

Sportshall Secondary

Essex School Games Final

Year 7 Girls

Garons Park

15 March 2019

	PINK	YELLOW	GREEN	BLUE		SKY	MAROON	BROWN
	Thurstable	Colne	Notley High	St Martins		William Edwards	Debden Park	St Johns
TRACK								
Obstacle Relay	22	12	16	14		24	20	18
2 Lap Race	15	23	17	22		18	12	21
4 Lap Race	23	16	14	21		21	13	18
6 Lap Race	11	10	12	15		16	14	13
8 Lap Paarlauf	20	12	14	24		22	18	16
4 x 2 Lap Relay	16	24	14	20		22	14	18
FIELD								
Shot	17	24	16	20		13	15	22
Speed Bounce	15	13	16	22		24	21	17
Standing Long Jump	20	13	17	20		24	14	20
Standing Triple Jump	15	19	20	23		23	12	17
Vertical Jump	20	19	23	19		13	14	23
Total	194	185	179	220		220	167	203
Overall Position	4	5	6	1		1	7	3
Virtual Total	531.00	520.00	533.00	569.00		563.00	487.00	545.00
Virtual Award	STEP 10	STEP 10	STEP 10	BRONZE		BRONZE	STEP 9	STEP 10

For more information on the Sportshall pathway go to www.sportshall.org



BRITISH
ATHLETICS



Colour	Team	Obstacle Relay		2 Lap Race			4 Lap Race			6 Lap Race			8 Lap Paarlaf		4x2 Lap Relay				
		Time in secs	Position / Points	Name / No	Time in secs	A or B Rank	Position / Points	Name / No	Time in secs	A or B Rank	Position / Points	Name / No	Time in secs	Position / Points	Time in secs	Position / Points	Time in secs	Position / Points	
PINK	Thurstable	86.7	2	1		27.8	A 5	12	1		61.5	B 1	8	104.7	6	126.8	3	115.9	5
				2		29.2	B 6	3	2		58.9	A 2	15						
		22													11		20		
YELLOW	Colne	89.2	7	1		26.9	A 2	15	1		61.3	A 4	13	107.1	7	134.9	7	112.3	1
				2		27.0	B 1	8	2		69.2	B 6	3						
		12													10		12		
GREEN	Notley High	88.2	5	1		28.4	B 4	5	1		67.9	B 5	4	104.4	5	129.9	6	116.8	6
				2		27.8	A 5	12	2		65.6	A 7	10						
		16													12		14		
BLUE	St Martins	88.4	6	1		26.5	A 1	16	1		61.8	B 2	7	94.6	2	122.1	1	113.0	3
				2		28.1	B 3	6	2		59.6	A 3	14						
		14													15		24		
				1					1										
				2					2										
SKY	William Edwards	86.2	1	1		27.2	A 3	14	1		67.7	B 4	5	93.1	1	123.5	2	112.7	2
				2		28.6	B 5	4	2		57.9	A 1	16						
		24													16		22		
MAROON	Debden Park	87.0	3	1		28.1	A 7	10	1		99.0	B 7	2	99.3	3	126.9	4	116.8	6
				2		29.5	B 7	2	2		64.6	A 6	11						
		20													14		18		
BROWN	St Johns	88.1	4	1		27.5	B 2	7	1		66.2	B 3	6	100.3	4	127.3	5	114.6	4
				2		27.2	A 3	14	2		64.2	A 5	12						
		18													13		16		

Colour	Team	Shot				Speed Bounce				Standing Long Jump				Standing Triple Jump				Vertical Jump						
		Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points			
PINK	Thurstable	1		6.40	A 6	11		62	B 4	5		1.94	A 3	14		5.32	A 6	11		44	A 4	13		
		2		6.20	B 3	6		64	A 7	10		1.80	B 3	6		5.00	B 5	4		37	B 2	7		
						17					15					20					15			
YELLOW	Colne	1		7.60	A 1	16		65	A 6	11		1.84	A 6	11		5.36	A 5	12		37	B 2	7		
		2		6.60	B 1	8		57	B 7	2		1.62	B 7	2		5.02	B 2	7		41	A 5	12		
						24					13					13					19			
GREEN	Notley High	1		6.70	A 5	12		66	A 5	12		1.76	B 5	4		5.46	A 4	13		40	B 1	8		
		2		5.70	B 5	4		60	B 5	4		1.85	A 4	13		5.02	B 2	7		47	A 2	15		
						16					16					17					20			
BLUE	St Martins	1		6.20	B 3	6		69	B 1	8		2.12	A 2	15		5.12	B 1	8		35	B 5	4		
		2		7.30	A 3	14		72	A 3	14		1.77	B 4	5		6.28	A 2	15		47	A 2	15		
						20					22					20					23			
SKY	William Edwards	1		5.60	A 7	10		69	B 1	8		1.98	B 1	8		6.48	A 1	16		33	B 6	3		
		2		5.00	B 6	3		79	A 1	16		2.45	A 1	16		5.02	B 2	7		37	A 7	10		
						13					24					24					23			
MAROON	Debden Park	1		7.00	A 4	13		64	B 3	6		1.65	B 6	3		4.38	B 7	2		41	A 5	12		
		2		4.90	B 7	2		73	A 2	15		1.84	A 6	11		4.62	A 7	10		30	B 7	2		
						15					21					14					12			
BROWN	St Johns	1		7.50	A 2	15		60	B 5	4		1.82	B 2	7		5.50	A 3	14		48	A 1	16		
		2		6.30	B 2	7		71	A 4	13		1.85	A 4	13		4.92	B 6	3		37	B 2	7		
						22					17					20					17			

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Garons Park

Year 7 Boys

		PINK	YELLOW	GREEN	BLUE		SKY	MAROON	BROWN
		Thurstable	Colne	Ramsey	Shenfield		William Edwards	Roding Valley	St Johns
Track	Obstacle Relay	24	14	16	26		30	20	28
	2 Lap Race	20	22	17	23		28	20	30
	4 Lap Race	17	14	17	28		27	20	29
	6 Lap Race	20	13	14	19		18	16	15
	8 Lap Paarlaf	16	22	14	26		30	20	28
	4 x 2 Lap Relay	18	16	20	26		28	14	30
Field	Shot	23	18	15	19		30	18	25
	Speed Bounce	19	16	26	27		22	30	25
	Standing Long Jump	23	18	24	25		20	22	30
	Standing Triple Jump	24	18	19	26		28	16	30
	Vertical Jump	15	15	25	21		23	21	30
Total		219	186	207	266		284	217	300
Overall Position		6	9	8	3		2	7	1
Virtual Total		543	488	538	582		604	538	636
Virtual Award		STEP 10	STEP 9	STEP 10	BRONZE		SILVER	STEP 10	SILVER

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Garons Park

Year 7 Boys

		WHITE	BLACK			N	P	Q	R
		Southend High	Westcliffe	School 11	School 12	School 13	School 14	School 15	School 16
Track	Obstacle Relay	18	22						
	2 Lap Race	25	15						
	4 Lap Race	22	24						
	6 Lap Race	17	12						
	8 Lap Paarlaf	18	24						
	4 x 2 Lap Relay	22	24						
Field	Shot	24	27						
	Speed Bounce	18	22						
	Standing Long Jump	23	15						
	Standing Triple Jump	22	16						
	Vertical Jump	23	26						
Total		232	227						
Overall Position		4	5						
Virtual Total		549	542						
Virtual Award		STEP 10	STEP 10						

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Year 8 Girls

Garons Park

15 March 2019

	PINK		GREEN	BLUE		SKY	MAROON	BROWN
	Thurstable		Maltings	Shenfield		Gable Hall	Roding Valley	St Johns
TRACK								
Obstacle Relay	18		16	24		20	14	22
2 Lap Race	16		14	23		23	18	20
4 Lap Race	22		15	24		18	17	18
6 Lap Race	12		14	15		11	13	16
8 Lap Paarlauf	16		18	24		14	20	22
4 x 2 Lap Relay	14		16	24		18	20	22
FIELD								
Shot	16		19	19		21	17	23
Speed Bounce	14		22	24		17	20	18
Standing Long Jump	16		15	24		18	22	21
Standing Triple Jump	15		22	24		15	18	20
Vertical Jump	15		16	24		19	18	23
Total	174		187	249		194	197	225
Overall Position	6		5	1		4	3	2

Virtual Total	501.00		582.00	659.00		551.00	567.00	605.00
Virtual Award	STEP 10		BRONZE	GOLD		BRONZE	BRONZE	SILVER

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BRITISH
ATHLETICS



Colour	Team	Obstacle Relay		2 Lap Race			4 Lap Race			6 Lap Race			8 Lap Paarlaf		4x2 Lap Relay				
		Time in secs	Position / Points	Name / No	Time in secs	A or B Rank	Position / Points	Name / No	Time in secs	A or B Rank	Position / Points	Name / No	Time in secs	Position / Points	Time in secs	Position / Points			
PINK	Thurstable	88.0	4	1		29.1	A 5	12	1		58.3	A 2	15	101.2	5	126.0	5	123.5	6
				2		29.4	B 5	4	2		59.6	B 2	7						
		18					16								22				
GREEN	Matlings	91.2	5	1		31.5	B 6	3	1		61.6	A 6	11	97.3	3	121.0	4	118.9	5
				2		30.1	A 6	11	2		64.4	B 5	4						
		16					14								15				
BLUE	Shenfield	79.9	1	1		26.7	B 1	8	1		55.9	A 1	16	96.9	2	112.0	1	106.3	1
				2		26.2	A 2	15	2		57.8	B 1	8						
		24					23								24				
SKY	Gable Hall	85.2	3	1		27.1	B 2	7	1		59.2	A 4	13	105.3	6	144.0	6	112.4	4
				2		25.9	A 1	16	2		63.8	B 4	5						
		20					23								18				
MAROON	Roding Valley	92.8	6	1		27.7	A 4	13	1		58.9	A 3	14	97.8	4	117.0	3	112.1	3
				2		28.8	B 4	5	2		66.5	B 6	3						
		14					18								17				
BROWN	St Johns	82.1	2	1		26.3	A 3	14	1		59.6	A 5	12	93.1	1	116.0	2	106.9	2
				2		27.4	B 3	6	2		61.1	B 3	6						
		22					20								18				

Colour	Team	Shot				Speed Bounce				Standing Long Jump				Standing Triple Jump				Vertical Jump						
		Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points			
PINK	Thurstable	1		5.50	B 4	5		68	A 6	11		1.70	A 5	12		4.98	B 5	4		42	B 6	3		
		2		5.80	A 6	11		46	B 6	3		1.65	B 5	4		5.02	A 6	11		50	A 5	12		
						16					14					16					15			
GREEN	Maltings	1		11.70	A 1	16		79	A 2	15		1.65	B 5	4		5.92	A 2	15		47	A 6	11		
		2		4.90	B 6	3		74	B 2	7		1.67	A 6	11		5.66	B 2	7		46	B 4	5		
						19					22					15					22			
BLUE	Shenfield	1		6.20	B 3	6		80	A 1	16		1.84	B 1	8		6.68	B 1	8		62	A 1	16		
		2		7.30	A 4	13		75	B 1	8		2.14	A 1	16		6.80	A 1	16		55	B 1	8		
						19					24					24					24			
SKY	Gable Hall	1		7.80	A 3	14		64	B 4	5		1.74	B 4	5		5.28	A 5	12		47	B 3	6		
		2		6.80	B 2	7		69	A 5	12		1.76	A 4	13		4.62	B 6	3		51	A 4	13		
						21					17					18					15			
MAROON	Roding Valley	1		6.90	A 5	12		76	A 3	14		1.92	A 2	15		5.52	A 4	13		44	B 5	4		
		2		5.50	B 4	5		66	B 3	6		1.75	B 2	7		5.12	B 4	5		53	A 3	14		
						17					20					22					18			
BROWN	St Johns	1		7.90	A 2	15		70	A 4	13		1.89	A 3	14		5.56	B 3	6		55	B 1	8		
		2		7.90	B 1	8		64	B 4	5		1.75	B 2	7		5.68	A 3	14		59	A 2	15		
						23					18					21					20			

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Year 8 Boys

		PINK	YELLOW	GREEN	BLUE		SKY	MAROON	BROWN
		Thurstable	Colne	Hedingham	Shenfield		Harris Riverside	Roding Valley	St Johns
Track	Obstacle Relay	18	14	20	26		30	22	24
	2 Lap Race	19	15	19	29		23	27	19
	4 Lap Race	20	17	15	26		24	20	26
	6 Lap Race	16	12	14	17		18	20	15
	8 Lap Paarlaf	16	18	22	28		24	20	26
	4 x 2 Lap Relay	20	16	18	28		30	24	22
Field	Shot	14	21	18	22		22	22	27
	Speed Bounce	16	16	30	24		22	29	27
	Standing Long Jump	27	15	16	22		28	19	25
	Standing Triple Jump	22	16	15	26		27	17	26
	Vertical Jump	30	20	22	26		18	14	19
Total		218	180	209	274		266	234	256
Overall Position		6	9	7	2		3	5	4
Virtual Total		645	565	596	654		652	607	665
Virtual Award		SILVER	BRONZE	BRONZE	GOLD		GOLD	SILVER	GOLD

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Garons Park

Year 8 Boys

		WHITE	BLACK			N	P	Q	R
		Southend High	West Hatch	School 11	School 12	School 13	School 14	School 15	School 16
Track	Obstacle Relay	16	28						
	2 Lap Race	19	28						
	4 Lap Race	20	30						
	6 Lap Race	13	19						
	8 Lap Paarlaf	14	30						
	4 x 2 Lap Relay	14	26						
Field	Shot	25	29						
	Speed Bounce	19	19						
	Standing Long Jump	21	28						
	Standing Triple Jump	20	29						
	Vertical Jump	23	28						
Total		204	294						
Overall Position		8	1						
Virtual Total		626	691						
Virtual Award		SILVER	GOLD						

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