



Team Entries

Competition Name	Sportshall County League 2018/19
Venue	Kingsway, Widnes
Date	
Age Group	Under 11
Boys / Girls	Boys

	Club Names	Colours / Letters / Team Initials
Club A	Halton and Frodsham	H&F
Club B	Liverpool	L
Club C	Southport Waterloo	SW
Club D	St. Helens Sutton	SHS
Club D	Warrington	W
Club E		
Club F		
Club G		
Club A	Club 9	
Club B	Club 10	
Club A	Club 11	
Club L	Club 12	

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Message for print outs - ie League website address / email

Number of Teams

Number of Teams	
	5

A Points Start	10	10	Recommend
Down in	1	1	
B Points Start	5	5	
Down in	1	1	
Relay Points Start	15	15	
Down in	3	2	

Competition Event Names

Track			
Individual Track Races		Relay Races	
2 Lap Race	<u>Go</u>	4 x 2 Lap Relay	<u>Go</u>
4 Lap Race	<u>Go</u>	Relay 2	<u>Go</u>
Individual Track 3	<u>Go</u>	Relay 3	<u>Go</u>
Individual Track 4	<u>Go</u>	Relay 4	<u>Go</u>
Individual Track 5	<u>Go</u>	Relay 5	<u>Go</u>
Individual Track 6	<u>Go</u>	Relay 6	<u>Go</u>
Field			
Jumps		Throws	
Speed Bounce	<u>Go</u>	Chest Push	<u>Go</u>
Standing Long Jump	<u>Go</u>	Shot Put	<u>Go</u>
Standing Triple Jump	<u>Go</u>	Soft Javelin	<u>Go</u>
Vertical Jump	<u>Go</u>	Throws 4	<u>Go</u>
High Jump	<u>Go</u>	Throws 5	<u>Go</u>
Jumps 6	<u>Go</u>	Throws 6	<u>Go</u>

Kingsway, Widnes Sportshall County League 2018/19

		Under 11 - Boys								
		H&F Halton and Frodsham	L Liverpool	SW Southport Waterloo	SHS St. Helens Sutton	W Warrington				
TRACK	Individual	2 Lap Race	8	15	6	12	11			
		4 Lap Race	8	13	9	12	12			
		Individual Track 3								
		Individual Track 4								
		Individual Track 5								
		Individual Track 6								
	Relay	4 x 2 Lap Relay		15	12	6	9			
		Relay 2								
		Relay 3								
		Relay 4								
		Relay 5								
Relay 6										
FIELD	Jumps	Speed Bounce	10	12.5	7	13.5	9			
		Standing Long Jump	7	15	6	11	13			
		Standing Triple Jump	8	15		9				
		Vertical Jump		15	9	7	8			
		High Jump								
		Jumps 6								
	Throws	Chest Push				9	15			
		Shot Put								
		Soft Javelin								
		Throws 4								
		Throws 5								
		Throws 6								
	Total		41	100.5	49	79.5	77			
Overall Position		5	1	4	2	3				

2 Lap Race						
No	Name	Club	Time	Rank	Points	
130	Alec Williamson	Liverpool	27.8	A 1	10	
101	Charlie Rigby	Halton and Frodsham	30.3	A 3	8	
110	Spencer Astbury	Warrington	30.6	A 4	7	
107	William James	Southport Waterloo	31.7	A 5	6	
114	Christopher Allen	St. Helens Sutton	32.9	B 3	3	
116	Ryan Beckett	St. Helens Sutton	30.1	A 2	9	
129	Daniel Elliot	Liverpool	31.2	B 1	5	
109	Jay Atherton	Warrington	31.8	B 2	4	
132	Oscar Burns	Liverpool	31.8			
133	Dillon Wepplehall	Liverpool	34.1			
2 Lap Race - Non Scoring						
No	Name	Club	Time	NS		

4 Lap Race						
No	Name	Club	Time	Rank	Points	
130	Alec Williamson	Liverpool	103.6	A 1	10	
108	Harry Williams	Southport Waterloo	104.5	A 2	9	
112	Tom Welsby	Warrington	105	A 3	8	
117	Lewis Shaw	St. Helens Sutton	105.2	A 4	7	
102	Charlie Larkin	Halton and Frodsham	108.4	B 4	2	
101	Charlie Rigby	Halton and Frodsham	105.3	A 5	6	
115	William Marsden	St. Helens Sutton	106.9	B 1	5	
110	Spencer Astbury	Warrington	107.4	B 2	4	
132	Oscar Burns	Liverpool	108	B 3	3	
4 Lap Race - Non Scoring						
No	Name	Club	Time	NS		
111	Edward Chaplin	Warrington	108.1	N S		
113	Joe Welsby	Warrington	108.8	N S		

Individual Track 3						
No	Name	Club	Time	Rank	Points	
Individual Track 3 - Non Scoring						
No	Name	Club	Time	NS		

Individual Track 4					
No	Name	Club	Time	Rank	Points

Individual Track 4 - Non Scoring				
No	Name	Club	Time	NS

Individual Track 5					
No	Name	Club	Time	Rank	Points

Individual Track 5 - Non Scoring				
No	Name	Club	Time	NS

Individual Track 6					
No	Name	Club	Time	Rank	Points

Individual Track 6 - Non Scoring				
No	Name	Club	Time	NS

Speed Bounce						
No	Name	Club	Bounces	Rank	Points	
102	Charlie Larkin	Halton and Frodsham	53	A 1	10	
131	Seth Silva	Liverpool	46	A 3	8	
132	Oscar Burns	Liverpool	43	B 1	4.5	
133	Dillon Wepplestall	Liverpool	36			
108	Harry Williams	Southport Waterloo	45	A 4	7	
117	Lewis Shaw	St. Helens Sutton	43	B 1	4.5	
115	William Marsden	St. Helens Sutton	39			
116	Ryan Beckett	St. Helens Sutton	50	A 2	9	
109	Jay Atherton	Warrington	44	A 5	6	
112	Tom Welsby	Warrington	36	B 3	3	
113	Joe Welsby	Warrington	34			
Speed Bounce - Non Scoring						
No	Name	Club	Bounces	NS		

Standing Long Jump						
No	Name	Club	Distance (m)	Rank	Points	
110	Spencer Astbury	Warrington	1.68	A 2	9	
113	Joe Welsby	Warrington	1.60	B 2	4	
111	Edward Chaplin	Warrington	1.56			
129	Daniel Elliot	Liverpool	2.15	A 1	10	
128	Louie Freeman	Liverpool	1.84	B 1	5	
131	Seth Silva	Liverpool	1.57			
133	Dillon Wepplestall	Liverpool	1.38			
107	William James	Southport Waterloo	1.49	A 5	6	
114	Christopher Allen	St. Helens Sutton	1.33	B 3	3	
115	William Marsden	St. Helens Sutton	1.55	A 3	8	
101	Charlie Rigby	Halton and Frodsham	1.51	A 4	7	
Standing Long Jump - Non Scoring						
No	Name	Club	Distance (m)	NS		

Standing Triple Jump						
No	Name	Club	Distance (m)	Rank	Points	
102	Charlie Larkin	Halton and Frodsham	5.00	A 3	8	
128	Louie Freeman	Liverpool	5.70	B 1	5	
129	Daniel Elliot	Liverpool	6.08	A 1	10	
116	Ryan Beckett	St. Helens Sutton	5.06	A 2	9	
Standing Triple Jump - Non Scoring						
No	Name	Club	Distance (m)	NS		

Vertical Jump					
No	Name	Club	Distance (cm)	Rank	Points
131	Seth Silva	Liverpool	39	B 1	5
130	Alec Williamson	Liverpool	48	A 1	10
128	Louie Freeman	Liverpool	36		
108	Harry Williams	Southport Waterloo	36	A 2	9
114	Christopher Allen	St. Helens Sutton	31	A 4	7
111	Edward Chaplin	Warrington	32	A 3	8
Vertical Jump - Non Scoring					
No	Name	Club	Distance (cm)	NS	

High Jump							
No	Name	Club	Distance (m)	Final Faults	Total Faults	Rank	Points
High Jump - Non Scoring							
No	Name	Club	Distance (m)			NS	

Jumps 6					
No	Name	Club	Distance (m)	Rank	Points
Jumps 6 - Non Scoring					
No	Name	Club	Distance (m)	Rank	Points

Chest Push					
No	Name	Club	Dis (m)	Rank	Points
117	Lewis Shaw	St. Helens Sutton	4.75	A 2	9
112	Tom Welsby	Warrington	4.50	B 1	5
109	Jay Atherton	Warrington	5.25	A 1	10
Chest Push - Non Scoring					
No	Name	Club	Dis (m)	NS	

Shot Put					
No	Name	Club	Dis (m)	Rank	Points
Shot Put - Non Scoring					
No	Name	Club	Dis (m)	NS	

Soft Javelin					
No	Name	Club	Dis (m)	Rank	Points
Soft Javelin - Non Scoring					
No	Name	Club	Dis (m)	NS	

Throws 4					
No	Name	Club	Dis (m)	Rank	Points
Throws 4 - Non Scoring					
No	Name	Club	Dis (m)	NS	

Throws 5					
No	Name	Club	Dis (m)	Rank	Points
Throws 5 - Non Scoring					
No	Name	Club	Dis (m)	NS	

Throws 6					
No	Name	Club	Dis (m)	Rank	Points
Throws 6 - Non Scoring					
No	Name	Club	Dis (m)	NS	

			W	SHS	SW	L	H&F		
			Warrington	St. Helens Sutton	Southport Waterloo	Liverpool	Halton and Frodsham	Team	
			124.30	126.10	120.90	120.10		4 x 2 Lap Relay	Time in secs
			3	4	2	1		Rank / Points	
			9	6	12	15			
								Relay 2	Time in secs
								Rank / Points	
								Relay 3	Time in secs
								Rank / Points	
								Relay 4	Time in secs
								Rank / Points	
								Relay 5	Time in secs
								Rank / Points	
								Relay 6	Time in secs
								Rank / Points	



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Club B	Liverpool	L
Club C	Southport Waterloo	SW
Club D	St. Helens Sutton	SHS
Club D	Warrington	W
Club E		
Club F		
Club G		
Club A	Club 9	
Club B	Club 10	
Club A	Club 11	
Club L	Club 12	

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A Points Start	10	10	Recommend
Down in	1	1	
B Points Start	5	5	
Down in	1	1	
Relay Points Start	15	15	
Down in	3	2	

Competition Event Names

Track			
Individual Track Races		Relay Races	
2 Lap Race	<u>Go</u>	4 x 2 Lap Relay	<u>Go</u>
4 Lap Race	<u>Go</u>	Relay 2	<u>Go</u>
Individual Track 3	<u>Go</u>	Relay 3	<u>Go</u>
Individual Track 4	<u>Go</u>	Relay 4	<u>Go</u>
Individual Track 5	<u>Go</u>	Relay 5	<u>Go</u>
Individual Track 6	<u>Go</u>	Relay 6	<u>Go</u>
Field			
Jumps		Throws	
Speed Bounce	<u>Go</u>	Chest Push	<u>Go</u>
Standing Long Jump	<u>Go</u>	Shot Put	<u>Go</u>
Standing Triple Jump	<u>Go</u>	Soft Javelin	<u>Go</u>
Vertical Jump	<u>Go</u>	Throws 4	<u>Go</u>
High Jump	<u>Go</u>	Throws 5	<u>Go</u>
Jumps 6	<u>Go</u>	Throws 6	<u>Go</u>



Kingsway, Widnes Sportshall County League 2018/19

		Under 11 - Girls								
		H&F Halton and Frodsham	L Liverpool	SW Southport Waterloo	SHS St. Helens Sutton	W Warrington				
TRACK	Individual	2 Lap Race	8	11	14	14	8			
		4 Lap Race			10	8	9			
		Individual Track 3								
		Individual Track 4								
		Individual Track 5								
		Individual Track 6								
	Relay	4 x 2 Lap Relay	15							
		Relay 2								
		Relay 3								
		Relay 4								
Relay 5										
Relay 6										
FIELD	Jumps	Speed Bounce	12.5	10	11.5		9			
		Standing Long Jump	7	8	9.5	6	14.5			
		Standing Triple Jump	14		7	10	8			
		Vertical Jump	8	13	15					
		High Jump								
		Jumps 6								
	Throws	Chest Push			8	10	14			
		Shot Put								
		Soft Javelin								
		Throws 4								
Throws 5										
Throws 6										
Total		64.5	42	75	48	62.5				
Overall Position		2	5	1	4	3				

2 Lap Race					
No	Name	Club	Time	Rank	Points
31	Rachael Cahill	St. Helens Sutton	30.5	A 2	9
12	Sophia Crosbie	Southport Waterloo	32.1	B 2	4
39	Polly Burns	Liverpool	32	A 3	8
24	Ruby Hill	Warrington	32.8	A 4	7
2	Lois Lee	Halton and Frodsham	33.8	B 4	2
10	Erin Griffin	Southport Waterloo	30.1	A 1	10
32	Amelie Waite	St. Helens Sutton	31.1	B 1	5
3	Elizabeth Smith	Halton and Frodsham	33	A 5	6
40	Georgia Cowley	Liverpool	33	B 3	3
25	Chloe Monaghan	Warrington	36.5	B 5	1
2 Lap Race - Non Scoring					
No	Name	Club	Time	NS	
11	Hannah Keenan	Southport Waterloo	29.4	N S	
1	Bethany Hardy	Halton and Frodsham	32.2	N S	
4	Tallulah Aitken	Halton and Frodsham	33.5	N S	

4 Lap Race					
No	Name	Club	Time	Rank	Points
11	Hannah Keenan	Southport Waterloo	61.7	A 1	10
23	Ellie Barker	Warrington	62	A 2	9
32	Amelie Waite	St. Helens Sutton	71.4	A 3	8
4 Lap Race - Non Scoring					
No	Name	Club	Time	NS	

Individual Track 3					
No	Name	Club	Time	Rank	Points
Individual Track 3 - Non Scoring					
No	Name	Club	Time	NS	

Individual Track 4					
No	Name	Club	Time	Rank	Points
Individual Track 4 - Non Scoring					
No	Name	Club	Time	NS	

Individual Track 5					
No	Name	Club	Time	Rank	Points
Individual Track 5 - Non Scoring					
No	Name	Club	Time	NS	

Individual Track 6					
No	Name	Club	Time	Rank	Points
Individual Track 6 - Non Scoring					
No	Name	Club	Time	NS	

Vertical Jump					
No	Name	Club	Distance (cm)	Rank	Points
1	Bethany Hardy	Helson and Frodsham	28	A 3	9
20	Georgia Cowley	Liverpool	31	A 2	9
29	Polly Burns	Liverpool	26	B 2	4
10	Erin Griffin	Southport Waterloo	37	A 1	10
12	Sophia Crossie	Southport Waterloo	27	B 1	5
Vertical Jump - Non Scoring					
No	Name	Club	Distance (cm)	NS	

High Jump							
No	Name	Club	Distance (m)	Final Faults	Total Faults	Rank	Points
High Jump - Non Scoring							
No	Name	Club	Distance (m)			NS	

Jumps 6					
No	Name	Club	Distance (m)	Rank	Points
Jumps 6 - Non Scoring					
No	Name	Club	Distance (m)	NS	

Chest Push					
No	Name	Club	Dis (m)	Rank	Points
11	Hannah Keenan	Southport Waterloo	4.25	A 3	8
31	Rachael Cahill	St. Helens Sutton	6.25	A 1	10
24	Ruby Hill	Warrington	4.75	A 2	9
25	Chloe Monaghan	Warrington	4.75	B 1	5
Chest Push - Non Scoring					
No	Name	Club	Dis (m)	NS	

Shot Put					
No	Name	Club	Dis (m)	Rank	Points
Shot Put - Non Scoring					
No	Name	Club	Dis (m)	NS	

Soft Javelin					
No	Name	Club	Dis (m)	Rank	Points
Soft Javelin - Non Scoring					
No	Name	Club	Dis (m)	NS	

Throws 4					
No	Name	Club	Dis (m)	Rank	Points
Throws 4 - Non Scoring					NS

Throws 5					
No	Name	Club	Dis (m)	Rank	Points
Throws 5 - Non Scoring					NS

Throws 6					
No	Name	Club	Dis (m)	Rank	Points
Throws 6 - Non Scoring					NS

			W	SHS	SW	L	H&F	Team	
			Warrington	St. Helens Sutton	Southport Waterloo	Liverpool	Halton and Frodsham		
							136.70	Time in secs	4 x 2 Lap Relay
							1	Rank / Points	
									Relay 2
								Time in secs	
									Relay 3
								Time in secs	
									Relay 4
								Time in secs	
									Relay 5
								Time in secs	
									Relay 6
								Time in secs	
									Rank / Points
									Rank / Points



Team Entries

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Date	
Age Group	Under 13
Boys / Girls	Boys

	Club Names	Colours / Letters / Team Initials
Club A	Halton and Frodsham	H&F
Club B	Liverpool	L
Club C	Southport Waterloo	SW
Club D	St. Helens Sutton	SHS
Club D	Warrington	W
Club E		
Club F		
Club G		
Club A	Club 9	
Club B	Club 10	
Club A	Club 11	
Club L	Club 12	

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Number of Teams

Number of Teams	
	5

A Points Start	10	10	Recommend
Down in	1	1	
B Points Start	5	5	
Down in	1	1	
Relay Points Start	15	15	
Down in	3	2	

Competition Event Names

Track			
Individual Track Races		Relay Races	
2 Lap Race	<u>Go</u>	4 x 2 Lap Relay	<u>Go</u>
6 Lap Race	<u>Go</u>	Relay 2	<u>Go</u>
Individual Track 3	<u>Go</u>	Relay 3	<u>Go</u>
Individual Track 4	<u>Go</u>	Relay 4	<u>Go</u>
Individual Track 5	<u>Go</u>	Relay 5	<u>Go</u>
Individual Track 6	<u>Go</u>	Relay 6	<u>Go</u>
Field			
Jumps		Throws	
Speed Bounce	<u>Go</u>	Chest Push	<u>Go</u>
Standing Long Jump	<u>Go</u>	Shot Put	<u>Go</u>
Standing Triple Jump	<u>Go</u>	Soft Javelin	<u>Go</u>
Vertical Jump	<u>Go</u>	Throws 4	<u>Go</u>
High Jump	<u>Go</u>	Throws 5	<u>Go</u>
Jumps 6	<u>Go</u>	Throws 6	<u>Go</u>



Kingsway, Widnes Sportshall County League 2018/19

		Under 13 - Boys								
		H&F Halton and Frodsham	L Liverpool	SW Southport Waterloo	SHS St. Helens Sutton	W Warrington				
TRACK	Individual	2 Lap Race	8	10		14				
		6 Lap Race	8			14	10			
		Individual Track 3								
		Individual Track 4								
		Individual Track 5								
		Individual Track 6								
	Relay	4 x 2 Lap Relay				15				
		Relay 2								
		Relay 3								
		Relay 4								
		Relay 5								
		Relay 6								
FIELD	Jumps	Speed Bounce	9	8		15	7			
		Standing Long Jump	7	10		8	9			
		Standing Triple Jump		8		14	10			
		Vertical Jump	8	10		14				
		High Jump								
		Jumps 6								
	Throws	Chest Push								
		Shot Put	9			8	15			
		Soft Javelin								
		Throws 4								
		Throws 5								
		Throws 6								
Total		49	46		102	51				
Overall Position		2	4		1	2				

2 Lap Race					
No	Name	Club	Time	Rank	Points
127	Aiden Howlin	Liverpool	27.5	A 1	10
121	Thomas Durrance	St. Helens Sutton	28.1	A 2	9
120	Ruben Sumner	St. Helens Sutton	28.1	B 1	5
103	Joe Larkin	Halton and Frodsham	28.1	A 3	8
2 Lap Race - Non Scoring					
No	Name	Club	Time	NS	

6 Lap Race					
No	Name	Club	Time	Rank	Points
124	Zak Chamun	Warrington	100	A 1	10
118	Sam Hockenhull	St. Helens Sutton	104.4	A 2	9
119	Tom Marsden	St. Helens Sutton	104.5	B 1	5
104	Ben Sutcliffe	Halton and Frodsham	110.4	A 3	8
6 Lap Race - Non Scoring					
No	Name	Club	Time	NS	

Individual Track 3					
No	Name	Club	Time	Rank	Points
Individual Track 3 - Non Scoring					
No	Name	Club	Time	NS	

Vertical Jump					
No	Name	Club	Distance (cm)	Rank	Points
104	Ben Salciffe	Halton and Frodsham	38	A 3	9
108	Quinton Mahoney	Liverpool	47	A 1	10
119	Tom Marsden	St. Helens Sutton	40	A 2	9
120	Ruben Sumner	St. Helens Sutton	39	B 1	5
Vertical Jump - Non Scoring					
No	Name	Club	Distance (cm)	NS	

High Jump							
No	Name	Club	Distance (m)	Final Faults	Total Faults	Rank	Points
High Jump - Non Scoring							
No	Name	Club	Distance (m)	NS			

Jumps 6				
No	Name	Club	Distance (m)	Rank Points
Jumps 6 - Non Scoring				
No	Name	Club	Distance (m)	NS

Chest Push					
No	Name	Club	Dis (m)	Rank	Points
Chest Push - Non Scoring					
No	Name	Club	Dis (m)	NS	

Shot Put					
No	Name	Club	Dis (m)	Rank	Points
103	Joe Larkin	Halton and Frodsham	4.77	A 2	9
118	Sam Hockenhull	St. Helens Sutton	3.83	A 3	8
123	Corey Birchall	Warrington	6.07	A 1	10
124	Zak Chamun	Warrington	5.29	B 1	5
Shot Put - Non Scoring					
No	Name	Club	Dis (m)	NS	

Soft Javelin					
No	Name	Club	Dis (m)	Rank	Points
Soft Javelin - Non Scoring					
No	Name	Club	Dis (m)	NS	

Throws 4					
No	Name	Club	Dis (m)	Rank	Points
Throws 4 - Non Scoring					
No	Name	Club	Dis (m)	NS	

Throws 5					
No	Name	Club	Dis (m)	Rank	Points
Throws 5 - Non Scoring					
No	Name	Club	Dis (m)	NS	

Throws 6					
No	Name	Club	Dis (m)	Rank	Points
Throws 6 - Non Scoring					
No	Name	Club	Dis (m)	NS	

			W	SHS	SW	L	H&F	Team	
			Warrington	St. Helens Sutton	Southport Waterloo	Liverpool	Halton and Frodsham		
				114.90				Time in secs	4 x 2 Lap Relay
				1				Rank / Points	
				15					
								Time in secs	Relay 2
								Rank / Points	
								Time in secs	Relay 3
								Rank / Points	
								Time in secs	Relay 4
								Rank / Points	
								Time in secs	Relay 5
								Rank / Points	
								Time in secs	Relay 6
								Rank / Points	



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Club D	Warrington	W
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Club A	Club 9	
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A Points Start	10	10	Recommend
Down in	1	1	
B Points Start	5	5	
Down in	1	1	
Relay Points Start	15	15	
Down in	3	2	

Competition Event Names

Track			
Individual Track Races		Relay Races	
2 Lap Race	<u>Go</u>	4 x 2 Lap Relay	<u>Go</u>
6 Lap Race	<u>Go</u>	Relay 2	<u>Go</u>
Individual Track 3	<u>Go</u>	Relay 3	<u>Go</u>
Individual Track 4	<u>Go</u>	Relay 4	<u>Go</u>
Individual Track 5	<u>Go</u>	Relay 5	<u>Go</u>
Individual Track 6	<u>Go</u>	Relay 6	<u>Go</u>
Field			
Jumps		Throws	
Speed Bounce	<u>Go</u>	Chest Push	<u>Go</u>
Standing Long Jump	<u>Go</u>	Shot Put	<u>Go</u>
Standing Triple Jump	<u>Go</u>	Soft Javelin	<u>Go</u>
Vertical Jump	<u>Go</u>	Throws 4	<u>Go</u>
High Jump	<u>Go</u>	Throws 5	<u>Go</u>
Jumps 6	<u>Go</u>	Throws 6	<u>Go</u>

Athlete Names Input

No	Name	Club
41	Phoebe Melia	Liverpool
42	Grace Hendrick	Liverpool
43	Kylah O'Shea	Liverpool
44	Alisha Carroll	Liverpool
45	Emily Walker	Liverpool
46	Tegan Sidebotham	Liverpool
	Maia Lyons	Liverpool
	Charlotte Embleton	Liverpool
5	Hannah Martin	Halton and Frodsham
13	Ellie Clark	Southport Waterloo
14	Libby Simpson	Southport Waterloo
15	Emily Dean	Southport Waterloo
16	Apphia Keenan	Southport Waterloo
17	Brianna Hanlon	Southport Waterloo
18	Evie James	Southport Waterloo
19	Maisie Bird	Southport Waterloo
34	Emma Lang	St. Helens Sutton
35	Rezija Armstrong	St. Helens Sutton
36	Gemma Forester	St. Helens Sutton
37	Olivia Byrom	St. Helens Sutton
38	Rebecca Durrance	St. Helens Sutton
26	Ruby Smith	Warrington
27	Molly Wormald	Warrington
28	Eve Schofield	Warrington
6	Charlotte Glover	Halton and Frodsham
7	Beth Glover	Halton and Frodsham
47	Natalia Pietrase	Liverpool

Kingsway, Widnes Sportshall County League 2018/19

		Under 13 - Girls								
		H&F Halton and Frodsham	L Liverpool	SW Southport Waterloo	SHS St. Helens Sutton	W Warrington				
TRACK	Individual	2 Lap Race	6	10	14	14	8			
		6 Lap Race	9	9	14	9	14			
		Individual Track 3								
		Individual Track 4								
		Individual Track 5								
		Individual Track 6								
	Relay	4 x 2 Lap Relay		9	15	12				
		Relay 2								
		Relay 3								
		Relay 4								
Relay 5										
Relay 6										
FIELD	Jumps	Speed Bounce	8.5	10	15	12.5	6			
		Standing Long Jump	8	9	11	15	11			
		Standing Triple Jump	14	9	13	12				
		Vertical Jump	7	12	14.5	9	9.5			
		High Jump								
		Jumps 6								
	Throws	Chest Push								
		Shot Put	7	12	14	9	10			
		Soft Javelin								
		Throws 4								
	Throws 5									
	Throws 6									
	Total	59.5	80	110.5	92.5	58.5				
	Overall Position	4	1	1	2	5				

2 Lap Race					
No	Name	Club	Time	Rank	Points
37	Olivia Byrom	St. Helens Sutton	27.1	A 1	10
17	Bianna Hanlon	Southport Waterloo	27.5	A 2	9
29	Eve Schofield	Warrington	27.8	A 3	8
42	Grace Hendrick	Liverpool	29.4	B 3	3
7	Beth Glover	Halton and Frodsham	30.6	A 5	6
16	Apphia Keenan	Southport Waterloo	28.4	B 1	5
38	Rebecca Durance	St. Helens Sutton	28.7	B 2	4
46	Tegan Sidebotham	Liverpool	29.1	A 4	7
2 Lap Race - Non Scoring					
No	Name	Club	Time	NS	
18	Evie James	Southport Waterloo	28.2	N S	
14	Libby Simpson	Southport Waterloo	28.7	N S	
45	Emily Walker	Liverpool	29.6	N S	
15	Emily Dean	Southport Waterloo	30.2	N S	
19	Maisie Bird	Southport Waterloo	32.1	N S	

6 Lap Race					
No	Name	Club	Time	Rank	Points
27	Molly Wormald	Warrington	95.5	A 1	10
14	Libby Simpson	Southport Waterloo	98.5	A 2	9
5	Charlotte Glover	Halton and Frodsham	100.2	A 3	8
44	Alisha Carroll	Liverpool	103.4	A 4	7
35	Rezia Armstrong	St. Helens Sutton	104.8	A 5	6
15	Emily Dean	Southport Waterloo	102.6	B 1	5
26	Ruby Smith	Warrington	102.7	B 2	4
34	Emma Lang	St. Helens Sutton	105.3	B 3	3
43	Kylah O'Shea	Liverpool	105.3	B 4	2
5	Hannah Martin	Halton and Frodsham	109.8	B 5	1
6 Lap Race - Non Scoring					
No	Name	Club	Time	NS	

Individual Track 3					
No	Name	Club	Time	Rank	Points
Individual Track 3 - Non Scoring					
No	Name	Club	Time	NS	



Team Entries

Competition Name	Sportshall County League 2018/19
Venue	Kingsway, Widnes
Date	
Age Group	Under 15
Boys / Girls	Boys

	Club Names	Colours / Letters / Team Initials
Club A	Halton and Frodsham	H&F
Club B	Liverpool	L
Club C	Southport Waterloo	SW
Club D	St. Helens Sutton	SHS
Club D	Warrington	W
Club E		
Club F		
Club G		
Club A	Club 9	
Club B	Club 10	
Club A	Club 11	
Club L	Club 12	

www.sportshall.org

Message for print outs - ie League website address / email

Number of Teams

Number of Teams	
	5

A Points Start	10	10	Recommend
Down in	1	1	
B Points Start	5	5	
Down in	1	1	
Relay Points Start	15	15	
Down in	3	2	

Competition Event Names

Track			
Individual Track Races		Relay Races	
2 Lap Race	<u>Go</u>	8 Lap Paarlauf	<u>Go</u>
6 Lap Race	<u>Go</u>	Relay 2	<u>Go</u>
Individual Track 3	<u>Go</u>	Relay 3	<u>Go</u>
Individual Track 4	<u>Go</u>	Relay 4	<u>Go</u>
Individual Track 5	<u>Go</u>	Relay 5	<u>Go</u>
Individual Track 6	<u>Go</u>	Relay 6	<u>Go</u>
Field			
Jumps		Throws	
Speed Bounce	<u>Go</u>	Chest Push	<u>Go</u>
Standing Long Jump	<u>Go</u>	Shot Put	<u>Go</u>
Standing Triple Jump	<u>Go</u>	Soft Javelin	<u>Go</u>
Vertical Jump	<u>Go</u>	Throws 4	<u>Go</u>
High Jump	<u>Go</u>	Throws 5	<u>Go</u>
Jumps 6	<u>Go</u>	Throws 6	<u>Go</u>

Sportshill County League 2018/19			Track - Individual												Field - Jumps												Field - Throws																																	
Under 15 - Boys			2 Lap Race		4 Lap Race		Individual Track 2		Individual Track 4		Individual Track 8		Individual Track 6		Speed Bounce		Standing Long Jump		Standing Triple Jump		Vertical Jump		High Jump		Jumps 6		Chest Push		Shot Put		Soft Javelin		Throws 4		Throws 5		Throws 6																							
No	Name	Club	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Reps	Pos	Dist	Pos	Dist	Pos	Height	Pos	Height	Pos	Feet	Pos	Dist	Pos	Dist	Pos	Dist	Pos	Dist	Pos	Dist	Pos																								
					</																																																							

Kingsway, Widnes Sportshall County League 2018/19

		Under 15 - Boys						
		H&F Halton and Frodsham	L Liverpool	SW Southport Waterloo	SHS St. Helens Sutton	W Warrington		
TRACK	Individual	2 Lap Race	9	10				
		6 Lap Race	10					
		Individual Track 3						
		Individual Track 4						
		Individual Track 5						
		Individual Track 6						
TRACK	Relay	8 Lap Paarlauf		15				
		Relay 2						
		Relay 3						
		Relay 4						
		Relay 5						
		Relay 6						
FIELD	Jumps	Speed Bounce						
		Standing Long Jump	10	9		8		
		Standing Triple Jump	9			10		
		Vertical Jump	9	10		8		
		High Jump						
		Jumps 6						
FIELD	Throws	Chest Push						
		Shot Put	9	10		8		
		Soft Javelin						
		Throws 4						
		Throws 5						
		Throws 6						
Total		56	54		34			
Overall Position		1	2		3			

Speed Bounce					
No	Name	Club	Bounces	Rank	Points

Speed Bounce - Non Scoring				
No	Name	Club	Bounces	NS

Standing Long Jump					
No	Name	Club	Distance (m)	Rank	Points
106	Bobby Appleby	Halton and Frodsham	2.30	A 1	10
125	Cameron Scott-Allen	Liverpool	2.24	A 2	9
122	Max Harrison	St. Helens Sutton	2.22	A 3	8

Standing Long Jump - Non Scoring				
No	Name	Club	Distance (m)	NS

Standing Triple Jump					
No	Name	Club	Distance (m)	Rank	Points
105	Matthew Haslam	Halton and Frodsham	5.57	A 2	9
122	Max Harrison	St. Helens Sutton	6.36	A 1	10

Standing Triple Jump - Non Scoring				
No	Name	Club	Distance (m)	NS

Vertical Jump					
No	Name	Club	Distance (cm)	Rank	Points
122	Max Harrison	St. Helens Sutton	48	A 3	9
123	Cameron Scott-Allen	Liverpool	49	A 1	10
105	Bobby Appleby	Halton and Frodsham	54	A 2	9
Vertical Jump - Non Scoring					
No	Name	Club	Distance (cm)	NS	

High Jump							
No	Name	Club	Distance (m)	Final Faults	Total Faults	Rank	Points
High Jump - Non Scoring							
No	Name	Club	Distance (m)			NS	

Jumps 6				
No	Name	Club	Distance (m)	Rank Points
Jumps 6 - Non Scoring				
No	Name	Club	Distance (m)	NS

			W	SHS	SW	L	H&F	Team
			Warrington	St. Helens Sutton	Southport Waterloo	Liverpool	Halton and Frodsham	
						135.90		Time in secs
						1		Rank / Points
						15		
								Time in secs
								Rank / Points
								Time in secs
								Rank / Points
								Time in secs
								Rank / Points
								Time in secs
								Rank / Points
								Time in secs
								Rank / Points

**8 Lap
Parlauf**

Relay 2

Relay 3

Relay 4

Relay 5

Relay 6

