

Over Under Race - Girls

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	153	Olivia Caves	Basildon	17.8
	2	148	Lauren Holmes	Basildon	18.1
	3				
	4				

4 Lap Race - Girls

Sportshall

U13

Heat	Position	No.	Name	Club / School	Time
1	1	162	Ariyana McGee	Basildon	49.8
	2	171	Isobel Griffiths	Chelmsford	51.1
	3	165	Chloe Trew	Basildon	51.2
	4				

2	1	178	Paige Stephens	Basildon	51.2
	2	181	Sophie Nugent	Basildon	51.9
	3	177	Paige Robinson	Havering AC	52.0
	4	180	Sasha Whiley	Chelmsford	52.3

3	1	161	Amelie Mason	Chelmsford	53.5
	2	175	Olivia Boachie	Havering AC	53.6
	3	164	Charlotte Venn	Basildon	55.9
	4				

U15

1	1	189	Lauren Strutt	Colchester H	51.9
	2	191	Louise Potton	Chelmsford	53.3
	3				
	4				

1 Lap Race - Girls

Sportshall

U11 only

Heat	Position	No.	Name	Club / School	Time
1	1	158	Stephanie Okoro	Haverling AC	12.1
	2	153	Olivia Caves	Basildon	12.2
	3	157	Sophie McCallum	Basildon	12.4
	4				

2	1	152	Nneka Okoh	Chelmsford	12.3
	2	143	Freya Coley	Newland Spr	12.5
	3	149	Mabel Cowley	Basildon	12.7
	4	155	Scarlett Saich-Peet	Basildon	12.9

3	1	159	Zoe Gregory	Benfleet	13.2
	2	145	Isabelle Bartlett	Haverling Sat Club	13.4
	3	139	Carly Watts	Basildon	13.5
	4				

4	1	147	Lase Olajide	Thurrock	13.3
	2	144	Freya Long	Haverling Sat Club	13.3
	3	160	Zowie Dodge	Basildon	13.4
	4				

5	1	142	Elise Jennings	Basildon	12.1
	2	150	Maisie Fulker	Chelmsford	12.5
	3	154	Polly Parker	CATS	13.3
	4				

6 Lap Race - Girls

Sportshall

u13 only

Heat	Position	No.	Name	Club / School	Time
1	1	130	Patrick McLean-Tattan	Haverling AC	1:20.7
	2	163	Cassie Foreman	Chelmsford	1:21.3
	3	180	Sasha Whiley	Chelmsford	1:24.1
	4				

2	1	179	Ruby Ham	Chelmsford	1:24.9
	2	181	Sophie Nugent	Basildon	1:27.0
	3	172	Isobelle O'Connor	Haverling AC	1:31.0
	4				

2 Lap Race - Girls

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	152	Nneka Okoh	Chelmsford	24.5
	2	157	Sophie McCallum	Basildon	24.9
	3	149	Mabel Cowley	Basildon	25.8
	4	159	Zoe Gregory	Benfleet	26.2

2	1	141	Charlotte Grundy	Havering AC	25.3
	2	144	Freya Long	Havering Sat Club	25.6
	3	148	Lauren Holmes	Basildon	26.2
	4	145	Isabelle Bartlett	Havering Sat Club	27.0

2 Lap Race - Girls

Sportshall

U13

1	1	169	Funmi Adewole	Thurrock	23.5
	2	173	Kate Baldwin	Chelmsford	23.7
	3	168	Evelyn Pope	Chelmsford	24.0
	4	170	Grace Iyinbor	Harlow	24.2

2	1	177	Paige Robinson	Havering AC	24.4
	2	165	Chloe Trew	Basildon	24.6
	3	166	Claudia Faiers	Chelmsford	25.0
	4	176	Olivia Mayhew	Chelmsford	25.1

3	1	175	Olivia Boachie	Havering AC	24.5
	2	161	Amelie Mason	Chelmsford	25.1
	3	174	Millie Upton	Harlow	25.4
	4	164	Charlotte Venn	Basildon	26.0

U15

1	1	193	Mia Chantree	Chelmsford	22.6
	2	185	Funminiyi Olajide	Thurrock	22.8
	3	188	Hannah Bardo	Chelmsford	23.6
	4				

2	1	182	Amelia Day	Chelmsford	23.3
	2	195	Tolani Odumosu	Thurrock	23.8
	3	183	Efe Adarjo	Thurrock	25.2
	4				

3	1	190	Lola Omowanile	Thurrock	23.3
	2	194	Savanna Harrison	Colchester H	23.6
	3	187	Gabrielle Osewa	Basildon	24.9
	4				

Over Under Race - Boys

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	89	Thomas Greening	Havering AC	17.5
	2	3	Ayomposi Odupitan	Braintree	17.6
	3	9	Callum Basinger	Havering AC	18.5
	4				

2	1	77	Jake Bolton	Basildon	19.5
	2	91	Vincent James	St Joseph's Upm	20.3
	3	80	Liam Keevil	Basildon	22.2
	4				

3	1	83	Ollie Harrison	Orsett Pri	20.6
	2	86	Sasha Brown	Basildon	21.2
	3	84	Oscar Hastings	Braintree	21.8
	4				

4 Lap Race - Boys

Sportshall

U13

Heat	Position	No.	Name	Club / School	Time
1	1	99	Michael Okoro	Havering AC	50.5
	2	92	Alex Critchell	Havering AC	51.6
	3	105	Orhan Corek	Thurrock	52.3
	4				

2	1	98	Max Harris	Southend	57.9
	2	131	Ross Cargill	Harlow	59.0
	3				
	4				

1 Lap Race - Boys

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	90	Tobi Ekerin	Basildon	12.1
	2	72	Dominic Alexandru	Havering AC	12.2
	3	76	Isaac Wright	Basildon	12.5
	4				

2	1	71	Cooper Mills	Chelmsford	12.3
	2	87	Stanley Hobbs	CATS	12.6
	3	77	Jake Bolton	Basildon	12.8
	4	82	Mihnea Alexandru	St Joseph's Upm	12.9

3	1	83	Ollie Harrison	Orsett Pri	12.4
	2	91	Vincent James	St Joseph's Upm	13.0
	3	85	Sam Wilkins	Havering Sat Club	13.6
	4				

4	1	79	Kai Whittington Anderson	Southend	11.8
	2	3	Ayomposi Odupitan	Braintree	12.0
	3	66	Charlie Parmenter	Colchester H	12.3
	4	74	Freddie Mann	Gidea Park Pri	12.5

2 Lap Race - Boys

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	90	Tobi Ekerin	Basildon	23.9
	2	71	Cooper Mills	Chelmsford	24.2
	3	88	Teddy Matthews	Gidea Park Pri	24.5
	4				

2	1	89	Thomas Greening	Havering AC	24.5
	2	9	Callum Basinger	Havering AC	25.7
	3	87	Stanley Hobbs	CATS	25.7
	4	82	Mihnea Alexandru	St Joseph's Upm	26.5

3	1	75	George Ham	Long Riding Sch	26.4
	2	73	Ethan Deal	Basildon	26.4
	3	2	Alex Rawle	Havering AC	26.8

4	1	79	Kai Whittington Anderson	Southend	23.5
	2	81	Max Tarling	Chelmsford	24.3
	3	66	Charlie Parmenter	Colchester H	25.0
	4				

2 Lap Race - Boys

Sportshall

U13

Heat	Position	No.	Name	Club / School	Time
1	1	99	Michael Okoro	Havering AC	23.4
	2	92	Alex Critchell	Havering AC	24.0
	3	93	Arthur Day	Chelmsford	24.3
	4				

2	1	100	Olamide Odupitan	Braintree	24.1
	2	105	Orhan Corek	Thurrock	24.8
	3	133	Samson Wright	Basildon	25.2
	4	94	Dylan Nastri	Basildon	26.2

3	1	135	Tosin Olajide	Thurrock	23.8
	2	131	Ross Cargill	Harlow	26.8
	3	134	Sunkanmi Odumosu	Thurrock	26.9
	4				

U15

1	1	138	Success Ariyibi	Westcliff HSB	21.4
	2	137	Owen Dodge	Basildon	25.3
	3	136	Gbenga Adewole	Thurrock	25.3
	4				

EAN - SPORTSHALL COMPETITION

Chelmsford, Saturday 10th December 2016

Chest Push

Shot Putt

Sportshall

Girls U11 (1kg med ball)

Girls U13 - 2.72kg / U15 3.00kg

	No.	Name	Club/School	Trial			Best
				1	2	3	
		CHEST PUSH IS MEASURED TO NEAREST 25CM BELOW					
U11G	155	Scarlett Saich-Peet	Basildon	5.75	6.00	5.50	6.00
U11G	142	Elise Jennings	Basildon	5.25	4.75	5.50	5.50
U11G	160	Zowie Dodge	Basildon	4.50	5.25	5.50	5.50
U11G	159	Zoe Gregory	Benfleet	4.00	4.00	4.25	4.25
U11G	146	Kirby Jennings	Basildon	3.75	4.00	3.75	4.00
U13G	167	Ella Chantree	Chelmsford	6.85	8.02	8.35	8.35
U13G	176	Olivia Mayhew	Chelmsford	6.81	6.49	6.19	6.81
U13G	177	Paige Robinson	Havering AC	6.76	6.45	6.76	6.76
U13G	180	Sasha Whiley	Chelmsford	6.47	6.41	6.42	6.47
U13G	170	Grace Iyinbor	Harlow	5.78	5.46	5.59	5.78
U13G	181	Sophie Nugent	Basildon	5.67	4.15	4.84	5.67
U13G	169	Funmi Adewole	Thurrock	5.55	5.65	5.39	5.65
U13G	179	Ruby Ham	Chelmsford	5.10	5.58	5.42	5.58
U13G	172	Isobelle O'Connor	Havering AC	4.53	4.74	5.37	5.37
U15G	192	Megan Penfold	Orion	10.66	10.51	10.10	10.66
U15G	185	Funminiyl Olajide	Thurrock	10.00	10.24	9.09	10.24
U15G	193	Mia Chantree	Chelmsford	9.66	9.79	10.14	10.14
U15G	190	Lola Omowanile	Thurrock	8.32	8.68	8.17	8.68
U15G	188	Hannah Bardo	Chelmsford	8.02	8.60	8.46	8.60
U15G	187	Gabrielle Osewa	Basildon	7.73	8.03	6.83	8.03
U15G	182	Amelia Day	Chelmsford	7.84	7.53	7.29	7.84
U15G	189	Lauren Strutt	Colchester H	7.76	7.49	7.23	7.76
U15G	194	Savanna Harrison	Colchester H	6.77	7.22	7.67	7.67
U15G	183	Efe Adarjo	Thurrock	6.58	6.49	7.09	7.09



Sportshall

U11G
U11G
U11G
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U11G
U11G

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EAN - SPORTSHALL COMPETITION

Chelmsford, Saturday 10th December 2016

Standing Long Jump

Sportshall

Girls U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U13G	174	Millie Upton	Harlow	2.00	1.96	2.06	2.06
U13G	173	Kate Baldwin	Chelmsford	1.98	2.04	2.00	2.04
U13G	170	Grace Iyinbor	Harlow	2.04	1.96	1.96	2.04
U13G	178	Paige Stephens	Basildon	1.84	2.00	1.96	2.00
U13G	169	Funmi Adewole	Thurrock	1.98	1.92	1.88	1.98
U13G	168	Evelyn Pope	Chelmsford	1.90	1.94	1.96	1.96
U13G	171	Isobel Griffiths	Chelmsford	1.86	1.94	1.94	1.94
U13G	163	Cassie Foreman	Chelmsford	1.88	1.92	1.88	1.92
U13G	179	Ruby Ham	Chelmsford	1.84	1.88	1.88	1.88
U13G	161	Amelie Mason	Chelmsford	1.82	1.86	1.86	1.86
U13G	162	Ariyana McGee	Basildon	1.84	1.86	1.78	1.86
U13G	175	Olivia Boachie	Haverling AC	1.72	1.72	1.80	1.80
U13G	166	Claudia Faiers	Chelmsford	1.70	1.68	1.78	1.78
U13G	180	Sasha Whiley	Chelmsford	1.68	1.76	1.76	1.76
U13G	165	Chloe Trew	Basildon	1.72	1.74	1.76	1.76
U15G	190	Lola Omowanile	Thurrock	2.28	2.34	2.40	2.40
U15G	182	Amelia Day	Chelmsford	2.28	2.32	2.32	2.32
U15G	185	Funminiyl Olajide	Thurrock	NJ	2.28	NJ	2.28
U15G	193	Mia Chantree	Chelmsford	2.20	NJ	2.24	2.24
U15G	188	Hannah Bardo	Chelmsford	2.20	2.18	2.22	2.22
U15G	183	Efe Adarjo	Thurrock	2.20	2.14	2.22	2.22
U15G	192	Megan Penfold	Orion	2.06	2.14	2.16	2.16
U15G	189	Lauren Strutt	Colchester H	2.12	2.00	2.10	2.12
U15G	191	Louise Potton	Chelmsford	1.88	1.98	2.00	2.00
U15G	195	Tolani Odumosu	Thurrock	1.94	1.92	1.90	1.94
U15G	187	Gabrielle Osewa	Basildon	1.78	1.76	1.86	1.86



Sportshall

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EAN - SPORTSHALL COMPETITION **Chelmsford, Saturday 10th December 2016**

Vertical Jump

Sportshall

Girls U11/ U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	150	Maisie Fulker	Chelmsford	53	49	50	53
U11G	141	Charlotte Grundy	Havering AC	46	41	44	46
U11G	143	Freya Coley	Newland Spr	44	42	44	44
U11G	147	Lase Olajide	Thurrock	41	42	43	43
U11G	160	Zowie Dodge	Basildon	35	33	30	35
U11G	154	Polly Parker	CATS	30	29	31	31
U13G	168	Evelyn Pope	Chelmsford	50	48	49	50
U13G	174	Millie Upton	Harlow	50	49	47	50
U13G	177	Paige Robinson	Havering AC	46	48	49	49
U13G	162	Ariyana McGee	Basildon	46	47	44	47
U13G	181	Sophie Nugent	Basildon	46	46	42	46
U13G	170	Grace Iyinbor	Harlow	41	44	39	44
U13G	176	Olivia Mayhew	Chelmsford	43	40	43	43
U13G	167	Ella Chantree	Chelmsford	38	37	38	38
U15G	193	Mia Chantree	Chelmsford	55	59	56	59
U15G	188	Hannah Bardo	Chelmsford	58	55	57	58
U15G	185	Funminiyi Olajide	Thurrock	54	54	55	55
U15G	190	Lola Omowanile	Thurrock	55	53	55	55
U15G	192	Megan Penfold	Orion	55	52	54	55
U15G	183	Efe Adarjo	Thurrock	49	48	52	52
U15G	187	Gabrielle Osewa	Basildon	45	46	48	48
U15G	195	Tolani Odumosu	Thurrock	43	44	43	44
U15G	191	Louise Potton	Chelmsford	43	41	42	43

EAN - SPORTSHALL COMPETITION

Chelmsford, Saturday 10th December 2016

Soft Javelin



Girls U11

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	142	Elise Jennings	Basildon	11	12	10	12
U11G	144	Freya Long	Havering Sat Club	11	5	9	11
U11G	148	Lauren Holmes	Basildon	9	10	8	10
U11G	139	Carly Watts	Basildon	10	9	7	10
U11G	160	Zowie Dodge	Basildon	8	8	10	10
U11G	145	Isabelle Bartlett	Havering Sat Club	8	6	9	9
U11G	146	Kirby Jennings	Basildon	9	7	7	9
U11G	154	Polly Parker	CATS	8	7	8	8

Hi Stepper



Girls U11

	No.	Name	Club/School	Trial
				1
U11G	150	Maisie Fulker	Chelmsford	13.5
U11G	159	Zoe Gregory	Benfleet	14.7
U11G	139	Carly Watts	Basildon	14.9
U11G	157	Sophie McCallum	Basildon	15.0
U11G	141	Charlotte Grundy	Havering AC	15.7

Target Throw



Girls U11

	No.	Name	Club/School	Total Points
U11G	147	Lase Olajide	Thurrock	10
U11G	148	Lauren Holmes	Basildon	6
U11G	155	Scarlett Saich-Peet	Basildon	6

EAN - SPORTSHALL COMPETITION

Chelmsford, Saturday 10th December 2016

Speed Bounce

Sportshall

Girls U11 (20 secs)

	No.	Name	Club/School	Trial
				1
U11G	158	Stephanie Okoro	Havering AC	60
U11G	149	Mabel Cowley	Basildon	56
U11G	148	Lauren Holmes	Basildon	54
U11G	146	Kirby Jennings	Basildon	53
U11G	152	Nneka Okoh	Chelmsford	52

Speed Bounce

Sportshall

Girls U13 / U15 (30 secs)

	No.	Name	Club/School	Trial 1
U13G	172	Isobelle O'Connor	Havering AC	80
U13G	173	Kate Baldwin	Chelmsford	80
U13G	168	Evelyn Pope	Chelmsford	73
U13G	161	Amelie Mason	Chelmsford	72
U13G	162	Ariyana McGee	Basildon	72
U13G	171	Isobel Griffiths	Chelmsford	72
U13G	174	Millie Upton	Harlow	72
U13G	175	Olivia Boachie	Havering AC	72
U13G	165	Chloe Trew	Basildon	67
U13G	166	Claudia Faiers	Chelmsford	67
U13G	164	Charlotte Venn	Basildon	66
U15G	194	Savanna Harrison	Colchester H	70
U15G	191	Louise Potton	Chelmsford	69
U15G	189	Lauren Strutt	Colchester H	63
U15G	195	Tolani Odumosu	Thurrock	60



Sportshall

Boys U13 - 3.25kg / U15 - 4kg

	No.	Name	Club/School	Trial			Best
				1	2	3	
		CHEST PUSH IS MEASURED TO NEAREST 25CM BELOW					
U11B	72	Dominic Alexandru	Havering AC	6.25	6.00	6.75	6.75
U11B	71	Cooper Mills	Chelmsford	6.00	6.50	6.25	6.50
U11B	88	Teddy Matthews	Gidea Park Pri	-	5.75	5.75	5.75
U11B	84	Oscar Hastings	Braintree	-	5.00	-	5.00
U11B	87	Stanley Hobbs	CATS	4.50	4.25	-	4.50
U13B	94	Dylan Nastri	Basildon	7.11	7.03	6.41	7.11
U13B	134	Sunkanmi Odumosu	Thurrock	6.50	5.85	5.77	6.50
U13B	135	Tosin Olajide	Thurrock	5.96	5.76	6.31	6.31
U13B	99	Michael Okoro	Havering AC	6.05	5.95	6.14	6.14
U13B	130	Patrick McLean-Tattan	Havering AC	-	5.51	5.86	5.86
U15B	137	Owen Dodge	Basildon	6.40	6.63	5.98	6.63
U15B	136	Gbenga Adewole	Thurrock	-	4.81	5.24	5.24

EAN - SPORTSHALL COMPETITION

Chelmsford, Saturday 10th December 2016

Standing Long Jump

Sportshall

Boys U11

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	72	Dominic Alexandru	Havering AC	1.84	2.14	2.08	2.14
U11B	3	Ayomposi Odupitan	Braintree	1.98	2.02	2.04	2.04
U11B	81	Max Tarling	Chelmsford	2.02	2.02	1.94	2.02
U11B	90	Tobi Ekerin	Basildon	NJ	1.76	1.96	1.96
U11B	76	Isaac Wright	Basildon	1.94	1.88	1.84	1.94
U11B	89	Thomas Greening	Havering AC	1.80	1.74	1.78	1.80
U11B	9	Callum Basinger	Havering AC	1.66	1.68	1.62	1.68
U11B	87	Stanley Hobbs	CATS	1.54	1.66	1.60	1.66
U11B	73	Ethan Deal	Basildon	1.66	1.48	1.60	1.66
U11B	75	George Ham	Long Riding Sch	1.64	1.58	1.62	1.64
U11B	66	Charlie Parmenter	Colchester H	1.64	1.48	1.62	1.64
U11B	74	Freddie Mann	Gidea Park Pri	1.56	1.62	1.62	1.62
U11B	80	Liam Keevil	Basildon	1.42	1.46	1.52	1.52
U11B	82	Mihnea Alexandru	St Joseph's Upm	1.40	1.48	1.38	1.48
U11B	91	Vincent James	St Joseph's Upm	1.30	1.36	1.44	1.44



Sportshall

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EAN - SPORTSHALL COMPETITION

Chelmsford, Saturday 10th December 2016

Standing Triple Jump

Sportshall

Boys U11 / U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	79	Kai Whittington Anderson	Southend	6.45	6.48	6.76	6.76
U11B	2	Alex Rawle	Havering AC	5.52	5.60	5.44	5.60
U11B	83	Ollie Harrison	Orsett Pri	5.10	5.30	NJ	5.30
U11B	77	Jake Bolton	Basildon	4.56	5.13	4.24	5.13
U11B	86	Sasha Brown	Basildon	5.13	4.52	4.46	5.13
U11B	80	Liam Keevil	Basildon	4.34	4.40	4.43	4.44
U11B	75	George Ham	Long Riding Sch	4.01	4.32	3.98	4.32
U11B	85	Sam Wilkins	Havering Sat Club	3.90	3.95	4.06	4.06
U13B	93	Arthur Day	Chelmsford	5.90	6.00	6.22	6.22
U13B	97	Jay Harris	Thurrock	5.66	5.77	5.96	5.96
U13B	133	Samson Wright	Basildon	5.54	5.24	5.50	5.54
U15B	138	Success Ariyibi	Westcliff HSB	8.16	8.00	8.33	8.33



Sportshall

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EAN - SPORTSHALL COMPETITION

Chelmsford, Saturday 10th December 2016

Soft Javelin

Sportshall

Boys U11

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	79	Kai Whittington Anderson	Southend	14	13	8	14
U11B	73	Ethan Deal	Basildon	13	12	13	13
U11B	74	Freddie Mann	Gidea Park Pri	13	10	13	13
U11B	91	Vincent James	St Joseph's Upm	11	11	13	13
U11B	85	Sam Wilkins	Havering Sat Club	10	11	12	12
U11B	80	Liam Keevil	Basildon	9	9	11	11
U11B	86	Sasha Brown	Basildon	9	11	9	11
U11B	2	Alex Rawle	Havering AC	9	10	8	10
U11B	66	Charlie Parmenter	Colchester H	9	9	9	9

Hi Stepper

Sportshall

Boys U11

	No.	Name	Club/School	Trial
				1
U11B	77	Jake Bolton	Basildon	13.5
U11B	9	Callum Basinger	Havering AC	13.9
U11B	89	Thomas Greening	Havering AC	14.6

Target Throw

Sportshall

Boys U11

	No.	Name	Club/School	Total Points
U11B	85	Sam Wilkins	Havering Sat Club	13
U11B	2	Alex Rawle	Havering AC	11
U11B	74	Freddie Mann	Gidea Park Pri	9
U11B	82	Mihnea Alexandru	St Joseph's Upm	8
U11B	76	Isaac Wright	Basildon	7



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No.	Name	Club/School	Trial
			1
88	Teddy Matthews	Gidea Park Pri	50
3	Ayomposi Odupitan	Braintree	49
9	Callum Basinger	Havering AC	49
81	Max Tarling	Chelmsford	48
86	Sasha Brown	Basildon	48
2	Alex Rawle	Havering AC	45
73	Ethan Deal	Basildon	45
75	George Ham	Long Riding Sch	43
90	Tobi Ekerin	Basildon	43

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