

Sportshall Secondary

Surrey Sportshall Secondary Schools Final

19 March 2019

Guildford Spectrum

Year 7 Girls

		Red – A	Yellow – B	Green – C	Blue – D	Pink – E	Orange – F		
		Woking High	Heathside	Sunbury Manor	Rosebery	Hinchley Wood	RGS		
Track	Obstacle Relay	36	30	40	28	32	34		
	2 Lap Race	48	45	31	31	33	44		
	4 Lap Race	48	37	36	34	29	41		
	6 Lap Race	28	22	26	24	30	32		
	8 Lap Paarlaf	46	28	32	36	40	42		
	4 x 2 Lap Relay	42	40	30	28	36	48		
Field	Shot	38	30	45	39	30	47		
	Speed Bounce	44	37	34	38	32	42		
	Standing Long Jump	40	35	37	33	31	35		
	Standing Triple Jump	41	45	30	28	33	42		
	Vertical Jump	46	34	35	33	38	36		
Total		457	383	376	352	364	443		
Overall Position		2	8	9	11	10	4		
Virtual Total		524	486	475	448	456	518		
Virtual Award		STEP 10	STEP 9	STEP 9	STEP 8	STEP 9	STEP 10		

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Surrey

19 March 2019

Guildford Spectrum

Year 7 Girls

		SKY - G	Maroon - H	Black - J	White - K	Silver - L
		RAAS	Rodborough	Woolmer Hill	Howard of Effingham	George Abbot
Track	Obstacle Relay	44	48	38	48	42
	2 Lap Race	35	40	37	34	42
	4 Lap Race	33	42	34	43	42
	6 Lap Race	23	25	27	29	31
	8 Lap Paarlaf	30	44	38	48	36
	4 x 2 Lap Relay	34	46	32	44	38
Field	Shot	42	38	37	40	34
	Speed Bounce	32	46	47	42	36
	Standing Long Jump	44	45	48	46	29
	Standing Triple Jump	35	39	35	46	45
	Vertical Jump	39	42	30	48	42
Total		391	455	403	468	417
Overall Position		7	3	6	1	5
Virtual Total		499	524	507	561	485
Virtual Award		STEP 9	STEP 10	STEP 10	BRONZE	STEP 9

For more information on the



Year 7 Girls Track

Team	Obstacle Relay	2 Lap Race				4 Lap Race				6 Lap Race			8 Lap Paarlau		4x2 Lap Relay			
		Time in secs	Positio n / Points	No	Name	Time in secs	A or B Rank	Positio n / Points	No	Name	Time in secs	Positio n / Points	Time in secs	Positio n / Points	Time in secs	Positio n / Points		
Red - A	Woking High	88.6	7		26.1	A 1	32		60.2	A 1	32							
			36		27.7	B 1	16		62.4	B 1	16		100.1	5	118.3	2	114.6	4
							48				48				28		46	42
Yellow - B	Heathside	91.2	10		28.2	B 3	14		65.0	B 5	12							
			30		26.9	A 2	31		64.9	A 8	25		115.5	11	134.8	11	115.1	5
							45				37				22		28	40
Green - C	Sunbury Manor	87.3	5		29.2	A 11	22		59.9	A 3	30							
			40		30.2	B 8	9		73.9	B 11	6		106.3	7	133.3	9	124.5	10
							31				36				26		32	30
Blue - D	Rosebery	93.2	11		31.6	B 11	6		65.3	A 9	24							
			28		28.7	A 8	25		65.9	B 7	10		115.1	9	128.3	7	128.2	11
							31				34				24		36	28
Pink - E	Hinchley Wood	90.8	9		30.2	B 8	9		65.6	A 11	22							
			32		29.0	A 9	24		68.6	B 10	7		98.1	3	125.9	5	118.1	7
							33				29				30		40	36
Orange - F	RGS	89.6	8		27.5	A 4	29		62.3	A 6	27							
			34		27.9	B 2	15		63.0	B 3	14		96.9	1	120.9	4	112.1	1
							44				41				32		42	48
SKY - G	RAAS	86.4	3		27.6	A 5	28		65.3	A 9	24							
			44		30.4	B 10	7		66.1	B 8	9		115.2	10	133.8	10	118.5	8
							35				33				23		30	34
Maroon - H	Rodborough	81.8	1		28.3	B 4	13		60.3	A 4	29							
			48		27.7	A 6	27		63.3	B 4	13		110.5	8	119.2	3	112.3	2
							40				42				25		44	46
Black - J	Woolmer Hill	87.6	6		28.8	B 6	11		64.4	A 7	26							
			38		28.4	A 7	26		66.6	B 9	8		105.8	6	127.1	6	118.9	9
							37				34				27		38	32
White - K	Howard of Eflingham	81.8	1		29.0	A 9	24		61.2	A 5	28							
			48		29.1	B 7	10		61.7	B 2	15		98.9	4	116.8	1	113.0	3
							34				43				29		48	44
Silver - L	George Abbot	86.5	4		28.6	B 5	12		65.4	B 6	11							
			42		27.3	A 3	30		59.8	A 2	31		97.1	2	128.3	7	117.9	6
							42				42				31		36	38

Year 7 Girls

Field

Team	Shot				Speed Bounce				Standing Long Jump				Standing Triple Jump				Vertical Jump			
	No	Name	Best A or B Rank	Points	No	Name	Best A or B Rank	Points	No	Name	Best A or B Rank	Points	No	Name	Best A or B Rank	Points	No	Name	Best A or B Rank	Points
Red - A Woking High			5.05 B 6	11			51 B 3	14			1.97 A 5	28			5.04 B 5	12			45 B 2	15
			6.20 A 6	27			54 A 3	30			1.78 B 5	12			5.76 A 4	29			50 A 2	31
				38				44				40				41				
Yellow - B Heathside			5.00 A 11	22			50 A 9	24			1.76 B 6	11			5.34 B 3	14			45 A 5	28
			4.45 B 9	8			50 B 4	13			1.88 A 9	24			5.92 A 2	31			32 B 11	6
				30				37				35				45				
Green - C Sunbury Manor			6.60 A 3	30			52 A 8	25			1.73 B 7	10			4.58 B 10	7			45 A 5	28
			5.80 B 2	15			46 B 8	9			1.94 A 6	27			4.73 A 10	23			34 B 10	7
				45				34				37				30				
Blue - D Rosebery			6.60 A 3	30			42 B 10	7			1.60 B 10	7			4.58 A 11	22			40 A 10	23
			4.75 B 8	9			55 A 2	31			1.90 A 7	26			3.96 B 11	6			40 B 7	10
				39				38				33				28				
Pink - E Hinchley Wood			5.70 A 10	23			50 A 9	24			1.82 A 10	23			4.78 A 9	24			45 A 5	28
			4.20 B 10	7			45 B 9	8			1.62 B 9	8			4.72 B 8	9			40 B 7	10
				30				32				31				33				
Orange - F RGS			6.30 B 1	16			49 B 5	12			1.90 A 7	26			5.48 A 6	27			42 A 9	24
			6.70 A 2	31			54 A 3	30			1.72 B 8	9			5.36 B 2	15			41 B 5	12
				47				42				35				42				
SKY - G RAAS			7.00 A 1	32			49 A 11	22			2.00 A 2	31			4.72 B 8	9			43 B 3	14
			4.80 B 7	10			48 B 7	10			1.86 B 4	13			5.19 A 7	26			44 A 8	25
				42				32				44				35				
Maroon - H Rodborough			6.10 A 8	25			54 A 3	30			1.90 B 3	14			5.62 A 5	28			42 B 4	13
			5.50 B 4	13			54 B 1	16			2.00 A 2	31			4.84 B 6	11			47 A 4	29
				38				46				45				39				
Black - J Woolmer Hill			5.50 B 4	13			56 A 1	32			2.20 A 1	32			4.81 B 7	10			36 A 11	22
			5.75 A 9	24			53 B 2	15			2.20 B 1	16			4.93 A 8	25			35 B 9	8
				37				47				48				35				
White - K Howard of Effingham			6.15 A 7	26			49 B 5	12			1.98 B 2	15			5.46 B 1	16			52 B 1	16
			5.75 B 3	14			54 A 3	30			2.00 A 2	31			5.89 A 3	30			56 A 1	32
				40				42				46				46				
Silver - L George Abbot			4.10 B 11	6			54 A 3	30			1.70 A 11	22			6.12 A 1	32			41 B 5	12
			6.40 A 5	28			40 B 11	6			1.60 B 10	7			5.10 B 4	13			48 A 3	30
				34				36				29				45				

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Year 7 Boys

		Red – A	Yellow – B	Green – C	Blue – D	Pink – E	Orange – F		
		Tomlinscote	SJB	Bishop Wand	Hinchley Wood	Ashcombe	RGS		
Track	Obstacle Relay	42	44	38	32	30	48		
	2 Lap Race	36	48	37	43	38	40		
	4 Lap Race	40	45	42	30	28	42		
	6 Lap Race	26	23	27	29	28	31		
	8 Lap Paarlaf	38	46	48	36	44	42		
	4 x 2 Lap Relay	38	44	30	40	34	48		
Field	Shot	38	46	31	35	40	47		
	Speed Bounce	46	41	42	33	30	36		
	Standing Long Jump	41	42	34	28	33	35		
	Standing Triple Jump	40	39	42	28	42	42		
	Vertical Jump	40	42	44	34	35	45		
Total		425	460	415	368	382	456		
Overall Position		4	2	5	10	9	3		
Virtual Total		529	545	516	457	511	534		
Virtual Award		STEP 10	STEP 10	STEP 10	STEP 9	STEP 10	STEP 10		

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Year 7 Boys

		SKY - G	Maroon - H	Black - J	White - K	Silver - L
		The Beacon	Rodborough	Woolmer Hill	Howard of Effingham	George Abbot
Track	Obstacle Relay	28	34	40	46	36
	2 Lap Race	35	33	35	41	36
	4 Lap Race	33	33	38	44	43
	6 Lap Race	22	32	26	30	24
	8 Lap Paarlaf	28	30	32	34	40
	4 x 2 Lap Relay	28	46	32	42	36
Field	Shot	29	39	32	44	38
	Speed Bounce	45	42	40	41	30
	Standing Long Jump	37	44	36	47	44
	Standing Triple Jump	31	34	36	46	39
	Vertical Jump	39	31	36	48	31
Total		355	398	383	463	397
Overall Position		11	6	8	1	7
Virtual Total		492	#N/A	505	576	500
Virtual Award		STEP 9	#N/A	STEP 10	BRONZE	STEP 10

For more information on the



Year 7 Boys

Field

Team	Shot				Speed Bounce				Standing Long Jump				Standing Triple Jump				Vertical Jump			
	No	Name	Best A or B Rank	Points	No	Name	Best A or B Rank	Points	No	Name	Best A or B Rank	Points	No	Name	Best A or B Rank	Points	No	Name	Best A or B Rank	Points
Red - A Tomlinson			6.40 A 5	28	12		56 A 3	30			1.68 B 8	9			5.54 B 5	12			47 A 4	29
			5.20 B 7	10	16		54 B 1	16			2.12 A 1	32			6.01 A 5	28			38 B 6	11
				38				46				41					40			40
Yellow - B SJB			8.65 A 1	32	13		56 A 3	30			1.99 A 5	28			5.14 B 9	8			46 A 5	28
			6.10 B 3	14	12		49 B 6	11			1.86 B 3	14			6.26 A 2	31			41 B 3	14
				46				41				42					39			42
Green - C Bishop Wand			5.70 A 8	25	11		50 B 3	14			1.60 B 10	7			6.30 A 1	32			53 A 2	31
			4.40 B 11	6	14		55 A 5	28			1.94 A 6	27			5.48 B 7	10			39 B 4	13
				31				42				34					42			44
Blue - D Hinchley Wood			5.60 A 9	24	18		48 B 7	10			1.70 A 11	22			5.24 A 11	22			41 A 8	25
			5.30 B 6	11	16		49 A 10	23			1.56 B 11	6			4.68 B 11	6			37 B 8	9
				35				33				28					28			34
Pink - E Ashcombe			6.20 A 6	27	14		53 A 9	24			1.75 B 7	10			6.06 A 4	29			46 A 5	28
			6.00 B 4	13	13		45 B 11	6			1.76 A 10	23			5.58 B 4	13			36 B 10	7
				40				30				33					42			35
Orange - F RGS			6.65 B 1	16	16		54 A 6	27			1.92 A 7	26			5.78 A 6	27			43 B 2	15
			7.30 A 2	31	12		47 B 8	9			1.68 B 8	9			5.72 B 2	15			49 A 3	30
				47				36				35					42			45
SKY - G The Beacon			4.50 B 10	7			50 B 3	14			1.86 A 8	25			5.65 A 9	24			39 B 4	13
			4.60 A 11	22			58 A 2	31			1.80 B 5	12			5.02 B 10	7			42 A 7	26
				29				45				37					31			39
Maroon - H Rodborough			5.34 B 5	12			52 B 2	15			2.06 A 3	30			5.50 A 10	23			40 A 11	22
			6.20 A 6	27			54 A 6	27			1.86 B 3	14			5.50 B 6	11			37 B 8	9
				39				42				44					34			31
Black - J Woolmer Hill			5.45 A 10	23			62 A 1	32			1.82 A 9	24			5.75 A 7	26			41 A 8	25
			5.10 B 8	9			46 B 9	8			1.80 B 5	12			5.48 B 7	10			38 B 6	11
				32				40				36					36			36
White - K Howard of Effingham			6.90 A 4	29			50 B 3	14			1.94 B 1	16			6.20 A 3	30			55 A 1	32
			6.20 B 2	15			54 A 6	27			2.08 A 2	31			5.80 B 1	16			52 B 1	16
				44				41				47					46			48
Silver - L George Abbot			7.15 A 3	30			46 A 11	22			1.90 B 2	15			5.74 A 8	25			41 A 8	25
			4.90 B 9	8			46 B 9	8			2.00 A 4	29			5.70 B 3	14			34 B 11	6
				38				30				44					39			31