

Competition Results

Competition:
East Sportshall Regional Final Under 15 Boys

Venue:
Hertfordshire Sports Village

Date
30 Jan 2016

Ranking	Team	Score	Individual	P8	4x2
1	Hertfordshire	657	527	60	70
2	Norfolk	609	489	70	50
3	Essex	608	498	50	60
4	Suffolk	485	415	40	30
5	Cambridgeshire	420	380	0	40

Athlete Results

Competition:
East Sportshall Regional Final Under 15 Boys

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Ranking	BibNo	Athlete	Team	Score	2LR	4LR	S	SB	SLJ	STJ
1	68	William Adeyeye	Essex	150	50		50			50
2	77	Kit Kerr	Hertfordshire	139	48		44		47	
3=	71	Theo Adesina	Essex	136		46	46			44
3=	85	Charlie Williams	Norfolk	136		48	38		50	
5	76	Jean Nuahba	Hertfordshire	134		44	48		42	
6=	75	Ben Lloyd	Hertfordshire	130		50	32			48
6=	86	Joel Clarke	Norfolk	130		42		50	38	
8	78	Edward Garthwaite	Hertfordshire	124		40		44		40
9	82	Nathan Smalls	Norfolk	123	44			39	40	
10	79	Jean Claude Aka	Hertfordshire	118	46			28	44	
11=	80	Henry Bennet	Hertfordshire	114	40			32		42
11=	90	Callum Hopson	Suffolk	114	32			48		34
13	89	Aidan Hewitt	Suffolk	112	42		36		34	
14	64	Matt Gough	Cambridgeshire	109		30		32	47	
15	72	Finley Hall	Essex	107		38		39	30	
16	73	Daniel Soyebo	Essex	105	35			24		46
17	69	Liam Chivers	Essex	104	38		34		32	
18	87	Alex Simpson	Norfolk	100		24		46		30
19=	63	Thomas Ayling	Cambridgeshire	99		32		39	28	
19=	83	Jamie Brown	Norfolk	99	35		28			36
21	92	Tai Elvin-Andrews	Suffolk	97		26		39		32
22	70	Kayode Odumosu	Essex	96		34		26	36	
23	84	Mason Higby	Norfolk	94	26		42			26
24=	91	Jamie Besford	Suffolk	92		36		32	24	
24=	93	Leon Field	Suffolk	92	30		24			38
26	65	Ben Shackleton	Cambridgeshire	90	22		40			28
27	62	Luke Beamish	Cambridgeshire	82	28		30			24
28	94	Oliver Footer	Suffolk	80		28	26		26	
29	61	Jack Dagleish	Cambridgeshire	68	24		22		22	
30=	81	Semba Bwalya	Hertfordshire	0						
30=	88	Hayden Buffham	Norfolk	0						
30=	95	Bailey Elvin	Suffolk	0						

Team Results

Cambridgeshire (sky)

Competition:
East Sportshall Regional Final Under 15 Boys

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Date
30 Jan 2016

Ranking	Team	Score	Individual	P8	4x2
1	Hertfordshire	657	527	60	70
2	Norfolk	609	489	70	50
3	Essex	608	498	50	60
4	Suffolk	485	415	40	30
5	Cambridgeshire	420	380	0	40

Comp	No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
	61	Jack Dalglish	2LR	26.0				26.0	14	24
	61	Jack Dalglish	S	5.52	5.85	0.00		5.85	15	22
	61	Jack Dalglish	SLJ	1.86	1.77	1.80		1.86	15	22
	62	Luke Beamish	2LR	25.4				25.4	12	28
	62	Luke Beamish	S	7.05	8.28	7.56		8.28	11	30
	62	Luke Beamish	STJ	5.58	0.00	5.49		5.58	14	24
	63	Thomas Ayling	4LR	54.8				54.8	10	32
	63	Thomas Ayling	SB	75				75	5=	39
	63	Thomas Ayling	SLJ	1.98	2.05	2.08		2.08	12	28
	64	Matt Gough	4LR	55.6				55.6	11	30
	64	Matt Gough	SB	73				73	9=	32
	64	Matt Gough	SLJ	2.46	2.35	2.59		2.59	2=	47
	65	Ben Shackleton	2LR	27.4				27.4	15	22
	65	Ben Shackleton	S	10.32	10.10	10.70		10.70	6	40
	65	Ben Shackleton	STJ	5.86	6.10	5.92		6.10	12	28

Team Results

Essex (red)

Competition:
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Date
30 Jan 2016

Ranking	Team	Score	Individual	P8	4x2
1	Hertfordshire	657	527	60	70
2	Norfolk	609	489	70	50
3	Essex	608	498	50	60
4	Suffolk	485	415	40	30
5	Cambridgeshire	420	380	0	40

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
68	William Adeyeye	2LR	22.8				22.8	1	50
68	William Adeyeye	S	14.55	15.59	0.00		15.59	1	50
68	William Adeyeye	STJ	8.10	8.62	8.76		8.76	1	50
69	Liam Chivers	2LR	23.8				23.8	7	38
69	Liam Chivers	S	9.04	9.55	0.00		9.55	9	34
69	Liam Chivers	SLJ	2.21	2.14	2.27		2.27	10	32
70	Kayode Odumosu	4LR	53.9				53.9	9	34
70	Kayode Odumosu	SB	65				65	13	26
70	Kayode Odumosu	SLJ	2.31	2.25	2.34		2.34	8	36
71	Theo Adesina	4LR	49.3				49.3	3	46
71	Theo Adesina	S	9.96	10.54	11.24		11.24	3	46
71	Theo Adesina	STJ	7.52	7.82	8.02		8.02	4	44
72	Finley Hall	4LR	52.5				52.5	7	38
72	Finley Hall	SB	75				75	5=	39
72	Finley Hall	SLJ	2.23	2.19	2.21		2.23	11	30
73	Daniel Soyebó	2LR	23.9				23.9	8=	35
73	Daniel Soyebó	SB	58				58	14	24
73	Daniel Soyebó	STJ	8.04	8.10	7.92		8.10	3	46

Team Results

Hertfordshire (black)

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East Sportshall Regional Final Under 15 Boys

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Date

30 Jan 2016

Ranking	Team	Score	Individual	P8	4x2
1	Hertfordshire	657	527	60	70
2	Norfolk	609	489	70	50
3	Essex	608	498	50	60
4	Suffolk	485	415	40	30
5	Cambridgeshire	420	380	0	40

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
75	Ben Lloyd	4LR	48.1				48.1	1	50
75	Ben Lloyd	S	8.65	8.81	9.13		9.13	10	32
75	Ben Lloyd	STJ	8.42	8.24	8.10		8.42	2	48
76	Jean Nuahba	4LR	50.4				50.4	4	44
76	Jean Nuahba	S	11.81	11.50	12.08		12.08	2	48
76	Jean Nuahba	SLJ	2.45	2.48	2.40		2.48	5	42
77	Kit Kerr	2LR	23.1				23.1	2	48
77	Kit Kerr	S	0.00	0.00	11.13		11.13	4	44
77	Kit Kerr	SLJ	2.56	2.59	2.59		2.59	2=	47
78	Edward Garthwaite	4LR	50.7				50.7	6	40
78	Edward Garthwaite	SB	77				77	4	44
78	Edward Garthwaite	STJ	7.10	6.94	6.92		7.10	6	40
79	Jean Claude Aka	2LR	23.2				23.2	3	46
79	Jean Claude Aka	SB	66				66	12	28
79	Jean Claude Aka	SLJ	2.57	2.49	2.56		2.57	4	44
80	Henry Bennet	2LR	23.7				23.7	6	40
80	Henry Bennet	SB	73				73	9=	32
80	Henry Bennet	STJ	7.32	7.22	7.20		7.32	5	42

Team Results

Norfolk (blue)

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Date
30 Jan 2016

Ranking	Team	Score	Individual	P8	4x2
1	Hertfordshire	657	527	60	70
2	Norfolk	609	489	70	50
3	Essex	608	498	50	60
4	Suffolk	485	415	40	30
5	Cambridgeshire	420	380	0	40

Comp	No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
	82	Nathan Smalls	2LR	23.4				23.4	4	44
	82	Nathan Smalls	SB	75				75	5=	39
	82	Nathan Smalls	SLJ	2.39	2.42	2.35		2.42	6	40
	83	Jamie Brown	2LR	23.9				23.9	8=	35
	83	Jamie Brown	S	7.28	7.76	6.84		7.76	12	28
	83	Jamie Brown	STJ	6.60	6.80	6.75		6.80	8	36
	84	Mason Higby	2LR	25.5				25.5	13	26
	84	Mason Higby	S	11.12	10.70	11.00		11.12	5	42
	84	Mason Higby	STJ	5.60	6.01	5.98		6.01	13	26
	85	Charlie Williams	4LR	48.6				48.6	2	48
	85	Charlie Williams	S	7.81	9.71	8.88		9.71	7	38
	85	Charlie Williams	SLJ	2.64	2.72	2.69		2.72	1	50
	86	Joel Clarke	4LR	50.5				50.5	5	42
	86	Joel Clarke	SB	89				89	1	50
	86	Joel Clarke	SLJ	2.40	2.38	2.34		2.40	7	38
	87	Alex Simpson	4LR	57.4				57.4	14	24
	87	Alex Simpson	SB	80				80	3	46
	87	Alex Simpson	STJ	6.10	6.18	6.32		6.32	11	30

Team Results

Suffolk (maroon)

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East Sportshall Regional Final Under 15 Boys

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Date
30 Jan 2016

Ranking	Team	Score	Individual	P8	4x2
1	Hertfordshire	657	527	60	70
2	Norfolk	609	489	70	50
3	Essex	608	498	50	60
4	Suffolk	485	415	40	30
5	Cambridgeshire	420	380	0	40

Comp	No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
	89	Aidan Hewitt	2LR	23.6				23.6	5	42
	89	Aidan Hewitt	S	8.87	9.12	9.67		9.67	8	36
	89	Aidan Hewitt	SLJ	2.24	2.23	2.28		2.28	9	34
	90	Callum Hopson	2LR	24.6				24.6	10	32
	90	Callum Hopson	SB	87				87	2	48
	90	Callum Hopson	STJ	6.52	6.38	6.72		6.72	9	34
	91	Jamie Besford	4LR	53.3				53.3	8	36
	91	Jamie Besford	SB	73				73	9=	32
	91	Jamie Besford	SLJ	1.95	1.97	1.94		1.97	14	24
	92	Tai Elvin-Andrews	4LR	56.2				56.2	13	26
	92	Tai Elvin-Andrews	SB	75				75	5=	39
	92	Tai Elvin-Andrews	STJ	6.20	6.38	6.43		6.43	10	32
	93	Leon Field	2LR	25.0				25.0	11	30
	93	Leon Field	S	6.08	5.93	5.40		6.08	14	24
	93	Leon Field	STJ	6.48	6.78	6.90		6.90	7	38
	94	Oliver Footer	4LR	55.8				55.8	12	28
	94	Oliver Footer	S	6.21	5.90	5.72		6.21	13	26
	94	Oliver Footer	SLJ	1.98	1.97	1.94		1.98	13	26
	95	Bailey Elvin	S	6.45	6.84	0.00		6.84		
	95	Bailey Elvin	SLJ	2.04	2.02	0.00		2.04		

Results Sheet

2 Lap Race

Competition:

East Sportshall Regional Final Under 15 Boys

Venue:

Hertfordshire Sports Village

Date

30 Jan 2016

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Essex	Red	68	William Adeyeye	22.8	50
2	Hertfordshire	Black	77	Kit Kerr	23.1	48
3	Hertfordshire	Black	79	Jean Claude Aka	23.2	46
4	Norfolk	Blue	82	Nathan Smalls	23.4	44
5	Suffolk	Maroon	89	Aidan Hewitt	23.6	42
6	Hertfordshire	Black	80	Henry Bennet	23.7	40
7	Essex	Red	69	Liam Chivers	23.8	38
8=	Essex	Red	73	Daniel Soyebo	23.9	35
8=	Norfolk	Blue	83	Jamie Brown	23.9	35
10	Suffolk	Maroon	90	Callum Hopson	24.6	32
11	Suffolk	Maroon	93	Leon Field	25.0	30
12	Cambridgeshire	Sky	62	Luke Beamish	25.4	28
13	Norfolk	Blue	84	Mason Higby	25.5	26
14	Cambridgeshire	Sky	61	Jack Dalglish	26.0	24
15	Cambridgeshire	Sky	65	Ben Shackleton	27.4	22

Results Sheet

4 Lap Race

Competition:

East Sportshall Regional Final Under 15 Boys

Venue:

Hertfordshire Sports Village

Date

30 Jan 2016

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	Black	75	Ben Lloyd	48.1	50
2	Norfolk	Blue	85	Charlie Williams	48.6	48
3	Essex	Red	71	Theo Adesina	49.3	46
4	Hertfordshire	Black	76	Jean Nuahba	50.4	44
5	Norfolk	Blue	86	Joel Clarke	50.5	42
6	Hertfordshire	Black	78	Edward Garthwaite	50.7	40
7	Essex	Red	72	Finley Hall	52.5	38
8	Suffolk	Maroon	91	Jamie Besford	53.3	36
9	Essex	Red	70	Kayode Odumosu	53.9	34
10	Cambridgeshire	Sky	63	Thomas Ayling	54.8	32
11	Cambridgeshire	Sky	64	Matt Gough	55.6	30
12	Suffolk	Maroon	94	Oliver Footer	55.8	28
13	Suffolk	Maroon	92	Tai Elvin-Andrews	56.2	26
14	Norfolk	Blue	87	Alex Simpson	57.4	24

Results Sheet

8 Lap Paarlauf

Competition:
East Sportshall Regional Final Under 15 Boys

Venue:
Hertfordshire Sports Village

Date
30 Jan 2016

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Blue	1:37.4	0.0	1:37.4	70.0
2	03	Hertfordshire	Black	1:38.0	0.0	1:38.0	60.0
3	02	Essex	Red	1:41.1	0.0	1:41.1	50.0
4	05	Suffolk	Maroon	1:43.0	0.0	1:43.0	40.0

Results Sheet

4 x 2 Lap Relay

Competition:
East Sportshall Regional Final Under 15 Boys

Venue:
Hertfordshire Sports Village

Date
30 Jan 2016

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Hertfordshire	Black	1:31.4	0.0	1:31.4	70.0
2	02	Essex	Red	1:36.1	0.0	1:36.1	60.0
3	04	Norfolk	Blue	1:36.5	0.0	1:36.5	50.0
4	01	Cambridgeshire	Sky	1:41.3	0.0	1:41.3	40.0
5	05	Suffolk	Maroon	1:45.2	0.0	1:45.2	30.0

Results Sheet

Shot

Competition:

East Sportshall Regional Final Under 15 Boys

Venue:

Hertfordshire Sports Village

Date

30 Jan 2016

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Essex	Red	68	William Adeyeye	15.59	50
2	Hertfordshire	Black	76	Jean Nuahba	12.08	48
3	Essex	Red	71	Theo Adesina	11.24	46
4	Hertfordshire	Black	77	Kit Kerr	11.13	44
5	Norfolk	Blue	84	Mason Higby	11.12	42
6	Cambridgeshire	Sky	65	Ben Shackleton	10.70	40
7	Norfolk	Blue	85	Charlie Williams	9.71	38
8	Suffolk	Maroon	89	Aidan Hewitt	9.67	36
9	Essex	Red	69	Liam Chivers	9.55	34
10	Hertfordshire	Black	75	Ben Lloyd	9.13	32
11	Cambridgeshire	Sky	62	Luke Beamish	8.28	30
12	Norfolk	Blue	83	Jamie Brown	7.76	28
13	Suffolk	Maroon	94	Oliver Footer	6.21	26
14	Suffolk	Maroon	93	Leon Field	6.08	24
15	Cambridgeshire	Sky	61	Jack Dalglish	5.85	22
	Suffolk	Maroon	95	Bailey Elvin	6.84	0

Results Sheet

Speed Bounce

Competition:

East Sportshall Regional Final Under 15 Boys

Venue:

Hertfordshire Sports Village

Date

30 Jan 2016

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Norfolk	Blue	86	Joel Clarke	89	50
2	Suffolk	Maroon	90	Callum Hopson	87	48
3	Norfolk	Blue	87	Alex Simpson	80	46
4	Hertfordshire	Black	78	Edward Garthwaite	77	44
5=	Cambridgeshire	Sky	63	Thomas Ayling	75	39
5=	Essex	Red	72	Finley Hall	75	39
5=	Norfolk	Blue	82	Nathan Smalls	75	39
5=	Suffolk	Maroon	92	Tai Elvin-Andrews	75	39
9=	Cambridgeshire	Sky	64	Matt Gough	73	32
9=	Hertfordshire	Black	80	Henry Bennet	73	32
9=	Suffolk	Maroon	91	Jamie Besford	73	32
12	Hertfordshire	Black	79	Jean Claude Aka	66	28
13	Essex	Red	70	Kayode Odumosu	65	26
14	Essex	Red	73	Daniel Soyebó	58	24

Results Sheet

Standing Long Jump

Competition:

East Sportshall Regional Final Under 15 Boys

Venue:

Hertfordshire Sports Village

Date

30 Jan 2016

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	Blue	85	Charlie Williams	2.72	50
2=	Cambridgeshire	Sky	64	Matt Gough	2.59	47
2=	Hertfordshire	Black	77	Kit Kerr	2.59	47
4	Hertfordshire	Black	79	Jean Claude Aka	2.57	44
5	Hertfordshire	Black	76	Jean Nuahba	2.48	42
6	Norfolk	Blue	82	Nathan Smalls	2.42	40
7	Norfolk	Blue	86	Joel Clarke	2.40	38
8	Essex	Red	70	Kayode Odumosu	2.34	36
9	Suffolk	Maroon	89	Aidan Hewitt	2.28	34
10	Essex	Red	69	Liam Chivers	2.27	32
11	Essex	Red	72	Finley Hall	2.23	30
12	Cambridgeshire	Sky	63	Thomas Ayling	2.08	28
13	Suffolk	Maroon	94	Oliver Footer	1.98	26
14	Suffolk	Maroon	91	Jamie Besford	1.97	24
15	Cambridgeshire	Sky	61	Jack Dalglish	1.86	22
	Suffolk	Maroon	95	Bailey Elvin	2.04	0

Results Sheet

Standing Triple Jump

Competition:

East Sportshall Regional Final Under 15 Boys

Venue:

Hertfordshire Sports Village

Date

30 Jan 2016

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Essex	Red	68	William Adeyeye	8.76	50
2	Hertfordshire	Black	75	Ben Lloyd	8.42	48
3	Essex	Red	73	Daniel Soyebo	8.10	46
4	Essex	Red	71	Theo Adesina	8.02	44
5	Hertfordshire	Black	80	Henry Bennet	7.32	42
6	Hertfordshire	Black	78	Edward Garthwaite	7.10	40
7	Suffolk	Maroon	93	Leon Field	6.90	38
8	Norfolk	Blue	83	Jamie Brown	6.80	36
9	Suffolk	Maroon	90	Callum Hopson	6.72	34
10	Suffolk	Maroon	92	Tai Elvin-Andrews	6.43	32
11	Norfolk	Blue	87	Alex Simpson	6.32	30
12	Cambridgeshire	Sky	65	Ben Shackleton	6.10	28
13	Norfolk	Blue	84	Mason Higby	6.01	26
14	Cambridgeshire	Sky	62	Luke Beamish	5.58	24