

**NORWICH UNION**

**sports:hall**

# NORWICH UNION sports:hall Under 11 Girls Fun in Athletics

## North West Regional Regional Athletics Arena, Sportcity Sunday 27 November 2005

### Team Results

Cheshire Jaguars  
Cheshire Lynx  
Greater Manchester  
Knowsley  
Lancashire Lions  
Lancashire Tigers  
Liverpool  
Sefton  
St. Helen's  
Wirral

### Track Results

Obstacle Relay  
1 + 1 Lap Relay  
4 x 1 Lap Relay  
6 Lap Paarlaf  
Over and Under Relay  
4 x 1 Lap Hurdles Relay  
Grand Prix

### Field Results

Balance Test  
Chest Push  
Javelin  
Sitting Throw  
Speed Bounce  
Standing Long Jump  
Standing Triple Jump  
Target Throw  
Vertical Jump



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**For more information go to [www.sportshall.org](http://www.sportshall.org)**

# Competition Results

## Competition:

NUFIA-North West Regional Under 11 Girls

## Venue:

Regional Athletics Arena, Sportcity

## Date

27 Nov 2005

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	4x1H	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	St. Helen's	maroon	423	30	27	18	30	26	25	28	25	30	28	30	30	30	30	16	20
2	Liverpool	sky	413	28	30	27	26	29	25	24	20	20	24	28	26	22	28	28	28
3	Wirral	navy	354	16	14	16	14	24	28	30	28	27	26	25	16	26	22	16	26
4	Cheshire Jaguars	red	353	22	24	27	23	29	14	21	22	23	18	16	28	20	26	26	14
5	Cheshire Lynx	yellow	337	20	27	22	28	22	19	16	17	27	13	14	21	24	24	21	22
6	Greater Manchester	green	322	25	19	27	12	20	30	14	13	18	18	12	12	28	20	30	24
7	Lancashire Tigers	orange	321	25	16	20	23	18	12	21	25	14	22	20	21	16	14	24	30
8	Knowsley	blue	289	18	12	27	20	12	19	26	13	23	18	22	18	12	12	21	16
9	Sefton	white	280	14	19	12	16	16	22	18	17	16	30	18	24	18	16	12	12
10	Lancashire Lions	purple	268	12	22	14	18	14	16	12	30	12	13	25	14	14	18	16	18

# Team Results

# Cheshire Jaguars (red)

## Competition:

NUFIA-North West Regional Under 11 Girls

## Venue:

Regional Athletics Arena, Sportcity

## Date

27 Nov 2005

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	4x1H	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	St. Helen's	maroon	423	30	27	18	30	26	25	28	25	30	28	30	30	30	30	16	20
2	Liverpool	sky	413	28	30	27	26	29	25	24	20	20	24	28	26	22	28	28	28
3	Wirral	navy	354	16	14	16	14	24	28	30	28	27	26	25	16	26	22	16	26
4	Cheshire Jaguars	red	353	22	24	27	23	29	14	21	22	23	18	16	28	20	26	26	14
5	Cheshire Lynx	yellow	337	20	27	22	28	22	19	16	17	27	13	14	21	24	24	21	22
6	Greater Manchester	green	322	25	19	27	12	20	30	14	13	18	18	12	12	28	20	30	24
7	Lancashire Tigers	orange	321	25	16	20	23	18	12	21	25	14	22	20	21	16	14	24	30
8	Knowsley	blue	289	18	12	27	20	12	19	26	13	23	18	22	18	12	12	21	16
9	Sefton	white	280	14	19	12	16	16	22	18	17	16	30	18	24	18	16	12	12
10	Lancashire Lions	purple	268	12	22	14	18	14	16	12	30	12	13	25	14	14	18	16	18

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Alice McMahan	BT	10	10	6	7	33	21
1	Alice McMahan	SLJ	1.76	0.00	1.78		1.78	17=
2	Caitlin Hayes	SLJ	1.70	1.77	1.69		1.77	20
2	Caitlin Hayes	TT	8	2	5	2	17	3=
3	Heather Beeton	ST	5.25	5.00	6.50		6.50	14
3	Heather Beeton	VJ	32	33	33		33	28
4	Francesca Wright	STJ	5.20	5.23	4.51		5.23	13
5	Kelly Baker	ST	5.25	4.50	6.25		6.25	16
5	Kelly Baker	SB	53				53	5=
6	Clara Boothby	CP	5.00	4.00	0.00		5.00	13
6	Clara Boothby	STJ	5.92	0.00	5.76		5.92	3
7	Rachel Pennington	SB	51				51	9
7	Rachel Pennington	VJ	35	36	38		38	20
8	Gemma Valentine	STJ	5.65	5.20	5.44		5.65	7
9	Emma Scott	J	9	6	7		9	20
9	Emma Scott	SB	47				47	19=
10	Rachel Blount	BT	10	11	5	6	32	22
10	Rachel Blount	SLJ	1.76	0.00	1.76		1.76	21
11	Hannah Marsden	J	14	12	4		14	9
11	Hannah Marsden	VJ	30	34	34		34	25
12	Grace Hatton	BT	15	15	15	11	56	6
12	Grace Hatton	TT	9	3	1	1	14	12
13	Rhiannan Finn Jones	CP	6.00	6.25	6.25		6.25	2

# Team Results

# Cheshire Lynx (yellow)

## Competition:

NUFIA-North West Regional Under 11 Girls

## Venue:

Regional Athletics Arena, Sportcity

## Date

27 Nov 2005

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	4x1H	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	St. Helen's	maroon	423	30	27	18	30	26	25	28	25	30	28	30	30	30	30	16	20
2	Liverpool	sky	413	28	30	27	26	29	25	24	20	20	24	28	26	22	28	28	28
3	Wirral	navy	354	16	14	16	14	24	28	30	28	27	26	25	16	26	22	16	26
4	Cheshire Jaguars	red	353	22	24	27	23	29	14	21	22	23	18	16	28	20	26	26	14
5	Cheshire Lynx	yellow	337	20	27	22	28	22	19	16	17	27	13	14	21	24	24	21	22
6	Greater Manchester	green	322	25	19	27	12	20	30	14	13	18	18	12	12	28	20	30	24
7	Lancashire Tigers	orange	321	25	16	20	23	18	12	21	25	14	22	20	21	16	14	24	30
8	Knowsley	blue	289	18	12	27	20	12	19	26	13	23	18	22	18	12	12	21	16
9	Sefton	white	280	14	19	12	16	16	22	18	17	16	30	18	24	18	16	12	12
10	Lancashire Lions	purple	268	12	22	14	18	14	16	12	30	12	13	25	14	14	18	16	18

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Alice Jennings	J	9	11	8		11	15
1	Alice Jennings	STJ	5.48	5.68	5.78		5.78	4
2	Holly Powell	SB	52				52	8
2	Holly Powell	SLJ	1.72	1.69	1.73		1.73	24
3	Jenny Potter	ST	5.00	5.25	5.00		5.25	18
3	Jenny Potter	SLJ	1.84	1.90	1.89		1.90	5
4	Corrin Jannian	CP	5.75	6.00	6.00		6.00	5
4	Corrin Jannian	SLJ	1.92	0.00	0.00		1.92	4
5	Amy Wright	ST	5.00	6.00	1.50		6.00	17
5	Amy Wright	SB	44				44	25
6	Katie Matthews	CP	5.75	5.50	5.00		5.75	8
6	Katie Matthews	VJ	36	42	43		43	13
7	Louise Towers	J	11	9	10		11	14
8	Molly Crewe	TT	9	4	3	1	17	3=
8	Molly Crewe	VJ	36	35	30		36	22
9	Joanne Hope	SB	49				49	11=
9	Joanne Hope	TT	8	2	0	0	10	16=
10	Amy Pearson	BT	6	9	3	5	23	26
10	Amy Pearson	STJ	5.02	5.11	5.02		5.11	19
11	Alice Murphy	BT	15	15	15	15	60	1=
11	Alice Murphy	VJ	41	42	47		47	6
12	Rebecca Harrison-Pitt	BT	4	5	6	6	21	27
12	Rebecca Harrison-Pitt	STJ	4.86	4.73	5.04		5.04	22

# Team Results

# Greater Manchester (green)

## Competition:

NUFIA-North West Regional Under 11 Girls

## Venue:

Regional Athletics Arena, Sportcity

## Date

27 Nov 2005

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	4x1H	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	St. Helen's	maroon	423	30	27	18	30	26	25	28	25	30	28	30	30	30	30	16	20
2	Liverpool	sky	413	28	30	27	26	29	25	24	20	20	24	28	26	22	28	28	28
3	Wirral	navy	354	16	14	16	14	24	28	30	28	27	26	25	16	26	22	16	26
4	Cheshire Jaguars	red	353	22	24	27	23	29	14	21	22	23	18	16	28	20	26	26	14
5	Cheshire Lynx	yellow	337	20	27	22	28	22	19	16	17	27	13	14	21	24	24	21	22
6	Greater Manchester	green	322	25	19	27	12	20	30	14	13	18	18	12	12	28	20	30	24
7	Lancashire Tigers	orange	321	25	16	20	23	18	12	21	25	14	22	20	21	16	14	24	30
8	Knowsley	blue	289	18	12	27	20	12	19	26	13	23	18	22	18	12	12	21	16
9	Sefton	white	280	14	19	12	16	16	22	18	17	16	30	18	24	18	16	12	12
10	Lancashire Lions	purple	268	12	22	14	18	14	16	12	30	12	13	25	14	14	18	16	18

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Katy Turner	SB	41				41	26=
1	Katy Turner	STJ	5.23	5.08	4.96		5.23	14
2	Laura Meikle	BT	7	5	3	3	18	29
2	Laura Meikle	CP	5.00	3.75	0.00		5.00	14
3	Alice Gorst	ST	4.25	0.00	4.75		4.75	19
3	Alice Gorst	STJ	4.92	5.16	5.21		5.21	16
4	Eniola Oyesanya	CP	4.50	5.25	0.00		5.25	12
4	Eniola Oyesanya	VJ	45	48	45		48	5
5	Beth Bolton	BT	9	6	11	3	29	24
5	Beth Bolton	TT	10	5	1	1	17	3=
5	Beth Bolton	VJ	38	39	37		39	19
6	Sami-Kay McUie	J	10	11	13		13	12
6	Sami-Kay McUie	SLJ	1.78	1.78	1.78		1.78	16
7	Bethany Bowers	J	8	10	8		10	18
7	Bethany Bowers	SLJ	0.00	1.91	1.94		1.94	2
8	Kristie Foster	STJ	4.98	5.02	5.30		5.30	10
8	Kristie Foster	TT	10	8	3	0	21	1=
9	Simisola Oyesanya	SB	33				33	30
9	Simisola Oyesanya	SLJ	1.80	1.82	1.89		1.89	8
10	Emily Scanlon	BT	15	12	15	13	55	7
10	Emily Scanlon	VJ	45	46	43		46	8=
11	Jenny Bullock	ST	3.25	4.00	3.25		4.00	20
11	Jenny Bullock	SB	37				37	28

# Team Results

# Knowsley (blue)

## Competition:

NUFIA-North West Regional Under 11 Girls

## Venue:

Regional Athletics Arena, Sportcity

## Date

27 Nov 2005

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	4x1H	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	St. Helen's	maroon	423	30	27	18	30	26	25	28	25	30	28	30	30	30	30	16	20
2	Liverpool	sky	413	28	30	27	26	29	25	24	20	20	24	28	26	22	28	28	28
3	Wirral	navy	354	16	14	16	14	24	28	30	28	27	26	25	16	26	22	16	26
4	Cheshire Jaguars	red	353	22	24	27	23	29	14	21	22	23	18	16	28	20	26	26	14
5	Cheshire Lynx	yellow	337	20	27	22	28	22	19	16	17	27	13	14	21	24	24	21	22
6	Greater Manchester	green	322	25	19	27	12	20	30	14	13	18	18	12	12	28	20	30	24
7	Lancashire Tigers	orange	321	25	16	20	23	18	12	21	25	14	22	20	21	16	14	24	30
8	Knowsley	blue	289	18	12	27	20	12	19	26	13	23	18	22	18	12	12	21	16
9	Sefton	white	280	14	19	12	16	16	22	18	17	16	30	18	24	18	16	12	12
10	Lancashire Lions	purple	268	12	22	14	18	14	16	12	30	12	13	25	14	14	18	16	18

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Jessica McKnight	BT	8	6	12	4	30	23
1	Jessica McKnight	CP	6.50	0.00	6.25		6.50	1
2	Lorie Morton	SLJ	1.56	1.58	1.60		1.60	29
4	Sarah Nolan	SB	48				48	17=
4	Sarah Nolan	STJ	5.14	5.19	5.08		5.19	17
6	Emily Walsh	SB	46				46	23=
7	Stephanie Stewart	SB	49				49	11=
7	Stephanie Stewart	TT	5	1	0	0	6	19=
8	Emily Canning	BT	7	15	15	15	52	9
8	Emily Canning	SLJ	1.85	1.82	1.90		1.90	6
9	Abi Parr	BT	4	3	9	4	20	28
9	Abi Parr	VJ	40	44	43		44	12
10	Jenny Powell	ST	8.25	8.00	8.00		8.25	3
10	Jenny Powell	VJ	34	35	35		35	23
11	Jahnay Dalrymple	STJ	5.10	5.10	5.03		5.10	21
11	Jahnay Dalrymple	TT	9	8	3	1	21	1=
12	Amy Ryan	J	10	13	10		13	13
12	Amy Ryan	SLJ	1.66	1.66	1.66		1.66	27
13	Chloe Doyle	ST	6.75	6.25	6.25		6.75	13
14	Kear Murray	CP	4.75	4.50	4.50		4.75	15
14	Kear Murray	STJ	4.20	4.00	3.90		4.20	30
14	Kear Murray	VJ	33	33	34		34	26
15	Paige Melling	J	8	10	10		10	16

# Team Results

# Lancashire Lions (purple)

## Competition:

NUFIA-North West Regional Under 11 Girls

## Venue:

Regional Athletics Arena, Sportcity

## Date

27 Nov 2005

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	4x1H	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	St. Helen's	maroon	423	30	27	18	30	26	25	28	25	30	28	30	30	30	30	16	20
2	Liverpool	sky	413	28	30	27	26	29	25	24	20	20	24	28	26	22	28	28	28
3	Wirral	navy	354	16	14	16	14	24	28	30	28	27	26	25	16	26	22	16	26
4	Cheshire Jaguars	red	353	22	24	27	23	29	14	21	22	23	18	16	28	20	26	26	14
5	Cheshire Lynx	yellow	337	20	27	22	28	22	19	16	17	27	13	14	21	24	24	21	22
6	Greater Manchester	green	322	25	19	27	12	20	30	14	13	18	18	12	12	28	20	30	24
7	Lancashire Tigers	orange	321	25	16	20	23	18	12	21	25	14	22	20	21	16	14	24	30
8	Knowsley	blue	289	18	12	27	20	12	19	26	13	23	18	22	18	12	12	21	16
9	Sefton	white	280	14	19	12	16	16	22	18	17	16	30	18	24	18	16	12	12
10	Lancashire Lions	purple	268	12	22	14	18	14	16	12	30	12	13	25	14	14	18	16	18

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Kimberley Eastham	SB	36				36	29
1	Kimberley Eastham	VJ	40	42	41		42	16
2	Rachel Gilbert	SB	47				47	19=
2	Rachel Gilbert	STJ	5.02	5.11	4.99		5.11	20
3	Hannah Pike	TT	9	4	1	2	16	6=
3	Hannah Pike	VJ	31	43	39		43	14
4	Jessica Mcdermott	BT	15	15	15	15	60	1=
5	Jodie Salthouse	BT	6	15	15	15	51	10=
5	Jodie Salthouse	ST	8.00	6.75	8.25		8.25	4
6	Stacey Wiggans	CP	4.25	4.50	4.25		4.50	16
6	Stacey Wiggans	VJ	33	34	32		34	27
7	Gemma Coleman	CP	4.25	3.75	4.00		4.25	19
7	Gemma Coleman	SLJ	1.66	1.64	1.62		1.66	28
8	Kathryn Jones	ST	7.50	6.50	6.75		7.50	10
8	Kathryn Jones	SLJ	1.76	1.78	0.00		1.78	17=
9	Emily Lupton	J	8	13	13		13	11
9	Emily Lupton	SB	50				50	10
10	Louise Saul	BT	15	15	15	15	60	1=
10	Louise Saul	SLJ	1.72	1.74	1.76		1.76	22
11	Alexandra Balshaw	J	8	9	9		9	19
11	Alexandra Balshaw	STJ	5.20	5.11	5.22		5.22	15
12	Beth Gallery	STJ	4.10	4.54	4.48		4.54	28
12	Beth Gallery	TT	7	2	0	0	9	18

# Team Results

# Lancashire Tigers (orange)

## Competition:

NUFIA-North West Regional Under 11 Girls

## Venue:

Regional Athletics Arena, Sportcity

## Date

27 Nov 2005

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	4x1H	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	St. Helen's	maroon	423	30	27	18	30	26	25	28	25	30	28	30	30	30	30	16	20
2	Liverpool	sky	413	28	30	27	26	29	25	24	20	20	24	28	26	22	28	28	28
3	Wirral	navy	354	16	14	16	14	24	28	30	28	27	26	25	16	26	22	16	26
4	Cheshire Jaguars	red	353	22	24	27	23	29	14	21	22	23	18	16	28	20	26	26	14
5	Cheshire Lynx	yellow	337	20	27	22	28	22	19	16	17	27	13	14	21	24	24	21	22
6	Greater Manchester	green	322	25	19	27	12	20	30	14	13	18	18	12	12	28	20	30	24
7	Lancashire Tigers	orange	321	25	16	20	23	18	12	21	25	14	22	20	21	16	14	24	30
8	Knowsley	blue	289	18	12	27	20	12	19	26	13	23	18	22	18	12	12	21	16
9	Sefton	white	280	14	19	12	16	16	22	18	17	16	30	18	24	18	16	12	12
10	Lancashire Lions	purple	268	12	22	14	18	14	16	12	30	12	13	25	14	14	18	16	18

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Holly Monteiro	TT	10	2	2	1	15	10=
1	Holly Monteiro	VJ	47	46	49		49	2
2	Emma Davies	BT	11	15	15	4	45	17
2	Emma Davies	CP	3.25	4.00	4.00		4.00	20
3	Josephine Saul	BT	15	15	15	5	50	12=
3	Josephine Saul	STJ	5.15	5.14	5.05		5.15	18
4	Rebecca Todd	SB	49				49	11=
5	Emily Leadward	J	9	9	10		10	17
5	Emily Leadward	STJ	4.70	4.90	4.95		4.95	26
6	Hayley Buchan	J	12	13	14		14	8
6	Hayley Buchan	SLJ	1.64	0.00	1.72		1.72	25
7	Emily Connolly	SB	49				49	11=
7	Emily Connolly	SLJ	1.80	1.78	1.74		1.80	15
8	Georgina Cameron	ST	7.00	7.00	6.75		7.00	11
8	Georgina Cameron	SB	47				47	19=
9	Alexandra Livesley	BT	15	15	6	11	47	16
9	Alexandra Livesley	VJ	49	49	50		50	1
10	Hannah Forsythe	CP	0.00	5.00	5.50		5.50	11
10	Hannah Forsythe	STJ	0.00	4.52	4.50		4.52	29
11	Lucy Chadwick	ST	7.50	7.75	7.75		7.75	6
11	Lucy Chadwick	VJ	43	45	43		45	11
12	Chistina Bell	SLJ	1.71	1.66	1.64		1.71	26
12	Chistina Bell	TT	9	2	2	0	13	13=



# Team Results

# Liverpool (sky)

## Competition:

NUFIA-North West Regional Under 11 Girls

## Venue:

Regional Athletics Arena, Sportcity

## Date

27 Nov 2005

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	4x1H	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	St. Helen's	maroon	423	30	27	18	30	26	25	28	25	30	28	30	30	30	30	16	20
2	Liverpool	sky	413	28	30	27	26	29	25	24	20	20	24	28	26	22	28	28	28
3	Wirral	navy	354	16	14	16	14	24	28	30	28	27	26	25	16	26	22	16	26
4	Cheshire Jaguars	red	353	22	24	27	23	29	14	21	22	23	18	16	28	20	26	26	14
5	Cheshire Lynx	yellow	337	20	27	22	28	22	19	16	17	27	13	14	21	24	24	21	22
6	Greater Manchester	green	322	25	19	27	12	20	30	14	13	18	18	12	12	28	20	30	24
7	Lancashire Tigers	orange	321	25	16	20	23	18	12	21	25	14	22	20	21	16	14	24	30
8	Knowsley	blue	289	18	12	27	20	12	19	26	13	23	18	22	18	12	12	21	16
9	Sefton	white	280	14	19	12	16	16	22	18	17	16	30	18	24	18	16	12	12
10	Lancashire Lions	purple	268	12	22	14	18	14	16	12	30	12	13	25	14	14	18	16	18

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Doreen M'Domgozi	SB	49				49	11=
1	Doreen M'Domgozi	VJ	46	46	49		49	3
2	Chelsea Kenny	ST	8.75	9.00	8.25		9.00	2
2	Chelsea Kenny	STJ	0.00	5.25	5.04		5.25	11
3	Cavura Dring Gibson	CP	5.75	5.75	6.25		6.25	4
3	Cavura Dring Gibson	STJ	5.30	5.52	5.54		5.54	9
4	Aimee Reynolds	CP	4.25	4.00	4.50		4.50	17
4	Aimee Reynolds	VJ	45	44	46		46	7
5	Jodann Igett	SLJ	1.86	1.84	1.89		1.89	7
6	Ellen Swynne	VJ	41	40	39		41	18
7	Stephanie Minogue	STJ	6.02	6.32	6.26		6.32	1
8	Kate McCormack	BT	6	15	15	15	51	10=
8	Kate McCormack	ST	7.00	5.75	7.00		7.00	12
9	Brogan Cushion	SB	47				47	19=
10	Holly Williams	BT	7	15	5	8	35	19
10	Holly Williams	TT	10	3	3	0	16	6=
11	Inayam Rob Greg	J	13	13	12		13	10
12	Emma Chapman	BT	4	11	3	10	28	25
12	Emma Chapman	J	15	14	15		15	6
13	Zara Kenda	SLJ	1.63	1.82	1.78		1.82	13
13	Zara Kenda	TT	7	5	1	3	16	6=
14	Sadaf Sohiraibi	SB	54				54	4
15	Beth Holmes	SLJ	1.74	1.80	1.79		1.80	14

# Team Results

# Sefton (white)

## Competition:

NUFIA-North West Regional Under 11 Girls

## Venue:

Regional Athletics Arena, Sportcity

## Date

27 Nov 2005

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	4x1H	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	St. Helen's	maroon	423	30	27	18	30	26	25	28	25	30	28	30	30	30	30	16	20
2	Liverpool	sky	413	28	30	27	26	29	25	24	20	20	24	28	26	22	28	28	28
3	Wirral	navy	354	16	14	16	14	24	28	30	28	27	26	25	16	26	22	16	26
4	Cheshire Jaguars	red	353	22	24	27	23	29	14	21	22	23	18	16	28	20	26	26	14
5	Cheshire Lynx	yellow	337	20	27	22	28	22	19	16	17	27	13	14	21	24	24	21	22
6	Greater Manchester	green	322	25	19	27	12	20	30	14	13	18	18	12	12	28	20	30	24
7	Lancashire Tigers	orange	321	25	16	20	23	18	12	21	25	14	22	20	21	16	14	24	30
8	Knowsley	blue	289	18	12	27	20	12	19	26	13	23	18	22	18	12	12	21	16
9	Sefton	white	280	14	19	12	16	16	22	18	17	16	30	18	24	18	16	12	12
10	Lancashire Lions	purple	268	12	22	14	18	14	16	12	30	12	13	25	14	14	18	16	18

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Eleanor Brownhill	CP	5.50	5.00	5.25		5.50	10
1	Eleanor Brownhill	SLJ	0.00	1.90	1.94		1.94	3
2	Melanie Gibson	VJ	32	34	34		34	24
3	Alicia Howard	SB	53				53	5=
3	Alicia Howard	VJ	24	32	32		32	29
4	Katy Hurley	SB	49				49	11=
4	Katy Hurley	STJ	4.94	4.81	4.98		4.98	24
5	Aimee Knight	CP	0.00	4.25	4.50		4.50	18
5	Aimee Knight	SLJ	0.00	1.59	0.00		1.59	30
6	Katy Lennon	J	15	8	16		16	5
7	Erin Miles	VJ	27	27	28		28	30
8	Lizzie Oakley	BT	12	15	15	7	49	14
8	Lizzie Oakley	ST	7.00	7.50	7.75		7.75	7
9	Jessica Rolston	BT	9	15	11	5	40	18
9	Jessica Rolston	TT	1	4	1	0	6	19=
10	Helen Redmond	STJ	4.95	4.96	0.00		4.96	25
11	Abbie Roberts	J	18	20	18		20	1
12	Eleanor Smith	BT	4	3	3	5	15	30
12	Eleanor Smith	TT	8	4	2	2	16	6=
13	Lauren Taylor	SB	46				46	23=
13	Lauren Taylor	STJ	4.70	4.88	4.71		4.88	27
14	Sally Woring	ST	6.25	5.50	5.25		6.25	15
15	Siobhan Williams	SLJ	1.76	1.72	1.56		1.76	23

# Team Results

# St. Helen's (maroon)

## Competition:

NUFIA-North West Regional Under 11 Girls

## Venue:

Regional Athletics Arena, Sportcity

## Date

27 Nov 2005

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	4x1H	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	St. Helen's	maroon	423	30	27	18	30	26	25	28	25	30	28	30	30	30	30	16	20
2	Liverpool	sky	413	28	30	27	26	29	25	24	20	20	24	28	26	22	28	28	28
3	Wirral	navy	354	16	14	16	14	24	28	30	28	27	26	25	16	26	22	16	26
4	Cheshire Jaguars	red	353	22	24	27	23	29	14	21	22	23	18	16	28	20	26	26	14
5	Cheshire Lynx	yellow	337	20	27	22	28	22	19	16	17	27	13	14	21	24	24	21	22
6	Greater Manchester	green	322	25	19	27	12	20	30	14	13	18	18	12	12	28	20	30	24
7	Lancashire Tigers	orange	321	25	16	20	23	18	12	21	25	14	22	20	21	16	14	24	30
8	Knowsley	blue	289	18	12	27	20	12	19	26	13	23	18	22	18	12	12	21	16
9	Sefton	white	280	14	19	12	16	16	22	18	17	16	30	18	24	18	16	12	12
10	Lancashire Lions	purple	268	12	22	14	18	14	16	12	30	12	13	25	14	14	18	16	18

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Rhiannan Armstrong	SLJ	2.00	1.98	2.02		2.02	1
2	Gabrielle Lage	VJ	45	45	44		45	10
3	Chelsea Jarvis	BT	15	15	15	3	48	15
3	Chelsea Jarvis	STJ	5.49	5.39	5.64		5.64	8
4	Rose Hindley	ST	11.00	0.00	9.50		11.00	1
5	Tricia Sprark	ST	6.75	7.75	6.25		7.75	9
5	Tricia Sprark	VJ	35	33	36		36	21
6	Heather McKeown	CP	5.25	5.50	5.75		5.75	7
6	Heather McKeown	SLJ	1.81	1.82	1.76		1.82	12
7	Amelia Barton	STJ	5.63	5.73	5.74		5.74	5
8	Dannielle McGifford	SB	57				57	1=
8	Dannielle McGifford	STJ	5.87	5.80	6.00		6.00	2
9	Louise Heyes	SB	55				55	3
9	Louise Heyes	TT	2	3	8	0	13	13=
10	Amanda Patton	SB	57				57	1=
10	Amanda Patton	SLJ	0.00	0.00	1.78		1.78	19
11	Hannah Edwards	J	17	16	19		19	2
12	Tara Herbert	BT	15	3	4	12	34	20
12	Tara Herbert	CP	6.00	6.00	6.25		6.25	3
13	Lianne Bibby	J	12	15	15		15	7
14	Kathryn Mouldsdale	TT	8	3	0	1	12	15
15	Lucy Renshall	BT	15	15	15	15	60	1=
15	Lucy Renshall	VJ	41	42	42		42	15

# Team Results

# Wirral (navy)

## Competition:

NUFIA-North West Regional Under 11 Girls

## Venue:

Regional Athletics Arena, Sportcity

## Date

27 Nov 2005

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	4x1H	GP	BT	CP	J	ST	SB	SLJ	STJ	TT	VJ
1	St. Helen's	maroon	423	30	27	18	30	26	25	28	25	30	28	30	30	30	30	16	20
2	Liverpool	sky	413	28	30	27	26	29	25	24	20	20	24	28	26	22	28	28	28
3	Wirral	navy	354	16	14	16	14	24	28	30	28	27	26	25	16	26	22	16	26
4	Cheshire Jaguars	red	353	22	24	27	23	29	14	21	22	23	18	16	28	20	26	26	14
5	Cheshire Lynx	yellow	337	20	27	22	28	22	19	16	17	27	13	14	21	24	24	21	22
6	Greater Manchester	green	322	25	19	27	12	20	30	14	13	18	18	12	12	28	20	30	24
7	Lancashire Tigers	orange	321	25	16	20	23	18	12	21	25	14	22	20	21	16	14	24	30
8	Knowsley	blue	289	18	12	27	20	12	19	26	13	23	18	22	18	12	12	21	16
9	Sefton	white	280	14	19	12	16	16	22	18	17	16	30	18	24	18	16	12	12
10	Lancashire Lions	purple	268	12	22	14	18	14	16	12	30	12	13	25	14	14	18	16	18

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Esme Loughrey	SLJ	1.88	1.85	1.86		1.88	9
2	Emily Moor	CP	5.75	0.00	6.00		6.00	6
2	Emily Moor	SLJ	1.76	1.82	1.82		1.82	11
3	Nicola Wise	BT	15	15	11	13	54	8
3	Nicola Wise	TT	8	4	1	2	15	10=
4	Charlotte Lytolus	J	17	9	11		17	3
4	Charlotte Lytolus	STJ	5.65	5.60	5.50		5.65	6
5	Melissa Edwards	BT	15	15	15	15	60	1=
6	Chloe Smith	SB	41				41	26=
7	Helen Woods	STJ	4.90	5.24	5.00		5.24	12
7	Helen Woods	TT	4	2	4	0	10	16=
8	Hannah Wesselby	CP	0.00	5.75	5.25		5.75	9
8	Hannah Wesselby	VJ	46	48	45		48	4
9	Laura Black	SB	53				53	5=
9	Laura Black	SLJ	1.68	1.56	1.88		1.88	10
10	Hannah Dowell	SB	48				48	17=
10	Hannah Dowell	STJ	0.00	5.02	4.98		5.02	23
11	Aimee Clark	BT	10	15	15	10	50	12=
11	Aimee Clark	ST	6.00	6.00	8.00		8.00	5
12	Anna Gordon	VJ	41	41	41		41	17
13	Mary Lamb	J	15	16	12		16	4
14	Natasha Wilson	ST	6.25	7.50	7.75		7.75	8
15	Maddi Brooks	VJ	43	45	46		46	8=

# Event Official Results Sheet

# Obstacle Relay

## Competition:

NUFIA-North West Regional Under 11 Girls

## Venue:

Regional Athletics Arena, Sportcity

## Date

27 Nov 2005

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	09	St. Helen's	maroon	1:18.1	0.0	1:18.1	30
2	07	Liverpool	sky	1:19.3	0.0	1:19.3	28
3=	03	Greater Manchester	green	1:20.9	0.0	1:20.9	25
3=	06	Lancashire Tigers	orange	1:20.9	0.0	1:20.9	25
5	01	Cheshire Jaguars	red	1:21.4	0.0	1:21.4	22
6	02	Cheshire Lynx	yellow	1:22.5	0.0	1:22.5	20
7	04	Knowsley	blue	1:23.0	0.0	1:23.0	18
8	10	Wirral	navy	1:25.9	0.0	1:25.9	16
9	08	Sefton	white	1:26.9	0.0	1:26.9	14
10	05	Lancashire Lions	purple	1:27.1	0.0	1:27.1	12

# Event Official Results Sheet

# 1 + 1 Lap Relay

## Competition:

NUFIA-North West Regional Under 11 Girls

## Venue:

Regional Athletics Arena, Sportcity

## Date

27 Nov 2005

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	07	Liverpool	sky	22.8	0.0	22.8	30
2=	02	Cheshire Lynx	yellow	23.2	0.0	23.2	27
2=	09	St. Helen's	maroon	23.2	0.0	23.2	27
4	01	Cheshire Jaguars	red	23.3	0.0	23.3	24
5	05	Lancashire Lions	purple	23.6	0.0	23.6	22
6=	03	Greater Manchester	green	23.7	0.0	23.7	19
6=	08	Sefton	white	23.7	0.0	23.7	19
8	06	Lancashire Tigers	orange	23.8	0.0	23.8	16
9	10	Wirral	navy	24.8	0.0	24.8	14
10	04	Knowsley	blue	26.7	0.0	26.7	12

# Event Official Results Sheet

# 4 x 1 Lap Relay

## Competition:

NUFIA-North West Regional Under 11 Girls

## Venue:

Regional Athletics Arena, Sportcity

## Date

27 Nov 2005

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1=	01	Cheshire Jaguars	red	47.2	0.0	47.2	27
1=	03	Greater Manchester	green	47.2	0.0	47.2	27
1=	04	Knowsley	blue	47.2	0.0	47.2	27
1=	07	Liverpool	sky	47.2	0.0	47.2	27
5	02	Cheshire Lynx	yellow	47.3	0.0	47.3	22
6	06	Lancashire Tigers	orange	47.9	0.0	47.9	20
7	09	St. Helen's	maroon	48.1	0.0	48.1	18
8	10	Wirral	navy	48.7	0.0	48.7	16
9	05	Lancashire Lions	purple	49.6	0.0	49.6	14
10	08	Sefton	white	50.2	0.0	50.2	12

# Event Official Results Sheet

# 6 Lap Paarlauf

## Competition:

NUFIA-North West Regional Under 11 Girls

## Venue:

Regional Athletics Arena, Sportcity

## Date

27 Nov 2005

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	09	St. Helen's	maroon	1:09.8	0.0	1:09.8	30
2	02	Cheshire Lynx	yellow	1:11.7	0.0	1:11.7	28
3	07	Liverpool	sky	1:11.9	0.0	1:11.9	26
4=	01	Cheshire Jaguars	red	1:12.0	0.0	1:12.0	23
4=	06	Lancashire Tigers	orange	1:12.0	0.0	1:12.0	23
6	04	Knowsley	blue	1:12.7	0.0	1:12.7	20
7	05	Lancashire Lions	purple	1:13.2	0.0	1:13.2	18
8	08	Sefton	white	1:14.1	0.0	1:14.1	16
9	10	Wirral	navy	1:14.5	0.0	1:14.5	14
10	03	Greater Manchester	green	1:16.2	0.0	1:16.2	12



# Event Official Results Sheet

# Over and Under Relay

## Competition:

NUFIA-North West Regional Under 11 Girls

## Venue:

Regional Athletics Arena, Sportcity

## Date

27 Nov 2005

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1=	01	Cheshire Jaguars	red	1:09.0	0.0	1:09.0	29
1=	07	Liverpool	sky	1:09.0	0.0	1:09.0	29
3	09	St. Helen's	maroon	1:09.5	0.0	1:09.5	26
4	10	Wirral	navy	1:09.6	0.0	1:09.6	24
5	02	Cheshire Lynx	yellow	1:11.4	0.0	1:11.4	22
6	03	Greater Manchester	green	1:12.2	0.0	1:12.2	20
7	06	Lancashire Tigers	orange	1:13.0	0.0	1:13.0	18
8	08	Sefton	white	1:13.8	0.0	1:13.8	16
9	05	Lancashire Lions	purple	1:15.3	0.0	1:15.3	14
10	04	Knowsley	blue	1:17.1	0.0	1:17.1	12

# Event Official Results Sheet

# 4 x 1 Lap Hurdles Relay

## Competition:

NUFIA-North West Regional Under 11 Girls

## Venue:

Regional Athletics Arena, Sportcity

## Date

27 Nov 2005

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Greater Manchester	green	55.1	0.0	55.1	30
2	10	Wirral	navy	55.3	0.0	55.3	28
3=	07	Liverpool	sky	55.4	0.0	55.4	25
3=	09	St. Helen's	maroon	55.4	0.0	55.4	25
5	08	Sefton	white	56.5	0.0	56.5	22
6=	02	Cheshire Lynx	yellow	57.1	0.0	57.1	19
6=	04	Knowsley	blue	57.1	0.0	57.1	19
8	05	Lancashire Lions	purple	57.9	0.0	57.9	16
9	01	Cheshire Jaguars	red	58.5	0.0	58.5	14
10	06	Lancashire Tigers	orange	1:00.4	0.0	1:00.4	12

# Event Official Results Sheet

# Grand Prix

## Competition:

NUFIA-North West Regional Under 11 Girls

## Venue:

Regional Athletics Arena, Sportcity

## Date

27 Nov 2005

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	10	Wirral	navy	58.0	0.0	58.0	30
2	09	St. Helen's	maroon	1:00.8	0.0	1:00.8	28
3	04	Knowsley	blue	1:04.3	0.0	1:04.3	26
4	07	Liverpool	sky	1:04.4	0.0	1:04.4	24
5=	01	Cheshire Jaguars	red	1:04.5	0.0	1:04.5	21
5=	06	Lancashire Tigers	orange	1:04.5	0.0	1:04.5	21
7	08	Sefton	white	1:05.0	0.0	1:05.0	18
8	02	Cheshire Lynx	yellow	1:05.3	0.0	1:05.3	16
9	03	Greater Manchester	green	1:06.2	0.0	1:06.2	14
10	05	Lancashire Lions	purple	1:11.1	0.0	1:11.1	12

# Results Sheet

# Balance Test

## Competition:

NUFIA-North West Regional Under 11 Girls

## Venue:

Regional Athletics Arena, Sportcity

## Date

27 Nov 2005

Ranking	Team	Colour	Total	Points
1	Lancashire Lions	purple	171	30
2	Wirral	navy	164	28
3=	Lancashire Tigers	orange	142	25
3=	St. Helen's	maroon	142	25
5	Cheshire Jaguars	red	121	22
6	Liverpool	sky	114	20
7=	Cheshire Lynx	yellow	104	17
7=	Sefton	white	104	17
9=	Greater Manchester	green	102	13
9=	Knowsley	blue	102	13

Ranking	Team	Colour	BibNo	Name	Total
1=	yellow	yellow	11	Alice Murphy	60
1=	purple	purple	4	Jessica Mcdermott	60
1=	purple	purple	10	Louise Saul	60
1=	maroon	maroon	15	Lucy Renshall	60
1=	navy	navy	5	Melissa Edwards	60
6	red	red	12	Grace Hatton	56
7	green	green	10	Emily Scanlon	55
8	navy	navy	3	Nicola Wise	54
9	blue	blue	8	Emily Canning	52
10=	purple	purple	5	Jodie Salthouse	51
10=	sky	sky	8	Kate McCormack	51
12=	orange	orange	3	Josephine Saul	50
12=	navy	navy	11	Aimee Clark	50
14	white	white	8	Lizzie Oakley	49
15	maroon	maroon	3	Chelsea Jarvis	48
16	orange	orange	9	Alexandra Livesley	47
17	orange	orange	2	Emma Davies	45
18	white	white	9	Jessica Rolston	40
19	sky	sky	10	Holly Williams	35
20	maroon	maroon	12	Tara Herbert	34
21	red	red	1	Alice McMahan	33
22	red	red	10	Rachel Blount	32
23	blue	blue	1	Jessica McKnight	30
24	green	green	5	Beth Bolton	29
25	sky	sky	12	Emma Chapman	28
26	yellow	yellow	10	Amy Pearson	23
27	yellow	yellow	12	Rebecca Harrison-Pitt	21
28	blue	blue	9	Abi Parr	20
29	green	green	2	Laura Meikle	18
30	white	white	12	Eleanor Smith	15

# Results Sheet

# Chest Push

## Competition:

NUFIA-North West Regional Under 11 Girls

## Venue:

Regional Athletics Arena, Sportcity

## Date

27 Nov 2005

Ranking	Team	Colour	Total	Points
1	St. Helen's	maroon	12.00	30
2=	Cheshire Lynx	yellow	11.75	27
2=	Wirral	navy	11.75	27
4=	Cheshire Jaguars	red	11.25	23
4=	Knowsley	blue	11.25	23
6	Liverpool	sky	10.75	20
7	Greater Manchester	green	10.25	18
8	Sefton	white	10.00	16
9	Lancashire Tigers	orange	9.50	14
10	Lancashire Lions	purple	8.75	12

Ranking	Team	Colour	BibNo	Name	Best
1	blue	blue	1	Jessica McKnight	6.50
2	red	red	13	Rhiannan Finn Jones	6.25
3	maroon	maroon	12	Tara Herbert	6.25
4	sky	sky	3	Cavura Dring Gibson	6.25
5	yellow	yellow	4	Corrin Jannian	6.00
6	navy	navy	2	Emily Moor	6.00
7	maroon	maroon	6	Heather McKeown	5.75
8	yellow	yellow	6	Katie Matthews	5.75
9	navy	navy	8	Hannah Wesselby	5.75
10	white	white	1	Eleanor Brownhill	5.50
11	orange	orange	10	Hannah Forsythe	5.50
12	green	green	4	Eniola Oyesanya	5.25
13	red	red	6	Clara Boothby	5.00
14	green	green	2	Laura Meikle	5.00
15	blue	blue	14	Kear Murray	4.75
16	purple	purple	6	Stacey Wiggans	4.50
17	sky	sky	4	Aimee Reynolds	4.50
18	white	white	5	Aimee Knight	4.50
19	purple	purple	7	Gemma Coleman	4.25
20	orange	orange	2	Emma Davies	4.00

# Results Sheet

# Javelin

## Competition:

NUFIA-North West Regional Under 11 Girls

## Venue:

Regional Athletics Arena, Sportcity

## Date

27 Nov 2005

Ranking	Team	Colour	Total	Points
1	Sefton	white	36	30
2	St. Helen's	maroon	34	28
3	Wirral	navy	33	26
4	Liverpool	sky	28	24
5	Lancashire Tigers	orange	24	22
6=	Cheshire Jaguars	red	23	18
6=	Greater Manchester	green	23	18
6=	Knowsley	blue	23	18
9=	Cheshire Lynx	yellow	22	13
9=	Lancashire Lions	purple	22	13

Ranking	Team	Colour	BibNo	Name	Best
1	white	white	11	Abbie Roberts	20
2	maroon	maroon	11	Hannah Edwards	19
3	navy	navy	4	Charlotte Lytolus	17
4	navy	navy	13	Mary Lamb	16
5	white	white	6	Katy Lennon	16
6	sky	sky	12	Emma Chapman	15
7	maroon	maroon	13	Lianne Bibby	15
8	orange	orange	6	Hayley Buchan	14
9	red	red	11	Hannah Marsden	14
10	sky	sky	11	Inayam Rob Greg	13
11	purple	purple	9	Emily Lupton	13
12	green	green	6	Sami-Kay McUie	13
13	blue	blue	12	Amy Ryan	13
14	yellow	yellow	7	Louise Towers	11
15	yellow	yellow	1	Alice Jennings	11
16	blue	blue	15	Paige Melling	10
17	orange	orange	5	Emily Leadward	10
18	green	green	7	Bethany Bowers	10
19	purple	purple	11	Alexandra Balshaw	9
20	red	red	9	Emma Scott	9

# Results Sheet

# Sitting Throw

## Competition:

NUFIA-North West Regional Under 11 Girls

## Venue:

Regional Athletics Arena, Sportcity

## Date

27 Nov 2005

Ranking	Team	Colour	Total	Points
1	St. Helen's	maroon	18.75	30
2	Liverpool	sky	16.00	28
3=	Lancashire Lions	purple	15.75	25
3=	Wirral	navy	15.75	25
5	Knowsley	blue	15.00	22
6	Lancashire Tigers	orange	14.75	20
7	Sefton	white	14.00	18
8	Cheshire Jaguars	red	12.75	16
9	Cheshire Lynx	yellow	11.25	14
10	Greater Manchester	green	8.75	12

Ranking	Team	Colour	BibNo	Name	Best
1	maroon	maroon	4	Rose Hindley	11.00
2	sky	sky	2	Chelsea Kenny	9.00
3	blue	blue	10	Jenny Powell	8.25
4	purple	purple	5	Jodie Salthouse	8.25
5	navy	navy	11	Aimee Clark	8.00
6	orange	orange	11	Lucy Chadwick	7.75
7	white	white	8	Lizzie Oakley	7.75
8	navy	navy	14	Natasha Wilson	7.75
9	maroon	maroon	5	Tricia Sprark	7.75
10	purple	purple	8	Kathryn Jones	7.50
11	orange	orange	8	Georgina Cameron	7.00
12	sky	sky	8	Kate McCormack	7.00
13	blue	blue	13	Chloe Doyle	6.75
14	red	red	3	Heather Beeton	6.50
15	white	white	14	Sally Woring	6.25
16	red	red	5	Kelly Baker	6.25
17	yellow	yellow	5	Amy Wright	6.00
18	yellow	yellow	3	Jenny Potter	5.25
19	green	green	3	Alice Gorst	4.75
20	green	green	11	Jenny Bullock	4.00

# Results Sheet

# Speed Bounce

## Competition:

NUFIA-North West Regional Under 11 Girls

## Venue:

Regional Athletics Arena, Sportcity

## Date

27 Nov 2005

Ranking	Team	Colour	Total	Points
1	St. Helen's	maroon	169	30
2	Cheshire Jaguars	red	151	28
3	Liverpool	sky	150	26
4	Sefton	white	148	24
5=	Cheshire Lynx	yellow	145	21
5=	Lancashire Tigers	orange	145	21
7	Knowsley	blue	143	18
8	Wirral	navy	142	16
9	Lancashire Lions	purple	133	14
10	Greater Manchester	green	111	12

Ranking	Team	Colour	BibNo	Name	Total
1=	maroon	maroon	8	Dannielle McGifford	57
1=	maroon	maroon	10	Amanda Patton	57
3	maroon	maroon	9	Louise Heyes	55
4	sky	sky	14	Sadaf Sohraibi	54
5=	red	red	5	Kelly Baker	53
5=	white	white	3	Alicia Howard	53
5=	navy	navy	9	Laura Black	53
8	yellow	yellow	2	Holly Powell	52
9	red	red	7	Rachel Pennington	51
10	purple	purple	9	Emily Lupton	50
11=	yellow	yellow	9	Joanne Hope	49
11=	blue	blue	7	Stephanie Stewart	49
11=	orange	orange	4	Rebecca Todd	49
11=	orange	orange	7	Emily Connolly	49
11=	sky	sky	1	Doreen M'Domgozi	49
11=	white	white	4	Katy Hurley	49
17=	blue	blue	4	Sarah Nolan	48
17=	navy	navy	10	Hannah Dowell	48
19=	red	red	9	Emma Scott	47
19=	purple	purple	2	Rachel Gilbert	47
19=	orange	orange	8	Georgina Cameron	47
19=	sky	sky	9	Brogan Cushion	47
23=	blue	blue	6	Emily Walsh	46
23=	white	white	13	Lauren Taylor	46
25	yellow	yellow	5	Amy Wright	44
26=	green	green	1	Katy Turner	41
26=	navy	navy	6	Chloe Smith	41
28	green	green	11	Jenny Bullock	37
29	purple	purple	1	Kimberley Eastham	36
30	green	green	9	Simisola Oyesanya	33



# Results Sheet

# Standing Long Jump

## Competition:

NUFIA-North West Regional Under 11 Girls

## Venue:

Regional Athletics Arena, Sportcity

## Date

27 Nov 2005

Ranking	Team	Colour	Total	Points
1	St. Helen's	maroon	5.62	30
2	Greater Manchester	green	5.61	28
3	Wirral	navy	5.58	26
4	Cheshire Lynx	yellow	5.55	24
5	Liverpool	sky	5.51	22
6	Cheshire Jaguars	red	5.31	20
7	Sefton	white	5.29	18
8	Lancashire Tigers	orange	5.23	16
9	Lancashire Lions	purple	5.20	14
10	Knowsley	blue	5.16	12

Ranking	Team	Colour	BibNo	Name	Best
1	maroon	maroon	1	Rhiannan Armstrong	2.02
2	green	green	7	Bethany Bowers	1.94
3	white	white	1	Eleanor Brownhill	1.94
4	yellow	yellow	4	Corrin Jannian	1.92
5	yellow	yellow	3	Jenny Potter	1.90
6	blue	blue	8	Emily Canning	1.90
7	sky	sky	5	Jodann Igett	1.89
8	green	green	9	Simisola Oyesanya	1.89
9	navy	navy	1	Esme Loughrey	1.88
10	navy	navy	9	Laura Black	1.88
11	navy	navy	2	Emily Moor	1.82
12	maroon	maroon	6	Heather McKeown	1.82
13	sky	sky	13	Zara Kenda	1.82
14	sky	sky	15	Beth Holmes	1.80
15	orange	orange	7	Emily Connolly	1.80
16	green	green	6	Sami-Kay McUie	1.78
17=	red	red	1	Alice McMahan	1.78
17=	purple	purple	8	Kathryn Jones	1.78
19	maroon	maroon	10	Amanda Patton	1.78
20	red	red	2	Caitlin Hayes	1.77
21	red	red	10	Rachel Blount	1.76
22	purple	purple	10	Louise Saul	1.76
23	white	white	15	Siobhan Williams	1.76
24	yellow	yellow	2	Holly Powell	1.73
25	orange	orange	6	Hayley Buchan	1.72
26	orange	orange	12	Chistina Bell	1.71
27	blue	blue	12	Amy Ryan	1.66
28	purple	purple	7	Gemma Coleman	1.66
29	blue	blue	2	Lorie Morton	1.60
30	white	white	5	Aimee Knight	1.59

# Results Sheet

# Standing Triple Jump

## Competition:

NUFIA-North West Regional Under 11 Girls

## Venue:

Regional Athletics Arena, Sportcity

## Date

27 Nov 2005

Ranking	Team	Colour	Total	Points
1	St. Helen's	maroon	17.38	30
2	Liverpool	sky	17.11	28
3	Cheshire Jaguars	red	16.80	26
4	Cheshire Lynx	yellow	15.93	24
5	Wirral	navy	15.91	22
6	Greater Manchester	green	15.74	20
7	Lancashire Lions	purple	14.87	18
8	Sefton	white	14.82	16
9	Lancashire Tigers	orange	14.62	14
10	Knowsley	blue	14.49	12

Ranking	Team	Colour	BibNo	Name	Best
1	sky	sky	7	Stephanie Minogue	6.32
2	maroon	maroon	8	Dannielle McGifford	6.00
3	red	red	6	Clara Boothby	5.92
4	yellow	yellow	1	Alice Jennings	5.78
5	maroon	maroon	7	Amelia Barton	5.74
6	navy	navy	4	Charlotte Lytolus	5.65
7	red	red	8	Gemma Valentine	5.65
8	maroon	maroon	3	Chelsea Jarvis	5.64
9	sky	sky	3	Cavura Dring Gibson	5.54
10	green	green	8	Kristie Foster	5.30
11	sky	sky	2	Chelsea Kenny	5.25
12	navy	navy	7	Helen Woods	5.24
13	red	red	4	Francesca Wright	5.23
14	green	green	1	Katy Turner	5.23
15	purple	purple	11	Alexandra Balshaw	5.22
16	green	green	3	Alice Gorst	5.21
17	blue	blue	4	Sarah Nolan	5.19
18	orange	orange	3	Josephine Saul	5.15
19	yellow	yellow	10	Amy Pearson	5.11
20	purple	purple	2	Rachel Gilbert	5.11
21	blue	blue	11	Jahnay Dalrymple	5.10
22	yellow	yellow	12	Rebecca Harrison-Pitt	5.04
23	navy	navy	10	Hannah Dowell	5.02
24	white	white	4	Katy Hurley	4.98
25	white	white	10	Helen Redmond	4.96
26	orange	orange	5	Emily Leadward	4.95
27	white	white	13	Lauren Taylor	4.88
28	purple	purple	12	Beth Gallery	4.54
29	orange	orange	10	Hannah Forsythe	4.52
30	blue	blue	14	Kear Murray	4.20

# Results Sheet

# Target Throw

## Competition:

NUFIA-North West Regional Under 11 Girls

## Venue:

Regional Athletics Arena, Sportcity

## Date

27 Nov 2005

Ranking	Team	Colour	Total	Points
1	Greater Manchester	green	38	30
2	Liverpool	sky	32	28
3	Cheshire Jaguars	red	31	26
4	Lancashire Tigers	orange	28	24
5=	Cheshire Lynx	yellow	27	21
5=	Knowsley	blue	27	21
7=	Lancashire Lions	purple	25	16
7=	St. Helen's	maroon	25	16
7=	Wirral	navy	25	16
10	Sefton	white	22	12

Ranking	Team	Colour	BibNo	Name	Total
1=	green	green	8	Kristie Foster	21
1=	blue	blue	11	Jahnay Dalrymple	21
3=	red	red	2	Caitlin Hayes	17
3=	yellow	yellow	8	Molly Crewe	17
3=	green	green	5	Beth Bolton	17
6=	purple	purple	3	Hannah Pike	16
6=	sky	sky	10	Holly Williams	16
6=	sky	sky	13	Zara Kenda	16
6=	white	white	12	Eleanor Smith	16
10=	orange	orange	1	Holly Monteiro	15
10=	navy	navy	3	Nicola Wise	15
12	red	red	12	Grace Hatton	14
13=	orange	orange	12	Chistina Bell	13
13=	maroon	maroon	9	Louise Heyes	13
15	maroon	maroon	14	Kathryn Mouldsdale	12
16=	yellow	yellow	9	Joanne Hope	10
16=	navy	navy	7	Helen Woods	10
18	purple	purple	12	Beth Gallery	9
19=	blue	blue	7	Stephanie Stewart	6
19=	white	white	9	Jessica Rolston	6

# Results Sheet

# Vertical Jump

## Competition:

NUFIA-North West Regional Under 11 Girls

## Venue:

Regional Athletics Arena, Sportcity

## Date

27 Nov 2005

Ranking	Team	Colour	Total	Points
1	Lancashire Tigers	orange	144	30
2	Liverpool	sky	136	28
3	Wirral	navy	135	26
4	Greater Manchester	green	133	24
5	Cheshire Lynx	yellow	126	22
6	St. Helen's	maroon	123	20
7	Lancashire Lions	purple	119	18
8	Knowsley	blue	113	16
9	Cheshire Jaguars	red	105	14
10	Sefton	white	94	12

Ranking	Team	Colour	BibNo	Name	Best
1	orange	orange	9	Alexandra Livesley	50
2	orange	orange	1	Holly Monteiro	49
3	sky	sky	1	Doreen M'Domgozi	49
4	navy	navy	8	Hannah Wesselby	48
5	green	green	4	Eniola Oyesanya	48
6	yellow	yellow	11	Alice Murphy	47
7	sky	sky	4	Aimee Reynolds	46
8=	green	green	10	Emily Scanlon	46
8=	navy	navy	15	Maddi Brooks	46
10	maroon	maroon	2	Gabrielle Lage	45
11	orange	orange	11	Lucy Chadwick	45
12	blue	blue	9	Abi Parr	44
13	yellow	yellow	6	Katie Matthews	43
14	purple	purple	3	Hannah Pike	43
15	maroon	maroon	15	Lucy Renshall	42
16	purple	purple	1	Kimberley Eastham	42
17	navy	navy	12	Anna Gordon	41
18	sky	sky	6	Ellen Swynne	41
19	green	green	5	Beth Bolton	39
20	red	red	7	Rachel Pennington	38
21	maroon	maroon	5	Tricia Sprark	36
22	yellow	yellow	8	Molly Crewe	36
23	blue	blue	10	Jenny Powell	35
24	white	white	2	Melanie Gibson	34
25	red	red	11	Hannah Marsden	34
26	blue	blue	14	Kear Murray	34
27	purple	purple	6	Stacey Wiggans	34
28	red	red	3	Heather Beeton	33
29	white	white	3	Alicia Howard	32
30	white	white	7	Erin Miles	28