

# Competition Results

**Competition:**  
Welsh Final 2019 Under 15 Girls

**Venue:**  
Cwmbran Sports Centre

**Date**  
10 Mar 2019

Ranking	Team	Score	Individual	P8	4x2
1	Powys	622	512	60	50
2	North West Wales	606	476	70	60
3	Cardiff & the Vale	574	484	50	40
4	Dyfed	571	471	30	70
5	Afan Nedd Tawe	440	370	40	30

# Athlete Results

## Competition:

Welsh Final 2019 Under 15 Girls

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Ranking	BibNo	Athlete	Team	Score	2LR	4LR	S	SB	SLJ	VJ
1	45	Keira McVeagh	Powys	137		41	46			50
2=	8	Maya Omar	Cardiff & the Vale	135	46			41	48	
2=	15	Zara Evans	Dyfed	135	44			41	50	
2=	36	Ela Oliver	North West Wales	135	48			47		40
5=	39	Teleri Jones	North West Wales	131		44		44		43
5=	47	Dottie Evans	Powys	131		38		50		43
7	43	Lwsi Roberts	Powys	125	42			47	36	
8	12	Ruby Jones	Cardiff & the Vale	123	37		48			38
9	1	Abby Young	Afan Nedd Tawe	120	37		36			47
10	46	Polly Holloway	Powys	119	50		26		43	
11	11	Elen Bentley	Cardiff & the Vale	118	37		38		43	
12	44	Nikki Davies	Powys	117	32			38		47
13	17	Nia Williams	Dyfed	114	37		50			27
14	19	Ellie Loweth	Dyfed	112		47		27	38	
15	48	Kelsie Webster	Powys	111		35	42		34	
16	18	Ella Wintle	Dyfed	110		50	32		28	
17	13	Jessica Parkin	Cardiff & the Vale	108		41		36		31
18	41	Amelia Hucks	North West Wales	107		47	24			36
19	10	Dionne Baah	Cardiff & the Vale	104		24	34		46	
20	40	Cara Mai Williams	North West Wales	103		35	28		40	
21	38	Sophie Jeffreys	North West Wales	102	30		40		32	
22=	9	Millie Campden	Cardiff & the Vale	90		32		31		27
22=	20	Catrin Lewes	Dyfed	90		22	44			24
24	6	Isobel Matchett	Afan Nedd Tawe	86		30	22			34
25	37	Melody Haston	North West Wales	84	24			34	26	
26	5	Sarah Winston	Afan Nedd Tawe	83	26			27	30	
27=	3	Caitlin Jenkins	Afan Nedd Tawe	81		26		24		31
27=	21	Amy Tucker	Dyfed	81	28			31		22
29	4	Ally Mulligan	Afan Nedd Tawe	80		28	30		22	
30	2	Tayla Bengerfineld	Afan Nedd Tawe	68	22			22	24	
31	42	Abigail Evans	North West Wales	0						

# Team Results

# Afan Nedd Tawe (white)

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1	Powys	622	512	60	50
2	North West Wales	606	476	70	60
3	Cardiff & the Vale	574	484	50	40
4	Dyfed	571	471	30	70
5	Afan Nedd Tawe	440	370	40	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
1	Abby Young	2LR	27.0				27.0	6=	37
1	Abby Young	S	6.95	0.00	6.05		6.95	8	36
1	Abby Young	VJ	52	49	51		52	2=	47
2	Tayla Bengersfineld	2LR	29.9				29.9	15	22
2	Tayla Bengersfineld	SB	56				56	15	22
2	Tayla Bengersfineld	SLJ	1.90	1.86	1.82		1.90	14	24
3	Caitlin Jenkins	4LR	1:03.6				1:03.6	13	26
3	Caitlin Jenkins	SB	57				57	14	24
3	Caitlin Jenkins	VJ	40	44	45		45	10=	31
4	Ally Mulligan	4LR	1:03.4				1:03.4	12	28
4	Ally Mulligan	S	6.40	6.45	0.00		6.45	11	30
4	Ally Mulligan	SLJ	1.80	1.72	1.78		1.80	15	22
5	Sarah Winston	2LR	28.1				28.1	13	26
5	Sarah Winston	SB	61				61	12=	27
5	Sarah Winston	SLJ	2.00	1.98	1.86		2.00	11	30
6	Isobel Matchett	4LR	1:00.5				1:00.5	11	30
6	Isobel Matchett	S	0.00	4.27	4.74		4.74	15	22
6	Isobel Matchett	VJ	43	45	46		46	9	34

# Team Results

# Cardiff & the Vale (maroon)

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1	Powys	622	512	60	50
2	North West Wales	606	476	70	60
3	Cardiff & the Vale	574	484	50	40
4	Dyfed	571	471	30	70
5	Afan Nedd Tawe	440	370	40	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
8	Maya Omar	2LR	26.2				26.2	3	46
8	Maya Omar	SB	70				70	5=	41
8	Maya Omar	SLJ	2.12	2.22	2.22		2.22	2	48
9	Millie Campden	4LR	59.4				59.4	10	32
9	Millie Campden	SB	64				64	10=	31
9	Millie Campden	VJ	44	43	40		44	12=	27
10	Dionne Baah	4LR	1:04.6				1:04.6	14	24
10	Dionne Baah	S	6.73	5.27	0.00		6.73	9	34
10	Dionne Baah	SLJ	2.20	2.14	2.12		2.20	3	46
11	Elen Bentley	2LR	27.0				27.0	6=	37
11	Elen Bentley	S	0.00	6.55	6.96		6.96	7	38
11	Elen Bentley	SLJ	1.98	2.00	2.14		2.14	4=	43
12	Ruby Jones	2LR	27.0				27.0	6=	37
12	Ruby Jones	S	8.97	5.37	8.34		8.97	2	48
12	Ruby Jones	VJ	47	48	44		48	7	38
13	Jessica Parkin	4LR	57.5				57.5	5=	41
13	Jessica Parkin	SB	67				67	8	36
13	Jessica Parkin	VJ	43	38	45		45	10=	31

# Team Results

# Dyfed (navy)

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1	Powys	622	512	60	50
2	North West Wales	606	476	70	60
3	Cardiff & the Vale	574	484	50	40
4	Dyfed	571	471	30	70
5	Afan Nedd Tawe	440	370	40	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
15	Zara Evans	2LR	26.4				26.4	4	44
15	Zara Evans	SB	70				70	5=	41
15	Zara Evans	SLJ	2.18	2.20	2.24		2.24	1	50
17	Nia Williams	2LR	27.0				27.0	6=	37
17	Nia Williams	S	10.34	10.34	9.50		10.34	1	50
17	Nia Williams	VJ	44	40	41		44	12=	27
18	Ella Wintle	4LR	55.1				55.1	1	50
18	Ella Wintle	S	6.63	6.62	6.16		6.63	10	32
18	Ella Wintle	SLJ	1.86	1.90	1.96		1.96	12	28
19	Ellie Loweth	4LR	55.9				55.9	2=	47
19	Ellie Loweth	SB	61				61	12=	27
19	Ellie Loweth	SLJ	2.08	1.98	2.06		2.08	7	38
20	Catrin Lewes	4LR	1:06.4				1:06.4	15	22
20	Catrin Lewes	S	7.03	7.72	0.00		7.72	4	44
20	Catrin Lewes	VJ	42	39	41		42	14	24
21	Amy Tucker	2LR	27.9				27.9	12	28
21	Amy Tucker	SB	64				64	10=	31
21	Amy Tucker	VJ	38	41	37		41	15	22

# Team Results

# North West Wales (red)

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1	Powys	622	512	60	50
2	North West Wales	606	476	70	60
3	Cardiff & the Vale	574	484	50	40
4	Dyfed	571	471	30	70
5	Afan Nedd Tawe	440	370	40	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
36	Ela Oliver	2LR	25.6				25.6	2	48
36	Ela Oliver	SB	78				78	2=	47
36	Ela Oliver	VJ	47	50	47		50	6	40
37	Melody Haston	2LR	28.2				28.2	14	24
37	Melody Haston	SB	65				65	9	34
37	Melody Haston	SLJ	1.92	1.92	1.94		1.94	13	26
38	Sophie Jeffreys	2LR	27.3				27.3	11	30
38	Sophie Jeffreys	S	7.25	6.70	7.30		7.30	6	40
38	Sophie Jeffreys	SLJ	2.02	1.96	2.00		2.02	10	32
39	Teleri Jones	4LR	56.9				56.9	4	44
39	Teleri Jones	SB	72				72	4	44
39	Teleri Jones	VJ	49	51	50		51	4=	43
40	Cara Mai Williams	4LR	58.8				58.8	8=	35
40	Cara Mai Williams	S	0.00	6.05	6.35		6.35	12	28
40	Cara Mai Williams	SLJ	2.10	2.06	2.06		2.10	6	40
41	Amelia Hucks	4LR	55.9				55.9	2=	47
41	Amelia Hucks	S	5.56	5.23	0.00		5.56	14	24
41	Amelia Hucks	VJ	47	46	46		47	8	36

# Team Results

# Powys (red and white)

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1	Powys	622	512	60	50
2	North West Wales	606	476	70	60
3	Cardiff & the Vale	574	484	50	40
4	Dyfed	571	471	30	70
5	Afan Nedd Tawe	440	370	40	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
43	Lwsi Roberts	2LR	26.5				26.5	5	42
43	Lwsi Roberts	SB	78				78	2=	47
43	Lwsi Roberts	SLJ	2.00	2.06	2.06		2.06	8	36
44	Nikki Davies	2LR	27.2				27.2	10	32
44	Nikki Davies	SB	69				69	7	38
44	Nikki Davies	VJ	51	51	52		52	2=	47
45	Keira McVeagh	4LR	57.5				57.5	5=	41
45	Keira McVeagh	S	8.60	8.64	8.90		8.90	3	46
45	Keira McVeagh	VJ	52	54	54		54	1	50
46	Polly Holloway	2LR	23.7				23.7	1	50
46	Polly Holloway	S	5.84	5.65	5.23		5.84	13	26
46	Polly Holloway	SLJ	2.14	2.12	2.14		2.14	4=	43
47	Dottie Evans	4LR	58.4				58.4	7	38
47	Dottie Evans	SB	86				86	1	50
47	Dottie Evans	VJ	51	50	49		51	4=	43
48	Kelsie Webster	4LR	58.8				58.8	8=	35
48	Kelsie Webster	S	0.00	7.37	0.00		7.37	5	42
48	Kelsie Webster	SLJ	1.94	2.04	2.04		2.04	9	34

# Results Sheet

# 2 Lap Race

**Competition:**  
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Ranking	Team	Colour	BibNo	Name	Best	Points
1	Powys	Red and White	46	Polly Holloway	23.7	50
2	North West Wales	Red	36	Ela Oliver	25.6	48
3	Cardiff & the Vale	Maroon	8	Maya Omar	26.2	46
4	Dyfed	Navy	15	Zara Evans	26.4	44
5	Powys	Red and White	43	Lwsi Roberts	26.5	42
6=	Afan Nedd Tawe	White	1	Abby Young	27.0	37
6=	Cardiff & the Vale	Maroon	11	Elen Bentley	27.0	37
6=	Cardiff & the Vale	Maroon	12	Ruby Jones	27.0	37
6=	Dyfed	Navy	17	Nia Williams	27.0	37
10	Powys	Red and White	44	Nikki Davies	27.2	32
11	North West Wales	Red	38	Sophie Jeffreys	27.3	30
12	Dyfed	Navy	21	Amy Tucker	27.9	28
13	Afan Nedd Tawe	White	5	Sarah Winston	28.1	26
14	North West Wales	Red	37	Melody Haston	28.2	24
15	Afan Nedd Tawe	White	2	Tayla Bengersfield	29.9	22



# Results Sheet

# 4 Lap Race

**Competition:**  
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Ranking	Team	Colour	BibNo	Name	Best	Points
1	Dyfed	Navy	18	Ella Wintle	55.1	50
2=	Dyfed	Navy	19	Ellie Loweth	55.9	47
2=	North West Wales	Red	41	Amelia Hucks	55.9	47
4	North West Wales	Red	39	Teleri Jones	56.9	44
5=	Cardiff & the Vale	Maroon	13	Jessica Parkin	57.5	41
5=	Powys	Red and White	45	Keira McVeagh	57.5	41
7	Powys	Red and White	47	Dottie Evans	58.4	38
8=	North West Wales	Red	40	Cara Mai Williams	58.8	35
8=	Powys	Red and White	48	Kelsie Webster	58.8	35
10	Cardiff & the Vale	Maroon	9	Millie Campden	59.4	32
11	Afan Nedd Tawe	White	6	Isobel Matchett	1:00.5	30
12	Afan Nedd Tawe	White	4	Ally Mulligan	1:03.4	28
13	Afan Nedd Tawe	White	3	Caitlin Jenkins	1:03.6	26
14	Cardiff & the Vale	Maroon	10	Dionne Baah	1:04.6	24
15	Dyfed	Navy	20	Catrin Lewes	1:06.4	22

# Results Sheet

# 8 Lap Paarlauf

## Competition:

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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	06	North West Wales	Red	1:53.7	0.0	1:53.7	70.0
2	07	Powys	Red and White	1:57.2	0.0	1:57.2	60.0
3	02	Cardiff & the Vale	Maroon	2:01.3	0.0	2:01.3	50.0
4	01	Afan Nedd Tawe	White	2:02.2	0.0	2:02.2	40.0
5	03	Dyfed	Navy	2:08.5	0.0	2:08.5	30.0

# Results Sheet

# 4 x 2 Lap Relay

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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Dyfed	Navy	1:45.2	0.0	1:45.2	70.0
2	06	North West Wales	Red	1:46.6	0.0	1:46.6	60.0
3	07	Powys	Red and White	1:49.7	0.0	1:49.7	50.0
4	02	Cardiff & the Vale	Maroon	1:50.2	0.0	1:50.2	40.0
5	01	Afan Nedd Tawe	White	1:52.6	0.0	1:52.6	30.0

# Results Sheet

# Shot

**Competition:**  
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Ranking	Team	Colour	BibNo	Name	Best	Points
1	Dyfed	Navy	17	Nia Williams	10.34	50
2	Cardiff & the Vale	Maroon	12	Ruby Jones	8.97	48
3	Powys	Red and White	45	Keira McVeagh	8.90	46
4	Dyfed	Navy	20	Catrin Lewes	7.72	44
5	Powys	Red and White	48	Kelsie Webster	7.37	42
6	North West Wales	Red	38	Sophie Jeffreys	7.30	40
7	Cardiff & the Vale	Maroon	11	Elen Bentley	6.96	38
8	Afan Nedd Tawe	White	1	Abby Young	6.95	36
9	Cardiff & the Vale	Maroon	10	Dionne Baah	6.73	34
10	Dyfed	Navy	18	Ella Wintle	6.63	32
11	Afan Nedd Tawe	White	4	Ally Mulligan	6.45	30
12	North West Wales	Red	40	Cara Mai Williams	6.35	28
13	Powys	Red and White	46	Polly Holloway	5.84	26
14	North West Wales	Red	41	Amelia Hucks	5.56	24
15	Afan Nedd Tawe	White	6	Isobel Matchett	4.74	22

# Results Sheet

# Speed Bounce

**Competition:**  
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Ranking	Team	Colour	BibNo	Name	Total	Points
1	Powys	Red and White	47	Dottie Evans	86	50
2=	North West Wales	Red	36	Ela Oliver	78	47
2=	Powys	Red and White	43	Lwsi Roberts	78	47
4	North West Wales	Red	39	Teleri Jones	72	44
5=	Cardiff & the Vale	Maroon	8	Maya Omar	70	41
5=	Dyfed	Navy	15	Zara Evans	70	41
7	Powys	Red and White	44	Nikki Davies	69	38
8	Cardiff & the Vale	Maroon	13	Jessica Parkin	67	36
9	North West Wales	Red	37	Melody Haston	65	34
10=	Cardiff & the Vale	Maroon	9	Millie Campden	64	31
10=	Dyfed	Navy	21	Amy Tucker	64	31
12=	Afan Nedd Tawe	White	5	Sarah Winston	61	27
12=	Dyfed	Navy	19	Ellie Loweth	61	27
14	Afan Nedd Tawe	White	3	Caitlin Jenkins	57	24
15	Afan Nedd Tawe	White	2	Tayla Bengersfield	56	22

# Results Sheet

# Standing Long Jump

**Competition:**  
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Ranking	Team	Colour	BibNo	Name	Best	Points
1	Dyfed	Navy	15	Zara Evans	2.24	50
2	Cardiff & the Vale	Maroon	8	Maya Omar	2.22	48
3	Cardiff & the Vale	Maroon	10	Dionne Baah	2.20	46
4=	Cardiff & the Vale	Maroon	11	Elen Bentley	2.14	43
4=	Powys	Red and White	46	Polly Holloway	2.14	43
6	North West Wales	Red	40	Cara Mai Williams	2.10	40
7	Dyfed	Navy	19	Ellie Loweth	2.08	38
8	Powys	Red and White	43	Lwsi Roberts	2.06	36
9	Powys	Red and White	48	Kelsie Webster	2.04	34
10	North West Wales	Red	38	Sophie Jeffreys	2.02	32
11	Afan Nedd Tawe	White	5	Sarah Winston	2.00	30
12	Dyfed	Navy	18	Ella Wintle	1.96	28
13	North West Wales	Red	37	Melody Haston	1.94	26
14	Afan Nedd Tawe	White	2	Tayla Bengersfield	1.90	24
15	Afan Nedd Tawe	White	4	Ally Mulligan	1.80	22

# Results Sheet

# Vertical Jump

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Ranking	Team	Colour	BibNo	Name	Best	Points
1	Powys	Red and White	45	Keira McVeagh	54	50
2=	Afan Nedd Tawe	White	1	Abby Young	52	47
2=	Powys	Red and White	44	Nikki Davies	52	47
4=	North West Wales	Red	39	Teleri Jones	51	43
4=	Powys	Red and White	47	Dottie Evans	51	43
6	North West Wales	Red	36	Ela Oliver	50	40
7	Cardiff & the Vale	Maroon	12	Ruby Jones	48	38
8	North West Wales	Red	41	Amelia Hucks	47	36
9	Afan Nedd Tawe	White	6	Isobel Matchett	46	34
10=	Afan Nedd Tawe	White	3	Caitlin Jenkins	45	31
10=	Cardiff & the Vale	Maroon	13	Jessica Parkin	45	31
12=	Cardiff & the Vale	Maroon	9	Millie Campden	44	27
12=	Dyfed	Navy	17	Nia Williams	44	27
14	Dyfed	Navy	20	Catrin Lewes	42	24
15	Dyfed	Navy	21	Amy Tucker	41	22