

Fun in Athletics



London Regional Festival

Crystal Palace National Sports Centre, London

Saturday 13 January, 2007

We welcome teams today from ...

All Saints	red
Herne Hill Harriers	green
Kingston	blue
Redbridge	purple
South Brent Warriors	orange
South London Harriers	sky
Urban Youth Sports	white
Waltham Forest	yellow
Wandsworth	navy
West Ham & Plaistow	brown



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Eventful Days ...





Norwich Union sports:hall Fun in Athletics Festival

Crystal Palace
Saturday 13 January 2007

Amendment to Results

Thank you to all team managers, officials and spectators for making this event so fantastic for the athletes and our road team on the day.

Unfortunately there were a few mistakes with the results which are now corrected and in this document.

Well done to Waltham Forrest who, with this corrected set of results, have come out on top in our boys festival.

Any further queries please contact the team

development@sportshall.org

Competition Results

Competition:

NUFIA-London Regional Festival Under 11 Boys

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Waltham Forest	yellow	453	28	30	28	30	28	28	28	30	29	26	30	20	30	28	30	30
2	Redbridge	purple	399	30	28	24	18	30	24	12	21	24	30	22	30	28	30	28	20
3	West Ham & Plaistow	brown	376	24	26	30	26	24	30	18	18	29	18	12	23	26	24	20	28
4	Wandsworth	navy	363	26	17	26	28	26	26	30	15	21	22	19	18	24	26	13	26
5	South London Harriers	sky	335	18	20	22	20	16	20	26	26	17	22	28	26	20	18	16	20
6	All Saints	red	303	20	14	14	16	20	16	24	21	14	28	19	28	16	16	23	14
7	South Brent	orange	302	14	24	12	24	12	18	16	24	26	14	26	14	18	22	18	20
8	Kingston	blue	297	22	12	18	14	14	14	20	15	21	22	24	23	22	14	26	16
9	Herne Hill Harriers	green	287	16	17	16	12	22	12	22	28	17	12	16	16	14	20	23	24
10	Urban Youth Sports	white	245	12	22	20	22	18	22	14	12	12	16	14	12	12	12	13	12

Team Results

All Saints (red)

Competition:

NUFIA-London Regional Festival Under 11 Boys

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Waltham Forest	yellow	453	28	30	28	30	28	28	28	30	29	26	30	20	30	28	30	30
2	Redbridge	purple	399	30	28	24	18	30	24	12	21	24	30	22	30	28	30	28	20
3	West Ham & Plaistow	brown	376	24	26	30	26	24	30	18	18	29	18	12	23	26	24	20	28
4	Wandsworth	navy	363	26	17	26	28	26	26	30	15	21	22	19	18	24	26	13	26
5	South London Harriers	sky	335	18	20	22	20	16	20	26	26	17	22	28	26	20	18	16	20
6	All Saints	red	303	20	14	14	16	20	16	24	21	14	28	19	28	16	16	23	14
7	South Brent	orange	302	14	24	12	24	12	18	16	24	26	14	26	14	18	22	18	20
8	Kingston	blue	297	22	12	18	14	14	14	20	15	21	22	24	23	22	14	26	16
9	Herne Hill Harriers	green	287	16	17	16	12	22	12	22	28	17	12	16	16	14	20	23	24
10	Urban Youth Sports	white	245	12	22	20	22	18	22	14	12	12	16	14	12	12	12	13	12

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Cameron Starr	ST	4.75	6.25	6.00		6.25	10
1	Cameron Starr	VJ	35	36	35		36	15
2	Nicky Page	CP	4.75	5.25	5.25		5.25	17
2	Nicky Page	SB	52				52	3
3	Matthew Willard	J	17	20	19		20	3
3	Matthew Willard	STJ	5.20	5.20	5.25		5.25	15
4	Jordan Quartey	J	13	17	18		18	4
4	Jordan Quartey	VJ	34	35	38		38	12
5	Elliot Cheeseman	BT	11	10	5	2	28	10
5	Elliot Cheeseman	ST	5.75	6.00	5.50		6.00	14
6	Josh Smith	SB	48				48	7=
6	Josh Smith	STJ	4.54	4.54	4.62		4.62	24
7	Demi Adewakun	TT	8	2	4	0	14	15=
7	Demi Adewakun	VJ	14	24	15		24	29
8	Niall Sheridan	CP	6.00	6.25	6.25		6.25	12
8	Niall Sheridan	SLJ	1.68	1.52	1.50		1.68	19
9	Josh Tarn	BT	15	4	12	5	36	5=
9	Josh Tarn	TT	10	5	6	0	21	7
10	Ben Whittaker	BT	2	2	2	2	8	27=
10	Ben Whittaker	STJ	0.00	4.18	4.08		4.18	27
11	Glenn Hitchin	SLJ	1.20	1.31	1.24		1.31	28
12	Ryan Bywater	SB	47				47	10
12	Ryan Bywater	SLJ	1.80	1.83	1.75		1.83	12

Team Results

Herne Hill Harriers (green)

Competition:

NUFIA-London Regional Festival Under 11 Boys

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Waltham Forest	yellow	453	28	30	28	30	28	28	28	30	29	26	30	20	30	28	30	30
2	Redbridge	purple	399	30	28	24	18	30	24	12	21	24	30	22	30	28	30	28	20
3	West Ham & Plaistow	brown	376	24	26	30	26	24	30	18	18	29	18	12	23	26	24	20	28
4	Wandsworth	navy	363	26	17	26	28	26	26	30	15	21	22	19	18	24	26	13	26
5	South London Harriers	sky	335	18	20	22	20	16	20	26	26	17	22	28	26	20	18	16	20
6	All Saints	red	303	20	14	14	16	20	16	24	21	14	28	19	28	16	16	23	14
7	South Brent	orange	302	14	24	12	24	12	18	16	24	26	14	26	14	18	22	18	20
8	Kingston	blue	297	22	12	18	14	14	14	20	15	21	22	24	23	22	14	26	16
9	Herne Hill Harriers	green	287	16	17	16	12	22	12	22	28	17	12	16	16	14	20	23	24
10	Urban Youth Sports	white	245	12	22	20	22	18	22	14	12	12	16	14	12	12	12	13	12

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Ben Watts	CP	4.75	4.25	4.00		4.75	19
1	Ben Watts	J	7	6	5		7	20
1	Ben Watts	ST	5.50	5.25	5.00		5.50	18=
2	Jake Weatherhead	BT	15	10	10	4	39	3
2	Jake Weatherhead	J	13	4	5		13	15
2	Jake Weatherhead	SLJ	1.50	1.47	1.45		1.50	26
3	Tariq Francis	SB	34				34	25=
3	Tariq Francis	TT	10	8	0	1	19	8
4	Louis Farquharsow	SB	41				41	19=
4	Louis Farquharsow	SLJ	1.60	0.65	1.55		1.60	22
5	Billy Murphy	CP	7.00	0.00	6.00		7.00	6
5	Billy Murphy	SB	34				34	25=
5	Billy Murphy	STJ	0.00	4.34	4.50		4.50	25
6	Shem Barnes-Smith	ST	6.50	5.00	6.50		6.50	9
6	Shem Barnes-Smith	SB	0				0	
6	Shem Barnes-Smith	SLJ	1.56	1.52	1.50		1.56	24
7	Aidan Wisen	BT	6	5	12	13	36	5=
7	Aidan Wisen	STJ	4.68	4.40	4.52		4.68	21
7	Aidan Wisen	VJ	35	38	40		40	10
8	Tyrell Campbell	BT	3	6	2	3	14	24
8	Tyrell Campbell	STJ	0.00	0.00	5.90		5.90	7
8	Tyrell Campbell	VJ	24	32	34		34	21
9	Kody Bond	TT	6	8	2	0	16	11=
9	Kody Bond	VJ	32	34	33		34	19

Team Results

Kingston (blue)

Competition:

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Date

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Waltham Forest	yellow	453	28	30	28	30	28	28	28	30	29	26	30	20	30	28	30	30
2	Redbridge	purple	399	30	28	24	18	30	24	12	21	24	30	22	30	28	30	28	20
3	West Ham & Plaistow	brown	376	24	26	30	26	24	30	18	18	29	18	12	23	26	24	20	28
4	Wandsworth	navy	363	26	17	26	28	26	26	30	15	21	22	19	18	24	26	13	26
5	South London Harriers	sky	335	18	20	22	20	16	20	26	26	17	22	28	26	20	18	16	20
6	All Saints	red	303	20	14	14	16	20	16	24	21	14	28	19	28	16	16	23	14
7	South Brent	orange	302	14	24	12	24	12	18	16	24	26	14	26	14	18	22	18	20
8	Kingston	blue	297	22	12	18	14	14	14	20	15	21	22	24	23	22	14	26	16
9	Herne Hill Harriers	green	287	16	17	16	12	22	12	22	28	17	12	16	16	14	20	23	24
10	Urban Youth Sports	white	245	12	22	20	22	18	22	14	12	12	16	14	12	12	12	13	12

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Robert Jenkins	J	12	15	15		15	10
1	Robert Jenkins	SLJ	1.62	1.78	1.68		1.78	15
2	Christopher Bone	SB	45				45	13=
2	Christopher Bone	SLJ	1.77	1.68	1.70		1.77	16
3	Scott Mowatt	BT	5	4	7	5	21	16
3	Scott Mowatt	CP	5.50	6.50	6.50		6.50	9
4	Daniel Hammond	SB	45				45	13=
4	Daniel Hammond	VJ	34	32	30		34	20
5	Alex Jenkins	ST	6.00	5.25	5.75		6.00	15
5	Alex Jenkins	STJ	3.98	4.20	4.22		4.22	26
6	Alex Rand	STJ	4.60	4.76	4.94		4.94	18
6	Alex Rand	TT	10	8	6	2	26	3
7	Ryan Griffiths	BT	5	5	3	3	16	20
7	Ryan Griffiths	CP	6.00	5.75	6.25		6.25	14
8	Jamie Dosser	BT	1	3	7	4	15	21=
8	Jamie Dosser	TT	9	1	0	0	10	18
9	Iewan Sloman	ST	6.00	7.25	5.50		7.25	4
9	Iewan Sloman	SLJ	1.76	1.81	1.87		1.87	10
10	Edward Wilson	J	12	13	16		16	9
10	Edward Wilson	STJ	0.00	0.00	0.00		0.00	
11	Joe Mowatt	SB	46				46	11=
11	Joe Mowatt	VJ	25	33	33		33	22
12	George Burns	STJ	4.30	3.62	4.68		4.68	22
12	George Burns	VJ	27	32	30		32	24

Team Results

Redbridge (purple)

Competition:

NUFIA-London Regional Festival Under 11 Boys

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Waltham Forest	yellow	453	28	30	28	30	28	28	28	30	29	26	30	20	30	28	30	30
2	Redbridge	purple	399	30	28	24	18	30	24	12	21	24	30	22	30	28	30	28	20
3	West Ham & Plaistow	brown	376	24	26	30	26	24	30	18	18	29	18	12	23	26	24	20	28
4	Wandsworth	navy	363	26	17	26	28	26	26	30	15	21	22	19	18	24	26	13	26
5	South London Harriers	sky	335	18	20	22	20	16	20	26	26	17	22	28	26	20	18	16	20
6	All Saints	red	303	20	14	14	16	20	16	24	21	14	28	19	28	16	16	23	14
7	South Brent	orange	302	14	24	12	24	12	18	16	24	26	14	26	14	18	22	18	20
8	Kingston	blue	297	22	12	18	14	14	14	20	15	21	22	24	23	22	14	26	16
9	Herne Hill Harriers	green	287	16	17	16	12	22	12	22	28	17	12	16	16	14	20	23	24
10	Urban Youth Sports	white	245	12	22	20	22	18	22	14	12	12	16	14	12	12	12	13	12

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Michael McNeish	SB	53				53	2
1	Michael McNeish	SLJ	2.04	2.06	2.10		2.10	2
2	Jake Wain	BT	14	6	12	4	36	5=
3	Kevin Wright	ST	6.25	7.00	6.75		7.00	5
3	Kevin Wright	STJ	5.68	5.80	6.00		6.00	6
4	Tom Hansford	ST	6.00	5.75	5.75		6.00	13
4	Tom Hansford	SLJ	1.60	1.44	1.62		1.62	20
5	Godudeep Selraranjan	SB	48				48	7=
6	Dan-Joseph Tshiala-Ndele	SLJ	1.78	1.73	1.83		1.83	13
6	Dan-Joseph Tshiala-Ndele	TT	10	4	0	0	14	15=
7	Sam Pearl	J	16	14	16		16	7
7	Sam Pearl	VJ	36	35	24		36	16
8	Jamie Hursit	J	16	23	12		23	2
8	Jamie Hursit	STJ	6.38	6.38	6.40		6.40	1
9	Tijauni Barza	SB	55				55	1
11	Joel Stichbury	BT	12	3	3	6	24	13=
11	Joel Stichbury	TT	10	9	6	3	28	1=
12	Kingsley Annor	CP	6.00	5.50	6.25		6.25	15
12	Kingsley Annor	VJ	32	35	30		35	17
13	Toki Izedomi	CP	5.25	5.50	6.75		6.75	7
13	Toki Izedomi	STJ	5.62	5.78	5.88		5.88	8
14	Adam Ozkan	BT	3	4	3	2	12	26
14	Adam Ozkan	VJ	28	29	31		31	26

Team Results

South Brent (orange)

Competition:

NUFIA-London Regional Festival Under 11 Boys

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Waltham Forest	yellow	453	28	30	28	30	28	28	28	30	29	26	30	20	30	28	30	30
2	Redbridge	purple	399	30	28	24	18	30	24	12	21	24	30	22	30	28	30	28	20
3	West Ham & Plaistow	brown	376	24	26	30	26	24	30	18	18	29	18	12	23	26	24	20	28
4	Wandsworth	navy	363	26	17	26	28	26	26	30	15	21	22	19	18	24	26	13	26
5	South London Harriers	sky	335	18	20	22	20	16	20	26	26	17	22	28	26	20	18	16	20
6	All Saints	red	303	20	14	14	16	20	16	24	21	14	28	19	28	16	16	23	14
7	South Brent	orange	302	14	24	12	24	12	18	16	24	26	14	26	14	18	22	18	20
8	Kingston	blue	297	22	12	18	14	14	14	20	15	21	22	24	23	22	14	26	16
9	Herne Hill Harriers	green	287	16	17	16	12	22	12	22	28	17	12	16	16	14	20	23	24
10	Urban Youth Sports	white	245	12	22	20	22	18	22	14	12	12	16	14	12	12	12	13	12

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Isa Mdamusa	CP	7.00	7.75	7.25		7.75	4
1	Isa Mdamusa	STJ	5.28	5.20	5.22		5.28	14
2	Yousif Shehabi	BT	5	3	4	5	17	18=
2	Yousif Shehabi	SLJ	1.88	1.86	1.80		1.88	9
3	Imaan Farjani	ST	7.25	7.50	7.50		7.50	2
3	Imaan Farjani	SLJ	1.62	1.66	1.69		1.69	18
4	Kojo Pran	SB	35				35	23=
4	Kojo Pran	TT	8	4	4	0	16	11=
4	Kojo Pran	VJ	28	31	31		31	25
5	Izzat Kamandin	SB	42				42	17=
5	Izzat Kamandin	SLJ	1.28	1.36	1.44		1.44	27
5	Izzat Kamandin	TT	8	8	0	0	16	11=
6	Reece Sotherland	J	7	9	11		11	19
6	Reece Sotherland	STJ	4.60	4.40	4.82		4.82	19
7	Mohamnads	BT	0	0	0	0	0	
7	Mohamnads	CP	6.00	5.75	6.00		6.00	16
7	Mohamnads	J	10	8	12		12	16
8	Dijon Grey	BT	4	2	10	9	25	12
8	Dijon Grey	VJ	27	28	29		29	27
9	Leonardo Flippe	BT	11	4	7	12	34	8
9	Leonardo Flippe	CP	0.00	0.00	0.00		0.00	
9	Leonardo Flippe	SB	30				30	28
9	Leonardo Flippe	STJ	5.00	0.00	5.02		5.02	16
10	Ekemini Alfred	ST	4.00	5.75	6.00		6.00	16

Team Results

South Brent (orange)

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Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Waltham Forest	yellow	453	28	30	28	30	28	28	28	30	29	26	30	20	30	28	30	30
2	Redbridge	purple	399	30	28	24	18	30	24	12	21	24	30	22	30	28	30	28	20
3	West Ham & Plaistow	brown	376	24	26	30	26	24	30	18	18	29	18	12	23	26	24	20	28
4	Wandsworth	navy	363	26	17	26	28	26	26	30	15	21	22	19	18	24	26	13	26
5	South London Harriers	sky	335	18	20	22	20	16	20	26	26	17	22	28	26	20	18	16	20
6	All Saints	red	303	20	14	14	16	20	16	24	21	14	28	19	28	16	16	23	14
7	South Brent	orange	302	14	24	12	24	12	18	16	24	26	14	26	14	18	22	18	20
8	Kingston	blue	297	22	12	18	14	14	14	20	15	21	22	24	23	22	14	26	16
9	Herne Hill Harriers	green	287	16	17	16	12	22	12	22	28	17	12	16	16	14	20	23	24
10	Urban Youth Sports	white	245	12	22	20	22	18	22	14	12	12	16	14	12	12	12	13	12

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
10	Ekemini Alfred	VJ	36	33	42		42	7

Team Results

South London Harriers (sky)

Competition:

NUFIA-London Regional Festival Under 11 Boys

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Waltham Forest	yellow	453	28	30	28	30	28	28	28	30	29	26	30	20	30	28	30	30
2	Redbridge	purple	399	30	28	24	18	30	24	12	21	24	30	22	30	28	30	28	20
3	West Ham & Plaistow	brown	376	24	26	30	26	24	30	18	18	29	18	12	23	26	24	20	28
4	Wandsworth	navy	363	26	17	26	28	26	26	30	15	21	22	19	18	24	26	13	26
5	South London Harriers	sky	335	18	20	22	20	16	20	26	26	17	22	28	26	20	18	16	20
6	All Saints	red	303	20	14	14	16	20	16	24	21	14	28	19	28	16	16	23	14
7	South Brent	orange	302	14	24	12	24	12	18	16	24	26	14	26	14	18	22	18	20
8	Kingston	blue	297	22	12	18	14	14	14	20	15	21	22	24	23	22	14	26	16
9	Herne Hill Harriers	green	287	16	17	16	12	22	12	22	28	17	12	16	16	14	20	23	24
10	Urban Youth Sports	white	245	12	22	20	22	18	22	14	12	12	16	14	12	12	12	13	12

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Ben Foreman	SB	46				46	11=
2	Harvey Stainthorpe	VJ	34	40	40		40	9
3	Thomas harrington	ST	6.50	6.50	6.00		6.50	8
4	James Male	BT	15	13	15	15	58	2
4	James Male	TT	8	4	0	0	12	17
5	Henry Watson	SB	45				45	13=
6	Aran Wells	SLJ	1.56	1.55	1.56		1.56	23
6	Aran Wells	TT	10	5	2	0	17	10
7	Ben Pomo	J	9	8	14		14	13
7	Ben Pomo	VJ	37	31	33		37	14
8	Ben Donahoe	ST	7.50	6.50	6.75		7.50	3
8	Ben Donahoe	SLJ	1.77	1.81	0.00		1.81	14
9	Will Fluke	BT	15	6	4	5	30	9
9	Will Fluke	VJ	25	20	24		25	28
10	Saul Thompson	CP	6.00	5.50	6.50		6.50	10=
10	Saul Thompson	SLJ	1.96	1.99	2.03		2.03	4
11	Brandon John	J	0	0	0		0	
11	Brandon John	SB	0				0	
11	Brandon John	STJ	4.65	4.40	0.00		4.65	23
12	Joseph Honey	J	17	9	13		17	6
12	Joseph Honey	SB	49				49	5=
13	Chreston Harrison	CP	5.25	4.75	0.00		5.25	18
13	Chreston Harrison	STJ	4.00	3.90	3.90		4.00	28
14	Reece Young	STJ	5.50	5.70	5.42		5.70	10

Team Results

Urban Youth Sports (white)

Competition:

NUFIA-London Regional Festival Under 11 Boys

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Waltham Forest	yellow	453	28	30	28	30	28	28	28	30	29	26	30	20	30	28	30	30
2	Redbridge	purple	399	30	28	24	18	30	24	12	21	24	30	22	30	28	30	28	20
3	West Ham & Plaistow	brown	376	24	26	30	26	24	30	18	18	29	18	12	23	26	24	20	28
4	Wandsworth	navy	363	26	17	26	28	26	26	30	15	21	22	19	18	24	26	13	26
5	South London Harriers	sky	335	18	20	22	20	16	20	26	26	17	22	28	26	20	18	16	20
6	All Saints	red	303	20	14	14	16	20	16	24	21	14	28	19	28	16	16	23	14
7	South Brent	orange	302	14	24	12	24	12	18	16	24	26	14	26	14	18	22	18	20
8	Kingston	blue	297	22	12	18	14	14	14	20	15	21	22	24	23	22	14	26	16
9	Herne Hill Harriers	green	287	16	17	16	12	22	12	22	28	17	12	16	16	14	20	23	24
10	Urban Youth Sports	white	245	12	22	20	22	18	22	14	12	12	16	14	12	12	12	13	12

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Ido	ST	6.00	6.00	5.75		6.00	11
1	Ido	STJ	4.72	4.62	4.60		4.72	20
2	Michael	SB	0				0	
2	Michael	TT	10	6	6	0	22	5=
3	Kieran	VJ	0	0	0		0	
4	Kieran Sanwers	BT	0	0	0	0	0	
4	Kieran Sanwers	J	0	0	0		0	
6	Bradley	SB	0				0	
6	Bradley	SLJ	0.00	0.00	0.00		0.00	
7	Mozier	CP	6.25	6.50	6.50		6.50	8
8	Shaquil	J	7	15	12		15	12
9	Christopher	BT	4	3	2	4	13	25
9	Christopher	STJ	0.00	0.00	0.00		0.00	
10	Adris	J	11	6	11		11	17
10	Adris	SB	34				34	25=
10	Adris	TT	0	0	0	0	0	
10	Adris	VJ	38	41	39		41	8
11	Jamarie	CP	4.25	4.25	3.50		4.25	20
11	Jamarie	VJ	26	31	32		32	23
13	Lernando	BT	3	5	7	3	18	17
13	Lernando	ST	5.75	5.00	4.50		5.75	17
15	Lennel	SB	0				0	
15	Lennel	SLJ	1.49	1.56	1.52		1.56	25

Team Results

Waltham Forest (yellow)

Competition:

NUFIA-London Regional Festival Under 11 Boys

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Waltham Forest	yellow	453	28	30	28	30	28	28	28	30	29	26	30	20	30	28	30	30
2	Redbridge	purple	399	30	28	24	18	30	24	12	21	24	30	22	30	28	30	28	20
3	West Ham & Plaistow	brown	376	24	26	30	26	24	30	18	18	29	18	12	23	26	24	20	28
4	Wandsworth	navy	363	26	17	26	28	26	26	30	15	21	22	19	18	24	26	13	26
5	South London Harriers	sky	335	18	20	22	20	16	20	26	26	17	22	28	26	20	18	16	20
6	All Saints	red	303	20	14	14	16	20	16	24	21	14	28	19	28	16	16	23	14
7	South Brent	orange	302	14	24	12	24	12	18	16	24	26	14	26	14	18	22	18	20
8	Kingston	blue	297	22	12	18	14	14	14	20	15	21	22	24	23	22	14	26	16
9	Herne Hill Harriers	green	287	16	17	16	12	22	12	22	28	17	12	16	16	14	20	23	24
10	Urban Youth Sports	white	245	12	22	20	22	18	22	14	12	12	16	14	12	12	12	13	12

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Jermaine Hamilton	BT	4	6	1	4	15	21=
1	Jermaine Hamilton	SLJ	2.22	2.34	2.18		2.34	1
2	Nicholas Hansen	J	24	15	22		24	1
2	Nicholas Hansen	STJ	5.82	5.82	6.06		6.06	5
3	Luke Maynard	STJ	5.80	6.10	6.18		6.18	3
4	Usman Ahmed	BT	15	15	15	15	60	1
4	Usman Ahmed	J	12	11	13		13	14
5	Emmanuel Nwaohai	BT	9	6	15	7	37	4
5	Emmanuel Nwaohai	VJ	46	48	50		50	3
6	Luke Esnard	ST	6.50	6.00	6.75		6.75	6
6	Luke Esnard	SB	51				51	4
7	Levi Meade	SB	40				40	21
7	Levi Meade	VJ	44	44	48		48	5
8	Joel Ryan	SLJ	1.86	2.04	2.04		2.04	3
8	Joel Ryan	TT	10	7	4	2	23	4
9	Bamidele Olaseni	CP	6.00	6.25	7.25		7.25	5
9	Bamidele Olaseni	VJ	47	53	47		53	1
10	Paul Inkpen	STJ	5.60	5.62	5.50		5.62	12
10	Paul Inkpen	TT	10	8	6	4	28	1=
11	Joseph Headley	ST	8.25	8.75	8.50		8.75	1
11	Joseph Headley	SB	41				41	19=
12	Nathan H-Lowio	CP	8.50	9.00	9.25		9.25	1
12	Nathan H-Lowio	SLJ	1.90	1.83	1.88		1.90	7

Team Results

Wandsworth (navy)

Competition:

NUFIA-London Regional Festival Under 11 Boys

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Waltham Forest	yellow	453	28	30	28	30	28	28	28	30	29	26	30	20	30	28	30	30
2	Redbridge	purple	399	30	28	24	18	30	24	12	21	24	30	22	30	28	30	28	20
3	West Ham & Plaistow	brown	376	24	26	30	26	24	30	18	18	29	18	12	23	26	24	20	28
4	Wandsworth	navy	363	26	17	26	28	26	26	30	15	21	22	19	18	24	26	13	26
5	South London Harriers	sky	335	18	20	22	20	16	20	26	26	17	22	28	26	20	18	16	20
6	All Saints	red	303	20	14	14	16	20	16	24	21	14	28	19	28	16	16	23	14
7	South Brent	orange	302	14	24	12	24	12	18	16	24	26	14	26	14	18	22	18	20
8	Kingston	blue	297	22	12	18	14	14	14	20	15	21	22	24	23	22	14	26	16
9	Herne Hill Harriers	green	287	16	17	16	12	22	12	22	28	17	12	16	16	14	20	23	24
10	Urban Youth Sports	white	245	12	22	20	22	18	22	14	12	12	16	14	12	12	12	13	12

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Renaz Jainuden	BT	6	4	6	1	17	18=
1	Renaz Jainuden	VJ	37	37	38		38	11
2	Devell Roberts	SB	35				35	23=
3	Aaron Osman	ST	6.75	6.00	6.25		6.75	7
3	Aaron Osman	VJ	29	34	34		34	18
4	Hiram Boatena	ST	0.00	0.00	0.00		0.00	
4	Hiram Boatena	STJ	6.04	6.18	5.94		6.18	4
5	Warren Lyn	BT	3	5	0	0	8	27=
5	Warren Lyn	ST	5.00	4.75	5.50		5.50	20
5	Warren Lyn	TT	10	8	4	0	22	5=
6	Peter Molaso	BT	1	15	5	6	27	11
6	Peter Molaso	SLJ	1.73	1.79	1.85		1.85	11
7	Takyrie Codner	J	16	16	11		16	8
7	Takyrie Codner	SLJ	1.71	1.86	1.96		1.96	5
8	William Figuiera	CP	6.00	6.00	6.25		6.25	13
8	William Figuiera	VJ	34	37	37		37	13
9	Andreas Mason	STJ	5.08	5.40	5.36		5.40	13
9	Andreas Mason	TT	0	0	0	0	0	
10	Aaron Okuleye	STJ	5.90	6.26	6.08		6.26	2
11	Olushegon Bababola	CP	6.00	5.50	6.50		6.50	10=
11	Olushegon Bababola	SLJ	1.62	1.60	1.12		1.62	21
13	Ishmel Hughes	SB	36				36	22
14	Reiss Ormonde	J	15	13	12		15	11
14	Reiss Ormonde	SB	48				48	7=

Team Results

West Ham & Plaistow (brown)

Competition:

NUFIA-London Regional Festival Under 11 Boys

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	Waltham Forest	yellow	453	28	30	28	30	28	28	28	30	29	26	30	20	30	28	30	30
2	Redbridge	purple	399	30	28	24	18	30	24	12	21	24	30	22	30	28	30	28	20
3	West Ham & Plaistow	brown	376	24	26	30	26	24	30	18	18	29	18	12	23	26	24	20	28
4	Wandsworth	navy	363	26	17	26	28	26	26	30	15	21	22	19	18	24	26	13	26
5	South London Harriers	sky	335	18	20	22	20	16	20	26	26	17	22	28	26	20	18	16	20
6	All Saints	red	303	20	14	14	16	20	16	24	21	14	28	19	28	16	16	23	14
7	South Brent	orange	302	14	24	12	24	12	18	16	24	26	14	26	14	18	22	18	20
8	Kingston	blue	297	22	12	18	14	14	14	20	15	21	22	24	23	22	14	26	16
9	Herne Hill Harriers	green	287	16	17	16	12	22	12	22	28	17	12	16	16	14	20	23	24
10	Urban Youth Sports	white	245	12	22	20	22	18	22	14	12	12	16	14	12	12	12	13	12

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Hamza Ali	SB	42				42	17=
1	Hamza Ali	STJ	5.58	0.00	5.70		5.70	9
2	Jermaine Hood	ST	5.00	5.25	5.50		5.50	18=
2	Jermaine Hood	STJ	4.48	4.96	0.00		4.96	17
3	Patrick Haddon	J	15	17	10		17	5
3	Patrick Haddon	SLJ	1.80	1.90	1.92		1.92	6
4	Azzez Bello	BT	6	7	2	9	24	13=
4	Azzez Bello	SLJ	1.72	1.68	1.68		1.72	17
5	Bosun Oaunminu	CP	6.50	7.25	8.25		8.25	3
5	Bosun Oaunminu	STJ	5.62	5.62	5.60		5.62	11
6	Eric Bamford	SB	49				49	5=
6	Eric Bamford	SLJ	1.88	1.87	1.70		1.88	8
7	Joshua Fasaca	J	9	11	10		11	18
7	Joshua Fasaca	VJ	42	38	36		42	6
8	Sean Adepetu	TT	8	4	4	2	18	9
8	Sean Adepetu	VJ	48	51	49		51	2
9	Ibraham Akanbi	CP	6.75	7.75	8.25		8.25	2
9	Ibraham Akanbi	VJ	44	50	47		50	4
10	Daniel Baah	BT	3	3	11	7	24	13=
10	Daniel Baah	ST	6.00	6.00	5.00		6.00	12
11	Kieran Greaves	BT	6	3	3	3	15	21=
12	Soloman Adade	SB	45				45	13=
12	Soloman Adade	TT	8	6	0	2	16	11=

Results Sheet

Obstacle Relay

Competition:

NUFIA-London Regional Festival Under 11 Boys

Venue:

Crystal Palace National Sports Centre

Date

13 Jan 2007

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	05	Redbridge	purple	1:57.8	0.0	1:57.8	30.0
2	09	Waltham Forest	yellow	1:58.3	0.0	1:58.3	28.0
3	10	Wandsworth	navy	2:00.4	0.0	2:00.4	26.0
4	11	West Ham & Plaistow	brown	2:02.3	0.0	2:02.3	24.0
5	04	Kingston	blue	2:06.4	0.0	2:06.4	22.0
6	01	All Saints	red	2:06.4	0.0	2:06.4	20.0
7	07	South London Harriers	sky	2:06.6	0.0	2:06.6	18.0
8	03	Herne Hill Harriers	green	2:09.9	0.0	2:09.9	16.0
9	06	South Brent	orange	2:17.2	0.0	2:17.2	14.0
10	08	Urban Youth Sports	white	2:27.7	0.0	2:27.7	12.0

Results Sheet

1 + 1 Lap Relay

Competition:

NUFIA-London Regional Festival Under 11 Boys

Venue:

Crystal Palace National Sports Centre

Date

13 Jan 2007

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	09	Waltham Forest	yellow	22.9	0.0	22.9	30.0
2	05	Redbridge	purple	23.2	0.0	23.2	28.0
3	11	West Ham & Plaistow	brown	23.5	0.0	23.5	26.0
4	06	South Brent	orange	23.9	0.0	23.9	24.0
5	08	Urban Youth Sports	white	25.2	0.0	25.2	22.0
6	07	South London Harriers	sky	25.3	0.0	25.3	20.0
7=	03	Herne Hill Harriers	green	25.7	0.0	25.7	17.0
7=	10	Wandsworth	navy	25.7	0.0	25.7	17.0
9	01	All Saints	red	25.9	0.0	25.9	14.0
10	04	Kingston	blue	26.3	0.0	26.3	12.0

Results Sheet

4 x 1 Lap Relay

Competition:

NUFIA-London Regional Festival Under 11 Boys

Venue:

Crystal Palace National Sports Centre

Date

13 Jan 2007

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	11	West Ham & Plaistow	brown	44.6	0.0	44.6	30.0
2	09	Waltham Forest	yellow	45.1	0.0	45.1	28.0
3	10	Wandsworth	navy	47.8	0.0	47.8	26.0
4	05	Redbridge	purple	48.4	0.0	48.4	24.0
5	07	South London Harriers	sky	48.6	0.0	48.6	22.0
6	08	Urban Youth Sports	white	50.1	0.0	50.1	20.0
7	04	Kingston	blue	51.0	0.0	51.0	18.0
8	03	Herne Hill Harriers	green	52.6	0.0	52.6	16.0
9	01	All Saints	red	54.0	0.0	54.0	14.0
10	06	South Brent	orange	55.0	0.0	55.0	12.0

Results Sheet

6 Lap Paarlauf

Competition:

NUFIA-London Regional Festival Under 11 Boys

Venue:

Crystal Palace National Sports Centre

Date

13 Jan 2007

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	09	Waltham Forest	yellow	1:53.1	0.0	1:53.1	30.0
2	10	Wandsworth	navy	1:54.6	0.0	1:54.6	28.0
3	11	West Ham & Plaistow	brown	1:55.1	0.0	1:55.1	26.0
4	06	South Brent	orange	1:56.1	0.0	1:56.1	24.0
5	08	Urban Youth Sports	white	1:56.7	0.0	1:56.7	22.0
6	07	South London Harriers	sky	1:57.5	0.0	1:57.5	20.0
7	05	Redbridge	purple	1:57.6	0.0	1:57.6	18.0
8	01	All Saints	red	1:58.8	0.0	1:58.8	16.0
9	04	Kingston	blue	2:02.0	0.0	2:02.0	14.0
10	03	Herne Hill Harriers	green	2:05.0	0.0	2:05.0	12.0

Results Sheet

Over and Under Relay

Competition:

NUFIA-London Regional Festival Under 11 Boys

Venue:

Crystal Palace National Sports Centre

Date

13 Jan 2007

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	05	Redbridge	purple	1:46.0	0.0	1:46.0	30.0
2	09	Waltham Forest	yellow	1:47.2	0.0	1:47.2	28.0
3	10	Wandsworth	navy	1:47.6	0.0	1:47.6	26.0
4	11	West Ham & Plaistow	brown	1:49.5	0.0	1:49.5	24.0
5	03	Herne Hill Harriers	green	1:54.7	0.0	1:54.7	22.0
6	01	All Saints	red	1:55.2	0.0	1:55.2	20.0
7	08	Urban Youth Sports	white	1:56.1	0.0	1:56.1	18.0
8	07	South London Harriers	sky	1:56.3	0.0	1:56.3	16.0
9	04	Kingston	blue	1:57.7	0.0	1:57.7	14.0
10	06	South Brent	orange	1:58.9	0.0	1:58.9	12.0

Results Sheet

Hurdles Relay

Competition:

NUFIA-London Regional Festival Under 11 Boys

Venue:

Crystal Palace National Sports Centre

Date

13 Jan 2007

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	11	West Ham & Plaistow	brown	52.5	0.0	52.5	30.0
2	09	Waltham Forest	yellow	53.1	0.0	53.1	28.0
3	10	Wandsworth	navy	53.4	0.0	53.4	26.0
4	05	Redbridge	purple	54.8	0.0	54.8	24.0
5	08	Urban Youth Sports	white	55.4	0.0	55.4	22.0
6	07	South London Harriers	sky	55.4	0.0	55.4	20.0
7	06	South Brent	orange	56.2	0.0	56.2	18.0
8	01	All Saints	red	58.9	0.0	58.9	16.0
9	04	Kingston	blue	1:41.1	0.0	1:41.1	14.0
10	03	Herne Hill Harriers	green	1:42.8	0.0	1:42.8	12.0

Results Sheet

Grand Prix

Competition:

NUFIA-London Regional Festival Under 11 Boys

Venue:

Crystal Palace National Sports Centre

Date

13 Jan 2007

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	10	Wandsworth	navy	1:40.5	0.0	1:40.5	30.0
2	09	Waltham Forest	yellow	1:41.8	0.0	1:41.8	28.0
3	07	South London Harriers	sky	1:44.5	0.0	1:44.5	26.0
4	01	All Saints	red	1:44.8	0.0	1:44.8	24.0
5	03	Herne Hill Harriers	green	1:45.5	0.0	1:45.5	22.0
6	04	Kingston	blue	1:45.6	0.0	1:45.6	20.0
7	11	West Ham & Plaistow	brown	1:46.3	0.0	1:46.3	18.0
8	06	South Brent	orange	1:47.8	0.0	1:47.8	16.0
9	08	Urban Youth Sports	white	1:50.7	0.0	1:50.7	14.0
10	05	Redbridge	purple	1:50.7	0.0	1:50.7	12.0

Results Sheet

Balance Test

Competition:

NUFIA-London Regional Festival Under 11 Boys

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

Ranking	Team	Colour	Total	Points
1	Waltham Forest	yellow	112	30
2	Herne Hill Harriers	green	89	28
3	South London Harriers	sky	88	26
4	South Brent	orange	76	24
5=	All Saints	red	72	21
5=	Redbridge	purple	72	21
7	West Ham & Plaistow	brown	63	18
8=	Kingston	blue	52	15
8=	Wandsworth	navy	52	15
10	Urban Youth Sports	white	31	12

Ranking	Team	Colour	BibNo	Name	Total
1	Waltham Forest	yellow	4	Usman Ahmed	60
2	South London Harriers	sky	4	James Male	58
3	Herne Hill Harriers	green	2	Jake Weatherhead	39
4	Waltham Forest	yellow	5	Emmanuel Nwaohai	37
5=	All Saints	red	9	Josh Tarn	36
5=	Herne Hill Harriers	green	7	Aidan Wisen	36
5=	Redbridge	purple	2	Jake Wain	36
8	South Brent	orange	9	Leonardo Flippe	34
9	South London Harriers	sky	9	Will Fluke	30
10	All Saints	red	5	Elliot Cheeseman	28
11	Wandsworth	navy	6	Peter Molaso	27
12	South Brent	orange	8	Dijon Grey	25
13=	Redbridge	purple	11	Joel Stichbury	24
13=	West Ham & Plaistow	brown	4	Azzez Bello	24
13=	West Ham & Plaistow	brown	10	Daniel Baah	24
16	Kingston	blue	3	Scott Mowatt	21
17	Urban Youth Sports	white	13	Lernando	18
18=	South Brent	orange	2	Yousif Shehabi	17
18=	Wandsworth	navy	1	Renaz Jainuden	17
20	Kingston	blue	7	Ryan Griffiths	16
21=	Kingston	blue	8	Jamie Dosser	15
21=	Waltham Forest	yellow	1	Jermaine Hamilton	15
21=	West Ham & Plaistow	brown	11	Kieran Greaves	15
24	Herne Hill Harriers	green	8	Tyrell Campbell	14
25	Urban Youth Sports	white	9	Christopher	13
26	Redbridge	purple	14	Adam Ozkan	12
27=	All Saints	red	10	Ben Whittaker	8
27=	Wandsworth	navy	5	Warren Lyn	8
	South Brent	orange	7	Mohamnads	0
	Urban Youth Sports	white	4	Kieran Sanwers	0

Results Sheet

Chest Push

Competition:

NUFIA-London Regional Festival Under 11 Boys

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

Ranking	Team	Colour	Total	Points
1=	Waltham Forest	yellow	16.50	29
1=	West Ham & Plaistow	brown	16.50	29
3	South Brent	orange	13.75	26
4	Redbridge	purple	13.00	24
5=	Kingston	blue	12.75	21
5=	Wandsworth	navy	12.75	21
7=	Herne Hill Harriers	green	11.75	17
7=	South London Harriers	sky	11.75	17
9	All Saints	red	11.50	14
10	Urban Youth Sports	white	10.75	12

Ranking	Team	Colour	BibNo	Name	Best
1	Waltham Forest	yellow	12	Nathan H-Lowio	9.25
2	West Ham & Plaistow	brown	9	Ibrahim Akanbi	8.25
3	West Ham & Plaistow	brown	5	Bosun Oaunminu	8.25
4	South Brent	orange	1	Isa Mdamusa	7.75
5	Waltham Forest	yellow	9	Bamidele Olaseni	7.25
6	Herne Hill Harriers	green	5	Billy Murphy	7.00
7	Redbridge	purple	13	Toki Izedomi	6.75
8	Urban Youth Sports	white	7	Mozier	6.50
9	Kingston	blue	3	Scott Mowatt	6.50
10=	South London Harriers	sky	10	Saul Thompson	6.50
10=	Wandsworth	navy	11	Olushegon Bababola	6.50
12	All Saints	red	8	Niall Sheridan	6.25
13	Wandsworth	navy	8	William Figuiera	6.25
14	Kingston	blue	7	Ryan Griffiths	6.25
15	Redbridge	purple	12	Kingsley Annor	6.25
16	South Brent	orange	7	Mohamnads	6.00
17	All Saints	red	2	Nicky Page	5.25
18	South London Harriers	sky	13	Chreston Harrison	5.25
19	Herne Hill Harriers	green	1	Ben Watts	4.75
20	Urban Youth Sports	white	11	Jamarie	4.25
	South Brent	orange	9	Leonardo Flippe	0.00

Results Sheet

Javelin

Competition:

NUFIA-London Regional Festival Under 11 Boys

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

Ranking	Team	Colour	Total	Points
1	Redbridge	purple	39	30
2	All Saints	red	38	28
3	Waltham Forest	yellow	37	26
4=	Kingston	blue	31	22
4=	South London Harriers	sky	31	22
4=	Wandsworth	navy	31	22
7	West Ham & Plaistow	brown	28	18
8	Urban Youth Sports	white	26	16
9	South Brent	orange	23	14
10	Herne Hill Harriers	green	20	12

Ranking	Team	Colour	BibNo	Name	Best
1	Waltham Forest	yellow	2	Nicholas Hansen	24
2	Redbridge	purple	8	Jamie Hursit	23
3	All Saints	red	3	Matthew Willard	20
4	All Saints	red	4	Jordan Quartey	18
5	West Ham & Plaistow	brown	3	Patrick Haddon	17
6	South London Harriers	sky	12	Joseph Honey	17
7	Redbridge	purple	7	Sam Pearl	16
8	Wandsworth	navy	7	Takyrie Codner	16
9	Kingston	blue	10	Edward Wilson	16
10	Kingston	blue	1	Robert Jenkins	15
11	Wandsworth	navy	14	Reiss Ormonde	15
12	Urban Youth Sports	white	8	Shaquil	15
13	South London Harriers	sky	7	Ben Pomo	14
14	Waltham Forest	yellow	4	Usman Ahmed	13
15	Herne Hill Harriers	green	2	Jake Weatherhead	13
16	South Brent	orange	7	Mohamnads	12
17	Urban Youth Sports	white	10	Adris	11
18	West Ham & Plaistow	brown	7	Joshua Fasaca	11
19	South Brent	orange	6	Reece Sotherland	11
20	Herne Hill Harriers	green	1	Ben Watts	7
	South London Harriers	sky	11	Brandon John	0
	Urban Youth Sports	white	4	Kieran Sanwers	0

Results Sheet

Sitting Throw

Competition:

NUFIA-London Regional Festival Under 11 Boys

Venue:

Crystal Palace National Sports Centre

Date

13 Jan 2007

Ranking	Team	Colour	Total	Points
1	Waltham Forest	yellow	15.50	30
2	South London Harriers	sky	14.00	28
3	South Brent	orange	13.50	26
4	Kingston	blue	13.25	24
5	Redbridge	purple	13.00	22
6=	All Saints	red	12.25	19
6=	Wandsworth	navy	12.25	19
8	Herne Hill Harriers	green	12.00	16
9	Urban Youth Sports	white	11.75	14
10	West Ham & Plaistow	brown	11.50	12

Ranking	Team	Colour	BibNo	Name	Best
1	Waltham Forest	yellow	11	Joseph Headley	8.75
2	South Brent	orange	3	Imaan Farjani	7.50
3	South London Harriers	sky	8	Ben Donahoe	7.50
4	Kingston	blue	9	Iewan Sloman	7.25
5	Redbridge	purple	3	Kevin Wright	7.00
6	Waltham Forest	yellow	6	Luke Esnard	6.75
7	Wandsworth	navy	3	Aaron Osman	6.75
8	South London Harriers	sky	3	Thomas harrington	6.50
9	Herne Hill Harriers	green	6	Shem Barnes-Smith	6.50
10	All Saints	red	1	Cameron Starr	6.25
11	Urban Youth Sports	white	1	Ido	6.00
12	West Ham & Plaistow	brown	10	Daniel Baah	6.00
13	Redbridge	purple	4	Tom Hansford	6.00
14	All Saints	red	5	Elliot Cheeseman	6.00
15	Kingston	blue	5	Alex Jenkins	6.00
16	South Brent	orange	10	Ekemini Alfred	6.00
17	Urban Youth Sports	white	13	Lernando	5.75
18=	Herne Hill Harriers	green	1	Ben Watts	5.50
18=	West Ham & Plaistow	brown	2	Jermaine Hood	5.50
20	Wandsworth	navy	5	Warren Lyn	5.50
	Wandsworth	navy	4	Hiram Boatena	0.00

Results Sheet

Speed Bounce

Competition:

NUFIA-London Regional Festival Under 11 Boys

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

Ranking	Team	Colour	Total	Points
1	Redbridge	purple	156	30
2	All Saints	red	147	28
3	South London Harriers	sky	140	26
4=	Kingston	blue	136	23
4=	West Ham & Plaistow	brown	136	23
6	Waltham Forest	yellow	132	20
7	Wandsworth	navy	119	18
8	Herne Hill Harriers	green	109	16
9	South Brent	orange	107	14
10	Urban Youth Sports	white	34	12

Ranking	Team	Colour	BibNo	Name	Total
1	Redbridge	purple	9	Tijauni Barza	55
2	Redbridge	purple	1	Michael McNeish	53
3	All Saints	red	2	Nicky Page	52
4	Waltham Forest	yellow	6	Luke Esnard	51
5=	South London Harriers	sky	12	Joseph Honey	49
5=	West Ham & Plaistow	brown	6	Eric Bamford	49
7=	All Saints	red	6	Josh Smith	48
7=	Redbridge	purple	5	Godudeep Selraranjan	48
7=	Wandsworth	navy	14	Reiss Ormonde	48
10	All Saints	red	12	Ryan Bywater	47
11=	Kingston	blue	11	Joe Mowatt	46
11=	South London Harriers	sky	1	Ben Foreman	46
13=	Kingston	blue	2	Christopher Bone	45
13=	Kingston	blue	4	Daniel Hammond	45
13=	South London Harriers	sky	5	Henry Watson	45
13=	West Ham & Plaistow	brown	12	Soloman Adade	45
17=	South Brent	orange	5	Izzat Kamandin	42
17=	West Ham & Plaistow	brown	1	Hamza Ali	42
19=	Herne Hill Harriers	green	4	Louis Farquharsow	41
19=	Waltham Forest	yellow	11	Joseph Headley	41
21	Waltham Forest	yellow	7	Levi Meade	40
22	Wandsworth	navy	13	Ishmel Hughes	36
23=	South Brent	orange	4	Kojo Pran	35
23=	Wandsworth	navy	2	Devell Roberts	35
25=	Herne Hill Harriers	green	3	Tariq Francis	34
25=	Herne Hill Harriers	green	5	Billy Murphy	34
25=	Urban Youth Sports	white	10	Adris	34
28	South Brent	orange	9	Leonardo Flippe	30
	Herne Hill Harriers	green	6	Shem Barnes-Smith	0
	South London Harriers	sky	11	Brandon John	0
	Urban Youth Sports	white	2	Michael	0
	Urban Youth Sports	white	6	Bradley	0

Results Sheet

Standing Long Jump

Competition:

NUFIA-London Regional Festival Under 11 Boys

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

Ranking	Team	Colour	Total	Points
1	Waltham Forest	yellow	6.28	30
2	Redbridge	purple	5.55	28
3	West Ham & Plaistow	brown	5.52	26
4	Wandsworth	navy	5.43	24
5	Kingston	blue	5.42	22
6	South London Harriers	sky	5.40	20
7	South Brent	orange	5.01	18
8	All Saints	red	4.82	16
9	Herne Hill Harriers	green	4.66	14
10	Urban Youth Sports	white	1.56	12

Ranking	Team	Colour	BibNo	Name	Best
1	Waltham Forest	yellow	1	Jermaine Hamilton	2.34
2	Redbridge	purple	1	Michael McNeish	2.10
3	Waltham Forest	yellow	8	Joel Ryan	2.04
4	South London Harriers	sky	10	Saul Thompson	2.03
5	Wandsworth	navy	7	Takyrie Codner	1.96
6	West Ham & Plaistow	brown	3	Patrick Haddon	1.92
7	Waltham Forest	yellow	12	Nathan H-Lowio	1.90
8	West Ham & Plaistow	brown	6	Eric Bamford	1.88
9	South Brent	orange	2	Yousif Shehabi	1.88
10	Kingston	blue	9	Iewan Sloman	1.87
11	Wandsworth	navy	6	Peter Molaso	1.85
12	All Saints	red	12	Ryan Bywater	1.83
13	Redbridge	purple	6	Dan-Joseph Tshiala-Ndele	1.83
14	South London Harriers	sky	8	Ben Donahoe	1.81
15	Kingston	blue	1	Robert Jenkins	1.78
16	Kingston	blue	2	Christopher Bone	1.77
17	West Ham & Plaistow	brown	4	Azzez Bello	1.72
18	South Brent	orange	3	Imaan Farjani	1.69
19	All Saints	red	8	Niall Sheridan	1.68
20	Redbridge	purple	4	Tom Hansford	1.62
21	Wandsworth	navy	11	Olushogon Bababola	1.62
22	Herne Hill Harriers	green	4	Louis Farquharsow	1.60
23	South London Harriers	sky	6	Aran Wells	1.56
24	Herne Hill Harriers	green	6	Shem Barnes-Smith	1.56
25	Urban Youth Sports	white	15	Lennel	1.56
26	Herne Hill Harriers	green	2	Jake Weatherhead	1.50
27	South Brent	orange	5	Izzat Kamandin	1.44
28	All Saints	red	11	Glenn Hitchin	1.31
	Urban Youth Sports	white	6	Bradley	0.00

Results Sheet

Standing Triple Jump

Competition:

NUFIA-London Regional Festival Under 11 Boys

Venue:

Crystal Palace National Sports Centre

Date

13 Jan 2007

Ranking	Team	Colour	Total	Points
1	Redbridge	purple	18.28	30
2	Waltham Forest	yellow	17.86	28
3	Wandsworth	navy	17.84	26
4	West Ham & Plaistow	brown	16.28	24
5	South Brent	orange	15.12	22
6	Herne Hill Harriers	green	15.08	20
7	South London Harriers	sky	14.35	18
8	All Saints	red	14.05	16
9	Kingston	blue	13.84	14
10	Urban Youth Sports	white	4.72	12

Ranking	Team	Colour	BibNo	Name	Best
1	Redbridge	purple	8	Jamie Hursit	6.40
2	Wandsworth	navy	10	Aaron Okuleye	6.26
3	Waltham Forest	yellow	3	Luke Maynard	6.18
4	Wandsworth	navy	4	Hiram Boatena	6.18
5	Waltham Forest	yellow	2	Nicholas Hansen	6.06
6	Redbridge	purple	3	Kevin Wright	6.00
7	Herne Hill Harriers	green	8	Tyrell Campbell	5.90
8	Redbridge	purple	13	Toki Izedomi	5.88
9	West Ham & Plaistow	brown	1	Hamza Ali	5.70
10	South London Harriers	sky	14	Reece Young	5.70
11	West Ham & Plaistow	brown	5	Bosun Oaunminu	5.62
12	Waltham Forest	yellow	10	Paul Inkpen	5.62
13	Wandsworth	navy	9	Andreas Mason	5.40
14	South Brent	orange	1	Isa Mdamusa	5.28
15	All Saints	red	3	Matthew Willard	5.25
16	South Brent	orange	9	Leonardo Flippe	5.02
17	West Ham & Plaistow	brown	2	Jermaine Hood	4.96
18	Kingston	blue	6	Alex Rand	4.94
19	South Brent	orange	6	Reece Sotherland	4.82
20	Urban Youth Sports	white	1	Ido	4.72
21	Herne Hill Harriers	green	7	Aidan Wisen	4.68
22	Kingston	blue	12	George Burns	4.68
23	South London Harriers	sky	11	Brandon John	4.65
24	All Saints	red	6	Josh Smith	4.62
25	Herne Hill Harriers	green	5	Billy Murphy	4.50
26	Kingston	blue	5	Alex Jenkins	4.22
27	All Saints	red	10	Ben Whittaker	4.18
28	South London Harriers	sky	13	Chreston Harrison	4.00
	Kingston	blue	10	Edward Wilson	0.00
	Urban Youth Sports	white	9	Christopher	0.00

Results Sheet

Target Throw

Competition:

NUFIA-London Regional Festival Under 11 Boys

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

Ranking	Team	Colour	Total	Points
1	Waltham Forest	yellow	51	30
2	Redbridge	purple	42	28
3	Kingston	blue	36	26
4=	All Saints	red	35	23
4=	Herne Hill Harriers	green	35	23
6	West Ham & Plaistow	brown	34	20
7	South Brent	orange	32	18
8	South London Harriers	sky	29	16
9=	Urban Youth Sports	white	22	13
9=	Wandsworth	navy	22	13

Ranking	Team	Colour	BibNo	Name	Total
1=	Redbridge	purple	11	Joel Stichbury	28
1=	Waltham Forest	yellow	10	Paul Inkpen	28
3	Kingston	blue	6	Alex Rand	26
4	Waltham Forest	yellow	8	Joel Ryan	23
5=	Urban Youth Sports	white	2	Michael	22
5=	Wandsworth	navy	5	Warren Lyn	22
7	All Saints	red	9	Josh Tarn	21
8	Herne Hill Harriers	green	3	Tariq Francis	19
9	West Ham & Plaistow	brown	8	Sean Adepetu	18
10	South London Harriers	sky	6	Aran Wells	17
11=	Herne Hill Harriers	green	9	Kody Bond	16
11=	South Brent	orange	4	Kojo Pran	16
11=	South Brent	orange	5	Izzat Kamandin	16
11=	West Ham & Plaistow	brown	12	Soloman Adade	16
15=	All Saints	red	7	Demi Adewakun	14
15=	Redbridge	purple	6	Dan-Joseph Tshiala-Ndele	14
17	South London Harriers	sky	4	James Male	12
18	Kingston	blue	8	Jamie Dosser	10
	Urban Youth Sports	white	10	Adris	0
	Wandsworth	navy	9	Andreas Mason	0

Results Sheet

Vertical Jump

Competition:

NUFIA-London Regional Festival Under 11 Boys

Venue:

Crystal Palace National Sports Centre

Date

13 Jan 2007

Ranking	Team	Colour	Total	Points
1	Waltham Forest	yellow	151	30
2	West Ham & Plaistow	brown	143	28
3	Wandsworth	navy	109	26
4	Herne Hill Harriers	green	108	24
5=	Redbridge	purple	102	20
5=	South Brent	orange	102	20
5=	South London Harriers	sky	102	20
8	Kingston	blue	99	16
9	All Saints	red	98	14
10	Urban Youth Sports	white	73	12

Ranking	Team	Colour	BibNo	Name	Best
1	Waltham Forest	yellow	9	Bamidele Olaseni	53
2	West Ham & Plaistow	brown	8	Sean Adepetu	51
3	Waltham Forest	yellow	5	Emmanuel Nwaohai	50
4	West Ham & Plaistow	brown	9	Ibrahim Akanbi	50
5	Waltham Forest	yellow	7	Levi Meade	48
6	West Ham & Plaistow	brown	7	Joshua Fasaca	42
7	South Brent	orange	10	Ekemini Alfred	42
8	Urban Youth Sports	white	10	Adris	41
9	South London Harriers	sky	2	Harvey Stainthorpe	40
10	Herne Hill Harriers	green	7	Aidan Wisen	40
11	Wandsworth	navy	1	Renaz Jainuden	38
12	All Saints	red	4	Jordan Quartey	38
13	Wandsworth	navy	8	William Figuiera	37
14	South London Harriers	sky	7	Ben Pomo	37
15	All Saints	red	1	Cameron Starr	36
16	Redbridge	purple	7	Sam Pearl	36
17	Redbridge	purple	12	Kingsley Annor	35
18	Wandsworth	navy	3	Aaron Osman	34
19	Herne Hill Harriers	green	9	Kody Bond	34
20	Kingston	blue	4	Daniel Hammond	34
21	Herne Hill Harriers	green	8	Tyrell Campbell	34
22	Kingston	blue	11	Joe Mowatt	33
23	Urban Youth Sports	white	11	Jamarie	32
24	Kingston	blue	12	George Burns	32
25	South Brent	orange	4	Kojo Pran	31
26	Redbridge	purple	14	Adam Ozkan	31
27	South Brent	orange	8	Dijon Grey	29
28	South London Harriers	sky	9	Will Fluke	25
29	All Saints	red	7	Demi Adewakun	24
	Urban Youth Sports	white	3	Kieran	0