

Competition Results

Competition:

AFIA-East Regional Festival Under 11 Girls

Venue:

Hertfordshire Sports Village, Hatfield

Date

29 Jan 2011

| Ranking | Team | Colour | Score | OR | 1+1 | 2+2 | P6 | OU | GP | HR | 4x1 | MR | BT | CP | J | SB | SLJ | STJ | TT | VJ |
|---------|----------------|--------|-------|----|-----|-----|----|----|----|----|-----|----|----|----|----|----|-----|-----|----|----|
| 1 | Herts Phoenix | blue | 500 | 30 | 30 | 28 | 30 | 30 | 30 | 28 | 30 | 28 | 30 | 30 | 30 | 30 | 30 | 28 | 28 | 30 |
| 2 | Norfolk | purple | 447 | 26 | 28 | 26 | 28 | 26 | 26 | 30 | 24 | 26 | 22 | 28 | 27 | 24 | 24 | 26 | 28 | 28 |
| 3 | Essex Juniors | yellow | 444 | 28 | 26 | 24 | 26 | 24 | 24 | 26 | 28 | 24 | 24 | 26 | 27 | 28 | 28 | 30 | 28 | 23 |
| 4 | Herts Pegasus | green | 438 | 24 | 24 | 30 | 24 | 28 | 28 | 24 | 26 | 30 | 26 | 24 | 24 | 26 | 26 | 24 | 24 | 26 |
| 5 | Cambridgeshire | red | 381 | 22 | 22 | 22 | 22 | 22 | 22 | 22 | 22 | 22 | 28 | 22 | 22 | 22 | 22 | 22 | 22 | 23 |

Team Results

Cambridgeshire (red)

Competition:

AFIA-East Regional Festival Under 11 Girls

Venue:

Hertfordshire Sports Village, Hatfield

Date

29 Jan 2011

| Ranking | Team | Colour | Score | OR | 1+1 | 2+2 | P6 | OU | GP | HR | 4x1 | MR | BT | CP | J | SB | SLJ | STJ | TT |
|---------|----------------|--------|-------|----|-----|-----|----|----|----|----|-----|----|----|----|----|----|-----|-----|----|
| 1 | Herts Phoenix | blue | 500 | 30 | 30 | 28 | 30 | 30 | 30 | 28 | 30 | 28 | 30 | 30 | 30 | 30 | 30 | 28 | 28 |
| 2 | Norfolk | purple | 447 | 26 | 28 | 26 | 28 | 26 | 26 | 30 | 24 | 26 | 22 | 28 | 27 | 24 | 24 | 26 | 28 |
| 3 | Essex Juniors | yellow | 444 | 28 | 26 | 24 | 26 | 24 | 24 | 26 | 28 | 24 | 24 | 26 | 27 | 28 | 28 | 30 | 28 |
| 4 | Herts Pegasus | green | 438 | 24 | 24 | 30 | 24 | 28 | 28 | 24 | 26 | 30 | 26 | 24 | 24 | 26 | 26 | 24 | 24 |
| 5 | Cambridgeshire | red | 381 | 22 | 22 | 22 | 22 | 22 | 22 | 22 | 22 | 22 | 28 | 22 | 22 | 22 | 22 | 22 | 22 |

| | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|----|----------------------|-------|-------|-------|-------|-------|------|---------|
| 1 | Helena Grisenthwaite | SB | 43 | | | | 43 | 14 |
| 1 | Helena Grisenthwaite | SLJ | 1.80 | 1.76 | 1.67 | | 1.80 | 2 |
| 2 | Emma Hickling | TT | 2 | 2 | 0 | 0 | 4 | 10 |
| 2 | Emma Hickling | VJ | 33 | 33 | 31 | | 33 | 10 |
| 3 | Ellie Forrest | BT | 8 | 7 | 15 | 9 | 39 | 11 |
| 3 | Ellie Forrest | CP | 5.25 | 5.00 | 5.25 | | 5.25 | 7= |
| 4 | Sasha Vail | VJ | 32 | 34 | 34 | | 34 | 9 |
| 5 | Ellen Chaplin | BT | 15 | 5 | 15 | 15 | 50 | 6= |
| 5 | Ellen Chaplin | SLJ | 1.26 | 1.34 | 1.32 | | 1.34 | 15 |
| 6 | Ella Greenwood | SLJ | 1.66 | 1.64 | 1.67 | | 1.67 | 8 |
| 6 | Ella Greenwood | TT | 0 | 5 | 0 | 2 | 7 | 7= |
| 7 | Daisy Lihoreau | VJ | 30 | 30 | 29 | | 30 | 13 |
| 8 | Serena Korkmaz | CP | 4.00 | 4.25 | 5.25 | | 5.25 | 9 |
| 9 | Tashie Donnelly | SB | 50 | | | | 50 | 9= |
| 9 | Tashie Donnelly | STJ | 3.76 | 3.62 | 3.70 | | 3.76 | 15 |
| 11 | Molly Barrios | BT | 15 | 15 | 13 | 15 | 58 | 5 |
| 11 | Molly Barrios | STJ | 4.04 | 3.90 | 3.84 | | 4.04 | 14 |
| 12 | Jessica Robinson | SB | 49 | | | | 49 | 11= |
| 13 | Elena Noe | STJ | 0.00 | 4.44 | 4.68 | | 4.68 | 12 |
| 14 | Cloe Langley | J | 7 | 7 | 7 | | 7 | 10 |
| 15 | Imogen Wordward | J | 7 | 8 | 8 | | 8 | 9 |

Team Results

Essex Juniors (yellow)

Competition:

AFIA-East Regional Festival Under 11 Girls

Venue:

Hertfordshire Sports Village, Hatfield

Date

29 Jan 2011

| Ranking | Team | Colour | Score | OR | 1+1 | 2+2 | P6 | OU | GP | HR | 4x1 | MR | BT | CP | J | SB | SLJ | STJ | TT |
|---------|----------------|--------|-------|----|-----|-----|----|----|----|----|-----|----|----|----|----|----|-----|-----|----|
| 1 | Herts Phoenix | blue | 500 | 30 | 30 | 28 | 30 | 30 | 30 | 28 | 30 | 28 | 30 | 30 | 30 | 30 | 30 | 28 | 28 |
| 2 | Norfolk | purple | 447 | 26 | 28 | 26 | 28 | 26 | 26 | 30 | 24 | 26 | 22 | 28 | 27 | 24 | 24 | 26 | 28 |
| 3 | Essex Juniors | yellow | 444 | 28 | 26 | 24 | 26 | 24 | 24 | 26 | 28 | 24 | 24 | 26 | 27 | 28 | 28 | 30 | 28 |
| 4 | Herts Pegasus | green | 438 | 24 | 24 | 30 | 24 | 28 | 28 | 24 | 26 | 30 | 26 | 24 | 24 | 26 | 26 | 24 | 24 |
| 5 | Cambridgeshire | red | 381 | 22 | 22 | 22 | 22 | 22 | 22 | 22 | 22 | 22 | 28 | 22 | 22 | 22 | 22 | 22 | 22 |

| | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|----|---------------------|-------|-------|-------|-------|-------|------|---------|
| 1 | Abigail Thompson | VJ | 25 | 27 | 28 | | 28 | 14 |
| 2 | Eloise Smith | BT | 10 | 15 | 10 | 12 | 47 | 9 |
| 2 | Eloise Smith | VJ | 33 | 36 | 36 | | 36 | 6 |
| 3 | Phoebe Jeffery | SB | 51 | | | | 51 | 5= |
| 3 | Phoebe Jeffery | STJ | 5.64 | 5.88 | 5.86 | | 5.88 | 1 |
| 4 | Ellie Rowan | STJ | 5.10 | 5.04 | 5.00 | | 5.10 | 8 |
| 5 | Lucy Rutter | BT | 5 | 6 | 11 | 2 | 24 | 14 |
| 6 | Rebekah Sherrington | SLJ | 1.74 | 1.65 | 1.41 | | 1.74 | 6 |
| 7 | Hennessey Murray | J | 11 | 8 | 12 | | 12 | 3 |
| 7 | Hennessey Murray | VJ | 33 | 33 | 30 | | 33 | 11 |
| 8 | Issie Hamilton | J | 10 | 11 | 7 | | 11 | 7 |
| 8 | Issie Hamilton | SB | 53 | | | | 53 | 3 |
| 9 | Lucy Woolnough | CP | 5.50 | 5.50 | 5.75 | | 5.75 | 5 |
| 9 | Lucy Woolnough | SLJ | 1.59 | 1.62 | 1.60 | | 1.62 | 12 |
| 10 | Eliza Elvidge | CP | 5.25 | 5.50 | 5.50 | | 5.50 | 6 |
| 10 | Eliza Elvidge | SLJ | 1.67 | 1.80 | 1.70 | | 1.80 | 3 |
| 12 | Alice Arter | SB | 49 | | | | 49 | 11= |
| 13 | Jessica Down | STJ | 5.46 | 5.44 | 0.00 | | 5.46 | 4 |
| 14 | Amy Day | BT | 15 | 15 | 8 | 8 | 46 | 10 |
| 14 | Amy Day | TT | 4 | 4 | 4 | 2 | 14 | 1 |
| 15 | Abigail Munro | TT | 2 | 2 | 1 | 2 | 7 | 7= |

Team Results

Herts Pegasus (green)

Competition:

AFIA-East Regional Festival Under 11 Girls

Venue:

Hertfordshire Sports Village, Hatfield

Date

29 Jan 2011

| Ranking | Team | Colour | Score | OR | 1+1 | 2+2 | P6 | OU | GP | HR | 4x1 | MR | BT | CP | J | SB | SLJ | STJ | TT |
|---------|----------------|--------|-------|----|-----|-----|----|----|----|----|-----|----|----|----|----|----|-----|-----|----|
| 1 | Herts Phoenix | blue | 500 | 30 | 30 | 28 | 30 | 30 | 30 | 28 | 30 | 28 | 30 | 30 | 30 | 30 | 30 | 28 | 28 |
| 2 | Norfolk | purple | 447 | 26 | 28 | 26 | 28 | 26 | 26 | 30 | 24 | 26 | 22 | 28 | 27 | 24 | 24 | 26 | 28 |
| 3 | Essex Juniors | yellow | 444 | 28 | 26 | 24 | 26 | 24 | 24 | 26 | 28 | 24 | 24 | 26 | 27 | 28 | 28 | 30 | 28 |
| 4 | Herts Pegasus | green | 438 | 24 | 24 | 30 | 24 | 28 | 28 | 24 | 26 | 30 | 26 | 24 | 24 | 26 | 26 | 24 | 24 |
| 5 | Cambridgeshire | red | 381 | 22 | 22 | 22 | 22 | 22 | 22 | 22 | 22 | 22 | 28 | 22 | 22 | 22 | 22 | 22 | 22 |

| | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|----|------------------|-------|-------|-------|-------|-------|------|---------|
| 1 | Pheobe Hoskin | SLJ | 1.59 | 1.48 | 1.62 | | 1.62 | 13 |
| 2 | Emma Thorn | BT | 5 | 15 | 15 | 15 | 50 | 6= |
| 2 | Emma Thorn | SLJ | 1.64 | 1.65 | 1.53 | | 1.65 | 10 |
| 3 | Stephanie White | J | 11 | 9 | 10 | | 11 | 6 |
| 4 | Laura Marsh | J | 6 | 10 | 11 | | 11 | 8 |
| 4 | Laura Marsh | STJ | 4.66 | 4.72 | 4.74 | | 4.74 | 11 |
| 5 | Natasha Cooper | SLJ | 1.68 | 1.79 | 1.79 | | 1.79 | 4 |
| 6 | Natasha Kinsella | SB | 50 | | | | 50 | 9= |
| 6 | Natasha Kinsella | VJ | 34 | 31 | 35 | | 35 | 7 |
| 7 | Abigail Stewart | CP | 6.00 | 6.00 | 6.25 | | 6.25 | 3= |
| 7 | Abigail Stewart | STJ | 4.50 | 4.44 | 4.48 | | 4.50 | 13 |
| 8 | Sarah Townsley | TT | 4 | 0 | 1 | 1 | 6 | 9 |
| 8 | Sarah Townsley | VJ | 33 | 34 | 34 | | 34 | 8 |
| 9 | Eleanor Davis | SB | 49 | | | | 49 | 11= |
| 9 | Eleanor Davis | STJ | 5.02 | 4.94 | 4.82 | | 5.02 | 9 |
| 10 | Katie Heywood | VJ | 28 | 29 | 31 | | 31 | 12 |
| 11 | Rebecca Sayers | BT | 15 | 15 | 15 | 15 | 60 | 1= |
| 11 | Rebecca Sayers | TT | 4 | 4 | 2 | 2 | 12 | 3 |
| 13 | Elise Bracken | BT | 8 | 2 | 13 | 3 | 26 | 13 |
| 14 | Mollie Gumble | SB | 51 | | | | 51 | 5= |
| 15 | Madeleine Issitt | CP | 4.75 | 4.75 | 4.50 | | 4.75 | 10 |

Team Results

Herts Phoenix (blue)

Competition:

AFIA-East Regional Festival Under 11 Girls

Venue:

Hertfordshire Sports Village, Hatfield

Date

29 Jan 2011

| Ranking | Team | Colour | Score | OR | 1+1 | 2+2 | P6 | OU | GP | HR | 4x1 | MR | BT | CP | J | SB | SLJ | STJ | TT |
|---------|----------------|--------|-------|----|-----|-----|----|----|----|----|-----|----|----|----|----|----|-----|-----|----|
| 1 | Herts Phoenix | blue | 500 | 30 | 30 | 28 | 30 | 30 | 30 | 28 | 30 | 28 | 30 | 30 | 30 | 30 | 30 | 28 | 28 |
| 2 | Norfolk | purple | 447 | 26 | 28 | 26 | 28 | 26 | 26 | 30 | 24 | 26 | 22 | 28 | 27 | 24 | 24 | 26 | 28 |
| 3 | Essex Juniors | yellow | 444 | 28 | 26 | 24 | 26 | 24 | 24 | 26 | 28 | 24 | 24 | 26 | 27 | 28 | 28 | 30 | 28 |
| 4 | Herts Pegasus | green | 438 | 24 | 24 | 30 | 24 | 28 | 28 | 24 | 26 | 30 | 26 | 24 | 24 | 26 | 26 | 24 | 24 |
| 5 | Cambridgeshire | red | 381 | 22 | 22 | 22 | 22 | 22 | 22 | 22 | 22 | 22 | 28 | 22 | 22 | 22 | 22 | 22 | 22 |

| | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|----|------------------------|-------|-------|-------|-------|-------|------|---------|
| 1 | Pippa Beauchamp | J | 14 | 9 | 16 | | 16 | 1 |
| 1 | Pippa Beauchamp | VJ | 46 | 43 | 46 | | 46 | 1 |
| 2 | Megan Fielding | BT | 15 | 15 | 15 | 15 | 60 | 1= |
| 2 | Megan Fielding | STJ | 5.04 | 5.05 | 5.20 | | 5.20 | 7 |
| 3 | Lily Jones | TT | 4 | 4 | 2 | 0 | 10 | 5 |
| 3 | Lily Jones | VJ | 42 | 41 | 39 | | 42 | 2 |
| 4 | Bethan Eyre | SB | 62 | | | | 62 | 1 |
| 4 | Bethan Eyre | VJ | 40 | 41 | 40 | | 41 | 3 |
| 5 | Sophie Julian | BT | 15 | 15 | 15 | 15 | 60 | 1= |
| 5 | Sophie Julian | STJ | 5.44 | 5.58 | 5.62 | | 5.62 | 2 |
| 6 | Imogen Walker | TT | 4 | 4 | 2 | 1 | 11 | 4 |
| 7 | Isobel Collin | CP | 6.50 | 6.00 | 5.75 | | 6.50 | 2 |
| 7 | Isobel Collin | SLJ | 1.68 | 1.66 | 1.77 | | 1.77 | 5 |
| 8 | Nicole Parcell | J | 13 | 13 | 14 | | 14 | 2 |
| 8 | Nicole Parcell | STJ | 5.32 | 5.46 | 5.50 | | 5.50 | 3 |
| 9 | Sofia Casaubon Stovold | SB | 51 | | | | 51 | 5= |
| 10 | Louise Reilly | SLJ | 1.63 | 1.59 | 1.57 | | 1.63 | 11 |
| 11 | Milly Davies | SB | 56 | | | | 56 | 2 |
| 13 | Natasha Hickman | BT | 15 | 5 | 15 | 15 | 50 | 6= |
| 13 | Natasha Hickman | SLJ | 1.78 | 1.86 | 1.80 | | 1.86 | 1 |
| 14 | Grace May | CP | 7.25 | 6.25 | 6.50 | | 7.25 | 1 |

Team Results

Norfolk (purple)

Competition:

AFIA-East Regional Festival Under 11 Girls

Venue:

Hertfordshire Sports Village, Hatfield

Date

29 Jan 2011

| Ranking | Team | Colour | Score | OR | 1+1 | 2+2 | P6 | OU | GP | HR | 4x1 | MR | BT | CP | J | SB | SLJ | STJ | TT |
|---------|----------------|--------|-------|----|-----|-----|----|----|----|----|-----|----|----|----|----|----|-----|-----|----|
| 1 | Herts Phoenix | blue | 500 | 30 | 30 | 28 | 30 | 30 | 30 | 28 | 30 | 28 | 30 | 30 | 30 | 30 | 30 | 28 | 28 |
| 2 | Norfolk | purple | 447 | 26 | 28 | 26 | 28 | 26 | 26 | 30 | 24 | 26 | 22 | 28 | 27 | 24 | 24 | 26 | 28 |
| 3 | Essex Juniors | yellow | 444 | 28 | 26 | 24 | 26 | 24 | 24 | 26 | 28 | 24 | 24 | 26 | 27 | 28 | 28 | 30 | 28 |
| 4 | Herts Pegasus | green | 438 | 24 | 24 | 30 | 24 | 28 | 28 | 24 | 26 | 30 | 26 | 24 | 24 | 26 | 26 | 24 | 24 |
| 5 | Cambridgeshire | red | 381 | 22 | 22 | 22 | 22 | 22 | 22 | 22 | 22 | 22 | 28 | 22 | 22 | 22 | 22 | 22 | 22 |

| | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|----|-------------------|-------|-------|-------|-------|-------|------|---------|
| 1 | Madison Stubbs | J | 11 | 8 | 11 | | 11 | 5 |
| 1 | Madison Stubbs | STJ | 5.28 | 5.08 | 4.98 | | 5.28 | 6 |
| 2 | Emily Mace | SB | 51 | | | | 51 | 5= |
| 2 | Emily Mace | VJ | 30 | 35 | 37 | | 37 | 5 |
| 3 | Bethany Alexander | CP | 6.00 | 6.00 | 6.25 | | 6.25 | 3= |
| 3 | Bethany Alexander | VJ | 26 | 27 | 24 | | 27 | 15 |
| 4 | Lauren Bradfield | STJ | 4.70 | 4.69 | 4.80 | | 4.80 | 10 |
| 5 | Sophie Bishop | BT | 15 | 5 | 10 | 5 | 35 | 12 |
| 5 | Sophie Bishop | STJ | 5.20 | 5.20 | 5.30 | | 5.30 | 5 |
| 6 | Elena Satchell | BT | 15 | 15 | 15 | 15 | 60 | 1= |
| 6 | Elena Satchell | SLJ | 1.52 | 1.56 | 1.58 | | 1.58 | 14 |
| 7 | Daisy Spurway | SB | 41 | | | | 41 | 15 |
| 7 | Daisy Spurway | VJ | 38 | 32 | 34 | | 38 | 4 |
| 8 | Georgia Clark | J | 12 | 10 | 10 | | 12 | 4 |
| 9 | Chloe Long | BT | 6 | 5 | 4 | 3 | 18 | 15 |
| 9 | Chloe Long | TT | 4 | 2 | 2 | 0 | 8 | 6 |
| 10 | Niamh Jackson | TT | 6 | 6 | 0 | 1 | 13 | 2 |
| 11 | Emma Dewdney | CP | 5.25 | 5.25 | 5.00 | | 5.25 | 7= |
| 11 | Emma Dewdney | SLJ | 1.58 | 1.67 | 1.61 | | 1.67 | 9 |
| 12 | Evie Read | SB | 52 | | | | 52 | 4 |
| 12 | Evie Read | SLJ | 1.72 | 0.00 | 1.65 | | 1.72 | 7 |

Results Sheet

Obstacle Relay

Competition:

AFIA-East Regional Festival Under 11 Girls

Venue:

Hertfordshire Sports Village, Hatfield

Date

29 Jan 2011

| Ranking | Code | Team | Colour | Heat | Final | Performance | Points |
|---------|------|----------------|--------|--------|-------|-------------|--------|
| 1 | 04 | Herts Phoenix | blue | 1:27.8 | 0.0 | 1:27.8 | 30.0 |
| 2 | 02 | Essex Juniors | yellow | 1:34.4 | 0.0 | 1:34.4 | 28.0 |
| 3 | 05 | Norfolk | purple | 1:34.7 | 0.0 | 1:34.7 | 26.0 |
| 4 | 03 | Herts Pegasus | green | 1:38.8 | 0.0 | 1:38.8 | 24.0 |
| 5 | 01 | Cambridgeshire | red | 1:39.5 | 0.0 | 1:39.5 | 22.0 |

Results Sheet

1 + 1 Lap Relay

Competition:

AFIA-East Regional Festival Under 11 Girls

Venue:

Hertfordshire Sports Village, Hatfield

Date

29 Jan 2011

| Ranking | Code | Team | Colour | Heat | Final | Performance | Points |
|---------|------|----------------|--------|------|-------|-------------|--------|
| 1 | 04 | Herts Phoenix | blue | 27.0 | 0.0 | 27.0 | 30.0 |
| 2 | 05 | Norfolk | purple | 27.4 | 0.0 | 27.4 | 28.0 |
| 3 | 02 | Essex Juniors | yellow | 27.7 | 0.0 | 27.7 | 26.0 |
| 4 | 03 | Herts Pegasus | green | 28.1 | 0.0 | 28.1 | 24.0 |
| 5 | 01 | Cambridgeshire | red | 28.9 | 0.0 | 28.9 | 22.0 |

Results Sheet

2 + 2 Lap Relay

Competition:

AFIA-East Regional Festival Under 11 Girls

Venue:

Hertfordshire Sports Village, Hatfield

Date

29 Jan 2011

| Ranking | Code | Team | Colour | Heat | Final | Performance | Points |
|---------|------|----------------|--------|------|-------|-------------|--------|
| 1 | 03 | Herts Pegasus | green | 54.7 | 0.0 | 54.7 | 30.0 |
| 2 | 04 | Herts Phoenix | blue | 55.0 | 0.0 | 55.0 | 28.0 |
| 3 | 05 | Norfolk | purple | 55.4 | 0.0 | 55.4 | 26.0 |
| 4 | 02 | Essex Juniors | yellow | 56.9 | 0.0 | 56.9 | 24.0 |
| 5 | 01 | Cambridgeshire | red | 57.8 | 0.0 | 57.8 | 22.0 |

Results Sheet

6 Lap Paarlauf

Competition:

AFIA-East Regional Festival Under 11 Girls

Venue:

Hertfordshire Sports Village, Hatfield

Date

29 Jan 2011

| Ranking | Code | Team | Colour | Heat | Final | Performance | Points |
|---------|------|----------------|--------|--------|-------|-------------|--------|
| 1 | 04 | Herts Phoenix | blue | 1:24.2 | 0.0 | 1:24.2 | 30.0 |
| 2 | 05 | Norfolk | purple | 1:25.2 | 0.0 | 1:25.2 | 28.0 |
| 3 | 02 | Essex Juniors | yellow | 1:30.2 | 0.0 | 1:30.2 | 26.0 |
| 4 | 03 | Herts Pegasus | green | 1:31.2 | 0.0 | 1:31.2 | 24.0 |
| 5 | 01 | Cambridgeshire | red | 1:35.2 | 0.0 | 1:35.2 | 22.0 |

Results Sheet

Over and Under Relay

Competition:

AFIA-East Regional Festival Under 11 Girls

Venue:

Hertfordshire Sports Village, Hatfield

Date

29 Jan 2011

| Ranking | Code | Team | Colour | Heat | Final | Performance | Points |
|---------|------|----------------|--------|--------|-------|-------------|--------|
| 1 | 04 | Herts Phoenix | blue | 1:16.8 | 0.0 | 1:16.8 | 30.0 |
| 2 | 03 | Herts Pegasus | green | 1:20.0 | 0.0 | 1:20.0 | 28.0 |
| 3 | 05 | Norfolk | purple | 1:22.0 | 0.0 | 1:22.0 | 26.0 |
| 4 | 02 | Essex Juniors | yellow | 1:24.0 | 0.0 | 1:24.0 | 24.0 |
| 5 | 01 | Cambridgeshire | red | 1:25.7 | 0.0 | 1:25.7 | 22.0 |

Results Sheet

Grand Prix

Competition:

AFIA-East Regional Festival Under 11 Girls

Venue:

Hertfordshire Sports Village, Hatfield

Date

29 Jan 2011

| Ranking | Code | Team | Colour | Heat | Final | Performance | Points |
|---------|------|----------------|--------|--------|-------|-------------|--------|
| 1 | 04 | Herts Phoenix | blue | 1:04.7 | 0.0 | 1:04.7 | 30.0 |
| 2 | 03 | Herts Pegasus | green | 1:10.2 | 0.0 | 1:10.2 | 28.0 |
| 3 | 05 | Norfolk | purple | 1:10.9 | 0.0 | 1:10.9 | 26.0 |
| 4 | 02 | Essex Juniors | yellow | 1:11.6 | 0.0 | 1:11.6 | 24.0 |
| 5 | 01 | Cambridgeshire | red | 1:14.1 | 0.0 | 1:14.1 | 22.0 |

Results Sheet

Hurdles Relay

Competition:

AFIA-East Regional Festival Under 11 Girls

Venue:

Hertfordshire Sports Village, Hatfield

Date

29 Jan 2011

| Ranking | Code | Team | Colour | Heat | Final | Performance | Points |
|---------|------|----------------|--------|--------|-------|-------------|--------|
| 1 | 05 | Norfolk | purple | 1:01.0 | 0.0 | 1:01.0 | 30.0 |
| 2 | 04 | Herts Phoenix | blue | 1:01.6 | 0.0 | 1:01.6 | 28.0 |
| 3 | 02 | Essex Juniors | yellow | 1:07.1 | 0.0 | 1:07.1 | 26.0 |
| 4 | 03 | Herts Pegasus | green | 1:08.0 | 0.0 | 1:08.0 | 24.0 |
| 5 | 01 | Cambridgeshire | red | 1:13.6 | 0.0 | 1:13.6 | 22.0 |

Results Sheet

4 x 1 Lap Relay

Competition:

AFIA-East Regional Festival Under 11 Girls

Venue:

Hertfordshire Sports Village, Hatfield

Date

29 Jan 2011

| Ranking | Code | Team | Colour | Heat | Final | Performance | Points |
|---------|------|----------------|--------|--------|-------|-------------|--------|
| 1 | 04 | Herts Phoenix | blue | 54.0 | 0.0 | 54.0 | 30.0 |
| 2 | 02 | Essex Juniors | yellow | 56.5 | 0.0 | 56.5 | 28.0 |
| 3 | 03 | Herts Pegasus | green | 57.0 | 0.0 | 57.0 | 26.0 |
| 4 | 05 | Norfolk | purple | 57.7 | 0.0 | 57.7 | 24.0 |
| 5 | 01 | Cambridgeshire | red | 1:03.7 | 0.0 | 1:03.7 | 22.0 |

Results Sheet

Balance Test

Competition:

AFIA-East Regional Festival Under 11 Girls

Venue:

Hertfordshire Sports Village, Hatfield

Date

29 Jan 2011

| Ranking | Team | Colour | Total | Points |
|---------|----------------|--------|-------|--------|
| 1 | Herts Phoenix | blue | 170 | 30 |
| 2 | Cambridgeshire | red | 147 | 28 |
| 3 | Herts Pegasus | green | 136 | 26 |
| 4 | Essex Juniors | yellow | 117 | 24 |
| 5 | Norfolk | purple | 113 | 22 |

| Ranking | Team | Colour | BibNo | Name | Total |
|---------|----------------|--------|-------|-----------------|-------|
| 1= | Herts Pegasus | green | 11 | Rebecca Sayers | 60 |
| 1= | Herts Phoenix | blue | 2 | Megan Fielding | 60 |
| 1= | Herts Phoenix | blue | 5 | Sophie Julian | 60 |
| 1= | Norfolk | purple | 6 | Elena Satchell | 60 |
| 5 | Cambridgeshire | red | 11 | Molly Barrios | 58 |
| 6= | Cambridgeshire | red | 5 | Ellen Chaplin | 50 |
| 6= | Herts Pegasus | green | 2 | Emma Thorn | 50 |
| 6= | Herts Phoenix | blue | 13 | Natasha Hickman | 50 |
| 9 | Essex Juniors | yellow | 2 | Eloise Smith | 47 |
| 10 | Essex Juniors | yellow | 14 | Amy Day | 46 |
| 11 | Cambridgeshire | red | 3 | Ellie Forrest | 39 |
| 12 | Norfolk | purple | 5 | Sophie Bishop | 35 |
| 13 | Herts Pegasus | green | 13 | Elise Bracken | 26 |
| 14 | Essex Juniors | yellow | 5 | Lucy Rutter | 24 |
| 15 | Norfolk | purple | 9 | Chloe Long | 18 |

Results Sheet

Chest Push

Competition:

AFIA-East Regional Festival Under 11 Girls

Venue:

Hertfordshire Sports Village, Hatfield

Date

29 Jan 2011

| Ranking | Team | Colour | Total | Points |
|---------|----------------|--------|-------|--------|
| 1 | Herts Phoenix | blue | 13.75 | 30 |
| 2 | Norfolk | purple | 11.50 | 28 |
| 3 | Essex Juniors | yellow | 11.25 | 26 |
| 4 | Herts Pegasus | green | 11.00 | 24 |
| 5 | Cambridgeshire | red | 10.50 | 22 |

| Ranking | Team | Colour | BibNo | Name | Best |
|---------|----------------|--------|-------|-------------------|------|
| 1 | Herts Phoenix | blue | 14 | Grace May | 7.25 |
| 2 | Herts Phoenix | blue | 7 | Isobel Collin | 6.50 |
| 3= | Herts Pegasus | green | 7 | Abigail Stewart | 6.25 |
| 3= | Norfolk | purple | 3 | Bethany Alexander | 6.25 |
| 5 | Essex Juniors | yellow | 9 | Lucy Woolnough | 5.75 |
| 6 | Essex Juniors | yellow | 10 | Eliza Elvidge | 5.50 |
| 7= | Cambridgeshire | red | 3 | Ellie Forrest | 5.25 |
| 7= | Norfolk | purple | 11 | Emma Dewdney | 5.25 |
| 9 | Cambridgeshire | red | 8 | Serena Korkmaz | 5.25 |
| 10 | Herts Pegasus | green | 15 | Madeleine Issitt | 4.75 |

Results Sheet

Javelin

Competition:
AFIA-East Regional Festival Under 11 Girls

Venue: Hertfordshire Sports Village, Hatfield
Date: 29 Jan 2011

| Ranking | Team | Colour | Total | Points |
|---------|----------------|--------|-------|--------|
| 1 | Herts Phoenix | blue | 30 | 30 |
| 2= | Essex Juniors | yellow | 23 | 27 |
| 2= | Norfolk | purple | 23 | 27 |
| 4 | Herts Pegasus | green | 22 | 24 |
| 5 | Cambridgeshire | red | 15 | 22 |

| Ranking | Team | Colour | BibNo | Name | Best |
|---------|----------------|--------|-------|------------------|------|
| 1 | Herts Phoenix | blue | 1 | Pippa Beauchamp | 16 |
| 2 | Herts Phoenix | blue | 8 | Nicole Parcell | 14 |
| 3 | Essex Juniors | yellow | 7 | Hennessey Murray | 12 |
| 4 | Norfolk | purple | 8 | Georgia Clark | 12 |
| 5 | Norfolk | purple | 1 | Madison Stubbs | 11 |
| 6 | Herts Pegasus | green | 3 | Stephanie White | 11 |
| 7 | Essex Juniors | yellow | 8 | Issie Hamilton | 11 |
| 8 | Herts Pegasus | green | 4 | Laura Marsh | 11 |
| 9 | Cambridgeshire | red | 15 | Imogen Wordward | 8 |
| 10 | Cambridgeshire | red | 14 | Cloe Langley | 7 |

Results Sheet

Speed Bounce

Competition:

AFIA-East Regional Festival Under 11 Girls

Venue:

Hertfordshire Sports Village, Hatfield

Date

29 Jan 2011

| Ranking | Team | Colour | Total | Points |
|---------|----------------|--------|-------|--------|
| 1 | Herts Phoenix | blue | 169 | 30 |
| 2 | Essex Juniors | yellow | 153 | 28 |
| 3 | Herts Pegasus | green | 150 | 26 |
| 4 | Norfolk | purple | 144 | 24 |
| 5 | Cambridgeshire | red | 142 | 22 |

| Ranking | Team | Colour | BibNo | Name | Total |
|---------|----------------|--------|-------|------------------------|-------|
| 1 | Herts Phoenix | blue | 4 | Bethan Eyre | 62 |
| 2 | Herts Phoenix | blue | 11 | Milly Davies | 56 |
| 3 | Essex Juniors | yellow | 8 | Issie Hamilton | 53 |
| 4 | Norfolk | purple | 12 | Evie Read | 52 |
| 5= | Essex Juniors | yellow | 3 | Phoebe Jeffery | 51 |
| 5= | Herts Pegasus | green | 14 | Mollie Gumble | 51 |
| 5= | Herts Phoenix | blue | 9 | Sofia Casaubon Stovold | 51 |
| 5= | Norfolk | purple | 2 | Emily Mace | 51 |
| 9= | Cambridgeshire | red | 9 | Tashie Donnelly | 50 |
| 9= | Herts Pegasus | green | 6 | Natasha Kinsella | 50 |
| 11= | Cambridgeshire | red | 12 | Jessica Robinson | 49 |
| 11= | Essex Juniors | yellow | 12 | Alice Arter | 49 |
| 11= | Herts Pegasus | green | 9 | Eleanor Davis | 49 |
| 14 | Cambridgeshire | red | 1 | Helena Grisenthwaite | 43 |
| 15 | Norfolk | purple | 7 | Daisy Spurway | 41 |

Results Sheet

Standing Long Jump

Competition:

AFIA-East Regional Festival Under 11 Girls

Venue:

Hertfordshire Sports Village, Hatfield

Date

29 Jan 2011

| Ranking | Team | Colour | Total | Points |
|---------|----------------|--------|-------|--------|
| 1 | Herts Phoenix | blue | 5.26 | 30 |
| 2 | Essex Juniors | yellow | 5.16 | 28 |
| 3 | Herts Pegasus | green | 5.06 | 26 |
| 4 | Norfolk | purple | 4.97 | 24 |
| 5 | Cambridgeshire | red | 4.81 | 22 |

| Ranking | Team | Colour | BibNo | Name | Best |
|---------|----------------|--------|-------|----------------------|------|
| 1 | Herts Phoenix | blue | 13 | Natasha Hickman | 1.86 |
| 2 | Cambridgeshire | red | 1 | Helena Grisenthwaite | 1.80 |
| 3 | Essex Juniors | yellow | 10 | Eliza Elvidge | 1.80 |
| 4 | Herts Pegasus | green | 5 | Natasha Cooper | 1.79 |
| 5 | Herts Phoenix | blue | 7 | Isobel Collin | 1.77 |
| 6 | Essex Juniors | yellow | 6 | Rebekah Sherrington | 1.74 |
| 7 | Norfolk | purple | 12 | Evie Read | 1.72 |
| 8 | Cambridgeshire | red | 6 | Ella Greenwood | 1.67 |
| 9 | Norfolk | purple | 11 | Emma Dewdney | 1.67 |
| 10 | Herts Pegasus | green | 2 | Emma Thorn | 1.65 |
| 11 | Herts Phoenix | blue | 10 | Louise Reilly | 1.63 |
| 12 | Essex Juniors | yellow | 9 | Lucy Woolnough | 1.62 |
| 13 | Herts Pegasus | green | 1 | Pheobe Hoskin | 1.62 |
| 14 | Norfolk | purple | 6 | Elena Satchell | 1.58 |
| 15 | Cambridgeshire | red | 5 | Ellen Chaplin | 1.34 |

Results Sheet

Standing Triple Jump

Competition:

AFIA-East Regional Festival Under 11 Girls

Venue:

Hertfordshire Sports Village, Hatfield

Date

29 Jan 2011

| Ranking | Team | Colour | Total | Points |
|---------|----------------|--------|-------|--------|
| 1 | Essex Juniors | yellow | 16.44 | 30 |
| 2 | Herts Phoenix | blue | 16.32 | 28 |
| 3 | Norfolk | purple | 15.38 | 26 |
| 4 | Herts Pegasus | green | 14.26 | 24 |
| 5 | Cambridgeshire | red | 12.48 | 22 |

| Ranking | Team | Colour | BibNo | Name | Best |
|---------|----------------|--------|-------|------------------|------|
| 1 | Essex Juniors | yellow | 3 | Phoebe Jeffery | 5.88 |
| 2 | Herts Phoenix | blue | 5 | Sophie Julian | 5.62 |
| 3 | Herts Phoenix | blue | 8 | Nicole Parcell | 5.50 |
| 4 | Essex Juniors | yellow | 13 | Jessica Down | 5.46 |
| 5 | Norfolk | purple | 5 | Sophie Bishop | 5.30 |
| 6 | Norfolk | purple | 1 | Madison Stubbs | 5.28 |
| 7 | Herts Phoenix | blue | 2 | Megan Fielding | 5.20 |
| 8 | Essex Juniors | yellow | 4 | Ellie Rowan | 5.10 |
| 9 | Herts Pegasus | green | 9 | Eleanor Davis | 5.02 |
| 10 | Norfolk | purple | 4 | Lauren Bradfield | 4.80 |
| 11 | Herts Pegasus | green | 4 | Laura Marsh | 4.74 |
| 12 | Cambridgeshire | red | 13 | Elena Noe | 4.68 |
| 13 | Herts Pegasus | green | 7 | Abigail Stewart | 4.50 |
| 14 | Cambridgeshire | red | 11 | Molly Barrios | 4.04 |
| 15 | Cambridgeshire | red | 9 | Tashie Donnelly | 3.76 |

Results Sheet

Target Throw

Competition:

AFIA-East Regional Festival Under 11 Girls

Venue:

Hertfordshire Sports Village, Hatfield

Date

29 Jan 2011

| Ranking | Team | Colour | Total | Points |
|---------|----------------|--------|-------|--------|
| 1= | Essex Juniors | yellow | 21 | 28 |
| 1= | Herts Phoenix | blue | 21 | 28 |
| 1= | Norfolk | purple | 21 | 28 |
| 4 | Herts Pegasus | green | 18 | 24 |
| 5 | Cambridgeshire | red | 11 | 22 |

| Ranking | Team | Colour | BibNo | Name | Total |
|---------|----------------|--------|-------|----------------|-------|
| 1 | Essex Juniors | yellow | 14 | Amy Day | 14 |
| 2 | Norfolk | purple | 10 | Niamh Jackson | 13 |
| 3 | Herts Pegasus | green | 11 | Rebecca Sayers | 12 |
| 4 | Herts Phoenix | blue | 6 | Imogen Walker | 11 |
| 5 | Herts Phoenix | blue | 3 | Lily Jones | 10 |
| 6 | Norfolk | purple | 9 | Chloe Long | 8 |
| 7= | Cambridgeshire | red | 6 | Ella Greenwood | 7 |
| 7= | Essex Juniors | yellow | 15 | Abigail Munro | 7 |
| 9 | Herts Pegasus | green | 8 | Sarah Townsley | 6 |
| 10 | Cambridgeshire | red | 2 | Emma Hickling | 4 |

Results Sheet

Vertical Jump

Competition:

AFIA-East Regional Festival Under 11 Girls

Venue:

Hertfordshire Sports Village, Hatfield

Date

29 Jan 2011

| Ranking | Team | Colour | Total | Points |
|---------|----------------|--------|-------|--------|
| 1 | Herts Phoenix | blue | 129 | 30 |
| 2 | Norfolk | purple | 102 | 28 |
| 3 | Herts Pegasus | green | 100 | 26 |
| 4= | Cambridgeshire | red | 97 | 23 |
| 4= | Essex Juniors | yellow | 97 | 23 |

| Ranking | Team | Colour | BibNo | Name | Best |
|---------|----------------|--------|-------|-------------------|------|
| 1 | Herts Phoenix | blue | 1 | Pippa Beauchamp | 46 |
| 2 | Herts Phoenix | blue | 3 | Lily Jones | 42 |
| 3 | Herts Phoenix | blue | 4 | Bethan Eyre | 41 |
| 4 | Norfolk | purple | 7 | Daisy Spurway | 38 |
| 5 | Norfolk | purple | 2 | Emily Mace | 37 |
| 6 | Essex Juniors | yellow | 2 | Eloise Smith | 36 |
| 7 | Herts Pegasus | green | 6 | Natasha Kinsella | 35 |
| 8 | Herts Pegasus | green | 8 | Sarah Townsley | 34 |
| 9 | Cambridgeshire | red | 4 | Sasha Vail | 34 |
| 10 | Cambridgeshire | red | 2 | Emma Hickling | 33 |
| 11 | Essex Juniors | yellow | 7 | Hennessey Murray | 33 |
| 12 | Herts Pegasus | green | 10 | Katie Heywood | 31 |
| 13 | Cambridgeshire | red | 7 | Daisy Lihoreau | 30 |
| 14 | Essex Juniors | yellow | 1 | Abigail Thompson | 28 |
| 15 | Norfolk | purple | 3 | Bethany Alexander | 27 |

Hi - Stepper - Girls

| Team Colour | Name | Trial | | Adjusted Time | Team Total | Position | Points |
|-------------|---------------------|------------|--------|---------------|------------|----------|--------|
| | | Time Taken | Faults | | | | |
| Red | Sasha Vail | 16.8 | | 16.8 | 51.8 | 5 | 22 |
| | Mollie Coupar | 18.2 | | 18.2 | | | |
| | Cloe Langley | 16.8 | | 16.8 | | | |
| Yellow | Ellie Rowan | 16.6 | 1 | 16.7 | 49.0 | 4 | 24 |
| | Sampritha Sivakumar | 17.9 | 1 | 18.0 | | | |
| | Jessica Down | 14.3 | | 14.3 | | | |
| Green | Stephanie White | 13.8 | 1 | 13.9 | 42.3 | 1 | 30 |
| | Natasha Cooper | 14.4 | 1 | 14.5 | | | |
| | Ellie Pryor | 13.9 | | 13.9 | | | |
| Blue | Louise Reilly | 13.8 | | 13.8 | 42.4 | 2 | 28 |
| | Katie Liptrot | 14.5 | | 14.5 | | | |
| | Grace May | 13.8 | 3 | 14.1 | | | |
| Purple | Lauren Bradfield | 13.8 | | 13.8 | 42.5 | 3 | 26 |
| | Georgia Clark | 14.4 | | 14.4 | | | |
| | Niamh Jackson | 14.2 | 1 | 14.3 | | | |