



Aviva Sportshall UK Championships

Fun in Athletics Festivals 2009-2010

North West Regional Festival
Regional Athletics Arena, Sportcity, Manchester
Sunday 22 November 2009

Cheshire	red
Greater Manchester	yellow
Knowsley	green
Lancashire Blue	blue
Lancashire Purple	purple
Liverpool	orange
St. Helen's	white
Wirral	navy

Skills > Awards > Competition

Eveque


ENGLAND ATHLETICS


AVIVA

Competition Results

Competition:

AFIA-North West Regional Festival Under 11 Girls

Venue:

Sportcity, Manchester

Date

22 Nov 2009

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	GP	HR	MR	BT	CP	J	SB	SLJ	STJ	TT	VJ
1	Cheshire	red	406	28	30	30	30	20	24	20	30	18	26	25	24	20	30	25	26
2	Liverpool	orange	400	30	18	28	24	26	30	20	28	21	30	20	16	28	26	25	30
3	St. Helen's	white	391	25	24	26	28	28	22	30	22	24	22	20	20	26	24	28	22
4	Wirral	navy	387	18	28	22	20	30	28	24	26	21	28	20	20	30	28	16	28
5	Lancashire Blue	blue	367	22	22	20	26	24	20	28	16	28	24	30	28	24	18	19	18
6	Greater Manchester	yellow	361	25	26	16	22	22	26	26	24	26	18	16	30	22	20	22	20
7	Knowsley	green	323	20	20	24	16	18	18	20	18	16	16	25	26	16	16	30	24
8	Lancashire Purple	purple	309	16	16	18	18	16	16	16	20	30	20	28	20	18	22	19	16

Team Results

Cheshire (red)

Competition:

AFIA-North West Regional Festival Under 11 Girls

Venue:

Sportcity, Manchester

Date

22 Nov 2009

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	GP	HR	MR	BT	CP	J	SB	SLJ	STJ	TT	VJ
1	Cheshire	red	406	28	30	30	30	20	24	20	30	18	26	25	24	20	30	25	26
2	Liverpool	orange	400	30	18	28	24	26	30	20	28	21	30	20	16	28	26	25	30
3	St. Helen's	white	391	25	24	26	28	28	22	30	22	24	22	20	20	26	24	28	22
4	Wirral	navy	387	18	28	22	20	30	28	24	26	21	28	20	20	30	28	16	28
5	Lancashire Blue	blue	367	22	22	20	26	24	20	28	16	28	24	30	28	24	18	19	18
6	Greater Manchester	yellow	361	25	26	16	22	22	26	26	24	26	18	16	30	22	20	22	20
7	Knowsley	green	323	20	20	24	16	18	18	20	18	16	16	25	26	16	16	30	24
8	Lancashire Purple	purple	309	16	16	18	18	16	16	16	20	30	20	28	20	18	22	19	16

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Georgia Barlow	SB	41				41	16=
1	Georgia Barlow	VJ	44	44	45		45	7
2	Kelly Chadwick	VJ	42	48	46		48	2
3	Annabel Kitchen	STJ	5.97	6.20	6.22		6.22	1
4	Monique Lathom	STJ	5.44	5.47	5.53		5.53	4
5	Eva Nickerson	CP	5.75	6.00	6.00		6.00	3
5	Eva Nickerson	SLJ	1.63	1.47	1.55		1.63	18
6	Olivia Williams	BT	5	15	15	12	47	15
6	Olivia Williams	J	11	13	12		13	10=
7	Ella Barker	TT	6	2	4	1	13	3=
7	Ella Barker	VJ	33	35	34		35	21
8	Jenny Pyatt	J	15	14	13		15	4
8	Jenny Pyatt	SLJ	1.80	1.74	1.80		1.80	11
9	Cara Gibbons	BT	15	7	15	12	49	13
9	Cara Gibbons	STJ	5.13	4.86	5.02		5.13	13
10	Molly Bell	CP	5.50	5.25	5.75		5.75	6
10	Molly Bell	SLJ	1.60	1.64	1.68		1.68	16
11	Georgia Aston-Massey	SB	48				48	7
11	Georgia Aston-Massey	TT	4	1	2	0	7	14
12	Sophie Baker	BT	15	2	10	7	34	21
12	Sophie Baker	SB	43				43	12=

Team Results

Greater Manchester (yellow)

Competition:

AFIA-North West Regional Festival Under 11 Girls

Venue:

Sportcity, Manchester

Date

22 Nov 2009

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	GP	HR	MR	BT	CP	J	SB	SLJ	STJ	TT	VJ
1	Cheshire	red	406	28	30	30	30	20	24	20	30	18	26	25	24	20	30	25	26
2	Liverpool	orange	400	30	18	28	24	26	30	20	28	21	30	20	16	28	26	25	30
3	St. Helen's	white	391	25	24	26	28	28	22	30	22	24	22	20	20	26	24	28	22
4	Wirral	navy	387	18	28	22	20	30	28	24	26	21	28	20	20	30	28	16	28
5	Lancashire Blue	blue	367	22	22	20	26	24	20	28	16	28	24	30	28	24	18	19	18
6	Greater Manchester	yellow	361	25	26	16	22	22	26	26	24	26	18	16	30	22	20	22	20
7	Knowsley	green	323	20	20	24	16	18	18	20	18	16	16	25	26	16	16	30	24
8	Lancashire Purple	purple	309	16	16	18	18	16	16	16	20	30	20	28	20	18	22	19	16

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Anna Chadbond	J	7	6	6		7	16
1	Anna Chadbond	STJ	5.04	5.10	5.07		5.10	14
2	Lucy Wallwork	BT	15	14	12	13	54	8=
2	Lucy Wallwork	SLJ	1.50	1.52	1.56		1.56	22
4	Lilli Boyle	SLJ	1.76	1.69	1.73		1.76	13
5	Hannah Burrows	BT	15	15	15	15	60	1=
5	Hannah Burrows	CP	4.25	3.75	0.00		4.25	15
6	Emily Evans	J	12	11	8		12	15
6	Emily Evans	SB	52				52	2
6	Emily Evans	SLJ	1.74	1.86	0.00		1.86	7
7	Kate Oakley	SB	40				40	19=
7	Kate Oakley	TT	5	4	0	0	9	9=
8	Imogen Blackburn	CP	4.75	4.75	4.50		4.75	12
8	Imogen Blackburn	VJ	46	44	44		46	4
9	Analese Bedard	VJ	36	39	36		39	16
10	Charlotte Plant	VJ	32	29	31		32	24
11	Elli Robinson	BT	7	10	5	14	36	19=
11	Elli Robinson	STJ	4.21	4.70	4.40		4.70	22
12	Sami Caldwell	STJ	5.05	5.30	5.03		5.30	9
13	Elli Gettinby	SB	50				50	4=
13	Elli Gettinby	TT	5	4	1	0	10	8

Team Results

Knowsley (green)

Competition:

AFIA-North West Regional Festival Under 11 Girls

Venue:

Sportcity, Manchester

Date

22 Nov 2009

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	GP	HR	MR	BT	CP	J	SB	SLJ	STJ	TT	VJ
1	Cheshire	red	406	28	30	30	30	20	24	20	30	18	26	25	24	20	30	25	26
2	Liverpool	orange	400	30	18	28	24	26	30	20	28	21	30	20	16	28	26	25	30
3	St. Helen's	white	391	25	24	26	28	28	22	30	22	24	22	20	20	26	24	28	22
4	Wirral	navy	387	18	28	22	20	30	28	24	26	21	28	20	20	30	28	16	28
5	Lancashire Blue	blue	367	22	22	20	26	24	20	28	16	28	24	30	28	24	18	19	18
6	Greater Manchester	yellow	361	25	26	16	22	22	26	26	24	26	18	16	30	22	20	22	20
7	Knowsley	green	323	20	20	24	16	18	18	20	18	16	16	25	26	16	16	30	24
8	Lancashire Purple	purple	309	16	16	18	18	16	16	16	20	30	20	28	20	18	22	19	16

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Ellie Serrice	SLJ	1.62	1.55	1.46		1.62	20
2	Olivia Sloane	SB	41				41	16=
3	Katie Davies	BT	15	15	15	9	54	8=
3	Katie Davies	VJ	38	40	41		41	14
4	Chloe Boyd	CP	3.25	4.50	0.00		4.50	14
4	Chloe Boyd	STJ	3.85	3.90	0.00		3.90	24
5	Emma Hedley	J	13	14	13		14	6
6	Katie Burke	SLJ	1.73	0.00	1.68		1.73	15
7	Olivia Kelly	TT	6	4	1	2	13	3=
8	Holly Muncey	BT	7	15	15	6	43	16
8	Holly Muncey	TT	6	5	2	1	14	1=
9	Paula Kalungi	VJ	46	44	43		46	5
10	Massie Edwards	SB	53				53	1
10	Massie Edwards	STJ	4.97	5.10	5.24		5.24	10
11	Olivia Barnett	CP	0.00	0.00	4.00		4.00	16
11	Olivia Barnett	SB	43				43	12=
12	Ellie Bracton	VJ	38	35	40		40	15
13	Taylor Shipway	BT	4	6	2	4	16	24
14	Emma Grimsditch	STJ	4.53	4.76	4.75		4.76	20
15	Hanna Mitchell	J	14	14	14		14	5
15	Hanna Mitchell	SLJ	1.58	1.60	1.54		1.60	21

Team Results

Lancashire Blue (blue)

Competition:

AFIA-North West Regional Festival Under 11 Girls

Venue:

Sportcity, Manchester

Date

22 Nov 2009

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	GP	HR	MR	BT	CP	J	SB	SLJ	STJ	TT	VJ
1	Cheshire	red	406	28	30	30	30	20	24	20	30	18	26	25	24	20	30	25	26
2	Liverpool	orange	400	30	18	28	24	26	30	20	28	21	30	20	16	28	26	25	30
3	St. Helen's	white	391	25	24	26	28	28	22	30	22	24	22	20	20	26	24	28	22
4	Wirral	navy	387	18	28	22	20	30	28	24	26	21	28	20	20	30	28	16	28
5	Lancashire Blue	blue	367	22	22	20	26	24	20	28	16	28	24	30	28	24	18	19	18
6	Greater Manchester	yellow	361	25	26	16	22	22	26	26	24	26	18	16	30	22	20	22	20
7	Knowsley	green	323	20	20	24	16	18	18	20	18	16	16	25	26	16	16	30	24
8	Lancashire Purple	purple	309	16	16	18	18	16	16	16	20	30	20	28	20	18	22	19	16

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Maddie Laing	SB	46				46	10=
1	Maddie Laing	VJ	35	35	32		35	20
2	Lucy Keelan	STJ	5.02	5.01	5.10		5.10	15
3	Jessica Rogers	SB	49				49	6
4	Eleanor Graham	J	17	17	17		17	1
4	Eleanor Graham	STJ	5.00	5.10	5.22		5.22	11
5	Rachel McCrae	CP	4.75	5.25	5.50		5.50	9
5	Rachel McCrae	VJ	42	42	42		42	12
6	Ellie Dacre	J	12	14	16		16	2
7	Ellena Wilkinson	SLJ	1.68	1.78	1.82		1.82	10
8	Grace Orrell	CP	5.50	6.00	6.00		6.00	4
8	Grace Orrell	SLJ	1.86	1.79	0.00		1.86	6
9	Massie Vernon	TT	5	4	0	2	11	5=
10	Morgan Angland	BT	15	15	15	15	60	1=
10	Morgan Angland	VJ	39	36	34		39	17
12	May Daily	BT	15	15	15	15	60	1=
12	May Daily	TT	4	1	1	0	6	15=
14	Madeleine Littlewood	BT	10	12	10	4	36	19=
14	Madeleine Littlewood	SLJ	1.47	1.47	1.54		1.54	24
15	Olivia Huyton	SB	46				46	10=
15	Olivia Huyton	STJ	4.20	4.16	4.52		4.52	23

Team Results

Lancashire Purple (purple)

Competition:

AFIA-North West Regional Festival Under 11 Girls

Venue:

Sportcity, Manchester

Date

22 Nov 2009

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	GP	HR	MR	BT	CP	J	SB	SLJ	STJ	TT	VJ
1	Cheshire	red	406	28	30	30	30	20	24	20	30	18	26	25	24	20	30	25	26
2	Liverpool	orange	400	30	18	28	24	26	30	20	28	21	30	20	16	28	26	25	30
3	St. Helen's	white	391	25	24	26	28	28	22	30	22	24	22	20	20	26	24	28	22
4	Wirral	navy	387	18	28	22	20	30	28	24	26	21	28	20	20	30	28	16	28
5	Lancashire Blue	blue	367	22	22	20	26	24	20	28	16	28	24	30	28	24	18	19	18
6	Greater Manchester	yellow	361	25	26	16	22	22	26	26	24	26	18	16	30	22	20	22	20
7	Knowsley	green	323	20	20	24	16	18	18	20	18	16	16	25	26	16	16	30	24
8	Lancashire Purple	purple	309	16	16	18	18	16	16	16	20	30	20	28	20	18	22	19	16

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Holly Keelan	BT	15	15	15	15	60	1=
1	Holly Keelan	VJ	34	34	31		34	22
2	Ellie Cartwright	SB	40				40	19=
2	Ellie Cartwright	TT	5	3	0	0	8	13
3	Rebecca Greenfield	CP	0.00	5.25	4.75		5.25	11
4	Lucy Worsick	SB	47				47	8=
4	Lucy Worsick	STJ	5.51	5.38	5.50		5.51	5
5	Annie Warsick	VJ	34	36	33		36	19
6	Rerbecca Chatwin	SB	43				43	12=
6	Rerbecca Chatwin	STJ	4.30	4.71	4.52		4.71	21
7	Charlotte Daley	CP	4.50	4.00	4.25		4.50	13
7	Charlotte Daley	STJ	4.80	5.06	4.99		5.06	17
8	Isobel Dean	J	12	14	12		14	8
9	Olivia Hough	J	13	15	15		15	3
10	Molly Gowland	SLJ	1.58	1.59	1.62		1.62	19
11	Natalie Armstrong	SLJ	1.58	1.56	1.65		1.65	17
11	Natalie Armstrong	TT	3	3	1	2	9	9=
12	Holly Ribchester	BT	15	15	15	15	60	1=
12	Holly Ribchester	VJ	34	34	30		34	23
13	Bailey Thompson	BT	15	9	15	15	54	8=
13	Bailey Thompson	SLJ	1.73	1.75	0.00		1.75	14

Team Results

Liverpool (orange)

Competition:

AFIA-North West Regional Festival Under 11 Girls

Venue:

Sportcity, Manchester

Date

22 Nov 2009

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	GP	HR	MR	BT	CP	J	SB	SLJ	STJ	TT	VJ
1	Cheshire	red	406	28	30	30	30	20	24	20	30	18	26	25	24	20	30	25	26
2	Liverpool	orange	400	30	18	28	24	26	30	20	28	21	30	20	16	28	26	25	30
3	St. Helen's	white	391	25	24	26	28	28	22	30	22	24	22	20	20	26	24	28	22
4	Wirral	navy	387	18	28	22	20	30	28	24	26	21	28	20	20	30	28	16	28
5	Lancashire Blue	blue	367	22	22	20	26	24	20	28	16	28	24	30	28	24	18	19	18
6	Greater Manchester	yellow	361	25	26	16	22	22	26	26	24	26	18	16	30	22	20	22	20
7	Knowsley	green	323	20	20	24	16	18	18	20	18	16	16	25	26	16	16	30	24
8	Lancashire Purple	purple	309	16	16	18	18	16	16	16	20	30	20	28	20	18	22	19	16

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Tashelle Binns	CP	6.00	4.50	0.00		6.00	5
1	Tashelle Binns	STJ	5.02	4.92	5.06		5.06	16
2	Emily Carnall	TT	5	3	1	0	9	9=
3	Niamh Caveney	VJ	46	47	48		48	1
4	Jessica Clayton	J	12	11	12		12	13
4	Jessica Clayton	STJ	4.94	4.91	4.94		4.94	18
5	McKenzie Cornish	SB	39				39	22
6	Charlotte Connell	BT	3	3	1	12	19	23
7	Caitlin Johnson	BT	11	15	13	15	54	8=
7	Caitlin Johnson	SLJ	1.72	1.78	1.85		1.85	9
8	Ellie Lehmann	STJ	5.46	5.20	5.33		5.46	6
9	Orla McQillian Bridson	SB	35				35	24
10	Janice Ndlovu	SB	50				50	4=
10	Janice Ndlovu	VJ	48	44	45		48	3
11	Abbie Oliver	SLJ	1.76	1.72	1.78		1.78	12
12	Berth O'Shaughnessy	CP	6.50	6.50	6.50		6.50	1
12	Berth O'Shaughnessy	VJ	36	42	42		42	13
13	Abbey Reid	J	8	13	14		14	7
14	Anna Rowe	BT	15	15	15	15	60	1=
14	Anna Rowe	SLJ	1.96	2.04	2.00		2.04	1
15	Katie Thomas	TT	5	2	3	1	11	5=

Team Results

St. Helen's (white)

Competition:

AFIA-North West Regional Festival Under 11 Girls

Venue:

Sportcity, Manchester

Date

22 Nov 2009

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	GP	HR	MR	BT	CP	J	SB	SLJ	STJ	TT	VJ
1	Cheshire	red	406	28	30	30	30	20	24	20	30	18	26	25	24	20	30	25	26
2	Liverpool	orange	400	30	18	28	24	26	30	20	28	21	30	20	16	28	26	25	30
3	St. Helen's	white	391	25	24	26	28	28	22	30	22	24	22	20	20	26	24	28	22
4	Wirral	navy	387	18	28	22	20	30	28	24	26	21	28	20	20	30	28	16	28
5	Lancashire Blue	blue	367	22	22	20	26	24	20	28	16	28	24	30	28	24	18	19	18
6	Greater Manchester	yellow	361	25	26	16	22	22	26	26	24	26	18	16	30	22	20	22	20
7	Knowsley	green	323	20	20	24	16	18	18	20	18	16	16	25	26	16	16	30	24
8	Lancashire Purple	purple	309	16	16	18	18	16	16	16	20	30	20	28	20	18	22	19	16

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Chloe Laurenson	STJ	5.02	5.05	5.31		5.31	8
2	Ellie-May Dodgson	SB	41				41	16=
2	Ellie-May Dodgson	VJ	42	44	43		44	9
3	Georgia Francis	SB	51				51	3
3	Georgia Francis	SLJ	0.00	1.54	1.50		1.54	23
4	Rebecca Smith	SLJ	1.83	1.82	1.85		1.85	8
6	Katie Lee	SB	38				38	23
6	Katie Lee	TT	6	3	2	3	14	1=
7	Caitlin Doward	BT	15	15	3	15	48	14
7	Caitlin Doward	TT	5	4	2	0	11	5=
8	Jessica Leonard	CP	5.50	5.25	5.00		5.50	8
8	Jessica Leonard	SLJ	1.86	1.85	1.94		1.94	3
9	Heather Douse	J	12	11	9		12	14
9	Heather Douse	VJ	38	38	38		38	18
10	Ella Barton	STJ	5.08	0.00	5.15		5.15	12
11	Bliss Worsley	BT	11	15	5	6	37	18
12	Chloe Stubbs	J	8	12	14		14	9
12	Chloe Stubbs	VJ	43	43	40		43	11
13	Claire Ellis	CP	0.00	5.50	0.00		5.50	10
14	Laura Rainford	BT	11	15	14	14	54	8=
14	Laura Rainford	STJ	4.83	4.61	4.84		4.84	19

Team Results

Wirral (navy)

Competition:

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Venue:

Sportcity, Manchester

Date

22 Nov 2009

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	GP	HR	MR	BT	CP	J	SB	SLJ	STJ	TT	VJ
1	Cheshire	red	406	28	30	30	30	20	24	20	30	18	26	25	24	20	30	25	26
2	Liverpool	orange	400	30	18	28	24	26	30	20	28	21	30	20	16	28	26	25	30
3	St. Helen's	white	391	25	24	26	28	28	22	30	22	24	22	20	20	26	24	28	22
4	Wirral	navy	387	18	28	22	20	30	28	24	26	21	28	20	20	30	28	16	28
5	Lancashire Blue	blue	367	22	22	20	26	24	20	28	16	28	24	30	28	24	18	19	18
6	Greater Manchester	yellow	361	25	26	16	22	22	26	26	24	26	18	16	30	22	20	22	20
7	Knowsley	green	323	20	20	24	16	18	18	20	18	16	16	25	26	16	16	30	24
8	Lancashire Purple	purple	309	16	16	18	18	16	16	16	20	30	20	28	20	18	22	19	16

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Emily Brown	TT	4	4	0	1	9	9=
1	Emily Brown	VJ	42	44	39		44	10
2	Emily Darroch	SLJ	1.90	1.90	1.98		1.98	2
3	Suzie Roberts	SB	40				40	19=
3	Suzie Roberts	SLJ	1.85	1.85	1.93		1.93	4
4	Rachel Hughes	VJ	44	42	45		45	8
5	Alex Collins	SB	43				43	12=
5	Alex Collins	STJ	5.15	5.40	5.10		5.40	7
6	Connie Sturgess	BT	2	9	15	15	41	17
6	Connie Sturgess	STJ	5.48	5.60	5.52		5.60	3
7	Holly Gollins	BT	11	5	2	14	32	22
7	Holly Gollins	J	11	12	13		13	10=
8	Molly Thompson	CP	0.00	5.25	5.75		5.75	7
8	Molly Thompson	STJ	5.48	5.73	5.68		5.73	2
9	Beth Foster	SLJ	1.84	1.85	1.86		1.86	5
9	Beth Foster	TT	3	3	0	0	6	15=
11	Olivia Gibson	CP	5.50	5.75	6.25		6.25	2
12	Megan Duncan	J	11	12	13		13	10=
13	Olivia Carr	VJ	44	46	40		46	6
14	Katie Farrell	SB	47				47	8=
15	Hannah Naylor	BT	15	15	15	15	60	1=

Results Sheet

Obstacle Relay

Competition:

AFIA-North West Regional Festival Under 11 Girls

Venue:

Sportcity, Manchester

Date

22 Nov 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	06	Liverpool	orange	1:17.7	0.0	1:17.7	30.0
2	01	Cheshire	red	1:20.8	0.0	1:20.8	28.0
3=	02	Greater Manchester	yellow	1:21.8	0.0	1:21.8	25.0
3=	07	St. Helen's	white	1:21.8	0.0	1:21.8	25.0
5	04	Lancashire Blue	blue	1:23.0	0.0	1:23.0	22.0
6	03	Knowsley	green	1:23.8	0.0	1:23.8	20.0
7	08	Wirral	navy	1:26.1	0.0	1:26.1	18.0
8	05	Lancashire Purple	purple	1:27.6	0.0	1:27.6	16.0

Results Sheet

1 + 1 Lap Relay

Competition:

AFIA-North West Regional Festival Under 11 Girls

Venue:

Sportcity, Manchester

Date

22 Nov 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Cheshire	red	23.1	0.0	23.1	30.0
2	08	Wirral	navy	23.3	0.0	23.3	28.0
3	02	Greater Manchester	yellow	23.8	0.0	23.8	26.0
4	07	St. Helen's	white	23.9	0.0	23.9	24.0
5	04	Lancashire Blue	blue	24.1	0.0	24.1	22.0
6	03	Knowsley	green	24.6	0.0	24.6	20.0
7	06	Liverpool	orange	25.5	0.0	25.5	18.0
8	05	Lancashire Purple	purple	26.1	0.0	26.1	16.0

Results Sheet

4 x 1 Lap Relay

Competition:

AFIA-North West Regional Festival Under 11 Girls

Venue:

Sportcity, Manchester

Date

22 Nov 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Cheshire	red	45.3	0.0	45.3	30.0
2	06	Liverpool	orange	47.8	0.0	47.8	28.0
3	07	St. Helen's	white	47.9	0.0	47.9	26.0
4	03	Knowsley	green	48.3	0.0	48.3	24.0
5	08	Wirral	navy	48.8	0.0	48.8	22.0
6	04	Lancashire Blue	blue	50.8	0.0	50.8	20.0
7	05	Lancashire Purple	purple	51.9	0.0	51.9	18.0
8	02	Greater Manchester	yellow	53.8	0.0	53.8	16.0

Results Sheet

6 Lap Paarlauf

Competition:

AFIA-North West Regional Festival Under 11 Girls

Venue:

Sportcity, Manchester

Date

22 Nov 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Cheshire	red	1:10.2	0.0	1:10.2	30.0
2	07	St. Helen's	white	1:11.4	0.0	1:11.4	28.0
3	04	Lancashire Blue	blue	1:13.0	0.0	1:13.0	26.0
4	06	Liverpool	orange	1:13.4	0.0	1:13.4	24.0
5	02	Greater Manchester	yellow	1:14.4	0.0	1:14.4	22.0
6	08	Wirral	navy	1:15.2	0.0	1:15.2	20.0
7	05	Lancashire Purple	purple	1:17.3	0.0	1:17.3	18.0
8	03	Knowsley	green	1:19.7	0.0	1:19.7	16.0

Results Sheet

Over and Under Relay

Competition:

AFIA-North West Regional Festival Under 11 Girls

Venue:

Sportcity, Manchester

Date

22 Nov 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	08	Wirral	navy	1:08.1	0.0	1:08.1	30.0
2	07	St. Helen's	white	1:11.0	0.0	1:11.0	28.0
3	06	Liverpool	orange	1:11.2	0.0	1:11.2	26.0
4	04	Lancashire Blue	blue	1:12.2	0.0	1:12.2	24.0
5	02	Greater Manchester	yellow	1:12.5	0.0	1:12.5	22.0
6	01	Cheshire	red	1:14.5	0.0	1:14.5	20.0
7	03	Knowsley	green	1:14.8	0.0	1:14.8	18.0
8	05	Lancashire Purple	purple	1:15.4	0.0	1:15.4	16.0

Results Sheet

Grand Prix

Competition:

AFIA-North West Regional Festival Under 11 Girls

Venue:

Sportcity, Manchester

Date

22 Nov 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	06	Liverpool	orange	1:00.2	0.0	1:00.2	30.0
2	08	Wirral	navy	1:00.7	0.0	1:00.7	28.0
3	02	Greater Manchester	yellow	1:01.9	0.0	1:01.9	26.0
4	01	Cheshire	red	1:03.1	0.0	1:03.1	24.0
5	07	St. Helen's	white	1:04.1	0.0	1:04.1	22.0
6	04	Lancashire Blue	blue	1:06.7	0.0	1:06.7	20.0
7	03	Knowsley	green	1:06.9	0.0	1:06.9	18.0
8	05	Lancashire Purple	purple	1:09.5	0.0	1:09.5	16.0

Results Sheet

Hurdles Relay

Competition:

AFIA-North West Regional Festival Under 11 Girls

Venue:

Sportcity, Manchester

Date

22 Nov 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	07	St. Helen's	white	55.2	0.0	55.2	30.0
2	04	Lancashire Blue	blue	55.7	0.0	55.7	28.0
3	02	Greater Manchester	yellow	56.9	0.0	56.9	26.0
4	08	Wirral	navy	57.7	0.0	57.7	24.0
5=	01	Cheshire	red	59.9	0.0	59.9	20.0
5=	03	Knowsley	green	59.9	0.0	59.9	20.0
5=	06	Liverpool	orange	59.9	0.0	59.9	20.0
8	05	Lancashire Purple	purple	1:01.6	0.0	1:01.6	16.0

Results Sheet

Balance Test

Competition:

AFIA-North West Regional Festival Under 11 Girls

Venue:

Sportcity, Manchester

Date

22 Nov 2009

Ranking	Team	Colour	Total	Points
1	Lancashire Purple	purple	174	30
2	Lancashire Blue	blue	156	28
3	Greater Manchester	yellow	150	26
4	St. Helen's	white	139	24
5=	Liverpool	orange	133	21
5=	Wirral	navy	133	21
7	Cheshire	red	130	18
8	Knowsley	green	113	16

Ranking	Team	Colour	BibNo	Name	Total
1=	Greater Manchester	yellow	5	Hannah Burrows	60
1=	Lancashire Blue	blue	10	Morgan England	60
1=	Lancashire Blue	blue	12	May Daily	60
1=	Lancashire Purple	purple	1	Holly Keelan	60
1=	Lancashire Purple	purple	12	Holly Ribchester	60
1=	Liverpool	orange	14	Anna Rowe	60
1=	Wirral	navy	15	Hannah Naylor	60
8=	Greater Manchester	yellow	2	Lucy Wallwork	54
8=	Knowsley	green	3	Katie Davies	54
8=	Lancashire Purple	purple	13	Bailey Thompson	54
8=	Liverpool	orange	7	Caitlin Johnson	54
8=	St. Helen's	white	14	Laura Rainford	54
13	Cheshire	red	9	Cara Gibbons	49
14	St. Helen's	white	7	Caitlin Doward	48
15	Cheshire	red	6	Olivia Williams	47
16	Knowsley	green	8	Holly Muncey	43
17	Wirral	navy	6	Connie Sturgess	41
18	St. Helen's	white	11	Bliss Worsley	37
19=	Greater Manchester	yellow	11	Elli Robinson	36
19=	Lancashire Blue	blue	14	Madeleine Littlewood	36
21	Cheshire	red	12	Sophie Baker	34
22	Wirral	navy	7	Holly Gollins	32
23	Liverpool	orange	6	Charlotte Connell	19
24	Knowsley	green	13	Taylor Shipway	16

Results Sheet

Chest Push

Competition:

AFIA-North West Regional Festival Under 11 Girls

Venue:

Sportcity, Manchester

Date

22 Nov 2009

Ranking	Team	Colour	Total	Points
1	Liverpool	orange	12.50	30
2	Wirral	navy	12.00	28
3	Cheshire	red	11.75	26
4	Lancashire Blue	blue	11.50	24
5	St. Helen's	white	11.00	22
6	Lancashire Purple	purple	9.75	20
7	Greater Manchester	yellow	9.00	18
8	Knowsley	green	8.50	16

Ranking	Team	Colour	BibNo	Name	Best
1	Liverpool	orange	12	Berth O'Shaughnessy	6.50
2	Wirral	navy	11	Olivia Gibson	6.25
3	Cheshire	red	5	Eva Nickerson	6.00
4	Lancashire Blue	blue	8	Grace Orrell	6.00
5	Liverpool	orange	1	Tashelle Binns	6.00
6	Cheshire	red	10	Molly Bell	5.75
7	Wirral	navy	8	Molly Thompson	5.75
8	St. Helen's	white	8	Jessica Leonard	5.50
9	Lancashire Blue	blue	5	Rachel McCrae	5.50
10	St. Helen's	white	13	Claire Ellis	5.50
11	Lancashire Purple	purple	3	Rebecca Greenfield	5.25
12	Greater Manchester	yellow	8	Imogen Blackburn	4.75
13	Lancashire Purple	purple	7	Charlotte Daley	4.50
14	Knowsley	green	4	Chloe Boyd	4.50
15	Greater Manchester	yellow	5	Hannah Burrows	4.25
16	Knowsley	green	11	Olivia Barnett	4.00

Results Sheet

Javelin

Competition:

AFIA-North West Regional Festival Under 11 Girls

Venue:

Sportcity, Manchester

Date

22 Nov 2009

Ranking	Team	Colour	Total	Points
1	Lancashire Blue	blue	33	30
2	Lancashire Purple	purple	29	28
3=	Cheshire	red	28	25
3=	Knowsley	green	28	25
5=	Liverpool	orange	26	20
5=	St. Helen's	white	26	20
5=	Wirral	navy	26	20
8	Greater Manchester	yellow	19	16

Ranking	Team	Colour	BibNo	Name	Best
1	Lancashire Blue	blue	4	Eleanor Graham	17
2	Lancashire Blue	blue	6	Ellie Dacre	16
3	Lancashire Purple	purple	9	Olivia Hough	15
4	Cheshire	red	8	Jenny Pyatt	15
5	Knowsley	green	15	Hanna Mitchell	14
6	Knowsley	green	5	Emma Hedley	14
7	Liverpool	orange	13	Abbey Reid	14
8	Lancashire Purple	purple	8	Isobel Dean	14
9	St. Helen's	white	12	Chloe Stubbs	14
10=	Cheshire	red	6	Olivia Williams	13
10=	Wirral	navy	7	Holly Gollins	13
10=	Wirral	navy	12	Megan Duncan	13
13	Liverpool	orange	4	Jessica Clayton	12
14	St. Helen's	white	9	Heather Douse	12
15	Greater Manchester	yellow	6	Emily Evans	12
16	Greater Manchester	yellow	1	Anna Chadbond	7

Results Sheet

Speed Bounce

Competition:

AFIA-North West Regional Festival Under 11 Girls

Venue:

Sportcity, Manchester

Date

22 Nov 2009

Ranking	Team	Colour	Total	Points
1	Greater Manchester	yellow	142	30
2	Lancashire Blue	blue	141	28
3	Knowsley	green	137	26
4	Cheshire	red	132	24
5=	Lancashire Purple	purple	130	20
5=	St. Helen's	white	130	20
5=	Wirral	navy	130	20
8	Liverpool	orange	124	16

Ranking	Team	Colour	BibNo	Name	Total
1	Knowsley	green	10	Massie Edwards	53
2	Greater Manchester	yellow	6	Emily Evans	52
3	St. Helen's	white	3	Georgia Francis	51
4=	Greater Manchester	yellow	13	Elli Gettinby	50
4=	Liverpool	orange	10	Janice Ndlovu	50
6	Lancashire Blue	blue	3	Jessica Rogers	49
7	Cheshire	red	11	Georgia Aston-Massey	48
8=	Lancashire Purple	purple	4	Lucy Worsick	47
8=	Wirral	navy	14	Katie Farrell	47
10=	Lancashire Blue	blue	1	Maddie Laing	46
10=	Lancashire Blue	blue	15	Olivia Huyton	46
12=	Cheshire	red	12	Sophie Baker	43
12=	Knowsley	green	11	Olivia Barnett	43
12=	Lancashire Purple	purple	6	Rerbecca Chatwin	43
12=	Wirral	navy	5	Alex Collins	43
16=	Cheshire	red	1	Georgia Barlow	41
16=	Knowsley	green	2	Olivia Sloane	41
16=	St. Helen's	white	2	Ellie-May Dodgson	41
19=	Greater Manchester	yellow	7	Kate Oakley	40
19=	Lancashire Purple	purple	2	Ellie Cartwright	40
19=	Wirral	navy	3	Suzie Roberts	40
22	Liverpool	orange	5	McKenzie Cornish	39
23	St. Helen's	white	6	Katie Lee	38
24	Liverpool	orange	9	Orla McQillian Bridson	35

Results Sheet

Standing Long Jump

Competition:

AFIA-North West Regional Festival Under 11 Girls

Venue:

Sportcity, Manchester

Date

22 Nov 2009

Ranking	Team	Colour	Total	Points
1	Wirral	navy	5.77	30
2	Liverpool	orange	5.67	28
3	St. Helen's	white	5.33	26
4	Lancashire Blue	blue	5.22	24
5	Greater Manchester	yellow	5.18	22
6	Cheshire	red	5.11	20
7	Lancashire Purple	purple	5.02	18
8	Knowsley	green	4.95	16

Ranking	Team	Colour	BibNo	Name	Best
1	Liverpool	orange	14	Anna Rowe	2.04
2	Wirral	navy	2	Emily Darroch	1.98
3	St. Helen's	white	8	Jessica Leonard	1.94
4	Wirral	navy	3	Suzie Roberts	1.93
5	Wirral	navy	9	Beth Foster	1.86
6	Lancashire Blue	blue	8	Grace Orrell	1.86
7	Greater Manchester	yellow	6	Emily Evans	1.86
8	St. Helen's	white	4	Rebecca Smith	1.85
9	Liverpool	orange	7	Caitlin Johnson	1.85
10	Lancashire Blue	blue	7	Ellena Wilkinson	1.82
11	Cheshire	red	8	Jenny Pyatt	1.80
12	Liverpool	orange	11	Abbie Oliver	1.78
13	Greater Manchester	yellow	4	Lilli Boyle	1.76
14	Lancashire Purple	purple	13	Bailey Thompson	1.75
15	Knowsley	green	6	Katie Burke	1.73
16	Cheshire	red	10	Molly Bell	1.68
17	Lancashire Purple	purple	11	Natalie Armstrong	1.65
18	Cheshire	red	5	Eva Nickerson	1.63
19	Lancashire Purple	purple	10	Molly Gowland	1.62
20	Knowsley	green	1	Ellie Serrice	1.62
21	Knowsley	green	15	Hanna Mitchell	1.60
22	Greater Manchester	yellow	2	Lucy Wallwork	1.56
23	St. Helen's	white	3	Georgia Francis	1.54
24	Lancashire Blue	blue	14	Madeleine Littlewood	1.54

Results Sheet

Standing Triple Jump

Competition:

AFIA-North West Regional Festival Under 11 Girls

Venue:

Sportcity, Manchester

Date

22 Nov 2009

Ranking	Team	Colour	Total	Points
1	Cheshire	red	16.88	30
2	Wirral	navy	16.73	28
3	Liverpool	orange	15.46	26
4	St. Helen's	white	15.30	24
5	Lancashire Purple	purple	15.28	22
6	Greater Manchester	yellow	15.10	20
7	Lancashire Blue	blue	14.84	18
8	Knowsley	green	13.90	16

Ranking	Team	Colour	BibNo	Name	Best
1	Cheshire	red	3	Annabel Kitchen	6.22
2	Wirral	navy	8	Molly Thompson	5.73
3	Wirral	navy	6	Connie Sturgess	5.60
4	Cheshire	red	4	Monique Lathom	5.53
5	Lancashire Purple	purple	4	Lucy Worsick	5.51
6	Liverpool	orange	8	Ellie Lehmann	5.46
7	Wirral	navy	5	Alex Collins	5.40
8	St. Helen's	white	1	Chloe Laurenson	5.31
9	Greater Manchester	yellow	12	Sami Caldwell	5.30
10	Knowsley	green	10	Massie Edwards	5.24
11	Lancashire Blue	blue	4	Eleanor Graham	5.22
12	St. Helen's	white	10	Ella Barton	5.15
13	Cheshire	red	9	Cara Gibbons	5.13
14	Greater Manchester	yellow	1	Anna Chadbond	5.10
15	Lancashire Blue	blue	2	Lucy Keelan	5.10
16	Liverpool	orange	1	Tashelle Binns	5.06
17	Lancashire Purple	purple	7	Charlotte Daley	5.06
18	Liverpool	orange	4	Jessica Clayton	4.94
19	St. Helen's	white	14	Laura Rainford	4.84
20	Knowsley	green	14	Emma Grimsditch	4.76
21	Lancashire Purple	purple	6	Rerbecca Chatwin	4.71
22	Greater Manchester	yellow	11	Elli Robinson	4.70
23	Lancashire Blue	blue	15	Olivia Huyton	4.52
24	Knowsley	green	4	Chloe Boyd	3.90

Results Sheet

Target Throw

Competition:

AFIA-North West Regional Festival Under 11 Girls

Venue:

Sportcity, Manchester

Date

22 Nov 2009

Ranking	Team	Colour	Total	Points
1	Knowsley	green	27	30
2	St. Helen's	white	25	28
3=	Cheshire	red	20	25
3=	Liverpool	orange	20	25
5	Greater Manchester	yellow	19	22
6=	Lancashire Blue	blue	17	19
6=	Lancashire Purple	purple	17	19
8	Wirral	navy	15	16

Ranking	Team	Colour	BibNo	Name	Total
1=	Knowsley	green	8	Holly Muncey	14
1=	St. Helen's	white	6	Katie Lee	14
3=	Cheshire	red	7	Ella Barker	13
3=	Knowsley	green	7	Olivia Kelly	13
5=	Lancashire Blue	blue	9	Massie Vernon	11
5=	Liverpool	orange	15	Katie Thomas	11
5=	St. Helen's	white	7	Caitlin Doward	11
8	Greater Manchester	yellow	13	Elli Gettinby	10
9=	Greater Manchester	yellow	7	Kate Oakley	9
9=	Lancashire Purple	purple	11	Natalie Armstrong	9
9=	Liverpool	orange	2	Emily Carnall	9
9=	Wirral	navy	1	Emily Brown	9
13	Lancashire Purple	purple	2	Ellie Cartwright	8
14	Cheshire	red	11	Georgia Aston-Massey	7
15=	Lancashire Blue	blue	12	May Daily	6
15=	Wirral	navy	9	Beth Foster	6

Results Sheet

Vertical Jump

Competition:

AFIA-North West Regional Festival Under 11 Girls

Venue:

Sportcity, Manchester

Date

22 Nov 2009

Ranking	Team	Colour	Total	Points
1	Liverpool	orange	138	30
2	Wirral	navy	135	28
3	Cheshire	red	128	26
4	Knowsley	green	127	24
5	St. Helen's	white	125	22
6	Greater Manchester	yellow	117	20
7	Lancashire Blue	blue	116	18
8	Lancashire Purple	purple	104	16

Ranking	Team	Colour	BibNo	Name	Best
1	Liverpool	orange	3	Niamh Caveney	48
2	Cheshire	red	2	Kelly Chadwick	48
3	Liverpool	orange	10	Janice Ndlovu	48
4	Greater Manchester	yellow	8	Imogen Blackburn	46
5	Knowsley	green	9	Paula Kalungi	46
6	Wirral	navy	13	Olivia Carr	46
7	Cheshire	red	1	Georgia Barlow	45
8	Wirral	navy	4	Rachel Hughes	45
9	St. Helen's	white	2	Ellie-May Dodgson	44
10	Wirral	navy	1	Emily Brown	44
11	St. Helen's	white	12	Chloe Stubbs	43
12	Lancashire Blue	blue	5	Rachel McCrae	42
13	Liverpool	orange	12	Berth O'Shaughnessy	42
14	Knowsley	green	3	Katie Davies	41
15	Knowsley	green	12	Ellie Bracton	40
16	Greater Manchester	yellow	9	Analese Bedard	39
17	Lancashire Blue	blue	10	Morgan Angland	39
18	St. Helen's	white	9	Heather Douse	38
19	Lancashire Purple	purple	5	Annie Warsick	36
20	Lancashire Blue	blue	1	Maddie Laing	35
21	Cheshire	red	7	Ella Barker	35
22	Lancashire Purple	purple	1	Holly Keelan	34
23	Lancashire Purple	purple	12	Holly Ribchester	34
24	Greater Manchester	yellow	10	Charlotte Plant	32

Hi - Stepper - Girls

Team Colour	Name	Trial		Adjusted Time	Team Total	Position	Points
		Time Taken	Faults				
Red	Monique Lathom	14.9		14.9	42.4	1	30
	Annabel Kitchen	14.3		14.3			
	Kelly Chadwick	13.2		13.2			
Yellow	Lilli Boyle	14.4		14.4	44.3	4	24
	Charlotte Plant	14.4		14.4			
	Analese Bedard	15.5		15.5			
Green	Emma Healy	18.4		18.4	48.3	7	18
	Paula Kalungi	15.5		15.5			
	Ellie Brereton	14.4		14.4			
Blue	Ellie Dacre	13.6		13.6	50.7	8	16
	Libby Angland	19.7		19.7			
	Annie Lindsay	17.4		17.4			
Purple	Rebecca Greenfield	14.8		14.8	47.3	6	20
	Isobel Dean	16.7		16.7			
	Molly Gowland	15.8		15.8			
Orange	Niamh Caveney	14.5		14.5	42.5	2	28
	Ellie Lehmann	13.3		13.3			
	Katie Thomas	14.7		14.7			
White	Chloe Laurenson	14.6		14.6	46.2	5	22
	Rebecca Smith	16.7		16.7			
	Ella Barton	14.9		14.9			
Navy	Emily Darrock	13.7		13.7	42.6	3	26
	Megan Duncan	15.0		15.0			
	Libby Gibson	13.9		13.9			