

Over Under Race - Girls

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	116	Alexandra Penny	CATS	20.6
	2	136	Rebecca Apps	Nelmes Pri	21.4
	3	118	Chloe Courtney	Basildon	24.0
	4	117	Charlotte Day	Gidea Park Pri	25.5

2	1	121	Dilan Morgan	Basildon	20.7
	2	120	Daisy Donoghue	Basildon	20.8
	3	124	Eloise McGowan	Basildon	24.7
	4				

3	1	129	Isobelle O'Connor	Ardleigh Gn Jrs	21.2
	2	139	Sophie Nugent	Basildon	22.0
	3	127	Holly Bradley	Upminster Jnr	22.9
	4				

4	1	132	Maisy Fulker	Baddow Hall	22.3
	2	137	Ruby Lemay	Gidea Park Pri	23.8
	3	133	Olivia Boachie	Upminster Jnr	25.1
	4				

4 Lap Race - Girls

Sportshall

U13

Heat	Position	No.	Name	Club / School	Time
1	1	159	Ruby Bridger	Thurrock	50.9
	2	146	Ariyanna McGee	Basildon	52.3
	3	152	Katy McGowan	Basildon	58.8
	4				

2	1	144	Alice Atkins	Havering AC	53.0
	2	156	Nike Esho	Havering AC	53.5
	3	160	Ruby Ham	Chelmsford	55.3
	4				

U15

1	1	166	Emily Foster	Chelmsford	48.8
	2	169	Mia Chantree	Fitzwimarc Sch	50.1
	3	171	Rhea Stavri	Thurrock	53.3
	4	170	Nicole Emeka-Ugwuadu	Coopers CCS	58.0

1 Lap Race - Girls

Sportshall

U11 only

Heat	Position	No.	Name	Club / School	Time
1	1	120	Daisy Donoghue	Basildon	13.1
	2	119	Chloe Trew	Broadford Pri	13.2
	3	118	Chloe Courtney	Basildon	13.6
	4	125	Evangeline Gadsdon	Upminster Jnr	14.3

2	1	126	Freya Higginbottom	Ardleigh Gn Jrs	12.2
	2	121	Dilan Morgan	Basildon	12.8
	3	128	Holly Newman	Basildon	13.1
	4	175	Eden Aboim	Coopers CCS	13.2

U13G

3	1	133	Olivia Boachie	Upminster Jnr	12.4
	2	122	Elise Jennings	Basildon	13.1
	3	132	Maisy Fulker	Baddow Hall	13.4
	4	142	Toula Stavri	Thurrock	14.3

4	1	135	Paige Robinson	Engayne Pri	13.1
	2	123	Ella Whitfield	Basildon	13.8
	3	138	Sienna Peters	Gidea Park Pri	14.4
	4				

5	1	141	Theresa Ogunyemi	Basildon	13.5
	2	140	Tabatha Finnagin	Upminster Jnr	13.6
	3	143	Zowie Dodge	Basildon	14.1
	4	172	Leah Hampson	Benfleet	14.3

6 Lap Race - Girls

Sportshall

u13 only

Heat	Position	No.	Name	Club / School	Time
1	1	145	Alice Brown	Havering AC	1:22.1
	2	153	Katy Venables	Benfleet	1:28.6
	3	156	Nike Esho	Havering AC	1:32.4
	4				

2 Lap Race - Girls

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	116	Alexandra Penny	CATS	25.8
	2	119	Chloe Trew	Broadford Pri	26.2
	3	123	Ella Whitfield	Basildon	27.6
	4	117	Charlotte Day	Gidea Park Pri	29.2

2	1	136	Rebecca Apps	Nelmes Pri	26.0
	2	141	Theresa Ogunyemi	Basildon	26.8
	3	125	Evangeline Gadsdon	Upminster Jnr	28.6
	4				

3	1	128	Holly Newman	Basildon	26.1
	2	131	Madeleine Read	Thurrock	26.2
	3	129	Isobelle O'Connor	Ardleigh Gn Jrs	26.3
	4	130	Jenna Cavanagh	Engayne Pri	27.2

4	1	135	Paige Robinson	Engayne Pri	26.0
	2	127	Holly Bradley	Upminster Jnr	27.5
	3	134	Olivia Humphrey	Gidea Park Pri	28.5
	4	137	Ruby Lemay	Gidea Park Pri	29.0

5	1	126	Freya Higginbottom	Ardleigh Gn Jrs	25.0
	2	136	Rebecca Apps	Nelmes Pri	26.3
	3	140	Tabatha Finnagin	Upminster Jnr	27.0
	4				

6	1	122	Elise Jennings	Basildon	25.5
	2	132	Maisy Fulker	Baddow Hall	26.9
	3	172	Leah Hampson	Benfleet	26.9
	4	173	Poppy McDonald	Basildon	27.2

2 Lap Race - Girls

Sportshall

U13

1	1	163	Sola Taiwo	Thurrock	23.2
	2	151	Hannah Bardo	Chelmsford	23.6
	3	154	Mali Grant	Havering AC	25.5
	4	155	Millie Ambrose	Basildon	25.8

2	1	147	Elize Bonning	Havering AC	24.2
	2	161	Seanna Omogbai	Basildon	24.7
	3	148	Evelyn Pope	Chelmsford	25.2
	4				

3	1	158	Robyn Moody	Havering AC	25.3
	2	149	Funmi Adewole	Thurrock	25.4
	3	144	Alice Atkins	Havering AC	25.4
	4	157	Olivia Mayhew	Chelmsford	25.8

4	1	175	Eden Aboim	Coopers CCS	24.5
	2	174	Rachel Carter	Braintree	25.2
	3	176	Lottie Courtney	Havering AC	27.6
	4	164	Terrika Wright	Redden Court	28.6

U15

1	1	165	Amelia Day	Chelmsford	24.1
	2	168	Jessica Whitbread	Thurrock	24.1
	3	167	Issy Beazley-Long	Chelmsford	24.7
	4				

Over Under Race - Boys

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	9	Olamide Odupitan	Braintree	19.9
	2	22	Luke Adams	Basildon	20.0
	3	26	Matthew Harvey	Basildon	21.0
	4				

2	1	45	Freddy Westcott Price	Basildon	20.0
	2	12	Samson Wright	Broadford Pri	20.7
	3	3	Simon Hill	Basildon	23.2
	4	42	Lenny Worrall	Basildon	23.9

3	1	13	Isaac Wright	Broadford Pri	21.5
	2	43	Callum Basinger	Upminster Jnr	21.6
	3	50	Freddy Mann	Gidea Park Pri	22.0
	4	34	Jake Bolton	Basildon	23.3

4 Lap Race - Boys

Sportshall

U13

Heat	Position	No.	Name	Club / School	Time
1	1	94	Oreofe Adepegba	Thurrock	52.4
	2	73	Alex Critchell	Marshalls Park	54.2
	3	84	Liam Norcott	Thurrock	57.6
	4				

U15

1	1	75	Samuel Bridger	Hall Mead	56.4
	2				
	3				
	4				

1 Lap Race - Boys

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	22	Luke Adams	Basildon	12.7
	2	26	Matthew Harvey	Basildon	12.8
	3	51	Sean Emeka-Ugwuadu	Thurrock	13.0
	4	3	Simon Hill	Basildon	13.9

2	1	45	Freddy Westcott Price	Basildon	12.1
	2	46	Patrick McLean-Tattan	Gidea Park Pri	12.6
	3	52	Toby Bridger	Branfil Pri	13.0
	4	44	Tom Young	Gidea Park Pri	13.5

3	1	92	Nathan Hall	Chelmsford	12.3
	2	82	Tobi Ekerin	Basildon	12.6
	3	50	Freddy Mann	Gidea Park Pri	12.9
	4				

4	1	9	Olamide Odupitan	Braintree	12.5
	2	89	Jack Williams	Harold Wood Pri	13.8
	3	42	Lenny Worrall	Basildon	14.2
	4				

6 Lap Race - Boys

Sportshall

U13

Heat	Position	No.	Name	Club / School	Time
1	1	60	Owen Adams	Basildon	1:21.2
	2	85	Teddy Norcott	Thurrock	1:27.0
	3	63	Arthur Day	Chelmsford	1:33.6
	4	87	Ngobizitha Mlotshwa	St Martins Sch	1:38.3

2 Lap Race - Boys

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	44	Tom Young	Gidea Park Pri	26.9
	2	43	Callum Basinger	Upminster Jnr	26.9
	3	34	Jake Bolton	Basildon	28.8
	4				

2	1	92	Nathan Hall	Chelmsford	25.0
	2	22	Luke Adams	Basildon	25.9
	3	95	Oreaanvoluwa Adepegba	Thurrock	28.0
	4				

3	1	82	Tobi Ekerin	Basildon	25.9
	2	89	Jack Williams	Harold Wood Pri	27.7
	3	42	Lenny Worrall	Basildon	28.9
	4				

2 Lap Race - Boys

Sportshall

U13

Heat	Position	No.	Name	Club / School	Time
1	1	60	Owen Adams	Basildon	24.2
	2	67	Joshua Ayling	Havering AC	25.4
	3	63	Arthur Day	Chelmsford	25.4
	4	62	Gbenga Adewole	Thurrock	26.2

2	1	59	Richie Cooper	Plume Sch	24.5
	2	93	James With	Havering AC	25.9
	3	87	Ngobizitha Mlotshwa	St Martins Sch	26.0
	4	86	Jakub Kowalski	Thurrock	26.2

3	1	88	Daniel Oguntuga	Thurrock	23.1
	2	64	Samuel Busby	St Martins Sch	24.3
	3	73	Alex Critchell	Marshall's Park	24.8
	4	66	David Emeka-Ugwuadu	Coopers CCS	25.3

U15

1	1	90	Finley Hall	Chelmsford	22.0
	2	79	Kayode Odumosu	Thurrock	22.2
	3	81	Liam Chivers	Thurrock	36.7
	4				

EAN - SPORTSHALL COMPETITION

Upminster, Sunday 18th October 2015

Chest Push

Shot Putt

Sportshall

Girls U11 (1kg)

Girls U13 - 2.72kg / U15 3.00kg

	No.	Name	Club/School	Trial			Best
				1	2	3	
		CHEST PUSH IS MEASURED TO NEAREST 25CM BELOW					
U11G	135	Paige Robinson	Engayne Pri			(& 6.00)	6.50
U11G	130	Jenna Cavanagh	Engayne Pri			(& 5.50)	6.50
U11G	139	Sophie Nugent	Basildon				5.75
U11G	119	Chloe Trew	Broadford Pri				5.00
U11G	127	Holly Bradley	Upminster Jnr			(& 4.50)	4.50
U11G	131	Madeleine Read	Thurrock			(& 4.50)	4.50
U11G	125	Evangeline Gadsdon	Upminster Jnr			(& 4.00)	4.50
		LINEAR SHOT: MEASURED TO NEAREST 25CM BELOW					
U13G	151	Hannah Bardo	Chelmsford				8.25
U13G	158	Robyn Moody	Havering AC				7.75
U13G	159	Ruby Bridger	Thurrock				7.25
U13G	163	Sola Taiwo	Thurrock				7.00
U13G	174	Rachel Carter	Braintree				6.25
U13G	160	Ruby Ham	Chelmsford				5.75
U13G	147	Elize Bonning	Havering AC				5.50
U13G	145	Alice Brown	Havering AC			(& 5.00)	5.25
U13G	157	Olivia Mayhew	Chelmsford			(& 4.25)	5.25
U13G	155	Millie Ambrose	Basildon				5.00
U13G	148	Evelyn Pope	Chelmsford			(& 4.50)	4.75
U13G	144	Alice Atkins	Havering AC			(& 4.50)	4.75
U13G	152	Katy McGowan	Basildon				4.25
U15G	165	Amelia Day	Chelmsford			(& 7.00)	7.25
U15G	168	Jessica Whitbread	Thurrock			(& 7.00)	7.25
U15G	166	Emily Foster	Chelmsford				7.00
U15G	171	Rhea Stavri	Thurrock				6.75
U15G	170	Nicole Emeka-Ugwuadu	Coopers CCS				5.75

EAN - SPORTSHALL COMPETITION

Upminster, Sunday 18th October 2015

Standing Long Jump

Sportshall

Girls U11

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	126	Freya Higginbottom	Ardleigh Gn Jrs				1.92
U11G	135	Paige Robinson	Engayne Pri				1.78
U11G	128	Holly Newman	Basildon				1.76
U11G	132	Maisy Fulker	Baddow Hall				1.71
U11G	139	Sophie Nugent	Basildon				1.70
U11G	118	Chloe Courtney	Basildon				1.65
U11G	120	Daisy Donoghue	Basildon				1.64
U11G	141	Theresa Ogunyemi	Basildon				1.59
U11G	116	Alexandra Penny	CATS				1.57
U11G	122	Elise Jennings	Basildon			(& 1.54)	1.56
U11G	138	Sienna Peters	Gidea Park Pri			(& 1.52)	1.56
U11G	124	Eloise McGowan	Basildon				1.54
U11G	125	Evangeline Gadsdon	Upminster Jnr			(& 1.50)	1.50
U11G	143	Zowie Dodge	Basildon			(& 1.42)	1.50
U11G	131	Madeleine Read	Thurrock				1.44
U11G	142	Toula Stavri	Thurrock				1.42

EAN - SPORTSHALL COMPETITION

Upminster, Sunday 18th October 2015

Standing Long Jump

Sportshall

Girls U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U13G	151	Hannah Bardo	Chelmsford				2.29
U13G	163	Sola Taiwo	Thurrock				2.23
U13G	159	Ruby Bridger	Thurrock				2.11
U13G	147	Elize Bonning	Havering AC				2.10
U13G	161	Seanna Omogbai	Basildon				2.08
U13G	154	Mali Grant	Havering AC				2.06
U13G	153	Katy Venables	Benfleet			(& 1.86)	1.86
U13G	175	Eden Aboim	Coopers CCS			(& 1.76)	1.86
U13G	160	Ruby Ham	Chelmsford				1.84
U13G	144	Alice Atkins	Havering AC				1.83
U13G	146	Ariyanna McGee	Basildon				1.82
U13G	148	Evelyn Pope	Chelmsford				1.80
U13G	164	Terrika Wright	Redden Court				1.79
U13G	157	Olivia Mayhew	Chelmsford				1.75
U13G	149	Funmi Adewole	Thurrock				1.73
U13G	145	Alice Brown	Havering AC				1.72
U13G	150	Grace Rees	Havering AC				1.70
U13G	155	Millie Ambrose	Basildon				1.52
U15G	165	Amelia Day	Chelmsford				2.27
U15G	169	Mia Chantree	Fitzwimarc Sch				2.26
U15G	168	Jessica Whitbread	Thurrock				2.15
U15G	167	Issy Beazley-Long	Chelmsford				2.01
U15G	170	Nicole Emeka-Ugwuadu	Coopers CCS				1.88

EAN - SPORTSHALL COMPETITION

Upminster, Sunday 18th October 2015

Standing Triple Jump

Sportshall

Girls U11 / U13

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	129	Isobelle O'Connor	Ardleigh Gn Jrs				5.06
U11G	119	Chloe Trew	Broadford Pri				4.52
U11G	134	Olivia Humphrey	Gidea Park Pri				4.18
U11G	141	Theresa Ogunyemi	Basildon				4.10
U11G	138	Sienna Peters	Gidea Park Pri				4.08
U11G	117	Charlotte Day	Gidea Park Pri				4.03
U11G	173	Poppy McDonald	Basildon				3.96
U11G	137	Ruby Lemay	Gidea Park Pri				3.64
U13G	163	Sola Taiwo	Thurrock				6.53
U13G	147	Elize Bonning	Havering AC				6.48
U13G	174	Rachel Carter	Braintree				5.68
U13G	144	Alice Atkins	Havering AC				5.61
U13G	155	Millie Ambrose	Basildon				5.44
U13G	145	Alice Brown	Havering AC				5.40
U13G	175	Eden Aboim	Coopers CCS				5.36
U13G	160	Ruby Ham	Chelmsford				5.30
U13G	154	Mali Grant	Havering AC				5.30
U13G	148	Evelyn Pope	Chelmsford				5.23
U15G	167	Issy Beazley-Long	Chelmsford				6.36
U15G	168	Jessica Whitbread	Thurrock				6.28
U15G	166	Emily Foster	Chelmsford				6.26
U15G	165	Amelia Day	Chelmsford				6.16
U15G	171	Rhea Stavri	Thurrock				5.52
U15G	170	Nicole Emeka-Ugwuadu	Coopers CCS				5.12

EAN - SPORTSHALL COMPETITION

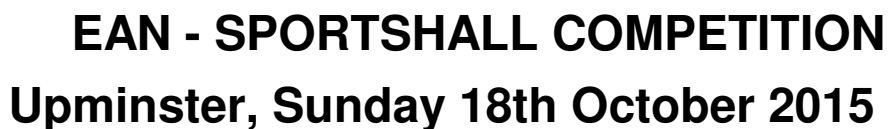
Upminster, Sunday 18th October 2015

Vertical Jump

Sportshall

Girls U11/ U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	133	Olivia Boachie	Upminster Jnr				37
U11G	140	Tabatha Finnagin	Upminster Jnr				31
U11G	143	Zowie Dodge	Basildon				29
U11G	130	Jenna Cavanagh	Engayne Pri				28
U11G	127	Holly Bradley	Upminster Jnr				27
U11G	172	Leah Hampson	Benfleet				26
	151	Hannah Bardo	Chelmsford				57
U13G	145	Alice Brown	Havering AC				47
U13G	157	Olivia Mayhew	Chelmsford				46
U13G	174	Rachel Carter	Braintree				45
U13G	146	Ariyanna McGee	Basildon				44
U13G	144	Alice Atkins	Havering AC				43
U13G	158	Robyn Moody	Havering AC				38
U13G	152	Katy McGowan	Basildon				35
U15G	169	Mia Chantree	Fitzwimarc Sch				54



Sportshall

No.	Name	Club/School	Trial 1
136	Rebecca Apps	Nelmes Pri	14.7
121	Dilan Morgan	Basildon	16.3
116	Alexandra Penny	CATS	16.5
173	Poppy McDonald	Basildon	16.6
124	Eloise McGowan	Basildon	16.6
118	Chloe Courtney	Basildon	17.5
123	Ella Whitfield	Basildon	17.6
142	Toula Stavri	Thurrock	20.0

Sportshall

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EAN - SPORTSHALL COMPETITION

Upminster, Sunday 18th October 2015

Speed Bounce

Sportshall

Girls U11 (20 secs)

No.	Name	Club/School	Trial 1
U11G 129	Isobelle O'Connor	Ardleigh Gn Jrs	57
U11G 126	Freya Higginbottom	Ardleigh Gn Jrs	49
U11G 120	Daisy Donoghue	Basildon	47
U11G 128	Holly Newman	Basildon	45
U11G 116	Alexandra Penny	CATS	45
U11G 134	Olivia Humphrey	Gidea Park Pri	43
U11G 137	Ruby Lemay	Gidea Park Pri	43
U11G 136	Rebecca Apps	Nelmes Pri	42
U11G 117	Charlotte Day	Gidea Park Pri	41
U11G 121	Dilan Morgan	Basildon	41
U11G 140	Tabatha Finnagin	Upminster Jnr	41
U11G 142	Toula Stavri	Thurrock	39
U11G 133	Olivia Boachie	Upminster Jnr	38
U11G 143	Zowie Dodge	Basildon	38
U11G 124	Eloise McGowan	Basildon	36
U11G 172	Leah Hampson	Benfleet	36
U11G 138	Sienna Peters	Gidea Park Pri	36
U11G 130	Jenna Cavanagh	Engayne Pri	35
U11G 123	Ella Whitfield	Basildon	31

Speed Bounce

Sportshall

Girls U13 / U15 (30 secs)

No.	Name	Club/School	Trial 1
U13G 154	Mali Grant	Havering AC	78
U13G 153	Katy Venables	Benfleet	73
U13G 146	Ariyanna McGee	Basildon	63
U13G 150	Grace Rees	Havering AC	63
U13G 144	Alice Atkins	Havering AC	61
U13G 152	Katy McGowan	Basildon	55
U13G 149	Funmi Adewole	Thurrock	54
U13G 164	Terrika Wright	Redden Court	45
U15G 169	Mia Chantree	Fitzwimarc Sch	64



Sportshall

Boys U13- 3.25kg / U15 - 4kg

	No.	Name	Club/School	Trial			Best
				1	2	3	
		CHEST PUSH IS MEASURED TO NEAREST 25CM BELOW					
U11B	92	Nathan Hall	Chelmsford				7.25
U11B	12	Samson Wright	Broadford Pri				7.00
U11B	51	Sean Emeka-Ugwuadu	Thurrock				6.00
U11B	13	Isaac Wright	Broadford Pri			(& 5.75)	5.75
U11B	95	Oreaanvoluwa Adepegba	Thurrock			(& 5.25)	5.75
U11B	82	Tobi Ekerin	Basildon				5.50
		LINEAR SHOT: MEASURED TO NEAREST 25CM BELOW					
U13B	88	Daniel Oguntuga	Thurrock				9.00
U13B	94	Oreofe Adepegba	Thurrock				7.75
U13B	64	Samuel Busby	St Martins Sch				7.25
U13B	63	Arthur Day	Chelmsford				6.00
U13B	66	David Emeka-Ugwuadu	Coopers CCS				5.00
U13B	87	Ngobizitha Mlotshwa	St Martins Sch				4.75
U13B	62	Gbenga Adewole	Thurrock				4.50
U15B	79	Kayode Odumosu	Thurrock				10.00
U15B	90	Finley Hall	Chelmsford				8.75
U15B	81	Liam Chivers	Thurrock				8.00

EAN - SPORTSHALL COMPETITION

Upminster, Sunday 18th October 2015

Standing Long Jump

Sportshall

Boys U11

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	9	Olamide Odupitan	Braintree				1.98
U11B	12	Samson Wright	Broadford Pri				1.97
U11B	82	Tobi Ekerin	Basildon			(& 1.92)	1.92
U11B	45	Freddy Westcott Price	Basildon			(& 1.75)	1.92
U11B	44	Tom Young	Gidea Park Pri				1.84
U11B	52	Toby Bridger	Branfil Pri			(& 1.77)	1.80
U11B	13	Isaac Wright	Broadford Pri			(& 1.69)	1.80
U11B	43	Callum Basinger	Upminster Jnr				1.72
U11B	46	Patrick McLean-Tattan	Gidea Park Pri				1.70
U11B	42	Lenny Worrall	Basildon				1.64
U11B	50	Freddy Mann	Gidea Park Pri				1.55
U11B	34	Jake Bolton	Basildon				1.34
U11B	39	Sacha Brown	Basildon				1.32
U11B	33	Freddy Plumb	Basildon				1.21

EAN - SPORTSHALL COMPETITION

Upminster, Sunday 18th October 2015

Standing Long Jump

Sportshall

Boys U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U13B	93	James With	Havering AC				2.22
U13B	88	Daniel Oguntuga	Thurrock				2.16
U13B	94	Oreofe Adepegba	Thurrock			(& 1.98)	2.01
U13B	64	Samuel Busby	St Martins Sch			(& 1.96)	2.01
U13B	66	David Emeka-Ugwuadu	Coopers CCS			(& 1.87)	1.88
U13B	67	Joshua Ayling	Havering AC			(& 1.84)	1.88
U13B	86	Jakub Kowalski	Thurrock			(& 1.84)	1.84
U13B	73	Alex Critchell	Marshalls Park			(& 1.73)	1.84
U13B	63	Arthur Day	Chelmsford				1.83
U13B	60	Owen Adams	Basildon				1.79
U13B	84	Liam Norcott	Thurrock				1.76
U13B	87	Ngobizitha Mlotshwa	St Martins Sch				1.66
U13B	85	Teddy Norcott	Thurrock				1.64
U13B	62	Gbenga Adewole	Thurrock				1.58
U15B	79	Kayode Odumosu	Thurrock				2.33
U15B	90	Finley Hall	Chelmsford				2.11
U15B	75	Samuel Bridger	Hall Mead				1.79



Sportshall

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	92	Nathan Hall	Chelmsford				5.88
U11B	22	Luke Adams	Basildon				4.70
U11B	3	Simon Hill	Basildon				4.62
U13B	66	David Emeka-Ugwuadu	Coopers CCS				5.76
U13B	63	Arthur Day	Chelmsford				5.68
U13B	86	Jakub Kowalski	Thurrock				5.12
U13B	59	Richie Cooper	Plume Sch				5.00
U15B	81	Liam Chivers	Thurrock				6.34

EAN - SPORTSHALL COMPETITION

Upminster, Sunday 18th October 2015

Vertical Jump

Sportshall

Boys U11 / U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	26	Matthew Harvey	Basildon			(& 41)	42
U11B	9	Olamide Odupitan	Braintree			(& 40)	42
U11B	46	Patrick McLean-Tattan	Gidea Park Pri				35
U11B	95	Oreaanvoluwa Adepegba	Thurrock				33
U11B	89	Jack Williams	Harold Wood Pri				27
U11B	3	Simon Hill	Basildon				23
U13B	88	Daniel Oguntuga	Thurrock				45
U13B	94	Oreofe Adepegba	Thurrock				39
U13B	59	Richie Cooper	Plume Sch				36
U15B	79	Kayode Odumosu	Thurrock				69
U15B	81	Liam Chivers	Thurrock				48

EAN - SPORTSHALL COMPETITION

Upminster, Sunday 18th October 2015

Hi Stepper

Sportshall

Boys U11

No.	Name	Club/School	Trial 1
INCORRECT RULES APPLIED - TOO SHORT			
U11B 46	Patrick McLean-Tattan	Gidea Park Pri	7.2
U11B 92	Nathan Hall	Chelmsford	7.5
U11B 9	Olamide Odupitan	Braintree	8.0
U11B 39	Sacha Brown	Basildon	8.1
U11B 51	Sean Emeka-Ugwuadu	Thurrock	8.3
U11B 33	Freddy Plumb	Basildon	9.0
U11B 26	Matthew Harvey	Basildon	9.1
U11B 34	Jake Bolton	Basildon	9.5
U11B 3	Simon Hill	Basildon	9.5
U11B 89	Jack Williams	Harold Wood P	10.0

Target Throw

Sportshall

Boys U11

No.	Name	Club/School	Total Points
U11B 3	Simon Hill	Basildon	19
U11B 46	Patrick McLean-Tattan	Gidea Park Pri	17
U11B 50	Freddy Mann	Gidea Park Pri	17
U11B 52	Toby Bridger	Branfil Pri	17
U11B 51	Sean Emeka-Ugwuadu	Thurrock	16
U11B 22	Luke Adams	Basildon	12
U11B 44	Tom Young	Gidea Park Pri	11
U11B 45	Freddy Westcott Price	Basildon	11
U11B 39	Sacha Brown	Basildon	10
U11B 43	Callum Basinger	Upminster Jnr	8
U11B 33	Freddy Plumb	Basildon	7
U11B 26	Matthew Harvey	Basildon	7
U11B 34	Jake Bolton	Basildon	6

EAN - SPORTSHALL COMPETITION **Upminster, Sunday 18th October 2015**

Speed Bounce

Sportshall

Boys U11 (20 secs)

No.	Name	Club/School	Trial 1
U11B 46	Patrick McLean-Tattan	Gidea Park Pri	48
U11B 43	Callum Basinger	Upminster Jnr	42
U11B 26	Matthew Harvey	Basildon	40
U11B 89	Jack Williams	Harold Wood P	40
U11B 3	Simon Hill	Basildon	38
U11B 12	Samson Wright	Broadford Pri	37
U11B 39	Sacha Brown	Basildon	36
U11B 52	Toby Bridger	Branfil Pri	35
U11B 42	Lenny Worrall	Basildon	32
U11B 34	Jake Bolton	Basildon	25
U11B 33	Freddy Plumb	Basildon	19

Speed Bounce

Sportshall

Boys U13 / U15 (30 secs)

No.	Name	Club/School	Trial 1
U13B 93	James With	Havering AC	71
U13B 60	Owen Adams	Basildon	64
U13B 73	Alex Critchell	Marshalls Park	64
U13B 85	Teddy Norcott	Thurrock	60
U13B 86	Jakub Kowalski	Thurrock	59
U13B 84	Liam Norcott	Thurrock	59
U13B 67	Joshua Ayling	Havering AC	56
U13B 59	Richie Cooper	Plume Sch	55
U15B 75	Samuel Bridger	Hall Mead	54