West Cheshire	30.3	B 1	8
160	Amelia Lamb	St Helens Sutton	31.9	A 5	12
112	Ruby Bennett	Halton & Frodsham	32	B 2	7

2 Lap Race - Non Scoring					
No	Name	Club	Time	NS	
147	Jessica McCaskill	Southport/Waterloo	28.8	N S	
165	Emily Pawlett	West Cheshire	30.5	N S	
123	Alex Reynolds	Halton & Frodsham	30.8	N S	
121	Ellie Molyneux	Halton & Frodsham	31.8	N S	
167	Grace Scott	West Cheshire	32.6	N S	
113	Abby Gillingham	Halton & Frodsham	34.2	N S	
164	Isobel Hunt	West Cheshire	30.4	N S	
110	Lauren Carswell	Halton & Frodsham	30.6	N S	
170	Sara Pearson	West Cheshire	31.2	N S	
115	Maddison Withey	Southport/Waterloo	31.8	N S	
169	Paige Williams	West Cheshire	32	N S	
148	Millie Ireland	Southport/Waterloo	33.1	N S	
163	Carys Roberts	West Cheshire	29.7	N S	
168	Dervla Desovza	West Cheshire	29.9	N S	
143	Katelyn Swift	Southport/Waterloo	31	N S	
122	Lilly Cook	Halton & Frodsham	31.2	N S	
120	Beth Glover	Halton & Frodsham	33.9	N S	
145	Charlotte Hughes	Southport/Waterloo	34.1	N S	

4 Lap Race					
No	Name	Club	Time	Rank	Points
147	Jessica McCaskill	Southport/Waterloo	619	B 3	6
171	Stephanie Jones	West Cheshire	64.1	B 1	8
161	Niamh Abbott	St Helens Sutton	65.8	A 3	14
111	Millie Glancey	Halton & Frodsham	72.9	B 2	7
163	Carys Roberts	West Cheshire	63.8	A 1	16
118	Jasmine Griffin-Jones	Halton & Frodsham	63.9	A 2	15
146	Katie Black	Southport/Waterloo	67	A 4	13

4 Lap Race - Non Scoring					
No	Name	Club	Time	NS	
123	Alex Reynolds	Halton & Frodsham	69.9	N S	
169	Paige Williams	West Cheshire	75.6	N S	
164	Isobel Hunt	West Cheshire	68.5	N S	
117	Lydia Cain	Halton & Frodsham	69.8	N S	
166	Jodi Bemand	West Cheshire	71	N S	
148	Millie Ireland	Southport/Waterloo	73.6	N S	
119	Charlotte Glover	Halton & Frodsham	74.6	N S	
143	Katelyn Swift	Southport/Waterloo	75.2	N S	
144	Amber Hughes	Southport/Waterloo	63.8	N S	
168	Dervla Desovza	West Cheshire	66.6	N S	
165	Emily Pawlett	West Cheshire	68.1	N S	
170	Sara Pearson	West Cheshire	69.3	N S	
115	Maddison Withey	Southport/Waterloo	70.3	N S	
114	Caitlin McCann	Halton & Frodsham	71.1	N S	

Individual Track 3					
No	Name	Club	Time	Rank	Points

Individual Track 3 - Non Scoring					
No	Name	Club	Time	NS	

Speed Bounce					
No	Name	Club	Bounces	Rank	Points
118	Jasmine Griffin-Jones	Halton & Frodsham	47	A 2	15
119	Charlotte Glover	Halton & Frodsham	25		
120	Beth Glover	Halton & Frodsham	29		
117	Lydia Cain	Halton & Frodsham	36	B 2	6.5
148	Millie Ireland	Southport/Waterloo	43	A 3	14
146	Katie Black	Southport/Waterloo	33		
145	Charlotte Hughes	Southport/Waterloo	26		
143	Katelyn Swift	Southport/Waterloo	36	B 2	6.5
161	Niamh Abbott	St Helens Sutton	52	A 1	16
164	Isobel Hunt	West Cheshire	37	B 1	8
167	Grace Scott	West Cheshire	41	A 4	13
Speed Bounce - Non Scoring					
No	Name	Club	Bounces	NS	

Standing Long Jump					
No	Name	Club	Distance (m)	Rank	Points
118	Jasmine Griffin-Jones	Halton & Frodsham	1.79	A 2	15
110	Lauren Carswell	Halton & Frodsham	1.60		
112	Ruby Bennett	Halton & Frodsham	1.62		
154	Verity Chamley	Handforth	1.55	A 5	12
146	Katie Black	Southport/Waterloo	1.54	B 3	6
147	Jessica McCaskill	Southport/Waterloo	1.65	A 4	13
148	Millie Ireland	Southport/Waterloo	1.32		
161	Niamh Abbott	St Helens Sutton	1.68	A 3	14
163	Carys Roberts	West Cheshire	1.74		
171	Stephanie Jones	West Cheshire	1.78	B 1	8
164	Isobel Hunt	West Cheshire	1.84	A 1	16
167	Grace Scott	West Cheshire	1.70		
116	Alexandra Curbishley	Halton & Frodsham	1.64	B 2	7
Standing Long Jump - Non Scoring					
No	Name	Club	Distance (m)	NS	
113	Abby Gillingham	Halton & Frodsham	1.13	N S	
117	Lydia Cain	Halton & Frodsham	1.65	N S	

Standing Triple Jump					
No	Name	Club	Distance (m)	Rank	Points
Standing Triple Jump - Non Scoring					
No	Name	Club	Distance (m)	NS	

Vertical Jump					
No	Name	Club	Distance (cm)	Rank	Points
143	Katelyn Swift	Southport/Waterloo	28	B 2	7
144	Amber Hughes	Southport/Waterloo	33	A 2	15
145	Charlotte Hughes	Southport/Waterloo	19		
160	Amelia Lamb	St Helens Sutton	20	A 3	14
165	Emily Pawlett	West Cheshire	38	A 1	16
168	Dervla Desovza	West Cheshire	34	B 1	8
166	Jodi Bemand	West Cheshire	33		
Vertical Jump - Non Scoring					
No	Name	Club	Distance (cm)	NS	

High Jump							
No	Name	Club	Distance (m)	Final Faults	Total Faults	Rank	Points
High Jump - Non Scoring							
No	Name	Club	Distance (m)			NS	

Jumps 6					
No	Name	Club	Distance (m)	Rank	Points
Jumps 6 - Non Scoring					
No	Name	Club	Distance (m)	NS	

Chest Push					
No	Name	Club	Dis (m)	Rank	Points
110	Lauren Carswell	Halton & Frodsham	4.00	B 3	6
113	Abby Gillingham	Halton & Frodsham	4.75	A 2	15
121	Ellie Molyneux	Halton & Frodsham	4.00		
112	Ruby Bennett	Halton & Frodsham	3.75		
154	Verity Charnley	Handforth	4.25	A 5	12
144	Amber Hughes	Southport/Waterloo	5.50	A 1	16
147	Jessica McCaskill	Southport/Waterloo	4.25	B 2	7
148	Millie Ireland	Southport/Waterloo	3.75		
145	Charlotte Hughes	Southport/Waterloo	2.75		
160	Amelia Lamb	St Helens Sutton	4.50	A 4	13
170	Sara Pearson	West Cheshire	4.75	A 3	14
169	Paige Williams	West Cheshire	4.75	B 1	8
Chest Push - Non Scoring					
No	Name	Club	Dis (m)	NS	

Shot Put					
No	Name	Club	Dis (m)	Rank	Points
Shot Put - Non Scoring					
No	Name	Club	Dis (m)	NS	

Soft Javelin					
No	Name	Club	Dis (m)	Rank	Points
Soft Javelin - Non Scoring					
No	Name	Club	Dis (m)	NS	

Kingsway NWL Round 1

11 October 2015

Under 13 - Girls

			Deeside	Halton & Frodsham	Handforth	Southport/Waterloo	St Helens Sutton	West Cheshire
TRACK	Individual	2 Lap Race	13	19		21	14	24
		6 Lap Race	20			22		24
	Relay	Relay 1				21		24
FIELD	Jumps	Speed Bounce	18.5	17.5	14	23		23
		Standing Long Jump		21	13	12	15	24
		Vertical Jump	19		13	21	14	24
	Throws	Shot Put	13	21		21		24
		Total	83.5	78.5	40	141	43	167
		Overall Position	3	4	6	2	5	1



NWL Round 1			Track - Individual				Field - Jumps						Field - Throws					
11 October 2015			Under 13 - Girls				2 Lap Race		6 Lap Race		Speed Bounce		Standing Long Jump		Vertical Jump		Shot Put	
No	Name	Club	Time	Pos	Time	Pos	Bounces	Pos	Dist	Pos	Height	Pos	Dist	Pos				
106	India Ashley	Deeside			116.60	A 3					32	B 2	3.72	A 4				
107	Olivia Ashley	Deeside	29.70	A 4			52	B 3			39	A 5						
108	Megan Thomas	Deeside			120.30	B 3	59	A 4										
132	Abigail Pawlett	West Cheshire	26.60	A 1							49	B 1	8.47	A 1				
133	Anna Crayston	West Cheshire	26.90	B 1	89.60	A 1			2.05	A 1								
134	Abigail Cartwright	West Cheshire	30.20	N S	109.10	N S	58											
135	Lauren Jones	West Cheshire	28.60	N S							39		6.39	B 1				
136	Lucia Pyne	West Cheshire	31.80	N S	104.60	N S			1.50									
137	Mimi Jayram	West Cheshire	28.30	N S	117.50	N S							3.93					
138	Sophie Cribb	West Cheshire	28.90	N S	102.50	N S	63											
139	Cenis Gaffney	West Cheshire	29.00	N S	115.30	N S	66	B 2										
140	Ambre Richards	West Cheshire	28.40	N S	103.30	N S			1.85									
141	Molly Jones	West Cheshire	28.80	N S	104.70	N S	65		1.68									
142	Tamsin O'Keeffe	West Cheshire			96.30	B 1	78	A 1	2.05	B 1	50	A 1						
162	Elizabeth Greenall	St Helens Sutton	28.70	A 3					1.99	A 2	42	A 3						
155	Freya Sheekey	Handforth					62	A 3	1.83	A 4	42	A 4						
149	Stephanie Robertson	Southport/Waterloo	27.20	A 2	100.80	N S	67	B 1			44	A 2						
150	Bethany Swift	Southport/Waterloo	35.70	B 3	133.30	N S					26		3.13	B 3				
151	Ellie McDonald	Southport/Waterloo	28.40	N S	104.20	A 2	68	A 2	1.58	A 5								
152	Meg H	Southport/Waterloo	29.20	N S	109.50	B 2					30	B 3	6.32	A 2				
124	Amy Bennett	Halton & Frodsham							1.87	A 3								
125	Molly Wilson	Halton & Frodsham	31.00	A 5			56	A 5					5.23	A 3				
126	Sophie Howard	Halton & Frodsham	32.10	N S			52	B 3					5.15	B 2				
127	Holly Fitzpatrick	Halton & Frodsham	31.40	B 2			45		1.50	B 2								

2 Lap Race					
No	Name	Club	Time	Rank	Points
132	Abigail Pawlett	West Cheshire	26.6	A 1	16
149	Stephanie Robertson	Southport/Waterloo	27.2	A 2	15
107	Olivia Ashley	Deeside	29.7	A 4	13
125	Molly Wilson	Halton & Frodsham	31	A 5	12
133	Anna Crayston	West Cheshire	26.9	B 1	8
162	Elizabeth Greenall	St Helens Sutton	28.7	A 3	14
127	Holly Fitzpatrick	Halton & Frodsham	31.4	B 2	7
150	Bethany Swift	Southport/Waterloo	35.7	B 3	6
2 Lap Race - Non Scoring					
No	Name	Club	Time	NS	
151	Ellie McDonald	Southport/Waterloo	28.4	N S	
140	Ambre Richards	West Cheshire	28.4	N S	
135	Lauren Jones	West Cheshire	28.6	N S	
139	Ceris Gaffney	West Cheshire	29	N S	
134	Abigail Cartwright	West Cheshire	30.2	N S	
126	Sophie Howard	Halton & Frodsham	32.1	N S	
137	Mimi Jayram	West Cheshire	28.3	N S	
141	Molly Jones	West Cheshire	28.8	N S	
138	Sophie Cribb	West Cheshire	28.9	N S	
152	Meg H	Southport/Waterloo	29.2	N S	
136	Lucia Pyne	West Cheshire	31.8	N S	

6 Lap Race					
No	Name	Club	Time	Rank	Points
133	Anna Crayston	West Cheshire	89.6	A 1	16
142	Tamsin O'Keefe	West Cheshire	96.3	B 1	8
151	Ellie McDonald	Southport/Waterloo	104.2	A 2	15
152	Meg H	Southport/Waterloo	109.5	B 2	7
106	India Ashley	Deeside	116.6	A 3	14
108	Megan Thomas	Deeside	120.3	B 3	6
6 Lap Race - Non Scoring					
No	Name	Club	Time	NS	
149	Stephanie Robertson	Southport/Waterloo	100.8	N S	
138	Sophie Cribb	West Cheshire	102.5	N S	
140	Ambre Richards	West Cheshire	103.3	N S	
134	Abigail Cartwright	West Cheshire	109.1	N S	
137	Mimi Jayram	West Cheshire	117.5	N S	
136	Lucia Pyne	West Cheshire	104.6	N S	
141	Molly Jones	West Cheshire	104.7	N S	
139	Ceris Gaffney	West Cheshire	115.3	N S	
150	Bethany Swift	Southport/Waterloo	133.3	N S	

Individual Track 3					
No	Name	Club	Time	Rank	Points
Individual Track 3 - Non Scoring					
No	Name	Club	Time	NS	

Kingsway NWL Round 1

11 October 2015

Under 15 - Girls

			Deeside	Halton & Frodsham	Handforth	Southport/Waterloo	West Cheshire
TRACK	Individual	2 Lap Race	23	23	13		20
		6 Lap Race	22				24
	Relay	Relay 1	24				
FIELD	Jumps	Speed Bounce	24	13	14		22
		Standing Long Jump	23	21	13		22
		Vertical Jump	24		14	13	22
	Throws	Shot Put	22	21		13	23
Total			162	78	54	26	133
Overall Position			1	3	4	5	2

Vertical Jump					
No	Name	Club	Distance (cm)	Rank	Points
101	Tegan Rawsthorne	Deeside	45	B 1	8
103	Evan	Deeside	46	A 1	16
156	Megan Branthwaite	Handforth	37	A 3	14
153	Eve McMahon	Southport/Waterloo	29	A 4	13
159	Claire Moffat	West Cheshire	30	B 2	7
158	Ellie Finn	West Cheshire	45	A 2	15
Vertical Jump - Non Scoring					
No	Name	Club	Distance (cm)	NS	

High Jump							
No	Name	Club	Distance (m)	Final Faults	Total Faults	Rank	Points
High Jump - Non Scoring							
No	Name	Club	Distance (m)	NS			

Jumps 6					
No	Name	Club	Distance (m)	Rank	Points
Jumps 6 - Non Scoring					
No	Name	Club	Distance (m)	NS	

Kingsway NWL Round 1

11 October 2015

Under 11 - Boys

			Halton & Frodsham	Handforth	Southport/Waterloo	St Helens Sutton	West Cheshire
TRACK	Individual	2 Lap Race	24	21	18	13	20
		4 Lap Race	24	15	13		21
	Relay	Relay 1	24				21
FIELD	Jumps	Speed Bounce	20	14	16		23
		Standing Long Jump	23		14	16	20
		Standing Triple Jump		22	14		24
	Throws	Chest Push	23		16	13	21
Total			138	72	91	42	150
Overall Position			2	4	3	5	1



NWL Round 1			Track - Individual				Field - Jumps						Field - Throws					
11 October 2015			Under 11 - Boys				2 Lap Race		4 Lap Race		Speed Bounce		Standing Long Jump		Standing Triple Jump		Chest Push	
No	Name	Club	Time	Pos	Time	Pos	Bounces	Pos	Dist	Pos	Dist	Pos	Dist	Pos	Dist	Pos		
26	Uzezi Ongmenke	West Cheshire	27.90	A 2	64.50	N S					5.52	A 1						
27	Ben Mustafa	West Cheshire	31.00	B 4	64.90	N S					4.14	B 1						
28	Tommy Smith	West Cheshire	31.90	N S	67.30	N S			1.41	B 2								
29	Leo Hewitt	West Cheshire	31.20	N S	71.60	N S									4.25	B 2		
30	Harley Shakespeare Wetton	West Cheshire	29.80	N S	65.50	A 3									4.75	A 3		
31	Louis Tegg	West Cheshire	31.80	N S	67.60	B 2	39	B 1										
32	Jack Brett	West Cheshire	32.70	N S	70.90	N S			1.44	A 4								
33	Harry Weeton	West Cheshire	32.10	N S	70.00	N S	45	A 2										
22	Joseph Wilson	Southport/Waterloo	30.30	A 5	72.10	N S					4.04	A 3			5.75	A 1		
23	Ralph Collis	Southport/Waterloo	30.70	B 3	67.40	A 4	47	A 1	1.80	A 3								
2	Evan McNab	Halton & Frodsham	27.60	A 1	61.60	A 1			1.81	A 2								
3	Matthew Haslam	Halton & Frodsham	29.20	B 1	67.70	N S			1.79	B 1								
4	Gabriel Mikdeick	Halton & Frodsham	28.60	N S					1.73									
5	Jack Pemberton	Halton & Frodsham	28.50	N S	65.70	B 1									5.00	A 2		
6	Jamie Wilson	Halton & Frodsham	32.90	N S			25		1.41						4.50	B 1		
7	Harry Ellis	Halton & Frodsham	32.80	N S			29	B 2							4.50			
8	Joseph Ianan	Halton & Frodsham	31.90	N S					1.58						4.50			
9	Ben Sutcliffe	Halton & Frodsham			68.30	N S	35	A 4										
43	Max Harrison	St Helens Sutton	30.20	A 4					1.84	A 1					4.50	A 4		
34	Marcus Cann	Handforth	30.40	B 2	65.30	A 2					4.02	B 2						
35	Owen Branthwaite	Handforth	30.10	A 3			43	A 3			4.86	A 2						

2 Lap Race					
No	Name	Club	Time	Rank	Points
3	Matthew Haslam	Halton & Frodsham	29.2	B 1	8
35	Owen Branthwaite	Handforth	30.1	A 3	14
43	Max Harrison	St Helens Sutton	30.2	A 4	13
22	Joseph Wilson	Southport/Waterloo	30.3	A 5	12
27	Ben Mustafa	West Cheshire	31	B 4	5
2	Evan McNab	Halton & Frodsham	27.6	A 1	16
26	Uzezi Ongmerike	West Cheshire	27.9	A 2	15
34	Marcus Cann	Handforth	30.4	B 2	7
23	Ralph Collis	Southport/Waterloo	30.7	B 3	6
2 Lap Race - Non Scoring					
No	Name	Club	Time	NS	
4	Gabriel Mikdeick	Halton & Frodsham	28.6	N S	
31	Louis Tegg	West Cheshire	31.8	N S	
8	Joseph Ianan	Halton & Frodsham	31.9	N S	
33	Harry Weeton	West Cheshire	32.1	N S	
32	Jack Brett	West Cheshire	32.7	N S	
7	Harry Ellis	Halton & Frodsham	32.8	N S	
5	Jack Pemberton	Halton & Frodsham	28.5	N S	
30	Harley Shakespeare Wetton	West Cheshire	29.8	N S	
29	Leo Hewitt	West Cheshire	31.2	N S	
28	Tommy Smith	West Cheshire	31.9	N S	
6	Jamie Wilson	Halton & Frodsham	32.9	N S	

4 Lap Race					
No	Name	Club	Time	Rank	Points
2	Evan McNab	Halton & Frodsham	61.6	A 1	16
34	Marcus Cann	Handforth	65.3	A 2	15
30	Harley Shakespeare Wetton	West Cheshire	65.5	A 3	14
5	Jack Pemberton	Halton & Frodsham	65.7	B 1	8
23	Ralph Collis	Southport/Waterloo	67.4	A 4	13
31	Louis Tegg	West Cheshire	67.6	B 2	7
4 Lap Race - Non Scoring					
No	Name	Club	Time	NS	
33	Harry Weeton	West Cheshire	70	N S	
22	Joseph Wilson	Southport/Waterloo	72.1	N S	
28	Tommy Smith	West Cheshire	67.3	N S	
3	Matthew Haslam	Halton & Frodsham	67.7	N S	
26	Uzezi Ongmerike	West Cheshire	64.5	N S	
27	Ben Mustafa	West Cheshire	64.9	N S	
9	Ben Sutcliffe	Halton & Frodsham	68.3	N S	
32	Jack Brett	West Cheshire	70.9	N S	
29	Leo Hewitt	West Cheshire	71.6	N S	

Individual Track 3					
No	Name	Club	Time	Rank	Points
Individual Track 3 - Non Scoring					
No	Name	Club	Time	NS	

Chest Push					
No	Name	Club	Dis (m)	Rank	Points
5	Jack Pemberton	Halton & Frodsham	5.00	A 2	15
6	Jamie Wilson	Halton & Frodsham	4.50	B 1	8
8	Joseph Ianan	Halton & Frodsham	4.50		
7	Harry Ellis	Halton & Frodsham	4.50		
22	Joseph Wilson	Southport/Waterloo	5.75	A 1	16
43	Max Harrison	St Helens Sutton	4.50	A 4	13
29	Leo Hewitt	West Cheshire	4.25	B 2	7
30	Harley Shakespeare Wetton	West Cheshire	4.75	A 3	14
Chest Push - Non Scoring					
No	Name	Club	Dis (m)	NS	

Shot Put					
No	Name	Club	Dis (m)	Rank	Points
Shot Put - Non Scoring					
No	Name	Club	Dis (m)	NS	

Soft Javelin					
No	Name	Club	Dis (m)	Rank	Points
Soft Javelin - Non Scoring					
No	Name	Club	Dis (m)	NS	

Kingsway NWL Round 1

11 October 2015

Under 13 - Boys

			Deeside	Halton & Frodsham	Handforth	Southport/Waterloo	St Helens Sutton	West Cheshire
TRACK	Individual	2 Lap Race	13	12		22	14	24
		6 Lap Race	14			15		24
	Relay	Relay 1				21		24
FIELD	Jumps	Speed Bounce				14	15	24
		Standing Long Jump	13	12		21	15	24
		Standing Triple Jump		15				24
	Throws	Shot Put				15		24
Total			40	39		108	44	168
Overall Position			4	5		2	3	1

Kingsway NWL Round 1

11 October 2015

Under 15 - Boys

			Handforth	West Cheshire
TRACK	Individual	2 Lap Race	15	24
		6 Lap Race		24
	Relay	Relay 1		24
FIELD	Jumps	Speed Bounce		24
		Standing Long Jump		24
		Standing Triple Jump	15	24
	Throws	Shot Put	15	24
		Total	45	168
		Overall Position	2	1

2 Lap Race						
No	Name	Club	Time	Rank	Points	
41	Ewan Brandon	West Cheshire	25.3	A 1	16	
39	Daniel Pagan	West Cheshire	27.5	B 1	8	
38	Jack Weaver	West Cheshire	27.6			
36	Jamie Henshaw	Handforth	31.2	A 2	15	
2 Lap Race - Non Scoring						
No	Name	Club	Time	NS		
40	David Dentith	West Cheshire	25.2	N S		

6 Lap Race						
No	Name	Club	Time	Rank	Points	
40	David Dentith	West Cheshire	86.8	A 1	16	
39	Daniel Pagan	West Cheshire	103.4	B 1	8	
41	Ewan Brandon	West Cheshire	103.7			
6 Lap Race - Non Scoring						
No	Name	Club	Time	NS		

Individual Track 3						
No	Name	Club	Time	Rank	Points	
Individual Track 3 - Non Scoring						
No	Name	Club	Time	NS		

