

Competition Results

Competition:

SRF-East Regional Final Under 13 Girls

Venue:

Sportspark, UEA, Norwich

Date

2 Feb 2013

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Norfolk	green	692	50	70	70	60	58	40	58	44	48	52	38	50	54
2	Essex	blue	662	60	50	50	70	50	42	50	58	42	36	54	46	54
3	Hertfordshire	yellow	638	70	40	60	50	37	58	38	39	58	54	50	44	40
4	Cambridgeshire	red	544	40	60	40	40	39	44	38	43	36	42	42	44	36

Team Results

Cambridgeshire (red)

Competition:

SRF-East Regional Final Under 13 Girls

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Sportspark, UEA, Norwich

Date

2 Feb 2013

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Norfolk	green	692	50	70	70	60	58	40	58	44	48	52	38	50	54
2	Essex	blue	662	60	50	50	70	50	42	50	58	42	36	54	46	54
3	Hertfordshire	yellow	638	70	40	60	50	37	58	38	39	58	54	50	44	40
4	Cambridgeshire	red	544	40	60	40	40	39	44	38	43	36	42	42	44	36

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
1	Ellie Forest	HJ	1.25				1.25	4=	23
2	Jessica Robinson	SB	78				78	4	24
3	Harriet Bruce	STJ	6.28	6.30	5.90	6.16	6.30	3	26
4	Megan Porter	6LR	1:37.2				1:37.2	6	20
4	Megan Porter	VJ	44	0	42	45	45	8	16
5	Serena Korkmaz	4LR	57.3	57.7			57.7	3	26
5	Serena Korkmaz	VJ	48	39	36	36	48	6	20
6	Megan Sims	2LR	26.6	0.0			26.6	5=	21
6	Megan Sims	STJ	5.68	5.78	5.78	5.70	5.78	7	18
7	Lily Whitmore	S	6.70	6.78	6.60	6.53	6.78	6	20
8	Bethan Gilligan	HJ	1.25				1.25	6	20
9	Alex Pullen	6LR	1:37.5				1:37.5	7	18
9	Alex Pullen	S	5.15	5.39	6.00	0.00	6.00	8	16
10	Neve Rutter	4LR	59.1	0.0			59.1	7	18
10	Neve Rutter	SLJ	1.92	2.04	2.06	2.02	2.06	4	24
11	Laura Robertson	2LR	27.5	0.0			27.5	7	18
11	Laura Robertson	SLJ	1.90	1.92	1.96	1.98	1.98	7	18
12	Amy Gore	SB	68				68	7	18

Team Results

Essex (blue)

Competition:

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Sportspark, UEA, Norwich

Date

2 Feb 2013

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Norfolk	green	692	50	70	70	60	58	40	58	44	48	52	38	50	54
2	Essex	blue	662	60	50	50	70	50	42	50	58	42	36	54	46	54
3	Hertfordshire	yellow	638	70	40	60	50	37	58	38	39	58	54	50	44	40
4	Cambridgeshire	red	544	40	60	40	40	39	44	38	43	36	42	42	44	36

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
13	Amy Day	4LR	58.5	1:00.6			1:00.6	5	22
13	Amy Day	STJ	6.26	0.00	0.00	5.00	6.26	5	22
14	Brogan Ravenall	SB	73				73	6	20
15	Elena March	6LR	1:32.7				1:32.7	3	26
15	Elena March	SB	60				60	8	16
16	Grace Okunola	2LR	26.0	26.1			26.1	3	26
16	Grace Okunola	VJ	58	56	58	57	58	1	30
17	Hannah Badger	HJ	1.39				1.39	2	28
18	Isabelle Purdie	4LR	59.0	0.0			59.0	6	20
18	Isabelle Purdie	SLJ	2.08	2.08	2.06	2.06	2.08	3	26
19	Isobel McDonach	2LR	26.5	26.7			26.7	4	24
19	Isobel McDonach	S	6.81	7.55	6.95	7.39	7.55	4	24
20	Jessica Down	HJ	1.42				1.42	1	30
21	Josie Waddams	SLJ	2.12	2.16	2.06	2.04	2.16	2	28
22	Lucy Brown	6LR	1:33.2				1:33.2	4	24
22	Lucy Brown	S	6.21	0.00	5.82	5.43	6.21	7	18
23	Mayi Hughes	STJ	5.90	6.26	6.20	6.30	6.30	4	24
24	Seniz Jessener	VJ	49	43	46	44	49	4	24

Team Results

Hertfordshire (yellow)

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2 Feb 2013

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Norfolk	green	692	50	70	70	60	58	40	58	44	48	52	38	50	54
2	Essex	blue	662	60	50	50	70	50	42	50	58	42	36	54	46	54
3	Hertfordshire	yellow	638	70	40	60	50	37	58	38	39	58	54	50	44	40
4	Cambridgeshire	red	544	40	60	40	40	39	44	38	43	36	42	42	44	36

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
25	Abigail Pickard	6LR	1:37.6				1:37.6	8	16
25	Abigail Pickard	HJ	1.25				1.25	4=	23
26	Shona-Leigh Pybus	HJ	1.15				1.15	8	16
27	Nicole Parcell	S	11.03	11.14	9.96	9.96	11.14	1	30
28	Alisha Levy	S	9.29	8.93	10.15	10.05	10.15	2	28
29	Sophie Tibbles	VJ	43	48	0	41	48	5	22
30	Amber Thomas	2LR	26.6	0.0			26.6	5=	21
30	Amber Thomas	VJ	45	47	47	47	47	7	18
31	Grace Gentry	4LR	56.1	57.2			57.2	2	28
31	Grace Gentry	SLJ	2.08	2.16	2.12	2.10	2.16	1	30
32	Abi Jones	6LR	1:33.6				1:33.6	5	22
32	Abi Jones	SLJ	1.94	1.98	1.98	2.02	2.02	6	20
33	Sophie Julian	STJ	6.58	6.46	6.70	6.53	6.70	2	28
34	Megan Fielding	4LR	55.1	55.5			55.5	1	30
34	Megan Fielding	SB	80				80	3	26
35	Pippa Beauchamp	SB	82				82	2	28
36	Imogen Walker	2LR	27.6	0.0			27.6	8	16
36	Imogen Walker	STJ	0.00	5.78	5.68	5.66	5.78	8	16

Team Results

Norfolk (green)

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SRF-East Regional Final Under 13 Girls

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Sportspark, UEA, Norwich

Date

2 Feb 2013

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Norfolk	green	692	50	70	70	60	58	40	58	44	48	52	38	50	54
2	Essex	blue	662	60	50	50	70	50	42	50	58	42	36	54	46	54
3	Hertfordshire	yellow	638	70	40	60	50	37	58	38	39	58	54	50	44	40
4	Cambridgeshire	red	544	40	60	40	40	39	44	38	43	36	42	42	44	36

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
37	Emily Mace	2LR	26.0	26.1			26.1	2	28
37	Emily Mace	SB	77				77	5	22
38	Alicia Akinbiyi	2LR	26.0	26.0			26.0	1	30
38	Alicia Akinbiyi	SLJ	1.88	1.98	2.00	2.04	2.04	5	22
39	Jessica Scarlett	4LR	59.9	0.0			59.9	8	16
39	Jessica Scarlett	STJ	5.84	0.00	0.00	6.00	6.00	6	20
40	Madison Stubbs	4LR	57.4	58.7			58.7	4	24
40	Madison Stubbs	S	4.47	7.26	7.57	7.10	7.57	3	26
41	Freya Bilwa	6LR	1:30.4				1:30.4	1	30
41	Freya Bilwa	SB	89				89	1	30
42	Hannah Greenhalgh	6LR	1:30.9				1:30.9	2	28
42	Hannah Greenhalgh	VJ	48	48	49	48	49	3	26
43	Sophie Bishop	STJ	6.70	6.76	6.78	6.76	6.78	1	30
44	Madeleine Parle	VJ	53	48	48	55	55	2	28
45	Emma Dewdney	SLJ	1.80	1.92	1.98	1.94	1.98	8	16
46	Alice Wakeley	S	4.62	6.35	6.49	7.28	7.28	5	22
47	Lauren Bradfield	HJ	1.30				1.30	3	26
48	Holly Baker	HJ	1.25				1.25	7	18

Results Sheet

Obstacle Relay

Competition:

SRF-East Regional Final Under 13 Girls

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Sportspark, UEA, Norwich

Date

2 Feb 2013

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Hertfordshire	yellow	1:23.7	0.0	1:23.7	70.0
2	02	Essex	blue	1:24.0	0.0	1:24.0	60.0
3	04	Norfolk	green	1:24.2	0.0	1:24.2	50.0
4	01	Cambridgeshire	red	1:32.1	0.0	1:32.1	40.0

Results Sheet

2 Lap Race

Competition:
SRF-East Regional Final Under 13 Girls

Venue:
Sportspark, UEA, Norwich

Date
2 Feb 2013

Ranking	Team	Colour	Points
1	Norfolk	green	58
2	Essex	blue	50
3	Cambridgeshire	red	39
4	Hertfordshire	yellow	37

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	green	38	Alicia Akinbiyi	26.0	30
2	Norfolk	green	37	Emily Mace	26.1	28
3	Essex	blue	16	Grace Okunola	26.1	26
4	Essex	blue	19	Isobel McDonach	26.7	24
5=	Cambridgeshire	red	6	Megan Sims	26.6	21
5=	Hertfordshire	yellow	30	Amber Thomas	26.6	21
7	Cambridgeshire	red	11	Laura Robertson	27.5	18
8	Hertfordshire	yellow	36	Imogen Walker	27.6	16

Results Sheet

4 Lap Race

Competition:
SRF-East Regional Final Under 13 Girls

Venue:
Sportspark, UEA, Norwich

Date
2 Feb 2013

Ranking	Team	Colour	Points
1	Hertfordshire	yellow	58
2	Cambridgeshire	red	44
3	Essex	blue	42
4	Norfolk	green	40

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	yellow	34	Megan Fielding	55.5	30
2	Hertfordshire	yellow	31	Grace Gentry	57.2	28
3	Cambridgeshire	red	5	Serena Korkmaz	57.7	26
4	Norfolk	green	40	Madison Stubbs	58.7	24
5	Essex	blue	13	Amy Day	1:00.6	22
6	Essex	blue	18	Isabelle Purdie	59.0	20
7	Cambridgeshire	red	10	Neve Rutter	59.1	18
8	Norfolk	green	39	Jessica Scarlett	59.9	16

Results Sheet

6 Lap Time Trial

Competition:
SRF-East Regional Final Under 13 Girls

Venue:
Sportspark, UEA, Norwich

Date
2 Feb 2013

Ranking	Team	Colour	Points
1	Norfolk	green	58
2	Essex	blue	50
3=	Cambridgeshire	red	38
3=	Hertfordshire	yellow	38

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	green	41	Freya Bilwa	1:30.4	30
2	Norfolk	green	42	Hannah Greenhalgh	1:30.9	28
3	Essex	blue	15	Elena March	1:32.7	26
4	Essex	blue	22	Lucy Brown	1:33.2	24
5	Hertfordshire	yellow	32	Abi Jones	1:33.6	22
6	Cambridgeshire	red	4	Megan Porter	1:37.2	20
7	Cambridgeshire	red	9	Alex Pullen	1:37.5	18
8	Hertfordshire	yellow	25	Abigail Pickard	1:37.6	16

Results Sheet

8 Lap Paarlauf

Competition:

SRF-East Regional Final Under 13 Girls

Venue:

Sportspark, UEA, Norwich

Date

2 Feb 2013

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	green	1:50.2	0.0	1:50.2	70.0
2	01	Cambridgeshire	red	1:54.2	0.0	1:54.2	60.0
3	02	Essex	blue	1:55.4	0.0	1:55.4	50.0
4	03	Hertfordshire	yellow	1:55.7	0.0	1:55.7	40.0

Results Sheet

4 x 1 Lap Relay

Competition:

SRF-East Regional Final Under 13 Girls

Venue:

Sportspark, UEA, Norwich

Date

2 Feb 2013

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	green	51.5	0.0	51.5	70.0
2	03	Hertfordshire	yellow	51.5	0.0	51.5	60.0
3	02	Essex	blue	52.4	0.0	52.4	50.0
4	01	Cambridgeshire	red	56.7	0.0	56.7	40.0

Results Sheet

4 x 2 Lap Relay

Competition:

SRF-East Regional Final Under 13 Girls

Venue:

Sportspark, UEA, Norwich

Date

2 Feb 2013

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	Essex	blue	1:44.2	0.0	1:44.2	70.0
2	04	Norfolk	green	1:44.7	0.0	1:44.7	60.0
3	03	Hertfordshire	yellow	1:46.4	0.0	1:46.4	50.0
4	01	Cambridgeshire	red	1:49.7	0.0	1:49.7	40.0

Results Sheet

High Jump

Competition:
SRF-East Regional Final Under 13 Girls

Venue:
Sportspark, UEA, Norwich

Date
2 Feb 2013

Ranking	Team	Colour	Points
1	Essex	blue	58
2	Norfolk	green	44
3	Cambridgeshire	red	43
4	Hertfordshire	yellow	39

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Essex	blue	20	Jessica Down	1.42	30
2	Essex	blue	17	Hannah Badger	1.39	28
3	Norfolk	green	47	Lauren Bradfield	1.30	26
4=	Cambridgeshire	red	1	Ellie Forest	1.25	23
4=	Hertfordshire	yellow	25	Abigail Pickard	1.25	23
6	Cambridgeshire	red	8	Bethan Gilligan	1.25	20
7	Norfolk	green	48	Holly Baker	1.25	18
8	Hertfordshire	yellow	26	Shona-Leigh Pybus	1.15	16

Results Sheet

Shot

Competition:
SRF-East Regional Final Under 13 Girls

Venue:
Sportspark, UEA, Norwich

Date
2 Feb 2013

Ranking	Team	Colour	Points
1	Hertfordshire	yellow	58
2	Norfolk	green	48
3	Essex	blue	42
4	Cambridgeshire	red	36

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	yellow	27	Nicole Parcell	11.14	30
2	Hertfordshire	yellow	28	Alisha Levy	10.15	28
3	Norfolk	green	40	Madison Stubbs	7.57	26
4	Essex	blue	19	Isobel McDonach	7.55	24
5	Norfolk	green	46	Alice Wakeley	7.28	22
6	Cambridgeshire	red	7	Lily Whitmore	6.78	20
7	Essex	blue	22	Lucy Brown	6.21	18
8	Cambridgeshire	red	9	Alex Pullen	6.00	16

Results Sheet

Speed Bounce

Competition:
SRF-East Regional Final Under 13 Girls

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Sportspark, UEA, Norwich

Date
2 Feb 2013

Ranking	Team	Colour	Points
1	Hertfordshire	yellow	54
2	Norfolk	green	52
3	Cambridgeshire	red	42
4	Essex	blue	36

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Norfolk	green	41	Freya Bilwa	89	30
2	Hertfordshire	yellow	35	Pippa Beauchamp	82	28
3	Hertfordshire	yellow	34	Megan Fielding	80	26
4	Cambridgeshire	red	2	Jessica Robinson	78	24
5	Norfolk	green	37	Emily Mace	77	22
6	Essex	blue	14	Brogan Ravenall	73	20
7	Cambridgeshire	red	12	Amy Gore	68	18
8	Essex	blue	15	Elena March	60	16

Results Sheet

Standing Long Jump

Competition:

SRF-East Regional Final Under 13 Girls

Venue:

Sportspark, UEA, Norwich

Date

2 Feb 2013

Ranking	Team	Colour	Points
1	Essex	blue	54
2	Hertfordshire	yellow	50
3	Cambridgeshire	red	42
4	Norfolk	green	38

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	yellow	31	Grace Gentry	2.16	30
2	Essex	blue	21	Josie Waddams	2.16	28
3	Essex	blue	18	Isabelle Purdie	2.08	26
4	Cambridgeshire	red	10	Neve Rutter	2.06	24
5	Norfolk	green	38	Alicia Akinbiyi	2.04	22
6	Hertfordshire	yellow	32	Abi Jones	2.02	20
7	Cambridgeshire	red	11	Laura Robertson	1.98	18
8	Norfolk	green	45	Emma Dewdney	1.98	16

Results Sheet

Standing Triple Jump

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Date
2 Feb 2013

Ranking	Team	Colour	Points
1	Norfolk	green	50
2	Essex	blue	46
3=	Cambridgeshire	red	44
3=	Hertfordshire	yellow	44

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	green	43	Sophie Bishop	6.78	30
2	Hertfordshire	yellow	33	Sophie Julian	6.70	28
3	Cambridgeshire	red	3	Harriet Bruce	6.30	26
4	Essex	blue	23	Mayi Hughes	6.30	24
5	Essex	blue	13	Amy Day	6.26	22
6	Norfolk	green	39	Jessica Scarlett	6.00	20
7	Cambridgeshire	red	6	Megan Sims	5.78	18
8	Hertfordshire	yellow	36	Imogen Walker	5.78	16

Results Sheet

Vertical Jump

Competition:
SRF-East Regional Final Under 13 Girls

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Sportspark, UEA, Norwich

Date
2 Feb 2013

Ranking	Team	Colour	Points
1=	Essex	blue	54
1=	Norfolk	green	54
3	Hertfordshire	yellow	40
4	Cambridgeshire	red	36

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Essex	blue	16	Grace Okunola	58	30
2	Norfolk	green	44	Madeleine Parle	55	28
3	Norfolk	green	42	Hannah Greenhalgh	49	26
4	Essex	blue	24	Seniz Jessener	49	24
5	Hertfordshire	yellow	29	Sophie Tibbles	48	22
6	Cambridgeshire	red	5	Serena Korkmaz	48	20
7	Hertfordshire	yellow	30	Amber Thomas	47	18
8	Cambridgeshire	red	4	Megan Porter	45	16