

Penrith Leisure Centre

		White		Black		Red		Light Blue		Dark Blue		Green					
		Allerdale		Carlisle		Copeland		Eden		Furness		South Lakeland					
		Thomlinson		Cumwhinton		Valley		Sharp		Yarlside		Ghyllside					
		Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys
Track	Obstacle Relay	32	26	28	16	22	18	12	12	16	24	30	14				
	1 + 1 Lap Relay	26	20	30	16	10	12	14	10	20	24	32	26				
	2 + 2 Lap Relay	28	22	32	14	20	30	10	18	24	26	30	24				
	6 Lap Paarlaf																
	Over / Under Relay																
	4 x 1 Lap Relay	24	26	32	18	22	16	14	10	20	24	30	20				
Field	Chest Push	24	30	16	10	20	16	28	14	24	12	10	20				
	Speed Bounce	30	26	26	18	20	28	14	12	18	24	26	18				
	Standing Long Jump	24	26	16	10	20	18	28	12	12	20	30	22				
	Standing Triple Jump	16	22	22	12	32	18	10	10	30	30	18	16				
	Vertical Jump	18	18	14	24	28	16	20	24	24	16	30	28				
	Soft Javelin	20	16	28	28	20	12	28	28	30	28	16	16				
Total		242	232	244	166	214	184	178	150	218	228	252	204				
Combined Total		474		410		398		328		446		456					
Combined Position		3		7		9		12		5		4					
Virtual Total		998		855		967		835		#N/A		975					
Virtual Team Award										#N/A							

For more information on the Sportshall pathway go to www.sportshall.org



BRITISH ATHLETICS



29 March 2017

Penrith Leisure Centre

		White		Black		Red		Light Blue		Dark Blue		Green					
		Allerdale		Carlisle		Copeland		Eden		Furness		South Lakeland					
		Seaton		Scotby		St James		Beaconside		Holy Family		St Marks					
		Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys
Track	Obstacle Relay	18	32	20	30	14	10	10	20	24	22	26	28				
	1 + 1 Lap Relay	18	16	26	28	16	22	30	30	12	32	22	20				
	2 + 2 Lap Relay	18	28	22	22	14	10	26	32	12	12	16	16				
	6 Lap Paarlaf																
	Over / Under Relay																
4 x 1 Lap Relay	26	24	18	28	14	12	14	30	18	32	28	14					
Field	Chest Push	32	32	18	24	28	26	30	28	14	22	14	18				
	Speed Bounce	22	32	16	24	10	10	12	32	28	14	32	20				
	Standing Long Jump	32	28	18	16	14	30	22	24	10	32	28	14				
	Standing Triple Jump	24	26	12	14	26	24	28	28	14	32	20	20				
	Vertical Jump	12	30	16	10	10	26	32	32	26	20	24	12				
	Soft Javelin	32	20	10	20	16	30	28	32	16	28	28	10				
Total	234	268	176	216	162	200	232	288	174	246	238	172					
Combined Total	502		392		362		520		420		410						
Combined Position	2		10		11		1		6		7						
Virtual Total	1106		879		957		1121		992		947						
Virtual Team Award	STEP 6						STEP 6										

For more information on the Sportshall pathway go to www.sportshall.org



BRITISH
ATHLETICS



Girls Track Events

Girls		Obstacle Relay		1 + 1 Lap Relay		2 + 2 Lap Relay		6 Lap Paarlauf		Over / Under Relay		4 x 1 Lap Relay				
Colour	Team	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points	
White	Seaton	91.3	8	29.6	8	58.7	8		0		0	56.9	4		0	
			18		18		18		0		0		26		0	0
Black	Scotby	91.1	7	28.6	4	58.1	6		0		0	60	8		0	
			20		26		22		0		0		18		0	0
Red	St James	91.9	10	30.5	9	59.4	10		0		0	60.1	10		0	
			14		16		14		0		0		14		0	0
Light Blue	Beaconside	97.9	12	28.2	2	57.5	4		0		0	60.1	10		0	
			10		30		26		0		0		14		0	0
Dark Blue	Holy Family	89.3	5	30.9	11	60.1	11		0		0	60	8		0	
			24		12		12		0		0		18		0	0
Green	St Marks	88.9	4	28.9	6	59.1	9		0		0	56.6	3		0	
			26		22		16		0		0		28		0	0
			0		0		0		0		0		0		0	0
			0		0		0		0		0		0		0	0

Girls Field Events

Girls		Chest Push		Speed Bounce		Standing Long Jump		Standing Triple Jump		Vertical Jump		Soft Javelin			
Colour	Team	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points
White	Seaton	1	8.25 14.25	45.00 93	1.90 3.56	4.90 9.64	35.00 57	15.00 26		0		0		0	
		2	6.00 1	48.00 6	1.66 1	4.74 5	22.00 11	11.00 1		0		0		0	
		3		32 22		32 24		12 32		0		0		0	
Black	Scotby	1	5.25 11.25	48.00 85	1.56 3.18	4.14 8.68	32.00 62	9.00 16		0		0		0	
		2	6.00 8	37.00 9	1.62 8	4.54 11	30.00 9	7.00 12		0		0		0	
		3		18 16		18 12		16 10		0		0		0	
Red	St James	1	6.25 12.5	39.00 75	1.66 3.06	5.24 10.06	22.00 54	8.00 18		0		0		0	
		2	6.25 3	36.00 12	1.40 10	4.82 4	32.00 12	10.00 9		0		0		0	
		3		28 10		14 26		10 16		0		0		0	
Light Blue	Beaconside	1	7.00 13.25	38.00 79	1.68 3.26	5.02 10.24	38.00 83	12.00 22		0		0		0	
		2	6.25 2	41 11	1.58 6	5.22 3	45 1	10 3		0		0		0	
		3		30 12		22 28		32 28		0		0		0	
Dark Blue	Holy Family	1	5.75 10.5	53 98	1.46 2.92	4.80 9.02	35 71	9 18		0		0		0	
		2	4.75 10	45 3	1.46 12	4.22 10	36 4	9 9		0		0		0	
		3		14 28		10 14		26 16		0		0		0	
Green	St Marks	1	5.25 10.5	54 102	1.70 3.34	4.52 9.38	39 70	9 22		0		0		0	
		2	5.25 10	48 1	1.64 3	4.86 7	31 5	13 3		0		0		0	
		3		14 32		28 20		24 28		0		0		0	
		1	0 0	0 0	0 0	0 0	0 0	0 0		0		0		0	
		2	0 0	0 0	0 0	0 0	0 0	0 0		0		0		0	
		3	0 0	0 0	0 0	0 0	0 0	0 0		0		0		0	
		1	0 0	0 0	0 0	0 0	0 0	0 0		0		0		0	
		2	0 0	0 0	0 0	0 0	0 0	0 0		0		0		0	
		3	0 0	0 0	0 0	0 0	0 0	0 0		0		0		0	

