

West Midlands Regional Festival
Coventry Sports & Leisure Centre
Sunday 25 January 2009

We welcome teams today from ...

Birmingham	red
Herefordshire & Worcestershire	yellow
Shropshire	green
Staffordshire	blue
Warwickshire	purple



Fun in Athletics Festivals
2008 - 2009

Competition Results

Competition:

AFIA-West Midlands Regional Festival Under 11 Girls

Venue:

Coventry Sports & Leisure Centre

Date

25 Jan 2009

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	MR	BT	CP	J	SB	SLJ	STJ	TT	VJ
1	Birmingham	red	447	30	28	28	22	30	28	30	28	28	28	23	30	26	30	28	30
2	Staffordshire	blue	419	26	26	26	30	28	26	24	30	22	23	28	28	30	24	26	22
3	Warwickshire	purple	418	28	30	30	26	24	22	26	22	26	26	30	24	28	28	22	26
4	Here'shire & Wor'shire	yellow	402	24	24	22	28	26	24	22	24	30	30	26	26	22	22	24	28
5	Shropshire	green	394	22	22	24	24	22	30	28	26	24	23	23	22	24	26	30	24

Team Results

Here'shire & Wor'shire (yellow)

Competition:

AFIA-West Midlands Regional Festival Under 11 Girls

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Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	MR	BT	CP	J	SB	SLJ	STJ	TT	VJ
1	Birmingham	red	447	30	28	28	22	30	28	30	28	28	28	23	30	26	30	28	30
2	Staffordshire	blue	419	26	26	26	30	28	26	24	30	22	23	28	28	30	24	26	22
3	Warwickshire	purple	418	28	30	30	26	24	22	26	22	26	26	30	24	28	28	22	26
4	Here'shire & Wor'shire	yellow	402	24	24	22	28	26	24	22	24	30	30	26	26	22	22	24	28
5	Shropshire	green	394	22	22	24	24	22	30	28	26	24	23	23	22	24	26	30	24

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Holly Elliot	CP	7.00	7.25	7.00		7.25	1
1	Holly Elliot	STJ	5.12	4.90	4.98		5.12	9
2	Bea Howarth	BT	15	15	15	15	60	1=
2	Bea Howarth	J	12	13	8		13	5
3	Jessica Abbot	J	12	12	12		12	7
3	Jessica Abbot	STJ	4.90	4.90	4.82		4.90	13
4	Amy Griffiths	STJ	4.90	4.80	0.00		4.90	14
4	Amy Griffiths	TT	9	4	1	2	16	8
6	Poppy Hughes	CP	6.25	7.00	7.00		7.00	2
7	Ellie Brown	SB	49				49	8=
7	Ellie Brown	SLJ	1.61	1.59	1.47		1.61	15
8	Sophie Potter	SB	48				48	10=
8	Sophie Potter	SLJ	1.55	1.62	1.72		1.72	14
9	Bethany Holliday	VJ	27	40	38		40	7
10	Katie Harman	BT	15	15	15	15	60	1=
10	Katie Harman	TT	8	6	2	1	17	5=
12	Hannah Formaston	BT	15	15	15	15	60	1=
12	Hannah Formaston	VJ	43	40	42		43	2
14	Ellie Ravenscroft	SB	49				49	8=
14	Ellie Ravenscroft	SLJ	1.73	1.75	1.68		1.75	12
15	Bryony Haines	VJ	39	41	37		41	4

Team Results

Shropshire (green)

Competition:

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Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	MR	BT	CP	J	SB	SLJ	STJ	TT	VJ
1	Birmingham	red	447	30	28	28	22	30	28	30	28	28	28	23	30	26	30	28	30
2	Staffordshire	blue	419	26	26	26	30	28	26	24	30	22	23	28	28	30	24	26	22
3	Warwickshire	purple	418	28	30	30	26	24	22	26	22	26	26	30	24	28	28	22	26
4	Here'shire & Wor'shire	yellow	402	24	24	22	28	26	24	22	24	30	30	26	26	22	22	24	28
5	Shropshire	green	394	22	22	24	24	22	30	28	26	24	23	23	22	24	26	30	24

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Holly Williamson	STJ	5.00	5.06	5.04		5.06	11=
2	Harriet Smailes	BT	11	15	15	15	56	7=
2	Harriet Smailes	J	10	9	10		10	8
4	Abi Bowers	SB	51				51	6=
4	Abi Bowers	SLJ	1.84	1.75	1.77		1.84	7
5	Emily Ball	SLJ	1.84	1.83	1.96		1.96	3
6	Charlotte Edwards	CP	5.75	6.00	5.75		6.00	6
6	Charlotte Edwards	SLJ	1.63	1.66	1.76		1.76	11
7	Sally Joyce	SB	40				40	15
7	Sally Joyce	VJ	39	36	39		39	8
8	Susannah Fogan	STJ	5.06	5.24	5.42		5.42	6
8	Susannah Fogan	TT	9	7	4	2	22	1
9	Lauran Rickards	CP	5.50	5.50	5.00		5.50	10
9	Lauran Rickards	STJ	5.24	2.20	5.42		5.42	7
10	Izzy Coltham	SB	48				48	10=
11	Jasmine Tickner	BT	12	5	3	5	25	15
11	Jasmine Tickner	TT	7	5	3	2	17	5=
12	Ellie Ferguson	VJ	37	37	38		38	9=
13	Isobel Bowdler	BT	4	15	9	15	43	11
14	Evie Bowdler	VJ	35	33	35		35	14
15	Gina Dummett	J	8	11	13		13	6

Team Results

Staffordshire (blue)

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Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	MR	BT	CP	J	SB	SLJ	STJ	TT	VJ
1	Birmingham	red	447	30	28	28	22	30	28	30	28	28	28	23	30	26	30	28	30
2	Staffordshire	blue	419	26	26	26	30	28	26	24	30	22	23	28	28	30	24	26	22
3	Warwickshire	purple	418	28	30	30	26	24	22	26	22	26	26	30	24	28	28	22	26
4	Here'shire & Wor'shire	yellow	402	24	24	22	28	26	24	22	24	30	30	26	26	22	22	24	28
5	Shropshire	green	394	22	22	24	24	22	30	28	26	24	23	23	22	24	26	30	24

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Alice Walters	CP	5.75	5.75	5.50		5.75	8=
1	Alice Walters	SLJ	1.78	1.95	1.81		1.95	4
3	Poppy Walford	J	13	13	17		17	2
3	Poppy Walford	STJ	5.30	5.16	5.06		5.30	8
4	Simone Bartler-Billings	BT	15	15	15	15	60	1=
4	Simone Bartler-Billings	CP	5.50	5.75	5.75		5.75	8=
5	Hattie Williams	SB	48				48	10=
5	Hattie Williams	VJ	35	40	39		40	6
6	Cydnee Glenn	SB	51				51	6=
6	Cydnee Glenn	STJ	4.94	5.10	4.96		5.10	10
7	Abbie Garrett	SLJ	1.78	1.76	1.83		1.83	8
8	Natasha Gierth	SLJ	1.82	1.91	1.77		1.91	5
9	Lucy Wust	STJ	4.80	4.84	4.84		4.84	15
11	Rebecca Metcalfe	BT	8	7	13	8	36	12
11	Rebecca Metcalfe	TT	9	8	2	1	20	2
12	Imogen Hiller	BT	7	7	7	5	26	14
12	Imogen Hiller	TT	5	5	3	1	14	9
13	Laura Whitehurst	J	9	9	10		10	9=
13	Laura Whitehurst	VJ	28	26	28		28	15
14	Kherina Fenton	SB	53				53	3=
14	Kherina Fenton	VJ	36	33	34		36	13

Team Results

Warwickshire (purple)

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1	Birmingham	red	447	30	28	28	22	30	28	30	28	28	28	23	30	26	30	28	30
2	Staffordshire	blue	419	26	26	26	30	28	26	24	30	22	23	28	28	30	24	26	22
3	Warwickshire	purple	418	28	30	30	26	24	22	26	22	26	26	30	24	28	28	22	26
4	Here'shire & Wor'shire	yellow	402	24	24	22	28	26	24	22	24	30	30	26	26	22	22	24	28
5	Shropshire	green	394	22	22	24	24	22	30	28	26	24	23	23	22	24	26	30	24

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Reagan Traynor	CP	5.75	5.75	5.75		5.75	7
1	Reagan Traynor	SLJ	1.84	1.89	1.84		1.89	6
2	Annabelle Pask	J	16	16	16		16	3
2	Annabelle Pask	SLJ	1.98	2.02	1.95		2.02	2
3	Lydia Jelly	SB	43				43	14
4	Simone Ayer	VJ	40	40	41		41	3
5	Imogen Downing	SB	48				48	10=
5	Imogen Downing	STJ	5.54	5.56	5.64		5.64	1
6	Felicity Bee	BT	15	12	14	15	56	7=
6	Felicity Bee	STJ	5.46	5.32	5.22		5.46	4
7	Sophie Rowe	BT	14	5	6	4	29	13
7	Sophie Rowe	VJ	35	36	34		36	12
8	Sophie Connor	BT	15	10	8	14	47	10
8	Sophie Connor	VJ	35	38	35		38	11
9	Bayleigh James	SLJ	1.65	1.75	1.71		1.75	13
9	Bayleigh James	TT	7	3	1	0	11	10
10	Bethany Stokes	J	17	16	12		17	1
10	Bethany Stokes	SB	52				52	5
11	Molly Smart	CP	6.00	6.50	6.50		6.50	4
11	Molly Smart	STJ	5.00	5.06	5.04		5.06	11=
12	Bryony Wilson	TT	4	9	5	1	19	3

Results Sheet

Obstacle Relay

Competition:

AFIA-West Midlands Regional Festival Under 11 Girls

Venue:

Coventry Sports & Leisure Centre

Date

25 Jan 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Birmingham	red	1:26.5	0.0	1:26.5	30.0
2	05	Warwickshire	purple	1:28.3	0.0	1:28.3	28.0
3	04	Staffordshire	blue	1:28.8	0.0	1:28.8	26.0
4	02	Here'shire & Wor'shire	yellow	1:31.9	0.0	1:31.9	24.0
5	03	Shropshire	green	1:36.5	0.0	1:36.5	22.0

Results Sheet

1 + 1 Lap Relay

Competition:

AFIA-West Midlands Regional Festival Under 11 Girls

Venue:

Coventry Sports & Leisure Centre

Date

25 Jan 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	05	Warwickshire	purple	26.4	0.0	26.4	30.0
2	01	Birmingham	red	26.6	0.0	26.6	28.0
3	04	Staffordshire	blue	27.0	0.0	27.0	26.0
4	02	Here'shire & Wor'shire	yellow	29.3	0.0	29.3	24.0
5	03	Shropshire	green	29.4	0.0	29.4	22.0

Results Sheet

4 x 1 Lap Relay

Competition:

AFIA-West Midlands Regional Festival Under 11 Girls

Venue:

Coventry Sports & Leisure Centre

Date

25 Jan 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	05	Warwickshire	purple	52.6	0.0	52.6	30.0
2	01	Birmingham	red	53.5	0.0	53.5	28.0
3	04	Staffordshire	blue	55.4	0.0	55.4	26.0
4	03	Shropshire	green	56.6	0.0	56.6	24.0
5	02	Here'shire & Wor'shire	yellow	57.0	0.0	57.0	22.0

Results Sheet

6 Lap Paarlauf

Competition:

AFIA-West Midlands Regional Festival Under 11 Girls

Venue:

Coventry Sports & Leisure Centre

Date

25 Jan 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Staffordshire	blue	1:24.3	0.0	1:24.3	30.0
2	02	Here'shire & Wor'shire	yellow	1:25.6	0.0	1:25.6	28.0
3	05	Warwickshire	purple	1:25.9	0.0	1:25.9	26.0
4	03	Shropshire	green	1:26.6	0.0	1:26.6	24.0
5	01	Birmingham	red	1:27.4	0.0	1:27.4	22.0

Results Sheet

Over and Under Relay

Competition:

AFIA-West Midlands Regional Festival Under 11 Girls

Venue:

Coventry Sports & Leisure Centre

Date

25 Jan 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Birmingham	red	1:19.2	0.0	1:19.2	30.0
2	04	Staffordshire	blue	1:19.5	0.0	1:19.5	28.0
3	02	Here'shire & Wor'shire	yellow	1:20.5	0.0	1:20.5	26.0
4	05	Warwickshire	purple	1:20.6	0.0	1:20.6	24.0
5	03	Shropshire	green	1:23.3	0.0	1:23.3	22.0

Results Sheet

Hurdles Relay

Competition:

AFIA-West Midlands Regional Festival Under 11 Girls

Venue:

Coventry Sports & Leisure Centre

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25 Jan 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Shropshire	green	1:02.6	0.0	1:02.6	30.0
2	01	Birmingham	red	1:03.8	0.0	1:03.8	28.0
3	04	Staffordshire	blue	1:04.0	0.0	1:04.0	26.0
4	02	Here'shire & Wor'shire	yellow	1:04.8	0.0	1:04.8	24.0
5	05	Warwickshire	purple	1:06.0	0.0	1:06.0	22.0

Results Sheet

Grand Prix

Competition:

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25 Jan 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Birmingham	red	1:21.4	0.0	1:21.4	30.0
2	03	Shropshire	green	1:23.3	0.0	1:23.3	28.0
3	05	Warwickshire	purple	1:24.2	0.0	1:24.2	26.0
4	04	Staffordshire	blue	1:25.3	0.0	1:25.3	24.0
5	02	Here'shire & Wor'shire	yellow	1:26.6	0.0	1:26.6	22.0

Results Sheet

Balance Test

Competition:

AFIA-West Midlands Regional Festival Under 11 Girls

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Ranking	Team	Colour	Total	Points
1	Here'shire & Wor'shire	yellow	180	30
2	Birmingham	red	169	28
3	Warwickshire	purple	132	26
4	Shropshire	green	124	24
5	Staffordshire	blue	122	22

Ranking	Team	Colour	BibNo	Name	Total
1=	Birmingham	red	9	Emily Knowles	60
1=	Birmingham	red	11	Bethany Carohpowle	60
1=	Here'shire & Wor'shire	yellow	2	Bea Howarth	60
1=	Here'shire & Wor'shire	yellow	10	Katie Harman	60
1=	Here'shire & Wor'shire	yellow	12	Hannah Formaston	60
1=	Staffordshire	blue	4	Simone Bartler-Billings	60
7=	Shropshire	green	2	Harriet Smailes	56
7=	Warwickshire	purple	6	Felicity Bee	56
9	Birmingham	red	8	Hannah Rundle	49
10	Warwickshire	purple	8	Sophie Connor	47
11	Shropshire	green	13	Isobel Bowdler	43
12	Staffordshire	blue	11	Rebecca Metcalfe	36
13	Warwickshire	purple	7	Sophie Rowe	29
14	Staffordshire	blue	12	Imogen Hiller	26
15	Shropshire	green	11	Jasmine Tickner	25

Results Sheet

Chest Push

Competition:

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Ranking	Team	Colour	Total	Points
1	Here'shire & Wor'shire	yellow	14.25	30
2	Birmingham	red	13.00	28
3	Warwickshire	purple	12.25	26
4=	Shropshire	green	11.50	23
4=	Staffordshire	blue	11.50	23

Ranking	Team	Colour	BibNo	Name	Best
1	Here'shire & Wor'shire	yellow	1	Holly Elliot	7.25
2	Here'shire & Wor'shire	yellow	6	Poppy Hughes	7.00
3	Birmingham	red	5	Olivia Woodward	7.00
4	Warwickshire	purple	11	Molly Smart	6.50
5	Birmingham	red	12	Georgina Ryding	6.00
6	Shropshire	green	6	Charlotte Edwards	6.00
7	Warwickshire	purple	1	Reagan Traynor	5.75
8=	Staffordshire	blue	1	Alice Walters	5.75
8=	Staffordshire	blue	4	Simone Bartler-Billings	5.75
10	Shropshire	green	9	Lauran Rickards	5.50

Results Sheet

Javelin

Competition:

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Ranking	Team	Colour	Total	Points
1	Warwickshire	purple	33	30
2	Staffordshire	blue	27	28
3	Here'shire & Wor'shire	yellow	25	26
4=	Birmingham	red	23	23
4=	Shropshire	green	23	23

Ranking	Team	Colour	BibNo	Name	Best
1	Warwickshire	purple	10	Bethany Stokes	17
2	Staffordshire	blue	3	Poppy Walford	17
3	Warwickshire	purple	2	Annabelle Pask	16
4	Birmingham	red	14	Kyrena Brown	13
5	Here'shire & Wor'shire	yellow	2	Bea Howarth	13
6	Shropshire	green	15	Gina Dummett	13
7	Here'shire & Wor'shire	yellow	3	Jessica Abbot	12
8	Shropshire	green	2	Harriet Smailes	10
9=	Birmingham	red	4	Shabriam Golestani	10
9=	Staffordshire	blue	13	Laura Whitehurst	10

Results Sheet

Speed Bounce

Competition:

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Ranking	Team	Colour	Total	Points
1	Birmingham	red	164	30
2	Staffordshire	blue	152	28
3	Here'shire & Wor'shire	yellow	146	26
4	Warwickshire	purple	143	24
5	Shropshire	green	139	22

Ranking	Team	Colour	BibNo	Name	Total
1	Birmingham	red	1	Stacey Mulholland	56
2	Birmingham	red	2	Phoebe White	55
3=	Birmingham	red	3	Hannah Leighton	53
3=	Staffordshire	blue	14	Kherina Fenton	53
5	Warwickshire	purple	10	Bethany Stokes	52
6=	Shropshire	green	4	Abi Bowers	51
6=	Staffordshire	blue	6	Cydnee Glenn	51
8=	Here'shire & Wor'shire	yellow	7	Ellie Brown	49
8=	Here'shire & Wor'shire	yellow	14	Ellie Ravenscroft	49
10=	Here'shire & Wor'shire	yellow	8	Sophie Potter	48
10=	Shropshire	green	10	Izzy Coltham	48
10=	Staffordshire	blue	5	Hattie Williams	48
10=	Warwickshire	purple	5	Imogen Downing	48
14	Warwickshire	purple	3	Lydia Jelly	43
15	Shropshire	green	7	Sally Joyce	40

Results Sheet

Standing Triple Jump

Competition:

AFIA-West Midlands Regional Festival Under 11 Girls

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Ranking	Team	Colour	Total	Points
1	Birmingham	red	16.54	30
2	Warwickshire	purple	16.16	28
3	Shropshire	green	15.90	26
4	Staffordshire	blue	15.24	24
5	Here'shire & Wor'shire	yellow	14.92	22

Ranking	Team	Colour	BibNo	Name	Best
1	Warwickshire	purple	5	Imogen Downing	5.64
2	Birmingham	red	3	Hannah Leighton	5.58
3	Birmingham	red	1	Stacey Mulholland	5.52
4	Warwickshire	purple	6	Felicity Bee	5.46
5	Birmingham	red	5	Olivia Woodward	5.44
6	Shropshire	green	8	Susannah Fogan	5.42
7	Shropshire	green	9	Lauran Rickards	5.42
8	Staffordshire	blue	3	Poppy Walford	5.30
9	Here'shire & Wor'shire	yellow	1	Holly Elliot	5.12
10	Staffordshire	blue	6	Cydnee Glenn	5.10
11=	Shropshire	green	1	Holly Williamson	5.06
11=	Warwickshire	purple	11	Molly Smart	5.06
13	Here'shire & Wor'shire	yellow	3	Jessica Abbot	4.90
14	Here'shire & Wor'shire	yellow	4	Amy Griffiths	4.90
15	Staffordshire	blue	9	Lucy Wust	4.84

Results Sheet

Target Throw

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Ranking	Team	Colour	Total	Points
1	Shropshire	green	39	30
2	Birmingham	red	35	28
3	Staffordshire	blue	34	26
4	Here'shire & Wor'shire	yellow	33	24
5	Warwickshire	purple	30	22

Ranking	Team	Colour	BibNo	Name	Total
1	Shropshire	green	8	Susannah Fogan	22
2	Staffordshire	blue	11	Rebecca Metcalfe	20
3	Warwickshire	purple	12	Bryony Wilson	19
4	Birmingham	red	9	Emily Knowles	18
5=	Birmingham	red	10	Katrina Moore	17
5=	Here'shire & Wor'shire	yellow	10	Katie Harman	17
5=	Shropshire	green	11	Jasmine Tickner	17
8	Here'shire & Wor'shire	yellow	4	Amy Griffiths	16
9	Staffordshire	blue	12	Imogen Hiller	14
10	Warwickshire	purple	9	Bayleigh James	11

