

London Regional Festival
Westcroft Leisure Centre, Sutton
Saturday 24 January 2009

We welcome teams today from ...

Bexley	red
City of London	yellow
Islington Heathside	green
South London Harriers	blue
Waltham Forest	purple
Wandsworth	orange



Fun in Athletics Festivals
2008 - 2009

uk:athletics 


AVIVA

Competition Results

Competition:

AFIA-London Regional Festival Under 11 Girls

Venue:

Westcroft Leisure Centre, Sutton

Date

24 Jan 2009

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	MR	BT	CP	J	SB	SLJ	STJ	TT	VJ
1	Waltham Forest	purple	453	24	26	30	30	28	26	30	30	26	28	28	30	28	30	29	30
2	Wandsworth	orange	451	30	30	28	26	30	30	26	24	28	30	26	28	30	28	29	28
3	South London Harriers	blue	428	28	28	24	28	26	28	28	26	30	24	30	26	26	26	26	24
4	Bexley	red	385	22	24	26	24	23	24	24	28	24	26	22	22	22	24	24	26
5	City of London	yellow	363	26	22	22	22	23	22	22	22	22	22	24	24	24	22	22	22

Team Results

Bexley (red)

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1	Waltham Forest	purple	453	24	26	30	30	28	26	30	30	26	28	28	30	28	30	29	30
2	Wandsworth	orange	451	30	30	28	26	30	30	26	24	28	30	26	28	30	28	29	28
3	South London Harriers	blue	428	28	28	24	28	26	28	28	26	30	24	30	26	26	26	26	24
4	Bexley	red	385	22	24	26	24	23	24	24	28	24	26	22	22	22	24	24	26
5	City of London	yellow	363	26	22	22	22	23	22	22	22	22	22	24	24	24	22	22	22

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Aoife Brown	BT	15	15	15	15	60	1=
1	Aoife Brown	SB	40				40	12=
1	Aoife Brown	VJ	31	33	35		35	11
2	Shania Dodd	SB	41				41	11
2	Shania Dodd	VJ	47	43	45		47	3
3	Kathleen Etherton	J	4	5	5		5	10
3	Kathleen Etherton	SLJ	0.98	1.15	0.92		1.15	15
4	Zoe Lewis	BT	3	3	8	3	17	15
4	Zoe Lewis	SLJ	1.51	1.51	1.55		1.55	11
5	Kirsty Fisher	TT	4	4	2	0	10	9
6	Ope Anidada	CP	4.00	4.00	4.75		4.75	9
6	Ope Anidada	VJ	32	34	36		36	8
7	Tolu Ali	SB	40				40	12=
7	Tolu Ali	SLJ	1.55	1.63	1.64		1.64	7
8	Ellis Mills	BT	8	14	13	6	41	8
8	Ellis Mills	CP	6.50	6.75	6.75		6.75	2
9	Lucy Keedy-Davies	J	9	10	10		10	5
9	Lucy Keedy-Davies	STJ	3.72	3.92	3.68		3.92	13
10	Emily Watson	STJ	3.81	3.74	3.92		3.92	12
10	Emily Watson	TT	7	3	3	0	13	6
11	Celine Dodd	STJ	4.18	4.78	4.76		4.78	10

Team Results

City of London (yellow)

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Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	MR	BT	CP	J	SB	SLJ	STJ	TT	VJ
1	Waltham Forest	purple	453	24	26	30	30	28	26	30	30	26	28	28	30	28	30	29	30
2	Wandsworth	orange	451	30	30	28	26	30	30	26	24	28	30	26	28	30	28	29	28
3	South London Harriers	blue	428	28	28	24	28	26	28	28	26	30	24	30	26	26	26	26	24
4	Bexley	red	385	22	24	26	24	23	24	24	28	24	26	22	22	22	24	24	26
5	City of London	yellow	363	26	22	22	22	23	22	22	22	22	22	24	24	24	22	22	22

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Lauric Mackintosh Cargill	CP	5.25	5.75	5.50		5.75	6
1	Lauric Mackintosh Cargill	SB	40				40	12=
2	Gbemisola Olaosevikan	SB	43				43	9=
2	Gbemisola Olaosevikan	SLJ	1.67	1.75	1.70		1.75	5
2	Gbemisola Olaosevikan	STJ	4.54	4.58	4.90		4.90	9
3	Jolene Ampiah	BT	5	9	8	9	31	12=
3	Jolene Ampiah	J	8	7	2		8	9
3	Jolene Ampiah	STJ	3.50	3.78	3.72		3.78	14
4	Lulu Watuta	CP	3.75	3.00	3.75		3.75	10
4	Lulu Watuta	VJ	34	34	35		35	9
5	Wahive Venius	BT	11	7	13	2	33	11
5	Wahive Venius	SLJ	1.30	1.32	1.26		1.32	14
6	Nour Sulaiman	VJ	24	26	25		26	15
7	Anisah Nsugre	BT	10	4	10	12	36	10
7	Anisah Nsugre	SLJ	1.42	1.40	1.44		1.44	13
7	Anisah Nsugre	TT	7	3	0	1	11	7=
9	Lucy Humpheryes	SB	40				40	12=
9	Lucy Humpheryes	VJ	23	22	27		27	14
10	Lilis Cross	J	7	8	8		8	7
10	Lilis Cross	STJ	3.56	3.72	3.32		3.72	15
11	Aditi Bhandri	TT	6	3	2	0	11	7=

Team Results

South London Harriers (blue)

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1	Waltham Forest	purple	453	24	26	30	30	28	26	30	30	26	28	28	30	28	30	29	30
2	Wandsworth	orange	451	30	30	28	26	30	30	26	24	28	30	26	28	30	28	29	28
3	South London Harriers	blue	428	28	28	24	28	26	28	28	26	30	24	30	26	26	26	26	24
4	Bexley	red	385	22	24	26	24	23	24	24	28	24	26	22	22	22	24	24	26
5	City of London	yellow	363	26	22	22	22	23	22	22	22	22	22	24	24	24	22	22	22

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Holly Clark	STJ	4.96	5.06	5.04		5.06	6
2	Abbie Burrett	BT	15	15	8	15	53	5
2	Abbie Burrett	TT	3	5	1	0	9	10
3	Amy Ayers	BT	15	15	15	15	60	1=
5	Grace Usherwood	SB	48				48	5=
5	Grace Usherwood	STJ	4.92	4.85	4.92		4.92	8
6	Kirsty Watt	CP	4.75	6.25	5.75		6.25	5
6	Kirsty Watt	VJ	28	34	30		34	13
7	Lucy Weddell	BT	10	9	15	6	40	9
7	Lucy Weddell	J	14	13	13		14	1
8	Krista Weddell	CP	4.50	4.50	4.75		4.75	8
9	Anna Jones	SB	47				47	7=
9	Anna Jones	VJ	30	35	37		37	7
11	Maya Bruney	SLJ	1.96	1.90	1.96		1.96	2
12	Lohita Allen	SB	43				43	9=
12	Lohita Allen	SLJ	1.57	1.44	1.62		1.62	8
13	Sian	STJ	4.18	3.72	4.56		4.56	11
13	Sian	TT	9	6	6	1	22	1
14	Emma Doyle	J	9	9	10		10	6
14	Emma Doyle	SLJ	1.56	1.50	1.56		1.56	10
14	Emma Doyle	VJ	35	34	31		35	10

Team Results

Waltham Forest (purple)

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Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	MR	BT	CP	J	SB	SLJ	STJ	TT	VJ
1	Waltham Forest	purple	453	24	26	30	30	28	26	30	30	26	28	28	30	28	30	29	30
2	Wandsworth	orange	451	30	30	28	26	30	30	26	24	28	30	26	28	30	28	29	28
3	South London Harriers	blue	428	28	28	24	28	26	28	28	26	30	24	30	26	26	26	26	24
4	Bexley	red	385	22	24	26	24	23	24	24	28	24	26	22	22	22	24	24	26
5	City of London	yellow	363	26	22	22	22	23	22	22	22	22	22	24	24	24	22	22	22

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Maudia Obruneubi	VJ	44	46	47		47	2
2	Rochelle Cabey	SB	52				52	1
2	Rochelle Cabey	STJ	4.96	5.36	5.59		5.59	3
3	Jameika Heywood	CP	5.25	6.50	5.50		6.50	4
3	Jameika Heywood	SB	50				50	3=
4	Jazmine Hamilton	BT	15	8	11	10	44	7
4	Jazmine Hamilton	STJ	5.30	5.64	5.56		5.64	2
5	Cherelle Simpson-Owosho	BT	7	7	5	12	31	12=
5	Cherelle Simpson-Owosho	SLJ	1.84	2.02	1.95		2.02	1
6	Elizabeth Berchie	J	11	12	12		12	3
6	Elizabeth Berchie	SB	48				48	5=
7	Jerry Butler	J	10	9	11		11	4
7	Jerry Butler	SLJ	1.63	1.65	1.63		1.65	6
8	Geordan Sammuels	STJ	5.88	6.08	5.86		6.08	1
9	Courtney Reid	VJ	37	39	40		40	6
10	Shavonti Dill	BT	4	15	15	15	49	6
10	Shavonti Dill	TT	10	5	1	2	18	3
11	Stephanie Katango	CP	4.50	4.75	5.50		5.50	7
11	Stephanie Katango	VJ	40	40	38		40	5
12	Hyelymi John-Garma	SLJ	1.62	1.54	1.56		1.62	9
12	Hyelymi John-Garma	TT	8	7	2	0	17	4

Team Results

Wandsworth (orange)

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Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	MR	BT	CP	J	SB	SLJ	STJ	TT	VJ
1	Waltham Forest	purple	453	24	26	30	30	28	26	30	30	26	28	28	30	28	30	29	30
2	Wandsworth	orange	451	30	30	28	26	30	30	26	24	28	30	26	28	30	28	29	28
3	South London Harriers	blue	428	28	28	24	28	26	28	28	26	30	24	30	26	26	26	26	24
4	Bexley	red	385	22	24	26	24	23	24	24	28	24	26	22	22	22	24	24	26
5	City of London	yellow	363	26	22	22	22	23	22	22	22	22	22	24	24	24	22	22	22

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Candice Johnson	SB	51				51	2
1	Candice Johnson	SLJ	1.77	1.92	1.85		1.92	3
2	Emily Papaphotis	BT	15	15	15	15	60	1=
3	Poppy Hawkes	BT	2	4	2	14	22	14
3	Poppy Hawkes	J	8	12	13		13	2
3	Poppy Hawkes	SLJ	1.80	1.85	1.88		1.88	4
3	Poppy Hawkes	VJ	40	43	42		43	4
4	Leila Lang	SLJ	1.38	1.55	1.49		1.55	12
5	Abigail Lang	CP	7.00	6.50	6.50		7.00	1
5	Abigail Lang	STJ	4.98	5.02	4.96		5.02	7
6	Eva Thomas	J	7	8	7		8	8
6	Eva Thomas	STJ	5.26	5.28	5.36		5.36	5
7	Fumi	SB	47				47	7=
7	Fumi	VJ	28	33	35		35	12
8	Chantai Appaih	VJ	43	47	48		48	1
9	Latesha Flemming	CP	6.50	6.50	6.50		6.50	3
9	Latesha Flemming	STJ	5.44	5.34	5.25		5.44	4
10	Txe-chin	BT	11	15	15	15	56	4
11	Nicole Chin-Yu Gooth	TT	9	7	3	0	19	2
12	Tanya Wooly	SB	50				50	3=
12	Tanya Wooly	TT	7	4	5	0	16	5

Results Sheet

Obstacle Relay

Competition:

AFIA-London Regional Festival Under 11 Girls

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24 Jan 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	06	Wandsworth	orange	0.0	1:31.6	1:31.6	30.0
2	04	South London Harriers	blue	0.0	1:33.2	1:33.2	28.0
3	02	City of London	yellow	0.0	1:34.7	1:34.7	26.0
4	05	Waltham Forest	purple	0.0	1:35.1	1:35.1	24.0
5	01	Bexley	red	0.0	1:38.9	1:38.9	22.0

Results Sheet

1 + 1 Lap Relay

Competition:

AFIA-London Regional Festival Under 11 Girls

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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	06	Wandsworth	orange	0.0	27.1	27.1	30.0
2	04	South London Harriers	blue	0.0	27.7	27.7	28.0
3	05	Waltham Forest	purple	0.0	28.1	28.1	26.0
4	01	Bexley	red	0.0	30.1	30.1	24.0
5	02	City of London	yellow	0.0	30.4	30.4	22.0

Results Sheet

4 x 1 Lap Relay

Competition:

AFIA-London Regional Festival Under 11 Girls

Venue:

Westcroft Leisure Centre, Sutton

Date

24 Jan 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	05	Waltham Forest	purple	0.0	54.7	54.7	30.0
2	06	Wandsworth	orange	0.0	54.9	54.9	28.0
3	01	Bexley	red	0.0	58.7	58.7	26.0
4	04	South London Harriers	blue	0.0	1:00.1	1:00.1	24.0
5	02	City of London	yellow	0.0	1:00.3	1:00.3	22.0

Results Sheet

6 Lap Paarlauf

Competition:

AFIA-London Regional Festival Under 11 Girls

Venue:

Westcroft Leisure Centre, Sutton

Date

24 Jan 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	05	Waltham Forest	purple	0.0	1:23.1	1:23.1	30.0
2	04	South London Harriers	blue	0.0	1:28.1	1:28.1	28.0
3	06	Wandsworth	orange	0.0	1:30.9	1:30.9	26.0
4	01	Bexley	red	0.0	1:33.3	1:33.3	24.0
5	02	City of London	yellow	0.0	1:37.5	1:37.5	22.0

Results Sheet

Over and Under Relay

Competition:

AFIA-London Regional Festival Under 11 Girls

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24 Jan 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	06	Wandsworth	orange	0.0	1:21.1	1:21.1	30.0
2	05	Waltham Forest	purple	0.0	1:26.9	1:26.9	28.0
3	04	South London Harriers	blue	0.0	1:28.4	1:28.4	26.0
4=	01	Bexley	red	0.0	1:38.0	1:38.0	23.0
4=	02	City of London	yellow	0.0	1:38.0	1:38.0	23.0

Results Sheet

Hurdles Relay

Competition:

AFIA-London Regional Festival Under 11 Girls

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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	06	Wandsworth	orange	0.0	1:03.6	1:03.6	30.0
2	04	South London Harriers	blue	0.0	1:04.0	1:04.0	28.0
3	05	Waltham Forest	purple	0.0	1:04.9	1:04.9	26.0
4	01	Bexley	red	0.0	1:12.5	1:12.5	24.0
5	02	City of London	yellow	0.0	1:15.1	1:15.1	22.0

Results Sheet

Grand Prix

Competition:

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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	05	Waltham Forest	purple	0.0	1:08.7	1:08.7	30.0
2	04	South London Harriers	blue	0.0	1:12.7	1:12.7	28.0
3	06	Wandsworth	orange	0.0	1:12.9	1:12.9	26.0
4	01	Bexley	red	0.0	1:15.1	1:15.1	24.0
5	02	City of London	yellow	0.0	1:21.3	1:21.3	22.0

Results Sheet

Balance Test

Competition:

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Ranking	Team	Colour	Total	Points
1	South London Harriers	blue	153	30
2	Wandsworth	orange	138	28
3	Waltham Forest	purple	124	26
4	Bexley	red	118	24
5	City of London	yellow	100	22

Ranking	Team	Colour	BibNo	Name	Total
1=	Bexley	red	1	Aoife Brown	60
1=	South London Harriers	blue	3	Amy Ayers	60
1=	Wandsworth	orange	2	Emily Papaphotis	60
4	Wandsworth	orange	10	Txe-chin	56
5	South London Harriers	blue	2	Abbie Burrett	53
6	Waltham Forest	purple	10	Shavonti Dill	49
7	Waltham Forest	purple	4	Jazmine Hamilton	44
8	Bexley	red	8	Ellis Mills	41
9	South London Harriers	blue	7	Lucy Weddell	40
10	City of London	yellow	7	Anisah Nsugre	36
11	City of London	yellow	5	Wahive Venius	33
12=	City of London	yellow	3	Jolene Ampiah	31
12=	Waltham Forest	purple	5	Cherelle Simpson-Owosho	31
14	Wandsworth	orange	3	Poppy Hawkes	22
15	Bexley	red	4	Zoe Lewis	17

Results Sheet

Chest Push

Competition:

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Ranking	Team	Colour	Total	Points
1	Wandsworth	orange	13.50	30
2	Waltham Forest	purple	12.00	28
3	Bexley	red	11.50	26
4	South London Harriers	blue	11.00	24
5	City of London	yellow	9.50	22

Ranking	Team	Colour	BibNo	Name	Best
1	Wandsworth	orange	5	Abigail Lang	7.00
2	Bexley	red	8	Ellis Mills	6.75
3	Wandsworth	orange	9	Latesha Flemming	6.50
4	Waltham Forest	purple	3	Jameika Heywood	6.50
5	South London Harriers	blue	6	Kirsty Watt	6.25
6	City of London	yellow	1	Lauric Mackintosh Cargill	5.75
7	Waltham Forest	purple	11	Stephanie Katango	5.50
8	South London Harriers	blue	8	Krista Weddell	4.75
9	Bexley	red	6	Ope Anidada	4.75
10	City of London	yellow	4	Lulu Watuta	3.75

Results Sheet

Javelin

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Ranking	Team	Colour	Total	Points
1	South London Harriers	blue	24	30
2	Waltham Forest	purple	23	28
3	Wandsworth	orange	21	26
4	City of London	yellow	16	24
5	Bexley	red	15	22

Ranking	Team	Colour	BibNo	Name	Best
1	South London Harriers	blue	7	Lucy Weddell	14
2	Wandsworth	orange	3	Poppy Hawkes	13
3	Waltham Forest	purple	6	Elizabeth Berchie	12
4	Waltham Forest	purple	7	Jerry Butler	11
5	Bexley	red	9	Lucy Keedy-Davies	10
6	South London Harriers	blue	14	Emma Doyle	10
7	City of London	yellow	10	Lilis Cross	8
8	Wandsworth	orange	6	Eva Thomas	8
9	City of London	yellow	3	Jolene Ampiah	8
10	Bexley	red	3	Kathleen Etherton	5

Results Sheet

Speed Bounce

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Ranking	Team	Colour	Total	Points
1	Waltham Forest	purple	150	30
2	Wandsworth	orange	148	28
3	South London Harriers	blue	138	26
4	City of London	yellow	123	24
5	Bexley	red	121	22

Ranking	Team	Colour	BibNo	Name	Total
1	Waltham Forest	purple	2	Rochelle Cabey	52
2	Wandsworth	orange	1	Candice Johnson	51
3=	Waltham Forest	purple	3	Jameika Heywood	50
3=	Wandsworth	orange	12	Tanya Wooly	50
5=	South London Harriers	blue	5	Grace Usherwood	48
5=	Waltham Forest	purple	6	Elizabeth Berchie	48
7=	South London Harriers	blue	9	Anna Jones	47
7=	Wandsworth	orange	7	Fumi	47
9=	City of London	yellow	2	Gbemisola Olaosevikan	43
9=	South London Harriers	blue	12	Lohita Allen	43
11	Bexley	red	2	Shania Dodd	41
12=	Bexley	red	1	Aoife Brown	40
12=	Bexley	red	7	Tolu Ali	40
12=	City of London	yellow	1	Lauric Mackintosh Cargill	40
12=	City of London	yellow	9	Lucy Humpheryes	40

Results Sheet

Standing Long Jump

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Ranking	Team	Colour	Total	Points
1	Wandsworth	orange	5.35	30
2	Waltham Forest	purple	5.29	28
3	South London Harriers	blue	5.14	26
4	City of London	yellow	4.51	24
5	Bexley	red	4.34	22

Ranking	Team	Colour	BibNo	Name	Best
1	Waltham Forest	purple	5	Cherelle Simpson-Owosho	2.02
2	South London Harriers	blue	11	Maya Bruney	1.96
3	Wandsworth	orange	1	Candice Johnson	1.92
4	Wandsworth	orange	3	Poppy Hawkes	1.88
5	City of London	yellow	2	Gbemisola Olaosevikan	1.75
6	Waltham Forest	purple	7	Jerry Butler	1.65
7	Bexley	red	7	Tolu Ali	1.64
8	South London Harriers	blue	12	Lohita Allen	1.62
9	Waltham Forest	purple	12	Hyelymi John-Garma	1.62
10	South London Harriers	blue	14	Emma Doyle	1.56
11	Bexley	red	4	Zoe Lewis	1.55
12	Wandsworth	orange	4	Leila Lang	1.55
13	City of London	yellow	7	Anisah Nsugre	1.44
14	City of London	yellow	5	Wahive Venius	1.32
15	Bexley	red	3	Kathleen Etherton	1.15

Results Sheet

Standing Triple Jump

Competition:

AFIA-London Regional Festival Under 11 Girls

Venue:

Westcroft Leisure Centre, Sutton

Date

24 Jan 2009

Ranking	Team	Colour	Total	Points
1	Waltham Forest	purple	17.31	30
2	Wandsworth	orange	15.82	28
3	South London Harriers	blue	14.54	26
4	Bexley	red	12.62	24
5	City of London	yellow	12.40	22

Ranking	Team	Colour	BibNo	Name	Best
1	Waltham Forest	purple	8	Geordan Sammuels	6.08
2	Waltham Forest	purple	4	Jazmine Hamilton	5.64
3	Waltham Forest	purple	2	Rochelle Cabey	5.59
4	Wandsworth	orange	9	Latesha Flemming	5.44
5	Wandsworth	orange	6	Eva Thomas	5.36
6	South London Harriers	blue	1	Holly Clark	5.06
7	Wandsworth	orange	5	Abigail Lang	5.02
8	South London Harriers	blue	5	Grace Usherwood	4.92
9	City of London	yellow	2	Gbemisola Olaosevikan	4.90
10	Bexley	red	11	Celine Dodd	4.78
11	South London Harriers	blue	13	Sian	4.56
12	Bexley	red	10	Emily Watson	3.92
13	Bexley	red	9	Lucy Keedy-Davies	3.92
14	City of London	yellow	3	Jolene Ampiah	3.78
15	City of London	yellow	10	Lilis Cross	3.72

Results Sheet

Target Throw

Competition:

AFIA-London Regional Festival Under 11 Girls

Venue:

Westcroft Leisure Centre, Sutton

Date

24 Jan 2009

Ranking	Team	Colour	Total	Points
1=	Waltham Forest	purple	35	29
1=	Wandsworth	orange	35	29
3	South London Harriers	blue	31	26
4	Bexley	red	23	24
5	City of London	yellow	22	22

Ranking	Team	Colour	BibNo	Name	Total
1	South London Harriers	blue	13	Sian	22
2	Wandsworth	orange	11	Nicole Chin-Yu Gooth	19
3	Waltham Forest	purple	10	Shavonti Dill	18
4	Waltham Forest	purple	12	Hyelymi John-Garma	17
5	Wandsworth	orange	12	Tanya Wooly	16
6	Bexley	red	10	Emily Watson	13
7=	City of London	yellow	7	Anisah Nsugre	11
7=	City of London	yellow	11	Aditi Bhandri	11
9	Bexley	red	5	Kirsty Fisher	10
10	South London Harriers	blue	2	Abbie Burrett	9

Results Sheet

Vertical Jump

Competition:

AFIA-London Regional Festival Under 11 Girls

Venue:

Westcroft Leisure Centre, Sutton

Date

24 Jan 2009

Ranking	Team	Colour	Total	Points
1	Waltham Forest	purple	127	30
2	Wandsworth	orange	126	28
3	Bexley	red	118	26
4	South London Harriers	blue	106	24
5	City of London	yellow	88	22

Ranking	Team	Colour	BibNo	Name	Best
1	Wandsworth	orange	8	Chantai Appaih	48
2	Waltham Forest	purple	1	Maudia Obruneubi	47
3	Bexley	red	2	Shania Dodd	47
4	Wandsworth	orange	3	Poppy Hawkes	43
5	Waltham Forest	purple	11	Stephanie Katango	40
6	Waltham Forest	purple	9	Courtney Reid	40
7	South London Harriers	blue	9	Anna Jones	37
8	Bexley	red	6	Ope Anidada	36
9	City of London	yellow	4	Lulu Watuta	35
10	South London Harriers	blue	14	Emma Doyle	35
11	Bexley	red	1	Aoife Brown	35
12	Wandsworth	orange	7	Fumi	35
13	South London Harriers	blue	6	Kirsty Watt	34
14	City of London	yellow	9	Lucy Humpheryes	27
15	City of London	yellow	6	Nour Sulaiman	26

Hi - Stepper - Girls

Team Colour	Name	Trial		Adjusted Time	Team Total	Position	Points
		Time Taken	Faults				
Red Bexley	Kirsty			17.3	49.4		
	Lucy			16.3			
	Emily			15.8			
Yellow City of London	Nour			16.5	50.9		
	Lillis			17.5			
	Aditi			16.9			
Green Islington Heathside					0.0		
Blue South London Harriers	Maya			16.7	50.0		
	Holly			16.1			
	Rachel			17.2			
Purple Waltham Forest	Muadia			14.7	46.3		
	Geordan			14.4			
	Courtney			17.2			
Orange Wandsworth	Leila			17.7	50.3		
	Chanti			15.8			
	Nicole			16.8			