



## Team Entries

<b>Competition Name</b>	Sportshall County League 2019/2020
<b>Venue</b>	Kingsway Leisure Centre, Widnes
<b>Date</b>	
<b>Age Group</b>	Under 11
<b>Boys / Girls</b>	Boys

	<b>Club Names</b>	<b>Colours / Letters / Team Initials</b>
<b>Club A</b>	Halton & Frodsham	H&F
<b>Club B</b>	St Helens Sutton	SHS
<b>Club C</b>	Warrington	War
<b>Club D</b>	West Cheshire	WC
<b>Club D</b>	WESPA	WE
<b>Club E</b>	Club 6	
<b>Club F</b>	Club 7	
<b>Club G</b>	Club 8	
<b>Club A</b>	Club 9	
<b>Club B</b>	Club 10	
<b>Club A</b>	Club 11	
<b>Club L</b>	Club 12	

[www.sportshall.org](http://www.sportshall.org)

Message for print outs - ie League website address / email

## Number of Teams

Number of Teams	
	5

A Points Start	16	10	Recommend
Down in	1	1	
B Points Start	8	5	
Down in	1	1	
Relay Points Start	24	15	
Down in	3	2	

## Competition Event Names

Track			
Individual Track Races		Relay Races	
2 Lap Race	<a href="#"><u>Go</u></a>	4 x 2 Lap Relay	<a href="#"><u>Go</u></a>
4 Lap Race	<a href="#"><u>Go</u></a>	Relay 2	<a href="#"><u>Go</u></a>
Individual Track 3	<a href="#"><u>Go</u></a>	Relay 3	<a href="#"><u>Go</u></a>
Individual Track 4	<a href="#"><u>Go</u></a>	Relay 4	<a href="#"><u>Go</u></a>
Individual Track 5	<a href="#"><u>Go</u></a>	Relay 5	<a href="#"><u>Go</u></a>
Individual Track 6	<a href="#"><u>Go</u></a>	Relay 6	<a href="#"><u>Go</u></a>
Field			
Jumps		Throws	
Speed Bounce	<a href="#"><u>Go</u></a>	Chest Push	<a href="#"><u>Go</u></a>
Standing Long Jump	<a href="#"><u>Go</u></a>	Shot Put	<a href="#"><u>Go</u></a>
Standing Triple Jump	<a href="#"><u>Go</u></a>	Soft Javelin	<a href="#"><u>Go</u></a>
Vertical Jump	<a href="#"><u>Go</u></a>	Throws 4	<a href="#"><u>Go</u></a>
High Jump	<a href="#"><u>Go</u></a>	Throws 5	<a href="#"><u>Go</u></a>
Jumps 6	<a href="#"><u>Go</u></a>	Throws 6	<a href="#"><u>Go</u></a>



## Athlete Names Input

No	Name	Club
121	Thomas Darbyshire	Warrington
124	Arul Tripathi	Warrington
126	Christian Morrall-Santanna	Warrington
	Ruben Evan-Guillen	Warrington
122	Spencer Astbury	Warrington
125	Oliver Platt-Higgins	Warrington
123	Caleb Adelani	Warrington
108	Lucas Hewitt	WESPA
105	Ethan Lopez Chan	WESPA
106	Gabriel Blackie	WESPA
107	Will Finlay	WESPA
104	Alessandro Santina	WESPA
129	Daniel Walker	West Cheshire
130	James Davidson	West Cheshire
131	Noah Woolgar	West Cheshire
132	Theo Shepherd	West Cheshire
133	Thomas Renondeau	West Cheshire
134	Tom Joshua	West Cheshire
135	Will Rawson	West Cheshire
136	William Mallon	West Cheshire
137	Oliver Eaton	West Cheshire
138	Josh Waterhouse	St Helens Sutton
139	Tyler Liptrot	St Helens Sutton
140	Will Shaw	St Helens Sutton
116	Tom Coates	Halton & Frodsham
117	Ashley Cubbon	Halton & Frodsham
114	Charlie Larkin	Halton & Frodsham
113	Michael Howard	Halton & Frodsham





















		Under 11 - Boys									
		H&F	SHS	War	WC	WE					
		Halton & Frodsham	St Helens Sutton	Warrington	West Cheshire	WESPA	Club 6	Club 7	Club 8		
TRACK	Individual	2 Lap Race	16	18.5	23	23	19.5				
		4 Lap Race	17	13	23	22	21				
		Individual Track 3									
		Individual Track 4									
		Individual Track 5									
		Individual Track 6									
	Relay	4 x 2 Lap Relay		18	15	24	21				
		Relay 2									
		Relay 3									
		Relay 4									
		Relay 5									
Relay 6											
FIELD	Jumps	Speed Bounce	16	13	18	23	21				
		Standing Long Jump	18	14	22	18	24				
		Standing Triple Jump	19	12	22	24	19				
		Vertical Jump	20	14.5	16	22.5	12				
		High Jump									
		Jumps 6									
	Throws	Chest Push	21	16	20	23	20				
		Shot Put									
		Soft Javelin									
		Throws 4									
		Throws 5									
		Throws 6									
	<b>Total</b>		<b>127</b>	<b>119</b>	<b>159</b>	<b>179.5</b>	<b>157.5</b>				
<b>Overall Position</b>		<b>4</b>	<b>5</b>	<b>2</b>	<b>1</b>	<b>3</b>					



















2 Lap Race					
No	Name	Club	Time	Rank	Points
132	Theo Shepherd	West Cheshire	27.2	A 1	16
126	Christian Morrall-Santanna	Warrington	29.2	B 1	8
105	Ethan Lopez Chan	WESPA	29.3	A 3	14
112	Lewis Blake	Halton & Frodsham	30.5	A 5	12
140	Will Shaw	St Helens Sutton	30.8	B 3	5.5
123	Caleb Adelani	Warrington	28.7	A 2	15
130	James Davidson	West Cheshire	29.8	B 2	7
139	Tyler Liptrot	St Helens Sutton	30.2	A 4	13
108	Lucas Hewitt	WESPA	30.8	B 3	5.5
117	Ashley Cubbon	Halton & Frodsham	33.2	B 5	4
2 Lap Race - Non Scoring					
No	Name	Club	Time	NS	
124	Arul Tripathi	Warrington	28.4	N S	
136	William Mallon	West Cheshire	30.6	N S	
113	Michael Howard	Halton & Frodsham	31.4	N S	
133	Thomas Renondeau	West Cheshire	32.7	N S	

4 Lap Race					
No	Name	Club	Time	Rank	Points
129	Daniel Walker	West Cheshire	60.1	A 1	16
122	Spencer Astbury	Warrington	61.4	A 2	15
138	Josh Waterhouse	St Helens Sutton	64.7	A 4	13
107	Will Finlay	WESPA	65.7	B 2	7
114	Charlie Larkin	Halton & Frodsham	69	B 4	5
121	Thomas Darbyshire	Warrington	62.5	B 1	8
104	Alessandro Santina	WESPA	62.5	A 3	14
120	Adam Keith	Halton & Frodsham	65	A 5	12
131	Noah Woolgar	West Cheshire	66	B 3	6
4 Lap Race - Non Scoring					
No	Name	Club	Time	NS	

Individual Track 3					
No	Name	Club	Time	Rank	Points
Individual Track 3 - Non Scoring					
No	Name	Club	Time	NS	







Chest Push					
No	Name	Club	Dis (m)	Rank	Points
112	Lewis Blake	Halton & Frodsham	4.50		
114	Charlie Larkin	Halton & Frodsham	4.76	B 4	5
115	Harry Douthwaite	Halton & Frodsham	6.25	A 1	16
140	Will Shaw	St Helens Sutton	4.75	B 5	4
139	Tyler Liptrot	St Helens Sutton	5.25	A 5	12
122	Spencer Astbury	Warrington	5.00	B 3	6
123	Caleb Adelani	Warrington	5.51	A 3	14
132	Theo Shepherd	West Cheshire	5.50	B 1	8
133	Thomas Renondeau	West Cheshire	4.50		
130	James Davidson	West Cheshire	5.75	A 2	15
107	Will Finlay	WESPA	5.50	A 4	13
104	Alessandro Santina	WESPA	5.25	B 2	7
108	Lucas Hewitt	WESPA	4.75		
Chest Push - Non Scoring					
No	Name	Club	Dis (m)	NS	

Shot Put					
No	Name	Club	Dis (m)	Rank	Points
Shot Put - Non Scoring					
No	Name	Club	Dis (m)	NS	

Soft Javelin					
No	Name	Club	Dis (m)	Rank	Points
Soft Javelin - Non Scoring					
No	Name	Club	Dis (m)	NS	





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<b>Venue</b>	Kingsway Leisure Centre, Widnes
<b>Date</b>	
<b>Age Group</b>	Under 11
<b>Boys / Girls</b>	Girls

	<b>Club Names</b>	<b>Colours / Letters / Team Initials</b>
<b>Club A</b>	Halton & Frodsham	H&F
<b>Club B</b>	St Helens Sutton	SHS
<b>Club C</b>	Warrington	War
<b>Club D</b>	West Cheshire	WC
<b>Club D</b>	WESPA	WE
<b>Club E</b>	Club 6	
<b>Club F</b>	Club 7	
<b>Club G</b>	Club 8	
<b>Club A</b>	Club 9	
<b>Club B</b>	Club 10	
<b>Club A</b>	Club 11	
<b>Club L</b>	Club 12	

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## Number of Teams

Number of Teams	
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A Points Start	16	10	Recommend
Down in	1	1	
B Points Start	8	5	
Down in	1	1	
Relay Points Start	24	15	
Down in	3	2	

## Competition Event Names

Track			
Individual Track Races		Relay Races	
2 Lap Race	<a href="#"><u>Go</u></a>	4 x 2 Lap Relay	<a href="#"><u>Go</u></a>
4 Lap Race	<a href="#"><u>Go</u></a>	Relay 2	<a href="#"><u>Go</u></a>
Individual Track 3	<a href="#"><u>Go</u></a>	Relay 3	<a href="#"><u>Go</u></a>
Individual Track 4	<a href="#"><u>Go</u></a>	Relay 4	<a href="#"><u>Go</u></a>
Individual Track 5	<a href="#"><u>Go</u></a>	Relay 5	<a href="#"><u>Go</u></a>
Individual Track 6	<a href="#"><u>Go</u></a>	Relay 6	<a href="#"><u>Go</u></a>
Field			
Jumps		Throws	
Speed Bounce	<a href="#"><u>Go</u></a>	Chest Push	<a href="#"><u>Go</u></a>
Standing Long Jump	<a href="#"><u>Go</u></a>	Shot Put	<a href="#"><u>Go</u></a>
Standing Triple Jump	<a href="#"><u>Go</u></a>	Soft Javelin	<a href="#"><u>Go</u></a>
Vertical Jump	<a href="#"><u>Go</u></a>	Throws 4	<a href="#"><u>Go</u></a>
High Jump	<a href="#"><u>Go</u></a>	Throws 5	<a href="#"><u>Go</u></a>
Jumps 6	<a href="#"><u>Go</u></a>	Throws 6	<a href="#"><u>Go</u></a>



## Athlete Names Input

No	Name	Club
16	Ellie Barker	Warrington
17	Isabelle Barker	Warrington
18	Myla Stocleton	Warrington
19	Abigail Adelana	Warrington
20	Maisy Devine	Warrington
	Ellena Evan-Guillen	Warrington
2	Ava Williamson	WESPA
1	Jess Mann	WESPA
3	Ava Swift	WESPA
4	Chloe Syvret	WESPA
5	Rosa Wlaklett	WESPA
6	Miranda Fludger	WESPA
7	Ruby Williamson	WESPA
8	Emily Hughes	WESPA
9	Maize Bimson	WESPA
49	Heather Grant	St Helens Sutton
50	Phoebe Harrison	St Helens Sutton
51	Harriet George	St Helens Sutton
52	Isabelle George	St Helens Sutton
53	Molly Smedley	St Helens Sutton
54	Molly Mulcahy	St Helens Sutton
55	Gracie Hayes	St Helens Sutton
56	Lauren Addison	St Helens Sutton
35	Abigail Meyer	West Cheshire
36	Ava Redmond	West Cheshire
37	Beth Manson	West Cheshire
38	Bethany Long	West Cheshire
39	Daisy Ross Maddock	West Cheshire























Kingsway Leisure Centre,  
Widnes

Sportshall County League 2019/2020

		H&F	SHS	War	WC	WE				
Under 11 - Girls		Halton & Frodsham	St Helens Sutton	Warrington	West Cheshire	WESPA	Club 6	Club 7	Club 8	
TRACK	Individual	2 Lap Race	18	22	16	22	22			
		4 Lap Race		23	22	20	19			
		Individual Track 3								
		Individual Track 4								
		Individual Track 5								
		Individual Track 6								
	Relay	4 x 2 Lap Relay		18		24	21			
		Relay 2								
		Relay 3								
		Relay 4								
		Relay 5								
		Relay 6								
FIELD	Jumps	Speed Bounce	13	22.5	17	21.5	22			
		Standing Long Jump	17	19	20	23	21			
		Standing Triple Jump		19	19	24	22			
		Vertical Jump		20	24	20	20			
		High Jump								
		Jumps 6								
	Throws	Chest Push	12	19	20	24	21			
		Shot Put								
		Soft Javelin								
		Throws 4								
		Throws 5								
		Throws 6								
<b>Total</b>		<b>60</b>	<b>162.5</b>	<b>138</b>	<b>178.5</b>	<b>168</b>				
<b>Overall Position</b>		<b>5</b>	<b>3</b>	<b>4</b>	<b>1</b>	<b>2</b>				





















2 Lap Race					
No	Name	Club	Time	Rank	Points
40	Elsanor Neve	West Cheshire	28	A 1	16
2	Ava Williamson	WESPA	29.6	A 2	15
49	Heather Grant	St Helens Sutton	29.7	A 3	14
14	Elizabeth Smith	Halton & Frodsham	32.5	B 4	5
20	Maisy Devine	Warrington	34.2	A 5	12
50	Phoebe Harrison	St Helens Sutton	29.8	B 1	8
8	Emily Hughes	WESPA	30	B 2	7
42	Esmé Graham	West Cheshire	30.3	B 3	6
15	Eloise Pigotti	Halton & Frodsham	31.9	A 4	13
17	Isabelle Barker	Warrington	35.6	B 5	4
2 Lap Race - Non Scoring					
No	Name	Club	Time	NS	
54	Molly Mulcahy	St Helens Sutton	29.3	N S	
5	Rosa Wlaktett	WESPA	29.4	N S	
45	Mae Grant	West Cheshire	29.7	N S	
37	Beth Manson	West Cheshire	30.5	N S	
35	Abigail Meyer	West Cheshire	32.2	N S	

4 Lap Race					
No	Name	Club	Time	Rank	Points
16	Elle Barker	Warrington	59.2	A 1	16
51	Harriet George	St Helens Sutton	59.7	A 2	15
1	Jess Mann	WESPA	61	A 3	14
43	Grace Fairweather	West Cheshire	66.9	A 4	13
52	Isabelle George	St Helens Sutton	64.3	B 1	8
39	Daisy Ross Maddock	West Cheshire	69.1	B 2	7
19	Abigail Adolena	Warrington	70.1	B 3	6
3	Ava Swift	WESPA	70.3	B 4	5
4 Lap Race - Non Scoring					
No	Name	Club	Time	NS	

Individual Track 3					
No	Name	Club	Time	Rank	Points
Individual Track 3 - Non Scoring					
No	Name	Club	Time	NS	

Speed Bounce				
No	Name	Club	Bounces	Rank Points
14	Elizabeth Smith	Halton & Frodsham	46	A 4 13
49	Heather Grant	St Helens Sutton	44	
55	Grace Hayes	St Helens Sutton	54	A 2 15
54	Molly Mulcahy	St Helens Sutton	50	B 1 7.5
20	Maisy Devine	Warrington	40	A 5 12
17	Isabelle Barker	Warrington	34	B 4 5
37	Beth Manson	West Cheshire	44	
41	Isla Entwistle	West Cheshire	50	B 1 7.5
47	Ursula Archer	West Cheshire	52	A 3 14
46	Tianha Cifre	West Cheshire	40	
6	Miranda Fludger	WESPA	48	B 3 6
2	Ava Williamson	WESPA	55	A 1 16
1	Jess Mann	WESPA	46	

Speed Bounce - Non Scoring				
No	Name	Club	Bounces	NS
39	Daisy Ross Maddock	West Cheshire	40	N S
38	Bethany Long	West Cheshire	38	N S
7	Ruby Williamson	WESPA	44	N S

Standing Long Jump					
No	Name	Club	Distance (m)	Rank	Points
14	Elizabeth Smith	Halton & Frodsham	1.52	B 4	5
15	Elise Piggott	Halton & Frodsham	1.55	A 5	12
56	Lauren Addison	St Helens Sutton	1.62		
53	Molly Smedley	St Helens Sutton	1.74	A 4	13
54	Molly Mulcahy	St Helens Sutton	1.66	B 3	6
49	Heather Grant	St Helens Sutton	1.60		
20	Maisy Devine	Warrington	1.48	B 5	4
19	Abigail Adalanta	Warrington	1.87	A 1	16
35	Abigail Meyer	West Cheshire	1.73	B 1	8
37	Beth Manson	West Cheshire	1.61		
44	Katie Gledhill	West Cheshire	1.34		
43	Grace Fairweather	West Cheshire	1.78	A 2	15
4	Chloe Syvret	WESPA	1.60		
1	Jess Mann	WESPA	1.71	B 2	7
3	Ava Swift	WESPA	1.50		
8	Maize Bimson	WESPA	1.75	A 3	14

Standing Long Jump - Non Scoring					
No	Name	Club	Distance (m)	NS	
36	Ava Redmond	West Cheshire	1.52	N S	
38	Bethany Long	West Cheshire	1.48	N S	

Standing Triple Jump					
No	Name	Club	Distance (m)	Rank	Points
50	Phoebe Harrison	St Helens Sutton	5.00	B 3	6
54	Molly Mulcahy	St Helens Sutton	4.51		
55	Grace Hayes	St Helens Sutton	5.04	A 4	13
56	Lauren Addison	St Helens Sutton	4.82		
16	Elle Barker	Warrington	5.31	A 3	14
20	Maisy Devine	Warrington	3.60	B 4	5
40	Eleanor Neve	West Cheshire	5.86	A 1	16
41	Isla Entwistle	West Cheshire	5.23	B 1	8
42	Esme Graham	West Cheshire	4.48		
46	Mae Grant	West Cheshire	4.88		
3	Ava Swift	WESPA	4.60		
5	Rosa Wickett	WESPA	5.36	A 2	15
8	Emily Hughes	WESPA	4.52		
2	Ava Williamson	WESPA	5.05	B 2	7

Standing Triple Jump - Non Scoring					
No	Name	Club	Distance (m)	NS	



Chest Push					
No	Name	Club	Dis (m)	Rank	Points
18	Eloise Piggott	Halton & Frodsham	4.00	A 5	12
51	Harriet George	St Helens Sutton	5.25	A 4	13
52	Isabelle George	St Helens Sutton	4.75	B 3	6
39	Daisy Ross Maddock	West Cheshire	4.75		
47	Ursula Archer	West Cheshire	5.25	B 1	8
45	Mae Grant	West Cheshire	5.25		
40	Eleanor Neve	West Cheshire	7.25	A 1	16
20	Maisy Devine	Warrington	4.25	B 4	5
17	Isabelle Barker	Warrington	6.25	A 2	15
4	Chloe Sylvret	WESPA	4.50		
9	Maez Bimson	WESPA	5.75	A 3	14
8	Emily Hughes	WESPA	4.75	B 2	7
Chest Push - Non Scoring					
No	Name	Club	Dis (m)	NS	
44	Kadie Gledhill	West Cheshire	4.5	NS	

Shot Put					
No	Name	Club	Dis (m)	Rank	Points
Shot Put - Non Scoring					
No	Name	Club	Dis (m)	NS	

Soft Javelin					
No	Name	Club	Dis (m)	Rank	Points
Soft Javelin - Non Scoring					
No	Name	Club	Dis (m)	NS	





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<b>Venue</b>	Kingsway Leisure Centre, Widnes
<b>Date</b>	
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<b>Boys / Girls</b>	Boys

	<b>Club Names</b>	<b>Colours / Letters / Team Initials</b>
<b>Club A</b>	Halton & Frodsham	H&F
<b>Club B</b>	St Helens Sutton	SHS
<b>Club C</b>	Warrington	War
<b>Club D</b>	West Cheshire	WC
<b>Club D</b>	WESPA	WE
<b>Club E</b>	Club 6	
<b>Club F</b>	Club 7	
<b>Club G</b>	Club 8	
<b>Club A</b>	Club 9	
<b>Club B</b>	Club 10	
<b>Club A</b>	Club 11	
<b>Club L</b>	Club 12	

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## Number of Teams

Number of Teams	
	5

A Points Start	16	10	Recommend
Down in	1	1	
B Points Start	8	5	
Down in	1	1	
Relay Points Start	24	15	
Down in	3	2	

## Competition Event Names

Track			
Individual Track Races		Relay Races	
2 Lap Race	<a href="#"><u>Go</u></a>	4 x 2 Lap Relay	<a href="#"><u>Go</u></a>
6 Lap Race	<a href="#"><u>Go</u></a>	Relay 2	<a href="#"><u>Go</u></a>
Individual Track 3	<a href="#"><u>Go</u></a>	Relay 3	<a href="#"><u>Go</u></a>
Individual Track 4	<a href="#"><u>Go</u></a>	Relay 4	<a href="#"><u>Go</u></a>
Individual Track 5	<a href="#"><u>Go</u></a>	Relay 5	<a href="#"><u>Go</u></a>
Individual Track 6	<a href="#"><u>Go</u></a>	Relay 6	<a href="#"><u>Go</u></a>
Field			
Jumps		Throws	
Speed Bounce	<a href="#"><u>Go</u></a>	Chest Push	<a href="#"><u>Go</u></a>
Standing Long Jump	<a href="#"><u>Go</u></a>	Shot Put	<a href="#"><u>Go</u></a>
Standing Triple Jump	<a href="#"><u>Go</u></a>	Soft Javelin	<a href="#"><u>Go</u></a>
Vertical Jump	<a href="#"><u>Go</u></a>	Throws 4	<a href="#"><u>Go</u></a>
High Jump	<a href="#"><u>Go</u></a>	Throws 5	<a href="#"><u>Go</u></a>
Jumps 6	<a href="#"><u>Go</u></a>	Throws 6	<a href="#"><u>Go</u></a>



























Kingsway Leisure Centre,  
Widnes

Sportshall County League 2019/2020

		H&F	SHS	War	WC	WE			
		Halton & Frodsham	St Helens Sutton	Warrington	West Cheshire	WESPA	Club 6	Club 7	Club 8
TRACK	Individual	2 Lap Race	15	14	21	16			
		6 Lap Race	15			14	24		
		Individual Track 3							
		Individual Track 4							
		Individual Track 5							
		Individual Track 6							
	Relay	4 x 2 Lap Relay							
		Relay 2							
		Relay 3							
		Relay 4							
		Relay 5							
		Relay 6							
FIELD	Jumps	Speed Bounce	15		22	16			
		Standing Long Jump	14	16	13	15			
		Standing Triple Jump	14			15	24		
		Vertical Jump		14	15	16			
		High Jump							
		Jumps 6							
	Throws	Chest Push							
		Shot Put		16		14	15		
		Soft Javelin							
		Throws 4							
		Throws 5							
		Throws 6							
Total			89	44	114	126			
Overall Position			3	4	2	1			

Sportshall

ENGLAND ATHLETICS

Evoque













Sportshall County League 2019/2020			Track - Individual														Field - Jumps												Field - Throws																					
No	Name	Club	Under 13 - Boys																																															
			2 Lap Race		6 Lap Race		Individual Track 3		Individual Track 4		Individual Track 5		Individual Track 6		Speed Bounce		Standing Long Jump		Standing High Jump		Vertical Jump		High Jump		Jumps 6		Shot Push		Shot Put		Soft Javelin		Throws 4		Throws 5		Throws 6													
			Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Bounces	Pos	Dist	Pos	Dist	Pos	Height	Pos	Height	Pos	Prof	Pos	Dist	Pos	Dist	Pos	Dist	Pos	Dist	Pos	Dist	Pos	Dist	Pos	Dist	Pos										





2 Lap Race					
No	Name	Club	Time	Rank	Points
111	James Pickering	WESPA	28.5	A 1	16
141	Lewis Dunn	St Helens Sutton	27.5	A 2	15
127	Lewis Shew	Warrington	27.5	A 3	14
101	Matthew Jones	West Cheshire	28.9	A 4	13
103	Oliver Mallon	West Cheshire	31	B 1	8
2 Lap Race - Non Scoring					
No	Name	Club	Time	NS	

6 Lap Race					
No	Name	Club	Time	Rank	Points
110	Allie Forsyth-Wisbey	WESPA	92.8	A 1	16
142	Saul Hockenhall	St Helens Sutton	98.8	A 2	15
109	Nosel Ford	WESPA	99.5	B 1	8
102	Thomas Wilson	West Cheshire	99.6	A 3	14
6 Lap Race - Non Scoring					
No	Name	Club	Time	NS	

Individual Track 3					
No	Name	Club	Time	Rank	Points
Individual Track 3 - Non Scoring					
No	Name	Club	Time	NS	

Speed Bounce					
No	Name	Club	Bounces	Rank	Points
141	Lewis Dunn	St Helens Sutton	74	A 2	15
101	Matthew Jones	West Cheshire	70	A 3	14
103	Oliver Mallon	West Cheshire	60	B 1	9
111	James Pickering	WESPA	81	A 1	16
Speed Bounce - Non Scoring					
No	Name	Club	Bounces	NS	

Standing Long Jump					
No	Name	Club	Distance (m)	Rank	Points
142	Saul Hockenhall	St Helens Sutton	1.82	A 3	14
127	Lewis Shaw	Warrington	2.09	A 1	16
103	Oliver Mallon	West Cheshire	1.75	A 4	13
110	Alfie Forsyth-Wisbey	WESPA	2.08	A 2	15
Standing Long Jump - Non Scoring					
No	Name	Club	Distance (m)	NS	

Standing Triple Jump					
No	Name	Club	Distance (m)	Rank	Points
142	Saul Hockenhall	St Helens Sutton	5.41	A 3	14
101	Matthew Jones	West Cheshire	5.80	A 2	15
103	Noel Ford	WESPA	5.38	B 1	9
110	Alfie Forsyth-Wisbey	WESPA	6.16	A 1	16
Standing Triple Jump - Non Scoring					
No	Name	Club	Distance (m)	NS	

Vertical Jump					
No	Name	Club	Distance (cm)	Rank	Points
107	Lewis Shaw	Warrington	49	A 3	14
102	Thomas Wilson	West Cheshire	41	A 2	15
111	James Pickering	WESPA	52	A 1	16
Vertical Jump - Non Scoring					
No	Name	Club	Distance (cm)	NS	

High Jump							
No	Name	Club	Distance (m)	Final Faults	Total Faults	Rank	Points
High Jump - Non Scoring							
No	Name	Club	Distance (m)			NS	

Jumps 6					
No	Name	Club	Distance (m)	Rank	Points
Jumps 6 - Non Scoring					
No	Name	Club	Distance (m)	NS	

Chest Push					
No	Name	Club	Dis (m)	Rank	Points
Chest Push - Non Scoring					
No	Name	Club	Dis (m)	NS	

Shot Put					
No	Name	Club	Dis (m)	Rank	Points
102	Thomas Wilson	West Cheshire	5.11	A 3	14
109	Noel Ford	WESPA	5.85	A 2	15
141	Lewis Dunn	St Helens Sutton	7.35	A 1	16
Shot Put - Non Scoring					
No	Name	Club	Dis (m)	NS	

Soft Javelin					
No	Name	Club	Dis (m)	Rank	Points
Soft Javelin - Non Scoring					
No	Name	Club	Dis (m)	NS	







## Team Entries

<b>Competition Name</b>	Sportshall County League 2019/2020
<b>Venue</b>	Kingsway Leisure Centre, Widnes
<b>Date</b>	
<b>Age Group</b>	Under 13
<b>Boys / Girls</b>	Girls

	<b>Club Names</b>	<b>Colours / Letters / Team Initials</b>
<b>Club A</b>	Halton & Frodsham	H&F
<b>Club B</b>	St Helens Sutton	SHS
<b>Club C</b>	Warrington	War
<b>Club D</b>	West Cheshire	WC
<b>Club D</b>	WESPA	WE
<b>Club E</b>	Club 6	
<b>Club F</b>	Club 7	
<b>Club G</b>	Club 8	
<b>Club A</b>	Club 9	
<b>Club B</b>	Club 10	
<b>Club A</b>	Club 11	
<b>Club L</b>	Club 12	

[www.sportshall.org](http://www.sportshall.org)

Message for print outs - ie League website address / email

## Number of Teams

Number of Teams	
	5

A Points Start	16	10	Recommend
Down in	1	1	
B Points Start	8	5	
Down in	1	1	
Relay Points Start	24	15	
Down in	3	2	

## Competition Event Names

Track			
Individual Track Races		Relay Races	
2 Lap Race	<a href="#"><u>Go</u></a>	4 x 2 Lap Relay	<a href="#"><u>Go</u></a>
6 Lap Race	<a href="#"><u>Go</u></a>	Relay 2	<a href="#"><u>Go</u></a>
Individual Track 3	<a href="#"><u>Go</u></a>	Relay 3	<a href="#"><u>Go</u></a>
Individual Track 4	<a href="#"><u>Go</u></a>	Relay 4	<a href="#"><u>Go</u></a>
Individual Track 5	<a href="#"><u>Go</u></a>	Relay 5	<a href="#"><u>Go</u></a>
Individual Track 6	<a href="#"><u>Go</u></a>	Relay 6	<a href="#"><u>Go</u></a>
Field			
Jumps		Throws	
Speed Bounce	<a href="#"><u>Go</u></a>	Chest Push	<a href="#"><u>Go</u></a>
Standing Long Jump	<a href="#"><u>Go</u></a>	Shot Put	<a href="#"><u>Go</u></a>
Standing Triple Jump	<a href="#"><u>Go</u></a>	Soft Javelin	<a href="#"><u>Go</u></a>
Vertical Jump	<a href="#"><u>Go</u></a>	Throws 4	<a href="#"><u>Go</u></a>
High Jump	<a href="#"><u>Go</u></a>	Throws 5	<a href="#"><u>Go</u></a>
Jumps 6	<a href="#"><u>Go</u></a>	Throws 6	<a href="#"><u>Go</u></a>



## Athlete Names Input

No	Name	Club
22	Ruby Hill	Warrington
24	Toni Omotosho	Warrington
21	Ella Pennington	Warrington
25	Katie Coyle	Warrington
23	Tarra Coyle	Warrington
11	Sophie Fludger	WESPA
13	Charley Topping	WESPA
10	Bella Khanijay	WESPA
12	Charlotte Howe	WESPA
26	Teresa Arvidson	West Cheshire
27	Cerys Manson	West Cheshire
28	Jessica Brown	West Cheshire
29	Daisy Johnson	West Cheshire
30	Macy Brett	West Cheshire
31	Rose Duggan	West Cheshire
32	Flora Pass	West Cheshire
33	Holly Bosworth	West Cheshire
48	Lottie Blake	West Cheshire
34	Dakota Flemming	West Cheshire
57	Emma Lang	St Helens Sutton
58	Oliiva Pile	St Helens Sutton
59	Daisy Shaw	St Helens Sutton
60	Caitlin Harrison	St Helens Sutton
61	Abigail Newman	St Helens Sutton
62	Lily Mae Scott	St Helens Sutton





















Kingsway Leisure Centre,  
Widnes

**Sportshall County League 2019/2020**

		H&F	SHS	War	WC	WE				
		Halton & Frodsham	St Helens Sutton	Warrington	West Cheshire	WESPA	Club 6	Club 7	Club 8	
<b>TRACK</b>	<b>Individual</b>	2 Lap Race	21	19	24	20				
		6 Lap Race	23	13	20	23				
		Individual Track 3								
		Individual Track 4								
		Individual Track 5								
		Individual Track 6								
	<b>Relay</b>	4 x 2 Lap Relay		18	15	24	21			
		Relay 2								
		Relay 3								
		Relay 4								
		Relay 5								
		Relay 6								
<b>FIELD</b>	<b>Jumps</b>	Speed Bounce	20	18	22	24				
		Standing Long Jump	22	19	24	14				
		Standing Triple Jump	22	18	23	21				
		Vertical Jump	20	18	24	22				
		High Jump								
		Jumps 6								
	<b>Throws</b>	Chest Push								
		Shot Put	22	20	24	13				
		Soft Javelin								
		Throws 4								
		Throws 5								
		Throws 6								
<b>Total</b>			<b>168</b>	<b>140</b>	<b>185</b>	<b>158</b>				
<b>Overall Position</b>			<b>2</b>	<b>4</b>	<b>1</b>	<b>3</b>				





















2 Lap Race					
No	Name	Club	Time	Rank	Points
28	Jessica Brown	West Cheshire	27.3	A 1	16
58	Olivia Pile	St Helens Sutton	27.5	A 2	15
21	Ella Pennington	Warrington	27.8	A 3	14
13	Charley Topping	WESPA	29.1	B 2	7
30	Macy Brett	West Cheshire	27.3	B 1	8
12	Charlotte Howe	WESPA	27.9	A 4	13
59	Daisy Shaw	St Helens Sutton	29.4	B 3	6
25	Katie Coyle	Warrington	30.9	B 4	5
2 Lap Race - Non Scoring					
No	Name	Club	Time	NS	
26	Teresa Arvidson	West Cheshire	27.4	N S	
27	Caro Mansop	West Cheshire	28.1	N S	
61	Abigail Newman	St Helens Sutton	28.2	N S	
34	Dakota Flemming	West Cheshire	32.4	N S	

6 Lap Race					
No	Name	Club	Time	Rank	Points
11	Sophie Fludger	WESPA	94.6	A 1	16
62	Lily Mae Scott	St Helens Sutton	101.6	A 2	15
23	Tarra Coyle	Warrington	104.3	A 4	13
32	Flora Pass	West Cheshire	110	B 3	6
57	Emma Lang	St Helens Sutton	103.6	B 1	8
10	Bella Khanjaj	WESPA	103.7	B 2	7
33	Holly Bosworth	West Cheshire	104.2	A 3	14
6 Lap Race - Non Scoring					
No	Name	Club	Time	NS	

Individual Track 3					
No	Name	Club	Time	Rank	Points
Individual Track 3 - Non Scoring					
No	Name	Club	Time	NS	





Vertical Jump					
No	Name	Club	Distance (cm)	Rank	Points
02	Lily Mae Scott	St Helens Sutton	39	A 3	14
09	Daisy Shaw	St Helens Sutton	33	B 3	6
24	Toni Omotosho	Warrington	27	B 4	5
22	Ruby Hill	Warrington	26	A 4	13
26	Teresa Ansdson	West Cheshire	25	A 1	16
28	Jessica Brown	West Cheshire	46	B 1	8
29	Daisy Johnson	West Cheshire	37		
12	Charlene Howe	WESPA	28	B 2	7
10	Bella Khanjaj	WESPA	45	A 2	15
Vertical Jump - Non Scoring					
No	Name	Club	Distance (cm)	NS	

High Jump							
No	Name	Club	Distance (m)	Final Faults	Total Faults	Rank	Points
High Jump - Non Scoring							
No	Name	Club	Distance (m)			NS	

Jumps 6					
No	Name	Club	Distance (m)	Rank	Points
Jumps 6 - Non Scoring					
No	Name	Club	Distance (m)	NS	





# Sportshall

Sportshall Athletics is thriving!

- We are the most popular School Sports programme in the UK.
- We annually engage over 2 million children in our programme pathway.
- Many past and present Olympic athletes have developed through our programmes.

Could your Company help us develop the next generation of happy and healthy young people?

Please contact us at - [adam@sportshall.org](mailto:adam@sportshall.org) or visit [www.sportshall.org](http://www.sportshall.org)

## EVEQUE

The Sportshall Team is grateful to the support from Eveque Leisure Equipment Ltd who provide assistance for key grassroots development programmes such as the Sportshall UK Championships.

Eveque would be delighted to provide your School or Club with a full range of Sporting Equipment. Please visit [www.eveque.co.uk](http://www.eveque.co.uk) or contact [info@eveque.co.uk](mailto:info@eveque.co.uk). Schools do not need an account and can pay by pro-forma invoice.



The Sportshall Team would also like to thank England Athletics and the other home nations who place Sportshall Athletics at the core of their Schools and Clubs development pathway.



Amateur Athletic Association

A particular mention must be made to the Amateur Athletic Association who have remained a supportive partner to Sportshall Athletics.

