

Fun in Athletics



London Regional Festival

Crystal Palace National Sports Centre, London

Saturday 13 January, 2007

We welcome teams today from ...

| | |
|-----------------------|--------|
| All Saints | red |
| Herne Hill Harriers | green |
| Kingston | blue |
| Redbridge | purple |
| South Brent Warriors | orange |
| South London Harriers | sky |
| Urban Youth Sports | white |
| Waltham Forest | yellow |
| Wandsworth | navy |
| West Ham & Plaistow | brown |



R

Eventful Days ...



Competition Results

Competition:

NUFIA-London Regional Festival Under 11 Girls

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

| Ranking | Team | Colour | Score | OR | 1+1 | 4x1 | P6 | OU | HR | GP | BT | CP | J | ST | SB | SLJ | STJ | TT | VJ |
|---------|-----------------------|--------|-------|----|-----|-----|----|----|----|----|----|----|----|----|----|-----|-----|----|----|
| 1 | Waltham Forest | yellow | 411 | 28 | 30 | 30 | 30 | 26 | 26 | 26 | 24 | 14 | 26 | 18 | 19 | 30 | 28 | 26 | 30 |
| 2 | Redbridge | purple | 398 | 30 | 28 | 26 | 14 | 30 | 20 | 28 | 26 | 20 | 23 | 30 | 23 | 24 | 30 | 30 | 16 |
| 3 | Wandsworth | navy | 375 | 26 | 20 | 28 | 28 | 28 | 28 | 20 | 16 | 12 | 30 | 28 | 19 | 28 | 26 | 14 | 24 |
| 4 | Herne Hill Harriers | green | 341 | 24 | 16 | 22 | 26 | 20 | 30 | 22 | 18 | 25 | 14 | 24 | 16 | 20 | 20 | 24 | 20 |
| 5 | West Ham & Plaistow | brown | 332 | 16 | 22 | 24 | 12 | 22 | 22 | 14 | 20 | 30 | 14 | 16 | 27 | 22 | 22 | 21 | 28 |
| 6= | Kingston | blue | 323 | 20 | 18 | 16 | 20 | 18 | 14 | 16 | 29 | 18 | 28 | 22 | 30 | 16 | 18 | 18 | 22 |
| 6= | South Brent | orange | 323 | 22 | 12 | 14 | 24 | 16 | 24 | 30 | 14 | 25 | 20 | 20 | 14 | 18 | 24 | 28 | 18 |
| 8 | South London Harriers | sky | 313 | 14 | 24 | 20 | 18 | 24 | 18 | 24 | 22 | 16 | 14 | 14 | 23 | 26 | 14 | 16 | 26 |
| 9 | All Saints | red | 310 | 18 | 14 | 18 | 22 | 14 | 16 | 18 | 29 | 25 | 18 | 26 | 27 | 14 | 16 | 21 | 14 |
| 10 | Urban Youth Sports | white | 126 | 0 | 26 | 0 | 16 | 0 | 0 | 0 | 12 | 25 | 23 | 0 | 0 | 12 | 0 | 12 | 0 |

Team Results

All Saints (red)

Competition:

NUFIA-London Regional Festival Under 11 Girls

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

| Ranking | Team | Colour | Score | OR | 1+1 | 4x1 | P6 | OU | HR | GP | BT | CP | J | ST | SB | SLJ | STJ | TT | VJ |
|---------|-----------------------|--------|-------|----|-----|-----|----|----|----|----|----|----|----|----|----|-----|-----|----|----|
| 1 | Waltham Forest | yellow | 411 | 28 | 30 | 30 | 30 | 26 | 26 | 26 | 24 | 14 | 26 | 18 | 19 | 30 | 28 | 26 | 30 |
| 2 | Redbridge | purple | 398 | 30 | 28 | 26 | 14 | 30 | 20 | 28 | 26 | 20 | 23 | 30 | 23 | 24 | 30 | 30 | 16 |
| 3 | Wandsworth | navy | 375 | 26 | 20 | 28 | 28 | 28 | 28 | 20 | 16 | 12 | 30 | 28 | 19 | 28 | 26 | 14 | 24 |
| 4 | Herne Hill Harriers | green | 341 | 24 | 16 | 22 | 26 | 20 | 30 | 22 | 18 | 25 | 14 | 24 | 16 | 20 | 20 | 24 | 20 |
| 5 | West Ham & Plaistow | brown | 332 | 16 | 22 | 24 | 12 | 22 | 22 | 14 | 20 | 30 | 14 | 16 | 27 | 22 | 22 | 21 | 28 |
| 6= | Kingston | blue | 323 | 20 | 18 | 16 | 20 | 18 | 14 | 16 | 29 | 18 | 28 | 22 | 30 | 16 | 18 | 18 | 22 |
| 6= | South Brent | orange | 323 | 22 | 12 | 14 | 24 | 16 | 24 | 30 | 14 | 25 | 20 | 20 | 14 | 18 | 24 | 28 | 18 |
| 8 | South London Harriers | sky | 313 | 14 | 24 | 20 | 18 | 24 | 18 | 24 | 22 | 16 | 14 | 14 | 23 | 26 | 14 | 16 | 26 |
| 9 | All Saints | red | 310 | 18 | 14 | 18 | 22 | 14 | 16 | 18 | 29 | 25 | 18 | 26 | 27 | 14 | 16 | 21 | 14 |
| 10 | Urban Youth Sports | white | 126 | 0 | 26 | 0 | 16 | 0 | 0 | 0 | 12 | 25 | 23 | 0 | 0 | 12 | 0 | 12 | 0 |

| | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|----|-------------------|-------|-------|-------|-------|-------|------|---------|
| 1 | Madeline Garrood | BT | 15 | 15 | 15 | 15 | 60 | 1 |
| 1 | Madeline Garrood | ST | 5.50 | 5.00 | 6.00 | | 6.00 | 9 |
| 1 | Madeline Garrood | VJ | 27 | 33 | 31 | | 33 | 25 |
| 2 | Amber Mackley | SB | 49 | | | | 49 | 5 |
| 2 | Amber Mackley | SLJ | 1.67 | 1.54 | 1.47 | | 1.67 | 10 |
| 3 | Tamera Millar | J | 6 | 7 | 6 | | 7 | 18= |
| 3 | Tamera Millar | STJ | 5.10 | 0.00 | 0.00 | | 5.10 | 23 |
| 4 | Naomi Meakin | BT | 6 | 12 | 5 | 4 | 27 | 14= |
| 4 | Naomi Meakin | ST | 5.75 | 7.00 | 7.00 | | 7.00 | 5 |
| 5 | Christine Willard | TT | 6 | 4 | 2 | 1 | 13 | 9= |
| 5 | Christine Willard | VJ | 36 | 37 | 40 | | 40 | 16 |
| 6 | Kimberley Jones | CP | 5.75 | 6.50 | 6.75 | | 6.75 | 3 |
| 6 | Kimberley Jones | STJ | 5.40 | 5.24 | 5.20 | | 5.40 | 21 |
| 7 | Daniella Hitchin | SB | 46 | | | | 46 | 12= |
| 7 | Daniella Hitchin | SLJ | 1.40 | 1.36 | 1.34 | | 1.40 | 26 |
| 8 | Yasmin Hawa | SLJ | 1.38 | 1.26 | 1.22 | | 1.38 | 28 |
| 8 | Yasmin Hawa | TT | 8 | 0 | 0 | 0 | 8 | 14= |
| 9 | Charlotte Crowley | VJ | 0 | 0 | 0 | | 0 | |
| 10 | Andrianna Martin | BT | 8 | 9 | 13 | 13 | 43 | 7 |
| 10 | Andrianna Martin | J | 11 | 12 | 9 | | 12 | 6 |
| 11 | Elise Quartey | CP | 5.00 | 5.00 | 5.00 | | 5.00 | 17 |
| 11 | Elise Quartey | VJ | 21 | 23 | 26 | | 26 | 27 |
| 12 | Sophie Zeng-Yu | SB | 46 | | | | 46 | 12= |
| 12 | Sophie Zeng-Yu | STJ | 5.60 | 5.08 | 5.44 | | 5.60 | 17 |

Team Results

Herne Hill Harriers (green)

Competition:

NUFIA-London Regional Festival Under 11 Girls

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

| Ranking | Team | Colour | Score | OR | 1+1 | 4x1 | P6 | OU | HR | GP | BT | CP | J | ST | SB | SLJ | STJ | TT | VJ |
|---------|-----------------------|--------|-------|----|-----|-----|----|----|----|----|----|----|----|----|----|-----|-----|----|----|
| 1 | Waltham Forest | yellow | 411 | 28 | 30 | 30 | 30 | 26 | 26 | 26 | 24 | 14 | 26 | 18 | 19 | 30 | 28 | 26 | 30 |
| 2 | Redbridge | purple | 398 | 30 | 28 | 26 | 14 | 30 | 20 | 28 | 26 | 20 | 23 | 30 | 23 | 24 | 30 | 30 | 16 |
| 3 | Wandsworth | navy | 375 | 26 | 20 | 28 | 28 | 28 | 28 | 20 | 16 | 12 | 30 | 28 | 19 | 28 | 26 | 14 | 24 |
| 4 | Herne Hill Harriers | green | 341 | 24 | 16 | 22 | 26 | 20 | 30 | 22 | 18 | 25 | 14 | 24 | 16 | 20 | 20 | 24 | 20 |
| 5 | West Ham & Plaistow | brown | 332 | 16 | 22 | 24 | 12 | 22 | 22 | 14 | 20 | 30 | 14 | 16 | 27 | 22 | 22 | 21 | 28 |
| 6= | Kingston | blue | 323 | 20 | 18 | 16 | 20 | 18 | 14 | 16 | 29 | 18 | 28 | 22 | 30 | 16 | 18 | 18 | 22 |
| 6= | South Brent | orange | 323 | 22 | 12 | 14 | 24 | 16 | 24 | 30 | 14 | 25 | 20 | 20 | 14 | 18 | 24 | 28 | 18 |
| 8 | South London Harriers | sky | 313 | 14 | 24 | 20 | 18 | 24 | 18 | 24 | 22 | 16 | 14 | 14 | 23 | 26 | 14 | 16 | 26 |
| 9 | All Saints | red | 310 | 18 | 14 | 18 | 22 | 14 | 16 | 18 | 29 | 25 | 18 | 26 | 27 | 14 | 16 | 21 | 14 |
| 10 | Urban Youth Sports | white | 126 | 0 | 26 | 0 | 16 | 0 | 0 | 0 | 12 | 25 | 23 | 0 | 0 | 12 | 0 | 12 | 0 |

| | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|---|------------------------|-------|-------|-------|-------|-------|------|---------|
| 1 | Maya Wright | BT | 9 | 4 | 12 | 15 | 40 | 8 |
| 1 | Maya Wright | CP | 6.25 | 6.00 | 6.25 | | 6.25 | 5 |
| 1 | Maya Wright | SLJ | 1.66 | 1.24 | 1.56 | | 1.66 | 11 |
| 1 | Maya Wright | VJ | 0 | 0 | 0 | | 0 | |
| 2 | Lakesha Abrams-Quamino | BT | 0 | 0 | 0 | 0 | 0 | |
| 2 | Lakesha Abrams-Quamino | J | 8 | 9 | 5 | | 9 | 15 |
| 2 | Lakesha Abrams-Quamino | ST | 5.75 | 5.25 | 5.75 | | 5.75 | 11 |
| 2 | Lakesha Abrams-Quamino | STJ | 4.02 | 4.98 | 4.98 | | 4.98 | 24 |
| 3 | Faith Sewell | CP | 0.00 | 0.00 | 0.00 | | 0.00 | |
| 3 | Faith Sewell | SB | 53 | | | | 53 | 1 |
| 3 | Faith Sewell | SLJ | 0.00 | 0.00 | 0.00 | | 0.00 | |
| 3 | Faith Sewell | VJ | 32 | 36 | 36 | | 36 | 20 |
| 4 | Faye Markham | CP | 5.50 | 5.50 | 5.25 | | 5.50 | 12 |
| 4 | Faye Markham | STJ | 5.52 | 0.00 | 5.50 | | 5.52 | 20 |
| 4 | Faye Markham | TT | 10 | 6 | 6 | 2 | 24 | 1 |
| 5 | Shani Barnes-Smith | ST | 5.00 | 7.00 | 6.25 | | 7.00 | 6 |
| 5 | Shani Barnes-Smith | STJ | 5.54 | 6.18 | 0.00 | | 6.18 | 9 |
| 5 | Shani Barnes-Smith | VJ | 39 | 40 | 42 | | 42 | 11 |
| 6 | Efia Ramsay-Graham | BT | 3 | 5 | 7 | 5 | 20 | 21 |
| 6 | Efia Ramsay-Graham | SB | 31 | | | | 31 | 25= |
| 6 | Efia Ramsay-Graham | SLJ | 1.48 | 1.42 | 1.46 | | 1.48 | 24 |
| 7 | Iyana Orr | J | 8 | 6 | 9 | | 9 | 14 |
| 7 | Iyana Orr | SB | 44 | | | | 44 | 18 |
| 7 | Iyana Orr | SLJ | 1.42 | 1.34 | 1.42 | | 1.42 | 25 |

Team Results

Herne Hill Harriers (green)

Competition:

NUFIA-London Regional Festival Under 11 Girls

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

| Ranking | Team | Colour | Score | OR | 1+1 | 4x1 | P6 | OU | HR | GP | BT | CP | J | ST | SB | SLJ | STJ | TT | VJ |
|---------|-----------------------|--------|-------|----|-----|-----|----|----|----|----|----|----|----|----|----|-----|-----|----|----|
| 1 | Waltham Forest | yellow | 411 | 28 | 30 | 30 | 30 | 26 | 26 | 26 | 24 | 14 | 26 | 18 | 19 | 30 | 28 | 26 | 30 |
| 2 | Redbridge | purple | 398 | 30 | 28 | 26 | 14 | 30 | 20 | 28 | 26 | 20 | 23 | 30 | 23 | 24 | 30 | 30 | 16 |
| 3 | Wandsworth | navy | 375 | 26 | 20 | 28 | 28 | 28 | 28 | 20 | 16 | 12 | 30 | 28 | 19 | 28 | 26 | 14 | 24 |
| 4 | Herne Hill Harriers | green | 341 | 24 | 16 | 22 | 26 | 20 | 30 | 22 | 18 | 25 | 14 | 24 | 16 | 20 | 20 | 24 | 20 |
| 5 | West Ham & Plaistow | brown | 332 | 16 | 22 | 24 | 12 | 22 | 22 | 14 | 20 | 30 | 14 | 16 | 27 | 22 | 22 | 21 | 28 |
| 6= | Kingston | blue | 323 | 20 | 18 | 16 | 20 | 18 | 14 | 16 | 29 | 18 | 28 | 22 | 30 | 16 | 18 | 18 | 22 |
| 6= | South Brent | orange | 323 | 22 | 12 | 14 | 24 | 16 | 24 | 30 | 14 | 25 | 20 | 20 | 14 | 18 | 24 | 28 | 18 |
| 8 | South London Harriers | sky | 313 | 14 | 24 | 20 | 18 | 24 | 18 | 24 | 22 | 16 | 14 | 14 | 23 | 26 | 14 | 16 | 26 |
| 9 | All Saints | red | 310 | 18 | 14 | 18 | 22 | 14 | 16 | 18 | 29 | 25 | 18 | 26 | 27 | 14 | 16 | 21 | 14 |
| 10 | Urban Youth Sports | white | 126 | 0 | 26 | 0 | 16 | 0 | 0 | 0 | 12 | 25 | 23 | 0 | 0 | 12 | 0 | 12 | 0 |

| | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|---|-----------|-------|-------|-------|-------|-------|------|---------|
| 7 | Iyana Orr | VJ | 37 | 40 | 39 | | 40 | 15 |

Team Results

Kingston (blue)

Competition:

NUFIA-London Regional Festival Under 11 Girls

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

| Ranking | Team | Colour | Score | OR | 1+1 | 4x1 | P6 | OU | HR | GP | BT | CP | J | ST | SB | SLJ | STJ | TT | VJ |
|---------|-----------------------|--------|-------|----|-----|-----|----|----|----|----|----|----|----|----|----|-----|-----|----|----|
| 1 | Waltham Forest | yellow | 411 | 28 | 30 | 30 | 30 | 26 | 26 | 26 | 24 | 14 | 26 | 18 | 19 | 30 | 28 | 26 | 30 |
| 2 | Redbridge | purple | 398 | 30 | 28 | 26 | 14 | 30 | 20 | 28 | 26 | 20 | 23 | 30 | 23 | 24 | 30 | 30 | 16 |
| 3 | Wandsworth | navy | 375 | 26 | 20 | 28 | 28 | 28 | 28 | 20 | 16 | 12 | 30 | 28 | 19 | 28 | 26 | 14 | 24 |
| 4 | Herne Hill Harriers | green | 341 | 24 | 16 | 22 | 26 | 20 | 30 | 22 | 18 | 25 | 14 | 24 | 16 | 20 | 20 | 24 | 20 |
| 5 | West Ham & Plaistow | brown | 332 | 16 | 22 | 24 | 12 | 22 | 22 | 14 | 20 | 30 | 14 | 16 | 27 | 22 | 22 | 21 | 28 |
| 6= | Kingston | blue | 323 | 20 | 18 | 16 | 20 | 18 | 14 | 16 | 29 | 18 | 28 | 22 | 30 | 16 | 18 | 18 | 22 |
| 6= | South Brent | orange | 323 | 22 | 12 | 14 | 24 | 16 | 24 | 30 | 14 | 25 | 20 | 20 | 14 | 18 | 24 | 28 | 18 |
| 8 | South London Harriers | sky | 313 | 14 | 24 | 20 | 18 | 24 | 18 | 24 | 22 | 16 | 14 | 14 | 23 | 26 | 14 | 16 | 26 |
| 9 | All Saints | red | 310 | 18 | 14 | 18 | 22 | 14 | 16 | 18 | 29 | 25 | 18 | 26 | 27 | 14 | 16 | 21 | 14 |
| 10 | Urban Youth Sports | white | 126 | 0 | 26 | 0 | 16 | 0 | 0 | 0 | 12 | 25 | 23 | 0 | 0 | 12 | 0 | 12 | 0 |

| | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|----|------------------|-------|-------|-------|-------|-------|------|---------|
| 1 | Nicola Steer | SLJ | 1.58 | 1.52 | 1.58 | | 1.58 | 19 |
| 1 | Nicola Steer | TT | 8 | 0 | 1 | 2 | 11 | 11 |
| 2 | Rhianna Thommasi | J | 15 | 13 | 8 | | 15 | 4 |
| 2 | Rhianna Thommasi | STJ | 5.20 | 5.48 | 5.56 | | 5.56 | 19 |
| 3 | Eloise Rubini | BT | 15 | 5 | 15 | 12 | 47 | 4 |
| 3 | Eloise Rubini | J | 0 | 0 | 0 | | 0 | |
| 3 | Eloise Rubini | SLJ | 1.46 | 1.40 | 1.50 | | 1.50 | 23 |
| 4 | Rhiannnon Sowden | CP | 5.25 | 5.50 | 5.00 | | 5.50 | 13 |
| 4 | Rhiannnon Sowden | VJ | 38 | 41 | 44 | | 44 | 6 |
| 5 | Pip Cope | SB | 51 | | | | 51 | 2 |
| 5 | Pip Cope | SLJ | 0.00 | 0.00 | 0.00 | | 0.00 | |
| 6 | Charlotte Bowie | ST | 4.00 | 6.25 | 7.00 | | 7.00 | 7 |
| 6 | Charlotte Bowie | STJ | 5.26 | 5.04 | 5.22 | | 5.26 | 22 |
| 7 | Kirsty Lagden | ST | 5.50 | 5.00 | 5.25 | | 5.50 | 13 |
| 7 | Kirsty Lagden | VJ | 39 | 45 | 43 | | 45 | 4 |
| 8 | Kirsty Craig | BT | 8 | 10 | 3 | 3 | 24 | 17= |
| 8 | Kirsty Craig | VJ | 35 | 33 | 34 | | 35 | 22 |
| 9 | Jaymee Plummer | CP | 5.75 | 5.75 | 5.50 | | 5.75 | 7= |
| 9 | Jaymee Plummer | SLJ | 1.38 | 1.26 | 1.36 | | 1.38 | 27 |
| 10 | Tayla Moore | SB | 46 | | | | 46 | 12= |
| 10 | Tayla Moore | STJ | 5.76 | 5.70 | 5.80 | | 5.80 | 14 |
| 11 | Ellie-May Warner | BT | 15 | 14 | 15 | 15 | 59 | 2 |
| 11 | Ellie-May Warner | TT | 6 | 2 | 1 | 0 | 9 | 13 |
| 12 | Nadire Gokman | J | 11 | 10 | 10 | | 11 | 8 |

Team Results

Kingston (blue)

Competition:

NUFIA-London Regional Festival Under 11 Girls

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

| Ranking | Team | Colour | Score | OR | 1+1 | 4x1 | P6 | OU | HR | GP | BT | CP | J | ST | SB | SLJ | STJ | TT | VJ |
|---------|-----------------------|--------|-------|----|-----|-----|----|----|----|----|----|----|----|----|----|-----|-----|----|----|
| 1 | Waltham Forest | yellow | 411 | 28 | 30 | 30 | 30 | 26 | 26 | 26 | 24 | 14 | 26 | 18 | 19 | 30 | 28 | 26 | 30 |
| 2 | Redbridge | purple | 398 | 30 | 28 | 26 | 14 | 30 | 20 | 28 | 26 | 20 | 23 | 30 | 23 | 24 | 30 | 30 | 16 |
| 3 | Wandsworth | navy | 375 | 26 | 20 | 28 | 28 | 28 | 28 | 20 | 16 | 12 | 30 | 28 | 19 | 28 | 26 | 14 | 24 |
| 4 | Herne Hill Harriers | green | 341 | 24 | 16 | 22 | 26 | 20 | 30 | 22 | 18 | 25 | 14 | 24 | 16 | 20 | 20 | 24 | 20 |
| 5 | West Ham & Plaistow | brown | 332 | 16 | 22 | 24 | 12 | 22 | 22 | 14 | 20 | 30 | 14 | 16 | 27 | 22 | 22 | 21 | 28 |
| 6= | Kingston | blue | 323 | 20 | 18 | 16 | 20 | 18 | 14 | 16 | 29 | 18 | 28 | 22 | 30 | 16 | 18 | 18 | 22 |
| 6= | South Brent | orange | 323 | 22 | 12 | 14 | 24 | 16 | 24 | 30 | 14 | 25 | 20 | 20 | 14 | 18 | 24 | 28 | 18 |
| 8 | South London Harriers | sky | 313 | 14 | 24 | 20 | 18 | 24 | 18 | 24 | 22 | 16 | 14 | 14 | 23 | 26 | 14 | 16 | 26 |
| 9 | All Saints | red | 310 | 18 | 14 | 18 | 22 | 14 | 16 | 18 | 29 | 25 | 18 | 26 | 27 | 14 | 16 | 21 | 14 |
| 10 | Urban Youth Sports | white | 126 | 0 | 26 | 0 | 16 | 0 | 0 | 0 | 12 | 25 | 23 | 0 | 0 | 12 | 0 | 12 | 0 |

| | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|----|---------------|-------|-------|-------|-------|-------|------|---------|
| 12 | Nadire Gokman | SB | 46 | | | | 46 | 12= |

Team Results

Redbridge (purple)

Competition:

NUFIA-London Regional Festival Under 11 Girls

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

| Ranking | Team | Colour | Score | OR | 1+1 | 4x1 | P6 | OU | HR | GP | BT | CP | J | ST | SB | SLJ | STJ | TT | VJ |
|---------|-----------------------|--------|-------|----|-----|-----|----|----|----|----|----|----|----|----|----|-----|-----|----|----|
| 1 | Waltham Forest | yellow | 411 | 28 | 30 | 30 | 30 | 26 | 26 | 26 | 24 | 14 | 26 | 18 | 19 | 30 | 28 | 26 | 30 |
| 2 | Redbridge | purple | 398 | 30 | 28 | 26 | 14 | 30 | 20 | 28 | 26 | 20 | 23 | 30 | 23 | 24 | 30 | 30 | 16 |
| 3 | Wandsworth | navy | 375 | 26 | 20 | 28 | 28 | 28 | 28 | 20 | 16 | 12 | 30 | 28 | 19 | 28 | 26 | 14 | 24 |
| 4 | Herne Hill Harriers | green | 341 | 24 | 16 | 22 | 26 | 20 | 30 | 22 | 18 | 25 | 14 | 24 | 16 | 20 | 20 | 24 | 20 |
| 5 | West Ham & Plaistow | brown | 332 | 16 | 22 | 24 | 12 | 22 | 22 | 14 | 20 | 30 | 14 | 16 | 27 | 22 | 22 | 21 | 28 |
| 6= | Kingston | blue | 323 | 20 | 18 | 16 | 20 | 18 | 14 | 16 | 29 | 18 | 28 | 22 | 30 | 16 | 18 | 18 | 22 |
| 6= | South Brent | orange | 323 | 22 | 12 | 14 | 24 | 16 | 24 | 30 | 14 | 25 | 20 | 20 | 14 | 18 | 24 | 28 | 18 |
| 8 | South London Harriers | sky | 313 | 14 | 24 | 20 | 18 | 24 | 18 | 24 | 22 | 16 | 14 | 14 | 23 | 26 | 14 | 16 | 26 |
| 9 | All Saints | red | 310 | 18 | 14 | 18 | 22 | 14 | 16 | 18 | 29 | 25 | 18 | 26 | 27 | 14 | 16 | 21 | 14 |
| 10 | Urban Youth Sports | white | 126 | 0 | 26 | 0 | 16 | 0 | 0 | 0 | 12 | 25 | 23 | 0 | 0 | 12 | 0 | 12 | 0 |

| | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|----|----------------------|-------|-------|-------|-------|-------|------|---------|
| 1 | Leonie Cherry Rogers | ST | 7.25 | 7.50 | 6.50 | | 7.50 | 3 |
| 2 | Abigail Duncan | SB | 47 | | | | 47 | 9= |
| 2 | Abigail Duncan | STJ | 6.34 | 6.32 | 6.60 | | 6.60 | 3 |
| 3 | Nikhol Spencer | BT | 15 | 8 | 15 | 8 | 46 | 5 |
| 3 | Nikhol Spencer | STJ | 5.98 | 5.86 | 6.00 | | 6.00 | 10 |
| 4 | Nicola London | BT | 8 | 15 | 15 | 6 | 44 | 6 |
| 4 | Nicola London | CP | 5.00 | 5.75 | 5.50 | | 5.75 | 11 |
| 5 | Joy Oniah | J | 10 | 9 | 7 | | 10 | 10 |
| 6 | Chanelle Labonne | SB | 48 | | | | 48 | 6= |
| 7 | Kate Sowerby | SB | 41 | | | | 41 | 21= |
| 8 | Ayesha Hendra | CP | 0.00 | 0.00 | 0.00 | | 0.00 | |
| 8 | Ayesha Hendra | SLJ | 1.64 | 1.56 | 1.64 | | 1.64 | 12 |
| 8 | Ayesha Hendra | TT | 9 | 2 | 2 | 2 | 15 | 5 |
| 9 | Igne Aliskative | CP | 5.50 | 5.25 | 5.75 | | 5.75 | 10 |
| 10 | Cnantay Nathan | ST | 8.00 | 6.25 | 6.75 | | 8.00 | 1 |
| 10 | Cnantay Nathan | SLJ | 1.74 | 1.70 | 1.68 | | 1.74 | 8 |
| 11 | Olivia Trump | TT | 10 | 5 | 2 | 0 | 17 | 3= |
| 11 | Olivia Trump | VJ | 35 | 34 | 32 | | 35 | 23 |
| 12 | Jessica Grizzle | STJ | 0.00 | 5.82 | 6.60 | | 6.60 | 5 |
| 13 | Shauna Farrugia | BT | 3 | 13 | 2 | 4 | 22 | 20 |
| 13 | Shauna Farrugia | SLJ | 1.56 | 1.58 | 1.54 | | 1.58 | 20 |
| 14 | Frankie De'ath | J | 9 | 11 | 11 | | 11 | 7 |
| 14 | Frankie De'ath | VJ | 33 | 32 | 33 | | 33 | 24 |
| 15 | Renelle Kurranchie | VJ | 35 | 36 | 28 | | 36 | 21 |

Team Results

South Brent (orange)

Competition:

NUFIA-London Regional Festival Under 11 Girls

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

| Ranking | Team | Colour | Score | OR | 1+1 | 4x1 | P6 | OU | HR | GP | BT | CP | J | ST | SB | SLJ | STJ | TT | VJ |
|---------|-----------------------|--------|-------|----|-----|-----|----|----|----|----|----|----|----|----|----|-----|-----|----|----|
| 1 | Waltham Forest | yellow | 411 | 28 | 30 | 30 | 30 | 26 | 26 | 26 | 24 | 14 | 26 | 18 | 19 | 30 | 28 | 26 | 30 |
| 2 | Redbridge | purple | 398 | 30 | 28 | 26 | 14 | 30 | 20 | 28 | 26 | 20 | 23 | 30 | 23 | 24 | 30 | 30 | 16 |
| 3 | Wandsworth | navy | 375 | 26 | 20 | 28 | 28 | 28 | 28 | 20 | 16 | 12 | 30 | 28 | 19 | 28 | 26 | 14 | 24 |
| 4 | Herne Hill Harriers | green | 341 | 24 | 16 | 22 | 26 | 20 | 30 | 22 | 18 | 25 | 14 | 24 | 16 | 20 | 20 | 24 | 20 |
| 5 | West Ham & Plaistow | brown | 332 | 16 | 22 | 24 | 12 | 22 | 22 | 14 | 20 | 30 | 14 | 16 | 27 | 22 | 22 | 21 | 28 |
| 6= | Kingston | blue | 323 | 20 | 18 | 16 | 20 | 18 | 14 | 16 | 29 | 18 | 28 | 22 | 30 | 16 | 18 | 18 | 22 |
| 6= | South Brent | orange | 323 | 22 | 12 | 14 | 24 | 16 | 24 | 30 | 14 | 25 | 20 | 20 | 14 | 18 | 24 | 28 | 18 |
| 8 | South London Harriers | sky | 313 | 14 | 24 | 20 | 18 | 24 | 18 | 24 | 22 | 16 | 14 | 14 | 23 | 26 | 14 | 16 | 26 |
| 9 | All Saints | red | 310 | 18 | 14 | 18 | 22 | 14 | 16 | 18 | 29 | 25 | 18 | 26 | 27 | 14 | 16 | 21 | 14 |
| 10 | Urban Youth Sports | white | 126 | 0 | 26 | 0 | 16 | 0 | 0 | 0 | 12 | 25 | 23 | 0 | 0 | 12 | 0 | 12 | 0 |

| | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|----|------------------------------|-------|-------|-------|-------|-------|------|---------|
| 1 | Nikita Candice Braithwaite | BT | 10 | 3 | 3 | 2 | 18 | 22 |
| 2 | Jeneil McDonald | CP | 5.75 | 6.25 | 6.00 | | 6.25 | 6 |
| 2 | Jeneil McDonald | STJ | 6.10 | 6.60 | 6.30 | | 6.60 | 4 |
| 3 | Shante Jones-Gbando | BT | 4 | 4 | 6 | 2 | 16 | 23 |
| 3 | Shante Jones-Gbando | CP | 4.75 | 5.25 | 5.50 | | 5.50 | 14 |
| 4 | Shanday Danso | J | 6 | 9 | 6 | | 9 | 17 |
| 4 | Shanday Danso | VJ | 30 | 29 | 30 | | 30 | 26 |
| 5 | Sian-Nikki Daley Wilson | ST | 7.00 | 7.00 | 6.75 | | 7.00 | 4 |
| 5 | Sian-Nikki Daley Wilson | STJ | 6.20 | 6.70 | 5.30 | | 6.70 | 2 |
| 6 | Egzora Muzhaku | TT | 8 | 2 | 0 | 0 | 10 | 12 |
| 6 | Egzora Muzhaku | VJ | 34 | 33 | 37 | | 37 | 19 |
| 7 | Chantay Louis | ST | 4.50 | 4.75 | 3.75 | | 4.75 | 16 |
| 8 | Alexandra Mussett | SLJ | 1.50 | 1.45 | 1.60 | | 1.60 | 17 |
| 9 | Rianna Herdriclo | J | 6 | 8 | 11 | | 11 | 9 |
| 9 | Rianna Herdriclo | VJ | 35 | 39 | 42 | | 42 | 12 |
| 10 | Karishma Biao | BT | 2 | 3 | 3 | 4 | 12 | 26 |
| 11 | Shantao Ryan | SLJ | 1.41 | 1.50 | 1.54 | | 1.54 | 22 |
| 12 | Sharee Fingwoo | STJ | 4.96 | 4.84 | 4.98 | | 4.98 | 25 |
| 13 | Gabrielle Arrd | SB | 39 | | | | 39 | 23 |
| 14 | Brintney Carnbell | SB | 31 | | | | 31 | 25= |
| 15 | Cranel German | SLJ | 1.34 | 1.33 | 1.27 | | 1.34 | 29 |
| 15 | Cranel German | TT | 9 | 6 | 2 | 2 | 19 | 2 |
| 16 | Tania-Marie Texeira Williams | SB | 24 | | | | 24 | 27 |

Team Results

South London Harriers (sky)

Competition:

NUFIA-London Regional Festival Under 11 Girls

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

| Ranking | Team | Colour | Score | OR | 1+1 | 4x1 | P6 | OU | HR | GP | BT | CP | J | ST | SB | SLJ | STJ | TT | VJ |
|---------|-----------------------|--------|-------|----|-----|-----|----|----|----|----|----|----|----|----|----|-----|-----|----|----|
| 1 | Waltham Forest | yellow | 411 | 28 | 30 | 30 | 30 | 26 | 26 | 26 | 24 | 14 | 26 | 18 | 19 | 30 | 28 | 26 | 30 |
| 2 | Redbridge | purple | 398 | 30 | 28 | 26 | 14 | 30 | 20 | 28 | 26 | 20 | 23 | 30 | 23 | 24 | 30 | 30 | 16 |
| 3 | Wandsworth | navy | 375 | 26 | 20 | 28 | 28 | 28 | 28 | 20 | 16 | 12 | 30 | 28 | 19 | 28 | 26 | 14 | 24 |
| 4 | Herne Hill Harriers | green | 341 | 24 | 16 | 22 | 26 | 20 | 30 | 22 | 18 | 25 | 14 | 24 | 16 | 20 | 20 | 24 | 20 |
| 5 | West Ham & Plaistow | brown | 332 | 16 | 22 | 24 | 12 | 22 | 22 | 14 | 20 | 30 | 14 | 16 | 27 | 22 | 22 | 21 | 28 |
| 6= | Kingston | blue | 323 | 20 | 18 | 16 | 20 | 18 | 14 | 16 | 29 | 18 | 28 | 22 | 30 | 16 | 18 | 18 | 22 |
| 6= | South Brent | orange | 323 | 22 | 12 | 14 | 24 | 16 | 24 | 30 | 14 | 25 | 20 | 20 | 14 | 18 | 24 | 28 | 18 |
| 8 | South London Harriers | sky | 313 | 14 | 24 | 20 | 18 | 24 | 18 | 24 | 22 | 16 | 14 | 14 | 23 | 26 | 14 | 16 | 26 |
| 9 | All Saints | red | 310 | 18 | 14 | 18 | 22 | 14 | 16 | 18 | 29 | 25 | 18 | 26 | 27 | 14 | 16 | 21 | 14 |
| 10 | Urban Youth Sports | white | 126 | 0 | 26 | 0 | 16 | 0 | 0 | 0 | 12 | 25 | 23 | 0 | 0 | 12 | 0 | 12 | 0 |

| | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|----|--------------------|-------|-------|-------|-------|-------|------|---------|
| 1 | Hayley Waerer | SB | 42 | | | | 42 | 20 |
| 1 | Hayley Waerer | STJ | 4.84 | 4.90 | 4.90 | | 4.90 | 26 |
| 2 | Georgia Warmington | CP | 6.25 | 7.00 | 7.25 | | 7.25 | 1 |
| 2 | Georgia Warmington | VJ | 48 | 51 | 52 | | 52 | 3 |
| 3 | Sophie Gibbon | ST | 4.75 | 5.00 | 4.50 | | 5.00 | 14= |
| 3 | Sophie Gibbon | TT | 2 | 1 | 2 | 0 | 5 | 16 |
| 4 | Bronte Rowlands | BT | 3 | 8 | 15 | 2 | 28 | 13 |
| 4 | Bronte Rowlands | TT | 9 | 4 | 0 | 0 | 13 | 9= |
| 5 | Sophie Foreman | J | 7 | 9 | 7 | | 9 | 16 |
| 5 | Sophie Foreman | SB | 46 | | | | 46 | 12= |
| 6 | Emma Smith | CP | 3.25 | 3.75 | 3.75 | | 3.75 | 20 |
| 6 | Emma Smith | STJ | 3.02 | 0.00 | 4.46 | | 4.46 | 27 |
| 7 | Issy Smith | BT | 6 | 9 | 5 | 4 | 24 | 17= |
| 7 | Issy Smith | SLJ | 1.58 | 1.62 | 1.61 | | 1.62 | 13 |
| 8 | Chanan Graham | SLJ | 1.80 | 1.80 | 1.74 | | 1.80 | 5 |
| 9 | Maya Bruney | J | 6 | 9 | 9 | | 9 | 12 |
| 9 | Maya Bruney | VJ | 39 | 41 | 42 | | 42 | 10 |
| 10 | Eleanor Honey | SB | 48 | | | | 48 | 6= |
| 11 | Olivia Banton | ST | 0.00 | 0.00 | 0.00 | | 0.00 | |
| 11 | Olivia Banton | SLJ | 1.77 | 1.77 | 1.76 | | 1.77 | 7 |
| 12 | Hannah Bissmire | ST | 3.25 | 4.50 | 4.75 | | 4.75 | 17 |
| 12 | Hannah Bissmire | STJ | 4.60 | 0.00 | 5.60 | | 5.60 | 18 |
| 13 | Tianna | BT | 5 | 13 | 15 | 15 | 48 | 3 |
| 13 | Tianna | VJ | 35 | 36 | 39 | | 39 | 18 |

Team Results

Urban Youth Sports (white)

Competition:

NUFIA-London Regional Festival Under 11 Girls

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

| Ranking | Team | Colour | Score | OR | 1+1 | 4x1 | P6 | OU | HR | GP | BT | CP | J | ST | SB | SLJ | STJ | TT | VJ |
|---------|-----------------------|--------|-------|----|-----|-----|----|----|----|----|----|----|----|----|----|-----|-----|----|----|
| 1 | Waltham Forest | yellow | 411 | 28 | 30 | 30 | 30 | 26 | 26 | 26 | 24 | 14 | 26 | 18 | 19 | 30 | 28 | 26 | 30 |
| 2 | Redbridge | purple | 398 | 30 | 28 | 26 | 14 | 30 | 20 | 28 | 26 | 20 | 23 | 30 | 23 | 24 | 30 | 30 | 16 |
| 3 | Wandsworth | navy | 375 | 26 | 20 | 28 | 28 | 28 | 28 | 20 | 16 | 12 | 30 | 28 | 19 | 28 | 26 | 14 | 24 |
| 4 | Herne Hill Harriers | green | 341 | 24 | 16 | 22 | 26 | 20 | 30 | 22 | 18 | 25 | 14 | 24 | 16 | 20 | 20 | 24 | 20 |
| 5 | West Ham & Plaistow | brown | 332 | 16 | 22 | 24 | 12 | 22 | 22 | 14 | 20 | 30 | 14 | 16 | 27 | 22 | 22 | 21 | 28 |
| 6= | Kingston | blue | 323 | 20 | 18 | 16 | 20 | 18 | 14 | 16 | 29 | 18 | 28 | 22 | 30 | 16 | 18 | 18 | 22 |
| 6= | South Brent | orange | 323 | 22 | 12 | 14 | 24 | 16 | 24 | 30 | 14 | 25 | 20 | 20 | 14 | 18 | 24 | 28 | 18 |
| 8 | South London Harriers | sky | 313 | 14 | 24 | 20 | 18 | 24 | 18 | 24 | 22 | 16 | 14 | 14 | 23 | 26 | 14 | 16 | 26 |
| 9 | All Saints | red | 310 | 18 | 14 | 18 | 22 | 14 | 16 | 18 | 29 | 25 | 18 | 26 | 27 | 14 | 16 | 21 | 14 |
| 10 | Urban Youth Sports | white | 126 | 0 | 26 | 0 | 16 | 0 | 0 | 0 | 12 | 25 | 23 | 0 | 0 | 12 | 0 | 12 | 0 |

| | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|---|---------|-------|-------|-------|-------|-------|------|---------|
| 1 | Bukky | BT | 6 | 9 | 3 | 5 | 23 | 19 |
| 1 | Bukky | CP | 6.00 | 6.25 | 6.50 | | 6.50 | 4 |
| 1 | Bukky | J | 10 | 11 | 14 | | 14 | 5 |
| 1 | Bukky | SLJ | 1.20 | 1.62 | 1.04 | | 1.62 | 14 |
| 1 | Bukky | STJ | 0.00 | 0.00 | 0.00 | | 0.00 | |
| 2 | jameira | CP | 5.25 | 5.00 | 5.25 | | 5.25 | 15 |
| 2 | jameira | J | 6 | 7 | 6 | | 7 | 18= |
| 2 | jameira | ST | 0.00 | 0.00 | 0.00 | | 0.00 | |
| 2 | jameira | SB | 0 | | | | 0 | |
| 2 | jameira | SLJ | 1.53 | 1.60 | 1.56 | | 1.60 | 15 |
| 2 | jameira | TT | 6 | 0 | 0 | 2 | 8 | 14= |
| 2 | jameira | VJ | 0 | 0 | 0 | | 0 | |

Team Results

Waltham Forest (yellow)

Competition:

NUFIA-London Regional Festival Under 11 Girls

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

| Ranking | Team | Colour | Score | OR | 1+1 | 4x1 | P6 | OU | HR | GP | BT | CP | J | ST | SB | SLJ | STJ | TT | VJ |
|---------|-----------------------|--------|-------|----|-----|-----|----|----|----|----|----|----|----|----|----|-----|-----|----|----|
| 1 | Waltham Forest | yellow | 411 | 28 | 30 | 30 | 30 | 26 | 26 | 26 | 24 | 14 | 26 | 18 | 19 | 30 | 28 | 26 | 30 |
| 2 | Redbridge | purple | 398 | 30 | 28 | 26 | 14 | 30 | 20 | 28 | 26 | 20 | 23 | 30 | 23 | 24 | 30 | 30 | 16 |
| 3 | Wandsworth | navy | 375 | 26 | 20 | 28 | 28 | 28 | 28 | 20 | 16 | 12 | 30 | 28 | 19 | 28 | 26 | 14 | 24 |
| 4 | Herne Hill Harriers | green | 341 | 24 | 16 | 22 | 26 | 20 | 30 | 22 | 18 | 25 | 14 | 24 | 16 | 20 | 20 | 24 | 20 |
| 5 | West Ham & Plaistow | brown | 332 | 16 | 22 | 24 | 12 | 22 | 22 | 14 | 20 | 30 | 14 | 16 | 27 | 22 | 22 | 21 | 28 |
| 6= | Kingston | blue | 323 | 20 | 18 | 16 | 20 | 18 | 14 | 16 | 29 | 18 | 28 | 22 | 30 | 16 | 18 | 18 | 22 |
| 6= | South Brent | orange | 323 | 22 | 12 | 14 | 24 | 16 | 24 | 30 | 14 | 25 | 20 | 20 | 14 | 18 | 24 | 28 | 18 |
| 8 | South London Harriers | sky | 313 | 14 | 24 | 20 | 18 | 24 | 18 | 24 | 22 | 16 | 14 | 14 | 23 | 26 | 14 | 16 | 26 |
| 9 | All Saints | red | 310 | 18 | 14 | 18 | 22 | 14 | 16 | 18 | 29 | 25 | 18 | 26 | 27 | 14 | 16 | 21 | 14 |
| 10 | Urban Youth Sports | white | 126 | 0 | 26 | 0 | 16 | 0 | 0 | 0 | 12 | 25 | 23 | 0 | 0 | 12 | 0 | 12 | 0 |

| | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|----|--------------------|-------|-------|-------|-------|-------|------|---------|
| 1 | Kirsty Smith | ST | 6.00 | 5.25 | 5.00 | | 6.00 | 10 |
| 1 | Kirsty Smith | SLJ | 2.02 | 2.02 | 2.05 | | 2.05 | 1 |
| 2 | Lavynia Serieux | SB | 47 | | | | 47 | 9= |
| 2 | Lavynia Serieux | STJ | 6.52 | 6.52 | 6.32 | | 6.52 | 6 |
| 3 | Elizabeth Oladunni | BT | 13 | 3 | 15 | 3 | 34 | 11= |
| 3 | Elizabeth Oladunni | VJ | 55 | 52 | 53 | | 55 | 2 |
| 4 | Charlee Stanslas | SB | 50 | | | | 50 | 3= |
| 4 | Charlee Stanslas | STJ | 6.80 | 6.22 | 6.58 | | 6.80 | 1 |
| 5 | Keisha Dapaah | J | 6 | 4 | 7 | | 7 | 20 |
| 5 | Keisha Dapaah | SLJ | 1.86 | 1.90 | 1.92 | | 1.92 | 2 |
| 6 | Paige Ebanks | J | 15 | 10 | 14 | | 15 | 3 |
| 6 | Paige Ebanks | VJ | 43 | 39 | 41 | | 43 | 7 |
| 7 | Jordanne Batiste | CP | 5.50 | 5.50 | 5.75 | | 5.75 | 9 |
| 7 | Jordanne Batiste | STJ | 5.64 | 5.72 | 5.84 | | 5.84 | 13 |
| 8 | Hannah Shakespeare | BT | 3 | 15 | 15 | 3 | 36 | 9 |
| 8 | Hannah Shakespeare | SLJ | 1.86 | 1.80 | 1.78 | | 1.86 | 4 |
| 9 | Tyesha Mingo | BT | 6 | 5 | 9 | 15 | 35 | 10 |
| 9 | Tyesha Mingo | ST | 4.75 | 4.50 | 5.00 | | 5.00 | 14= |
| 10 | Mikida Millard | SB | 37 | | | | 37 | 24 |
| 10 | Mikida Millard | TT | 8 | 4 | 2 | 0 | 14 | 6= |
| 11 | Chanel Milli | CP | 4.75 | 4.75 | 4.75 | | 4.75 | 18 |
| 11 | Chanel Milli | SB | 0 | | | | 0 | |
| 11 | Chanel Milli | TT | 6 | 6 | 2 | 0 | 14 | 6= |
| 12 | Jasmine McAvoy | CP | 0.00 | 0.00 | 0.00 | | 0.00 | |

Team Results

Waltham Forest (yellow)

Competition:

NUFIA-London Regional Festival Under 11 Girls

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

| Ranking | Team | Colour | Score | OR | 1+1 | 4x1 | P6 | OU | HR | GP | BT | CP | J | ST | SB | SLJ | STJ | TT | VJ |
|---------|-----------------------|--------|-------|----|-----|-----|----|----|----|----|----|----|----|----|----|-----|-----|----|----|
| 1 | Waltham Forest | yellow | 411 | 28 | 30 | 30 | 30 | 26 | 26 | 26 | 24 | 14 | 26 | 18 | 19 | 30 | 28 | 26 | 30 |
| 2 | Redbridge | purple | 398 | 30 | 28 | 26 | 14 | 30 | 20 | 28 | 26 | 20 | 23 | 30 | 23 | 24 | 30 | 30 | 16 |
| 3 | Wandsworth | navy | 375 | 26 | 20 | 28 | 28 | 28 | 28 | 20 | 16 | 12 | 30 | 28 | 19 | 28 | 26 | 14 | 24 |
| 4 | Herne Hill Harriers | green | 341 | 24 | 16 | 22 | 26 | 20 | 30 | 22 | 18 | 25 | 14 | 24 | 16 | 20 | 20 | 24 | 20 |
| 5 | West Ham & Plaistow | brown | 332 | 16 | 22 | 24 | 12 | 22 | 22 | 14 | 20 | 30 | 14 | 16 | 27 | 22 | 22 | 21 | 28 |
| 6= | Kingston | blue | 323 | 20 | 18 | 16 | 20 | 18 | 14 | 16 | 29 | 18 | 28 | 22 | 30 | 16 | 18 | 18 | 22 |
| 6= | South Brent | orange | 323 | 22 | 12 | 14 | 24 | 16 | 24 | 30 | 14 | 25 | 20 | 20 | 14 | 18 | 24 | 28 | 18 |
| 8 | South London Harriers | sky | 313 | 14 | 24 | 20 | 18 | 24 | 18 | 24 | 22 | 16 | 14 | 14 | 23 | 26 | 14 | 16 | 26 |
| 9 | All Saints | red | 310 | 18 | 14 | 18 | 22 | 14 | 16 | 18 | 29 | 25 | 18 | 26 | 27 | 14 | 16 | 21 | 14 |
| 10 | Urban Youth Sports | white | 126 | 0 | 26 | 0 | 16 | 0 | 0 | 0 | 12 | 25 | 23 | 0 | 0 | 12 | 0 | 12 | 0 |

| | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|----|----------------|-------|-------|-------|-------|-------|------|---------|
| 12 | Jasmine McAvoy | VJ | 43 | 37 | 40 | | 43 | 8 |

Team Results

Wandsworth (navy)

Competition:

NUFIA-London Regional Festival Under 11 Girls

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

| Ranking | Team | Colour | Score | OR | 1+1 | 4x1 | P6 | OU | HR | GP | BT | CP | J | ST | SB | SLJ | STJ | TT | VJ |
|---------|-----------------------|--------|-------|----|-----|-----|----|----|----|----|----|----|----|----|----|-----|-----|----|----|
| 1 | Waltham Forest | yellow | 411 | 28 | 30 | 30 | 30 | 26 | 26 | 26 | 24 | 14 | 26 | 18 | 19 | 30 | 28 | 26 | 30 |
| 2 | Redbridge | purple | 398 | 30 | 28 | 26 | 14 | 30 | 20 | 28 | 26 | 20 | 23 | 30 | 23 | 24 | 30 | 30 | 16 |
| 3 | Wandsworth | navy | 375 | 26 | 20 | 28 | 28 | 28 | 28 | 20 | 16 | 12 | 30 | 28 | 19 | 28 | 26 | 14 | 24 |
| 4 | Herne Hill Harriers | green | 341 | 24 | 16 | 22 | 26 | 20 | 30 | 22 | 18 | 25 | 14 | 24 | 16 | 20 | 20 | 24 | 20 |
| 5 | West Ham & Plaistow | brown | 332 | 16 | 22 | 24 | 12 | 22 | 22 | 14 | 20 | 30 | 14 | 16 | 27 | 22 | 22 | 21 | 28 |
| 6= | Kingston | blue | 323 | 20 | 18 | 16 | 20 | 18 | 14 | 16 | 29 | 18 | 28 | 22 | 30 | 16 | 18 | 18 | 22 |
| 6= | South Brent | orange | 323 | 22 | 12 | 14 | 24 | 16 | 24 | 30 | 14 | 25 | 20 | 20 | 14 | 18 | 24 | 28 | 18 |
| 8 | South London Harriers | sky | 313 | 14 | 24 | 20 | 18 | 24 | 18 | 24 | 22 | 16 | 14 | 14 | 23 | 26 | 14 | 16 | 26 |
| 9 | All Saints | red | 310 | 18 | 14 | 18 | 22 | 14 | 16 | 18 | 29 | 25 | 18 | 26 | 27 | 14 | 16 | 21 | 14 |
| 10 | Urban Youth Sports | white | 126 | 0 | 26 | 0 | 16 | 0 | 0 | 0 | 12 | 25 | 23 | 0 | 0 | 12 | 0 | 12 | 0 |

| | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|----|-------------------|-------|-------|-------|-------|-------|------|---------|
| 1 | Leila Wood | BT | 0 | 0 | 0 | 0 | 0 | |
| 1 | Leila Wood | J | 15 | 15 | 15 | | 15 | 1 |
| 2 | Rebecca Douglas | BT | 0 | 0 | 0 | 0 | 0 | |
| 2 | Rebecca Douglas | STJ | 5.90 | 6.20 | 6.50 | | 6.50 | 7 |
| 3 | Louise Carnrie | CP | 4.75 | 5.25 | 5.00 | | 5.25 | 16 |
| 3 | Louise Carnrie | VJ | 34 | 37 | 40 | | 40 | 17 |
| 4 | Destasa Hisa | SB | 50 | | | | 50 | 3= |
| 4 | Destasa Hisa | VJ | 39 | 44 | 43 | | 44 | 5 |
| 5 | Rianna Bowman | CP | 4.00 | 4.75 | 4.25 | | 4.75 | 19 |
| 5 | Rianna Bowman | VJ | 38 | 35 | 42 | | 42 | 13 |
| 6 | Nana Kena | J | 7 | 15 | 15 | | 15 | 2 |
| 6 | Nana Kena | STJ | 6.42 | 5.82 | 5.90 | | 6.42 | 8 |
| 7 | Nadine Eggleton | ST | 7.50 | 7.50 | 6.25 | | 7.50 | 2 |
| 7 | Nadine Eggleton | STJ | 5.90 | 0.00 | 5.84 | | 5.90 | 12 |
| 8 | Larissa Simpson | SB | 41 | | | | 41 | 21= |
| 8 | Larissa Simpson | SLJ | 1.50 | 1.60 | 1.54 | | 1.60 | 16 |
| 9 | Elysia Ndubuisi | SLJ | 1.80 | 1.76 | 1.74 | | 1.80 | 6 |
| 10 | Caja Wright-Mason | BT | 13 | 6 | 4 | 4 | 27 | 14= |
| 10 | Caja Wright-Mason | TT | 0 | 0 | 0 | 0 | 0 | |
| 11 | Marie Thomas | BT | 14 | 5 | 4 | 3 | 26 | 16 |
| 11 | Marie Thomas | SLJ | 1.87 | 1.88 | 1.76 | | 1.88 | 3 |
| 11 | Marie Thomas | TT | 6 | 2 | 4 | 2 | 14 | 6= |
| 12 | Emma Wood | ST | 3.25 | 4.00 | 5.75 | | 5.75 | 12 |
| 12 | Emma Wood | SB | 43 | | | | 43 | 19 |

Team Results

West Ham & Plaistow (brown)

Competition:

NUFIA-London Regional Festival Under 11 Girls

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

| Ranking | Team | Colour | Score | OR | 1+1 | 4x1 | P6 | OU | HR | GP | BT | CP | J | ST | SB | SLJ | STJ | TT | VJ |
|---------|-----------------------|--------|-------|----|-----|-----|----|----|----|----|----|----|----|----|----|-----|-----|----|----|
| 1 | Waltham Forest | yellow | 411 | 28 | 30 | 30 | 30 | 26 | 26 | 26 | 24 | 14 | 26 | 18 | 19 | 30 | 28 | 26 | 30 |
| 2 | Redbridge | purple | 398 | 30 | 28 | 26 | 14 | 30 | 20 | 28 | 26 | 20 | 23 | 30 | 23 | 24 | 30 | 30 | 16 |
| 3 | Wandsworth | navy | 375 | 26 | 20 | 28 | 28 | 28 | 28 | 20 | 16 | 12 | 30 | 28 | 19 | 28 | 26 | 14 | 24 |
| 4 | Herne Hill Harriers | green | 341 | 24 | 16 | 22 | 26 | 20 | 30 | 22 | 18 | 25 | 14 | 24 | 16 | 20 | 20 | 24 | 20 |
| 5 | West Ham & Plaistow | brown | 332 | 16 | 22 | 24 | 12 | 22 | 22 | 14 | 20 | 30 | 14 | 16 | 27 | 22 | 22 | 21 | 28 |
| 6= | Kingston | blue | 323 | 20 | 18 | 16 | 20 | 18 | 14 | 16 | 29 | 18 | 28 | 22 | 30 | 16 | 18 | 18 | 22 |
| 6= | South Brent | orange | 323 | 22 | 12 | 14 | 24 | 16 | 24 | 30 | 14 | 25 | 20 | 20 | 14 | 18 | 24 | 28 | 18 |
| 8 | South London Harriers | sky | 313 | 14 | 24 | 20 | 18 | 24 | 18 | 24 | 22 | 16 | 14 | 14 | 23 | 26 | 14 | 16 | 26 |
| 9 | All Saints | red | 310 | 18 | 14 | 18 | 22 | 14 | 16 | 18 | 29 | 25 | 18 | 26 | 27 | 14 | 16 | 21 | 14 |
| 10 | Urban Youth Sports | white | 126 | 0 | 26 | 0 | 16 | 0 | 0 | 0 | 12 | 25 | 23 | 0 | 0 | 12 | 0 | 12 | 0 |

| | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|----|------------------|-------|-------|-------|-------|-------|------|---------|
| 1 | Mellisa Durack | CP | 5.50 | 5.75 | 5.75 | | 5.75 | 7= |
| 1 | Mellisa Durack | STJ | 5.60 | 5.50 | 0.00 | | 5.60 | 16 |
| 2 | Charley Mitchell | BT | 11 | 4 | 8 | 11 | 34 | 11= |
| 2 | Charley Mitchell | TT | 10 | 3 | 4 | 0 | 17 | 3= |
| 3 | Goodness Nilne | J | 9 | 7 | 9 | | 9 | 11 |
| 3 | Goodness Nilne | VJ | 52 | 55 | 55 | | 55 | 1 |
| 4 | Chloe Carvell | J | 8 | 9 | 8 | | 9 | 13 |
| 4 | Chloe Carvell | SLJ | 1.72 | 1.66 | 1.70 | | 1.72 | 9 |
| 5 | Matilda Randall | ST | 4.25 | 4.50 | 4.50 | | 4.50 | 18 |
| 6 | Hannah Menshah | ST | 5.00 | 5.75 | 6.00 | | 6.00 | 8 |
| 6 | Hannah Menshah | VJ | 43 | 38 | 39 | | 43 | 9 |
| 7 | Tatiana Wheeler | CP | 6.75 | 7.00 | 6.75 | | 7.00 | 2 |
| 7 | Tatiana Wheeler | VJ | 38 | 37 | 41 | | 41 | 14 |
| 8 | Nikisha McArthy | BT | 4 | 6 | 2 | 3 | 15 | 24 |
| 8 | Nikisha McArthy | TT | 4 | 0 | 0 | 0 | 4 | 17 |
| 9 | Shereena Marsh | SB | 46 | | | | 46 | 12= |
| 9 | Shereena Marsh | SLJ | 1.43 | 1.43 | 1.60 | | 1.60 | 18 |
| 10 | Damella Dugar | BT | 3 | 6 | 4 | 1 | 14 | 25 |
| 10 | Damella Dugar | SLJ | 1.56 | 1.46 | 1.54 | | 1.56 | 21 |
| 11 | Cecelia Dunlear | SB | 47 | | | | 47 | 9= |
| 11 | Cecelia Dunlear | STJ | 4.82 | 5.74 | 5.92 | | 5.92 | 11 |
| 12 | Jessica Mayen | SB | 48 | | | | 48 | 6= |
| 12 | Jessica Mayen | STJ | 5.52 | 5.64 | 0.00 | | 5.64 | 15 |

Results Sheet

Obstacle Relay

Competition:

NUFIA-London Regional Festival Under 11 Girls

Venue:

Crystal Palace National Sports Centre

Date

13 Jan 2007

| Ranking | Code | Team | Colour | Heat | Final | Performance | Points |
|---------|------|-----------------------|--------|--------|-------|-------------|--------|
| 1 | 05 | Redbridge | purple | 2:01.4 | 0.0 | 2:01.4 | 30.0 |
| 2 | 09 | Waltham Forest | yellow | 2:02.8 | 0.0 | 2:02.8 | 28.0 |
| 3 | 10 | Wandsworth | navy | 2:02.9 | 0.0 | 2:02.9 | 26.0 |
| 4 | 03 | Herne Hill Harriers | green | 2:06.9 | 0.0 | 2:06.9 | 24.0 |
| 5 | 06 | South Brent | orange | 2:07.4 | 0.0 | 2:07.4 | 22.0 |
| 6 | 04 | Kingston | blue | 2:07.8 | 0.0 | 2:07.8 | 20.0 |
| 7 | 01 | All Saints | red | 2:11.7 | 0.0 | 2:11.7 | 18.0 |
| 8 | 11 | West Ham & Plaistow | brown | 2:12.2 | 0.0 | 2:12.2 | 16.0 |
| 9 | 07 | South London Harriers | sky | 2:13.5 | 0.0 | 2:13.5 | 14.0 |

Results Sheet

1 + 1 Lap Relay

Competition:

NUFIA-London Regional Festival Under 11 Girls

Venue:

Crystal Palace National Sports Centre

Date

13 Jan 2007

| Ranking | Code | Team | Colour | Heat | Final | Performance | Points |
|---------|------|-----------------------|--------|------|-------|-------------|--------|
| 1 | 09 | Waltham Forest | yellow | 22.8 | 0.0 | 22.8 | 30.0 |
| 2 | 05 | Redbridge | purple | 24.1 | 0.0 | 24.1 | 28.0 |
| 3 | 08 | Urban Youth Sports | white | 25.0 | 0.0 | 25.0 | 26.0 |
| 4 | 07 | South London Harriers | sky | 25.5 | 0.0 | 25.5 | 24.0 |
| 5 | 11 | West Ham & Plaistow | brown | 25.6 | 0.0 | 25.6 | 22.0 |
| 6 | 10 | Wandsworth | navy | 25.6 | 0.0 | 25.6 | 20.0 |
| 7 | 04 | Kingston | blue | 25.7 | 0.0 | 25.7 | 18.0 |
| 8 | 03 | Herne Hill Harriers | green | 26.0 | 0.0 | 26.0 | 16.0 |
| 9 | 01 | All Saints | red | 28.4 | 0.0 | 28.4 | 14.0 |
| 10 | 06 | South Brent | orange | 30.5 | 0.0 | 30.5 | 12.0 |

Results Sheet

4 x 1 Lap Relay

Competition:

NUFIA-London Regional Festival Under 11 Girls

Venue:

Crystal Palace National Sports Centre

Date

13 Jan 2007

| Ranking | Code | Team | Colour | Heat | Final | Performance | Points |
|---------|------|-----------------------|--------|------|-------|-------------|--------|
| 1 | 09 | Waltham Forest | yellow | 47.9 | 0.0 | 47.9 | 30.0 |
| 2 | 10 | Wandsworth | navy | 48.8 | 0.0 | 48.8 | 28.0 |
| 3 | 05 | Redbridge | purple | 51.0 | 0.0 | 51.0 | 26.0 |
| 4 | 11 | West Ham & Plaistow | brown | 51.2 | 0.0 | 51.2 | 24.0 |
| 5 | 03 | Herne Hill Harriers | green | 52.7 | 0.0 | 52.7 | 22.0 |
| 6 | 07 | South London Harriers | sky | 53.1 | 0.0 | 53.1 | 20.0 |
| 7 | 01 | All Saints | red | 53.7 | 0.0 | 53.7 | 18.0 |
| 8 | 04 | Kingston | blue | 54.0 | 0.0 | 54.0 | 16.0 |
| 9 | 06 | South Brent | orange | 55.7 | 0.0 | 55.7 | 14.0 |

Results Sheet

6 Lap Paarlauf

Competition:

NUFIA-London Regional Festival Under 11 Girls

Venue:

Crystal Palace National Sports Centre

Date

13 Jan 2007

| Ranking | Code | Team | Colour | Heat | Final | Performance | Points |
|---------|------|-----------------------|--------|--------|-------|-------------|--------|
| 1 | 09 | Waltham Forest | yellow | 1:55.5 | 0.0 | 1:55.5 | 30.0 |
| 2 | 10 | Wandsworth | navy | 1:57.6 | 0.0 | 1:57.6 | 28.0 |
| 3 | 03 | Herne Hill Harriers | green | 1:58.6 | 0.0 | 1:58.6 | 26.0 |
| 4 | 06 | South Brent | orange | 2:01.5 | 0.0 | 2:01.5 | 24.0 |
| 5 | 01 | All Saints | red | 2:01.5 | 0.0 | 2:01.5 | 22.0 |
| 6 | 04 | Kingston | blue | 2:02.2 | 0.0 | 2:02.2 | 20.0 |
| 7 | 07 | South London Harriers | sky | 2:02.3 | 0.0 | 2:02.3 | 18.0 |
| 8 | 08 | Urban Youth Sports | white | 2:03.0 | 0.0 | 2:03.0 | 16.0 |
| 9 | 05 | Redbridge | purple | 2:03.5 | 0.0 | 2:03.5 | 14.0 |
| 10 | 11 | West Ham & Plaistow | brown | 2:03.6 | 0.0 | 2:03.6 | 12.0 |

Results Sheet

Over and Under Relay

Competition:

NUFIA-London Regional Festival Under 11 Girls

Venue:

Crystal Palace National Sports Centre

Date

13 Jan 2007

| Ranking | Code | Team | Colour | Heat | Final | Performance | Points |
|---------|------|-----------------------|--------|--------|-------|-------------|--------|
| 1 | 05 | Redbridge | purple | 1:51.1 | 0.0 | 1:51.1 | 30.0 |
| 2 | 10 | Wandsworth | navy | 1:51.8 | 0.0 | 1:51.8 | 28.0 |
| 3 | 09 | Waltham Forest | yellow | 1:57.6 | 0.0 | 1:57.6 | 26.0 |
| 4 | 07 | South London Harriers | sky | 1:59.4 | 0.0 | 1:59.4 | 24.0 |
| 5 | 11 | West Ham & Plaistow | brown | 1:59.9 | 0.0 | 1:59.9 | 22.0 |
| 6 | 03 | Herne Hill Harriers | green | 2:00.0 | 0.0 | 2:00.0 | 20.0 |
| 7 | 04 | Kingston | blue | 2:02.5 | 0.0 | 2:02.5 | 18.0 |
| 8 | 06 | South Brent | orange | 2:05.0 | 0.0 | 2:05.0 | 16.0 |
| 9 | 01 | All Saints | red | 2:07.0 | 0.0 | 2:07.0 | 14.0 |

Results Sheet

Hurdles Relay

Competition:

NUFIA-London Regional Festival Under 11 Girls

Venue:

Crystal Palace National Sports Centre

Date

13 Jan 2007

| Ranking | Code | Team | Colour | Heat | Final | Performance | Points |
|---------|------|-----------------------|--------|--------|-------|-------------|--------|
| 1 | 03 | Herne Hill Harriers | green | 57.6 | 0.0 | 57.6 | 30.0 |
| 2 | 10 | Wandsworth | navy | 57.7 | 0.0 | 57.7 | 28.0 |
| 3 | 09 | Waltham Forest | yellow | 57.9 | 0.0 | 57.9 | 26.0 |
| 4 | 06 | South Brent | orange | 1:40.5 | 0.0 | 1:40.5 | 24.0 |
| 5 | 11 | West Ham & Plaistow | brown | 1:40.8 | 0.0 | 1:40.8 | 22.0 |
| 6 | 05 | Redbridge | purple | 1:41.5 | 0.0 | 1:41.5 | 20.0 |
| 7 | 07 | South London Harriers | sky | 1:41.6 | 0.0 | 1:41.6 | 18.0 |
| 8 | 01 | All Saints | red | 1:42.0 | 0.0 | 1:42.0 | 16.0 |
| 9 | 04 | Kingston | blue | 1:44.5 | 0.0 | 1:44.5 | 14.0 |

Results Sheet

Grand Prix

Competition:

NUFIA-London Regional Festival Under 11 Girls

Venue:

Crystal Palace National Sports Centre

Date

13 Jan 2007

| Ranking | Code | Team | Colour | Heat | Final | Performance | Points |
|---------|------|-----------------------|--------|--------|-------|-------------|--------|
| 1 | 06 | South Brent | orange | 1:43.7 | 0.0 | 1:43.7 | 30.0 |
| 2 | 05 | Redbridge | purple | 1:45.9 | 0.0 | 1:45.9 | 28.0 |
| 3 | 09 | Waltham Forest | yellow | 1:47.1 | 0.0 | 1:47.1 | 26.0 |
| 4 | 07 | South London Harriers | sky | 1:47.9 | 0.0 | 1:47.9 | 24.0 |
| 5 | 03 | Herne Hill Harriers | green | 1:49.0 | 0.0 | 1:49.0 | 22.0 |
| 6 | 10 | Wandsworth | navy | 1:50.8 | 0.0 | 1:50.8 | 20.0 |
| 7 | 01 | All Saints | red | 1:51.6 | 0.0 | 1:51.6 | 18.0 |
| 8 | 04 | Kingston | blue | 1:53.7 | 0.0 | 1:53.7 | 16.0 |
| 9 | 11 | West Ham & Plaistow | brown | 1:59.9 | 0.0 | 1:59.9 | 14.0 |

Results Sheet

Balance Test

Competition:

NUFIA-London Regional Festival Under 11 Girls

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

| Ranking | Team | Colour | Total | Points |
|---------|-----------------------|--------|-------|--------|
| 1= | All Saints | red | 130 | 29 |
| 1= | Kingston | blue | 130 | 29 |
| 3 | Redbridge | purple | 112 | 26 |
| 4 | Waltham Forest | yellow | 105 | 24 |
| 5 | South London Harriers | sky | 100 | 22 |
| 6 | West Ham & Plaistow | brown | 63 | 20 |
| 7 | Herne Hill Harriers | green | 60 | 18 |
| 8 | Wandsworth | navy | 53 | 16 |
| 9 | South Brent | orange | 46 | 14 |
| 10 | Urban Youth Sports | white | 23 | 12 |

| Ranking | Team | Colour | BibNo | Name | Total |
|---------|-----------------------|--------|-------|----------------------------|-------|
| 1 | All Saints | red | 1 | Madeline Garrood | 60 |
| 2 | Kingston | blue | 11 | Ellie-May Warner | 59 |
| 3 | South London Harriers | sky | 13 | Tianna | 48 |
| 4 | Kingston | blue | 3 | Eloise Rubini | 47 |
| 5 | Redbridge | purple | 3 | Nikhol Spencer | 46 |
| 6 | Redbridge | purple | 4 | Nicola London | 44 |
| 7 | All Saints | red | 10 | Andrianna Martin | 43 |
| 8 | Herne Hill Harriers | green | 1 | Maya Wright | 40 |
| 9 | Waltham Forest | yellow | 8 | Hannah Shakespeare | 36 |
| 10 | Waltham Forest | yellow | 9 | Tyesha Mingo | 35 |
| 11= | Waltham Forest | yellow | 3 | Elizabeth Oladunni | 34 |
| 11= | West Ham & Plaistow | brown | 2 | Charley Mitchell | 34 |
| 13 | South London Harriers | sky | 4 | Bronte Rowlands | 28 |
| 14= | All Saints | red | 4 | Naomi Meakin | 27 |
| 14= | Wandsworth | navy | 10 | Caja Wright-Mason | 27 |
| 16 | Wandsworth | navy | 11 | Marie Thomas | 26 |
| 17= | Kingston | blue | 8 | Kirsty Craig | 24 |
| 17= | South London Harriers | sky | 7 | Issy Smith | 24 |
| 19 | Urban Youth Sports | white | 1 | Bukky | 23 |
| 20 | Redbridge | purple | 13 | Shauna Farrugia | 22 |
| 21 | Herne Hill Harriers | green | 6 | Efia Ramsay-Graham | 20 |
| 22 | South Brent | orange | 1 | Nikita Candice Braithwaite | 18 |
| 23 | South Brent | orange | 3 | Shante Jones-Gbando | 16 |
| 24 | West Ham & Plaistow | brown | 8 | Nikisha McArthy | 15 |
| 25 | West Ham & Plaistow | brown | 10 | Damella Dugar | 14 |
| 26 | South Brent | orange | 10 | Karishma Biaa | 12 |
| | Herne Hill Harriers | green | 2 | Lakesha Abrams-Quamino | 0 |
| | Wandsworth | navy | 1 | Leila Wood | 0 |
| | Wandsworth | navy | 2 | Rebecca Douglas | 0 |

Results Sheet

Chest Push

Competition:

NUFIA-London Regional Festival Under 11 Girls

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

| Ranking | Team | Colour | Total | Points |
|---------|-----------------------|--------|-------|--------|
| 1 | West Ham & Plaistow | brown | 12.75 | 30 |
| 2= | All Saints | red | 11.75 | 25 |
| 2= | Herne Hill Harriers | green | 11.75 | 25 |
| 2= | South Brent | orange | 11.75 | 25 |
| 2= | Urban Youth Sports | white | 11.75 | 25 |
| 6 | Redbridge | purple | 11.50 | 20 |
| 7 | Kingston | blue | 11.25 | 18 |
| 8 | South London Harriers | sky | 11.00 | 16 |
| 9 | Waltham Forest | yellow | 10.50 | 14 |
| 10 | Wandsworth | navy | 10.00 | 12 |

| Ranking | Team | Colour | BibNo | Name | Best |
|---------|-----------------------|--------|-------|---------------------|------|
| 1 | South London Harriers | sky | 2 | Georgia Warmington | 7.25 |
| 2 | West Ham & Plaistow | brown | 7 | Tatiana Wheeler | 7.00 |
| 3 | All Saints | red | 6 | Kimberley Jones | 6.75 |
| 4 | Urban Youth Sports | white | 1 | Bukky | 6.50 |
| 5 | Herne Hill Harriers | green | 1 | Maya Wright | 6.25 |
| 6 | South Brent | orange | 2 | Jeneil McDonald | 6.25 |
| 7= | Kingston | blue | 9 | Jaymee Plummer | 5.75 |
| 7= | West Ham & Plaistow | brown | 1 | Mellisa Durack | 5.75 |
| 9 | Waltham Forest | yellow | 7 | Jordanne Batiste | 5.75 |
| 10 | Redbridge | purple | 9 | Igne Aliskative | 5.75 |
| 11 | Redbridge | purple | 4 | Nicola London | 5.75 |
| 12 | Herne Hill Harriers | green | 4 | Faye Markham | 5.50 |
| 13 | Kingston | blue | 4 | Rhiannnon Sowden | 5.50 |
| 14 | South Brent | orange | 3 | Shante Jones-Gbando | 5.50 |
| 15 | Urban Youth Sports | white | 2 | jameira | 5.25 |
| 16 | Wandsworth | navy | 3 | Louise Carnie | 5.25 |
| 17 | All Saints | red | 11 | Elise Quartey | 5.00 |
| 18 | Waltham Forest | yellow | 11 | Chanel Milli | 4.75 |
| 19 | Wandsworth | navy | 5 | Rianna Bowman | 4.75 |
| 20 | South London Harriers | sky | 6 | Emma Smith | 3.75 |
| | Herne Hill Harriers | green | 3 | Faith Sewell | 0.00 |
| | Redbridge | purple | 8 | Ayesha Hendra | 0.00 |
| | Waltham Forest | yellow | 12 | Jasmine McAvoy | 0.00 |

Results Sheet

Javelin

Competition:

NUFIA-London Regional Festival Under 11 Girls

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

| Ranking | Team | Colour | Total | Points |
|---------|-----------------------|--------|-------|--------|
| 1 | Wandsworth | navy | 30 | 30 |
| 2 | Kingston | blue | 26 | 28 |
| 3 | Waltham Forest | yellow | 22 | 26 |
| 4= | Redbridge | purple | 21 | 23 |
| 4= | Urban Youth Sports | white | 21 | 23 |
| 6 | South Brent | orange | 20 | 20 |
| 7 | All Saints | red | 19 | 18 |
| 8= | Herne Hill Harriers | green | 18 | 14 |
| 8= | South London Harriers | sky | 18 | 14 |
| 8= | West Ham & Plaistow | brown | 18 | 14 |

| Ranking | Team | Colour | BibNo | Name | Best |
|---------|-----------------------|--------|-------|------------------------|------|
| 1 | Wandsworth | navy | 1 | Leila Wood | 15 |
| 2 | Wandsworth | navy | 6 | Nana Kena | 15 |
| 3 | Waltham Forest | yellow | 6 | Paige Ebanks | 15 |
| 4 | Kingston | blue | 2 | Rhianna Thommasi | 15 |
| 5 | Urban Youth Sports | white | 1 | Bukky | 14 |
| 6 | All Saints | red | 10 | Andrianna Martin | 12 |
| 7 | Redbridge | purple | 14 | Frankie De'ath | 11 |
| 8 | Kingston | blue | 12 | Nadire Gokman | 11 |
| 9 | South Brent | orange | 9 | Rianna Herdriclo | 11 |
| 10 | Redbridge | purple | 5 | Joy Oniah | 10 |
| 11 | West Ham & Plaistow | brown | 3 | Goodness Nilne | 9 |
| 12 | South London Harriers | sky | 9 | Maya Bruney | 9 |
| 13 | West Ham & Plaistow | brown | 4 | Chloe Carvell | 9 |
| 14 | Herne Hill Harriers | green | 7 | Iyana Orr | 9 |
| 15 | Herne Hill Harriers | green | 2 | Lakesha Abrams-Quamino | 9 |
| 16 | South London Harriers | sky | 5 | Sophie Foreman | 9 |
| 17 | South Brent | orange | 4 | Shanday Danso | 9 |
| 18= | All Saints | red | 3 | Tamera Millar | 7 |
| 18= | Urban Youth Sports | white | 2 | jameira | 7 |
| 20 | Waltham Forest | yellow | 5 | Keisha Dapaah | 7 |
| | Kingston | blue | 3 | Eloise Rubini | 0 |

Results Sheet

Sitting Throw

Competition:

NUFIA-London Regional Festival Under 11 Girls

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

| Ranking | Team | Colour | Total | Points |
|---------|-----------------------|--------|-------|--------|
| 1 | Redbridge | purple | 15.50 | 30 |
| 2 | Wandsworth | navy | 13.25 | 28 |
| 3 | All Saints | red | 13.00 | 26 |
| 4 | Herne Hill Harriers | green | 12.75 | 24 |
| 5 | Kingston | blue | 12.50 | 22 |
| 6 | South Brent | orange | 11.75 | 20 |
| 7 | Waltham Forest | yellow | 11.00 | 18 |
| 8 | West Ham & Plaistow | brown | 10.50 | 16 |
| 9 | South London Harriers | sky | 9.75 | 14 |

| Ranking | Team | Colour | BibNo | Name | Best |
|---------|-----------------------|--------|-------|-------------------------|------|
| 1 | Redbridge | purple | 10 | Cnantay Nathan | 8.00 |
| 2 | Wandsworth | navy | 7 | Nadine Eggleton | 7.50 |
| 3 | Redbridge | purple | 1 | Leonie Cherry Rogers | 7.50 |
| 4 | South Brent | orange | 5 | Sian-Nikki Daley Wilson | 7.00 |
| 5 | All Saints | red | 4 | Naomi Meakin | 7.00 |
| 6 | Herne Hill Harriers | green | 5 | Shani Barnes-Smith | 7.00 |
| 7 | Kingston | blue | 6 | Charlotte Bowie | 7.00 |
| 8 | West Ham & Plaistow | brown | 6 | Hannah Menshah | 6.00 |
| 9 | All Saints | red | 1 | Madeline Garrood | 6.00 |
| 10 | Waltham Forest | yellow | 1 | Kirsty Smith | 6.00 |
| 11 | Herne Hill Harriers | green | 2 | Lakesha Abrams-Quamino | 5.75 |
| 12 | Wandsworth | navy | 12 | Emma Wood | 5.75 |
| 13 | Kingston | blue | 7 | Kirsty Lagden | 5.50 |
| 14= | South London Harriers | sky | 3 | Sophie Gibbon | 5.00 |
| 14= | Waltham Forest | yellow | 9 | Tyesha Mingo | 5.00 |
| 16 | South Brent | orange | 7 | Chantay Louis | 4.75 |
| 17 | South London Harriers | sky | 12 | Hannah Bissmire | 4.75 |
| 18 | West Ham & Plaistow | brown | 5 | Matilda Randall | 4.50 |
| | South London Harriers | sky | 11 | Olivia Banton | 0.00 |
| | Urban Youth Sports | white | 2 | jameira | 0.00 |

Results Sheet

Speed Bounce

Competition:

NUFIA-London Regional Festival Under 11 Girls

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

| Ranking | Team | Colour | Total | Points |
|---------|-----------------------|--------|-------|--------|
| 1 | Kingston | blue | 143 | 30 |
| 2= | All Saints | red | 141 | 27 |
| 2= | West Ham & Plaistow | brown | 141 | 27 |
| 4= | Redbridge | purple | 136 | 23 |
| 4= | South London Harriers | sky | 136 | 23 |
| 6= | Waltham Forest | yellow | 134 | 19 |
| 6= | Wandsworth | navy | 134 | 19 |
| 8 | Herne Hill Harriers | green | 128 | 16 |
| 9 | South Brent | orange | 94 | 14 |

| Ranking | Team | Colour | BibNo | Name | Total |
|---------|-----------------------|--------|-------|------------------------------|-------|
| 1 | Herne Hill Harriers | green | 3 | Faith Sewell | 53 |
| 2 | Kingston | blue | 5 | Pip Cope | 51 |
| 3= | Waltham Forest | yellow | 4 | Charlee Stanslas | 50 |
| 3= | Wandsworth | navy | 4 | Destasa Hisa | 50 |
| 5 | All Saints | red | 2 | Amber Mackley | 49 |
| 6= | Redbridge | purple | 6 | Chanelle Labonne | 48 |
| 6= | South London Harriers | sky | 10 | Eleanor Honey | 48 |
| 6= | West Ham & Plaistow | brown | 12 | Jessica Mayen | 48 |
| 9= | Redbridge | purple | 2 | Abigail Duncan | 47 |
| 9= | Waltham Forest | yellow | 2 | Lavynia Serieux | 47 |
| 9= | West Ham & Plaistow | brown | 11 | Cecelia Dunlear | 47 |
| 12= | All Saints | red | 7 | Daniella Hitchin | 46 |
| 12= | All Saints | red | 12 | Sophie Zeng-Yu | 46 |
| 12= | Kingston | blue | 10 | Tayla Moore | 46 |
| 12= | Kingston | blue | 12 | Nadire Gokman | 46 |
| 12= | South London Harriers | sky | 5 | Sophie Foreman | 46 |
| 12= | West Ham & Plaistow | brown | 9 | Shereena Marsh | 46 |
| 18 | Herne Hill Harriers | green | 7 | Iyana Orr | 44 |
| 19 | Wandsworth | navy | 12 | Emma Wood | 43 |
| 20 | South London Harriers | sky | 1 | Hayley Waerer | 42 |
| 21= | Redbridge | purple | 7 | Kate Sowerby | 41 |
| 21= | Wandsworth | navy | 8 | Larissa Simpson | 41 |
| 23 | South Brent | orange | 13 | Gabrielle Arrd | 39 |
| 24 | Waltham Forest | yellow | 10 | Mikida Millard | 37 |
| 25= | Herne Hill Harriers | green | 6 | Efia Ramsay-Graham | 31 |
| 25= | South Brent | orange | 14 | Brintney Carnbell | 31 |
| 27 | South Brent | orange | 16 | Tania-Marie Texeira Williams | 24 |
| | Urban Youth Sports | white | 2 | jameira | 0 |
| | Waltham Forest | yellow | 11 | Chanel Milli | 0 |

Results Sheet

Standing Long Jump

Competition:

NUFIA-London Regional Festival Under 11 Girls

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

| Ranking | Team | Colour | Total | Points |
|---------|-----------------------|--------|-------|--------|
| 1 | Waltham Forest | yellow | 5.83 | 30 |
| 2 | Wandsworth | navy | 5.28 | 28 |
| 3 | South London Harriers | sky | 5.19 | 26 |
| 4 | Redbridge | purple | 4.96 | 24 |
| 5 | West Ham & Plaistow | brown | 4.88 | 22 |
| 6 | Herne Hill Harriers | green | 4.56 | 20 |
| 7 | South Brent | orange | 4.48 | 18 |
| 8 | Kingston | blue | 4.46 | 16 |
| 9 | All Saints | red | 4.45 | 14 |
| 10 | Urban Youth Sports | white | 3.22 | 12 |

| Ranking | Team | Colour | BibNo | Name | Best |
|---------|-----------------------|--------|-------|--------------------|------|
| 1 | Waltham Forest | yellow | 1 | Kirsty Smith | 2.05 |
| 2 | Waltham Forest | yellow | 5 | Keisha Dapaah | 1.92 |
| 3 | Wandsworth | navy | 11 | Marie Thomas | 1.88 |
| 4 | Waltham Forest | yellow | 8 | Hannah Shakespeare | 1.86 |
| 5 | South London Harriers | sky | 8 | Chanan Graham | 1.80 |
| 6 | Wandsworth | navy | 9 | Elysia Ndubuisi | 1.80 |
| 7 | South London Harriers | sky | 11 | Olivia Banton | 1.77 |
| 8 | Redbridge | purple | 10 | Cnantay Nathan | 1.74 |
| 9 | West Ham & Plaistow | brown | 4 | Chloe Carvell | 1.72 |
| 10 | All Saints | red | 2 | Amber Mackley | 1.67 |
| 11 | Herne Hill Harriers | green | 1 | Maya Wright | 1.66 |
| 12 | Redbridge | purple | 8 | Ayesha Hendra | 1.64 |
| 13 | South London Harriers | sky | 7 | Issy Smith | 1.62 |
| 14 | Urban Youth Sports | white | 1 | Bukky | 1.62 |
| 15 | Urban Youth Sports | white | 2 | jameira | 1.60 |
| 16 | Wandsworth | navy | 8 | Larissa Simpson | 1.60 |
| 17 | South Brent | orange | 8 | Alexandra Mussett | 1.60 |
| 18 | West Ham & Plaistow | brown | 9 | Shereena Marsh | 1.60 |
| 19 | Kingston | blue | 1 | Nicola Steer | 1.58 |
| 20 | Redbridge | purple | 13 | Shauna Farrugia | 1.58 |
| 21 | West Ham & Plaistow | brown | 10 | Damella Dugar | 1.56 |
| 22 | South Brent | orange | 11 | Shantao Ryan | 1.54 |
| 23 | Kingston | blue | 3 | Eloise Rubini | 1.50 |
| 24 | Herne Hill Harriers | green | 6 | Efia Ramsay-Graham | 1.48 |
| 25 | Herne Hill Harriers | green | 7 | Iyana Orr | 1.42 |
| 26 | All Saints | red | 7 | Daniella Hitchin | 1.40 |
| 27 | Kingston | blue | 9 | Jaymee Plummer | 1.38 |
| 28 | All Saints | red | 8 | Yasmin Hawa | 1.38 |
| 29 | South Brent | orange | 15 | Cranel German | 1.34 |
| | Herne Hill Harriers | green | 3 | Faith Sewell | 0.00 |
| | Kingston | blue | 5 | Pip Cope | 0.00 |

Results Sheet

Standing Triple Jump

Competition:

NUFIA-London Regional Festival Under 11 Girls

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

| Ranking | Team | Colour | Total | Points |
|---------|-----------------------|--------|-------|--------|
| 1 | Redbridge | purple | 19.20 | 30 |
| 2 | Waltham Forest | yellow | 19.16 | 28 |
| 3 | Wandsworth | navy | 18.82 | 26 |
| 4 | South Brent | orange | 18.28 | 24 |
| 5 | West Ham & Plaistow | brown | 17.16 | 22 |
| 6 | Herne Hill Harriers | green | 16.68 | 20 |
| 7 | Kingston | blue | 16.62 | 18 |
| 8 | All Saints | red | 16.10 | 16 |
| 9 | South London Harriers | sky | 14.96 | 14 |

| Ranking | Team | Colour | BibNo | Name | Best |
|---------|-----------------------|--------|-------|-------------------------|------|
| 1 | Waltham Forest | yellow | 4 | Charlee Stanslas | 6.80 |
| 2 | South Brent | orange | 5 | Sian-Nikki Daley Wilson | 6.70 |
| 3 | Redbridge | purple | 2 | Abigail Duncan | 6.60 |
| 4 | South Brent | orange | 2 | Jeneil McDonald | 6.60 |
| 5 | Redbridge | purple | 12 | Jessica Grizzle | 6.60 |
| 6 | Waltham Forest | yellow | 2 | Lavynia Serieux | 6.52 |
| 7 | Wandsworth | navy | 2 | Rebecca Douglas | 6.50 |
| 8 | Wandsworth | navy | 6 | Nana Kena | 6.42 |
| 9 | Herne Hill Harriers | green | 5 | Shani Barnes-Smith | 6.18 |
| 10 | Redbridge | purple | 3 | Nikhol Spencer | 6.00 |
| 11 | West Ham & Plaistow | brown | 11 | Cecelia Dunlear | 5.92 |
| 12 | Wandsworth | navy | 7 | Nadine Eggleton | 5.90 |
| 13 | Waltham Forest | yellow | 7 | Jordanne Batiste | 5.84 |
| 14 | Kingston | blue | 10 | Tayla Moore | 5.80 |
| 15 | West Ham & Plaistow | brown | 12 | Jessica Mayen | 5.64 |
| 16 | West Ham & Plaistow | brown | 1 | Mellisa Durack | 5.60 |
| 17 | All Saints | red | 12 | Sophie Zeng-Yu | 5.60 |
| 18 | South London Harriers | sky | 12 | Hannah Bissmire | 5.60 |
| 19 | Kingston | blue | 2 | Rhianna Thommasi | 5.56 |
| 20 | Herne Hill Harriers | green | 4 | Faye Markham | 5.52 |
| 21 | All Saints | red | 6 | Kimberley Jones | 5.40 |
| 22 | Kingston | blue | 6 | Charlotte Bowie | 5.26 |
| 23 | All Saints | red | 3 | Tamera Millar | 5.10 |
| 24 | Herne Hill Harriers | green | 2 | Lakesha Abrams-Quamino | 4.98 |
| 25 | South Brent | orange | 12 | Sharee Fingwoo | 4.98 |
| 26 | South London Harriers | sky | 1 | Hayley Waerer | 4.90 |
| 27 | South London Harriers | sky | 6 | Emma Smith | 4.46 |
| | Urban Youth Sports | white | 1 | Bukky | 0.00 |

Results Sheet

Target Throw

Competition:

NUFIA-London Regional Festival Under 11 Girls

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

| Ranking | Team | Colour | Total | Points |
|---------|-----------------------|--------|-------|--------|
| 1 | Redbridge | purple | 32 | 30 |
| 2 | South Brent | orange | 29 | 28 |
| 3 | Waltham Forest | yellow | 28 | 26 |
| 4 | Herne Hill Harriers | green | 24 | 24 |
| 5= | All Saints | red | 21 | 21 |
| 5= | West Ham & Plaistow | brown | 21 | 21 |
| 7 | Kingston | blue | 20 | 18 |
| 8 | South London Harriers | sky | 18 | 16 |
| 9 | Wandsworth | navy | 14 | 14 |
| 10 | Urban Youth Sports | white | 8 | 12 |

| Ranking | Team | Colour | BibNo | Name | Total |
|---------|-----------------------|--------|-------|-------------------|-------|
| 1 | Herne Hill Harriers | green | 4 | Faye Markham | 24 |
| 2 | South Brent | orange | 15 | Cranel German | 19 |
| 3= | Redbridge | purple | 11 | Olivia Trump | 17 |
| 3= | West Ham & Plaistow | brown | 2 | Charley Mitchell | 17 |
| 5 | Redbridge | purple | 8 | Ayesha Hendra | 15 |
| 6= | Waltham Forest | yellow | 10 | Mikida Millard | 14 |
| 6= | Waltham Forest | yellow | 11 | Chanel Milli | 14 |
| 6= | Wandsworth | navy | 11 | Marie Thomas | 14 |
| 9= | All Saints | red | 5 | Christine Willard | 13 |
| 9= | South London Harriers | sky | 4 | Bronte Rowlands | 13 |
| 11 | Kingston | blue | 1 | Nicola Steer | 11 |
| 12 | South Brent | orange | 6 | Egzora Muzhaku | 10 |
| 13 | Kingston | blue | 11 | Ellie-May Warner | 9 |
| 14= | All Saints | red | 8 | Yasmin Hawa | 8 |
| 14= | Urban Youth Sports | white | 2 | jameira | 8 |
| 16 | South London Harriers | sky | 3 | Sophie Gibbon | 5 |
| 17 | West Ham & Plaistow | brown | 8 | Nikisha McArthy | 4 |
| | Wandsworth | navy | 10 | Caja Wright-Mason | 0 |

Results Sheet

Vertical Jump

Competition:

NUFIA-London Regional Festival Under 11 Girls

Venue:

Crystal Palace National Sports Centre 13 Jan 2007

Date

| Ranking | Team | Colour | Total | Points |
|---------|-----------------------|--------|-------|--------|
| 1 | Waltham Forest | yellow | 141 | 30 |
| 2 | West Ham & Plaistow | brown | 139 | 28 |
| 3 | South London Harriers | sky | 133 | 26 |
| 4 | Wandsworth | navy | 126 | 24 |
| 5 | Kingston | blue | 124 | 22 |
| 6 | Herne Hill Harriers | green | 118 | 20 |
| 7 | South Brent | orange | 109 | 18 |
| 8 | Redbridge | purple | 104 | 16 |
| 9 | All Saints | red | 99 | 14 |

| Ranking | Team | Colour | BibNo | Name | Best |
|---------|-----------------------|--------|-------|--------------------|------|
| 1 | West Ham & Plaistow | brown | 3 | Goodness Nilne | 55 |
| 2 | Waltham Forest | yellow | 3 | Elizabeth Oladunni | 55 |
| 3 | South London Harriers | sky | 2 | Georgia Warmington | 52 |
| 4 | Kingston | blue | 7 | Kirsty Lagden | 45 |
| 5 | Wandsworth | navy | 4 | Destasa Hisa | 44 |
| 6 | Kingston | blue | 4 | Rhiannnon Sowden | 44 |
| 7 | Waltham Forest | yellow | 6 | Paige Ebanks | 43 |
| 8 | Waltham Forest | yellow | 12 | Jasmine McAvoy | 43 |
| 9 | West Ham & Plaistow | brown | 6 | Hannah Menshah | 43 |
| 10 | South London Harriers | sky | 9 | Maya Bruney | 42 |
| 11 | Herne Hill Harriers | green | 5 | Shani Barnes-Smith | 42 |
| 12 | South Brent | orange | 9 | Rianna Herdriclo | 42 |
| 13 | Wandsworth | navy | 5 | Rianna Bowman | 42 |
| 14 | West Ham & Plaistow | brown | 7 | Tatiana Wheeler | 41 |
| 15 | Herne Hill Harriers | green | 7 | Iyana Orr | 40 |
| 16 | All Saints | red | 5 | Christine Willard | 40 |
| 17 | Wandsworth | navy | 3 | Louise Carnie | 40 |
| 18 | South London Harriers | sky | 13 | Tianna | 39 |
| 19 | South Brent | orange | 6 | Egzora Muzhaku | 37 |
| 20 | Herne Hill Harriers | green | 3 | Faith Sewell | 36 |
| 21 | Redbridge | purple | 15 | Renelle Kurranchie | 36 |
| 22 | Kingston | blue | 8 | Kirsty Craig | 35 |
| 23 | Redbridge | purple | 11 | Olivia Trump | 35 |
| 24 | Redbridge | purple | 14 | Frankie De'ath | 33 |
| 25 | All Saints | red | 1 | Madeline Garrood | 33 |
| 26 | South Brent | orange | 4 | Shanday Danso | 30 |
| 27 | All Saints | red | 11 | Elise Quartey | 26 |
| | All Saints | red | 9 | Charlotte Crowley | 0 |
| | Herne Hill Harriers | green | 1 | Maya Wright | 0 |
| | Urban Youth Sports | white | 2 | jameira | 0 |