

Competition Results

Competition:

East Sportshall Regional Final 2019 Under 13 Girls

Venue:

UEA, Norwich

Date

9 Feb 2019

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Purple	701	70	70	70	70	54	50	50	48	55	48	58	58
2	Essex	Red	611	60	60	60	50	50	50	50	52	45	48	48	38
3	Suffolk	Maroon	523	50	45	40	60	34	36	48	36	50	42	34	48
4	Cambridgeshire	Sky	501	40	45	50	40	46	48	36	48	18	46	44	40

Team Results

Cambridgeshire (sky)

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Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Purple	701	70	70	70	70	54	50	50	48	55	48	58	58
2	Essex	Red	611	60	60	60	50	50	50	50	52	45	48	48	38
3	Suffolk	Maroon	523	50	45	40	60	34	36	48	36	50	42	34	48
4	Cambridgeshire	Sky	501	40	45	50	40	46	48	36	48	18	46	44	40

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
1	Nicole Kitooke	4LR	55.3	55.9			55.9	1	30
2	Polina Frakina	2LR	26.3	26.3			26.3	4=	23
2	Polina Frakina	STJ	5.96	0.00	6.11	6.16	6.16	6	20
3	Eve Seyf	4LR	57.1	0.0			57.1	7	18
3	Eve Seyf	SB	65				65	7	18
4	Elena Rivetti	6LR	1:31.5				1:31.5	6	20
4	Elena Rivetti	SLJ	2.15	2.14	1.98	2.15	2.15	5	22
5	Willow Bedding	6LR	1:38.3				1:38.3	8	16
5	Willow Bedding	S	8.48	9.24	8.68	8.57	9.24	3	26
6	Kaia Purdie	SLJ	2.16	2.04	2.08	2.02	2.16	4	24
7	Moira Howard	2LR	26.1	26.3			26.3	4=	23
7	Moira Howard	STJ	0.00	6.18	6.42	6.40	6.42	4	24
8	Tolu Akinkuoli	VJ	53	53	53	50	53	4	24
9	Tamzin Digpal-Race	S	8.75	8.60	8.83	8.43	8.83	5	22
10	Isla Kotzenberg	VJ	40	38	42	42	42	8	16

Team Results

Essex (red)

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East Sportshall Regional Final 2019 Under 13 Girls

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UEA, Norwich

Date

9 Feb 2019

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Purple	701	70	70	70	70	54	50	50	48	55	48	58	58
2	Essex	Red	611	60	60	60	50	50	50	50	52	45	48	48	38
3	Suffolk	Maroon	523	50	45	40	60	34	36	48	36	50	42	34	48
4	Cambridgeshire	Sky	501	40	45	50	40	46	48	36	48	18	46	44	40

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
13	Gaby Bilbie	6LR	1:29.1				1:29.1	4	24
13	Gaby Bilbie	SB	74				74	6	20
14	Kayleigh Atkinson	6LR	1:28.5				1:28.5	3	26
14	Kayleigh Atkinson	VJ	47	46	46	45	47	6	20
16	Ogechukwu Joyce Nzekwe	4LR	55.7	56.9			56.9	3=	25
16	Ogechukwu Joyce Nzekwe	S	7.56	8.43	8.47	8.93	8.93	4	24
17	Jodie Self	SLJ	2.15	2.06	2.06	2.15	2.15	6	20
18	Sophia Bridle	2LR	26.5	26.6			26.6	6	20
18	Sophia Bridle	STJ	5.96	5.79	6.10	6.35	6.35	5	22
19	Elise Jennings	2LR	25.2	25.0			25.0	1	30
19	Elise Jennings	STJ	6.58	6.60	6.54	6.29	6.60	3	26
20	Maisie Fulker	SLJ	2.16	2.15	2.16	2.17	2.17	2	28
21	Jessica Pugh	VJ	42	43	42	43	43	7	18
22	Mabel Cowley	4LR	56.6	56.9			56.9	3=	25
22	Mabel Cowley	SB	81				81	3=	25
23	Daniella Oladele	S	9.18	9.11	9.83	9.41	9.83	2	28

Team Results

Norfolk (purple)

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Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Purple	701	70	70	70	70	54	50	50	48	55	48	58	58
2	Essex	Red	611	60	60	60	50	50	50	50	52	45	48	48	38
3	Suffolk	Maroon	523	50	45	40	60	34	36	48	36	50	42	34	48
4	Cambridgeshire	Sky	501	40	45	50	40	46	48	36	48	18	46	44	40

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
25	Serena Akomah	2LR	24.9	25.1			25.1	2	28
25	Serena Akomah	VJ	54	57	58	55	58	1	30
26	Evie Patrick	2LR	26.1	25.3			25.3	3	26
26	Evie Patrick	SLJ	2.05	2.04	2.06	2.01	2.06	7	18
27	Isabelle Mardle	4LR	55.3	57.0			57.0	5	22
27	Isabelle Mardle	STJ	6.29	6.42	6.50	6.81	6.81	2	28
28	Isabelle Rushmere	4LR	55.7	56.4			56.4	2	28
29	Georgia Pegg	6LR	1:29.6				1:29.6	5	22
29	Georgia Pegg	SB	83				83	1	30
30	Alice Craddock	6LR	1:28.3				1:28.3	2	28
31	Nicole Kaszczak	SLJ	2.27	2.40	2.36	2.36	2.40	1	30
32	Rose Fairhurst	S	0.00	6.51	6.20	6.51	6.51	7	18
33	Demilade Adegoke	STJ	0.00	6.40	6.62	7.02	7.02	1	30
34	Eva Ellis	SB	81				81	3=	25
35	Lucy Oakley	S	9.98	10.13	10.59	10.31	10.59	1	30
36	Caitlin Bell	VJ	52	55	55	56	56	2	28

Team Results

Suffolk (maroon)

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East Sportshall Regional Final 2019 Under 13 Girls

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UEA, Norwich

Date

9 Feb 2019

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Purple	701	70	70	70	70	54	50	50	48	55	48	58	58
2	Essex	Red	611	60	60	60	50	50	50	50	52	45	48	48	38
3	Suffolk	Maroon	523	50	45	40	60	34	36	48	36	50	42	34	48
4	Cambridgeshire	Sky	501	40	45	50	40	46	48	36	48	18	46	44	40

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
37	Blythe Boreham	6LR	1:27.3				1:27.3	1	30
37	Blythe Boreham	STJ	5.94	6.04	6.12	6.14	6.14	7	18
38	Lana Inniss	4LR	56.5	57.3			57.3	6	20
38	Lana Inniss	SLJ	2.11	2.16	2.15	2.09	2.16	3	26
39	Adeline Faro	VJ	51	50	56	48	56	3	26
40	Rebecca Sinden	2LR	27.9	0.0			27.9	8	16
40	Rebecca Sinden	SB	82				82	2	28
41	Ruth Westland	4LR	57.6	0.0			57.6	8	16
41	Ruth Westland	S	6.46	0.00	5.76	0.00	6.46	8	16
42	Alex Goodhand	VJ	49	49	47	48	49	5	22
43	Charlotte Sayer	2LR	27.1	0.0			27.1	7	18
43	Charlotte Sayer	S	0.00	6.29	8.26	0.00	8.26	6	20
44	Belle Armstrong	6LR	1:34.7				1:34.7	7	18
44	Belle Armstrong	SLJ	1.90	1.90	1.94	1.92	1.94	8	16
45	Kyla Butcher	SB	80				80	5	22
46	Sophia Dawdry-Wall	STJ	5.28	5.05	4.98	5.34	5.34	8	16

Results Sheet

Obstacle Relay

Competition:

East Sportshall Regional Final 2019 Under 13 Girls

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UEA, Norwich

Date

9 Feb 2019

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Norfolk	Purple	0.0	1:19.0	1:19.0	70.0
2	02	Essex	Red	0.0	1:19.5	1:19.5	60.0
3	04	Suffolk	Maroon	0.0	1:22.7	1:22.7	50.0
4	01	Cambridgeshire	Sky	0.0	1:23.1	1:23.1	40.0

Results Sheet

4 x 1 Lap Relay

Competition:

East Sportshall Regional Final 2019 Under 13 Girls

Venue:

UEA, Norwich

Date

9 Feb 2019

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Norfolk	Purple	0.0	50.9	50.9	70.0
2	02	Essex	Red	0.0	52.4	52.4	60.0
3=	01	Cambridgeshire	Sky	0.0	52.9	52.9	45.0
3=	04	Suffolk	Maroon	0.0	52.9	52.9	45.0

Results Sheet

2 Lap Race

Competition:
East Sportshall Regional Final 2019 Under 13 Girls

Venue:
UEA, Norwich

Date
9 Feb 2019

Ranking	Team	Colour	Points
1	Norfolk	Purple	54
2	Essex	Red	50
3	Cambridgeshire	Sky	46
4	Suffolk	Maroon	34

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Essex	Red	19	Elise Jennings	25.0	30
2	Norfolk	Purple	25	Serena Akomah	25.1	28
3	Norfolk	Purple	26	Evie Patrick	25.3	26
4=	Cambridgeshire	Sky	2	Polina Frakina	26.3	23
4=	Cambridgeshire	Sky	7	Moirra Howard	26.3	23
6	Essex	Red	18	Sophia Bridle	26.6	20
7	Suffolk	Maroon	43	Charlotte Sayer	27.1	18
8	Suffolk	Maroon	40	Rebecca Sinden	27.9	16

Results Sheet

4 Lap Race

Competition:
East Sportshall Regional Final 2019 Under 13 Girls

Venue:
UEA, Norwich

Date
9 Feb 2019

Ranking	Team	Colour	Points
1=	Essex	Red	50
1=	Norfolk	Purple	50
3	Cambridgeshire	Sky	48
4	Suffolk	Maroon	36

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cambridgeshire	Sky	1	Nicole Kitooke	55.9	30
2	Norfolk	Purple	28	Isabelle Rushmere	56.4	28
3=	Essex	Red	16	Ogechukwu Joyce Nzekwe	56.9	25
3=	Essex	Red	22	Mabel Cowley	56.9	25
5	Norfolk	Purple	27	Isabelle Mardle	57.0	22
6	Suffolk	Maroon	38	Lana Inniss	57.3	20
7	Cambridgeshire	Sky	3	Eve Seyf	57.1	18
8	Suffolk	Maroon	41	Ruth Westland	57.6	16

Results Sheet

6 Lap Time Trial

Competition:
East Sportshall Regional Final 2019 Under 13 Girls

Venue:
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Date
9 Feb 2019

Ranking	Team	Colour	Points
1=	Essex	Red	50
1=	Norfolk	Purple	50
3	Suffolk	Maroon	48
4	Cambridgeshire	Sky	36

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Suffolk	Maroon	37	Blythe Boreham	1:27.3	30
2	Norfolk	Purple	30	Alice Craddock	1:28.3	28
3	Essex	Red	14	Kayleigh Atkinson	1:28.5	26
4	Essex	Red	13	Gaby Bilbie	1:29.1	24
5	Norfolk	Purple	29	Georgia Pegg	1:29.6	22
6	Cambridgeshire	Sky	4	Elena Rivetti	1:31.5	20
7	Suffolk	Maroon	44	Belle Armstrong	1:34.7	18
8	Cambridgeshire	Sky	5	Willow Bedding	1:38.3	16

Results Sheet

8 Lap Paarlauf

Competition:

East Sportshall Regional Final 2019 Under 13 Girls

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9 Feb 2019

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Norfolk	Purple	0.0	1:49.6	1:49.6	70.0
2	02	Essex	Red	0.0	1:51.2	1:51.2	60.0
3	01	Cambridgeshire	Sky	0.0	1:51.9	1:51.9	50.0
4	04	Suffolk	Maroon	0.0	1:56.4	1:56.4	40.0

Results Sheet

4 x 2 Lap Relay

Competition:

East Sportshall Regional Final 2019 Under 13 Girls

Venue:

UEA, Norwich

Date

9 Feb 2019

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Norfolk	Purple	0.0	1:41.1	1:41.1	70.0
2	04	Suffolk	Maroon	0.0	1:43.9	1:43.9	60.0
3	02	Essex	Red	0.0	1:44.2	1:44.2	50.0
4	01	Cambridgeshire	Sky	0.0	1:45.3	1:45.3	40.0

Results Sheet

Shot

Competition:
East Sportshall Regional Final 2019 Under 13 Girls

Venue:
UEA, Norwich

Date
9 Feb 2019

Ranking	Team	Colour	Points
1	Essex	Red	52
2=	Cambridgeshire	Sky	48
2=	Norfolk	Purple	48
4	Suffolk	Maroon	36

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	Purple	35	Lucy Oakley	10.59	30
2	Essex	Red	23	Daniella Oladele	9.83	28
3	Cambridgeshire	Sky	5	Willow Bedding	9.24	26
4	Essex	Red	16	Ogechukwu Joyce Nzekwe	8.93	24
5	Cambridgeshire	Sky	9	Tamzin Diggall-Race	8.83	22
6	Suffolk	Maroon	43	Charlotte Sayer	8.26	20
7	Norfolk	Purple	32	Rose Fairhurst	6.51	18
8	Suffolk	Maroon	41	Ruth Westland	6.46	16

Results Sheet

Speed Bounce

Competition:
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Ranking	Team	Colour	Points
1	Norfolk	Purple	55
2	Suffolk	Maroon	50
3	Essex	Red	45
4	Cambridgeshire	Sky	18

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Norfolk	Purple	29	Georgia Pegg	83	30
2	Suffolk	Maroon	40	Rebecca Sinden	82	28
3=	Essex	Red	22	Mabel Cowley	81	25
3=	Norfolk	Purple	34	Eva Ellis	81	25
5	Suffolk	Maroon	45	Kyla Butcher	80	22
6	Essex	Red	13	Gaby Bilbie	74	20
7	Cambridgeshire	Sky	3	Eve Seyf	65	18

Results Sheet

Standing Long Jump

Competition:

East Sportshall Regional Final 2019 Under 13 Girls

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Date

9 Feb 2019

Ranking	Team	Colour	Points
1=	Essex	Red	48
1=	Norfolk	Purple	48
3	Cambridgeshire	Sky	46
4	Suffolk	Maroon	42

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	Purple	31	Nicole Kaszczak	2.40	30
2	Essex	Red	20	Maisie Fulker	2.17	28
3	Suffolk	Maroon	38	Lana Inniss	2.16	26
4	Cambridgeshire	Sky	6	Kaia Purdie	2.16	24
5	Cambridgeshire	Sky	4	Elena Rivetti	2.15	22
6	Essex	Red	17	Jodie Self	2.15	20
7	Norfolk	Purple	26	Evie Patrick	2.06	18
8	Suffolk	Maroon	44	Belle Armstrong	1.94	16

Results Sheet

Standing Triple Jump

Competition:

East Sportshall Regional Final 2019 Under 13 Girls

Venue:

UEA, Norwich

Date

9 Feb 2019

Ranking	Team	Colour	Points
1	Norfolk	Purple	58
2	Essex	Red	48
3	Cambridgeshire	Sky	44
4	Suffolk	Maroon	34

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	Purple	33	Demilade Adegoke	7.02	30
2	Norfolk	Purple	27	Isabelle Mardle	6.81	28
3	Essex	Red	19	Elise Jennings	6.60	26
4	Cambridgeshire	Sky	7	Moira Howard	6.42	24
5	Essex	Red	18	Sophia Bridle	6.35	22
6	Cambridgeshire	Sky	2	Polina Frakina	6.16	20
7	Suffolk	Maroon	37	Blythe Boreham	6.14	18
8	Suffolk	Maroon	46	Sophia Dawdry-Wall	5.34	16

Results Sheet

Vertical Jump

Competition:
East Sportshall Regional Final 2019 Under 13 Girls

Venue:
UEA, Norwich

Date
9 Feb 2019

Ranking	Team	Colour	Points
1	Norfolk	Purple	58
2	Suffolk	Maroon	48
3	Cambridgeshire	Sky	40
4	Essex	Red	38

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	Purple	25	Serena Akomah	58	30
2	Norfolk	Purple	36	Caitlin Bell	56	28
3	Suffolk	Maroon	39	Adeline Faro	56	26
4	Cambridgeshire	Sky	8	Tolu Akinkuoli	53	24
5	Suffolk	Maroon	42	Alex Goodhand	49	22
6	Essex	Red	14	Kayleigh Atkinson	47	20
7	Essex	Red	21	Jessica Pugh	43	18
8	Cambridgeshire	Sky	10	Isla Kotzenberg	42	16