

Competition Results

Competition:
East Sportshall Regional Final Under 13 Boys

Venue:
Hertfordshire Sports Village

Date
30 Jan 2016

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Hertfordshire	Black	677	70	70	60	65	48	58	52	40	54	58	52	50
2	Norfolk	Blue	658	60	60	70	65	48	45	56	50	54	48	50	52
3	Essex	Red	534	50	50	50	50	48	41	42	54	37	42	36	34
4	Cambridgeshire	Sky	445	30	40	30	40	40	40	32	40	39	36	38	40
5	Suffolk	Maroon	366	40	30	40	30	26	26	28	26	26	26	34	34

Team Results

Cambridgeshire (sky)

Competition:
East Sportshall Regional Final Under 13 Boys

Venue:
Hertfordshire Sports Village

Date
30 Jan 2016

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Hertfordshire	Black	677	70	70	60	65	48	58	52	40	54	58	52	50
2	Norfolk	Blue	658	60	60	70	65	48	45	56	50	54	48	50	52
3	Essex	Red	534	50	50	50	50	48	41	42	54	37	42	36	34
4	Cambridgeshire	Sky	445	30	40	30	40	40	40	32	40	39	36	38	40
5	Suffolk	Maroon	366	40	30	40	30	26	26	28	26	26	26	34	34

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
1	Luhan Bely	2LR	24.5	24.7			24.7	4	24
1	Luhan Bely	SLJ	2.06	2.10	2.07	2.06	2.10	6	20
2	Owen Meadows	2LR	25.8	0.0			25.8	8	16
2	Owen Meadows	VJ	50	53	53	51	53	3	26
3	Jacob Park	4LR	56.8	0.0			56.8	8	16
3	Jacob Park	STJ	5.92	6.62	6.50	0.00	6.62	3	26
4	Tomas Lister	4LR	54.1	54.8			54.8	4	24
4	Tomas Lister	SLJ	1.85	1.87	1.92	1.92	1.92	8	16
5	Luca Dean	6LR	1:35.6				1:35.6	9	14
5	Luca Dean	STJ	0.00	5.22	5.34	5.32	5.34	10	12
6	Markus Downhill	6LR	1:32.4				1:32.4	7	18
6	Markus Downhill	SB	70				70	7	18
7	Jonny Pickthorne	VJ	38	43	44	41	44	9	14
8	Jolyon Glynn	S	9.33	8.60	8.86	9.39	9.39	4	24
9	Oisin Murphy	SB	75				75	5=	21
10	Jake Double	S	5.68	5.42	6.05	6.05	6.05	8	16

Team Results

Essex (red)

Competition:
East Sportshall Regional Final Under 13 Boys

Venue:
Hertfordshire Sports Village

Date
30 Jan 2016

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Hertfordshire	Black	677	70	70	60	65	48	58	52	40	54	58	52	50
2	Norfolk	Blue	658	60	60	70	65	48	45	56	50	54	48	50	52
3	Essex	Red	534	50	50	50	50	48	41	42	54	37	42	36	34
4	Cambridgeshire	Sky	445	30	40	30	40	40	40	32	40	39	36	38	40
5	Suffolk	Maroon	366	40	30	40	30	26	26	28	26	26	26	34	34

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
13	Daniel Ogutuga	2LR	23.5	24.0			24.0	1	30
13	Daniel Ogutuga	S	9.88	10.62	10.67	10.56	10.67	2	28
14	Ben Rutland	2LR	25.0	0.0			25.0	7	18
14	Ben Rutland	VJ	40	37	37	39	40	10	12
15	Owen Adams	6LR	1:29.5				1:29.5	5	22
15	Owen Adams	STJ	5.46	5.52	5.52	5.46	5.52	9	14
16	Samuel Busby	4LR	54.3	0.0			54.3	6=	19
16	Samuel Busby	S	0.00	8.61	9.83	9.35	9.83	3	26
17	Oreofe Adepegba	4LR	53.7	57.9			57.9	5	22
17	Oreofe Adepegba	SLJ	2.02	2.03	1.92	1.89	2.03	7	18
18	Arthur Day	STJ	5.92	6.04	6.20	6.18	6.20	5	22
19	Alex Critchell	SB	66				66	8	16
20	James With	SLJ	2.13	2.07	2.10	2.06	2.13	4	24
21	Daniel Houchell	6LR	1:30.8				1:30.8	6	20
21	Daniel Houchell	SB	75				75	5=	21
22	Francis Omowanile	VJ	43	44	45	45	45	5	22

Team Results

Hertfordshire (black)

Competition:
East Sportshall Regional Final Under 13 Boys

Venue:
Hertfordshire Sports Village

Date
30 Jan 2016

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Hertfordshire	Black	677	70	70	60	65	48	58	52	40	54	58	52	50
2	Norfolk	Blue	658	60	60	70	65	48	45	56	50	54	48	50	52
3	Essex	Red	534	50	50	50	50	48	41	42	54	37	42	36	34
4	Cambridgeshire	Sky	445	30	40	30	40	40	40	32	40	39	36	38	40
5	Suffolk	Maroon	366	40	30	40	30	26	26	28	26	26	26	34	34

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
25	Bryce Breen	6LR	1:26.4				1:26.4	2	28
25	Bryce Breen	SB	86				86	1	30
26	Rhys Griffiths	2LR	24.9	0.0			24.9	6	20
26	Rhys Griffiths	S	7.87	7.79	7.41	7.72	7.87	5	22
27	Joshua Horleston	SLJ	2.20	2.35	2.31	0.00	2.35	1	30
28	Ben Freckleton	4LR	54.0	53.1			53.1	2	28
28	Ben Freckleton	SLJ	1.60	2.14	2.21	2.20	2.21	2	28
29	Daniel Kessi	VJ	61	57	62	59	62	1	30
30	Laurenz Dike	S	6.17	6.74	6.82	7.08	7.08	7	18
31	Kitan Adagun	2LR	24.2	24.2			24.2	2	28
32	Joel Evans	STJ	6.22	6.26	6.48	6.42	6.48	4	24
33	Adam Price	4LR	51.2	51.4			51.4	1	30
33	Adam Price	STJ	6.56	6.70	6.72	6.76	6.76	2	28
35	Oliver Firth	6LR	1:29.0				1:29.0	4	24
35	Oliver Firth	SB	76				76	4	24
36	Lapo Okunromade	VJ	44	43	44	45	45	6	20

Team Results

Norfolk (blue)

Competition:
East Sportshall Regional Final Under 13 Boys

Venue:
Hertfordshire Sports Village

Date
30 Jan 2016

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Hertfordshire	Black	677	70	70	60	65	48	58	52	40	54	58	52	50
2	Norfolk	Blue	658	60	60	70	65	48	45	56	50	54	48	50	52
3	Essex	Red	534	50	50	50	50	48	41	42	54	37	42	36	34
4	Cambridgeshire	Sky	445	30	40	30	40	40	40	32	40	39	36	38	40
5	Suffolk	Maroon	366	40	30	40	30	26	26	28	26	26	26	34	34

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
37	Zak Young	2LR	24.4	24.3			24.3	3	26
37	Zak Young	STJ	7.08	6.96	6.72	6.30	7.08	1	30
38	Jake Garside	2LR	24.6	25.0			25.0	5	22
38	Jake Garside	SB	82				82	2=	27
39	Alex Mortimer	4LR	53.3	53.3			53.3	3	26
39	Alex Mortimer	SLJ	2.16	2.18	2.04	2.12	2.18	3	26
40	Alfie Williams	4LR	54.3	0.0			54.3	6=	19
40	Alfie Williams	S	11.28	11.01	10.79	11.10	11.28	1	30
41	Conrad Harrison	6LR	1:25.6				1:25.6	1	30
41	Conrad Harrison	S	7.48	7.28	7.40	6.49	7.48	6	20
42	Toby Robinson	6LR	1:27.5				1:27.5	3	26
42	Toby Robinson	VJ	49	58	50	48	58	2	28
43	Rio Ward	SB	82				82	2=	27
45	Joe Williams	STJ	0.00	5.86	6.10	6.10	6.10	6	20
46	Josh Gosling	VJ	52	52	45	44	52	4	24
47	Alex Whall	SLJ	2.04	2.05	2.08	2.10	2.10	5	22

Team Results

Suffolk (maroon)

Competition:
East Sportshall Regional Final Under 13 Boys

Venue:
Hertfordshire Sports Village

Date
30 Jan 2016

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Hertfordshire	Black	677	70	70	60	65	48	58	52	40	54	58	52	50
2	Norfolk	Blue	658	60	60	70	65	48	45	56	50	54	48	50	52
3	Essex	Red	534	50	50	50	50	48	41	42	54	37	42	36	34
4	Cambridgeshire	Sky	445	30	40	30	40	40	40	32	40	39	36	38	40
5	Suffolk	Maroon	366	40	30	40	30	26	26	28	26	26	26	34	34

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
49	Soloman Elvin	SLJ	1.58	1.59	1.53	1.58	1.59	10	12
50	Leo Joscelyne	2LR	26.4	0.0			26.4	9	14
50	Leo Joscelyne	S	5.72	5.67	5.86	5.76	5.86	9	14
51	Tom Spurgeon	4LR	58.8	0.0			58.8	9	14
51	Tom Spurgeon	SB	62				62	9	14
52	Ismael Manas	STJ	5.62	5.14	5.00	4.98	5.62	8	16
53	Harvey Hall	VJ	42	44	40	44	44	7	18
54	Sheen Jayaweera	2LR	26.7	0.0			26.7	10	12
54	Sheen Jayaweera	VJ	43	43	39	44	44	8	16
55	Alec Mackay	6LR	1:34.2				1:34.2	8	16
56	Charlie Peacher	6LR	1:41.7				1:41.7	10	12
56	Charlie Peacher	STJ	6.10	0.00	5.98	5.10	6.10	7	18
57	Rudi Ogden	SLJ	1.74	1.81	1.84	1.82	1.84	9	14
58	Matthew Rodwell	4LR	1:00.9	0.0			1:00.9	10	12
59	Owen Tweed	S	0.00	5.01	0.00	4.86	5.01	10	12
60	Noah Graham	SB	50				50	10	12

Results Sheet

Obstacle Relay

Competition:
East Sportshall Regional Final Under 13 Boys

Venue:
Hertfordshire Sports Village

Date
30 Jan 2016

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Hertfordshire	Black	0.0	1:14.0	1:14.0	70.0
2	04	Norfolk	Blue	0.0	1:19.3	1:19.3	60.0
3	02	Essex	Red	0.0	1:22.9	1:22.9	50.0
4	05	Suffolk	Maroon	0.0	1:26.3	1:26.3	40.0
5	01	Cambridgeshire	Sky	0.0	1:30.2	1:30.2	30.0

Results Sheet

4 x 1 Lap Relay

Competition:
East Sportshall Regional Final Under 13 Boys

Venue:
Hertfordshire Sports Village

Date
30 Jan 2016

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Hertfordshire	Black	0.0	48.4	48.4	70.0
2	04	Norfolk	Blue	0.0	49.3	49.3	60.0
3	02	Essex	Red	0.0	52.3	52.3	50.0
4	01	Cambridgeshire	Sky	0.0	52.4	52.4	40.0
5	05	Suffolk	Maroon	0.0	56.2	56.2	30.0

Results Sheet

2 Lap Race

Competition:

East Sportshall Regional Final Under 13 Boys

Venue:

Hertfordshire Sports Village

Date

30 Jan 2016

Ranking	Team	Colour	Points
1=	Essex	Red	48
1=	Hertfordshire	Black	48
1=	Norfolk	Blue	48
4	Cambridgeshire	Sky	40
5	Suffolk	Maroon	26

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Essex	Red	13	Daniel Ogutuga	24.0	30
2	Hertfordshire	Black	31	Kitan Adagun	24.2	28
3	Norfolk	Blue	37	Zak Young	24.3	26
4	Cambridgeshire	Sky	1	Luhan Bely	24.7	24
5	Norfolk	Blue	38	Jake Garside	25.0	22
6	Hertfordshire	Black	26	Rhys Griffiths	24.9	20
7	Essex	Red	14	Ben Rutland	25.0	18
8	Cambridgeshire	Sky	2	Owen Meadows	25.8	16
9	Suffolk	Maroon	50	Leo Joscelyne	26.4	14
10	Suffolk	Maroon	54	Sheen Jayaweera	26.7	12

Results Sheet

4 Lap Race

Competition:

East Sportshall Regional Final Under 13 Boys

Venue:

Hertfordshire Sports Village

Date

30 Jan 2016

Ranking	Team	Colour	Points
1	Hertfordshire	Black	58
2	Norfolk	Blue	45
3	Essex	Red	41
4	Cambridgeshire	Sky	40
5	Suffolk	Maroon	26

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	Black	33	Adam Price	51.4	30
2	Hertfordshire	Black	28	Ben Freckleton	53.1	28
3	Norfolk	Blue	39	Alex Mortimer	53.3	26
4	Cambridgeshire	Sky	4	Tomas Lister	54.8	24
5	Essex	Red	17	Oreofe Adepegba	57.9	22
6=	Essex	Red	16	Samuel Busby	54.3	19
6=	Norfolk	Blue	40	Alfie Williams	54.3	19
8	Cambridgeshire	Sky	3	Jacob Park	56.8	16
9	Suffolk	Maroon	51	Tom Spurgeon	58.8	14
10	Suffolk	Maroon	58	Matthew Rodwell	1:00.9	12

Results Sheet

6 Lap Time Trial

Competition:

East Sportshall Regional Final Under 13 Boys

Venue:

Hertfordshire Sports Village

Date

30 Jan 2016

Ranking	Team	Colour	Points
1	Norfolk	Blue	56
2	Hertfordshire	Black	52
3	Essex	Red	42
4	Cambridgeshire	Sky	32
5	Suffolk	Maroon	28

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	Blue	41	Conrad Harrison	1:25.6	30
2	Hertfordshire	Black	25	Bryce Breen	1:26.4	28
3	Norfolk	Blue	42	Toby Robinson	1:27.5	26
4	Hertfordshire	Black	35	Oliver Firth	1:29.0	24
5	Essex	Red	15	Owen Adams	1:29.5	22
6	Essex	Red	21	Daniel Houchell	1:30.8	20
7	Cambridgeshire	Sky	6	Markus Downhill	1:32.4	18
8	Suffolk	Maroon	55	Alec Mackay	1:34.2	16
9	Cambridgeshire	Sky	5	Luca Dean	1:35.6	14
10	Suffolk	Maroon	56	Charlie Peacher	1:41.7	12

Results Sheet

8 Lap Paarlauf

Competition:

East Sportshall Regional Final Under 13 Boys

Venue:

Hertfordshire Sports Village

Date

30 Jan 2016

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Blue	1:46.5	0.0	1:46.5	70.0
2	03	Hertfordshire	Black	1:51.4	0.0	1:51.4	60.0
3	02	Essex	Red	1:51.6	0.0	1:51.6	50.0
4	05	Suffolk	Maroon	1:52.0	0.0	1:52.0	40.0
5	01	Cambridgeshire	Sky	1:55.8	0.0	1:55.8	30.0

Results Sheet

4 x 2 Lap Relay

Competition:
East Sportshall Regional Final Under 13 Boys

Venue:
Hertfordshire Sports Village

Date
30 Jan 2016

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1=	03	Hertfordshire	Black	1:38.2	0.0	1:38.2	65.0
1=	04	Norfolk	Blue	1:38.2	0.0	1:38.2	65.0
3	02	Essex	Red	1:42.8	0.0	1:42.8	50.0
4	01	Cambridgeshire	Sky	1:46.0	0.0	1:46.0	40.0
5	05	Suffolk	Maroon	1:54.4	0.0	1:54.4	30.0

Results Sheet

Shot

Competition:

East Sportshall Regional Final Under 13 Boys

Venue:

Hertfordshire Sports Village

Date

30 Jan 2016

Ranking	Team	Colour	Points
1	Essex	Red	54
2	Norfolk	Blue	50
3=	Cambridgeshire	Sky	40
3=	Hertfordshire	Black	40
5	Suffolk	Maroon	26

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	Blue	40	Alfie Williams	11.28	30
2	Essex	Red	13	Daniel Ogutuga	10.67	28
3	Essex	Red	16	Samuel Busby	9.83	26
4	Cambridgeshire	Sky	8	Jolyon Glynn	9.39	24
5	Hertfordshire	Black	26	Rhys Griffiths	7.87	22
6	Norfolk	Blue	41	Conrad Harrison	7.48	20
7	Hertfordshire	Black	30	Laurenz Dike	7.08	18
8	Cambridgeshire	Sky	10	Jake Double	6.05	16
9	Suffolk	Maroon	50	Leo Joscelyne	5.86	14
10	Suffolk	Maroon	59	Owen Tweed	5.01	12

Results Sheet

Speed Bounce

Competition:

East Sportshall Regional Final Under 13 Boys

Venue:

Hertfordshire Sports Village

Date

30 Jan 2016

Ranking	Team	Colour	Points
1=	Hertfordshire	Black	54
1=	Norfolk	Blue	54
3	Cambridgeshire	Sky	39
4	Essex	Red	37
5	Suffolk	Maroon	26

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Hertfordshire	Black	25	Bryce Breen	86	30
2=	Norfolk	Blue	38	Jake Garside	82	27
2=	Norfolk	Blue	43	Rio Ward	82	27
4	Hertfordshire	Black	35	Oliver Firth	76	24
5=	Cambridgeshire	Sky	9	Oisin Murphy	75	21
5=	Essex	Red	21	Daniel Houchell	75	21
7	Cambridgeshire	Sky	6	Markus Downhill	70	18
8	Essex	Red	19	Alex Critchell	66	16
9	Suffolk	Maroon	51	Tom Spurgeon	62	14
10	Suffolk	Maroon	60	Noah Graham	50	12

Results Sheet

Standing Long Jump

Competition:

East Sportshall Regional Final Under 13 Boys

Venue:

Hertfordshire Sports Village

Date

30 Jan 2016

Ranking	Team	Colour	Points
1	Hertfordshire	Black	58
2	Norfolk	Blue	48
3	Essex	Red	42
4	Cambridgeshire	Sky	36
5	Suffolk	Maroon	26

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	Black	27	Joshua Horleston	2.35	30
2	Hertfordshire	Black	28	Ben Freckleton	2.21	28
3	Norfolk	Blue	39	Alex Mortimer	2.18	26
4	Essex	Red	20	James With	2.13	24
5	Norfolk	Blue	47	Alex Whall	2.10	22
6	Cambridgeshire	Sky	1	Luhan Bely	2.10	20
7	Essex	Red	17	Oreofe Adepegba	2.03	18
8	Cambridgeshire	Sky	4	Tomas Lister	1.92	16
9	Suffolk	Maroon	57	Rudi Ogden	1.84	14
10	Suffolk	Maroon	49	Soloman Elvin	1.59	12

Results Sheet

Standing Triple Jump

Competition:

East Sportshall Regional Final Under 13 Boys

Venue:

Hertfordshire Sports Village

Date

30 Jan 2016

Ranking	Team	Colour	Points
1	Hertfordshire	Black	52
2	Norfolk	Blue	50
3	Cambridgeshire	Sky	38
4	Essex	Red	36
5	Suffolk	Maroon	34

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	Blue	37	Zak Young	7.08	30
2	Hertfordshire	Black	33	Adam Price	6.76	28
3	Cambridgeshire	Sky	3	Jacob Park	6.62	26
4	Hertfordshire	Black	32	Joel Evans	6.48	24
5	Essex	Red	18	Arthur Day	6.20	22
6	Norfolk	Blue	45	Joe Williams	6.10	20
7	Suffolk	Maroon	56	Charlie Peacher	6.10	18
8	Suffolk	Maroon	52	Ismael Manas	5.62	16
9	Essex	Red	15	Owen Adams	5.52	14
10	Cambridgeshire	Sky	5	Luca Dean	5.34	12

Results Sheet

Vertical Jump

Competition:

East Sportshall Regional Final Under 13 Boys

Venue:

Hertfordshire Sports Village

Date

30 Jan 2016

Ranking	Team	Colour	Points
1	Norfolk	Blue	52
2	Hertfordshire	Black	50
3	Cambridgeshire	Sky	40
4=	Essex	Red	34
4=	Suffolk	Maroon	34

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	Black	29	Daniel Kessi	62	30
2	Norfolk	Blue	42	Toby Robinson	58	28
3	Cambridgeshire	Sky	2	Owen Meadows	53	26
4	Norfolk	Blue	46	Josh Gosling	52	24
5	Essex	Red	22	Francis Omowanile	45	22
6	Hertfordshire	Black	36	Lapo Okunromade	45	20
7	Suffolk	Maroon	53	Harvey Hall	44	18
8	Suffolk	Maroon	54	Sheen Jayaweera	44	16
9	Cambridgeshire	Sky	7	Jonny Pickthorne	44	14
10	Essex	Red	14	Ben Rutland	40	12