

Canford School Sportshall County League 2018/2019

29 September 2018

Under 11 - Girls

		DAC	PAC	PR	BAC	WAC 1	WAC 2	WSPH		
		Dorchester AC	Poole AC Panthers	Poole Runners	Bournemouth AC	Mini WACers 1	Mini WACers 2	WSPH		
TRACK	Individual	1 Lap Race	26	35	30	32	35	28	24	
		2 Lap Race	31	36	19	29	32	29	21	
		1 Lap Race								
		2 Lap Race								
		Individual Track 5								
		Individual Track 6								
	Relay	1 + 1 Lap Relay								
		2 + 2 Lap Relay		36		32	34	30		
		6 Lap Paarlauf								
		Obstacle Relay		34	32	30	36			
4 x 1 Lap Relay		26	32	29	29	36	34			
Guest 4 x 1 Relay			36			34				
FIELD	Jumps	Speed Bounce	28.5	31	19.5	33	35.5	31.5	25	
		Standing Long Jump	27	36	29.5	23	31.5	32	18	
		Standing Triple Jump	31	35		31	35	28		
		Vertical Jump	18.5	35	29	32	35	29	18.5	
		High Jump								
		Balance Beam	21.5	36		31.5	34		20	
	Throws	Chest Push		36	31	34	31	28		
		Shot Put								
		Soft Javelin								
		Target Throw		33.5	20	22	35.5	32		
		Throws 5								
		Throws 6								
		Total	209.5	451.5	239	358.5	444.5	301.5	126.5	
Overall Position	6	1	5	3	2	4	7			



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		DAC	PAC	PR	BAC	WAC 1			
		Dorchester AC	Poole AC Panthers	Poole Runners	Bournemouth AC	Wimborne AC 1		Club 7	Club 8
TRACK	Individual	1 Lap Race	29	36	29	32.5	33.5		
		2 Lap Race	33	30.5	28	32.5	36		
		Individual Track 3							
		Individual Track 4							
		Individual Track 5							
		Individual Track 6							
	Relay	1 + 1 Lap Relay							
		2 + 2 Lap Relay		34	30	36	32		
		6 Lap Paarlauf							
		Obstacle Relay		34		32	36		
		4 x 1 Lap Relay	32	30		34	36		
		Guest Relay Races		36			34		
	FIELD	Jumps	Speed Bounce	20	21.5	23	36	32.5	
Standing Long Jump			30	33		33	36		
Standing Triple Jump			22	33	20	36	32		
Vertical Jump			32	30		35	35		
High Jump									
Balance Beam				36		22	34		
Throws		Chest Push	31	33	20	33	35		
		Shot Put							
		Soft Javelin							
		Target Throw	35	30.5	20.5	31	35		
		Throws 5							
		Throws 6							
		Total	264	417.5	170.5	393	447		
Overall Position	4	2	5	2	1				



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		DAC	WAC 1	WAC 2	PAC	PR	BAC	BAC 2	WSPH	
		Dorchester AC	Wimborne Whizzkids 1	Wimborne Whizzkids 2	Poole AC Panthers	Poole Runners	Bournemouth AC	Bournemouth AC 2	WSPH	
TRACK	Individual	2 Lap Race	26	30	33.5	34	24	34.5	19.5	19.5
		4 Lap Race	27	33	36	27	22	31	24	32
		6 Lap Race		21	24			22	23	
		Individual Track 4								
		Individual Track 5								
		Individual Track 6								
	Relay	8 Lap Paarlauf		34	28		36	31	31	
		Obstacle Relay		32	36			30	34	
		4 x 1 Lap Relay								
		4 x 2 Lap Relay	28	26	36	34		32	30	
Relay 5										
Relay 6										
FIELD	Jumps	Speed Bounce	29	29	36	33		26	33	
		Standing Long Jump	28	28	33	24		28	35	21
		Standing Triple Jump	27	31	36	34		29	29	
		Vertical Jump		27	35	32.5	27	33.5	31	
		High Jump								
		Jumps 6								
	Throws	Chest Push								
		Shot Put	29	32	36	34	26	21	19	
		Soft Javelin								
		Target Throw								
	Throws 5									
	Throws 6									
	Total	194	323	369.5	252.5	135	318	308.5	72.5	
	Overall Position	6	2	1	5	7	1	4	8	



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		DAC	PAC	PR	BAC	WAC 1	WSPH			
		Dorchester AC	Poole AC Panthers	Poole Runners	Bournemouth AC	Wimborne AC 1	WSPH		Club 8	
TRACK	Individual	2 Lap Race	20	31.5	21.5	35	35	19		
		4 Lap Race	21	23	22	31	36	19		
		6 Lap Race		22		23	24			
		Individual Track 4								
		Individual Track 5								
		Individual Track 6								
	Relay	8 Lap Paarlauf		32		34	36			
		Obstacle Relay		32		34	36			
		4 x 1 Lap Relay								
		4 x 2 Lap Relay		34		32	36			
		Relay 5					36			
		Relay 6								
FIELD	Jumps	Speed Bounce	20	32	23	36	32			
		Standing Long Jump	20	31	22	35	35			
		Standing Triple Jump		32		34	36			
		Vertical Jump		34.5		32	35.5			
		High Jump								
		Jumps 6								
	Throws	Chest Push								
		Shot Put		33		33	36			
		Soft Javelin								
		Target Throw								
		Throws 5								
		Throws 6								
		Total	81	337	88.5	359	413.5	38		
		Overall Position	5	1	4	2	1	6		

