

Competition Results

Competition:

Welsh Sportshall Final 2016 Under 13 Girls

Venue:

Cwmbran Sports Centre

Date

13 Mar 2016

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	North West Wales	Red	568	60	60	70	50	48	32	48	36	38	46	46	34
2	Afan Nedd Tawe	White	533	50	40	60	70	40	46	42	38	33	44	34	36
3	Powys	Bottle Green	512	40	70	40	30	44	30	48	36	58	30	52	34
4	Cardiff and the Vale	Maroon	455	70	0	30	40	34	54	30	52	25	42	36	42
5	Dyfed	Navy	406	20	30	50	60	20	28	22	32	36	38	18	52
6	North East Wales	Blue	394	30	50	20	20	42	38	30	34	30	28	42	30

Team Results

Afan Nedd Tawe (white)

Competition:

Welsh Sportshall Final 2016 Under 13 Girls

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Cwmbran Sports Centre

Date

13 Mar 2016

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	North West Wales	Red	568	60	60	70	50	48	32	48	36	38	46	46	34
2	Afan Nedd Tawe	White	533	50	40	60	70	40	46	42	38	33	44	34	36
3	Powys	Bottle Green	512	40	70	40	30	44	30	48	36	58	30	52	34
4	Cardiff and the Vale	Maroon	455	70	0	30	40	34	54	30	52	25	42	36	42
5	Dyfed	Navy	406	20	30	50	60	20	28	22	32	36	38	18	52
6	North East Wales	Blue	394	30	50	20	20	42	38	30	34	30	28	42	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
1	Danai Mugabe	2LR	26.3	26.2			26.2	2	28
1	Danai Mugabe	SLJ	2.07	1.99	2.15	2.07	2.15	3	26
2	Molly Crabb	2LR	27.8	0.0			27.8	9=	12
2	Molly Crabb	VJ	36	28	30	34	36	11	10
3	Carys Poole	4LR	57.8	58.3			58.3	2	28
3	Carys Poole	STJ	5.40	5.80	5.74	5.84	5.84	6	20
4	Jamie Holland	4LR	1:00.1	0.0			1:00.1	7	18
4	Jamie Holland	S	9.64	10.20	9.82	8.36	10.20	1	30
5	Gabrielle Garcia	6LR	1:38.8				1:38.8	4	24
5	Gabrielle Garcia	S	4.65	4.35	3.68	4.82	4.82	12	8
6	Grace Powell	SB	73				73	5	22
7	Emily Collins	SB	63				63	10=	11
8	Elin Murphy	6LR	1:42.9				1:42.9	7	18
8	Elin Murphy	STJ	4.98	5.18	5.16	5.20	5.20	9	14
9	Lauren Thomas	SLJ	2.02	2.01	2.00	2.09	2.09	7	18
10	Brooke Castle	VJ	43	46	45	47	47	3	26

Team Results

Cardiff and the Vale (maroon)

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13 Mar 2016

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	North West Wales	Red	568	60	60	70	50	48	32	48	36	38	46	46	34
2	Afan Nedd Tawe	White	533	50	40	60	70	40	46	42	38	33	44	34	36
3	Powys	Bottle Green	512	40	70	40	30	44	30	48	36	58	30	52	34
4	Cardiff and the Vale	Maroon	455	70	0	30	40	34	54	30	52	25	42	36	42
5	Dyfed	Navy	406	20	30	50	60	20	28	22	32	36	38	18	52
6	North East Wales	Blue	394	30	50	20	20	42	38	30	34	30	28	42	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
13	Hannah Dixon	2LR	27.7	0.0			27.7	7=	17
13	Hannah Dixon	STJ	4.90	4.96	4.98	4.98	4.98	10	12
14	Jess Jukes	S	6.96	7.75	8.28	7.87	8.28	4	24
15	Elina Dinean	2LR	27.7	0.0			27.7	7=	17
15	Elina Dinean	VJ	34	37	33	32	37	10	12
16	Rhiannon Thomas	4LR	59.4	59.8			59.8	4	24
16	Rhiannon Thomas	SB	0				0		
18	Eden Williams	6LR	1:33.9				1:33.9	1	30
19	Ellie Beddall	S	9.21	8.91	9.19	9.36	9.36	2	28
20	Elisa Ionascu	4LR	57.6	57.5			57.5	1	30
20	Elisa Ionascu	SLJ	2.05	2.10	2.22	2.14	2.22	2	28
21	Gwenllian Mears	VJ	51	51	53	49	53	1	30
22	Laura Childs	SB	74				74	3=	25
23	Evie Wong	STJ	5.84	5.90	5.82	6.12	6.12	4	24
24	Skyla Sime	SLJ	1.95	1.96	2.01	1.97	2.01	9	14

Team Results

Dyfed (navy)

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Welsh Sportshall Final 2016 Under 13 Girls

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Cwmbran Sports Centre

Date

13 Mar 2016

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	North West Wales	Red	568	60	60	70	50	48	32	48	36	38	46	46	34
2	Afan Nedd Tawe	White	533	50	40	60	70	40	46	42	38	33	44	34	36
3	Powys	Bottle Green	512	40	70	40	30	44	30	48	36	58	30	52	34
4	Cardiff and the Vale	Maroon	455	70	0	30	40	34	54	30	52	25	42	36	42
5	Dyfed	Navy	406	20	30	50	60	20	28	22	32	36	38	18	52
6	North East Wales	Blue	394	30	50	20	20	42	38	30	34	30	28	42	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
25	Caitlin Hearne	2LR	28.3	0.0			28.3	12	8
25	Caitlin Hearne	SLJ	1.64	1.70	1.81	1.84	1.84	12	8
26	Heledd Lewis	2LR	27.8	0.0			27.8	9=	12
26	Heledd Lewis	S	6.30	6.10	6.42	6.39	6.42	10	12
27	Kira Gallenders	4LR	59.9	1:00.8			1:00.8	6	20
27	Kira Gallenders	SB	74				74	3=	25
28	Ffion Lloyd	4LR	1:03.1	0.0			1:03.1	12	8
28	Ffion Lloyd	STJ	4.28	0.00	4.48	4.36	4.48	11	10
29	Ashleigh Witney	6LR	1:45.3				1:45.3	10	12
30	Denise Agudilla	6LR	1:54.8				1:54.8	11	10
30	Denise Agudilla	VJ	49	50	48	47	50	2	28
31	Mizhoela Aloutra	VJ	44	44	47	45	47	4	24
32	Meera Goimat	STJ	0.00	4.24	3.94	3.96	4.24	12	8
33	Ella Golvin	S	7.43	7.27	7.38	7.20	7.43	6	20
34	Zahra Kahir	SB	63				63	10=	11
36	Jade Leech	SLJ	2.02	2.29	2.23	2.19	2.29	1	30

Team Results

North East Wales (blue)

Competition:

Welsh Sportshall Final 2016 Under 13 Girls

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Cwmbran Sports Centre

Date

13 Mar 2016

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	North West Wales	Red	568	60	60	70	50	48	32	48	36	38	46	46	34
2	Afan Nedd Tawe	White	533	50	40	60	70	40	46	42	38	33	44	34	36
3	Powys	Bottle Green	512	40	70	40	30	44	30	48	36	58	30	52	34
4	Cardiff and the Vale	Maroon	455	70	0	30	40	34	54	30	52	25	42	36	42
5	Dyfed	Navy	406	20	30	50	60	20	28	22	32	36	38	18	52
6	North East Wales	Blue	394	30	50	20	20	42	38	30	34	30	28	42	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
49	Courtney Birs	4LR	1:00.0	59.7			59.7	3	26
49	Courtney Birs	SB	66				66	9	14
50	Kaya Lloyd Martin	S	0.00	0.00	7.24	7.24	7.24	8	16
51	Abigail Lowe	VJ	28	31	35	28	35	12	8
52	Tegan Rawsthorne	2LR	26.4	25.9			25.9	1	30
52	Tegan Rawsthorne	STJ	5.58	5.24	5.60	0.00	5.60	8	16
53	Sadie Spencer	6LR	1:44.1				1:44.1	9	14
53	Sadie Spencer	SB	69				69	8	16
54	Katie Newns	VJ	40	42	42	40	42	5	22
55	Lily Cottle	4LR	1:02.6	0.0			1:02.6	10	12
56	Helygen Edwards	S	7.25	6.87	7.33	6.68	7.33	7	18
57	Megan Woodcock	6LR	1:43.2				1:43.2	8	16
57	Megan Woodcock	STJ	6.08	6.20	6.22	6.42	6.42	3	26
58	Hannah Warwick	SLJ	1.91	2.00	2.01	1.98	2.01	8	16
59	Einan Owen-Anning	2LR	27.8	0.0			27.8	9=	12
59	Einan Owen-Anning	SLJ	1.90	2.00	2.00	1.99	2.00	10	12

Team Results

North West Wales (red)

Competition:

Welsh Sportshall Final 2016 Under 13 Girls

Venue:

Cwmbran Sports Centre

Date

13 Mar 2016

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	North West Wales	Red	568	60	60	70	50	48	32	48	36	38	46	46	34
2	Afan Nedd Tawe	White	533	50	40	60	70	40	46	42	38	33	44	34	36
3	Powys	Bottle Green	512	40	70	40	30	44	30	48	36	58	30	52	34
4	Cardiff and the Vale	Maroon	455	70	0	30	40	34	54	30	52	25	42	36	42
5	Dyfed	Navy	406	20	30	50	60	20	28	22	32	36	38	18	52
6	North East Wales	Blue	394	30	50	20	20	42	38	30	34	30	28	42	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
61	Molly	2LR	26.7	27.2			27.2	5	22
61	Molly	STJ	6.32	6.30	6.26	6.42	6.42	2	28
62	Anya	2LR	27.0	27.0			27.0	3	26
62	Anya	SB	71				71	7	18
63	Catrin	4LR	58.2	1:00.6			1:00.6	5	22
63	Catrin	VJ	36	38	35	39	39	8	16
64	Awen	4LR	1:02.7	0.0			1:02.7	11	10
64	Awen	SB	72				72	6	20
65	Natalie Meek	6LR	1:39.0				1:39.0	5	22
65	Natalie Meek	VJ	34	39	40	40	40	7	18
66	Tanwen	6LR	1:37.2				1:37.2	3	26
67	Stacey	STJ	5.48	5.72	5.78	5.68	5.78	7	18
68	Elain	SLJ	2.06	2.12	2.08	2.04	2.12	4	24
69	Chloe	SLJ	1.97	2.09	2.11	2.11	2.11	5	22
71	Natalie Owen	S	7.14	7.27	7.72	8.19	8.19	5	22
72	Alice	S	0.00	6.31	6.95	6.32	6.95	9	14

Team Results

Powys (bottle green)

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Welsh Sportshall Final 2016 Under 13 Girls

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Cwmbran Sports Centre

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13 Mar 2016

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	North West Wales	Red	568	60	60	70	50	48	32	48	36	38	46	46	34
2	Afan Nedd Tawe	White	533	50	40	60	70	40	46	42	38	33	44	34	36
3	Powys	Bottle Green	512	40	70	40	30	44	30	48	36	58	30	52	34
4	Cardiff and the Vale	Maroon	455	70	0	30	40	34	54	30	52	25	42	36	42
5	Dyfed	Navy	406	20	30	50	60	20	28	22	32	36	38	18	52
6	North East Wales	Blue	394	30	50	20	20	42	38	30	34	30	28	42	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
73	Paige Balentine	2LR	26.8	27.3			27.3	6	20
73	Paige Balentine	VJ	35	41	40	40	41	6	20
74	Amber Bennett	2LR	27.2	27.1			27.1	4	24
74	Amber Bennett	STJ	5.68	5.60	5.96	5.84	5.96	5	22
75	Ella Whitticase	4LR	1:00.6	0.0			1:00.6	8	16
76	Cerys Evans	4LR	1:01.5	0.0			1:01.5	9	14
76	Cerys Evans	SLJ	1.91	1.90	1.97	1.90	1.97	11	10
77	Tiegan Ward	6LR	1:34.5				1:34.5	2	28
77	Tiegan Ward	VJ	38	37	36	36	38	9	14
78	Carrie Jones	6LR	1:42.7				1:42.7	6	20
78	Carrie Jones	S	6.09	6.30	0.00	6.24	6.30	11	10
79	Lara Burgoyne	SB	78				78	1	30
80	Ashleigh Pugh	SB	77				77	2	28
81	Alice Baker	SLJ	2.09	2.10	2.01	2.01	2.10	6	20
82	Hannah Bright	STJ	6.32	5.88	6.14	6.54	6.54	1	30
84	Ellie Hinge	S	8.45	8.64	8.33	8.79	8.79	3	26

Results Sheet

Obstacle Relay

Competition:

Welsh Sportshall Final 2016 Under 13 Girls

Venue:

Cwmbran Sports Centre

Date

13 Mar 2016

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	Cardiff and the Vale	Maroon	1:24.5	0.0	1:24.5	70.0
2	06	North West Wales	Red	1:24.6	0.0	1:24.6	60.0
3	01	Afan Nedd Tawe	White	1:25.4	0.0	1:25.4	50.0
4	07	Powys	Bottle Green	1:25.8	0.0	1:25.8	40.0
5	05	North East Wales	Blue	1:26.9	0.0	1:26.9	30.0
6	03	Dyfed	Navy	1:28.9	0.0	1:28.9	20.0

Results Sheet

2 Lap Race

Competition:

Welsh Sportshall Final 2016 Under 13 Girls

Venue:

Cwmbran Sports Centre

Date

13 Mar 2016

Ranking	Team	Colour	Points
1	North West Wales	Red	48
2	Powys	Bottle Green	44
3	North East Wales	Blue	42
4	Afan Nedd Tawe	White	40
5	Cardiff and the Vale	Maroon	34
6	Dyfed	Navy	20

Ranking	Team	Colour	BibNo	Name	Best	Points
1	North East Wales	Blue	52	Tegan Rawsthorne	25.9	30
2	Afan Nedd Tawe	White	1	Danai Mugabe	26.2	28
3	North West Wales	Red	62	Anya	27.0	26
4	Powys	Bottle Green	74	Amber Bennett	27.1	24
5	North West Wales	Red	61	Molly	27.2	22
6	Powys	Bottle Green	73	Paige Balentine	27.3	20
7=	Cardiff and the Vale	Maroon	13	Hannah Dixon	27.7	17
7=	Cardiff and the Vale	Maroon	15	Elina Dinean	27.7	17
9=	Afan Nedd Tawe	White	2	Molly Crabb	27.8	12
9=	Dyfed	Navy	26	Heledd Lewis	27.8	12
9=	North East Wales	Blue	59	Einan Owen-Anning	27.8	12
12	Dyfed	Navy	25	Caitlin Hearne	28.3	8

Results Sheet

4 Lap Race

Competition:

Welsh Sportshall Final 2016 Under 13 Girls

Venue:

Cwmbran Sports Centre

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13 Mar 2016

Ranking	Team	Colour	Points
1	Cardiff and the Vale	Maroon	54
2	Afan Nedd Tawe	White	46
3	North East Wales	Blue	38
4	North West Wales	Red	32
5	Powys	Bottle Green	30
6	Dyfed	Navy	28

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cardiff and the Vale	Maroon	20	Elisa Ionascu	57.5	30
2	Afan Nedd Tawe	White	3	Carys Poole	58.3	28
3	North East Wales	Blue	49	Courtney Birs	59.7	26
4	Cardiff and the Vale	Maroon	16	Rhiannon Thomas	59.8	24
5	North West Wales	Red	63	Catrin	1:00.6	22
6	Dyfed	Navy	27	Kira Gallenders	1:00.8	20
7	Afan Nedd Tawe	White	4	Jamie Holland	1:00.1	18
8	Powys	Bottle Green	75	Ella Whitticase	1:00.6	16
9	Powys	Bottle Green	76	Cerys Evans	1:01.5	14
10	North East Wales	Blue	55	Lily Cottle	1:02.6	12
11	North West Wales	Red	64	Awen	1:02.7	10
12	Dyfed	Navy	28	Ffion Lloyd	1:03.1	8

Results Sheet

6 Lap Time Trial

Competition:

Welsh Sportshall Final 2016 Under 13 Girls

Venue:

Cwmbran Sports Centre

Date

13 Mar 2016

Ranking	Team	Colour	Points
1=	North West Wales	Red	48
1=	Powys	Bottle Green	48
3	Afan Nedd Tawe	White	42
4=	Cardiff and the Vale	Maroon	30
4=	North East Wales	Blue	30
6	Dyfed	Navy	22

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cardiff and the Vale	Maroon	18	Eden Williams	1:33.9	30
2	Powys	Bottle Green	77	Tiegan Ward	1:34.5	28
3	North West Wales	Red	66	Tanwen	1:37.2	26
4	Afan Nedd Tawe	White	5	Gabrielle Garcia	1:38.8	24
5	North West Wales	Red	65	Natalie Meek	1:39.0	22
6	Powys	Bottle Green	78	Carrie Jones	1:42.7	20
7	Afan Nedd Tawe	White	8	Elin Murphy	1:42.9	18
8	North East Wales	Blue	57	Megan Woodcock	1:43.2	16
9	North East Wales	Blue	53	Sadie Spencer	1:44.1	14
10	Dyfed	Navy	29	Ashleigh Witney	1:45.3	12
11	Dyfed	Navy	30	Denise Agudilla	1:54.8	10

Results Sheet

8 Lap Paarlauf

Competition:

Welsh Sportshall Final 2016 Under 13 Girls

Venue:

Cwmbran Sports Centre

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13 Mar 2016

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	07	Powys	Bottle Green	1:58.9	0.0	1:58.9	70.0
2	06	North West Wales	Red	1:59.1	0.0	1:59.1	60.0
3	05	North East Wales	Blue	2:03.4	0.0	2:03.4	50.0
4	01	Afan Nedd Tawe	White	2:05.3	0.0	2:05.3	40.0
5	03	Dyfed	Navy	2:07.0	0.0	2:07.0	30.0

Results Sheet

4 x 1 Lap Relay

Competition:

Welsh Sportshall Final 2016 Under 13 Girls

Venue:

Cwmbran Sports Centre

Date

13 Mar 2016

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	06	North West Wales	Red	54.3	0.0	54.3	70.0
2	01	Afan Nedd Tawe	White	54.4	0.0	54.4	60.0
3	03	Dyfed	Navy	55.8	0.0	55.8	50.0
4	07	Powys	Bottle Green	56.2	0.0	56.2	40.0
5	02	Cardiff and the Vale	Maroon	58.2	0.0	58.2	30.0
6	05	North East Wales	Blue	58.9	0.0	58.9	20.0

Results Sheet

4 x 2 Lap Relay

Competition:

Welsh Sportshall Final 2016 Under 13 Girls

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Cwmbran Sports Centre

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13 Mar 2016

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Afan Nedd Tawe	White	1:49.5	0.0	1:49.5	70.0
2	03	Dyfed	Navy	1:50.6	0.0	1:50.6	60.0
3	06	North West Wales	Red	1:51.3	0.0	1:51.3	50.0
4	02	Cardiff and the Vale	Maroon	1:51.5	0.0	1:51.5	40.0
5	07	Powys	Bottle Green	1:52.2	0.0	1:52.2	30.0
6	05	North East Wales	Blue	2:01.7	0.0	2:01.7	20.0

Results Sheet

Shot

Competition:

Welsh Sportshall Final 2016 Under 13 Girls

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Cwmbran Sports Centre

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13 Mar 2016

Ranking	Team	Colour	Points
1	Cardiff and the Vale	Maroon	52
2	Afan Nedd Tawe	White	38
3=	North West Wales	Red	36
3=	Powys	Bottle Green	36
5	North East Wales	Blue	34
6	Dyfed	Navy	32

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Afan Nedd Tawe	White	4	Jamie Holland	10.20	30
2	Cardiff and the Vale	Maroon	19	Ellie Beddall	9.36	28
3	Powys	Bottle Green	84	Ellie Hinge	8.79	26
4	Cardiff and the Vale	Maroon	14	Jess Jukes	8.28	24
5	North West Wales	Red	71	Natalie Owen	8.19	22
6	Dyfed	Navy	33	Ella Golvin	7.43	20
7	North East Wales	Blue	56	Helygen Edwards	7.33	18
8	North East Wales	Blue	50	Kaya Lloyd Martin	7.24	16
9	North West Wales	Red	72	Alice	6.95	14
10	Dyfed	Navy	26	Heledd Lewis	6.42	12
11	Powys	Bottle Green	78	Carrie Jones	6.30	10
12	Afan Nedd Tawe	White	5	Gabrielle Garcia	4.82	8

Results Sheet

Speed Bounce

Competition:

Welsh Sportshall Final 2016 Under 13 Girls

Venue:

Cwmbran Sports Centre

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13 Mar 2016

Ranking	Team	Colour	Points
1	Powys	Bottle Green	58
2	North West Wales	Red	38
3	Dyfed	Navy	36
4	Afan Nedd Tawe	White	33
5	North East Wales	Blue	30
6	Cardiff and the Vale	Maroon	25

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Powys	Bottle Green	79	Lara Burgoyne	78	30
2	Powys	Bottle Green	80	Ashleigh Pugh	77	28
3=	Cardiff and the Vale	Maroon	22	Laura Childs	74	25
3=	Dyfed	Navy	27	Kira Gallenders	74	25
5	Afan Nedd Tawe	White	6	Grace Powell	73	22
6	North West Wales	Red	64	Awen	72	20
7	North West Wales	Red	62	Anya	71	18
8	North East Wales	Blue	53	Sadie Spencer	69	16
9	North East Wales	Blue	49	Courtney Birs	66	14
10=	Afan Nedd Tawe	White	7	Emily Collins	63	11
10=	Dyfed	Navy	34	Zahra Kahir	63	11
	Cardiff and the Vale	Maroon	16	Rhiannon Thomas	0	0

Results Sheet

Standing Long Jump

Competition:

Welsh Sportshall Final 2016 Under 13 Girls

Venue:

Cwmbran Sports Centre

Date

13 Mar 2016

Ranking	Team	Colour	Points
1	North West Wales	Red	46
2	Afan Nedd Tawe	White	44
3	Cardiff and the Vale	Maroon	42
4	Dyfed	Navy	38
5	Powys	Bottle Green	30
6	North East Wales	Blue	28

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Dyfed	Navy	36	Jade Leech	2.29	30
2	Cardiff and the Vale	Maroon	20	Elisa Ionascu	2.22	28
3	Afan Nedd Tawe	White	1	Danai Mugabe	2.15	26
4	North West Wales	Red	68	Elain	2.12	24
5	North West Wales	Red	69	Chloe	2.11	22
6	Powys	Bottle Green	81	Alice Baker	2.10	20
7	Afan Nedd Tawe	White	9	Lauren Thomas	2.09	18
8	North East Wales	Blue	58	Hannah Warwick	2.01	16
9	Cardiff and the Vale	Maroon	24	Skyla Sime	2.01	14
10	North East Wales	Blue	59	Einan Owen-Anning	2.00	12
11	Powys	Bottle Green	76	Cerys Evans	1.97	10
12	Dyfed	Navy	25	Caitlin Hearne	1.84	8

Results Sheet

Standing Triple Jump

Competition:

Welsh Sportshall Final 2016 Under 13 Girls

Venue:

Cwmbran Sports Centre

Date

13 Mar 2016

Ranking	Team	Colour	Points
1	Powys	Bottle Green	52
2	North West Wales	Red	46
3	North East Wales	Blue	42
4	Cardiff and the Vale	Maroon	36
5	Afan Nedd Tawe	White	34
6	Dyfed	Navy	18

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Powys	Bottle Green	82	Hannah Bright	6.54	30
2	North West Wales	Red	61	Molly	6.42	28
3	North East Wales	Blue	57	Megan Woodcock	6.42	26
4	Cardiff and the Vale	Maroon	23	Evie Wong	6.12	24
5	Powys	Bottle Green	74	Amber Bennett	5.96	22
6	Afan Nedd Tawe	White	3	Carys Poole	5.84	20
7	North West Wales	Red	67	Stacey	5.78	18
8	North East Wales	Blue	52	Tegan Rawsthorne	5.60	16
9	Afan Nedd Tawe	White	8	Elin Murphy	5.20	14
10	Cardiff and the Vale	Maroon	13	Hannah Dixon	4.98	12
11	Dyfed	Navy	28	Ffion Lloyd	4.48	10
12	Dyfed	Navy	32	Meera Goimat	4.24	8

Results Sheet

Vertical Jump

Competition:

Welsh Sportshall Final 2016 Under 13 Girls

Venue:

Cwmbran Sports Centre

Date

13 Mar 2016

Ranking	Team	Colour	Points
1	Dyfed	Navy	52
2	Cardiff and the Vale	Maroon	42
3	Afan Nedd Tawe	White	36
4=	North West Wales	Red	34
4=	Powys	Bottle Green	34
6	North East Wales	Blue	30

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cardiff and the Vale	Maroon	21	Gwenllian Mears	53	30
2	Dyfed	Navy	30	Denise Agudilla	50	28
3	Afan Nedd Tawe	White	10	Brooke Castle	47	26
4	Dyfed	Navy	31	Mizhoela Aloutra	47	24
5	North East Wales	Blue	54	Katie Newns	42	22
6	Powys	Bottle Green	73	Paige Balentine	41	20
7	North West Wales	Red	65	Natalie Meek	40	18
8	North West Wales	Red	63	Catrin	39	16
9	Powys	Bottle Green	77	Tiegan Ward	38	14
10	Cardiff and the Vale	Maroon	15	Elina Dinean	37	12
11	Afan Nedd Tawe	White	2	Molly Crabb	36	10
12	North East Wales	Blue	51	Abigail Lowe	35	8