

**NORWICH UNION**

**sports:hall**

# NORWICH UNION sports:hall Under 11 Boys Fun in Athletics

**East of England Regional  
UEA Sportspark, Norwich  
Saturday 12 November 2005**

## **Team Results**

**Essex Bears  
Essex Cats  
Herts Pegasus  
Herts Phoenix  
Norfolk Lions  
Norfolk Tigers**

## **Track Results**

**Obstacle Relay  
1 + 1 Lap Relay  
4 x 1 Lap Relay  
6 Lap Paarlaf  
Over and Under Relay  
4 x 1 Lap Hurdles Relay  
Grand Prix**

## **Field Results**

**Balance Test  
Chest Push  
Javelin  
Sitting Throw  
Speed Bounce  
Standing Long Jump  
Standing Triple Jump  
Target Throw  
Vertical Jump**



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**For more information go to [www.sportshall.org](http://www.sportshall.org)**

# Competition Results

## Competition:

NUFIA - East Region Under 11 Boys

## Venue:

UEA Sportspark, Norwich

## Date

12 Nov 2005

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	4x1H	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Herts Phoenix	Blue	445	30	30	30	30	28	30	26	30	24	28	24	29	28	30	22	26
2	Essex Cats	Yellow	435	26	24	28	26	30	26	28	23	30	30	30	26	26	26	28	28
3	Norfolk Lions	Maroon	418	28	28	26	28	26	28	22	23	24	24	26	29	24	28	24	30
4	Essex Bears	Red	388	22	26	22	24	22	20	30	28	28	20	22	22	30	24	28	20
5	Norfolk Tigers	White	360	20	22	24	20	24	24	20	26	20	22	28	24	22	22	20	22
6	Herts Pegasus	Green	334	24	20	20	22	20	22	24	0	24	26	20	20	20	20	28	24

# Team Results

# Essex Bears (red)

## Competition:

NUFIA - East Region Under 11 Boys

## Venue:

UEA Sportspark, Norwich

## Date

12 Nov 2005

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	4x1H	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Herts Phoenix	Blue	445	30	30	30	30	28	30	26	30	24	28	24	29	28	30	22	26
2	Essex Cats	Yellow	435	26	24	28	26	30	26	28	23	30	30	30	26	26	26	28	28
3	Norfolk Lions	Maroon	418	28	28	26	28	26	28	22	23	24	24	26	29	24	28	24	30
4	Essex Bears	Red	388	22	26	22	24	22	20	30	28	28	20	22	22	30	24	28	20
5	Norfolk Tigers	White	360	20	22	24	20	24	24	20	26	20	22	28	24	22	22	20	22
6	Herts Pegasus	Green	334	24	20	20	22	20	22	24	0	24	26	20	20	20	20	28	24

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Tom Watts	J	9	11	11		11	7
1	Tom Watts	STJ	3.98	4.05	3.88		4.05	16
1	Tom Watts	TT	7	5	3	1	16	5=
2	Lewis Osborn	ST	5.00	5.25	4.50		5.25	11
2	Lewis Osborn	VJ	20	21	21		21	18
3	Grant Showell	SB	32				32	17
3	Grant Showell	VJ	25	21	20		25	17
4	Shane Paul	BT	10	11	3	8	32	8
4	Shane Paul	J	5	5	6		6	12
5	Kris Necchi	SB	40				40	15
5	Kris Necchi	SLJ	1.60	1.54	1.58		1.60	13
6	George White	SLJ	1.84	1.79	1.69		1.84	2
7	Josh Thornton Lane	BT	15	10	4	15	44	5
7	Josh Thornton Lane	CP	4.50	4.25	5.00		5.00	10
8	Jack Thompson	BT	13	14	12	8	47	2=
9	Jack Hardy	STJ	4.14	4.28	4.09		4.28	13
10	Ricky Heather	SB	43				43	11
10	Ricky Heather	STJ	4.78	5.06	4.86		5.06	3
11	Alan Villalobos	CP	5.50	5.50	6.00		6.00	2
11	Alan Villalobos	SLJ	1.86	1.91	1.88		1.91	1
12	Connor Willers	ST	6.50	5.25	7.00		7.00	4
12	Connor Willers	TT	8	6	3	0	17	3=
12	Connor Willers	VJ	32	29	29		32	14

# Team Results

# Essex Cats (yellow)

## Competition:

NUFIA - East Region Under 11 Boys

## Venue:

UEA Sportspark, Norwich

## Date

12 Nov 2005

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	4x1H	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Herts Phoenix	Blue	445	30	30	30	30	28	30	26	30	24	28	24	29	28	30	22	26
2	Essex Cats	Yellow	435	26	24	28	26	30	26	28	23	30	30	30	26	26	26	28	28
3	Norfolk Lions	Maroon	418	28	28	26	28	26	28	22	23	24	24	26	29	24	28	24	30
4	Essex Bears	Red	388	22	26	22	24	22	20	30	28	28	20	22	22	30	24	28	20
5	Norfolk Tigers	White	360	20	22	24	20	24	24	20	26	20	22	28	24	22	22	20	22
6	Herts Pegasus	Green	334	24	20	20	22	20	22	24	0	24	26	20	20	20	20	28	24

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Luke Betts	SLJ	1.62	1.64	1.74		1.74	5
2	Daniel Curme	ST	6.25	6.25	6.50		6.50	6
2	Daniel Curme	SLJ	1.78	1.72	1.72		1.78	4
3	Bradley Mealing	SLJ	1.56	1.68	1.63		1.68	8
4	Craig James	VJ	42	40	38		42	4
5	Matthew Murray Downing	ST	6.50	7.50	7.00		7.50	1
5	Matthew Murray Downing	VJ	42	43	39		43	3
6	Andrew Parsons	VJ	40	36	44		44	2
7	Shaun Moore	CP	5.50	5.75	5.75		5.75	3
7	Shaun Moore	SB	46				46	4=
8	Jaimie Palmer	SB	41				41	14
8	Jaimie Palmer	STJ	4.13	4.38	4.51		4.51	7
9	Joel Ackerman	SB	42				42	12=
10	Ryan Laidler	STJ	4.42	4.29	4.40		4.42	9
10	Ryan Laidler	TT	8	6	3	1	18	2
11	Callum Fewton Jones	J	14	17	19		19	2
12	George Stacey	BT	2	6	2	4	14	14
12	George Stacey	J	16	14	20		20	1
13	Ben Austin	BT	2	10	5	3	20	10
13	Ben Austin	CP	7.00	7.50	7.75		7.75	1
14	Rhys Townsend	STJ	4.31	4.55	4.15		4.55	5
15	Jordan Franklin	BT	14	6	9	10	39	6
15	Jordan Franklin	TT	10	3	0	2	15	7

# Team Results

# Herts Pegasus (green)

## Competition:

NUFIA - East Region Under 11 Boys

## Venue:

UEA Sportspark, Norwich

## Date

12 Nov 2005

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	4x1H	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Herts Phoenix	Blue	445	30	30	30	30	28	30	26	30	24	28	24	29	28	30	22	26
2	Essex Cats	Yellow	435	26	24	28	26	30	26	28	23	30	30	30	26	26	26	28	28
3	Norfolk Lions	Maroon	418	28	28	26	28	26	28	22	23	24	24	26	29	24	28	24	30
4	Essex Bears	Red	388	22	26	22	24	22	20	30	28	28	20	22	22	30	24	28	20
5	Norfolk Tigers	White	360	20	22	24	20	24	24	20	26	20	22	28	24	22	22	20	22
6	Herts Pegasus	Green	334	24	20	20	22	20	22	24	0	24	26	20	20	20	20	28	24

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Elliott Walker	CP	4.75	5.00	5.25		5.25	9
1	Elliott Walker	SB	42				42	12=
2	Billie Keefe	J	13	11	12		13	6
2	Billie Keefe	SLJ	1.55	1.52	1.53		1.55	14
2	Billie Keefe	STJ	3.99	3.96	3.87		3.99	17
3	Nicholas Doyle	TT	8	5	2	1	16	5=
3	Nicholas Doyle	VJ	28	24	25		28	15
4	William Wilson	ST	6.00	6.25	6.00		6.25	7
4	William Wilson	VJ	38	34	30		38	9
5	Alex Allen	J	8	11	11		11	8
5	Alex Allen	STJ	3.97	3.81	3.89		3.97	18
6	Idris Miles	SB	46				46	4=
6	Idris Miles	STJ	4.35	3.95	4.31		4.35	10
7	Joshua Mearce	CP	5.25	5.50	5.25		5.50	5
7	Joshua Mearce	VJ	34	35	34		35	11
8	Jamie Morton	SLJ	1.50	1.47	1.30		1.50	15
8	Jamie Morton	TT	7	6	4	0	17	3=
9	Jake Gable	ST	3.25	5.00	4.50		5.00	12

# Team Results

# Herts Phoenix (blue)

## Competition:

NUFIA - East Region Under 11 Boys

## Venue:

UEA Sportspark, Norwich

## Date

12 Nov 2005

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	4x1H	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Herts Phoenix	Blue	445	30	30	30	30	28	30	26	30	24	28	24	29	28	30	22	26
2	Essex Cats	Yellow	435	26	24	28	26	30	26	28	23	30	30	30	26	26	26	28	28
3	Norfolk Lions	Maroon	418	28	28	26	28	26	28	22	23	24	24	26	29	24	28	24	30
4	Essex Bears	Red	388	22	26	22	24	22	20	30	28	28	20	22	22	30	24	28	20
5	Norfolk Tigers	White	360	20	22	24	20	24	24	20	26	20	22	28	24	22	22	20	22
6	Herts Pegasus	Green	334	24	20	20	22	20	22	24	0	24	26	20	20	20	20	28	24

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Craig Murray	J	16	19	9		19	3
2	Jack Lowbridge	BT	11	15	15	6	47	2=
2	Jack Lowbridge	CP	5.50	5.50	5.50		5.50	4
3	Callum Scutt	BT	4	5	5	5	19	11
3	Callum Scutt	SLJ	1.70	1.80	1.64		1.80	3
4	Cameron Ashworth	ST	5.25	4.50	5.25		5.25	10
4	Cameron Ashworth	SLJ	1.72	1.68	0.00		1.72	6
5	Aaron Golledge	SB	47				47	1=
5	Aaron Golledge	STJ	4.93	5.09	5.14		5.14	2
6	Alfie Hudson-Sewell	BT	15	15	15	15	60	1
6	Alfie Hudson-Sewell	STJ	4.71	4.62	4.64		4.71	4
7	Teddy Oliver	J	15	16	16		16	4
7	Teddy Oliver	VJ	34	34	34		34	12
8	Dai-Jon Willock	ST	6.75	6.50	7.25		7.25	2
8	Dai-Jon Willock	VJ	40	40	39		40	7
9	Richard Gill	CP	5.00	5.25	5.25		5.25	7
9	Richard Gill	SLJ	1.63	1.50	1.69		1.69	7
10	Alistair Cooper	SB	47				47	1=
10	Alistair Cooper	VJ	38	36	35		38	8
11	Jasper Carr	TT	6	5	1	1	13	9=
12	Elliott Carr	TT	9	2	3	0	14	8
13	Joel Robinson	SB	44				44	9=
13	Joel Robinson	STJ	4.53	4.48	4.35		4.53	6

# Team Results

# Norfolk Lions (maroon)

## Competition:

NUFIA - East Region Under 11 Boys

## Venue:

UEA Sportspark, Norwich

## Date

12 Nov 2005

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	4x1H	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Herts Phoenix	Blue	445	30	30	30	30	28	30	26	30	24	28	24	29	28	30	22	26
2	Essex Cats	Yellow	435	26	24	28	26	30	26	28	23	30	30	30	26	26	26	28	28
3	Norfolk Lions	Maroon	418	28	28	26	28	26	28	22	23	24	24	26	29	24	28	24	30
4	Essex Bears	Red	388	22	26	22	24	22	20	30	28	28	20	22	22	30	24	28	20
5	Norfolk Tigers	White	360	20	22	24	20	24	24	20	26	20	22	28	24	22	22	20	22
6	Herts Pegasus	Green	334	24	20	20	22	20	22	24	0	24	26	20	20	20	20	28	24

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Jack Thompson	SB	46				46	4=
1	Jack Thompson	STJ	4.97	5.18	5.28		5.28	1
2	Ben Savage	ST	6.00	5.50	5.75		6.00	8
2	Ben Savage	SLJ	1.66	1.60	1.48		1.66	9
3	Patrick Webb	BT	10	5	5	2	22	9
3	Patrick Webb	CP	5.25	5.00	5.50		5.50	6
4	Ryan Howard	ST	6.75	6.50	5.75		6.75	5
4	Ryan Howard	VJ	41	41	41		41	5
5	Ben Lewis	SB	45				45	7=
5	Ben Lewis	TT	10	4	6	0	20	1
6	Sam Green	SB	47				47	1=
6	Sam Green	VJ	49	47	47		49	1
7	James Sneesby	SLJ	1.62	1.46	1.65		1.65	10
7	James Sneesby	TT	6	4	2	0	12	11
8	Ben Vozza	J	4	6	6		6	11
8	Ben Vozza	STJ	4.30	4.24	4.17		4.30	12
9	Adam Vincent	BT	14	4	6	9	33	7
9	Adam Vincent	SLJ	1.62	1.30	1.59		1.62	12
10	Conner Laskey	BT	3	3	7	5	18	12
10	Conner Laskey	J	14	16	14		16	5
11	Sam Vozza	VJ	41	39	41		41	6
12	Thomas Busson	CP	5.00	5.25	5.00		5.25	8
12	Thomas Busson	STJ	4.11	4.15	4.27		4.27	14

# Team Results

# Norfolk Tigers (white)

## Competition:

NUFIA - East Region Under 11 Boys

## Venue:

UEA Sportspark, Norwich

## Date

12 Nov 2005

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	4x1H	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Herts Phoenix	Blue	445	30	30	30	30	28	30	26	30	24	28	24	29	28	30	22	26
2	Essex Cats	Yellow	435	26	24	28	26	30	26	28	23	30	30	30	26	26	26	28	28
3	Norfolk Lions	Maroon	418	28	28	26	28	26	28	22	23	24	24	26	29	24	28	24	30
4	Essex Bears	Red	388	22	26	22	24	22	20	30	28	28	20	22	22	30	24	28	20
5	Norfolk Tigers	White	360	20	22	24	20	24	24	20	26	20	22	28	24	22	22	20	22
6	Herts Pegasus	Green	334	24	20	20	22	20	22	24	0	24	26	20	20	20	20	28	24

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Airon Curl Roger	J	9	7	9		9	10
1	Airon Curl Roger	VJ	26	25	26		26	16
2	Tom Brearley	VJ	36	35	35		36	10
3	Oliver Kenny	ST	4.75	5.50	6.00		6.00	9
3	Oliver Kenny	SB	39				39	16
4	Elliott Roe	BT	2	3	4	3	12	15
4	Elliott Roe	CP	4.00	4.25	4.50		4.50	12
5	Jack Barrett	J	11	10	9		11	9
5	Jack Barrett	SLJ	1.33	1.48	1.47		1.48	17
6	Tim Buckley	SLJ	1.57	1.63	1.58		1.63	11
6	Tim Buckley	TT	7	3	3	0	13	9=
7	Edward Borrman	SB	44				44	9=
7	Edward Borrman	STJ	4.38	4.38	4.50		4.50	8
8	Oscar Moore	ST	7.00	7.00	6.50		7.00	3
8	Oscar Moore	VJ	33	31	33		33	13
9	Callum Read	BT	6	15	15	11	47	2=
9	Callum Read	TT	6	3	0	0	9	12
10	William Moore	CP	3.50	4.75	4.75		4.75	11
10	William Moore	STJ	4.18	4.33	4.09		4.33	11
11	Scott Attew	BT	7	4	3	3	17	13
11	Scott Attew	STJ	4.04	4.07	3.99		4.07	15
12	Robert Buckley	SB	45				45	7=
12	Robert Buckley	SLJ	1.50	1.34	0.00		1.50	16



# Event Official Results Sheet

# Obstacle Relay

## Competition:

NUFIA - East Region Under 11 Boys

## Venue:

UEA Sportspark, Norwich

## Date

12 Nov 2005

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Herts Phoenix	Blue	0.0	1:30.6	1:30.6	30
2	05	Norfolk Lions	Maroon	0.0	1:34.7	1:34.7	28
3	02	Essex Cats	Yellow	0.0	1:36.6	1:36.6	26
4	03	Herts Pegasus	Green	0.0	1:39.5	1:39.5	24
5	01	Essex Bears	Red	0.0	1:40.0	1:40.0	22
6	06	Norfolk Tigers	White	0.0	1:41.2	1:41.2	20

# Event Official Results Sheet

# 1 + 1 Lap Relay

## Competition:

NUFIA - East Region Under 11 Boys

## Venue:

UEA Sportspark, Norwich

## Date

12 Nov 2005

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Herts Phoenix	Blue	0.0	27.8	27.8	30
2	05	Norfolk Lions	Maroon	0.0	27.9	27.9	28
3	01	Essex Bears	Red	0.0	28.4	28.4	26
4	02	Essex Cats	Yellow	0.0	28.9	28.9	24
5	06	Norfolk Tigers	White	0.0	29.7	29.7	22
6	03	Herts Pegasus	Green	0.0	31.7	31.7	20

# Event Official Results Sheet

# 4 x 1 Lap Relay

## Competition:

NUFIA - East Region Under 11 Boys

## Venue:

UEA Sportspark, Norwich

## Date

12 Nov 2005

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Herts Phoenix	Blue	0.0	56.7	56.7	30
2	02	Essex Cats	Yellow	0.0	57.1	57.1	28
3	05	Norfolk Lions	Maroon	0.0	58.5	58.5	26
4	06	Norfolk Tigers	White	0.0	59.5	59.5	24
5	01	Essex Bears	Red	0.0	59.6	59.6	22
6	03	Herts Pegasus	Green	0.0	1:00.1	1:00.1	20

# Event Official Results Sheet

# 6 Lap Paarlauf

## Competition:

NUFIA - East Region Under 11 Boys

## Venue:

UEA Sportspark, Norwich

## Date

12 Nov 2005

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Herts Phoenix	Blue	0.0	1:25.2	1:25.2	30
2	05	Norfolk Lions	Maroon	0.0	1:27.1	1:27.1	28
3	02	Essex Cats	Yellow	0.0	1:27.7	1:27.7	26
4	01	Essex Bears	Red	0.0	1:32.1	1:32.1	24
5	03	Herts Pegasus	Green	0.0	1:34.2	1:34.2	22
6	06	Norfolk Tigers	White	0.0	1:37.9	1:37.9	20

# Event Official Results Sheet

# Over and Under Relay

## Competition:

NUFIA - East Region Under 11 Boys

## Venue:

UEA Sportspark, Norwich

## Date

12 Nov 2005

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	Essex Cats	Yellow	0.0	1:21.2	1:21.2	30
2	04	Herts Phoenix	Blue	0.0	1:23.1	1:23.1	28
3	05	Norfolk Lions	Maroon	0.0	1:24.2	1:24.2	26
4	06	Norfolk Tigers	White	0.0	1:24.6	1:24.6	24
5	01	Essex Bears	Red	0.0	1:26.5	1:26.5	22
6	03	Herts Pegasus	Green	0.0	1:28.8	1:28.8	20

# Event Official Results Sheet

# 4 x 1 Lap Hurdles Relay

## Competition:

NUFIA - East Region Under 11 Boys

## Venue:

UEA Sportspark, Norwich

## Date

12 Nov 2005

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Herts Phoenix	Blue	0.0	1:03.2	1:03.2	30
2	05	Norfolk Lions	Maroon	0.0	1:05.9	1:05.9	28
3	02	Essex Cats	Yellow	0.0	1:07.6	1:07.6	26
4	06	Norfolk Tigers	White	0.0	1:08.6	1:08.6	24
5	03	Herts Pegasus	Green	0.0	1:09.5	1:09.5	22
6	01	Essex Bears	Red	0.0	1:09.9	1:09.9	20

# Event Official Results Sheet

# Grand Prix

## Competition:

NUFIA - East Region Under 11 Boys

## Venue:

UEA Sportspark, Norwich

## Date

12 Nov 2005

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Essex Bears	Red	0.0	1:06.3	1:06.3	30
2	02	Essex Cats	Yellow	0.0	1:09.1	1:09.1	28
3	04	Herts Phoenix	Blue	0.0	1:09.4	1:09.4	26
4	03	Herts Pegasus	Green	0.0	1:11.6	1:11.6	24
5	05	Norfolk Lions	Maroon	0.0	1:12.0	1:12.0	22
6	06	Norfolk Tigers	White	0.0	1:16.1	1:16.1	20

# Results Sheet

# Balance Test

## Competition:

NUFIA - East Region Under 11 Boys

## Venue:

UEA Sportspark, Norwich

## Date

12 Nov 2005

Ranking	Team	Colour	Total	Points
1	Herts Phoenix	Blue	126	30
2	Essex Bears	Red	123	28
3	Norfolk Tigers	White	76	26
4=	Essex Cats	Yellow	73	23
4=	Norfolk Lions	Maroon	73	23

Ranking	Team	Colour	BibNo	Name	Total
1	Blue	Blue	6	Alfie Hudson-Sewell	60
2=	Red	Red	8	Jack Thompson	47
2=	Blue	Blue	2	Jack Lowbridge	47
2=	White	White	9	Callum Read	47
5	Red	Red	7	Josh Thornton Lane	44
6	Yellow	Yellow	15	Jordan Franklin	39
7	Maroon	Maroon	9	Adam Vincent	33
8	Red	Red	4	Shane Paul	32
9	Maroon	Maroon	3	Patrick Webb	22
10	Yellow	Yellow	13	Ben Austin	20
11	Blue	Blue	3	Callum Scutt	19
12	Maroon	Maroon	10	Conner Laskey	18
13	White	White	11	Scott Attew	17
14	Yellow	Yellow	12	George Stacey	14
15	White	White	4	Elliott Roe	12



# Results Sheet

# Chest Push

## Competition:

NUFIA - East Region Under 11 Boys

## Venue:

UEA Sportspark, Norwich

## Date

12 Nov 2005

Ranking	Team	Colour	Total	Points
1	Essex Cats	Yellow	13.50	30
2	Essex Bears	Red	11.00	28
3=	Herts Pegasus	Green	10.75	24
3=	Herts Phoenix	Blue	10.75	24
3=	Norfolk Lions	Maroon	10.75	24
6	Norfolk Tigers	White	9.25	20

Ranking	Team	Colour	BibNo	Name	Best
1	Yellow	Yellow	13	Ben Austin	7.75
2	Red	Red	11	Alan Villalobos	6.00
3	Yellow	Yellow	7	Shaun Moore	5.75
4	Blue	Blue	2	Jack Lowbridge	5.50
5	Green	Green	7	Joshua Mearce	5.50
6	Maroon	Maroon	3	Patrick Webb	5.50
7	Blue	Blue	9	Richard Gill	5.25
8	Maroon	Maroon	12	Thomas Busson	5.25
9	Green	Green	1	Elliott Walker	5.25
10	Red	Red	7	Josh Thornton Lane	5.00
11	White	White	10	William Moore	4.75
12	White	White	4	Elliott Roe	4.50

# Results Sheet

# Javelin

## Competition:

NUFIA - East Region Under 11 Boys

## Venue:

UEA Sportspark, Norwich

## Date

12 Nov 2005

Ranking	Team	Colour	Total	Points
1	Essex Cats	Yellow	39	30
2	Herts Phoenix	Blue	35	28
3	Herts Pegasus	Green	24	26
4	Norfolk Lions	Maroon	22	24
5	Norfolk Tigers	White	20	22
6	Essex Bears	Red	17	20

Ranking	Team	Colour	BibNo	Name	Best
1	Yellow	Yellow	12	George Stacey	20
2	Yellow	Yellow	11	Callum Fewton Jones	19
3	Blue	Blue	1	Craig Murray	19
4	Blue	Blue	7	Teddy Oliver	16
5	Maroon	Maroon	10	Conner Laskey	16
6	Green	Green	2	Billie Keefe	13
7	Red	Red	1	Tom Watts	11
8	Green	Green	5	Alex Allen	11
9	White	White	5	Jack Barrett	11
10	White	White	1	Airon Curl Roger	9
11	Maroon	Maroon	8	Ben Vozza	6
12	Red	Red	4	Shane Paul	6

# Results Sheet

# Sitting Throw

## Competition:

NUFIA - East Region Under 11 Boys

## Venue:

UEA Sportspark, Norwich

## Date

12 Nov 2005

Ranking	Team	Colour	Total	Points
1	Essex Cats	Yellow	14.00	30
2	Norfolk Tigers	White	13.00	28
3	Norfolk Lions	Maroon	12.75	26
4	Herts Phoenix	Blue	12.50	24
5	Essex Bears	Red	12.25	22
6	Herts Pegasus	Green	11.25	20

Ranking	Team	Colour	BibNo	Name	Best
1	Yellow	Yellow	5	Matthew Murray Downing	7.50
2	Blue	Blue	8	Dai-Jon Willock	7.25
3	White	White	8	Oscar Moore	7.00
4	Red	Red	12	Connor Willers	7.00
5	Maroon	Maroon	4	Ryan Howard	6.75
6	Yellow	Yellow	2	Daniel Curme	6.50
7	Green	Green	4	William Wilson	6.25
8	Maroon	Maroon	2	Ben Savage	6.00
9	White	White	3	Oliver Kenny	6.00
10	Blue	Blue	4	Cameron Ashworth	5.25
11	Red	Red	2	Lewis Osborn	5.25
12	Green	Green	9	Jake Gable	5.00

# Results Sheet

# Speed Bounce

## Competition:

NUFIA - East Region Under 11 Boys

## Venue:

UEA Sportspark, Norwich

## Date

12 Nov 2005

Ranking	Team	Colour	Total	Points
1=	Herts Phoenix	Blue	138	29
1=	Norfolk Lions	Maroon	138	29
3	Essex Cats	Yellow	129	26
4	Norfolk Tigers	White	128	24
5	Essex Bears	Red	115	22
6	Herts Pegasus	Green	88	20

Ranking	Team	Colour	BibNo	Name	Total
1=	Blue	Blue	5	Aaron Golledge	47
1=	Blue	Blue	10	Alistair Cooper	47
1=	Maroon	Maroon	6	Sam Green	47
4=	Yellow	Yellow	7	Shaun Moore	46
4=	Green	Green	6	Idris Miles	46
4=	Maroon	Maroon	1	Jack Thompson	46
7=	Maroon	Maroon	5	Ben Lewis	45
7=	White	White	12	Robert Buckley	45
9=	Blue	Blue	13	Joel Robinson	44
9=	White	White	7	Edward Borrman	44
11	Red	Red	10	Ricky Heather	43
12=	Yellow	Yellow	9	Joel Ackerman	42
12=	Green	Green	1	Elliott Walker	42
14	Yellow	Yellow	8	Jaimie Palmer	41
15	Red	Red	5	Kris Necchi	40
16	White	White	3	Oliver Kenny	39
17	Red	Red	3	Grant Showell	32

# Results Sheet

# Standing Long Jump

## Competition:

NUFIA - East Region Under 11 Boys

## Venue:

UEA Sportspark, Norwich

## Date

12 Nov 2005

Ranking	Team	Colour	Total	Points
1	Essex Bears	Red	5.35	30
2	Herts Phoenix	Blue	5.21	28
3	Essex Cats	Yellow	5.20	26
4	Norfolk Lions	Maroon	4.93	24
5	Norfolk Tigers	White	4.61	22
6	Herts Pegasus	Green	3.05	20

Ranking	Team	Colour	BibNo	Name	Best
1	Red	Red	11	Alan Villalobos	1.91
2	Red	Red	6	George White	1.84
3	Blue	Blue	3	Callum Scutt	1.80
4	Yellow	Yellow	2	Daniel Curme	1.78
5	Yellow	Yellow	1	Luke Betts	1.74
6	Blue	Blue	4	Cameron Ashworth	1.72
7	Blue	Blue	9	Richard Gill	1.69
8	Yellow	Yellow	3	Bradley Mealing	1.68
9	Maroon	Maroon	2	Ben Savage	1.66
10	Maroon	Maroon	7	James Sneesby	1.65
11	White	White	6	Tim Buckley	1.63
12	Maroon	Maroon	9	Adam Vincent	1.62
13	Red	Red	5	Kris Necchi	1.60
14	Green	Green	2	Billie Keefe	1.55
15	Green	Green	8	Jamie Morton	1.50
16	White	White	12	Robert Buckley	1.50
17	White	White	5	Jack Barrett	1.48

# Results Sheet

# Standing Triple Jump

## Competition:

NUFIA - East Region Under 11 Boys

## Venue:

UEA Sportspark, Norwich

## Date

12 Nov 2005

Ranking	Team	Colour	Total	Points
1	Herts Phoenix	Blue	14.38	30
2	Norfolk Lions	Maroon	13.85	28
3	Essex Cats	Yellow	13.48	26
4	Essex Bears	Red	13.39	24
5	Norfolk Tigers	White	12.90	22
6	Herts Pegasus	Green	12.31	20

Ranking	Team	Colour	BibNo	Name	Best
1	Maroon	Maroon	1	Jack Thompson	5.28
2	Blue	Blue	5	Aaron Golledge	5.14
3	Red	Red	10	Ricky Heather	5.06
4	Blue	Blue	6	Alfie Hudson-Sewell	4.71
5	Yellow	Yellow	14	Rhys Townsend	4.55
6	Blue	Blue	13	Joel Robinson	4.53
7	Yellow	Yellow	8	Jaimie Palmer	4.51
8	White	White	7	Edward Borrman	4.50
9	Yellow	Yellow	10	Ryan Laidler	4.42
10	Green	Green	6	Idris Miles	4.35
11	White	White	10	William Moore	4.33
12	Maroon	Maroon	8	Ben Vozza	4.30
13	Red	Red	9	Jack Hardy	4.28
14	Maroon	Maroon	12	Thomas Busson	4.27
15	White	White	11	Scott Attew	4.07
16	Red	Red	1	Tom Watts	4.05
17	Green	Green	2	Billie Keefe	3.99
18	Green	Green	5	Alex Allen	3.97

# Results Sheet

# Target Throw

## Competition:

NUFIA - East Region Under 11 Boys

## Venue:

UEA Sportspark, Norwich

## Date

12 Nov 2005

Ranking	Team	Colour	Total	Points
1=	Essex Bears	Red	33	28
1=	Essex Cats	Yellow	33	28
1=	Herts Pegasus	Green	33	28
4	Norfolk Lions	Maroon	32	24
5	Herts Phoenix	Blue	27	22
6	Norfolk Tigers	White	22	20

Ranking	Team	Colour	BibNo	Name	Total
1	Maroon	Maroon	5	Ben Lewis	20
2	Yellow	Yellow	10	Ryan Laidler	18
3=	Red	Red	12	Connor Willers	17
3=	Green	Green	8	Jamie Morton	17
5=	Red	Red	1	Tom Watts	16
5=	Green	Green	3	Nicholas Doyle	16
7	Yellow	Yellow	15	Jordan Franklin	15
8	Blue	Blue	12	Elliott Carr	14
9=	Blue	Blue	11	Jasper Carr	13
9=	White	White	6	Tim Buckley	13
11	Maroon	Maroon	7	James Sneesby	12
12	White	White	9	Callum Read	9

# Results Sheet

# Vertical Jump

## Competition:

NUFIA - East Region Under 11 Boys

## Venue:

UEA Sportspark, Norwich

## Date

12 Nov 2005

Ranking	Team	Colour	Total	Points
1	Norfolk Lions	Maroon	131	30
2	Essex Cats	Yellow	129	28
3	Herts Phoenix	Blue	112	26
4	Herts Pegasus	Green	101	24
5	Norfolk Tigers	White	95	22
6	Essex Bears	Red	78	20

Ranking	Team	Colour	BibNo	Name	Best
1	Maroon	Maroon	6	Sam Green	49
2	Yellow	Yellow	6	Andrew Parsons	44
3	Yellow	Yellow	5	Matthew Murray Downing	43
4	Yellow	Yellow	4	Craig James	42
5	Maroon	Maroon	4	Ryan Howard	41
6	Maroon	Maroon	11	Sam Voza	41
7	Blue	Blue	8	Dai-Jon Willock	40
8	Blue	Blue	10	Alistair Cooper	38
9	Green	Green	4	William Wilson	38
10	White	White	2	Tom Brearley	36
11	Green	Green	7	Joshua Mearce	35
12	Blue	Blue	7	Teddy Oliver	34
13	White	White	8	Oscar Moore	33
14	Red	Red	12	Connor Willers	32
15	Green	Green	3	Nicholas Doyle	28
16	White	White	1	Airon Curl Roger	26
17	Red	Red	3	Grant Showell	25
18	Red	Red	2	Lewis Osborn	21