

# Competition Results

## Competition:

ASHA-East Regional Final Under 15 Boys

## Venue:

University of East Anglia, Norwich

## Date

19 Feb 2011

Ranking	Team	Score	Individual	P8	4x2
1	Hertfordshire	634	524	70	40
2	Norfolk	630	500	60	70
3	Cambridgeshire	580	480	50	50
4	Essex	546	486	0	60

# Athlete Results

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Ranking	BibNo	Athlete	Team	Score	2LR	4LR	S	SB	SLJ	STJ
1	95	Ryan Townser	Hertfordshire	144		50	48			46
2=	81	Joseph Ebanks	Cambridgeshire	138	50		38		50	
2=	88	Alex O'Brien	Essex	138		48	42		48	
4=	87	Alex Woolnough	Essex	132	48		46		38	
4=	129	Sam Green	Norfolk	132	40			50	42	
6=	84	Myles Carter	Cambridgeshire	130		38	44			48
6=	94	Alex Zahara	Hertfordshire	130	44		50		36	
8	98	James Weaver	Hertfordshire	128	38			40		50
9	125	Mark Phillipson	Norfolk	126	46		34		46	
10=	99	James O'Deniyi	Hertfordshire	122	42			36	44	
10=	127	Jake Shea	Norfolk	122		40	40			42
12=	126	Craig Brooks	Norfolk	120		44		46	30	
12=	128	Matthew Bailey	Norfolk	120		34		48		38
14	96	Alex Page	Hertfordshire	118		46	32		40	
15	130	William Moore	Norfolk	114	34		36			44
16	82	Dennis Penny-Toure	Cambridgeshire	112	36			44		32
17	90	James Millard	Essex	110		36		34		40
18	89	Frederick Haines	Essex	106		42		30	34	
19	97	Will Dackus	Hertfordshire	102		28		38		36
20	80	Samuel Dew	Cambridgeshire	100		30		42	28	
21=	83	Simon Kumar	Cambridgeshire	96	32		30			34
21=	85	Ian Liddle	Cambridgeshire	96		32		32	32	
23	131	Remarl Nelson	Norfolk	0						

# Team Results

# Cambridgeshire (green)

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1	Hertfordshire	634	524	70	40
2	Norfolk	630	500	60	70
3	Cambridgeshire	580	480	50	50
4	Essex	546	486	0	60

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
80	Samuel Dew	4LR	54.9				54.9	11	30
80	Samuel Dew	SB	75				75	5	42
80	Samuel Dew	SLJ	1.83	0.00	1.84		1.84	12	28
81	Joseph Ebanks	2LR	23.1				23.1	1	50
81	Joseph Ebanks	S	10.20	9.47	7.82		10.20	7	38
81	Joseph Ebanks	SLJ	2.45	2.58	2.64		2.64	1	50
82	Dennis Penny-Toure	2LR	25.4				25.4	8	36
82	Dennis Penny-Toure	SB	76				76	4	44
82	Dennis Penny-Toure	STJ	5.87	5.94	0.00		5.94	10	32
83	Simon Kumar	2LR	26.3				26.3	10	32
83	Simon Kumar	S	7.66	7.38	7.03		7.66	11	30
83	Simon Kumar	STJ	0.00	6.08	5.80		6.08	9	34
84	Myles Carter	4LR	52.5				52.5	7	38
84	Myles Carter	S	11.00	10.89	10.52		11.00	4	44
84	Myles Carter	STJ	6.62	7.15	7.50		7.50	2	48
85	Ian Liddle	4LR	53.6				53.6	10	32
85	Ian Liddle	SB	60				60	10	32
85	Ian Liddle	SLJ	2.19	2.16	2.12		2.19	10	32

# Team Results

# Essex (red)

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1	Hertfordshire	634	524	70	40
2	Norfolk	630	500	60	70
3	Cambridgeshire	580	480	50	50
4	Essex	546	486	0	60

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
87	Alex Woolnough	2LR	23.3				23.3	2	48
87	Alex Woolnough	S	11.41	11.22	11.62		11.62	3	46
87	Alex Woolnough	SLJ	2.14	2.26	2.22		2.26	7	38
88	Alex O'Brien	4LR	49.4				49.4	2	48
88	Alex O'Brien	S	10.62	10.03	10.38		10.62	5	42
88	Alex O'Brien	SLJ	2.42	2.48	2.58		2.58	2	48
89	Frederick Haines	4LR	51.6				51.6	5	42
89	Frederick Haines	SB	59				59	11	30
89	Frederick Haines	SLJ	2.11	2.22	2.16		2.22	9	34
90	James Millard	4LR	53.0				53.0	8	36
90	James Millard	SB	65				65	9	34
90	James Millard	STJ	6.55	6.54	6.92		6.92	6	40

# Team Results

# Hertfordshire (yellow)

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Ranking	Team	Score	Individual	P8	4x2
1	Hertfordshire	634	524	70	40
2	Norfolk	630	500	60	70
3	Cambridgeshire	580	480	50	50
4	Essex	546	486	0	60

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
94	Alex Zahara	2LR	24.0				24.0	4	44
94	Alex Zahara	S	12.50	12.45	12.41		12.50	1	50
94	Alex Zahara	SLJ	2.23	1.90	2.10		2.23	8	36
95	Ryan Townser	4LR	49.1				49.1	1	50
95	Ryan Townser	S	11.92	11.80	11.05		11.92	2	48
95	Ryan Townser	STJ	6.88	7.28	7.15		7.28	3	46
96	Alex Page	4LR	49.8				49.8	3	46
96	Alex Page	S	9.01	8.85	9.25		9.25	10	32
96	Alex Page	SLJ	2.30	2.23	2.22		2.30	6	40
97	Will Dackus	4LR	55.1				55.1	12	28
97	Will Dackus	SB	70				70	7	38
97	Will Dackus	STJ	6.44	6.18	6.38		6.44	8	36
98	James Weaver	2LR	25.3				25.3	7	38
98	James Weaver	SB	74				74	6	40
98	James Weaver	STJ	7.15	7.32	7.54		7.54	1	50
99	James O'Deniyi	2LR	24.1				24.1	5	42
99	James O'Deniyi	SB	67				67	8	36
99	James O'Deniyi	SLJ	2.42	2.34	2.36		2.42	4	44

# Team Results

# Norfolk (purple)

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1	Hertfordshire	634	524	70	40
2	Norfolk	630	500	60	70
3	Cambridgeshire	580	480	50	50
4	Essex	546	486	0	60

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
125	Mark Phillipson	2LR	23.7				23.7	3	46
125	Mark Phillipson	S	9.46	9.65	9.12		9.65	9	34
125	Mark Phillipson	SLJ	2.50	2.46	2.42		2.50	3	46
126	Craig Brooks	4LR	50.2				50.2	4	44
126	Craig Brooks	SB	83				83	3	46
126	Craig Brooks	SLJ	2.10	2.14	2.15		2.15	11	30
127	Jake Shea	4LR	51.8				51.8	6	40
127	Jake Shea	S	10.53	10.25	10.46		10.53	6	40
127	Jake Shea	STJ	6.66	6.84	7.02		7.02	5	42
128	Matthew Bailey	4LR	53.1				53.1	9	34
128	Matthew Bailey	SB	84				84	2	48
128	Matthew Bailey	STJ	6.65	6.84	6.62		6.84	7	38
129	Sam Green	2LR	24.2				24.2	6	40
129	Sam Green	SB	88				88	1	50
129	Sam Green	SLJ	2.24	2.36	2.34		2.36	5	42
130	William Moore	2LR	25.5				25.5	9	34
130	William Moore	S	10.03	9.48	0.00		10.03	8	36
130	William Moore	STJ	7.08	7.10	7.04		7.10	4	44
131	Remarl Nelson	2LR	23.4				23.4		
131	Remarl Nelson	S	9.01	8.96	0.00		9.01		

# Results Sheet

# 2 Lap Race

## Competition:

ASHA-East Regional Final Under 15 Boys

## Venue:

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## Date

19 Feb 2011

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cambridgeshire	green	81	Joseph Ebanks	23.1	50
2	Essex	red	87	Alex Woolnough	23.3	48
3	Norfolk	purple	125	Mark Phillipson	23.7	46
4	Hertfordshire	yellow	94	Alex Zahara	24.0	44
5	Hertfordshire	yellow	99	James O'Deniyi	24.1	42
6	Norfolk	purple	129	Sam Green	24.2	40
7	Hertfordshire	yellow	98	James Weaver	25.3	38
8	Cambridgeshire	green	82	Dennis Penny-Toure	25.4	36
9	Norfolk	purple	130	William Moore	25.5	34
10	Cambridgeshire	green	83	Simon Kumar	26.3	32
	Norfolk	purple	131	Remarl Nelson	23.4	0

# Results Sheet

# 4 Lap Race

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## Date

19 Feb 2011

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	yellow	95	Ryan Townser	49.1	50
2	Essex	red	88	Alex O'Brien	49.4	48
3	Hertfordshire	yellow	96	Alex Page	49.8	46
4	Norfolk	purple	126	Craig Brooks	50.2	44
5	Essex	red	89	Frederick Haines	51.6	42
6	Norfolk	purple	127	Jake Shea	51.8	40
7	Cambridgeshire	green	84	Myles Carter	52.5	38
8	Essex	red	90	James Millard	53.0	36
9	Norfolk	purple	128	Matthew Bailey	53.1	34
10	Cambridgeshire	green	85	Ian Liddle	53.6	32
11	Cambridgeshire	green	80	Samuel Dew	54.9	30
12	Hertfordshire	yellow	97	Will Dackus	55.1	28



# Results Sheet

# 8 Lap Paarlauf

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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Hertfordshire	yellow	1:37.4	0.0	1:37.4	70.0
2	04	Norfolk	purple	1:45.8	0.0	1:45.8	60.0
3	01	Cambridgeshire	green	1:53.4	0.0	1:53.4	50.0

# Results Sheet

# 4 x 2 Lap Relay

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19 Feb 2011

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	purple	1:32.3	0.0	1:32.3	70.0
2	02	Essex	red	1:33.4	0.0	1:33.4	60.0
3	01	Cambridgeshire	green	1:37.6	0.0	1:37.6	50.0
4	03	Hertfordshire	yellow	1:38.8	0.0	1:38.8	40.0

# Results Sheet

# Shot

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19 Feb 2011

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	yellow	94	Alex Zahara	12.50	50
2	Hertfordshire	yellow	95	Ryan Townser	11.92	48
3	Essex	red	87	Alex Woolnough	11.62	46
4	Cambridgeshire	green	84	Myles Carter	11.00	44
5	Essex	red	88	Alex O'Brien	10.62	42
6	Norfolk	purple	127	Jake Shea	10.53	40
7	Cambridgeshire	green	81	Joseph Ebanks	10.20	38
8	Norfolk	purple	130	William Moore	10.03	36
9	Norfolk	purple	125	Mark Phillipson	9.65	34
10	Hertfordshire	yellow	96	Alex Page	9.25	32
11	Cambridgeshire	green	83	Simon Kumar	7.66	30
	Norfolk	purple	131	Remarl Nelson	9.01	0

# Results Sheet

# Speed Bounce

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Ranking	Team	Colour	BibNo	Name	Total	Points
1	Norfolk	purple	129	Sam Green	88	50
2	Norfolk	purple	128	Matthew Bailey	84	48
3	Norfolk	purple	126	Craig Brooks	83	46
4	Cambridgeshire	green	82	Dennis Penny-Toure	76	44
5	Cambridgeshire	green	80	Samuel Dew	75	42
6	Hertfordshire	yellow	98	James Weaver	74	40
7	Hertfordshire	yellow	97	Will Dackus	70	38
8	Hertfordshire	yellow	99	James O'Deniyi	67	36
9	Essex	red	90	James Millard	65	34
10	Cambridgeshire	green	85	Ian Liddle	60	32
11	Essex	red	89	Frederick Haines	59	30

# Results Sheet

# Standing Long Jump

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## Date

19 Feb 2011

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cambridgeshire	green	81	Joseph Ebanks	2.64	50
2	Essex	red	88	Alex O'Brien	2.58	48
3	Norfolk	purple	125	Mark Phillipson	2.50	46
4	Hertfordshire	yellow	99	James O'Deniyi	2.42	44
5	Norfolk	purple	129	Sam Green	2.36	42
6	Hertfordshire	yellow	96	Alex Page	2.30	40
7	Essex	red	87	Alex Woolnough	2.26	38
8	Hertfordshire	yellow	94	Alex Zahara	2.23	36
9	Essex	red	89	Frederick Haines	2.22	34
10	Cambridgeshire	green	85	Ian Liddle	2.19	32
11	Norfolk	purple	126	Craig Brooks	2.15	30
12	Cambridgeshire	green	80	Samuel Dew	1.84	28

# Results Sheet

# Standing Triple Jump

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Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	yellow	98	James Weaver	7.54	50
2	Cambridgeshire	green	84	Myles Carter	7.50	48
3	Hertfordshire	yellow	95	Ryan Townser	7.28	46
4	Norfolk	purple	130	William Moore	7.10	44
5	Norfolk	purple	127	Jake Shea	7.02	42
6	Essex	red	90	James Millard	6.92	40
7	Norfolk	purple	128	Matthew Bailey	6.84	38
8	Hertfordshire	yellow	97	Will Dackus	6.44	36
9	Cambridgeshire	green	83	Simon Kumar	6.08	34
10	Cambridgeshire	green	82	Dennis Penny-Toure	5.94	32