

3 February 2017

Forest Heath

		WHITE		YELLOW		GREEN		BLUE		PINK		ORANGE		SKY		MAROON		BROWN		SILVER	
		St Joseph's		Ixworth		Britannia		SRH Debenham		St Louis		Westley		Kyson		Albert Pye		Saxmundham			
		Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys
Track	Obstacle Relay	18	24	22	18	32	30	16	16	20	32	30	26	28	20	24	28	26	22		
	1 + 1 Lap Relay	18	18	24	20	20	28	18	26	30	32	26	30	22	24	28	16	32	22		
	2 + 2 Lap Relay	32	18	30	26	26	32	22	16	18	28	28	24	24	30	20	22	16	20		
	6 Lap Paarlaf	26	30	18	16	32	26	22	22	24	32	28	28	30	24	20	18	16	20		
	Over / Under Relay	22	20	18	16	30	28	20	22	32	30	28	24	26	18	24	26	16	32		
	4 x 1 Lap Relay	20	16	28	22	26	30	24	26	30	32	32	28	16	24	22	18	18	20		
Field	Chest Push	26	16	32	20	28	30	20	26	22	26	30	32	18	18	16	28	24	22		
	Speed Bounce	32	30	22	24	26	32	32	18	18	28	28	24	20	16	24	26	16	24		
	Standing Long Jump	20	18	18	18	30	30	16	20	28	24	22	26	26	22	32	32	24	28		
	Standing Triple Jump	22	18	16	16	32	32	18	22	26	28	24	30	28	24	30	26	20	20		
	Vertical Jump	28	16	24	20	32	32	18	26	30	30	22	28	16	18	22	22	26	24		
	Soft Javelin	18	16	32	26	30	32	24	20	20	30	26	28	16	26	24	20	30	26		
Total		282	240	284	242	344	362	250	260	298	352	324	328	270	264	286	282	264	280		
Combined Total		522		526		706		510		650		652		534		568		544			
Combined Position		8		7		1		9		3		2		6		4		5			
Virtual Total		1237		#N/A		1705		1297		1525		1493		1329		1494		1354			
Virtual Team Award		STEP 7		#N/A		GOLD		STEP 7		BRONZE		STEP 10		STEP 8		STEP 10		STEP 9			

For more information on the Sportshall pathway go to www.sportshall.org



BRITISH
ATHLETICS



Girls Track Events

Girls		Obstacle Relay		1 + 1 Lap Relay		2 + 2 Lap Relay		6 Lap Paarlaf		Over / Under Relay		4 x 1 Lap Relay					
Colour	Team	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points
WHITE	St Joseph's	98.5	8	27.5	8	49.8	1	81.1	4	73.9	6	55.2	7		0		0
			18		18		32		26		22		20		0		0
YELLOW	Ixworth	96.1	6	26.2	5	50.8	2	85.7	8	76.4	8	52.8	3		0		0
			22		24		30		18		18		28		0		0
GREEN	Britannia	79.4	1	27.2	7	51.5	4	77.1	1	71	2	53.2	4		0		0
			32		20		26		32		30		26		0		0
BLUE	SRH Debenham	100.1	9	27.5	8	52	6	82.5	6	75	7	54.1	5		0		0
			16		18		22		22		20		24		0		0
PINK	St Louis	96.9	7	25.5	2	54.4	8	81.8	5	69.2	1	52.4	2		0		0
			20		30		18		24		32		30		0		0
ORANGE	Westley	81.3	2	26.1	4	51.3	3	81	3	71.8	3	51.4	1		0		0
			30		26		28		28		28		32		0		0
SKY	Kyson	89.6	3	26.5	6	51.7	5	78.6	2	72.6	4	56.8	9		0		0
			28		22		24		30		26		16		0		0
MAROON	Albert Pye	94.6	5	25.6	3	52.1	7	83.8	7	73.7	5	54.4	6		0		0
			24		28		20		20		24		22		0		0
BROWN	Saxmundham	90.6	4	25.2	1	62.1	9	88.9	9	76.8	9	55.7	8		0		0
			26		32		16		16		16		18		0		0

Girls Field Events

Girls		Chest Push		Speed Bounce		Standing Long Jump		Standing Triple Jump		Vertical Jump		Soft Javelin					
Colour	Team	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points
WHITE	St Joseph's	1	5.50 17.5	47.00 148	1.51 4.46	4.00 11.86	36.00 104	8.00 27		0		0					
		2	6.50 4	53.00 1	1.26 7	4.10 6	32.00 3	10.00 8		0		0					
		3	5.50 26	48.00 32	1.69 20	3.76 22	36.00 28	9.00 18		0		0					
YELLOW	Ixworth	1	7.50 18.5	47.00 139	1.42 4.352	3.90 11.7	27.00 88	18.00 47		0		0					
		2	5.50 1	44.00 6	1.23 8	4.00 9	31.00 5	13.00 1		0		0					
		3	5.50 32	48.00 22	1.70 18	3.80 16	30.00 24	16.00 32		0		0					
GREEN	Britannia	1	5.50 17.75	47.00 144	1.90 5.34	5.60 15.1	41.00 125	13.00 37		0		0					
		2	6.75 3	50.00 4	1.70 2	4.50 1	34.00 1	13.00 2		0		0					
		3	5.50 28	47.00 26	1.74 30	5.00 32	50.00 32	11.00 30		0		0					
BLUE	SRH Debenham	1	5.00 15.5	49.00 148	1.60 4.26	3.74 11.74	32.00 81	14.00 34		0		0					
		2	6.25 7	48.00 1	1.42 9	4.02 8	29.00 8	9.00 5		0		0					
		3	4.25 20	51.00 32	1.24 16	3.98 18	20.00 18	11.00 24		0		0					
PINK	St Louis	1	4.75 15.75	48.00 136	1.77 4.98	4.86 13.77	37.00 114	9.00 33		0		0					
		2	5.75 6	44.00 8	1.67 3	4.11 4	42.00 2	15.00 7		0		0					
		3	5.25 22	44.00 18	1.54 28	4.80 26	35.00 30	9.00 20		0		0					
ORANGE	Westley	1	5.50 18	45.00 147	1.64 4.58	4.80 13.6	20.00 87	12.00 36		0		0					
		2	5.75 2	51.00 3	1.56 6	4.68 5	34.00 6	13.00 4		0		0					
		3	6.75 30	51.00 28	1.38 22	4.12 24	33.00 22	11.00 26		0		0					
SKY	Kyson	1	5.25 15	44.00 138	1.64 4.83	5.22 14.61	21.00 76	10.00 26		0		0					
		2	4.25 8	46.00 7	1.67 4	4.40 3	30.00 9	11.00 9		0		0					
		3	5.50 18	48.00 20	1.52 26	4.99 28	25.00 16	5.00 16		0		0					
MAROON	Albert Pye	1	4.25 13.75	45.00 143	1.91 5.55	4.38 14.68	27.00 87	11.00 34		0		0					
		2	4.25 9	48.00 5	1.82 1	4.70 2	30.00 6	10.00 5		0		0					
		3	5.25 16	50.00 24	1.82 32	5.60 30	30.00 22	13.00 24		0		0					
BROWN	Saxmundham	1	5.50 17.25	42.00 117	1.60 4.65	3.60 11.78	34.00 96	13.00 37		0		0					
		2	6.75 5	40.00 9	1.45 5	4.40 7	29.00 4	13.00 2		0		0					
		3	5.00 24	35.00 16	1.60 24	3.78 20	33.00 26	11.00 30		0		0					

Boys Track Events

Boys		Obstacle Relay		1 + 1 Lap Relay		2 + 2 Lap Relay		6 Lap Paarlauf		Over / Under Relay		4 x 1 Lap Relay					
Colour	Team	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points
WHITE	St Joseph's	84.7	5 24	27	8 18	53.3	8 18	78.8	2 30	72.9	7 20	54.1	9 16		0 0		0 0
YELLOW	Ixworth	89.5	8 18	26.7	7 20	50.9	4 26	90	9 16	80.8	9 16	52	6 22		0 0		0 0
GREEN	Britannia	80.1	2 30	24.3	3 28	49.1	1 32	79.2	4 26	68.3	3 28	48.7	2 30		0 0		0 0
BLUE	SRH Debenham	89.8	9 16	25.3	4 26	54.3	9 16	80.3	6 22	71.8	6 22	50.5	4 26		0 0		0 0
PINK	St Louis	79.6	1 32	23.7	1 32	49.8	3 28	77.6	1 32	68	2 30	48.5	1 32		0 0		0 0
ORANGE	Westley	84.4	4 26	23.8	2 30	51.3	5 24	79.1	3 28	70.8	5 24	50.4	3 28		0 0		0 0
SKY	Kyson	86.1	7 20	25.6	5 24	49.5	2 30	79.6	5 24	74.7	8 18	50.8	5 24		0 0		0 0
MAROON	Albert Pye	83.2	3 28	27.2	9 16	51.8	6 22	81.2	8 18	69.4	4 26	52.8	8 18		0 0		0 0
BROWN	Saxmundham	85.4	6 22	26.5	6 22	52.4	7 20	80.8	7 20	67.1	1 32	52.1	7 20		0 0		0 0

Boys Field Events

Boys		Chest Push		Speed Bounce		Standing Long Jump		Standing Triple Jump		Vertical Jump		Soft Javelin					
Colour	Team	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points
WHITE	St Joseph's	1 5.75	15.75	2 4.50	9 48.00	3 5.50	16 51.00	1.44	4.32	4.30	12.08	29.00	82	12.00	35		0
YELLOW	Ixworth	1 5.50	17.5	2 6.25	7 43.00	3 5.75	20 46.00	1.40	8 4.32	3.76	8 3.76	28.00	9 10.00	9 10.00		0	0
GREEN	Britannia	1 7.00	20	2 7.00	2 55.00	3 6.00	30 52.00	1.48	18 4.02	4.02	18 25.00	16 13.00	16 13.00		0		0
BLUE	SRH Debenham	1 7.00	18.5	2 5.50	4 50.00	3 6.00	26 41.00	1.80	5.19	5.30	16.18	39.00	122	20.00	57		0
PINK	St Louis	1 5.75	18.5	2 6.75	4 45.00	3 6.00	26 49.00	1.69	2 5.60	5.60	1 41.00	1 20.00	1 20.00		0		0
ORANGE	Westley	1 6.75	20.25	2 6.75	1 41.00	3 6.75	32 50.00	1.70	24 5.40	5.40	28 35.00	30 17.00	30 17.00		0		0
SKY	Kyson	1 6.50	16.75	2 5.75	8 36.00	3 4.50	18 42.00	1.58	4.62	4.40	12.98	35.00	104	16.00	44		0
MAROON	Albert Pye	1 6.00	19.75	2 7.00	3 46.00	3 6.75	28 44.00	1.64	20 3.96	3.96	22 33.00	26 14.00	20 14.00		0		0
BROWN	Saxmundham	1 6.50	18	2 5.25	6 49.00	3 6.25	22 42.00	1.74	4.94	5.00	15.4	37.00	117	17.00	50		0
								1.50	5 5.00	5.00	3 45.00	2 16.00	2 16.00		0		0
								1.70	24 5.40	5.40	28 35.00	30 17.00	30 17.00		0		0
								1.80	5.02	5.50	15.9	35.00	106	14.00	49		0
								1.54	4 5.70	5.70	2 40.00	3 16.00	3 16.00		0		0
								1.68	26 4.70	4.70	30 31.00	28 19.00	28 19.00		0		0
								1.70	4.88	4.30	13.9	29.00	91	15.00	45		0
								1.52	6 5.00	5.00	5 33.00	8 12.00	4 12.00		0		0
								1.66	22 4.60	4.60	24 29.00	18 18.00	26 18.00		0		0
								1.94	5.77	5.22	14.38	27.00	98	15.00	44		0
								1.95	1 4.00	4.00	4 43.00	6 17.00	7 17.00		0		0
								1.88	32 5.16	5.16	26 28.00	22 12.00	20 12.00		0		0
								1.54	5.07	4.16	12.86	37.00	99	16.00	45		0
								1.81	3 4.00	4.00	7 28.00	5 14.00	4 14.00		0		0
								1.72	28 4.70	4.70	20 34.00	24 15.00	26 15.00		0		0